



Fall 2022

at Carnegie Mellon University | [cmu.edu/osher](http://cmu.edu/osher)  
and in partnership with Chatham University

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# OSHER LIFELONG LEARNING INSTITUTE

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*SLSG = Study Leader Support Group*

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## ON THE COVERS

The front cover depicts Cyert Hall's main entrance as seen from heading up Forbes Ave. towards Squirrel Hill.  
The back cover depicts Cyert Hall's back entrance located behind Werner Hall.

Cover photos: Chelsea Prestia

Additional catalog images courtesy of wikimedia commons, pexels, unsplash, Eden Hall, David Bachman for the Pittsburgh Opera, Pawsburg Photography for the Maxo Vanka murals.

# AT A GLANCE

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**Session One:** *Aug. 29 - Oct. 7*

**One-and Two-Day Classes:** *Oct. 10 - Oct. 21*

**Session Two:** *Oct. 24 - Dec. 20*

**Class Listed by Day of Week:** *pgs. 92-101*

**For your convenience, this catalog has been broken up into four sections based on location:**

- **CMU Campus**
- **Chatham University's Eden Hall Campus**
- **Zoom**
- **Community Sites**

# OSHER at Carnegie Mellon | Fall 2022

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The course descriptions and biographies have been edited with an eye to preserving the voice and spirit of our study leaders.

# CMU CAMPUS

5000 FORBES AVE., PITTSBURGH, PA 15213

Classes in this section will be held on the Carnegie Mellon University campus.

A photograph of the exterior of Cyert Hall at Carnegie Mellon University. The building is a modern structure with a dark grey facade and large glass windows. The name "CYERT HALL" is prominently displayed in white, serif capital letters on a dark horizontal band above a recessed entrance. The foreground shows a grassy area with scattered autumn leaves. The background features trees with yellow and orange foliage, suggesting an autumn setting.

CYERT HALL

# ARTS & HUMANITIES

Art | Cinema/Film | Literature | Music



## ART

### Russian Avant-Garde Art Of The 20th Century - Part II

*Study Leader:* Bill Greenspan

- 3 Classes: Oct. 28 – Nov. 11 *Class ID:* 4331
- Friday, 12:30 PM - 2:30 PM
- Cyert Hall, Osher Room B



This course will continue coverage of the Russian avant-garde movement at the beginning of the 20th Century. We will take a close look at the Constructivism movement and will cover artists' contributions to the theater design. A special session will be dedicated to Belorussian artists such as Chagall, Soutine, Ekster, Zadkine, and others.

**Bill Greenspan** emigrated to the USA in 1979 from the former USSR. With an electrical engineering degree from Kiev Polytechnic Institute, he spent over 30 years working in the nuclear industry, the first 25 years at the Palo Verde Nuclear Power Plant in Arizona and the following eight years building nuclear power plants in China. For three of those eight years he lived in Shanghai and became fascinated with its East-meets-West history and its progression from a small village to a financial and population behemoth.

### Self-Taught Artists, Their Stories And Their Works

*Study Leader:* Rebecca Carpenter

- 4 Classes: Aug. 29 – Sep. 26\* *Class ID:* 4332
- Monday, 10:45 AM - 12:15 PM
- Cyert Hall, Osher Room A

\*Note: Class will not meet on Sep. 5



This class will introduce participants to the genre of Self-Taught art and the artists who create it. Formerly called "Outsider Art," these artists paint, sculpt, sew, and decorate spaces with minimal to no influences from outside sources. Their materials are commonly what is at hand, found objects for sculpture, cardboard for canvases, and scraps for quilts. We will look at a number of American artists, many of whom had little to no education and lived in economically challenged situations, and/or who had mental illness and produced what is called "visionary art." We may also have the opportunity to talk directly to some self-taught artists in Pittsburgh and to learn about their inspiration and process.

**Rebecca Carpenter** has been an educator for almost 40 years. She taught English literature and writing in both public and private high schools, college, and graduate school. In addition, she taught English in Duquesne University's School of Leadership and Professional Advancement's Saturday program for 25 years. After 19 years, she recently retired from Literacy Pittsburgh where she taught adult literacy classes, trained volunteers, and developed and managed special projects, including Health Literacy.

## LITERATURE

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### Reading Metrical Verse

Study Leader: Philip Wainwright

- 5 Classes: Oct. 28 – Dec. 2\* Class ID: 4403
- Friday, 2:45 PM - 4:15 PM
- Cyert Hall, Hawkins Conference Room



*\*Note: Class will not meet on Nov. 25*

Metrical verse is still widely read—but only silently. Poetry readings of metrical verse are rare. Yet most of it was written to be read aloud, so that its music can be heard. Has modern poetry’s disuse of meter left us unable to appreciate the great metrical works of the past as fully as their writers intended? Is reading metrical poetry aloud a lost art? If so, can it be recovered? We’ll look at what’s involved in answering these questions, using as wide a variety of metrical styles as we can fit into five sessions.

**Philip Wainwright** is a retired Episcopal priest whose retirement has allowed him to indulge his life-long interest in poetry. His particular interest is metrical verse and the recovery of its oral performance, and he has made a particular study of the verse of Edmund Spenser and John Milton.

### Struggling Against Odds: Stories Of Yiddish Women Behind The Iron Curtain

Study Leader: Lois Rubin

- 5 Classes: Aug. 31 – Sep. 28 Class ID: 4366
- Wednesday, 10:45 AM - 12:15 PM
- Cyert Hall, Osher Room A



*Fiddler on the Roof* won fame with its portrayal of Tevya and daughters, but this portrayal was presented by a male writer. What insights might a woman writer have provided? Until recently, we didn’t know because few writings by Yiddish women had been translated. In particular, stories of Jewish women’s lives behind the iron curtain were unknown. In this course we will read recently translated stories that depict the challenges faced by these women: surviving the Russian Gulag, enduring the experience of the communes, adjusting to life in Israel when they were finally permitted to migrate. Each session will begin with a background lecture, followed by student discussion. Our text will be Yenta Mash’s *On the Landing* and two online stories by Shira Gorshman. All are translated into English. This course is not a repeat of the one in 2021, nor is the earlier one a prerequisite for this one.

Please note: *Students are asked to purchase the text "On The Landing" - \$16.95*

**Dr. Lois Rubin** received a Doctor of Arts degree in English from Carnegie Mellon University. Thereafter, she worked as professor of English for thirty-one years at Penn State New Kensington where she taught multicultural literature and women writers. She published a dozen articles on composition and literature and edited and contributed to the essay collection “Connections and Collisions: Identities in Contemporary Jewish American Women’s Writing.” At the present time, she is preparing for publication the manuscript “Writing the Life Cycle: The Poetry of Maxine Kumin, Linda Pastan, and Alicia Ostriker.” A lifelong resident of Pittsburgh, Dr. Rubin and her husband Ira, a retired architect, live in Squirrel Hill. Their daughter Beth is professor of education at Rutgers, and their son Joel is head of a consulting firm in Washington DC. She has five grandchildren.



## The Many Scenes Of Orson Welles

Study Leader: Robert Hoover

- 5 Classes: Oct. 24 – Nov. 21 Class ID: 4343
- Monday, 1:00 PM - 2:30 PM
- Cyert Hall, Osher Room A



The course follows Orson Welles from his birth in Kenosha, Wisconsin to his final days back in Hollywood. It will include close studies of *Citizen Kane*, *The Magnificent Ambersons*, *The Trial* and *A Touch of Evil*, a history of Welles' theater successes *Voodoo Macbeth* and *Julius Caesar* and his famous radio broadcast, *War of the Worlds*.

**Bob Hoover** wrote his master's thesis on the suppression of *Citizen Kane* by the newspapers of William Randolph Hearst and continued to study and write about Welles and Hearst as book and arts critic at the *Pittsburgh Post-Gazette*. He included interviews with Welles' scholars.

## The Phenomenon Of A Christmas Carol

Study Leader: Mark Banister

- 4 Classes: Oct. 28 – Nov. 18 Class ID: 4352
- Friday, 10:45 AM - 12:15 PM
- Cyert Hall, Osher Room A

Charles Dicken's novella *A Christmas Carol* was a hit upon publication in 1843 and continues to have great popularity today. More than a good story, it helped change the public's view not only of Christmas but of many of society's problems. We will discuss the story itself, along with learning about this time of Dicken's life. We will also look at the story's effect on how we celebrate the holiday and, at least, from time to time, its great effect on understanding the life of the very poor. It will be helpful, though not essential, to read the story before class starts. (The book is in public domain and is free from many on-line sources) And finally, we will look at clips of the many adaptations of the story in both movie and TV versions.

**Mark Banister** has been obsessed with *A Christmas Carol* for many decades and has read and re-read it more times than can be counted. And he has no less than 15 TV or movie versions of the story! He retired in 2017 from Carnegie Mellon's Office of Environmental Health and Safety. (Where *A Christmas Carol* never entered his work there.)

## "Such Friends": The Centenary Of *The Waste Land*

Study Leader: Kathleen Dixon Donnelly

- 2 Classes: Oct. 12 and Oct. 19 Class ID: 4363
- Wednesday, 10:45 AM - 12:15 PM
- Cyert Hall, Osher Room B



**TWO DAY**

The autumn of 2022 marks 100 years since the publication of T. S. Eliot's epic poem, *The Waste Land*, both in the United States and the United Kingdom. Eliot had already published *The Love Song of J. Alfred Prufrock* and a book of poems when he began working on *The Waste Land*. He was also a full-time clerk at Lloyd's bank and founded a literary magazine, *Criterion*, during this time. A bit busy. In two sessions, Dr. Kathleen Dixon Donnelly will detail Eliot's life and the "Such Friends" who supported him in his writing—including fellow American ex-patriate poet Ezra Pound and American patron of the arts John Quinn—and worked to get his *Waste Land* published. It is not necessary to be familiar with any of Eliot's work before the class starts, but it might be interesting to read through *The Waste Land*.

**Kathleen Dixon Donnelly**, Ph.D., recently retired as Senior Lecturer at Birmingham [UK] City University to relocate to her hometown of Pittsburgh. The topic of her research for her degree from Dublin City University was early 20th century writers' salons in Dublin, London, Paris and New York City. She has given presentations about the writers in lifelong learning programs in both the UK and the US. Kathleen regularly posts a blog "Such Friends": 100 Years Ago at [www.suchfriends.wordpress.com](http://www.suchfriends.wordpress.com), which has been collected into the series, "Such Friends": *The Literary 1920s*. Volumes I and II covering 1920 and 1921 are available on Amazon in both print and e-book versions. She lives in Highland Park with her husband, Tony Dixon, and their two cats, Gertrude Stein and Robert Benchley.

## MUSIC

### Golden Age Of Rock & Roll 1955 - 1964

Study Leader: Jim King

- 3 Classes: Aug. 30 – Sep. 13 Class ID: 4411
- Tuesday, 10:45 AM - 12:15 PM
- Cyert Hall, Osher Room B



In August 1955, your radio played Frank Sinatra. In September, Chuck Berry rocked and the greatest era in Rock & Roll history had begun. It did not end until Louie, Louie gave way to four guys from Liverpool wanting to hold your hand in January 1964. Everything is here...stories directly from the artists themselves, facts, and trivia about Rock & Rock, Elvis, Teen Idols, one hit wonders, American Bandstand, and record collecting. Learn about the life and times of early Rock & Rock. We will roll back to when and where it all began. Bring your questions and your Rock & Roll interests. We can explore the songs and artists that you love. And, yes, there will be some music, too!

**Jim King** has retired from a career in Information Technology, but has no plans to retire from music. He has been involved in music, record collecting, and Golden Age autographs since 1955. He has met over 80 Golden Age artists. He has hosted trivia contests and written trivia quizzes. Jim has chosen his “Best Of” in numerous categories including Elvis songs, songs from each year of the Golden Age, Novelty songs, Dance records, the kids of Bandstand, etc. He has chronicled the Top 20 Most Important Events in Rock & Roll History. He was a community disc jockey in the days when they actually had to “spin the discs.” Jim has stayed in touch with artists from the 1950s/1960s as they either enjoy retirement or continue to entertain.



### Golden Age Of Doo Wop Music 1953-1963

Study Leader: Jim King

- 2 Classes: Oct. 12 and Oct. 19 Class ID: 4412
- Wednesday, 12:30 PM - 2:00 PM
- Cyert Hall, Osher Room B



In the 1950s, when Rock & Roll was born, Doo Wop music was also becoming hugely popular. Street corners in big cities were alive with group harmony. Disc Jockeys played records by Rhythm & Blues artists and the teenagers bought them and danced to them. This class is designed to celebrate and explore the songs and artists of Doo Wop. We will review how earlier groups like the Mills Brothers and The Ink Spots paved the way for The Flamingos and Little Anthony & The Imperials. We will discuss Pittsburgh's own Skyliners and Marcells. We will have interesting stories, little known facts, and trivia. We will play some music you know and some that you need to know. We will have a “Rate-A-Record” session, and a “You be the DJ” session (be Porky Chedwick for a day). We will answer your questions about Doo Wop music.

**Jim King** has retired from a career in Information Technology, but has no plans to retire from music. He has been involved in music, record collecting, and Golden Age autographs since 1955. He has met over 80 Golden Age artists. He has hosted trivia contests and written trivia quizzes. Jim has chosen his “Best Of” in numerous categories including Elvis songs, songs from each year of the Golden Age, Novelty songs, Dance records, the kids of Bandstand, etc. He has chronicled the Top 20 Most Important Events in Rock & Roll History. He was a community disc jockey in the days when they actually had to “spin the discs.” Jim has stayed in touch with artists from the 1950s/1960s as they either enjoy retirement or continue to entertain.

## Richard Strauss: The Long Goodbye

*Study Leader:* Jeffrey Swoger

- 6 Classes: Sep. 2 – Oct. 7 *Class ID:* 4280
- Friday, 12:30 PM - 2:30 PM
- Cyert Hall, Osher Room B

Richard Strauss was a pivotal figure in romantic and post-romantic music, both as a composer and a conductor. His reputation as an orchestrator is unquestioned, and the melodies he wrote can be heartrending. His compositions, however, run the gamut from the sublime, to the charming, to the shocking. The course will briefly survey his biography and touch on his work as a conductor before focusing on his musical compositions. Listening will include a survey of his tone poems, operas, several works featuring solo instruments, and his songs. Lively discussion of the man and his music will be encouraged.

**Jeffrey Swoger** was initially exposed to classical music in a seventh-grade music appreciation class. He attended his first Chicago Symphony Orchestra concert while in high school and later elected to take a music appreciation course at Washington University. A 35-year Chicago Symphony Orchestra subscriber, he served on the CSO Junior Governing Board that presented concerts by small groups of CSO musicians in the Chicago public schools. Subsequently, his graphic design firm worked with the Chicago Symphony for 12 years, producing local and national advertising, national and international tour materials, season subscription mailers, fund-raising materials, 90th and 100th anniversary publications and CD packaging. Close, longtime friendships with the CSO program annotator and the director of public relations afforded regular access to the orchestra's executives, musicians, and conductors.

## Why Is This Music Still Alive After Centuries?

*Study Leader:* Flavio Chamis

- 3 Classes: Aug. 29 – Sep. 19\* *Class ID:* 4354
- Monday, 1:00 PM - 2:30 PM
- Cyert Hall, Osher Rooms A & B



*\*Note: Class will not meet on Sep. 5*

This course will concentrate on specific aspects of musical composition, exploring how composers establish formal structures to build their masterworks. At the same time it will provide a comparative study between examples of different interpretations of the exact same musical score, and how musicians insert their personal insights into the strict guidelines provided by the composer. Carefully chosen examples of solo, chamber, orchestral, and vocal works will be heard, including comparisons between performances. Flavio might also add some jazz, Brazilian or even pop oldies into the mix.

**Flavio Chamis**, a native of Brazil, studied conducting and composition in Germany, Austria and Israel. While in Europe, Chamis recorded for RIAS Berlin and Radio France. A CD with the premiere of Michel Phillipot's "Concerto for Violin and/or Viola" was released by the Solstice label. In Europe he conducted, among many others, at the Musikverein in Vienna, the Wiener Festwochen and the Royal Festival Hall in London. In 1985, Chamis was named conducting assistant to Leonard Bernstein. In this capacity, he led the Israel Philharmonic in preparation for tours of Europe, Japan and the United States, featuring performances of Mahler's 9th Symphony, the world premiere of Bernstein's Jubilee Games and the European tour of the London Symphony Orchestra. Mr. Chamis returned to Brazil as Music Director of the Porto Alegre Symphony Orchestra. As a composer, his works embrace a wide range of styles, from classical to jazz and Brazilian music including "Especiaria", a Latin Grammy nominated CD with Mr. Chamis Brazilian Jazz compositions. In 2007 Flavio Chamis received the International Press Award as Outstanding Brazilian Musician based in the U.S.



## Broadway Through The Ages: Pt I

Study Leader: Marilyn Taft Thomas

- 2 Classes: Oct. 12 and Oct. 19      Class ID: 4404
- Wednesday, 2:00 PM - 3:30 PM
- College of Fine Arts, Kresge Theatre



Broadway Through the Ages: Pt 1 is a presentation of music from 23 different Broadway shows, spanning 6 decades of American musical theatre. With just a touch of commentary to place the songs into historical perspective, pianist Marilyn Taft Thomas invites the audience to “sit back and relax, enjoying your own special memories of Broadway through the Ages.”

**Marilyn Taft Thomas**, Pianist, Author/Composer, Educator, and Arts Administrator, recently retired after nearly 40 years as Professor of Music Theory and Composition at Carnegie Mellon University in Pittsburgh, Pennsylvania. For 10 of those years, she served as Head of the School of Music. A pianist since the age of 5, her professional career has spanned six decades. Her compositions include works for orchestra, choir, piano, voice, brass band and chamber ensembles. In addition to her work as a composer, she has published over 20 articles and papers on composition, technology, computer music, and women in music. She has also authored two books, several collections of essays, poetry, and travel journals. *Leadership in the Arts: An Inside View* was published by AuthorHouse in Bloomington, Indiana. Her most recent book is *Spiritual Moments*, also published by AuthorHouse. This past year and a half, with the shelter-in-place restrictions caused by the Coronavirus, Dr. Thomas used her increased leisure time to return to active practicing and performing. This program, Broadway through the Ages, is the result.

# BUSINESS & COMMERCE

Economics | Law

## ECONOMICS

### What's Ahead For The US Economy And Equity Prices?

*Study Leader:* Norman Robertson

- 6 Classes: Aug. 30 – Oct. 4 *Class ID:* 4274
- Tuesday, 12:30 PM - 2:00 PM
- Cyert Hall, Osher Room A

Economic performance of the US since World War II. Determinants of economic growth. How fast can US economy grow? Role of productivity. Impact of pandemic of 2020-21. The economic recovery of 2021. Recent trends in labor market. Outlook for inflation and interest rates. Implications of unprecedented growth of federal debt. Income inequality. Economic projections for next 10 years.

**Norman Robertson** is a consulting economist and adjunct professor of economics at Carnegie Mellon University. In addition, he is economic advisor to Smithfield Trust Company of Pittsburgh. For 20 years, he was chief economist at Mellon Bank and served as a director of PP&L Resources, Inc. His presentations and written commentaries on economic issues have been widely reported in the national, regional, and local news media. He studied at the London School of Economics and is a graduate of the University of London.

## LAW

### Failure And Reform In The Criminal Justice System

*Study Leader:* Frederick Thieman

- 1 Class: Sep. 1 *Class ID:* 4293
- Thursday, 10:45 AM - 12:15 PM
- Cyert Hall, Osher Room B

**ONE  
DAY**

In the 1960s, the American criminal justice system, albeit nestled within a society still struggling for equality, was widely seen as a model for the rest of the world. Within decades, its incarceration rates would increase sevenfold, its cost would balloon to \$80 billion annually, and it would be condemned as unjust and unfair. The trial of Derek Chauvin is but the latest episode in an ongoing saga. How did this happen and why has the war on crime failed so completely, both locally and nationally. This course will explore the failures of the criminal justice system and how it might be reformed.

**Frederick W. Thieman** most recently served as the Henry Buhl, Jr. Chair for Civic Leadership. Prior to that, he served for nearly a decade (2007-2016) as President of the Buhl Foundation, Pittsburgh's oldest multi-purpose foundation. As President of Buhl, Mr. Thieman was recognized for his leadership on important community initiatives in education, youth development, and human services, while also guiding the Foundation to a place-based focus on the Northside of Pittsburgh. Over the course of a 30-year legal career, Mr. Thieman practiced as a trial attorney with a specialty in white-collar crime and complex business-related litigation. While practicing law, Mr. Thieman was recognized in professional journals as one of the leading attorneys in Pennsylvania. He also served as the Presidentially appointed United States Attorney from 1993 to 1997 where he received national attention for his youth crime prevention work. Mr. Thieman graduated magna cum laude from Pitt Law School in 1977, served as a law clerk for the Pennsylvania Supreme Court and is the recipient of numerous civic leadership awards from organizations such as the University of Pittsburgh, Urban League, Community College of Allegheny County, League of Women Voters, the Mentoring Partnership and the Academy of Trial Lawyers.

## Elder Law - Being Prepared As One Grows Older

*Study Leader:* Carol Sikov Gross

- 5 Classes: Oct. 27 – Dec. 1\* *Class ID:* 4359
- Thursday, 9:00 AM - 10:30 AM
- Cyert Hall, Osher Room A

*\*Note: Class will not meet on Nov. 24*

Individuals can face a variety of legal issues as they grow older. It is important to be prepared for life's eventualities. This course will cover estate planning, which includes a discussion of wills, trusts, durable financial powers of attorney, healthcare powers of attorney and living wills and POLTS. There will be a discussion of the process of probate and estate administration as well as a discussion of long term care planning and asset protection planning. Health insurance coverage for long term care will be covered.

