Guidance for Human Subject Research (HSR) regarding moving in-person research activities to online or remote activities due to the need for social distancing in response to COVID-19

Below is guidance from the CMU Institutional Review Board (IRB) Office and the CMU Information Security Office (ISO). Note that this is general guidance and may not be applicable to every situation. As always, please contact the office directly with specific questions.

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IRB:

If you need to make changes to your research to move interactions with participants from in-person to online, check your CMU IRB-approved protocol. If you need to make changes to the protocol to accommodate these types of changes please submit a modification through SPARCS IRB. We recommend adding in procedures, not removing any of the existing procedures, to accommodate this change. This way the protocol still addresses procedures done previously and will allow you revert back to in-person procedures at a later date without submitting another modification. When reading through your currently approved protocol to see where modifications are needed, remember to check all sections as modifications may be needed in more than the study scope. Also remember to check your consent forms, consent scripts, recruitment materials, etc. Thoroughly checking all of your submission materials and making modifications to all applicable sections will allow the IRB to process the review quicker. Delays occur when incomplete modification requests are submitted and the IRB has to send them back for corrections.

The IRB will prioritize these reviews. Once you have submitted the modification in SPARCS IRB email the IRB mailbox at irb-review@andrew.cmu.edu to alert the IRB that you are requesting that we prioritize the review of your modification. Please use this email if you have any questions or would like assistance.

ISO:

WARNING: While this guidance applies to most HSR conducted under a CMU IRB approved protocol, you may be working with data that has other security requirements. If this guidance conflicts with a data use agreement or other type of agreement, you must follow the agreement, for other options, contact ISO (iso@andrew.cmu.edu).

The ideal option for accessing research data remotely, is to use the General Campus VPN (https://www.cmu.edu/computing/services/endpoint/network-access/vpn/index.html) and remote access to the machines/servers that are already storing the data (whether that’s SSH for Linux or Remote Desktop for Windows). That way, the data remains ‘on campus’, protected the same way it’s protected currently, and accessible only to those who should have access to the data.
Some data may be able to be shared via Box or GDrive for viewing by students/researchers. However, Box/GDrive are 3rd parties, which means that data will be shared with them. That may be problematic with IRB Protocols or data use agreements, where data security may prohibit this.

NEVER save research files on your personal hard drive or personal cloud storage.

Zoom (also a 3rd party) can be used for conducting interviews, and allows for all data to be encrypted during transmission to and from Zoom’s servers. It also supports recording of meetings, to be used only when necessary. Zoom does encrypt recordings stored on their server, but zoom employees are able to decrypt those recordings. Local recordings are problematic as they are collected and stored on the local computer.

We strongly recommend that students/researchers:

- are aware of their surroundings (i.e., not accessing sensitive data while at Starbucks, or with curious roommates or smart assistants listening),
- avoid using shared computers, or if they must used, have a separate login for yourself that does not have administrative privileges,
- apply all patches available for your operating system and applications
- make sure that there is an anti-malware software running (where possible).

More information and technical details can be found at https://www.cmu.edu/computing/support/remote-it-standards.html

If you have questions regarding data security, you can email iso@andrew.cmu.edu for more information.