

Minutes

General Body Meeting

Fall 2014

October 30, 2014

5:00 Call to Order and Roll Call

5:05 Approval of Agenda and Minutes

5:05 Audience Participation

- There will be a focus group with President Suresh held by the Student Advisory Council for Student input to research arm of the branding.

5:10 Committee Updates

- Business Affairs
 - Tailgate event happening this Saturday
 - Working on getting an alternative location in case of rain
 - Kirr Commons
 - It will happen rain or shine.
 - Invite people to the facebook event, have graphic, word of mouth.
 - The Originals, the Treblemekares, SoulStyles, and Joanna Latini will be performing

5:11 HealthyU Student Wellness Project Presentation: Anita Barkin

- Student health assessment survey with institutional research and analysis
- Population based survey
- All undergraduate and graduate students
- First time reporting health from graduate students
- What health behaviors are students participating in, what behaviors are they participating in?
- National college health assesment tool.
 - National College Health Assessment (NCHA)
- Over 32k students at students in universities in the united states.
- Topics like stress, worked with institutional research to develop health assessment
- What is HealthyU?
 - Health assessment survey
 - general health and well being
 - academic impact
 - stress, subsance abuse, sexual health, nutrition
 - It is a self-report survey
 - Why do this assessment?

- Hope and agree that health and wellbeing are important to personal and academic success.
- This information adds to our understand to health issues on campus.
- What kinds of health programs should we allocate resources to.
- Electronic survey that was emailed to all students.
 - Responses were confidential.
 - Aggregate response
 - Didn't utilize from student medical records.
- 35% response rate from undergrad, 37% from graduate students
- Utilized universal incentive
- Academic impact
 - Asked students what health issues they experienced and does it impact their academic performance?
 - Quadrant based system based on frequency and effect.
 - Graduate students
 - More than 60% reported moderate to high stress that they did not manage well.
 - See where stress is coming from
 - Stress reduction activity
 - Sleep is highest activity
 - Stress in summary
 - Low ability to manage stress is common from CMU and across the country.
 - Mental health
 - 16% of undergraduates , 11% of graduates report experiencing these issues.
 - Population based survey with demographics, adjusted to entire population
 - 21 to 43 of students reported never have seeking counseling.
 - Percentages of graduate and undergraduate students involved in drinking
 - Tobacco use
 - 85% have not use any tobacco product in the past month
 - Undergraduate are more social smokers
 - Graduate smokers smoke more daily
 - Nutritional health
 - perceptions of weight and BMI
 - have a higher percentage of students that are underweight and a lower that are in overweight
 - Physical health
 - more than average of students engaging in physical health than nationally.

- Sexual health
 - Put more targeted effort on sexual disease infection.
- Working with dining
 - Plan to change students perspective or what is offered in dining?
 - Working with students is primary concern
- Would you consider a healthy campus?
 - There is room for improvement
 - Sleep, stress
 - Talking about being stressed out versus actually being stressed
- How regularly are you going to obtain this kind of data
 - Study student health approximately every year.
 -

5:48 Ex-officio Amy Burkert

- Went to a small liberal arts school, state university, and did PHD at CMU.
- Vice provost for four years
- PHD in 1983
- Biochemistry
- What is a vice provost?
 - Faculty
 - Undergraduate and graduate program are impactful
 - New courses coming out of her office
 - The global communication center is a new element
 - Not only one on one tutoring but have expanded to a workshop
 - High impact educational processes
 - What is the future of undergraduate education in the research
 - Dietrich students taking seminar course
 - Undergraduate research is thriving at CMU
 - One of her students was selected as Rhode scholar in medicine, PHD in Stanford in cell and cancer biology.
 - Importance of academic advising, College Liason
 - Academic advising is most often looked at as a characteristic of a successful education.
 - Taking conversations from the short term to the long term
 - More consistency across the university
 - Small enough to give individualized attention but doing that in a global research university.
 - Strategic planning engagement
 - What role should technology play in education?
 - The first town hall meeting is on November 17 from 4:30-6pm
- QA
 - What will set CMU apart?
 - Our focus on entrepreneurial risk taking, break down disciplinary silos

- Try to make our students part of that team
 - Student peer mentoring programs
- Finance Allocations:
 - Sigep Labor Day BBQ- This is consistent with fiscal policy and effects are large number of people. Unexpected cost: renting 2 grills, when they are usually borrowed
 - passed unanimously
 - Ice Hockey- needed money for ice time, other unexpected costs
 - passed unanimously
 - QA
 - What were the tangible changes of the fiscal policy?
 - It was essentially clarifying
- Points of Discussion

How do people want Senate to communicate with them?

 - Ideas:
 - Groupme
 - productivity app
 - Fb message
 - Use fb as a secondary followup to announcements
 - People abuse group messages

Second Roll Call

Meeting Adjourned