**Carol Sikov Gross**, is the managing partner of the Pittsburgh law firm of Sikov and Love, P.A. She received her B.S., her M.B.A. and her J.D. from the University of Pittsburgh. Ms. Sikov Gross is a Certified Elder Law Attorney (CELA) through the National Elder Law Foundation as authorized by the Supreme Court of Pennsylvania. She was the founding Chair of the Elder Law Committee of the Allegheny County Bar Association (ACBA) and is a member of the National Academy of Elder Law Attorneys (NAELA) as well as a Vice President of the PA Association of Elder Law Attorneys (PAELA). Ms. Sikov Gross is a past Chair of the Probate and Trust Law Section of the ACBA. She is a fellow in the American College of Trust and Estate Counsel (ACTEC). Ms. Sikov Gross developed and implemented the "Very Important Papers" Project for the Elderly and writes for the Pittsburgh Legal Journal and the Pennsylvania Bar Institute. She is a frequent speaker on legal issues for the elderly, has been listed as an elder law attorney in Best Lawyers in America and has been selected for inclusion in Pennsylvania Super Lawyers.

## The Federal Courts: Unraveling The Mystery

*Study Leader:* Bob Fagan

- 5 Classes: Oct. 25 – Nov. 22 *Class ID:* 4380
- Tuesday, 12:45 PM - 2:15 PM
- Cyert Hall, Osher Room B



So little is known about the federal courts. When we were growing up, we learned that there were three branches of government, but the Supreme Court was all we learned about the Third Branch. On top of that, everyone seems to confuse federal courts with state and local courts, and some think they are part of the Department of Justice. WRONG! This course will unravel the mystery of the federal courts. It will include a history of how this wonderful experiment evolved into what it is today, what kinds of cases come before the courts, a sample of historical cases, how the courts are structured, and who besides judges works there. Based on availability, guest speakers from the local federal courts may be invited to talk about their courts.

**Bob Fagan** has conducted numerous programs dealing with court-related topics, including juror utilization, case management, strategic planning, court outreach, and a wide range of effective management and supervisory skills since his retirement from the Federal Judicial Center (1987 to 2007). He is a frequent speaker at national and local conferences at both federal and state courts. He also serves as a mentor for the Center's Probation and Pretrial Services Leadership Development Program. At the FJC, Bob was responsible for developing education and training programs for Federal appellate, district, and bankruptcy court judges, and court unit executives and their staffs, including audio and online conferences and live broadcasts as co-host of the Federal Judicial Television Network's satellite education program Court to Court. Bob serves on the board of directors for Calliope, the Pittsburgh Folk Music Society, and is an avid Appalachian Mountain Dulcimer player.

## That's My Bag: A Primer On Counterfeiting & Piracy

Study Leader: Fred Colen

- 1 Class: Oct. 18
  - Tuesday, 12:30 PM - 2:00 PM
  - Cyert Hall, Osher Room A
- Class ID: 4389



The program will address current issues in counterfeiting and piracy. Learn about the costs of counterfeiting, the harm caused, how counterfeiting has moved online, the efforts of the Government to address online counterfeiting, and the response of online marketplaces to counterfeiting.

**Fred Colen** has actively practiced and specialized in intellectual property law for more than 40 years. For almost 38 years, he was associated with Reed Smith, LLP, an international law firm, first as an associate, next as a partner for 25+ years, and then as Counsel to the firm. Fred was the head of Reed Smith's Intellectual Property Group for many years. In early January 2017, Fred terminated his association with Reed Smith, and became Of Counsel to The Webb Law Firm, a Pittsburgh-based, IP-focused law firm that traces its roots back to 1845. During his many years in practice, he has been involved in securing domestic and foreign intellectual property rights for his clients and has tried, and assisted with, numerous United States and foreign patent, trademark, copyright, and trade secret litigation. He is also regularly involved in licensing of proprietary technology and know-how, both in the United States and abroad. Fred has been appointed to act as a Special Master to the Court in patent infringement matters in the United States District Court for the Western District of Pennsylvania and serves as a mediator in patent, trademark, copyright, trade secret, and computer software disputes.

## Emerging Legal Issues

Study Leader: David DeFazio

- 6 Classes: Aug. 30 – Oct. 4
  - Tuesday, 2:45 PM - 4:15 PM
  - Cyert Hall, Osher Room A
- Class ID: 4267

Choosing weekly topics reported in the national newspapers, each week the instructor will explore how the law struggles to keep pace with advances in science, technology, and social movements; in short, how the law reacts to our changing society and how our society responds to a changing legal landscape. Topics can include anything from recent SCOTUS opinions to private and governmental legal actions.

**David J. DeFazio** graduated from La Roche University and Duquesne University School of Law and works as a private attorney whose practice focuses on litigation and which has spanned the legal spectrum from death penalty cases to routine family law matters. DeFazio has been an adjunct instructor at the University of Pittsburgh's Legal Studies Program since 1987.

### Don't be a "no show"

If you'll miss 25% of your classes, we ask that you call the office prior to the first week to see if there is a waiting list.

We appreciate your cooperation.

# LEARN BY DOING

Art | Dance/Exercise | Finance/Insurance | Language | Music & Drama | Self Improvement | Wellness | Writing

## ART

### Using A Sketchbook To Enrich The Travel Experience

Study Leader: Rick Landesberg

- 2 Classes: Dec. 6 and Dec. 13 Class ID: 4407
- Tuesday, 9:00 AM - 10:30 AM
- Cyert Hall, Olmsted Activity Room



What if during your next trip you drew instead of taking photographs? (Okay, you can take some photographs.) Capturing an environment you care about in a sketchbook is a rich way to experience, and even celebrate, a place. The sketchbook becomes a visual diary, responding to both the grand vista (the canyon) and the personal detail (the croissant). It's a way to be in a place while capturing its spirit in a very personal way. Open to those with moderate to advanced drawing ability, this course will present strategies for looking deeply at a place and responding to it through drawing. This won't be a studio art class, nor will it be a "how-to-draw" class, although there will be a few simple in-class drawing exercises (pen or pencil only in the classroom).

**Rick Landesberg** is an artist and designer who explores places he cares about through painting and drawing. He holds a BFA in painting from the University of the Arts, in Philadelphia, and a Certificate of Studies from Central Saint Martins College of Art, in London. He is the founder and retired head of Landesberg Design, a firm dedicated to communication design for the common good. His clients included leading foundations and colleges and universities from across the nation. He's lectured nationally and abroad. He's a recipient of the AIGA Fellow Award. For over 15 years he was an adjunct associate professor in Carnegie Mellon University's School of Design. In 2019 he lead a two-week sketchbook workshop in Ambialet, France.

### Independent Art Study

Study Leader: Gary Bates

- 6 Classes: Sep. 2 – Oct. 7 Class ID: 4361
- Friday, 12:30 PM - 2:30 PM
- College of Fine Arts, TBA

- 6 Classes: Oct. 28 – Dec. 9\* Class ID: 4362
- Friday, 12:30 PM - 2:30 PM
- College of Fine Arts, TBA

\*Note: Class will not meet on Nov. 25

Prepare a portfolio of six or more pieces of your artwork to be shared and critiqued with the course study leader to determine a direction and plan for individual growth during the six sessions. Various drawing and painting techniques will be employed to enhance student growth and development to meet the mutual goals determined by leader and student together.

**Gary Bates** has spent over 45 years as a professional artist, arts administrator, and professor during his long career in the arts. He has served as president of the University Council for Art Education at Columbia University, and as president of the New York State Art Teachers Association, as well as several other arts organizations in New York. He was named New York State Art Teacher of the Year, and has received many other special recognitions in the field of art education. Gary has exhibited his work in museums and galleries in both the United States and Mexico.





## Figure Drawing

Study Leader: Betsy Bangley      Materials Fee: \$45\*

- 5 Classes: Oct. 28 – Dec. 2\*      Class ID: 4420
- Friday, 9:30 AM - 12:00 PM
- College of Fine Arts, TBA

\*Note: Class will not meet on Nov. 25

Discover a new world of artistic exploration and connect with humanity by learning to draw another human being. Beginning artists will learn the basics of observational drawing in a supportive environment, while experienced artists will enjoy honing their skills through the open studio format of the class. Our model will hold a variety of poses for us to observe and sketch. Each week we will start with quick gesture sketches and move on to longer drawings. You'll be surprised at the progress you make as you develop your new creative skills! Bring a pad of newsprint, drawing paper, a soft pencil, and charcoal.

**Betsy Bangley** has had a lifelong love of drawing. She has kept a nature journal of sketches and observations for over 20 years, and currently holds open studio figure drawing sessions with her husband, David, at a variety of venues in the Pittsburgh area, including at their country home in Beaver County. David is a former television producer, and used his experience to adapt Figure Drawing classes to the online format. Betsy teaches Figure Drawing and other courses in the arts and humanities at the Community College of Beaver County through the Continuing Education and Workforce Development Department.

\*Materials fee information located on page 107.

## DANCE/EXERCISE

### Sacred Circle Dancing

Study Leader: Alice Carnes

- 4 Classes: Aug. 29 – Sep. 26\*      Class ID: 4393
- Monday, 12:45 PM - 2:15 PM
- Cyert Hall, Olmsted Activity Room



\*Note: Class will not meet on Sep. 5

Bernard Wosien, a German ballet master, collected very old traditional dances from Eastern Europe, mostly from Greece, Bulgaria, Macedonia, and Romania. No partners are needed. All dances are taught or reviewed every time and beginners are welcome. In circle dance we hold hands and form a circle around a centerpiece. We dance around a centerpiece that contains a representation of the four elements to celebrate our dancing. The circle is an iconic symbol that never ends and flows continuously. The steps are simple and if you forget a step or misstep just know in circle dance — there are no mistakes, only variations. As we move around the circle the energy from everyone in the circle moves in a physical and energetic way. As we dance, we sink into the rhythmic movement allowing our minds to relax into a spiritual and meditative process.

**Alice Carnes** was introduced to Sacred Circle Dance at a Women's Retreat in North Carolina in 2010. When she retired in 2013, she began attending circle dance camps and dance workshops in California, New Hampshire, Tennessee, Maine, Massachusetts, and Mexico. During the pandemic there were many opportunities to circle dance via Zoom with a variety of excellent teachers world wide. This summer she travels to Findhorn, Scotland to the birth place of sacred circle dance to complete her training to facilitate circle dance.

## FINANCE/INSURANCE

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### Health Care & Insurance For Seniors

Study Leader: Barbara Veazey    Materials Fee: \$5\*

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- 5 Classes: Oct. 24 – Nov. 21    Class ID: 4263
  - Monday, 1:00 PM - 2:30 PM
  - Cyert Hall, Olmsted Activity Room
- 

This course will start by looking at Social Security and end five sessions later by discussing how to select a care facility. Along the way we will discuss Medicare; VA benefits; the advantages, disadvantages, and benefits of health, drug, and travel insurance plans; health care reform; legal documents; long-term care insurance, homecare services; adult day care; low-income programs; retirement communities; and selecting a facility for confinement care.

Please note: \$5.00 fee for binder, paid to instructor at first class.

**Barbara Veazey** is a Geriatric Care Registered Nurse, a PA Health Insurance Specialist and the former owner of a Home Care Agency and seven care facilities. She shares her knowledge to help you avoid making mistakes in the complicated health care field. We look at Social Security and Medicare. Then move along to VA benefits, health, drug, travel and Long-Term Care Insurance plans. There are legal documents you should consider now. You, or a family member, may select living in a retirement community, need home care or confinement 24/7 in one of the types of care facilities. Know the costs and where to get help.

\*Materials fee information located on page 107.

### It's Good To Be Queen! A Woman's Financial Reign

Study Leader: Roselyn Wilkinson

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- 6 Classes: Aug. 30 – Oct. 4    Class ID: 4365
  - Tuesday, 9:00 AM - 10:30 AM
  - Cyert Hall, Olmsted Activity Room
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When it comes to your money and finances, are you a damsel in distress? If the whole idea of financial planning scares you, everything you need to know and do to reach your goals and reign supreme will be laid out in simple steps: from budgeting, determining your net worth, saving and staying debt-free to vetting qualified professionals, and protecting yourself and your assets with proper insurances. You'll master investment basics, industry terminology and learn how to build wealth over time. Financial planning is no more complicated than eighth-grade math. It's time to own your financial life just as you do your career and health. Regardless of whether you're single, married, divorced or widowed, making informed decisions about your short- and long-term financial security is critical to preserving your independence and expanding your options in life. Because today, happily ever after is not a fairy tale; it's a choice.

**Roselyn Wilkinson** helps people manager their money through comprehensive financial planning. With over 25 years of experience, she serves as President of MD&A Financial Management Company. She is licensed to sell life, disability and long-term care insurance and, as a Registered Representative with Berthel Fisher & Company Financial Services, Inc., stocks, bonds and mutual funds and a host of other investment vehicles. Passionate about helping women become more engaged in their finances, Roselyn is on the board of the Women & Girls Foundation of Pittsburgh and a member of the Executive Women's Council. As a graduate of Leadership Pittsburgh, Roselyn remains actively involved in its alumni program. She has been a guest writer for the Pittsburgh Post-Gazette and the Pittsburgh Business Times. Roselyn is a CERTIFIED FINANCIAL PLANNER™, author of *It's Good to be Queen: Every Woman's Pocket Guide to Financial Sovereignty* and a multi-year recipient of the Five Star Wealth Manager Award.

## IRA Distribution Strategies

*Study Leader:* Bud Kahn

- 5 Classes: Oct. 25 – Nov. 22      *Class ID:* 4294
- Tuesday, 9:00 AM - 10:30 AM
- Cyert Hall, Osher Room B

Diligent savers enter the second half of retirement with little insight into the complex tax and distribution planning dangers that can wipe away the sacrifice made during their working years. This course is designed to educate participants about how to keep more of their retirement savings by effective use of planning opportunities available under current tax laws. This course is updated annually to reflect new legislative developments and tax planning opportunities.

**Bud Kahn**, a Pittsburgh-based wealth manager, is the founder and Managing Principal of Wealth Management Strategies, Inc. with offices in Aspinwall and Greensburg. Bud is a graduate of the University of Pittsburgh, with a bachelor’s degree in economics and an MBA in accounting and finance. He also earned a master’s degree in taxation at Robert Morris College and has completed executive education programs at Carnegie Mellon University, the Wharton School of the University of Pennsylvania, and the Booth School of Business at the University of Chicago. Bud is a Certified Public Accountant, Certified Financial Planner, Certified Investment Management Analyst, Certified Private Wealth Advisor, and Accredited Estate Planner. Bud is also a member of Ed Slott’s Elite Advisor Study Group, in which he studies the complexities of IRAs to help his clients with the tax-and distribution-planning strategies necessary to achieve financial security.

## LANGUAGE

### Intermediate French Conversation

*Study Leader:* Veronique Schreurs

- 5 Classes: Oct. 28 – Dec. 2\*      *Class ID:* 4317
- Friday, 12:30 PM - 2:30 PM
- Cyert Hall, Olmsted Activity Room

*\*Note: Class will not meet on Nov. 25*

It is a cooperative class, to keep up and improve your conversational skills in French. Every student has the opportunity to tell a little 5-minute piece in French, a personal story or a piece about a subject of interest to them. Students may also ask each other questions after each presentation. We have had some lively, interesting, and fun discussions!

**Veronique Schreurs** has a B.S. degree from the University of Leuven, Belgium. She has experience teaching French both one-on-one and in-group settings. She is a retired software developer. She is active in the blind community as a sighted guide/participant.

## MUSIC & DRAMA

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### Have You Ever Wanted To Act On Stage?

*Study Leader:* C R Thomas

- 6 Classes: Sep. 1 – Oct. 6 *Class ID:* 4355
- Thursday, 12:30 PM - 2:30 PM
- Cyert Hall, Olmsted Activity Room

Whether or not you've had previous acting experience, you are encouraged to enroll in this class. The workshop meets five times for 2-hour rehearsals with a performance during the last class. Each class involves practical instructions, hands-on rehearsals, and acting suggestions. Thomas's original one-act plays are written to give you a significant acting part, without having to memorize any lines. Selected plays are distributed at the first class where each member auditions for a role. You will act in a staged-reading play performance while holding your script, following stage blocking, and wearing a full costume. If you are aware of scheduled or potential conflicts during weeks 5 and 6, consider enrolling in a future class.

**Charles R. Thomas**, emeritus professor of English at California University of Pennsylvania, has written over 86 original plays. Since 2006, he has presented 80 of these plays in the Pittsburgh area. He previously taught drama, poetry, and various literature and writing courses. Midway in his career, Dr. Thomas received a Distinguished Faculty Award for Excellence in Teaching from the Commonwealth of Pennsylvania. Dr. Thomas holds a B.A. Degree in American literature, an M.A. degree in English literature, and an Ed.D. degree in higher education administration from West Virginia University, and a B.S. degree in finance and an M.Ed. in special education (social and emotional maladjustment) from California University of Pennsylvania.

## SELF IMPROVEMENT

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### Finding Free Treasures In Least Expected Places

*Study Leader:* Christina Roselle

- 5 Classes: Oct. 25 – Nov. 22 *Class ID:* 4401
- Tuesday, 10:45 AM - 12:15 PM
- Cyert Hall, Osher Room B



It's important to me to pass the word about waste and how each of us, one person at a time, can help the environment. I want to encourage others to look outside themselves, exercise, find what they might work on to sell, and pass on to others what they can't use. It is a purpose that makes others feel good and us, too.

**Christina Roselle** has hated waste for as long as she can remember. At 10, she began sewing and found that buying fabric and components was costly. She learned to cut up jeans, leather coats, pants, and other items found at thrift stores to make handbags. In the last few years, when she noticed neighbors, for one reason or another, did not take their used items to the thrift stores, or call for a pickup, she cut down considerably on her trips to thrift stores and became creative with found items. As a handbag designer in New York City, her creativity paid off, thought at that time in her life materials were always available.

WELLNESS

**SoulCollage® For New And Returning Students**

Study Leader: Alice Carnes      Materials Fee: \$10\*

- 6 Classes: Oct. 25 – Nov. 29      Class ID: 4391
- Tuesday, 12:30 PM - 2:30 PM
- Cyert Hall, Hawkins Conference Room

SoulCollage® developed by Seena Frost is a process of self-discovery. Do you long to connect with your inner self? Or are you curious about parts of yourself? In this class we will meditatively select magazine pictures to collage into cards. Your soul gravitates to images intuitively. You may question why you are choosing specific images to create your card(s). Through a deliberate process of questions, your cards will reveal personal insights and wisdom. Come experience the transformative power of images, imagination, and intuition with SoulCollage®.

**Alice Carnes** has an M.A. in Special Education from the University of New Mexico. She counseled and facilitated academic accommodations for students with disabilities at Central Piedmont Community College in Charlotte, North Carolina. A lover of poetry, writing, hiking, bicycling, cooking, traveling, reading, meditation, and earth-based spirituality. In July 2018, she completed the SoulCollage® facilitator training. She says, “I am continually amazed by the creative process of SoulCollage®”.

\*Materials fee information located on page 107.

WRITING

**From Memory to Story: A Family Cookbook**

Study Leader: Anita Kulina

- 5 Classes: Aug. 29 – Oct. 3\*      Class ID: 4347
- Monday, 12:00 PM - 2:30 AM
- Cyert Hall, Hawkins Conference Room



\*Note: Class will not meet on Sep. 5

A cookbook can be an entertaining way to tell your family story. In this course, you will learn a simple method for creating a family cookbook. During class each week, you will share recipes, photos and stories with your classmates. Homework will include contacting family members, collecting recipes and photos, and possibly cooking! Both writers and nonwriters (and good cooks and terrible cooks!) are welcome in this course.

**Anita Kulina** has been writing family histories for nearly thirty years. She grew up in Pittsburgh’s Greenfield neighborhood, where her father was a machinist at U.S. Steel Homestead Works and her mother chased around their six kids. After graduating CCAC, Anita worked at Duquesne University, where she also went to night school. When she wasn’t working or studying, she was chronicling Greenfield’s history, which resulted in her book *Millhunks and Renegades*. She currently writes an ongoing cozy mystery series (*A Question of Devotion, Reason for Concern*) that features lovable Mrs. B, who lives in a thinly disguised Pittsburgh neighborhood.

**Your input is welcomed and valued.**

Osher at CMU depends on member assistance and involvement. Your suggestions for instructors, courses, events, and lectures are necessary to help us serve your interests.

We also depend on member involvement on committees and as Osher Ambassadors and Zoom helpers. Please email the office at [osher@cmu.edu](mailto:osher@cmu.edu) to volunteer!

## Flash Memoir: A Writing Workshop

Study Leader: Nancy Quick Langer

- 5 Classes: Aug. 30 – Sep. 27 Class ID: 4341
- Tuesday, 10:45 AM - 12:15 PM
- Cyert Hall, Olmsted Activity Room



This course will introduce participants to the flash nonfiction genre. The very brief essay provides an opportunity to focus the lens on an event, image, or detail until, as Bernard Cooper observes in his introduction to the anthology *In Short*, “one has magnified some small aspect of what it means to be human.” In this course, participants will draw from the small details of their lived experiences to create snapshots of memoir. We will focus on the elements of writing brief creative nonfiction and read sample essays for instruction and inspiration. Starting at the end of the first class meeting, participants will receive weekly essay prompts. Each class meeting that follows will include time to workshop what classmates have written.

**Nancy Quick Langer** is a writer, a teacher, an avid gardener, and an embroidery artist. She has taught English literature and writing for over 25 years at Boston College, Carlow University, CCAC, and Duquesne University’s School of Leadership and Professional Advancement. Her creative nonfiction has appeared in *Watershed Review*, *Santa Ana River Review*, and most recently, *Meditating on What Matters*. In addition to writing essays, Nancy records the progress of her botanically inspired hand embroidery projects on her Instagram (@nancy\_ql). Two of her pieces have recently been part of juried Fiberarts exhibitions in Pittsburgh.

## Writing In Your Voice

Study Leader: Helen Fallon

- 2 Classes: Oct. 12 and Oct. 19 Class ID: 4413
- Wednesday, 10:45 AM - 12:15 PM
- Cyert Hall, Olmsted Activity Room



**TWO DAY**

Love to write and express yourself? A market exists for your work, and if you don’t want to be published for all to see, writing down your memories and viewpoints is a wonderful legacy for your family and friends. Many media outlets – print and online – look for op-ed articles, columns, blogs, reviews and more to include in their content. Learn what those formats include, how to create them, and where and when to pitch them. You can draw upon your expertise, knowledge and personal experiences to create them, adding in research to ensure accuracy. Finally, you’ll learn about the importance of rewriting and editing your work to achieve readability. Examples will be offered and students will be urged to create their own work to share with the class. No required text, but students will be urged to read outside of class to understand the various writing formats.

