

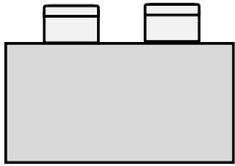


# CLUB SPORTS/MARTIAL ARTS

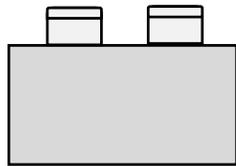


Welcome to the virtual winter FAIR! Click on a table below to speak to an organization in the **club sports/martial arts** category. A live session will automatically begin in Zoom. Feel free to leave a session once you have the connections you were looking to make and visit another booth to get to know more organizations. In addition, links to sign up for an organization's dlist are below.

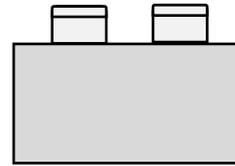
Carnegie Mellon  
Club Swimming



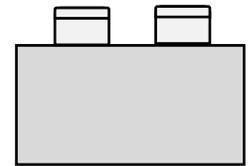
Carnegie Mellon  
Recreational  
Badminton Club



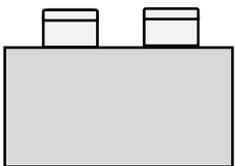
Carnegie Mellon  
Running Club



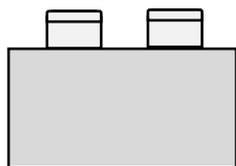
CMU Sport  
Taekwondo Club



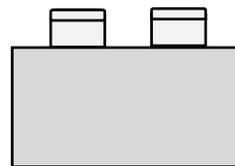
Men's  
Water Polo Club



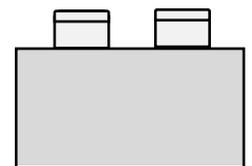
Shotokan  
Karate Club



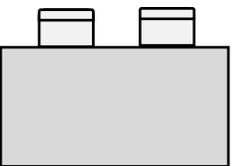
Women's  
Basketball Club



Women's  
Lacrosse Club



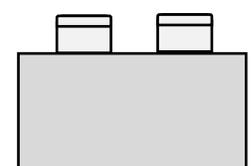
Women's  
Ultimate  
Frisbee Club



Need to chat  
with SLICE?  
Click here!



Women's  
Water Polo Club



Interested in joining an organization's dlist or their social media? Below are organization descriptions, dlist signup links, and their social media. Find even more info on [The Bridge](#).

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### **CMU Running Club**

As primarily a social group with a shared interest in fitness, our core goal is to make friends who enthusiastically support each other as we work towards personal growth. There's very little commitment or competition but lots of fun and encouragement! While some of us are ex-track and cross-country athletes, no prior running experience is required. To succeed, you just have to be willing to meet new people and have a good time!

- [Dlist Signup](#)
- [Instagram](#): @runcmu

### **Carnegie Mellon Club Swimming**

Carnegie Mellon University Club Swimming is an organization built to foster physical fitness and social bonds through training and competition in the sport of swimming. We train and compete at the intercollegiate club level throughout the entire academic year. In a traditional year, we practice in the Cohon University Center pool on Tuesdays 9:00-11:00 pm and Sundays 5:00-6:30 pm. Additionally, we would compete in around three meets per semester, including the College Club Swimming Regional Championships in the Fall and National Championships in the Spring.

- [Dlist Signup](#)
- [Instagram](#): @cmuclubswimming

### **Carnegie Mellon Recreational Badminton Club**

The CMU Recreational Badminton Club strives to offer a free and comfortable environment for players of all levels to engage in recreational badminton.

- [Facebook](#)
- [Dlist Signup](#)

### **CMU Sport Taekwondo Club**

The Carnegie Mellon Sport Taekwondo Club strives to provide a safe and fun environment for those that are interested in martial arts. We are open to any and all that are interested in our campus community and welcome those with absolutely no experience along with people who are at a higher level. Come check out our practices, join our Facebook group "CMU Taekwondo", and feel free to email any one of the admins for more information.

- [Dlist Signup](#)

### **Men's Water Polo Club**

The Men's Water Polo Club competes in the Mid-Atlantic Division of the Collegiate Water Polo Association as well as playing in numerous invitationals in the spring semester. Those who have played at the high school, junior olympic, club, or varsity level will find a competitive and fun atmosphere. During the fall season, the team participates in at least four away tournaments, including the Division III National Championship. The spring semester is considered the off season, but holds just as much excitement, including no less than two away tournaments in addition to an annual tournament held at CMU.

- [Dlist Signup](#)
- [Instagram](#): @CMUWaterPolo

## **Shotokan Karate Club**

The mission of CMU Shotokan Karate is to provide training opportunities for students learning karate-do. Karate is a martial art, or fighting method, involving a variety of techniques, including blocks, strikes, evasions, throws, and joint manipulations. The word karate is a combination of two Japanese characters: kara, meaning empty, and te, meaning hand. Thus, karate means "empty hand." Adding the suffix "-do", meaning "way," i.e., karate-do, implies karate as a total way of life that goes well beyond the self-defense applications. In traditional karate-do, we always keep in mind that the true opponent is oneself. The club has existed at Carnegie Mellon since 1966. Our senior dojo leader (Bruce Schmidt) has been training at CMU since 1975.

- [Dlist Signup](#)

## **Women's Basketball Club**

The Mission of this organization is to provide the women in Carnegie Mellon an equal opportunity to play basketball, in a supportive environment that encourages them to do their best.

- [Dlist Signup](#)
- [Instagram](#): @cmclubwbb

## **Women's Lacrosse Club**

We are a club sports team that plays year-round, but our season occurs mostly in the spring with a few possible scrimmages in the fall. We practice 2-3 times a week during a normal season and play against other colleges in the Womens Collegiate Lacrosse League (WCLL - Division 2). All skill levels are welcome, even no prior lacrosse experience.

- [Dlist Signup](#)

## **Women's Ultimate Frisbee Club**

We are the Money Mellons, the Women's Ultimate Frisbee Club. Our focus is to introduce new players to the sport, as well as advance the growth of skilled players: all levels of experience are welcome! We strive to create a community for dedicated people who want to form lifelong friendships and memories. We recently split into an A and B team which we will continue to do in the future so that we can continue to focus on fostering a comfortable and fun atmosphere that is, nonetheless, serious and competitive come game-time for both teams. Furthermore, we emphasize the significance of good sportsmanship which is essential to the spirit of the game. Throughout the school year, we compete in tournaments against women's teams from other colleges around the country.

- [Email](#)
- [Website](#)

## **Women's Water Polo Club**

The Women's Water Polo Club Team competes in the Mid Atlantic Division of the Collegiate Water Polo Association in the spring and plays in invitationals in the fall. We welcome all experience levels.

- [Dlist Signup](#)
- [Instagram](#): @cmuwopo