Your Family Care Benefits

Enroll today at cmu.care.com


Now you have help!

Enroll today to access your family care benefits.

YOUR BENEFITS INCLUDE:
• Care.com Membership
• Child Backup Care
• Adult Backup Care
• Personal Network
• Tuition Discount

YOUR BACKUP CARE BENEFIT DETAILS:
• Up to 15 days/year

SUBSIDIZED RATES:
• $4/hour for in-home care
• $10/day for in-center care

Care.com Membership
Post jobs, search, and reach out to local caregivers 24/7, to find care for children, adults, pets, housekeeping, tutors, and more.

Backup Care
Vetted and subsidized adult and child care when your regular care is not available.

Tuition Discount
Receive a discount at full-time or part-time participating child care centers

Personal Network
Use a caregiver from your own network and submit a receipt for reimbursement.

QUESTIONS? EMAIL US AT CARETEAM@CARE.COM
Frequently Asked Questions

What is Care@Work?
Care@Work by Care.com is an employee benefit that helps manage your family care needs while balancing work. Enroll today to learn more.

How do I sign up?
Visit your company’s Care@Work website or download the Care@Work app to enroll (available in the App Store on your iOS device, and on Google Play). Your HR department has selected your username, which could be your work email address, employee ID, or another unique employee identifier.

I have questions about my Care@Work benefits. Who should I contact?
You can talk to a member of your HR department or contact Care@Work directly by calling 855.781.1303 or emailing careteam@care.com.

What kind of information do I need to provide about my dependents?
To ensure your care needs are met, we will ask for the following information during enrollment: name, age, gender, and details on any special needs.

How do I access my Care.com Membership?
To the extent that Carnegie Mellon members with disabilities need assistance accessing any part of Care.com’s user experience, Carnegie Mellon members may call the Care.com Expert Assistance team at this designated phone line 855-781-1303 ext. 4.

How does it work?
1. Enroll and log in to your account through cmu.care.com or the Care@Work app to get started. You can also call 855.781.1303.

2. Identify the type of care you need on Carnegie Mellon University’s Care@Work website or the app. If you’re calling in, press the number that corresponds to your care needs.

3. Follow the prompts to complete your search for care.