**Helen Fallon**, professor emeritus and former director of Point Park University’s Honors Program, has taught and served as an administrator at Point Park since 1986. She chaired the Department of Journalism and Mass Communication from 1999 to 2008 and served as acting dean of the School of Communication from 2008 to 2009. She directed the Honors Program until 2020. Fallon remains an active journalist, working as a part-time copy editor for the Pittsburgh Post-Gazette, where she’s been gathering materials for her classes since 1987. When time permits, she writes op-ed pieces and columns for it. Earlier in her career, Fallon worked as a reporter, copy editor and editor for several papers in the Pittsburgh area and did public relations for a university and a community hospital. She is active in journalism professional organizations, serving currently as Press Club of Western Pennsylvania president. She recently joined the Pennsylvania NewsMedia Association Foundation board, a statewide organization. Outside of journalism, Fallon currently serves on the Jefferson Regional Foundation’s board, which is dedicated to investing in the health and vitality of the communities served by Jefferson Hospital in the South Hills and lower Mon Valley of Pittsburgh.

## Writers' Workshop

Study Leader: Thalia Snyder, Helen Wilson

- 6 Classes: Oct. 26 – Dec. 7\* Class ID: 4299
- Wednesday, 12:30 PM - 2:30 PM
- Cyert Hall, Hawkins Conference Room

\*Note: Class will not meet on Nov. 23

Would you like to connect to fellow classmates through your writing? This workshop will get your creative juices flowing. We will begin each session with an in-class writing exercise. In addition, you will be asked to submit a writing assignment in the form of essay, poetry, memoir, fiction, or creative nonfiction each week, which will be discussed the following week. You will discover what your classmates appreciated about your piece, what they didn't understand, and how you might improve your writing. We support and encourage each other in the process of putting words on paper.

**Thalia Snyder** is a writer, actor, retired dentist and language enthusiast. She studied theater at Northwestern University where she graduated with a B.A. in Russian language and literature. From the University of Pittsburgh, she earned an MA in Slavic Languages and literature as well as a DMD and MS in prosthodontics. She taught at the University of Texas School of Dentistry in Houston and worked in private practice. She narrates books as a voiceover artist at Library of Accessible Media for Pennsylvanians (LAMP). She writes poetry and memoir. Her work was published in *Signatures* (Osher Lifelong Learning Institute at Carnegie Mellon University, 2016). Thalia has been a joyful member of Writers' Workshop for many years.

**Helen Wilson**, during her career as an art teacher for the Pittsburgh Public Schools, worked in the Division of Curriculum Development as a writer, editor, illustrator, and graphic designer. Since retiring in 2006, she has pursued her interest in writing and historical research. Her articles have been published in local magazines and newspapers, and she is co-author of two books, *Pittsburgh's Bridges* (Arcadia Publishing, 2015) and *Squirrel Hill: A Neighborhood History* (The History Press, 2017), for which she also served as editor.

## The Mystery Novel: You Can Write One

Study Leader: James Tucker

- 5 Classes: Oct. 24 – Nov. 21 Class ID: 4326
- Monday, 2:45 PM - 4:15 PM
- Cyert Hall, Hawkins Conference Room

At first, it seems a daunting task to finish a 400-page story. That's why so few start one. However, if each chapter is approached as a short story of its own – with nothing else to think about – anyone can do it. This will be a small class, hands-on workshop. We will begin our time together discussing how I went through the steps of outlining, writing and getting my story published. Then we'll discuss ideas for a mystery novel we each will begin. What elements are important? How do we draw the reader into our story? After that, we put pen to paper. Each week there will be a 2-page writing assignment. I want to motivate you to love the process. We will each write an outline for our story. Then an opening paragraph. And finally, we'll tackle the first chapter. Maybe two. After that, the rest will be easy.

**Jim Tucker** grew up in Philadelphia, then studied engineering at Tufts University. He attended medical school at Columbia University and came to Children's Hospital of Pittsburgh for his residency. He has been practicing pediatrics in Pittsburgh since 1981. Ever since medical school Jim had a story rattling around in his head: What if, on the first day of gross anatomy, one of the cadavers was someone who had been murdered and stashed away in the lab? He wrote it as a screenplay. He even had his friend George Romero read it and give suggestions. But it went nowhere. Months later a friend saw the screenplay at George's house, read it, and convinced Jim to turn it into a novel. And so, the journey began. Jim wrote and re-wrote for a year. *Abra Cadaver* was published by Penguin-Putnam in 1999. Three more books followed: *Hocus Corpus*, *Tragic Wand*, and *Silent Samaritan*. With his wife, Kim, they raised three sons in Fox Chapel and now have eight grandsons. Jim plays golf, blows glass, and is excited his first screenplay - *Basic Psych* - has been shot and is now in postproduction here in Pittsburgh.

# SCIENCE

Architecture | Astronomy | Environment | Life Science | Math | Medical

## ARCHITECTURE

### Learning From The Past And Building the Future At CMU

*Study Leader:* Bob Reppe

- 3 Classes: Oct. 26 – Nov. 9 *Class ID:* 4346
- Wednesday, 3:00 PM - 4:30 PM
- Cyert Hall, Osher Room A

Carnegie Mellon University has a long and proud history of thoughtful planning and deliberate execution. This course will explore past campus growth patterns that are shaping the future of the university. Part one will be an in-depth exploration of the master plans and architecture of the last century that have created the current CMU campus. Part two will then, using the 2012 Master Plan as a blueprint, determine development trends that will shift the campus's center of gravity, improve its urban presence, and create new connections across Pittsburgh. Current prominent developments will be studied in-depth to understand the transformation underway at CMU and that will set the path for the continued growth of campus and of Pittsburgh.

**Bob Reppe** is the University Architect at CMU. He has directed the development of the 2012 Institutional Master Plan and coordinates capital construction projects. He manages the pre-development process for major campus facilities, including Scott Hall, the Tepper Quad and new Tepper School of Business facility, the Cohon University Center Addition, and the phased upgrades in Hamburg Hall. He additionally oversees the development of facilities at the university's global sites, including Silicon Valley, Rwanda, and China. Prior to joining Carnegie Mellon, Bob served assistant director in the Pittsburgh Department of City Planning, as well as managed Development/Urban Design and Historic Preservation project review. Bob received his Master's degree in urban design from the University of Texas and Bachelor of Fine Arts degree in urban planning from the University of Minnesota.



### Contemporary Asian Architects 1 - China

*Study Leader:* Jeffrey Swoger

- 6 Classes: Oct. 24 – Nov. 28 *Class ID:* 4282
- Monday, 10:45 AM - 12:15 PM
- Cyert Hall, Osher Room B



Between 2010 and 2020, 5 of the 10 winners of the prestigious Pritzker Architectural Prize have been of Asian descent. Asian societies have been building structures for thousands of years – temples, palaces, peasant housing. In the 30's and 40's, Art deco buildings sprung up in cities like Shanghai and Tokyo, buildings that are still in use today. In the first of a 3-part examination of Asian architecture, we survey Chinese architects and the incredible variety of their approaches to architectural design, their choice of materials, and their respect for the landscape. While China is still a tightly controlled society in many respects, the architects are clearly part of the international architectural community. And, though they uniformly embrace contemporary design, they also honor their rich cultural heritage. The resultant buildings are both exciting and thought-provoking.

**Jeffrey Swoger** began his college years studying architecture at Washington University in St. Louis, before transferring to the Institute of Design at IIT to study graphic design. However, he remained keenly interested in architecture, keeping abreast of the major architects and their buildings throughout his life. Living in Chicago, he saw the rise of several iconic buildings: the John Hancock Building; the Sears Tower; the 860-880 Apartments. As a designer, he worked with many Chicago architects and real estate developers and created the logo for the first Chicago School of Architecture Foundation, which was housed in the historic Glessner House, designed by H. H. Richardson.



## Blueprint For Better: The Value Of Good Design

*Study Leader:* Beatrice Spolidoro, Amanda Markovic

- 1 Class: Oct. 17 *Class ID:* 4373
- Monday, 3:00 PM - 4:30 PM
- Cyert Hall, Osher Room B



The Blueprint for Better Initiative aims to advance the well-being of people in our region by promoting a shared understanding of how the built environment impacts us physically, socially, emotionally, and spiritually.

**Bea Spolidoro** is a Principal at Fisher ARCHitecture in Pittsburgh, PA. She is passionate about building sustainable, healthy environments. For her, good design should improve both the physical and mental health of people. This goal is pursued regardless of the building typology or the age and the social and economical background of the occupants.

**Amanda Markovic** is a Principal at the Architecture firm GBBN. She is driven by design's power to transform experience and empower communities in urban centers, the workplace, or academia. She enjoys facilitating productive discussions among multiple project stakeholders. Her communication skills and passion for design have led her to become an AIA leader in the Building for Better Communities initiative.

## ENVIRONMENT

### Wellness In An Energetic And Electromagnetic World

*Study Leader:* Robert Brown

- 5 Classes: Oct. 25 – Nov. 22 *Class ID:* 4353
- Tuesday, 12:45 PM - 2:15 PM
- Cyert Hall, Osher Room A

Our world is becoming increasingly reliant on the production and transmission of energy. Modulation of radio frequency radiation has allowed instantaneous worldwide communication, smart homes, and dozens of other applications, inconceivable twenty years ago. However, decades of research have shown that all forms of electromagnetic radiation (EMR) can affect human health. Each class will include discussion on the health benefits and potentially harmful effects associated with exposure to sound, light, and non-ionizing frequencies of EMR. Group discussion on this important, timely, and controversial topic will be encouraged. By the end of this course, each participant will gain a comprehensive understanding of how we physiologically interact with our energetic world and learn how to augment or mitigate environmental sources of energy to sustain or improve overall health.

**Rob Brown's** blended approach to traditional medicine and wellness comes from his conventional career as an allopathic physician along with a passion for spiritual exploration. After attending the University of Miami School of Medicine, Dr. Brown completed a diagnostic radiology residency in Pittsburgh and fellowship training at the University of California, San Diego in musculoskeletal radiology. Having worked both in private practice and in academia, Dr. Brown had the opportunity to teach residents and contribute to the radiology literature. Personal and professional experiences have led Dr. Brown to understand that removing biochemical and energetic environmental toxins are essential for good health. He compiled his thoughts and accumulated research in *Toxic Home/Conscious Home: A Mindful Approach to Wellness at Home*, published in 2019. His most recent peer-reviewed paper on the possible connection between COVID-19 and radio-frequency radiation sparked international interest and led to multiple presentations, including those at the Environmental Health Symposium and the National Association of Environmental Medicine.



## LIFE SCIENCE

### Minerals - Nature's Treasures

Study Leader: Harlan Clare      Materials Fee: \$9\*

- 6 Classes: Sep. 1 – Oct. 6      Class ID: 4339
- Thursday, 2:45 PM - 4:45 PM
- Cyert Hall, Osher Room A

Minerals are used or affect us in all aspects of our daily living. We eat them, rub them on our skin, use them in our electronic devices, and make products from them. Participants will learn what minerals are and our connection to them. We will explore the history of radiation and how it is related to Pittsburgh's past and present. Demonstrations will show how we use radiation and heat to enhance the color of minerals. Demonstrations will also show the effects of ultraviolet light on minerals. Participants will be taken through a historical tour of the Hillman Hall of Minerals and Wertz Hall of Gems.

Please note: *The last class will be at the Mineral Room at the Carnegie Museum of Natural History.*

**Harlan J. Clare** is a retired Earth and Space science teacher who taught 32 years in the Plum Borough School District. He has collected minerals for his own collection for the past 14 years. Harlan has been an interpreter/docent for the Carnegie Museum of Natural History for the past 14 years. He works closely with the scientists at the museum. He has taught minerals to the University of Pittsburgh and Carnegie Mellon University Osher classes for the past 11 years. In the winter, he also teaches senior adults and 4th graders in Tucson, Arizona. He specializes in fluorescent minerals, mining and mineral history, radioactive minerals, and the museum collection. Harlan is an avid tennis and pickleball player and has been married for 48 years. Harlan and Bobbie have mined in various locations for Herkimer diamonds, thundereggs, fluorescent minerals and Apache Tears. They have two children and four granddaughters.

*\*Materials fee information located on page 107.*

MATH

Einstein For The Masses

Study Leader: Jack Patzer

• 5 Classes: Oct. 26 – Nov. 30\* Class ID: 4434

• Wednesday, 12:30 PM - 2:30 PM

• Cyert Hall, Osher Room B

\*Note: Class will not meet on Nov. 23



Einstein: Annus Mirabilis (1905 – the year of miracles); Relativity... special or general?; “God does not play dice with the universe;” bad hair day. Who was this guy? Does one need to be an Einstein to understand his work? Einstein did it all in physics, answering questions ranging from “how small is small?,” to “how large is the universe?,” to “what is the nature of energy?” Join me as we explore some of the many contributions that Einstein made to our understanding of the world. Believe it or not, one does not need an advanced degree in mathematics or physics to appreciate Einstein. In that spirit, a promise of no complex math!

Jack Patzer has been offering instruction playing the odds in bridge to Osher members for a number of years. Depending upon whom he is talking with, he is a retired bioengineer, chemical engineer, mathematician, physicist, education specialist, world traveler, outdoor enthusiast, and currently, mental health innovator. He is taking advantage of retirement to further explore areas of interest – Einstein being one of them. He is inviting you join him.

MEDICAL

What Is A “Heart Attack” And How Can I Get One?

Study Leader: Jerome Granato

• 2 Classes: Oct. 11 and Oct. 18 Class ID: 4398

• Tuesday, 8:30 AM - 10:30 AM

• Cyert Hall, Osher Room A



**TWO DAY**

This is a two-day series of adult education lectures designed to provide the general public with a better understanding of the causes and treatment options for a myocardial infarction, commonly known as a “heart attack.” At the conclusion of the course, patients and families should be better informed about maintaining better health and, when necessary, become better consumers of healthcare. Each lecture would be 60 minutes with an appropriate amount of time for questions. At no time will this course or the instructor attempt to provide medical advice.

Jerome E. Granato attended Johns Hopkins University School of Medicine for his MD degree. This was followed by a three-year residency in internal medicine at the Johns Hopkins Hospital. He then pursued a post-doctoral fellowship in cardiovascular disease at the University of Virginia. Dr. Granato also holds a Master of Business Administration degree from the J.L. Kellogg School of Graduate Management at Northwestern University. Dr. Granato is board certified in internal medicine, cardiovascular disease, and interventional cardiology. He is a fellow of the American College of Cardiology and the American Heart Association. In 2020, he retired as System Senior Vice President and Medical Director for the national cardiovascular service line at CommonSpirit Health. With this position, Dr. Granato oversaw the largest cardiovascular enterprise in the United States encompassing over 130 hospitals in 21 states. Dr. Granato has served on the board of trustees for the Texas Heart Institute, the Association of Professionals in Infection Control and Epidemiology and the Alliance for Quality Improvement and Patient Safety. He is the recipient of numerous awards in the areas of patient safety and medical education and has been regularly cited as one of the “Best Doctors in America” for cardiovascular disease.



## Chinese Medicine: Health And Harmony

*Study Leader:* Thalia Gray

- 5 Classes: Oct. 28 – Dec. 2\*      *Class ID:* 4402
  - Friday, 9:00 AM - 10:30 AM
  - Cyert Hall, Osher Room B
- \*Note: Class will not meet on Nov. 25*



Traditional Chinese medicine, including acupuncture and herbal prescriptions, has been in continuous use in the world from 3,000 years ago to the present day. In the West we know it mainly by its technologies: acupuncture, cupping, massage, and herbs, but the real magic lies in its theories and philosophies about health and the role of humans in the universe. This course explores the theory and practice of Chinese medicine and how to apply this knowledge to understanding your own health.

**Thalia Gray**, LAc, DiplOM, PhD, is a licensed practitioner of Oriental Medicine. She obtained her doctorate in Anthropology from NYU, worked for many years as an archaeologist, and was a freelance biomedical writer for 20 years. She completed her studies in Traditional Chinese Medicine at Eight Branches Academy of Eastern Medicine in Toronto and returned to Pittsburgh where she runs a private practice and teaches.

# SOCIAL SCIENCE

Contemporary Topics/Sociology | History | Pittsburgh | Politics/Government | Psychology | Religion/Philosophy

## CONTEMPORARY TOPICS/ SOCIOLOGY

### Moving Stuff: The Problem With Supply Chains

*Study Leader:* Stephen Blank

- 2 Classes: Oct. 13 and Oct. 20 *Class ID:* 4284
- Thursday, 12:30 PM - 2:30 PM
- Cyert Hall, Osher Room A



“Supply Chains”: how stuff gets from there to here and then to us. Who knew how much our economies depend on supply chains? Our course will provide an understanding of this phenomenon – the transformation of our economies over the past decades, what is meant by “supply chains” and how it all works, and why the performance of supply chains affects us so fundamentally. We’ll examine the broad outline of a supply chain structured global economy and look in detail at how supply chains mutate. We will look at the vitality and fragility of this new global system and focus in depth on its environmental dimensions. Our aim is to create a deeper understanding of the networks that circle the globe and underlie our economies, their costs and benefits and alternatives that might be available.

**Stephen Blank’s** career has spanned the academic, business and not-for-profit communities. His work on North American integration, supply chains and logistics is well recognized. He was co-founder and co-director of the North American Transportation Research Council, a working group of transportation, logistics and supply chain leaders in the academic and business world, and has written on many dimensions of transportation corridors, ports and logistics. He was a research member of the Center for Energy, Marine Transportation and Public Policy at Columbia University and headed a major research program at The Conference Board of New York, looking at Multinational Corporation-Host Country relations. He was a visiting professor at universities in Japan, Germany, Mexico, Canada and the US. A member of the Council on Foreign Relations, he was awarded L’Ordre National du Quebec by the Government of Quebec. He serves as Senior Fellow of the Institute for Science, Society and Policy at the University of Ottawa. Blank was educated at Dartmouth, Cambridge University and Harvard.

### The Global Challenge Of Demographic Change

*Study Leader:* Stephen Blank

- 2 Classes: Oct. 12 and Oct. 19 *Class ID:* 4285
- Wednesday, 12:30 PM - 2:30 PM
- Cyert Hall, Osher Room A



Profound changes in global demographic patterns are challenging our political, economic and social systems. Aging nations struggle to fund increasingly stressed medical and social systems, while much younger nations confront a lack of jobs and future opportunities. A near future environment of older, smaller richer nations confronting younger, larger and poorer nations creates new pressures on the international system. More people are on the move, as larger numbers of people seek economic opportunities or flee from political and economic disruption. In most nations, people are departing rural environments and moving to growing metro areas, upsetting traditional economic and political patterns. Climate change will almost surely intensify these movements within and among nations. Our course will seek to illuminate these emerging patterns, to suggest costs and threats, and possible values and rewards. The aim is to heighten our understanding of this escalating national and global challenge.

**Stephen Blank’s** career has spanned the academic, business and not-for-profit communities. His work corporate-business relations and on North American integration is well recognized. In nine visiting professorships in Japan, Germany, Mexico, Canada and the US, Blank taught masters and doctoral level courses on the international business environment that looked in depth at forces reshaping international political, economic and social relations. Blank served as Bissell Professor at the University of Toronto, Fulbright Distinguished Professor at the University of Montreal, Ross Distinguished Professor of US-Canada Relations at Western Washington University and Fulbright Chair of Governance and Public Administration at the University of Ottawa. He was Managing Director of an alliance of four North American business schools. A member of the Council on Foreign Relations, he was awarded L’Ordre National du Quebec by the Government of Quebec. He serves as Senior Fellow of the Institute for Science, Society and Policy at the University of Ottawa. Blank was educated at Dartmouth, Cambridge University and Harvard.



## The Teachings Of Fred Rogers

*Study Leader:* Norton Gusky

- 6 Classes: Sep. 2 – Oct. 7 *Class ID:* 4309
- Friday, 9:00 AM - 10:30 AM
- Cyert Hall, Osher Room A

How can we use the writing and words of Fred Rogers to inspire a new generation of learners? By using the new book by Gregg Behr and Ryan Rydzewski, *When You Wonder, You're Learning*, Osher students will uncover many ways they might follow in Rogers' footsteps, sharing his "tools for learning" with digital-age kids. With insights from thinkers, scientists, and teachers—many of whom worked with Rogers himself—the book is an essential exploration into how kids and their parents can excel at what Rogers taught best: being human. The class will kick off with a presentation by Gregg and Ryan and then each week another guest expert will share more about the teachings of Fred Rogers.

**Norton L. Gusky** has been an Adjunct Faculty Member at the H. John Heinz III School of Public Policy and Management and has been an adjunct professor at the University of Pittsburgh. Gusky was the Coordinator of Educational Technology for twenty-one years for the Fox Chapel Area School District in Pittsburgh, PA. He is currently an educational technology broker for his own firm, NLG Consulting, LLC. Joining him will be a series of experts that include: Cara Cimillo, the Executive Director for Trying Together; Larry Berger, the founder of SLB Radio, Jane Werner, Executive Director for the Children's Museum, Bill Isler, the President Emeritus of Fred Rogers Productions and a long-time educator and advocate for children, and Melissa Butler, an author and educator who works with the Fred Rogers Center.

## First Osher California v. French Wine Challenge

*Study Leader:* Ricardo Llovet

*Materials Fee:* \$25\*

- 1 Class: Oct. 14 *Class ID:* 4330
- Friday, 2:45 PM - 4:45 PM
- Cyert Hall, Lounge



We will compare Chardonnay, Pinot Noir, Cabernet Sauvignon and Grenache/Syrah from appellations in California's Napa, Sonoma and Central Coast with wines from Bordeaux, Burgundy and Côtes du Rhone. We will cover the characteristics of the "terroirs" and winemaking styles and try to link them to the differences in the wines. We will be rating the wines and determine, based on our experienced knowledge and discriminating palate, the winner of each pair. And we will have cheeses, breads and nuts paired with the wines. We may provide the results to the French Embassy in DC or Governor Newsome, depending on the result.

**Ricardo Llovet** has been a wine aficionado since his youth. He was taught by his father and then expanded his knowledge through extensive reading, tasting, traveling, and conversations with winemakers. He has harvested grapes, made red and white wines at home, tended his own vines, and visited many winemakers and vineyards in Spain, France, Italy, Bulgaria, Portugal, and the U.S. He has been conducting wine tastings during the last 37 years, well before it became a popular activity. Three years ago Ricardo started the website [www.wineandfriends.net](http://www.wineandfriends.net) where he posts wine reviews and his most recent experiences in the world of wine. In 2021 he founded the City of Pittsburgh chapter of the American Wine Society. Ricardo just has a passion for wine and has been frequently told that he is able to transmit it. He has taught "The Art and Science of Wine Tasting and Terroir" during four Osher CMU semesters.

*\*Materials fee information located on page 107.*

## Enjoying The *New Yorker*

*Study Leader:* John Brown

- 6 Classes: Oct. 24 – Nov. 28      *Class ID:* 4308
- Monday, 10:45 AM - 12:15 PM
- Cyert Hall, Olmsted Activity Room

This will be an interactive discussion course with a limited enrollment. *All members will be expected to present at least one article over the six weeks.* Each week the class will focus on a current issue and discuss one or more features of particular interest. It might be part of the “Talk of The Town,” a short story, a cartoon, the cover art, or one or more critiques—whatever inspires members’ interests.

**John and Maureen Brown** have led the *Enjoying the New Yorker* class for the past three years and continue to wonder at the weekly insights and experiences provided through the *New Yorker* writers. John is a retired regional planning with a Ph.D. in Public Policy while Maureen is a retired writer/ journalist with a master’s in international affairs.

## Urban Planning Choices

*Study Leader:* Ruth Cooper Reidbord

- 4 Classes: Oct. 27 – Nov. 17      *Class ID:* 4291
- Thursday, 10:45 AM - 12:15 PM
- Cyert Hall, Osher Room B

The class will focus on current projects and issues affecting the city, county, and region. Emphasis is on the relationship among the public, private, non-governmental agencies, and, of course, residents, in the planning and development of projects and proposals. Focus will be on governance issues as they affect urban planning. Class participation is welcome and is always spirited.

**Ruth Cooper Reidbord** is a retired urban planner who worked in local government and consulted with the Southwestern Pennsylvania Commission as well as local governments and developers. She is a graduate of Carnegie Mellon University, Margaret Morrison College and of the University of Pittsburgh Graduate School of Public and International Affairs from which she received a Masters in Urban and Regional Planning. She is a resident of Pittsburgh.

## Non-Fake News: How Journalism Works

Study Leader: Kellie Gormly

- 1 Class: Oct. 12 Class ID: 4397
- Wednesday, 3:00 PM - 4:30 PM
- Cyert Hall, Osher Room B

**ONE  
DAY**

How does the news business work? What makes a story? How do journalists report the news? What about the conspiracy theories about fake news - are they true? Veteran journalist Kellie B. Gormly, who writes for the *Washington Post* and other national publications, will explore these topics and tell you about how the media work behind the scenes.

**Kellie B. Gormly** is a former Pittsburgh Tribune-Review staff writer who now is a freelance writer for many national publications, including *The Washington Post*, *Smithsonian*, *Woman's World*, and *Pennsylvania Magazine*.



## Race, Class & Education Part II: Schools That Work

Study Leader: Richard Wertheimer

- 5 Classes: Oct. 27 – Dec. 1\* Class ID: 4316
- Thursday, 1:00 PM - 2:30 PM
- Cyert Hall, Osher Room B

\*Note: Class will not meet on Nov. 24



After taking a deep dive in the first course in this series: “Race, Class and Education in Pittsburgh” (2021), participants requested a follow up course to examine schools that are designed to address the issues discussed and have a proven success with their students. This second course will take a close look at how to measure the quality of schools that succeed with students from low-income families, students of color, and students who read far below grade level. Case studies will be presented from both local and national schools that consciously address the specific needs of many urban students and help them to successfully move to the next level of education or employment. What these schools have in common is a passionate drive to empower students and open doors to the future.

**Richard Wertheimer**, EdD, is a career Pittsburgh public school educator. He has served as a high school mathematics teacher and supervisor; a coordinator of instructional technology and was the cofounder, CEO, and principal of a successful Pittsburgh charter high school.



## The Palestinian Story: Hope And Sumud

*Study Leader:* Tina Whitehead

- 5 Classes: Oct. 25 – Nov. 22 *Class ID:* 4384
- Tuesday, 10:45 AM - 12:15 PM
- Cyert Hall, Osher Room A

The course will deal with the history and current situation in Israel-Palestine from the perspective of the Palestinian people. The four primary components of the “peace process” will be the main focus: Right of return, Settlements, Boundaries and Jerusalem. Current issues that are relevant to the content of the course will also be discussed.

**Tina Whitehead**, a Canadian and a graduate of Duquesne University with an M.A. in Spiritual Formation, has been volunteering in Jerusalem and the West Bank since October 2006. Her primary work has been with Sabeel, a Palestinian Christian Peace and Justice movement. In October 2015, she helped coordinate a regional Friends of Sabeel conference in Pittsburgh with the theme, “We Refuse to Be Enemies.” In addition, she has worked with the Bethlehem Bible College where she helped coordinate three international “Christ at the Checkpoint” conferences, in 2010, 2012 and 2016. Up until the past year’s Covid travel restrictions, she had also been working as a hospitality representative in Bethlehem for an American tour company, giving lectures and helping organize dinners with Palestinian families. She presently resides in Verona.

## A Brief Tour Of Asian Thought

*Study Leader:* Joseph Givvin

- 5 Classes: Sep. 2 – Sep. 30 *Class ID:* 4360
- Friday, 10:45 AM - 12:15 PM
- Cyert Hall, Osher Room A

We all ask ourselves the big questions of life: What is morally right? What is our ultimate purpose in life? What is a good society? This course will introduce you to the answers given in Indian, Chinese, and Japanese thought. The course emphasizes the role of these philosophies/religions in the social-political life and on the artistic expressions (from calligraphy to film) of the peoples of Asia and how they influence our world today.

**Joseph Givvin**, Ph.D. has returned to live in the Pittsburgh area after 33 years of teaching at Mount Mercy University, Iowa, where he is Professor Emeritus. He has been a member of the American Association of Philosophy Teachers (AAPT) since 1984 and has presented 12 workshops on teaching philosophy at AAPT conferences. He has also chaired two conferences sponsored by the AAPT. As a result of his work for the AAPT, he was presented an “Award of Merit for Outstanding Leadership and Achievements in the Teaching of Philosophy.” He greatly enjoys the opportunity to teach at Osher at CMU and engage with curious minds of the members in thoughtful conversation, especially about the ethical aspect of human life.

### Important

To attend a course, you must have received a course confirmation for that course through the office. Please don't confuse the course confirmation with a wait list notice.

We appreciate your cooperation.

To maintain the integrity of our organization, please do not share Zoom codes.

## Ethical Issues In Healthcare

Study Leader: James Reilly

- 5 Classes: Oct. 24 – Nov. 21 Class ID: 4333
- Monday, 10:45 AM - 12:15 PM
- Cyert Hall, Osher Room A

Our healthcare system of patients, doctors, nurses, hospitals, and other caregivers is built upon an assumed foundation of trust, an ethical concept. Recent technologic, financial and political developments have strained the ethical underpinnings of healthcare, creating mistrust and divisiveness, and ever-rising costs, in an American critical life system. Many of these trends preceded and have been exacerbated by the COVID-19 pandemic. This course will explore the cultural roots of ethical theories, and apply both deontology and consequentialist approaches to several current ethical challenges, including reproductive technology, abortion, medical tourism and other global health problems, patient autonomy, enhancement, and the ethics of ICU beds and vaccination.

**James Reilly**, MD, MPM, FACS, is a retired general surgeon. His academic career has taken him from Pittsburgh to Philadelphia, Boston, Washington, D.C., and New York City. His CV includes over 100 publications in peer-reviewed journals, abstracts, and academic presentations. Prior to returning to Pittsburgh, he served as chief of surgery at the Kings County Hospital in Brooklyn. He has taught health policy at Carnegie Mellon University and Duquesne University. He and his wife, Marie, have two daughters, and three grandchildren.

## HISTORY

### LSD And The Psychedelic Experience

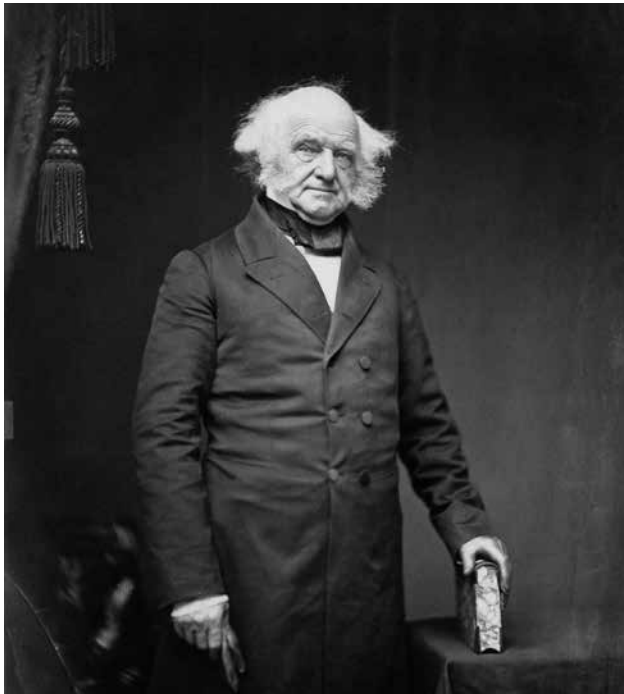
Study Leader: Donald Carter

- 1 Class: Oct. 14 Class ID: 4371
- Friday, 10:45 AM - 12:15 PM
- Cyert Hall, Osher Room B



“Turn on, tune in, drop out.” Those words, spoken by Timothy Leary in 1967, symbolized the Psychedelic Era of the 1960s. Leary of course was referring to “turning on” with lysergic acid diethylamide - LSD 25. The Psychedelic Era greatly impacted American music, art, fashion, politics, and lifestyle. This single session course will cover the discovery of LSD in 1938, its early use by university researchers and the US government, and how LSD made its way into the broader society by the actions and influence of three men: Aldous Huxley, Timothy Leary, and Ken Kesey. It has been said that “if you remember the 1960s, you really weren’t there.”

**Donald Carter** is a Senior Research Fellow at the Remaking Cities Institute, Carnegie Mellon University. Prior to joining CMU in July 2009 to teach urban design and to direct the Remaking Cities Institute, Don was President of Urban Design Associates in Pittsburgh. He led many of the firm’s most complex projects over thirty-six years, drawing upon his international experience as an architect, urban designer, and developer. Don has lectured internationally on urban design and architecture. His latest book is *Remaking Post-Industrial Cities: Lessons from North America and Europe*. Don currently serves on the boards of the Pittsburgh Cultural Trust and the CMU Andrew Carnegie Society. He previously served on the boards of the Andy Warhol Museum, Pittsburgh Downtown Partnership, Pittsburgh Zoo, Pittsburgh Chamber of Commerce, Pittsburgh Public Theater, and Leadership Pittsburgh. Don earned a Bachelor of Architecture degree from CMU and did post-graduate study in urban design and regional planning at the University of Edinburgh, Scotland.



## Five Obscure Presidents And Why They Matter

*Study Leader:* L. Jon Grogan

- 5 Classes: Aug. 30 – Sep. 27 Class ID: 4289
- Tuesday, 9:00 AM - 10:30 AM
- Cyert Hall, Osher Room A



Washington, Jefferson, Jackson, Lincoln, Wilson, Roosevelt (both Theodore and Franklin), and a handful of other U.S. Presidents are household names. Their images appear on money; cities, towns, and schools are named for them; and one, Andrew Jackson, is associated with an entire era of “age.” Their impact on American society is unquestionable. However, there are a handful of lesser-known Chief Executives whose decisions changed the course of American history: Martin Van Buren, James K. Polk, Rutherford B. Hayes, William McKinley, and Calvin Coolidge. This course will study their Presidencies and explain “why they matter.”

**L. Jon Grogan** has a Bachelor of Arts degree in Political Science from Tufts University, a Master of Arts degree in Public History from the University of San Diego, and a Doctor of Philosophy degree in American history (with a minor concentration in African colonial history) from Loyola University, Chicago. He is also a retired U.S. Marine Corps officer who has held a variety of command and staff assignments overseas and in the United States.

## China: From Confucius To Xi

*Study Leader:* Charles Hier

- 6 Classes: Aug. 30 – Oct. 4 Class ID: 4387
- Tuesday, 12:30 PM - 2:00 PM
- Cyert Hall, Osher Room B



We will give a very brief take on the cultural, economic, and political histories under the dynasties of the Chinese emperors up until the Chinese Revolution of 1910. Then we slow it down to look at the last 110 years: the rise of the Chinese Communist Party, their struggle with conservative nationalist forces, the experience of WWII, the founding of the People’s Republic by Mao in 1949, the struggle to industrialize in the Great Leap Forward, and the Great Proletarian Revolution. Finally, we will highlight the blossoming of the economy in the 21st century and other aspects of Xi’s China.

**Chuck Hier** received a BA in philosophy at Rice University and an MA in philosophy from NYU. Switching to history, he earned an MA at Boston College and a PhD from Pitt. He concentrated on Russian history and wrote his dissertation on collectivization in a region west of Moscow. He has taught history at Pitt, Duquesne, Akron, IUP and Slippery Rock. He has taught four history courses at Osher at CMU and one philosophy/psychological course.

## Far, Far From The Trenches: WWI In East Africa

*Study Leader:* L. Jon Grogan

- 5 Classes: Oct. 25 – Nov. 22 *Class ID:* 4290
- Tuesday, 9:00 AM - 10:30 AM
- Cyert Hall, Osher Room A



The First World War had become, by the end of 1914, a stalemate, prompting leaders to look elsewhere for military success. One place was East Africa, where Paul von Lettow-Vorbeck commanded German forces, including the Schutztruppe, colonial troops in Germany's African empire. Von Lettow-Vorbeck and his Schutztruppe evaded the British and their colonial troops until the war's end. In addition to making von Lettow-Vorbeck a German national hero and depriving Britain of resources needed for the war in Europe, the East African theater also planted the seeds of independence that erupted in Africa after the Second World War. The course will examine the strategy and tactics used in the East African theater and discuss how the conflict had the unintended consequence of being the African colonies' initial step toward national independence.

**L. Jon Grogan** has a Bachelor of Arts degree in Political Science from Tufts University, a Master of Arts degree in Public History from the University of San Diego, and a Doctor of Philosophy degree in American history (with a minor concentration in African colonial history) from Loyola University, Chicago. He is also a retired U.S. Marine Corps officer who has held a variety of command and staff assignments overseas and in the United States.

## The Last Recorded Duel In Pittsburgh

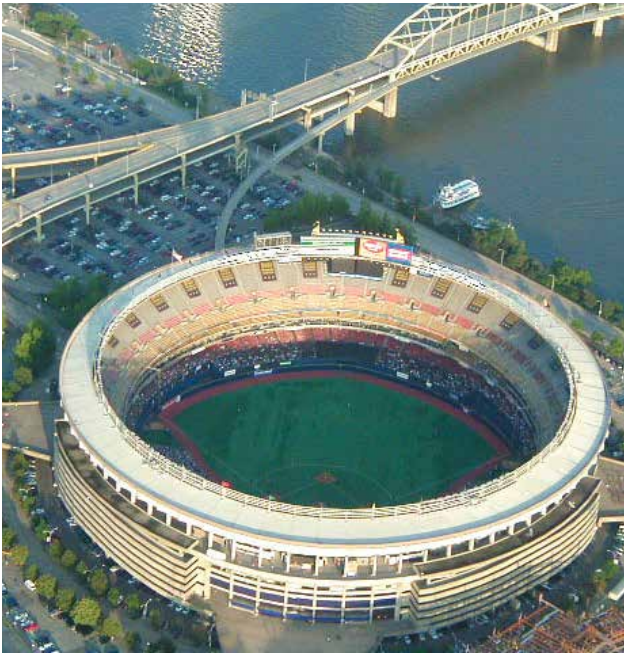
*Study Leader:* L. Jon Grogan

- 5 Classes: Oct. 26 – Nov. 30\* *Class ID:* 4396
- Wednesday, 10:45 AM - 12:15 PM
- Cyert Hall, Osher Room B

*\*Note: Class will not meet on Nov. 23*

In early 1806, Tarleton Bates was killed in Pittsburgh's last recorded duel. This course will describe how Bates arrived in Pittsburgh, his involvement with local and state politics, and the circumstances that led to his tragic and untimely death. It will also analyze why newly minted republican men like Bates, Alexander Hamilton, and others opted to settle their differences with other men on the field of honor.

**L. Jon Grogan** has a Bachelor of Arts degree in Political Science from Tufts University, a Master of Arts degree in Public History from the University of San Diego, and a Doctor of Philosophy degree in American history (with a minor concentration in African colonial history) from Loyola University, Chicago. He is also a retired U.S. Marine Corps officer who has held a variety of command and staff assignments overseas and in the United States.



## Going...Going...Gone! Lost Ballparks

*Study Leader:* David Fortun

- 4 Classes: Aug. 29 – Sep. 26\* *Class ID:* 4262
- Monday, 10:45 AM - 12:15 PM
- Cyert Hall, Osher Room B

\*Note: Class will not meet on Sep. 5



Go to an MLB game today, and you can sit in a cushioned seat, in a luxury box. You'll encounter fan entertainment areas around the expansive concourse, use no cash for your food and beverage, and listen to walk-up music for each batter. Go back in time, and you are in a ballpark with wooden stands, no lights, manual scoreboards, patchy grass, and quirky fence configurations. Yet Baseball became America's Game in those austere, simpler ballparks. We'll explore the histories of 28 of those lost ballparks from the Baker Bowl in Philadelphia to Crosley Field in Cincinnati, from the Polo Grounds in New York to Park Jarry in Montreal. Lost ballparks. Gone, but not forgotten.

**Dave Fortun** has been a docent at PNC Park for 15 seasons, and has led The History of Professional Baseball in Pittsburgh class in the Osher at CMU program multiple times. In addition, Dave has taught nine Etymologies classes for Osher, as well as discussion classes on *Our Town* and *The Five People You Meet in Heaven*. He is a retired English teacher.

## The US-Dakota War Of 1862

*Study Leader:* Randy Weinberg

- 1 Class: Oct. 11 *Class ID:* 4340
- Tuesday, 10:45 AM - 12:15 PM
- Cyert Hall, Osher Room A



By the summer of 1862, conditions for the Dakota people in Southwest Minnesota were desperate. Tensions were high as the US government failed to make payments and to provide promised food and supplies. Confined to a narrow strip of reservation land along the Minnesota River, many families faced starvation. On August 17, while looking for food, four young native Dakota men killed five white settlers near Acton, Minnesota. This was the trigger for the 'US-Dakota War'. The war ended six weeks later with the defeat of the Dakota warriors by federal troops. A succession of hurried military trials for captured warriors resulted in the largest mass execution in US history in December, 1862. This story will be told through historical sources and modern retellings. (Pittsburgh's own Jane Swisshelm has a cameo role in this narrative.)

**Randy Weinberg** is a retired professor of Information Systems at Carnegie Mellon University. He has been a regular study leader for Osher at CMU and is currently a member of the Osher board of directors. He is originally from Minnesota and completed his undergraduate and graduate studies in Mathematics and Operations Research at the University of Minnesota.

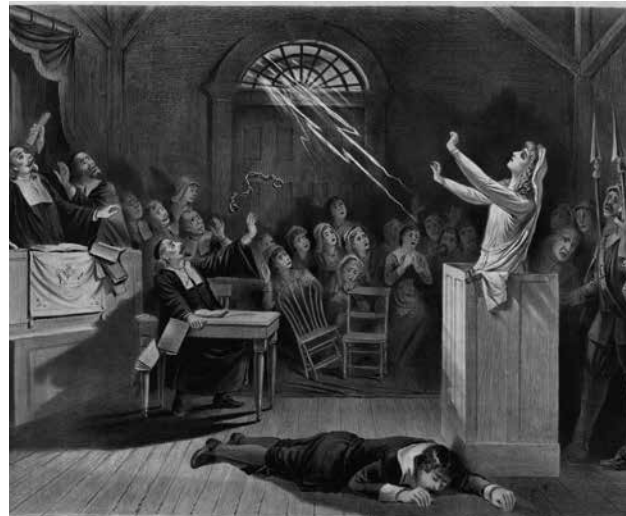
## Flares Of Memory: To Life!

Study Leader: Linda Hurwitz

- 4 Classes: Aug. 29 – Oct. 3\*      Class ID: 4337
  - Monday, 9:00 AM - 10:30 AM
  - Cyert Hall, Olmsted Activity Room
- \*Note: Class will not meet on Sep. 5, & Sep. 26*

Learn from history how human beings have the capacity for cruelty, for courage, for cooperation and for amazing recovery! The Holocaust is a modern event that demonstrates the extreme consequences of prejudice and hatred, of government sanctioned abuse of power, of propaganda and lies that can lead to the demonization, deception, degradation, destruction, and death of innocent people. Learn from the survivors who came to Pittsburgh how their strength, integrity, and drive returned them to normalcy and a meaningful life! Be inspired by their words!

**Linda F. Hurwitz** is the retired Director of the Holocaust Center of the United Jewish Federation of Pittsburgh as well as an English teacher, school administrator and child of two Holocaust survivors. She worked with the volunteers and Holocaust survivors who contributed to the book which will be used.



## Salem Witch Trials Revisited

Study Leader: Joan Gundersen

- 5 Classes: Aug. 31 – Sep. 28      Class ID: 4319
- Wednesday, 10:45 AM - 12:15 PM
- Cyert Hall, Osher Room B

The Salem witch trials are a part of popular culture. Much of that popular lore is myth. Salem itself is a major tourist attraction with “witch houses,” a wax museum, and tacky souvenirs. Modern historians, however, continue to find new information and ways to look at the incident that change what we think we know about this event. Everything from the causes of the incident to basic facts about key players has changed. Was it proof of Puritan intolerance, sexual repression, local quarrels, greed, or other factors? What role did frontier Indian attacks play? How should we interpret the fact that women played major roles both as accusers and the accused? Was the whole thing a hallucination caused by mold? The course will explore the context, events, and major players in light of recent scholarship.

**Joan Gundersen** is professor emeritus of history at California State University San Marcos. Author of 7 history books and numerous scholarly articles, she taught women’s history and early American history for more than 30 years at a variety of institutions, including Vanderbilt University, St. Olaf College, CSU San Marcos, and Elon University. She came to Pittsburgh in 2000 as a senior administrator for Chatham University, and later worked for the Episcopal diocese. Recipient of several awards for teaching and writing, she enjoys sharing the fascinating world of women’s history with others.

## The Great Castle Shannon Bank Robbery Of 1917

*Study Leader:* Edward Hale

- 1 Class: Oct. 11 *Class ID:* 4304
- Tuesday, 12:30 PM - 2:30 PM
- Cyert Hall, Osher Room B

ONE  
DAY

On May 14, 1917, the sleepy mining hamlet of Castle Shannon erupted in violence as four desperados robbed the town's only bank and found themselves caught in a Wild West style shootout with the townspeople. Hear how this holdup was planned, executed, and partly foiled as we look at one of Pittsburgh's most notorious crimes. Based on extensive research of court documents, period newspapers, and even an eyewitness interview, this almost-unknown story rivals other well-known tales of the Daltons, Youngers, and James Brothers.

**Edd Hale** is a retired middle-school teacher from the Keystone Oaks School District. During his 35 years there, he taught mostly U.S history, covering the period from discovery to the pre-Civil War era. Recently, in his spare time, he has been volunteering as a crew member on the U.S. Brig Niagara, the Flagship of Pennsylvania, based in Erie, doing day sails and extended voyages. His interests also include traveling, metal detecting, bicycling, and computers.

## Sailing On The U.S. Brig Niagara: 1813 And Today

*Study Leader:* Edward Hale

- 1 Class: Oct. 18 *Class ID:* 4305
- Tuesday, 12:30 PM - 2:30 PM
- Cyert Hall, Osher Room B

ONE  
DAY

The U.S. Brig Niagara is the official Flagship of the state of Pennsylvania. In 1813, Oliver Hazard Perry sailed the original Niagara into history with a stunning victory over the British. The modern reproduction of this ship sails the Great Lakes, taking this story to many ports of call each summer, serving both as a floating museum and an ambassador of goodwill from our state. What was it like to sail in 1813 aboard a tall ship, and what is it like today? As a volunteer crew member, Edd Hale will recount his experiences of sailing each summer in the spartan conditions of this 1813 replica. Learn how you can take a day sail or even become a volunteer and "sail the high seas" with the crew of the U.S. Brig Niagara.

**Edd Hale** is a retired middle-school teacher from the Keystone Oaks School District. During his 35 years there, he taught mostly U.S history, covering the period from discovery to the pre-Civil War era. Recently, in his spare time, he has been volunteering as a crew member on the U.S. Brig Niagara, the Flagship of Pennsylvania, based in Erie, doing day sails and extended voyages. His interests also include traveling, metal detecting, bicycling, and computers.

## A Critical Look At World War II

*Study Leader:* Robert Netzer

- 
- 6 Classes: Oct. 24 – Nov. 28      *Class ID:* 4298
  - Monday, 9:00 AM - 10:30 AM
  - Cyert Hall, Osher Room B
- 

This course is designed to examine decisions made during the 1930s and 1940s that were judged to be mistakes: made first in the quest for peace, and later in the military events of the war. It brings to mind what George Santayana said "Those who cannot remember the past are condemned to repeat it."

**Robert Netzer** was a teacher in the Pittsburgh Public Schools for over 36 years, the last 12 years of which he was the Instructional Chairperson of the Social Studies Department at Peabody High School. Mr. Netzer holds a B.A. and M.Ed, with further graduate work at the University of Pittsburgh and Carnegie Mellon. He also served as a docent and as an outside lecturer at the Heinz History Center. He has taught many courses at Osher in the field of social sciences.

## Germany Between The Wars

*Study Leader:* Sheila Werner

- 
- 6 Classes: Oct. 24 – Nov. 28      *Class ID:* 4327
  - Monday, 12:30 PM - 2:00 PM
  - Cyert Hall, Osher Room B
- 

This course will involve a discussion of important developments in the social, political, and economic life of Germany between the World Wars. It will include a discussion of the German Revolution of 1918, the failure of the Weimar Republic and the coming to power of Adolf Hitler, the making of the Third Reich, and the nature of the Third Reich.

**Sheila Werner** graduated as a European history major from the Universities of Michigan and Pittsburgh. She earned her master's degree and completed her doctoral studies in French and German histories, 1789-1945, at Pitt. She has lectured on European history at Pitt and at the Pittsburgh Holocaust Center on the "German Background to the Holocaust."



PITTSBURGH

**Pittsburgh In The Gilded Age**

*Study Leader:* Paul Tellers

• 5 Classes: Oct. 26 – Nov. 30\* *Class ID:* 4375

• Wednesday, 12:30 PM - 2:30 PM

• Cyert Hall, Osher Room A

*\*Note: Class will not meet on Nov. 23*



Growth in heavy industry in Pittsburgh following the Civil War created a demand for labor. Immigrants from southern and eastern Europe and later from the South flocked to Pittsburgh making it the 8th largest city in the US by the end of the century. While captains of industry amassed unheard of wealth in the era before income tax, most Pittsburghers experienced low wages and unhealthy living conditions. This richly illustrated course will explore conditions for all strata of society, technical innovation, architecture and planning, the boom and bust economy, politics, labor strife, and philanthropy.

**Paul Tellers** is an architect and planner. He was the University Architect at Carnegie Mellon University, the Director of Planning at WTW Architects, and a Project Manager for the Pittsburgh Cultural Trust. Tellers served on the Historic Review Commission and other community development boards. Tellers has been an instructor for Osher courses at both the University of Pittsburgh and Carnegie Mellon University.



**Who Knew? Curious Pittsburgh Pieces and Places**

*Study Leader:* Rebecca Carpenter

• 1 Class: Oct. 17

*Class ID:* 4372

• Monday, 12:30 PM - 2:30 PM

• Cyert Hall, Osher Room B



Interested in roaming around Pittsburgh, in search of something new? How about an atom smasher in Forest Hills, a replica of Central Park in Soho, the meditation pools in South Park, the ghost towns of Lincoln Way and Seldom Seen, or the trolls under the Bloomfield Bridge? All of these and many more are part of “Who Knew,” an exploration of some of the most interesting and curious things and places in and around Pittsburgh. While we will not actually be visiting the sites, there will be abundant slides, as well as a list of places and their locations.

**Rebecca Carpenter** has been an educator for almost 40 years. She taught English literature and writing in both public and private high schools, college, and graduate school. In addition, she taught English in Duquesne University’s School of Leadership and Professional Advancement’s Saturday program for 25 years. After 19 years, she recently retired from Literacy Pittsburgh where she taught adult literacy classes, trained volunteers, and developed and managed special projects, including Health Literacy.

## Pittsburgh's Mid-20th Century Rebirth

Study Leader: Howard Voigt

- 3 Classes: Aug. 31 – Sep. 14 Class ID: 4368
- Wednesday, 12:30 PM - 2:00 PM
- Cyert Hall, Osher Room B



Through a Power Point presentation including an array of quality photos, the course will first track the devastation wrought by industrial Pittsburgh. Then we will identify the specific ways the city was reborn from 1945 - 1975, describing in detail the four iconic Renaissance 1 projects: the Civic Arena, Mellon Square, Gateway Center, and Point State Park. We will highlight the Renaissance 1 activities and creations which were unusual if not unique: a retractable domed arena, an “all aluminum” building, a plaza above an underground garage, the City’s wish to remove “blight” via the condemnation of 23 acres of developed property, a two plaza/ten structure project by a private developer, a useful and aesthetically pleasing tunnel/portal under eight lanes of highway, and the largest urban public park in America.

**Howard Voigt** has conducted numerous walking tours of downtown Pittsburgh and Oakland under the auspices of Pittsburgh History and Landmarks Foundation. He also has served as a study leader for six Osher courses involving Pittsburgh’s history and its architecture. Before retirement Howard practiced corporate law in the Pittsburgh area for nearly forty years. Howard majored in history at the University of Notre Dame, earning a Bachelor of Arts degree in 1965.

## POLITICS/GOVERNMENT

### Will Our Democracy Survive Political Upheaval

Study Leader: Bill Presutti Jr

- 3 Classes: Oct. 26 – Nov. 9 Class ID: 4322
- Wednesday, 10:45 AM - 12:15 PM
- Cyert Hall, Osher Room A

This course seeks to promote a deeper understanding of two issues fundamental to the continuing success of democracy in the U.S—the ongoing viability of our political system and economic security. Why is it important that we address the question of the survivability of our democracy? It has been observed that “there is no law of the universe or heaven that says democratic republics have to last forever.” (Michael Tomasky in *If We Can Keep It*). This course will trace the development of representative democracy from Ancient Rome to contemporary America and what was it that caused Roman democracy to fail and the forces that have subverted contemporary democracies down through the years. The major focus will be on democracy in America—what has sustained our democracy, what challenges exist, and assess if those challenges can be met or do we become a contemporary example of how democracies die.

**Dr. William Presutti** holds a BS degree in Business from Duquesne University, an MA in Economics from Northeastern University, and a PhD in Applied History from Carnegie Mellon University. After serving a tour of duty as a Logistics Officer in the U.S. Air Force, he spent several years in supply chain management positions in the private sector with Westinghouse, RCA, and Printed Circuit Corporation in Waltham, Massachusetts and 29 years as a tenured faculty member at Duquesne University’s School of Business. During his 29 years at Duquesne, he served as Associate Dean of Duquesne’s Donahue Graduate School of Business. He founded Duquesne’s Supply Chain Management program in 1991, positioning the School as an important player in academia to help provide the country with Supply Chain professionals so crucial to helping meet one of the country’s most fundamental contemporary challenges—the leadership and management of the nation’s supply chains. He has taught two courses for Osher over the past several years—“Leadership Lessons From The Battle of Gettysburg” and “Exercise For Older Adults.”

## Challenges To Foreign Policy Today

*Study Leader:* Dennis Jett

- 6 Classes: Sep. 1 – Oct. 6 *Class ID:* 4295
- Thursday, 12:30 PM - 2:00 PM
- Cyert Hall, Osher Room B

The course will be a lecture series on the challenges to making foreign policy today and will consist of six talks followed by discussion. The topics of those talks will be: 1. Why foreign policy is harder to make today; 2. Where ambassadors come from, where they go, and why they still matter; 3. Intelligence and foreign policy; 4. Domestic politics and foreign policy; 5. The Iran nuclear deal and what it says about how foreign policy is made; and 6. Why it's hard to have a treaty with anyone anymore.

**Dennis Jett** is a founding faculty member and professor in the School of International Affairs at Penn State University. He served 28 years in the State Department in a wide range of positions including as Ambassador to Peru and Mozambique, Senior Director for African Affairs on the National Security Council, Deputy Chief of Mission in Malawi and Liberia, and in Argentina and Israel. From 2000 to 2008, he was Dean of the International Center at the University of Florida. He has a Ph.D. in international relations and is the author of four books: “American Ambassadors,” “The Iran Nuclear Deal,” “Why Peacekeeping Fails,” and “Why American Foreign Policy Fails.” He has been interviewed frequently on PBS, CNN, NPR, BBC and other national and international news programs. A member of the Council on Foreign Relations and the American Academy of Diplomacy, he was written over 180 opinion pieces for a wide variety of newspapers. In 2016 he was a Fulbright senior scholar and professor at Tel Aviv University.

## Reinhold Niebuhr: Philosophy, Politics, And Race

*Study Leader:* Ronald Stone

- 6 Classes: Oct. 27 – Dec. 8\* *Class ID:* 4318
- Thursday, 10:45 AM - 12:15 PM
- Cyert Hall, Osher Room A

*\*Note: Class will not meet on Nov. 24*

This course will examine through lecture, discussion, and readings Reinhold Niebuhr’s intellectual and political development into the current renaissance of his influence, particularly on President Barak Obama. Discussion will focus on his German origins and early work; socialism and economic thought; the World Wars and Christian Realism; thoughts on the Cold War, including the Vietnam War; prospects for democracy; his race relations work, including consideration of Martin Luther King, Jr. and James Cone; and final revisions in his thought, including criticism and response. Recommended Reading: Ronald H. Stone, *Politics and Faith: Reinhold Niebuhr and Paul Tillich at Union Seminary in New York*.

**Ronald Stone** is retired John Witherspoon Professor of Social Ethics at Pittsburgh Theological Seminary. He served also as the coordinator of the Cooperative Graduate Program in Religious Studies at the University of Pittsburgh. While teaching, he wrote 20 books on religion and society; the most recent is *Politics and Faith: Reinhold Niebuhr and Paul Tillich at Union Seminary in New York* (2012). In the community, he served as president of the board of the East Liberty Development Corporation and chair of the Allegheny County Accountability and Ethics Commission. His Ph.D. is in religion and society from Columbia University.

## PSYCHOLOGY

### The Art Of Shadows

*Study Leader:* Bruce Goldstein

- 4 Classes: Nov. 2 – Nov. 30 Class ID: 4329
- Wednesday, 9:00 AM - 10:30 AM
- Cyert Hall, Osher Room B

*\*Note: Class will not meet on Nov. 23*



Shadows are not only ubiquitous features of the environment, they are also important components of visual art (painting, photography and film), architecture, and literature. This course considers shadows in these media, by discussing topics such as: functions of the word “shadow” in fiction and poetry; how painters from different eras have used, manipulated, and avoided shadows; how shadows in a picture direct a viewer’s attention within the picture and elicits thoughts and emotions that help create stories; how the creation of photographs and film depends on shadows; how film noir created a cinematography of shadows; how shadows function in architecture to create aesthetically pleasing livable environments. The discussions of visual art and architecture are expanded versions of these topics from “The Science, Mystery and Art of Shadows” taught in Fall 2021. The course will consist of lectures and videos, plus class discussion and a few short visualization and writing exercises

**Bruce Goldstein** was on the faculty of the psychology department at Pitt, and is affiliated with the psychology department at the University of Arizona. He received the Chancellor’s Distinguished Teaching Award from the University of Pittsburgh for his classroom teaching and textbook writing. Bruce has written two widely used college textbooks, *Sensation and Perception*, which is now in its 11th edition, and *Cognitive Psychology: Connecting Mind, Research and Everyday Experience*, which is in its 5th edition. In addition, in 2020 he published *The Mind* for MIT Press, which is based on his OLLI course, *Your Amazing Mind*. He teaches OLLI courses on the mind; cognition and aging; and writing at CMU, Pitt and the University of Arizona. He is currently writing a book on Shadows for the University of Cambridge Press.

## RELIGION/PHILOSOPHY

### Muhammad And The Quran

*Study Leader:* Aliya Khan

- 5 Classes: Aug. 31 – Sep. 28 Class ID: 4348
- Wednesday, 12:30 PM - 2:30 PM
- Cyert Hall, Osher Room A



This course follows the life of the Prophet Muhammad and his mission to spread the message of the Quran. It intertwines events in his life and his preaching, providing a context and deeper understanding of the Quran. We look at the repercussions of his message for his society and the world.

**Aliya Khan** holds a Master of Science in Public Policy and Management from the Heinz School at Carnegie Mellon University as well as a Bachelor of Arts degree in English Literature from Barnard College. For the past 20 years, she has been a Business Manager at Elliance, Inc., an internet marketing firm that her husband founded. In her current position as Business Manager, Aliya oversees all aspects of account management and human resources. She is actively involved at her mosque, the Monroeville Community Center of Greater Pittsburgh. She leads an Aesthetic Committee and Book Club at the Center. She is also actively involved in numerous interfaith activities including the Daughters of Abraham Interfaith Book Club, and an Interfaith Dialogue Group in Squirrel Hill. For the past 6 years she has been teaching classes on Islam at the Osher Lifelong Learning Institute at the University of Pittsburgh and CMU.

## An Introduction To Sikhism

Study Leader: Christine Asenjo

- 3 Classes: Aug. 31 – Sep. 14 Class ID: 4399
- Wednesday, 3:00 PM - 4:30 PM
- Cyert Hall, Osher Room A

This course is an Introduction to Sikhism, a religion founded in the 1500s by Guru Nanak in Punjab. A monotheistic religion, its adherents believe in One Supreme God. There is an ideology of optimism and hope. Sikhs have an honor bound duty, at the risk of their own lives, to save others from danger and to stand up for their own, as well as others', beliefs. An ideal Sikh, a warrior-saint, is one who frightens no one and is afraid of no one. The course will cover their basic beliefs, their status in Indian society, and the lasting effects of the political events of 1984. We'll examine how members of this faith, with their recognizable outward appearance, navigate the world. Their distinct belief system, code of conduct and sense of honor provides its adherents with inspiration to lead moral and honorable lives.

**Christine Asenjo** is International Programs Coordinator in the Office of International Education, Carnegie Mellon University. She received her B.A. in English and technical writing at Penn State; and her M.A. in religious studies at the University of Pittsburgh. Her research focus was on the weekly Hindu ritual for Lord Vishnu at the Sri Venkateswara Temple in Penn Hills, and for the last 20 years, she's been actively involved with the Indian community in Pittsburgh. An ongoing interest in South Asian culture has led to further research into the vibrant and inspirational Sikh faith, which is often misunderstood as being a branch of Hinduism. Most Americans know little about it, even though it is the world's fifth largest religion, with 25 million Sikhs living in India, and 500,000 in the United States.



## TRAVEL

### China Before The Pandemic

Study Leader: Katrina Zeigler

- 1 Class: Oct. 13 Class ID: 4379
- Thursday, 10:45 AM - 12:15 PM
- Cyert Hall, Osher Room B



Traveling thru China in October and November 2019. The trip included visiting the University in Changsha, the Terracotta Soldiers in Xi'an, walking thru the massive gardens that are a tribute to Mao tse-tung, traveling the high speed trains, Tiananmen Square, The Forbidden City and the Great Wall. At the time of my visit Covid was not an issue. Three months after my return it became a Pandemic.

**Katrina Zeigler** retired from Children's Hospital of Pittsburgh where she worked for 45 years. Since then, she has spent her time traveling. This trip to China was such an opportunity. Her youngest brother is a retired college professor who was offered a teaching position at the University in Changsha to teach Macro Economics to the students there. He was traveling there twice a year for 6 to 8 weeks. Her sister in law, his wife, asked her to go with them on this trip, not knowing it would be his last trip. He is presently still teaching all the classes on line.

# CMU CAMPUS MAP

## BUILDINGS

- 1 **Cyert Hall** (*Osher Office & Classrooms*)

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- 2 **Werner Hall**

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- 3 **University Center** (*Food Options*)

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- 4 **Purnell Center for the Arts** (*Chosky Theater*)

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- 5 **College of Fine Arts**

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- 6 **Tepper Quad** (*Food Options*)

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- 7 **Mellon Institute** (*See map below*)



## PORT AUTHORITY BUS STOPS

- 8 **Morewood & Forbes Ave Inbound**  
(*heading towards downtown*)

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- 9 **Morewood & Forbes Ave Outbound**  
(*heading towards Squirrel Hill*)

## PARKING GARAGES & LOTS

### 10 East Campus Parking Garage

#### EAST CAMPUS GARAGE

GPS Address:

5040 Forbes Ave., Pittsburgh, PA 15213

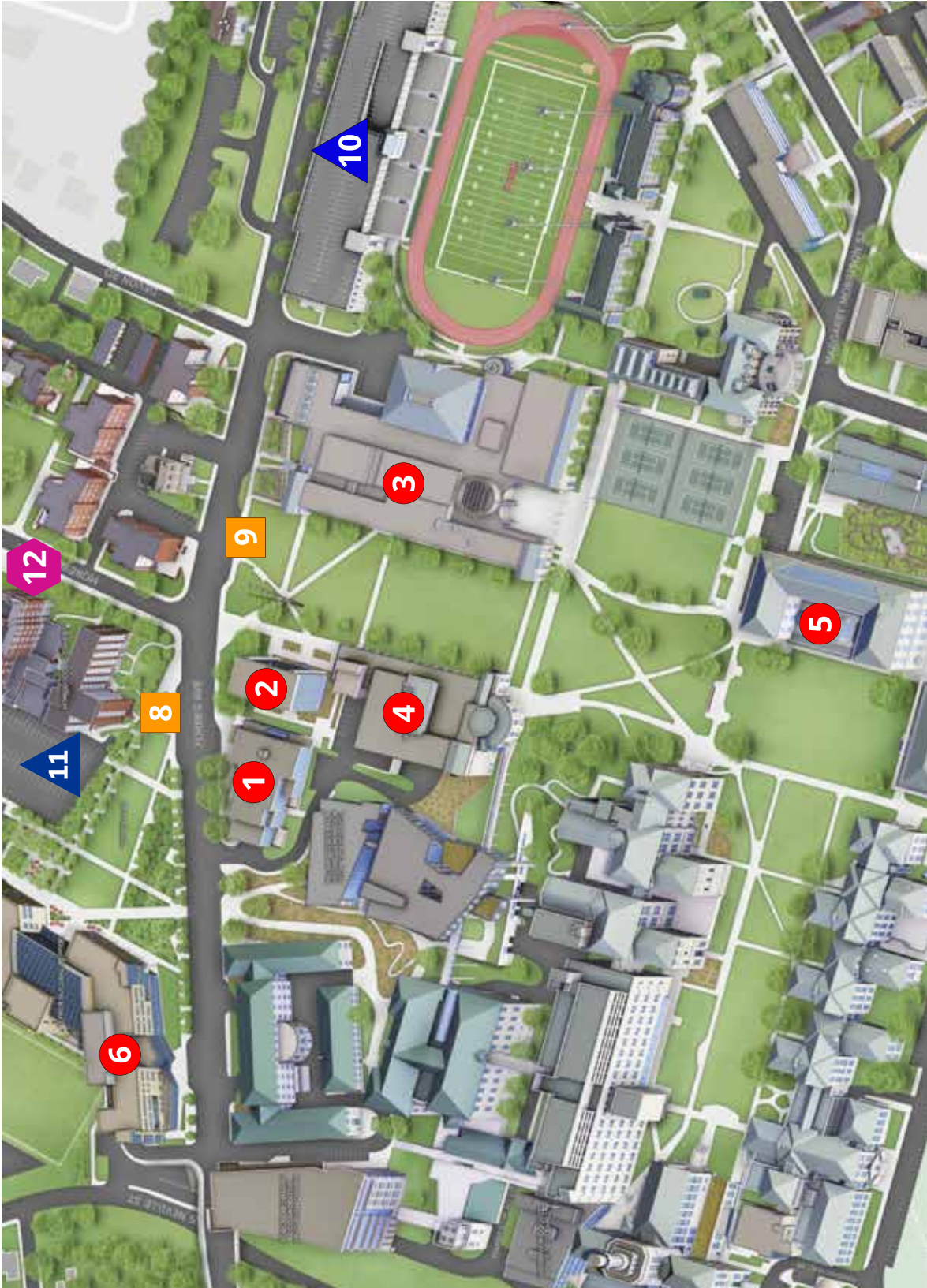
TIME	COST
Up to 30 minutes	FREE
Up TO 1 hour	\$9.00
1-3 hours	\$11.00
3-5 hours	\$13.00
5-7 hours	\$16.00
After 5PM	\$7.00
Weekend	\$9.00
Lost Ticket	\$27.00

### 11 Morewood Parking Lot

*Morewood Parking after 5:00pm until 8:00am is free Monday – Friday. Weekend parking after 5:00pm Friday until Monday at 8:00am is also free.*

## CMU SHUTTLE STOP

- 12 **Morewood Gardens**  
Rate information available at:  
[cmu.edu/parking/shuttle/](http://cmu.edu/parking/shuttle/)



**Carnegie Mellon University**



**CAMPUS MAP**

# EDEN HALL CAMPUS

6035 RIDGE ROAD, GIBSONIA, PA 15044

Classes in this section will be held on the Chatham -  
Eden Hall Campus, Gibsonia, PA.





# ARTS & HUMANITIES

Literature

## LITERATURE

### *Our Town* And Ourselves

Study Leader: David Fortun

- 5 Classes: Oct. 27 – Dec. 1\*      Class ID: 4281
- Thursday, 10:45 AM - 12:15 PM
- Eden Hall Campus - TBD,

\*Note: Class will not meet on Nov. 24

It is said to be performed once each night somewhere in the country. It has been performed in 22 languages in 27 countries. Its playwright, Thornton Wilder, is the only writer in the history of American literature to win Pulitzer Prize for both fiction and drama. It explores “. . . the significance in the trivial acts of life.” (Wilder) It is *Our Town*. This course is 1/3 *Our Town* and 2/3 ourselves. We will devote the first two sessions to a discussion of the play, its history, its structure, and its meaning. Participants should read (reread) the play by the second class meeting, and bring a text to class if possible. The play can be purchased at any new or used bookstore.

**Dave Fortun** has been an Osher member and study leader for 15 years. He has led *Our Town*, *The Five People You Meet in Heaven*, *The History of Professional Baseball in Pittsburgh*, and nine Etymologies courses. Dave is a retired English teacher and a docent at PNC Park.



**Eden Hall Campus is for everyone – students and communities alike. Nurturing a healthier world requires us to share our unique knowledge, appreciate the talents and creativity of others, and harness those energies to make our own contributions in the world.**

#### CONCERTS IN THE AMPHITHEATER

The Eden Hall Summer Series offers a variety of concerts and theater performances for every age. Our event calendar will help fill your summer evenings with great entertainment in the North Hills. Carved directly into the surrounding landscape, the Hilda M. Willis Amphitheater at Eden Hall offers stunning views and a one-of-a-kind, intimate outdoor performance space for musical, theatrical and cultural performances.

#### TRAILS PROJECT AT EDEN HALL

Chatham University, in partnership with the Pennsylvania Department of Conservation and Natural Resources, is completing a Trail Master Planning process for the existing trails on the Eden Hall Campus. Through this process, we are assessing the sustainability of the existing trails and proposing to develop a new trails system. The plan includes an accessible trail loop, a paved trail for those with varying physical abilities that connects to existing paved paths on campus, and a redesigned natural surface track trail through a variety of forest and habitat types. The proposed trail system will include over seven miles of trail.

**For more information, please visit the Eden Hall website at [edenhall.chatham.edu/](http://edenhall.chatham.edu/).**

# LEARN BY DOING

Crafts/Hobbies | Finance/Insurance | Self Improvement



## CRAFTS/HOBBIES

### Progressive Crochet

Study Leader: Cindy Harris

Materials Fee: \$15\*

- 6 Classes: Oct. 24 – Nov. 28
- Monday, 2:45 PM - 4:45 PM
- Eden Hall Campus - TBD

Class ID: 4271



Whether you're new to the craft or an experienced crocheter, this is the course for you. We'll start with a simple "granny" square and progress to more challenging squares each week. Fall in love with one pattern and do lots of that or learn all the new ones — it's up to you to choose as you acquire skills. Bring a set of crochet hooks that include C-J/2.5-6.0mm, available in sets under \$10 on Amazon and elsewhere. Materials fee includes up to 8 mini-skeins of yarn (28 yds each) of many colors. Yarn will be hypo-allergenic (cotton and acrylic), machine-washable.

Please note: *Students will be responsible for obtaining their own set of crochet hooks; the Study Leader can recommend an inexpensive set that they can order.*

**Cindy Harris** has been exploring crochet ever since Mrs. Nagy's 8th grade class in "Family Living" decided they'd rather learn to crochet vests than babysit. As a teen, she made granny square afghans, crazy-square afghans, coats, and vests. Since then she's had yarn and a hook in her hands more often than not and has crocheted socks, hats, scarves, mittens, a commissioned afghan, sweaters, tunics, and even a dress during the pandemic. Along the way, she's introduced everyone from young children to adult friends to the craft and reveled in their creative efforts. She currently hosts a weekly "craft circle" on Zoom for her college friends, and works hard not to add too much yarn to her stash.

*\*Materials fee information located on page 107.*

## FINANCE/INSURANCE

## Understanding And Managing Your Personal Finances

*Study Leader:* Marcia Semper

- 5 Classes: Oct. 24 – Nov. 21 *Class ID:* 4320
- Monday, 10:45 AM - 12:15 PM
- Eden Hall Campus - TBD

Are you faced with the responsibility to manage your personal finances with no prior experience? This course will help you develop your ability to understand your personal finances and your confidence to make better financial decisions. Another key benefit is the potential to decrease your stress in fulfilling these critical and challenging responsibilities. The wide range of topics includes income (interest, dividends, IRAs, Social Security); expenses (budgeting); investments (stocks, bonds, money markets, mutual funds, stock market, asset allocation); estate planning (gifts, financial and health powers of attorney, wills, trusts); income taxes (income and deductions); and insurance (health, long-term care, life).

**Marcia Semper** graduated from Butler High School as an honor student, having completed all courses from 1st to 12th grade with an A average. She earned a BA in math from CMU, taking the first computer science courses offered, was president of her sorority, and a member of the choir and musical. She then began a career as a Systems Engineer at IBM, earned an MBA with a focus on finance from Case Western Reserve U., and was promoted to IBM management after six years, serving as a manager of Systems Engineering and Marketing. She led teams in the sale and installation of systems solutions to the business needs of accounts including Westinghouse, PNC Bank, Blue Cross, utilities, universities, and government. Post retirement, Marcia was employed at PNC, managing the systems integration of acquired banks, served as an adjunct professor in business at Penn State, and currently is self-employed as a Professional Organizer providing personal finance consulting, including income tax preparation and de-cluttering services. Her volunteer initiatives have included supporting fundraising for the American Cancer Society, teaching “Understanding and Managing your Personal Finances” in Carnegie Mellon’s Osher program, serving as a church leader, and producing high school musicals.

## SELF IMPROVEMENT

## Keeping The Keys

*Study Leader:* Terri Anthony

- 1 Class: Dec. 1 *Class ID:* 4364
- Thursday, 12:30 PM - 1:30 PM
- Eden Hall Campus - TBD

**ONE  
DAY**

Keeping the Keys can help prolong your driving years. This presentation is designed to help keep senior drivers on the road for as long and as safe as possible. The presentation is filled with tips and resources for older drivers, information on pedestrian safety, and an update on PA driving laws.

**Terri Rae Anthony** has been in the safety field for more than 35 years and has spend the past 20 years as a Safety Advisor at AAA East Central.

# SCIENCE

Environment



## ENVIRONMENT

### Community Science For A Changing Climate

*Study Leader:* Becky Lubold

- 2 Classes: Oct. 12 and Oct. 19      *Class ID:* 4437
- Wednesday, 2:45 PM - 4:15 PM
- Eden Hall Campus - TBD



**TWO  
DAY**

Discover how individuals can contribute to an overall understanding of climate change and its impacts on plants, animals, and ecological and global systems. This course will illustrate ways that YOU can participate in scientific research, from observing and counting birds and insects, to measuring and mapping precipitation, to monitoring seasonal changes in local plants, and more. The first class session will present an indoor overview of community science (AKA “citizen science”)—what it is, its value and importance to researchers, examples of projects and fascinating findings that have resulted. Session two (beginning indoors, then a possible outdoor walk and observation) will focus specifically on several bird-related community science projects. It will include instructions for participating; demonstrations of helpful tools and resources; practice in observing, identifying, counting and submitting data; and encouragement to get involved on your own in the coming months.

**Becky Lubold** is an environmental educator whose career and passion have converged in sharing with people of all ages the joys of discovery in the natural world and the importance of our connections to it. Having a Bachelor’s degree in Art Education from Indiana University of Pennsylvania and a Master’s degree in Environmental Education from Slippery Rock University, she retired from Pennsylvania State Parks at Jennings Environmental Education Center and has volunteered over many years with the Institute for Earth Education, regional watershed associations, Slippery Rock Farmers Market, and other organizations. Ms. Lubold continues to be involved with various environmental, local foods, and community efforts, including educating about climate change, holding board and committee positions with Bartramian Audubon Society, and partnering in community-engaged learning at Slippery Rock University, where she also serves on the President’s Commission on Sustainability. She is a member and future resident of Rachel Carson Ecovillage, the co-housing community that will be located on Chatham’s Eden Hall Campus.

# SOCIAL SCIENCES

History | Religion/Philosophy

## HISTORY

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### The Red Scare

*Study Leader:* Stanley Winikoff

- 2 Classes: Oct. 13 and Oct. 20
- Thursday, 2:45 PM - 4:45 PM
- Eden Hall Campus - TBD,



*Class ID:* 4312

From the end of the Russian Revolution until today, Americans have been concerned with the influence of Russia in American life. To counter that, America acted with a number of harsh measures from outright intimidation with the Palmer Raids of the 1920's to legislation which impinged on the free speech of Americans.

**Stan Winikoff** is a retired attorney, a member of the Board of Directors of Osher and Chair of the Curriculum Committee. He has taught courses on the life and times of Edward R. Murrow and a number of movie courses.

## RELIGION/PHILOSOPHY

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### Journeying Through The Gospels

*Study Leader:* Tina Whitehead

- 6 Classes: Aug. 29 – Oct. 10\*
- Monday, 10:45 AM - 12:15 PM
- Eden Hall Campus - TBD



*Class ID:* 4383

*\*Note: Class will not meet on Sep. 5*

Using maps and pictures that I've taken during my 16 years of living in The Land of the Bible, we will travel together through the gospels. This course will actually cover 2 semesters. Part 1 will begin with the Gospel of Mark and also include Matthew's Gospel. Part 2 will focus on the Gospels of Luke and John. Maps will show the flow of the stories; pictures will be used to show the geography, then and now, and also to illustrate teachings and places.

**Tina Whitehead**, a Canadian and a graduate of Duquesne University with an M.A. in Spiritual Formation, has been volunteering in Jerusalem and the West Bank since October 2006. Her primary work has been with Sabeel, a Palestinian Christian Peace and Justice movement. In October 2015, she helped coordinate a regional Friends of Sabeel conference in Pittsburgh with the theme, "We Refuse to Be Enemies." In addition, she has worked with the Bethlehem Bible College where she helped coordinate three international "Christ at the Checkpoint" conferences, in 2010, 2012 and 2016. Up until the past year's Covid travel restrictions, she had also been working as a hospitality representative in Bethlehem for an American tour company, giving lectures and helping organize dinners with Palestinian families. She presently resides in Verona.

# EDEN HALL CAMPUS MAP

## Directions to Eden Hall Campus:

### From Chatham Shadyside Campus:

- Turn right on Fifth Avenue from Woodland Road.
- Fifth Avenue becomes becomes PA-8/ Blue Belt.
- Follow PA-8/Blue Belt/Washington Road to Allegheny River Boulevard. Turn left toward Highland Park Bridge.
- Exit Highland Park Bridge to Route 28S.
- Exit at Route 8.
- Follow Route 8 North to Butler (14 miles).
- Take the Bakerstown Road/Red Belt Exit adjacent to Bakerstown Feed & Garden Center (Heckert Road).
- At first stop sign, turn left onto the Red Belt/Bakerstown Road.
- Follow the Red Belt to Ridge Road and turn right. Eden Hall is ½ mile ahead on your left.

### From Downtown Pittsburgh:

- Follow Interstate 279 North; merge onto I-79 North.
- Take Exit 75 to US 19 South/Warrendale.
- Turn right at Red Belt to Warrendale Bakerstown Road. Continue straight through stoplight intersection.
- At Wallace Road intersection, turn left and continue to Red Belt/Warrendale Bakerstown Road.
- At intersection at end of road, turn left and continue to Red Belt/Bakerstown Road.
- Follow for three miles and turn left at Ridge Road. Eden Hall is ½ mile ahead on your left.

### From the North:

- Take Exit 75 to US 19 South/Warrendale.
- Turn left onto Red Belt (Warrendale Bakerstown Road).
- At Wallace Road intersection, turn left and continue to Red Belt/Warrendale Bakerstown Road.
- At intersection at end of road, turn left and continue to Red Belt/Bakerstown Road.
- Follow for three miles and turn left at Ridge Road. Eden Hall is ½ mile ahead on your left.

### From the East:

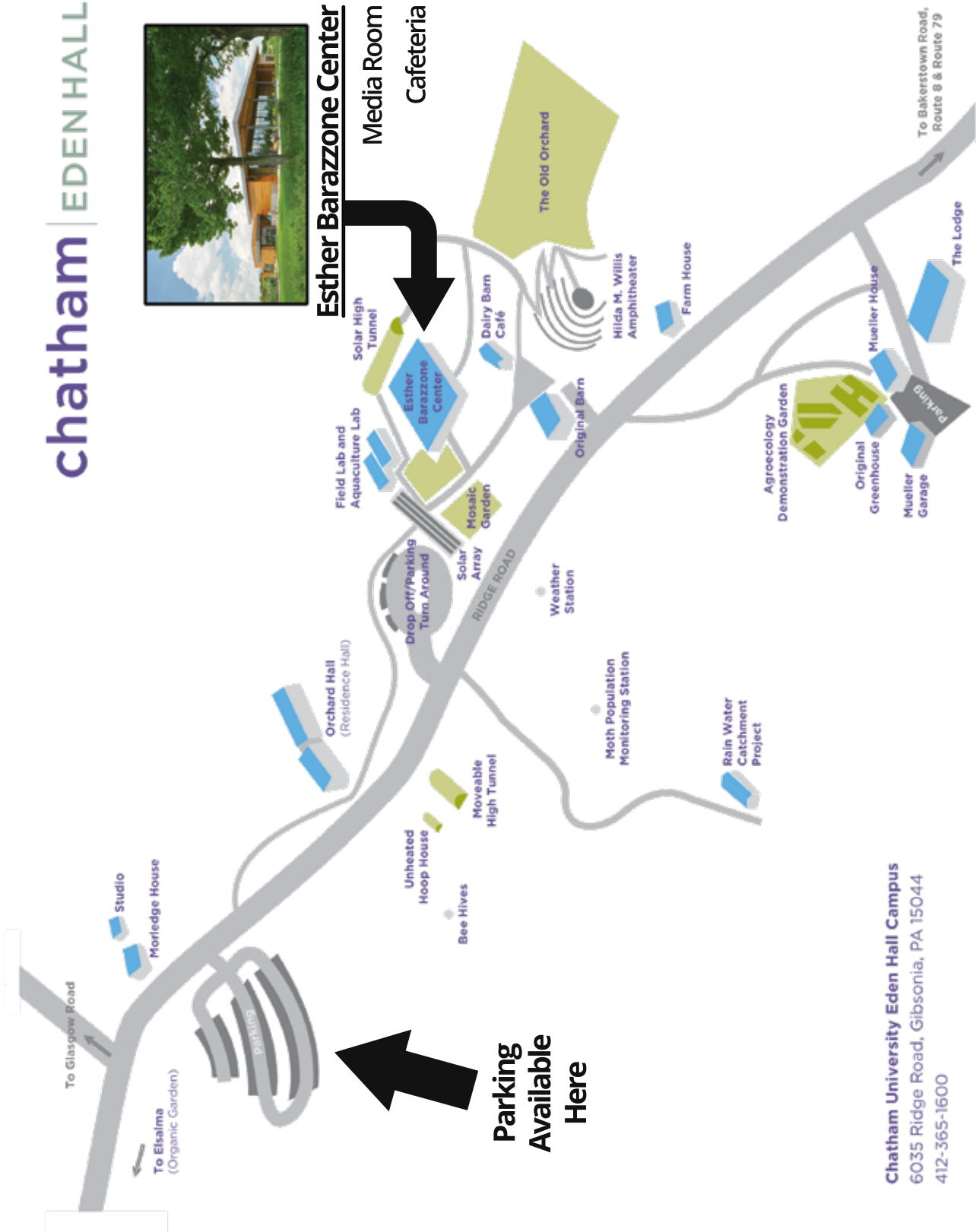
- Follow the Pennsylvania Turnpike/I-76 East to Ohio. Take Exit 39 for PA Route 8 North to Butler.
- Merge onto Route 8/William Flynn Highway.
- Follow Route 8 North to Butler.
- Take the Bakerstown Road/Red Belt Exit adjacent to Bakerstown Feed & Garden Center (Heckert Road).
- At first stop sign, turn left onto the Red Belt/Bakerstown Road.
- Follow the Red Belt to Ridge Road and turn right. Eden Hall is ½ mile ahead on your left.

### From the West:

- Follow US Route 22/30 from Ohio/West Virginia.
- Continue on Stuebenville Pike and take Exit 60A.
- Merge onto Interstate 79 North.
- Take Exit 75 to US 19 South/Warrendale.
- Turn right at Red Belt to Warrendale Bakerstown Road. Continue straight through stoplight intersection.
- At Wallace Road intersection, turn left and continue to Red Belt/Warrendale Bakerstown Road.
- At intersection at end of road, turn left and continue to Red Belt/Bakerstown Road.
- Follow for three miles and turn left at Ridge Road. Eden Hall is ½ mile ahead on your left.



**Esther Barazzone Center**  
Media Room  
Cafeteria



**Parking Available Here**

**Chatham University Eden Hall Campus**  
6035 Ridge Road, Gibsonia, PA 15044  
412-365-1600

# ZOOM

Classes in this section will be held online via Zoom.





# ARTS & HUMANITIES

Art | Cinema/Film | Literature | Music



## ART

### Virtually Visit The Maxo Vanka Murals

Study Leader: Becky Gaugler     Materials Fee: \$8\*

- 1 Class: Oct. 21     Class ID: 4415
- Friday, 10:45 AM - 12:15 PM
- Online Course, Zoom



This course will introduce participants to the awe-inspiring murals of Croatian artist Maxo Vanka through a 90-minute virtual tour with Director of Education & Interpretation, Becky Gaugler. Participants will discover how these striking works, covering the walls and ceiling of the sanctuary of the St. Nicholas Croatian Catholic Church, were painted over two intense periods in 1937 and 1941 and reflect the lived experiences of the church's working-class, immigrant congregation and timeless themes of struggle, sacrifice, faith, and hope. During this tour, Becky will share the stories behind the artist himself, the murals, and the history of the church and its Croatian immigrant congregation. This unique site is at the intersection of history, art, and social justice — there is something for everyone.

**Becky Gaugler** is the Director of Education & Interpretation at the Society to Preserve the Millvale Murals of Maxo Vanka. She holds degrees in art history and has been working in museum education for almost 20 years. Becky previously worked as the Manager of School & Teacher Programs at Carnegie Museum of Art and most recently as a freelance consultant with a variety of area museums and nonprofits, including the Heinz History Center, the Arts Education Collaborative, and the Children's Museum of Pittsburgh.

*\*Materials fee information located on page 107.*

## Andy Warhol And The Kennedys

Study Leader: Warhol Museum

- 1 Class: Oct. 20 Class ID: 4377
- Thursday, 3:00 PM - 4:30 PM
- Online Course, Zoom

NEW

ONE DAY

Andy Warhol once said “the best family in the world is the Kennedy-Onassis-Bouvier-Beale-Radziwill family.” This course focuses on Andy Warhol’s interactions with the extended Kennedy family. Participants will learn more about Warhol’s famous portraits of Jackie O, as well as his lesser known Kennedy portraits and his friendships with Caroline Kennedy, Maria Shriver, and Lee Radziwill.

**Grace Marston** is a Gallery Educator at the Andy Warhol Museum. She has worked at the museum for over ten years and aspires to become the preeminent Warhol scholar of her generation. She has conducted gallery talks, tours, and workshops for audiences of all ages and backgrounds. She specializes in LGBTQ+ Education, Senior Education, and research projects.



CINEMA/FILM

## Andy Warhol And The Principles Of Pop Art

Study Leader: Warhol Museum

- 1 Class: Oct. 13 Class ID: 4376
- Thursday, 3:00 PM - 4:30 PM
- Online Course, Zoom

NEW

ONE DAY

This course is an introduction to the art and legacy of Andy Warhol. Learn about the core concepts of the Pop Art movement such as appropriation, seriality, and iconography from popular culture. The presentation will feature some of Warhol’s most famous artworks such as his Campbell’s Soup Can paintings, Brillo Box sculptures, and celebrity portraits, as well as rare archival materials from the collection of The Andy Warhol Museum. Participants will examine how and why Warhol became one of the most important artists of the 20th century.

**Grace Marston** is a Gallery Educator at the Andy Warhol Museum. She has worked at the museum for over ten years and aspires to become the preeminent Warhol scholar of her generation. She has conducted gallery talks, tours, and workshops for audiences of all ages and backgrounds. She specializes in LGBTQ+ Education, Senior Education, and research projects.

## A Night At The Movies - Bergman

Study Leader: Stanley Winikoff, Jeffrey Swoger

- 6 Classes: Aug. 31 – Oct. 5 Class ID: 4300
- Wednesday, 10:45 AM - 12:15 PM
- Online Course, Zoom

NEW

Ingmar Bergman directed more than 60 films and documentaries for cinematic release and for television screenings, most of which he also wrote. His films are known as “profoundly personal meditations into the myriad struggles facing the psyche and the soul.” Director Martin Scorsese commented that “it’s impossible to overestimate the effect that [his] films had on people.” The course will feature 6 Bergman classics, which students will watch prior to each class. During class, one of the study leaders will lead a discussion that touches on such aspects as plot, direction, acting, cinematography and musical score. If some films are difficult to obtain, one of the instructors will screen the film prior to class. Class participation is strongly encouraged.

**Stanley Winikoff** is a retired trial lawyer who chairs the Osher Curriculum Committee and teaches courses on movies.

**Jeffrey Swoger** has taught a wide range of arts and humanities courses in music, architecture, film, and design.

## A Night At The Movies - Broadway To Hollywood

Study Leader: Stanley Winikoff, Jeffrey Swoger

- 6 Classes: Oct. 28 – Dec. 9\* Class ID: 4301
- Friday, 10:45 AM - 12:15 PM
- Online Course, Zoom

\*Note: Class will not meet on Nov. 25



The Broadway stage has been a rich source for movies – both musical and serious. For this movie course we will explore the more serious side of the Broadway stage, as adapted for the silver screen. As always, students will view the film at their leisure prior to the class. During class, one of the study leaders will lead a discussion that touches on such aspects as plot, direction, acting, cinematography, and musical score. If some films are difficult to obtain, one of the instructors will screen the film prior to class. Class participation is strongly encouraged.

**Stanley Winikoff** is a retired trial lawyer who chairs the Osher Curriculum Committee and teaches courses on movies.

**Jeffrey Swoger** has taught a wide range of arts and humanities courses in music, architecture, film, and design.

## 100 Years Of Comedy: What Has Made Us Laugh

Study Leader: Abe Vorensky

- 5 Classes: Oct. 24 – Nov. 21 Class ID: 4390
- Monday, 10:45 AM - 12:15 PM
- Online Course, Zoom



What makes us laugh? This course covers comedy on our shores in the last 100 years. Topics will include vaudeville, film, radio and television, along with a class detailing comedians who learned their craft entertaining in night-clubs and Catskill mountain hotels. Classes will also include commentary on comedies' role in our political and social thought.

**Abe Vorensky** possesses a lifelong love of and depth of knowledge about comedy specifically its diverse history. This love began when Abe worked as an MC in a Catskill mountain hotel where he sang, told jokes and introduced other entertainers. Through the years, Abe has remained an enthusiastic humor and comedy historian focusing on how comedy has played a role in our personal, social, and political thought.

## LITERATURE

### Shakespeare's *Cymbeline*

Study Leader: William Guy

- 6 Classes: Sep. 1 – Oct. 6 Class ID: 4336
- Thursday, 3:30 PM - 5:30 PM
- Online Course, Zoom



A close study of one of Shakespeare's late and most fascinating plays. It is grouped along with the tragedies in the First Folio but of course it ends happily or in a complicated happiness so how should it be characterized? As a romance or a tragicomedy? Or a kind of history play? Or a fairy tale, a fable? Perhaps the tag does not matter. It comprises some of Shakespeare's profoundest reflections on the interaction of the sexes or perhaps one should say on the problem that men have in dealing with women (the heart of male darkness). The language of the play is an example of the late style in which Shakespeare surpassed even himself for complexity, daring, beauty, and prosodic perfection.

**William Guy** is a poet, novelist and writer of travel books. His published works include *The Lyndoniad*, a long poem; *Gravity's Revolt*, a novel; and a translation of *The Iliad*. He has a Ph.D. in English Renaissance literature from Princeton University. His particular area of expertise is Sixteenth and Seventeenth Century poetry and drama.

## Return To Maycomb - A Homage To Harper Lee

*Study Leader:* Michael Mariani

- 6 Classes: Oct. 25 – Nov. 29      *Class ID:* 4392
- Tuesday, 9:00 AM - 10:30 AM
- Online Course, Zoom

Harper Lee's *To Kill a Mockingbird* showcases a literary mastery of language while telling a compelling story. Its sustained popularity is unprecedented. Some call it the great American novel. This class studies this merited acclaim through Harper Lee's characterization and juxtaposition of lively, memorable, and iconic characters—the brilliant point of view, told by a child through whose eyes we see and experience stark bigotry and racism, friendship and loyalty, truth, and secrets—still mainstay issues today. Media bombard us with numbing images while Ms. Lee lets us “peek behind closed doors” to learn, live, and understand as Scout, Jem, and Dill witness insidious prejudice, unflinching courage, and the power of truth and love. Our appreciation of *Mockingbird* builds with each reading, reflection, and discussion of the literary art, craft, and skill used by, as Truman Capote said, “Someone rare . . . a writer with the liveliest sense of life . . .”

**Mike Mariani** is a retired English / Reading / Writing teacher of over 45 years (middle school, high school, and community college). He received his B.S. in Education from Duquesne (cum laude) and Masters in English from Catholic University. A love of reading and literature spawned a love of writing and its analysis as well. A writer's secrets are all in the open so an appreciation of literature enhanced the appreciation of writing. An active study of literature can come from reflective writing, a literary passage or poem, a memory of an experience and its meaning. Mariani's study brought published writers to his classes to discuss the process of writing including spy novelist Larry Bond, Pulitzer Prize poet Henry Taylor, DC Poet and Laureate Dolores Kendrick. Mr. Mariani also heard Maya Angelou and John Irving among others. Their insight added greatly to his writing classes. Mr. Mariani has published poetry in Virginia Writing and op-ed articles in Journal newspapers. He has designed 3 writing courses while teaching in Fairfax County, VA: Creative Writing - a half year course, Creative Writing - a yearlong course, and Advanced Composition - year long.

## Great And Notable Novels Read And Revisited

*Study Leader:* Mary Schinhofen, Ken Joseph, Helen-Faye Rosenblum, Gloriana St. Clair

- 6 Classes: Sep. 1 – Nov. 10\*      *Class ID:* 4334
- Thursday, 1:00 PM - 3:00 PM
- Online Course, Zoom

With an emphasis upon earlier works and canonical selections, the Great Novels study group will read and discuss significant novels of the 18th, 19th, 20th, and occasionally the 21st centuries. From the vantage point of age and experience, what insights can we share now that were not available during a previous reading? This course provides opportunities to read novels that we may have “saved for later” or ones that we never knew existed. Class members are encouraged to lead a book discussion session. The class meets on alternate weeks.

Please note: *Course dates: Sep. 1, 15, 29, and Oct. 13, 27, and Nov. 10.*

**Mary Schinhofen** earned a B.A. degree in literature and philosophy and went on to raise a family and teach English literature at the University School in Shadyside. She has since retired in order to devote more time to reading, writing, and watercolor painting. An Osher member, she is deeply and passionately committed to the continuing education of everyone, especially those who have purportedly reached the age of wisdom. Teaching this class fulfills a lifelong dream of hers.

**Ken Joseph** is a graduate of St. John's College (Annapolis) and the Duquesne University School of Law. He spent most of his working life as an attorney and has always enjoyed reading and discussing good literature.

**Helen-Faye Rosenblum**, a Phi Beta Kappa graduate of Chatham College, also received undergraduate and graduate education at Barnard College and the University of Pittsburgh. She is the author of two novels published by Putnam with further work in progress. Her first novel, *Minerva's Turn*, won the Ohioana State Library Award for fiction. She has reviewed books and the arts for the *Cleveland Plain Dealer*, the *Pittsburgh Press* and numerous smaller publications and radio stations. She has taught and lectured in many venues, from universities and public schools to the U.S. Correctional System in Ohio. She is a past president of A.L.L. (Osher).

**Gloriana St. Clair** served as the Dean of University Libraries at Carnegie Mellon University from 1998 to 2014. She also served as the University liaison with Academy for Lifelong Learning and subsequently Osher Lifelong Learning at Carnegie Mellon University. She holds a B.A. and Ph.D. in literature from the University of Oklahoma; a master's degree in library science from the University of California, Berkeley; and an M.B.A. from the University of Texas.

## Short Stories: The Short Of It

Study Leader: Helen-Faye Rosenblum

- 6 Classes: Sep. 12 – Oct. 24\* Class ID: 4296
- Monday, 1:00 PM - 3:00 PM
- Online Course, Zoom

\*Note: Class will not meet on Sep. 26

- 6 Classes: Sep. 12 – Oct. 24\* Class ID: 4297
- Monday, 3:30 PM - 5:30 PM
- Online Course, Zoom

\*Note: Class will not meet on Sep. 26

Practitioners and students of the art and craft of short fiction often ask themselves (and each other) where stories begin and end. How do we draw the line between truth and fact, fiction and memoir, fantasy and memory? In this course, participants will use a variety of contemporary short stories to address the questions. The answers may be elusive, but the quest will be gripping. We will use fresh stories every term, so that the course description is the same, but the content is always fresh.

**Helen-Faye Rosenblum**, a Phi Beta Kappa graduate of Chatham College, also received undergraduate and graduate education at Barnard College and the University of Pittsburgh. She is the author of two novels published by Putnam with further work in progress. Her first novel, *Minerva's Turn*, won the Ohioana State Library Award for fiction. She has reviewed books and the arts for the *Cleveland Plain Dealer*, the *Pittsburgh Press* and numerous smaller publications and radio stations. She has taught and lectured in many venues, from universities and public schools to the U.S. Correctional System in Ohio. She is a past president of A.L.L. (Osher).

## MUSIC

### Irving Berlin, An American Institution

Study Leader: Martin Schneit

- 1 Class: Oct. 17 Class ID: 4400
- Monday, 10:45 AM - 12:15 PM
- Online Course, Zoom

ONE  
DAY

Jerome Kern concluded that Irving Berlin has no place in American music. He is American music. During Irving Berlin's career, he published an estimated 1,500 songs. Marty will discuss how the immigrant boy from Russia became the classic ragtime to riches story. Irving Berlin's first published song earned him 37 cents. Sit down and listen to the story of one of the greatest songwriters of popular songs, songs like Alexander's Ragtime Band, God Bless America, White Christmas, A Pretty Girls is like a Melody, Puttin on The Ritz and Three is No Business Like Show Business.

**Marty Schneit** is a born and bred New Yorker and Historian. Marty has lectured at the New York Public Library, JCC, The 92nd Street Y, The Health Outreach Program of New York Presbyterian Hospital, Central Synagogue, Hebrew Home for the Aged at Riverdale, The Ziegfeld Society of New York, the patients at the Memorial Sloan Kettering Hospital in Manhattan, the Lincoln Center Campus of Fordham University. The Jewish Braille Institute has recorded Marty's lectures for their audio magazine and lecture series.



## Opera Aural Dissection For Beginners

Study Leader: Marilyn Egan

- 4 Classes: Sep. 7 – Sep. 28 Class ID: 4321
- Wednesday, 1:30 PM - 3:00 PM
- Online Course, Zoom



Why are some opera arias beloved despite being from obscure works, such as “The Vixen’s Aria” from Leoš Janáček *The Cunning Little Vixen*? Why are the most memorable opera excerpts sometimes ensembles instead of arias, such as the trio “Soave sia il vento” from Mozart’s *Così fan tutte*? What causes “La donna è mobile” from Verdi’s *Rigoletto* to become a melodic “earworm”? This course will dissect the music theory aspects of opera excerpts, using easy to understand terms, in order to explore opera music from the inside out. Participants will learn how the Fibonacci sequence applies to music and how composers use melody, harmony, and form to grab listeners’ attention. And after dissecting the music, the course will include entire operatic selections to enjoy.

**Marilyn Michalka Egan**, Pittsburgh Opera Director of Education, Ph.D. enjoys opening new doors to opera for students of all ages. She will be joined by staff members and opera artists who will share their specific areas of expertise about opera.

## Ups And Downs, Music And Emotions: Part 2

Study Leader: Owen Cantor

- 3 Classes: Sep. 7 – Sep. 21 Class ID: 4269
- Wednesday, 9:00 AM - 10:30 AM
- Online Course, Zoom

Music often engenders intense emotional reactions. Although it’s hard to quantify, being open to the effects of certain tunes can be illuminating and satisfying. One just “feels” it inside. In this course, the ups and downs will often come unexpectedly. Enjoy the curious effect—laughter, foreboding, utter sadness, and an abandonment of pre-determined notions that block memories. Stretch your imagination with “ear yoga.”

**Owen Cantor**, DMD, University of Pittsburgh School of Dental Medicine, was founder and music director of the Summerfest Chamber Music Festival in Fox Chapel, Pennsylvania. In addition to being a practicing dentist, he was a freelance French horn player and a student of Forrest Standley of Carnegie Mellon University. He was formerly an Artist-Lecturer at the Carnegie Mellon University School of Music and now teaches Osher classes on diverse topics in music and cultural history.

# BUSINESS & COMMERCE

Law | Finance/Insurance

## LAW

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### Emerging Legal Issues

*Study Leader:* David DeFazio

- 6 Classes: Oct. 27 – Dec. 8\* *Class ID:* 4268
- Thursday, 1:00 PM - 2:30 PM
- Online Course, Zoom

*\*Note: Class will not meet on Nov. 24*

Choosing weekly topics reported in the national newspapers, each week the instructor will explore how the law struggles to keep pace with advances in science, technology, and social movements; in short, how the law reacts to our changing society and how our society responds to a changing legal landscape. Topics can include anything from recent SCOTUS opinions to private and governmental legal actions.

**David J. DeFazio** graduated from La Roche University and Duquesne University School of Law and works as a private attorney whose practice focuses on litigation and which has spanned the legal spectrum from death penalty cases to routine family law matters. DeFazio has been an adjunct instructor at the University of Pittsburgh's Legal Studies Program since 1987.

### From Arrest To Trial

*Study Leader:* Errol Miller

- 6 Classes: Oct. 25 – Nov. 29 *Class ID:* 4325
- Tuesday, 10:45 AM - 12:15 PM
- Online Course, Zoom

This course deals with the criminal justice system from arrest to trial. Emphasizing the general motives of the criminal law, deterrence, isolation, rehabilitation, and retribution, we'll discuss to what extent these motives are present in making certain acts illegal and in criminal procedures. Topics will include: acts leading to arrest and consequences following arrests; the "war on drugs," and "wars" against vices like gambling, alcohol, pornography and prostitution; pre-trial detention of the accused by denying bail and the detention of witnesses or other steps to secure their cooperation. Classes are enhanced by articles from the media, emailed prior to each session. Much new material is used to reflect changes since the last time the course was taught. Sometimes, a guest speaker such as defense attorney, prosecutor, police officer or offender is invited. This course can be taken independently of Questioning the Criminal Justice System from Trial through Appeal.

**Errol Miller** graduated Dartmouth College and Harvard Law School, and has practiced law for 55+ years. He has been an Osher study leader since 2004, offering 6 different courses. Trust and Estates draws on his 40+ years in planning and administering estates and as a frequent lecturer in Continuing Legal Education on Elder Law. His two part, "Questioning The Criminal Justice System," reflects a life-long interest in Criminal Justice Reform and his experiences as a law clerk to a Pennsylvania Supreme Court Justice; his post-conviction appeals, his activity on Boards of Community Mental Health Agencies, and his participation in local reform groups who share his interest in reforming the system so it is better coordinated with mental health services and principles. "Those Who Trespass Against Us" addresses tort cases with practical advice for non-lawyers on the principles behind most civil cases. "The Current Supreme Court" reviews major decisions since Chief Justice Roberts assumed his position and what changes we might expect as court membership changes. Introduction to Real Estate Law explains the legal principles surrounding real estate transactions.

## FINANCE/INSURANCE

### Seasoned Investors

*Study Leader:* Brett Pechersky

- 5 Classes: Aug. 31 – Sep. 28      *Class ID:* 4369
- Wednesday, 1:00 PM - 2:30 PM
- Online Course, Zoom

Have you lost money with your investment accounts or 401(k) over the years? This course can help both novice and advanced investors discover ways to sidestep major losses through modern investment techniques. Looking to protect your retirement? Learn why stocks and mutual funds fluctuate in value and study various procedures to help you track your performance. Additional items to be discussed include mutual fund analysis, loss control strategies, professional charting techniques, free online research websites, portfolio management tools, and stock selection methodologies. This course is designed for both conservative and aggressive investors. Investment experience is required. Computer/Internet experience is preferred, but not required. Supplemental materials include *Investor's Business Daily* newspaper (free trial available in class).

**Brett Pechersky**, a graduate of Penn State University, is an energetic speaker who has given numerous lectures across the country. His educational courses, including "Seasoned Investors", have been offered through the Franklin Regional Adult School and the Osher Lifelong Learning Institute at Carnegie Mellon University. He offers his educational programming to the American Association of Individual Investors and leads their Investor's Business Daily SIG in Pittsburgh. He is an active business community member.

## VOLUNTEER OPPORTUNITIES

As a volunteer driven organization, Osher at CMU has many ways for members to become more involved in our operations. Over the past two years, members have volunteered their time to help Osher at CMU remain a vibrant program in the online world as Zoom Helpers. Others have given of their time and expertise by serving on committees or the Board of Directors.

We hope you'll consider joining us as a volunteer in one of the following roles:

- **Welcome Desk Volunteer** – welcoming Osher members into our new lounge and classroom space
- **Osher Ambassador** – ensuring that attendance is taken for in-person courses
- **Zoom Helper** – providing Zoom support for online courses
- **Committee Volunteer** – please visit the Osher website to check out Osher committees and how to get involved

*If you're interested in learning more about any of the volunteer opportunities or ways that you can share your talents with us, send us an email to [osher@cmu.edu](mailto:osher@cmu.edu).*



# LEARN BY DOING

Games | Music & Drama | Self Improvement | Wellness | Writing

## GAMES

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### Bridge: Play Of The Hand

*Study Leader:* John Olmsted

- 6 Classes: Oct. 27 – Dec. 8\* *Class ID:* 4310
- Thursday, 10:45 AM - 12:15 PM
- Online Course, Zoom

*\*Note: Class will not meet on Nov. 24*

There is a near-infinite variety of bridge hands, and playing your hand so as to maximize your team's tricks is as much art as science. Play of the Hand provides instruction and practice in both declarer and defender play. We will cover declarer techniques including planning the sequence of play, managing entries, establishing long suits, when and how to finesse, managing the trump suit, end plays and squeezes. We will also look at defensive strategies including opening leads, signaling partner, and deceiving the declarer. The level of coverage will depend in part on the needs of the students, but a basic knowledge of bidding and play will be assumed.

**John Olmsted** has enjoyed playing bridge since he learned the game from his parents at age 10. He was a member of the Carnegie Tech Intercollegiate champion bridge team as an undergraduate, and he and his favorite partner finished fifth in the ACBL national open pairs competition in Pittsburgh in 1958. Although he has played duplicate bridge on and off over the years, he prefers the relaxed social atmosphere of a friendly "party" bridge game. He has taught several levels of Bridge courses for Osher at CMU.

## MUSIC & DRAMA

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### Spirited Fun Through Improv

*Study Leader:* Emily Harris

- 6 Classes: Aug. 31 – Oct. 5 *Class ID:* 4367
- Wednesday, 10:45 AM - 12:15 PM
- Online Course, Zoom

Improv games invite you to come out and play in a safe and lively space where you stay curious, build friendships, and lighten up. No scripts. No wrong answers. Nothing to remember. Just. Have. Fun. Everyday conversations inspire the games and short scenes. "Yes and..." means you listen and accept your partner's suggestions, then add something of your own. You both look brilliant! The sound of laughter makes your day. How cool is that?

**Emily Harris** is an improviser, storyteller, and arts educator. She understands that when we are in an improvised state of play, it's natural to listen, validate, and accept each other. When we blend our stories together we create something greater than ourselves. In January 2020 she founded Spirited Fun Improv as a playful space for vibrant senior women to have fun with their stories and references that reach back to the 1950s. When life suddenly changed for everyone in March 2020, Emily moved the class online, recognizing that improv exploration is ideal preparation for the unexpected – which nowadays, is all the time.

## SELF IMPROVEMENT

### Organize For The Unexpected: Create Your Plan

Study Leader: Jamie Novak

- 1 Class: Oct. 17
- Monday, 9:00 AM - 11:00 AM
- Online Course, Zoom

Class ID: 4406



ONE  
DAY

In the event of an emergency, are you ready to leave your home in one hour? Does someone else know where your important papers are filed? Do you know where your important papers are? Get the peace of mind that comes with getting the important stuff in order. Join author and organizing humorist Jamie Novak, when she shares what belongs in your GO BINDER and all her must-know lists and tips to get things in order.

**Jamie Novak**, an expert professional organizer, has been helping busy people declutter for 25+ years. You may have seen her on morning TV or read her newest book, *Keep This, Toss That*. If you are ready to simplify, Novak can show you how, even if you feel overwhelmed or are attached to sentimental things.

### Grandparenting 101

Study Leader: Mark Diamond

- 2 Classes: Dec. 8 and Dec. 15
- Thursday, 9:00 AM - 10:30 AM
- Online Course, Zoom

Class ID: 4314

TWO  
DAY

A course designed to help grandparents navigate the muddy waters of dealing with the interactions between grandparents, their children, and grandchildren. A review of the latest guidelines on things like immunizations, car seats, discipline etc. will be done. Interactive discussions over various scenarios that commonly occur will be a major part of the class.

**Mark Diamond** is a Pediatrician who practiced 35 years in the South Hills. He has 3 children and 9 grandchildren, and thus has broad experience in this area.

## Respond to the Monkey in your email!

We are sometimes asked why we keep offering that boring, mediocre course. The answer is, we didn't know it was. The members of Osher at CMU decide which courses continue and which don't! To get everyone's feedback, we use a system called Survey Monkey. We are asking for feedback on all new courses, problem courses, and random, frequently offered courses. Your opinion really counts. If you didn't get a Survey Monkey or want to comment on a course, send an email to the office. Thank you for your input!

## Declutter

Study Leader: Rosa Barnett Averbach

- 4 Classes: Aug. 29 – Sep. 26\* Class ID: 4286
- Monday, 10:45 AM - 12:15 PM
- Online Course, Zoom

\*Note: Class will not meet on Sep. 5

How much stuff is enough?! Unless you are a minimalist, you likely have a lot of stuff. However, managing more than enough stuff is a burden that most people don't realize they have. The "care and feeding" that your junk and clutter exact on your space and nerves is unnecessary and a waste of time, effort, and money. Through this course, you will realize that what you thought was enough is likely too much. Now is the time to declutter and downsize your stuff! This class is interactive and stresses a permanent lifestyle change and behavior modification. This course can be taken more than once. Please Note: It is important that all participants participate in the class discussions each week to receive the full benefit of the course. You must have both a camera and a working speaker on your device to take this course.

**Rosa Barnett Averbach** earned a bachelor of science degree from Penn State University and master's degrees in both education and social work from the University of Pittsburgh, as well as certification in interior design from the Art Institute of Pittsburgh. She taught art education in the Swissvale Area Joint Schools. She has also taught adult education classes on topics including Getting Organized, Time Management, Decision Making, and Procrastination. She was director of Create-A-Space, a space- and design-management business. She also worked at St. Francis Hospital as a behaviorist with obese and morbidly obese patients. Her specialty is behavior modification and permanent lifestyle changes. She has been teaching courses at Osher at CMU since 2008.

## Decision Making

Study Leader: Rosa Barnett Averbach

- 2 Classes: Aug. 30 and Sep. 6 Class ID: 4288
- Tuesday, 10:45 AM - 12:15 PM
- Online Course, Zoom

**TWO  
DAY**

Is the fear of change holding you back in life? What keeps you from making changes? Why are you afraid? It's understandable that big decisions like moving to a new home might make some people anxious, but what about smaller decisions like what to wear to a dinner party? You may be suffering from decidophobia or neophobia. If so, it is time to acknowledge them and move forward. Stop stagnating and being afraid of the consequences from decisions when you should be moving on in life. In this interactive course, you will learn how to break your routines and begin trying new experiences. Through self-reflection, you will understand why you fear embracing change and why life adjustments can be difficult. You will also learn how to analyze the likely effects of your decisions. Make the decision to sign up for this course and put your life back into drive.

**Rosa Barnett Averbach** earned a bachelor of science degree from Penn State University and master's degrees in both education and social work from the University of Pittsburgh, as well as certification in interior design from the Art Institute of Pittsburgh. She taught art education in the Swissvale Area Joint Schools. She has also taught adult education classes on topics including Getting Organized, Time Management, Decision Making, and Procrastination. She was director of Create-A-Space, a space- and design-management business. She also worked at St. Francis Hospital as a behaviorist with obese and morbidly obese patients. Her specialty is behavior modification and permanent lifestyle changes. She has been teaching courses at Osher at CMU since 2008.

## Writing Your Own Obituary

*Study Leader:* Susan Morris

- 4 Classes: Aug. 30 – Sep. 27      *Class ID:* 4275
- Tuesday, 10:45 AM - 12:15 PM
- Online Course, Zoom

*\*Note: Class will not meet on Sep. 27*

How do you want to be remembered by your friends and family? Thoughtful? Generous? Accomplished? Amusing? Rather than leaving it to others to decide, why not use your own words to reflect your personality and life? YOU get to choose the story (and the adjectives)! You can make it as serious or as entertaining as you'd like. It's up to you. We will look at examples of obituaries and then you get to write your own. Class will be lively and informative.

**Susan Morris**, a 30-year broadcasting veteran, produced news reports and documentaries for National Public Radio and other news outlets. Her radio work earned Susan numerous honors including two Matrix Women in Communications Awards. The PA Council on the Arts funded her original radio drama. Susan produced radio talk shows with Stanford and Carnegie Mellon students, hosted a TV program on women's health issues and created a radio series on investing. A graduate of Ellis School and Mills College, Susan credits both for her eclectic interests.

## Difficult Conversations

*Study Leader:* Susan Morris, Dena Hofkosh

- 4 Classes: Oct. 25 – Nov. 15      *Class ID:* 4276
- Tuesday, 10:45 AM - 12:15 PM
- Online Course, Zoom

What makes some conversations so difficult that we avoid them or we get so angry we walk away? Together we will explore the emotions underlying difficult conversations, and through role-play exercises, we will practice helpful skills.

**Susan Morris**, a 30-year broadcasting veteran, produced news reports and documentaries for National Public Radio and other news outlets. Her radio work earned Susan numerous honors including two Matrix Women in Communications Awards. The PA Council on the Arts funded her original radio drama. Susan produced radio talk shows with Stanford and Carnegie Mellon students, hosted a TV program on women's health issues and created a radio series on investing. A graduate of Ellis School and Mills College, Susan credits both for her eclectic interests.

**Dena Hofkosh** is a retired pediatrician who was the pediatric residency program director at UPMC Children's Hospital. She has worked with medical students, residents and faculty to enhance their communication skills with colleagues, patients and families. She is a graduate of New York University and New York University School of Medicine; she is Professor Emeritus of Pediatrics at the University of Pittsburgh School of Medicine.



## WELLNESS

### Healthy Eating

*Study Leader:* Rosa Barnett Averbach

- 3 Classes: Oct. 24 – Nov. 7 *Class ID:* 4287
- Monday, 10:45 AM - 12:15 PM
- Online Course, Zoom

Healthy eating involves thinking about what food does for your body rather than simply how it tastes or fills you up. Being mindful and aware of what you eat will help you feel and look better as well as become healthier. Although it is hard to break old habits, this course will help you think about eating as a key to becoming a better you. Through this interactive course, you will learn to modify your eating behaviors and make permanent lifestyle changes. This is a course which can be repeated.

**Rosa Barnett Averbach** earned a bachelor of science degree from Penn State University and master's degrees in both education and social work from the University of Pittsburgh, as well as certification in interior design from the Art Institute of Pittsburgh. She taught art education in the Swissvale Area Joint Schools. She has also taught adult education classes on topics including Getting Organized, Time Management, Decision Making, and Procrastination. She was director of Create-A-Space, a space- and design-management business. She also worked at St. Francis Hospital as a behaviorist with obese and morbidly obese patients. Her specialty is behavior modification and permanent lifestyle changes. She has been teaching courses at Osher at CMU since 2008.

## WRITING

### Wannabe Authors

*Study Leader:* Christine Michael

- 6 Classes: Aug. 31 – Oct. 5 *Class ID:* 4264
- Wednesday, 8:30 AM - 10:30 AM
- Online Course, Zoom

Everyone has a story to tell. Here is your opportunity to write and share your story with fellow wannabe authors. Each week we start class with a short in-class writing exercise to incite creativity. Then we discuss your previously submitted writings: essay, poetry, fiction, or non-fiction to a max of 1200 words. Through honest, constructive feedback you will discover what your classmates appreciated about your piece, what they didn't understand, and how you might improve your writing. Get your pens ready.

**Christine Michael** is a writer, gardener, crafter and avid traveler. She studied Business Communications at Laurier University, Waterloo, Canada, French at Sorbonne University, Paris, France, and Master of Education at Carlow University, Pittsburgh, PA. She has travelled to over 100 countries, so you can guess what her stories are about. She taught in elementary school and college. She currently works testing digital software for photo preservation and scrapbooking company. She passionately volunteers for Hospice and a grief center and Make-a-Wish. She has written one book and is currently working on a second. She is a like-minded litterateur eager to learn and share.



## ENVIRONMENT

### Embracing A Green Lifestyle

*Study Leader:* PA Resources Council

- 3 Classes: Sep. 1 – Sep. 15 *Class ID:* 4292
- Thursday, 10:45 AM - 12:15 PM
- Online Course, Zoom



We will look at common practices in and around the home and how we can perform them in an Earth-friendly manner. We'll examine proper recycling, composting our food scraps and yard debris, and how to help to alleviate storm-water and water pollution issues that plague this region by embracing green living techniques in the home and yard.

**Emily Stein** is Environmental Education Coordinator for the PA Resources Council. PRC promotes solid waste reduction and living lightly on the earth. Emily is a St. Louis native who spent nearly a decade delivering outdoor educational programming across Great Smoky Mountains National Park, Western North Carolina, and the bluff country of Southeast Minnesota before moving to Pittsburgh in 2021. Emily holds a Master's in Natural Science and Environmental Education from Hamline University.

## MEDICAL

### Accessibility 101: From UD To UDL

*Study Leader:* Beverly Barkon

- 5 Classes: Oct. 26 – Nov. 30\* *Class ID:* 4302
- Wednesday, 10:45 AM - 12:15 PM
- Online Course, Zoom



\*Note: Class will not meet on Nov. 23

This course will explore the construct of accessibility. Accessible design was originally created to meet the needs of people with physical, sensory, and cognitive disabilities. Finding that it was more equitable to design with access in mind from the outset, Universal design (UD) has become a ubiquitous part of the contemporary built environment in the United States. As people live longer maximizing UD has become an ever-more central concern. When and how did the focus on accessibility begin? How has the concept of access evolved? UD is so familiar that most can only vaguely remember a time before it existed. Several decades ago, Universal Design was brought into other aspects of life through Universal Design for Learning. UDL pulls the central premise of universal design—that designing with the widest range of human capabilities in mind—will allow more people to participate in the world.

**Dr. Beverly Barkon** is Professor Emerita at Carlow University. For more than 30 years she taught in programs that prepared special educators and learning disabilities teacher consultants in Pittsburgh and New Jersey. She has been teaching about Universal Design for Learning and the needs of adults with disabilities and transitions to adulthood for several decades. She has a PhD from Northwestern University in Communication Disorders. She also holds an MSL degree from the University of Pittsburgh School of Law where she focused on disability and education law. She is currently the director of Future Engaged, which supports survivors of childhood, adolescent and young adult cancers transitioning to adult endeavors.

## Utilization Of Forensic Pathology In Civil And Criminal Cases

Study Leader: Cyril Wecht

- 2 Classes: Oct. 10 and Oct. 17
- Monday, 1:30 PM - 3:00 PM
- Online Course, Zoom

Class ID: 4423



TWO DAY

Learn about Forensic Pathology in relation to famous and controversial cases and how it can enhance the pursuit of criminal and civil cases.

**Cyril Wecht** is a medical-legal consultant and F.P. author and lecturer who served the people of Allegheny County as their elected coroner for 20 years. He's performed approximately 21,000 autopsies and reviewed or been consulted on 42,000 additional postmortem examinations, including cases in several foreign countries. Dr. Wecht holds various faculty positions at the University of Pittsburgh, Duquesne University and Carlow University, and serves as chairman of the Advisory Board of The Cyril Wecht Institute of F.S. and Law. He is the author or co-author of more than 625 professional publications and editor or co-editor of 48 books, as well as co-author of the popular non-fiction books *Cause of Death*, *Grave Secrets*, *Who Killed Jon Benet Ramsey?*, *Mortal Evidence*, *Tales from the Morgue*, *Crime Scene To Courtroom* and *Final Exams*. He has served as president of the American College of Legal Medicine and the American Academy of F.S. as well as chairman of the board of trustees of the American College of Legal Medicine Foundation. Dr. Wecht is certified by the American Board of Pathology in anatomic, clinical and forensic pathology. Formerly chairman of the Department of Pathology and president of the medical staff at St. Francis Central Hospital in Pittsburgh, he received his medical degree from the University of Pittsburgh and his law degree from the University of Maryland. Dr. Wecht's autobiography is *The Life and Deaths of Cyril Wecht: Memoirs of America's Most Controversial Forensic Pathologist*.

## Regenerative Medicine

Study Leader: Bryan Brown

- 1 Class: Oct. 12
- Wednesday, 1:00 PM - 2:30 PM
- Online Course, Zoom

Class ID: 4357

ONE DAY

Regenerative medicine provides the potential to repair or replace diseased or damaged tissues and organs in contrast with the current approach of treating the symptoms when the body is adversely affected by trauma, disease, or congenital deformities. Scientists and clinicians are evaluating various therapies such as using a patient's own cells to help repair a disease or defect in the body. Advances are being made in the laboratory and in the translation of these novel therapies into clinical assessments.

**Bryan Brown** is a highly respected scientist, a committed educator, and a mentor extraordinaire. Dr. Brown currently serves as associate professor in the Department of Bioengineering and the Department of Obstetrics, Gynecology, and Reproductive Science at the University of Pittsburgh. Additionally, he holds an appointment as an adjunct professor of clinical sciences at the Cornell College of Veterinary Medicine.

## Autism Spectrum Disorders And ADHD: What's New?

*Study Leader:* Patricia Spear Lemer

- 6 Classes: Oct. 26 – Dec. 7\* *Class ID:* 4335
- Wednesday, 1:00 PM - 2:30 PM
- Online Course, Zoom



*\*Note: Class will not meet on Nov. 23*

Everyone knows someone with autism or ADHD; these conditions are epidemic. What is happening? Are we diagnosing better? Including more kids? Or something else? Are these disabilities genetic, environmental, or both? Are they psychological or biomedical disorders? Is medication the only way to treat them? What are some alternatives? What new treatments are showing promise for these disorders? What are risk factors for those with affected family members? Can they be prevented? This course includes the latest information on possible causes and the concept of Total Load Theory. You will learn about commonalities of the biology of those diagnosed, the possible role of inflammation, the immune system, and other physical components. We will discuss sensory issues in autism and ADHD, and the important role of vision in behavior, language development, social skills, and learning. You will leave with knowledge of how individuals with autism and ADHD can lead productive, independent lives.

**Patricia S. Lemer** is a Licensed Professional Counselor, and practiced as an educational diagnostician for over 40 years. She was a co-founder and served as Executive Director of Developmental Delay Resources (DDR), an international, non-profit organization for 20 years. She holds a Master's of Education in Counseling from Boston College and a Master's in Business from Johns Hopkins University. Ms. Lemer lectures internationally on alternative approaches to health, and is considered an expert on autism spectrum disorders. She is the published author of countless articles and three books on treating causes, not masking symptoms, by combining a biomedical approach with alternative therapies. She has studied under several functional medicine and alternative practitioners in the field of energy medicine. She is passionate about sharing her knowledge with and networking those in the healing professions. She volunteers her time to support several not-for-profits helping those in need in Pittsburgh. She has taught for four years at Osher, and this is her third course.



## Forensic Sciences- Taking The Bite Out Of Crime

*Study Leader:* Michael Sobel

- 5 Classes: Aug. 30 – Oct. 4\* *Class ID:* 4311
- Tuesday, 1:00 PM - 2:30 PM
- Online Course, Zoom

*\*Note: Class will not meet on Sep. 27*

To most of us, dentistry implies only the maintenance of dental health. However, dentistry helps to solve crimes through evaluation of bite and patterned skin marks, dental identification, and human abuse. This course will demonstrate these aspects and more through actual case examples and behind-the-scenes forensic investigations.

**Michael N. Sobel** has been a forensic investigator for over 40 years. He was the chief forensic odontologist from 1970-2008 and a consultant to the Allegheny County Police, PA State Police, and various law enforcement agencies throughout the country. Dr. Sobel is a fellow of the American Academy of Forensic Sciences and a diplomate of the American Board of Forensic Odontology. He is a retired faculty member at the University of Pittsburgh.



## TECHNOLOGY

## Ethical Concerns Within Artificial Intelligence

Study Leader: Dustin Updyke

- 4 Classes: Aug. 29 – Sep. 26\*      Class ID: 4338
  - Monday, 3:00 PM - 4:30 PM
  - Online Course, Zoom
- \*Note: Class will not meet on Sep. 5



There has been and remains great optimism for artificial intelligence systems to deliver wholesale improvement across many important domains of human interest. As a result, our society is increasingly data-intensive and algorithmic. In this course, we consider the ethical, societal, and personal impact of these technologies by exploring them and their relation to privacy, bias, explainability, trust, and more.

**Dustin Updyke** has more than 25 years of experience in the technology sector, serving in various roles from programmer analyst to chief technology officer across domains including consumer products, marketing, healthcare, and the public sector. More recently, he has moved into the security domain, serving as a cybersecurity researcher at Carnegie Mellon's CERT division within the Software Engineering Institute, training various department of defense cybersecurity teams in highly realistic live-fire cyber warfare exercises. These exercises serve as mission rehearsals, emerging technology evaluations, data generation for ML/AI applications, and cyber assessment research. Dustin is also pursuing a graduate degree in Carnegie Mellon's School of Philosophy, researching trust within artificial intelligence systems. He regularly speaks at a variety of conferences and seminars.

## Artificial Intelligence

Study Leader: James Morris

- 4 Classes: Aug. 29 – Sep. 26\*      Class ID: 4266
  - Monday, 1:00 PM - 2:30 PM
  - Online Course, Zoom
- \*Note: Class will not meet on Sep. 5

The lectures will be excerpted from my memoir *Thoughts of a Reformed Computer Scientist: On the Nature of Real and Artificial Intelligence*, available on Amazon. (Note: The ebook version can't be read on a standard Kindle, only the Kindle app on a computer, tablet, or phone.) It will overview people and projects I worked with and the evolution of my attitudes about computers. There will be questions and discussion.

**James H. Morris** is a Professor Emeritus of Computer Science and Human-Computer Interaction at Carnegie Mellon University. He received a Bachelor's degree from Carnegie Tech, and an MBA and Ph.D. in Computer Science from MIT. He taught at the University of California at Berkeley. For ten years he worked the Xerox Palo Alto Research Center where he was part of the team that developed the Alto System, a precursor to today's personal computers. From 1983 to 1988 he directed a joint Carnegie Mellon-IBM project that developed a prototype university computing system, Andrew. From 1992 to 2004 he served as department head, then dean in the School of Computer Science. He held the Herbert A. Simon Professorship of Human Computer Interaction from 1997 to 2000. He was the dean of the Silicon Valley campus from 2004 to 2009. He was a founder of MAYA Design, a consulting firm specializing in interactive product design. He also founded Carnegie Mellon's Human Computer Interaction Institute, Robot Hall of Fame, and Silicon Valley Campus.

# SOCIAL SCIENCES

Contemporary Topics/Sociology | History | Pittsburgh | Politics/Government | Religion/Philosophy

## CONTEMPORARY TOPICS/ SOCIOLOGY

### Planning And Development In Allegheny County

*Study Leader:* David O'Loughlin

- 4 Classes: Oct. 26 – Nov. 16 *Class ID:* 4409
- Wednesday, 9:00 AM - 10:30 AM
- Online Course, Zoom



The goal of the course is to explain the late 1970s Allegheny County problem solving efforts in infrastructure as they may be applied to today's Western Pennsylvania regional problems. Over \$1.4 billion was spent (\$ 5.6 billion in today's dollars) on 950 projects drawing on Federal, State local and private funding sources. It was a major urban success and an example for Allegheny County and the country of what good government can do , then and now.

**David O'Loughlin** has a B. S. In Group Psychology , an LLB and an MBA from the University of Pittsburgh . He is President of The O'Loughlin Company and United States Maglev Development Company. He worked in local government for ten years from 1970 to 1980. Five years were in the City of Pittsburgh Pete Flaherty administration as Intergovernmental Relations Coordinator and as City Housing Coordinator and the second five years in the Allegheny County Jim Flaherty, Bob Peirce, Tom Foerster administration as Director of Parks, Recreation and Conservation and Director of Planning and Development. He served as the Pennsylvania State Senate representative on The City Oversight Board from 2003 to 2005. Since 1980, he has worked in the private sector in historic building Rehabilitation in Pittsburgh including The Hartley Rose Building , Timber Court, Waterfront Building, Warner Centre, Armstrong Square and 900 Fifth Avenue and in the application of Maglev technology to freight and passenger transportation.

### The Nobel Prizes: The Good, The Bad, And The Human

*Study Leader:* Enid Miller, Anna Estop,  
Mark Kamlet, Mary Schinhofen

- 6 Classes: Oct. 26 – Dec. 7\* *Class ID:* 4342
- Wednesday, 1:00 PM - 2:30 PM
- Online Course, Zoom

*\*Note: Class will not meet on Nov. 23*

When the Nobel Prizes are awarded each fall, do you wonder what that laureate's achievement will mean to you and your loved ones? Have you ever wondered why there are Nobel Prizes, how they are awarded, why there are so few laureates who are non-Westerners, and why so few women have received Nobel prizes in the sciences? This class will attempt to address some of these questions. Taught collectively by six instructors, we will cover the background and general information about the prizes as well as the Nobel Prizes Committees' rationales for the economics, literature, medicine, chemistry, physics, and peace prizes.

**Toby Chapman**, an emeritus assistant professor of Chemistry at Pitt, has a Ph.D. from Polytechnic Institute of Brooklyn. His research areas involved applications of polymer science in biomedical areas, special surface and detergent properties, and solar energy.

**Enid Miller**, a retired banker, has an MA in Economics and no professional experience in the hard sciences, literature, or activities related to furthering world peace.

**Anna Estop**, a board-certified laboratory geneticist, headed genetics laboratories at West Penn and Allegheny General Hospitals and taught at the Autonomous University of Barcelona, Pitt's Graduate School of Public Health, and Drexel's School of Medicine.

**Mark Kamlet**, University Professor of Economics and Public Policy at Carnegie Mellon, was dean of the Heinz College from 1993 – 2000 and provost and executive vice president from 2000 – 2014.

**Mary Schinhofen**, a retired English literature teacher, is well known to Osher at CMU for leading various literature classes, including the Great Novels course.

## Topics On Education In America

Study Leader: Jack Ochs

- 4 Classes: Oct. 26 – Nov. 16 *Class ID: 4431*
- Wednesday, 10:45 AM - 12:15 PM
- Online Course, Zoom

In this course we discuss efforts to raise the performance of students in our public schools through tying federal funding to measures of student performance, adopting pay for performance schemes and the introduction of charter schools. We also consider the causes and consequences of the rising cost of college education on the attendance gap between children in different socio-economic groups and proposals to deal with both that gap and the difference in student loan burden faced by individuals with different socioeconomic backgrounds.

**Jack Ochs**, a Pittsburgh native, retired as Professor of Economics at the University of Pittsburgh. His research and teaching focused on experimental economics and public policy. Since retiring, he has enjoyed developing courses for lifelong learning programs.

## Enjoying The *New Yorker*

Study Leader: Mary Duquin

- 6 Classes: Sep. 1 – Oct. 6 *Class ID: 4424*
  - Thursday, 10:45 AM - 12:15 PM
  - Online Course, Zoom
- 
- 6 Classes: Oct. 27 – Dec. 8\* *Class ID: 4425*
  - Thursday, 10:45 AM - 12:15 PM
  - Online Course, Zoom

\*Note: Class will not meet on Nov. 24

This will be an interactive discussion course with a limited enrollment. *All members will be expected to present at least one article over the six weeks.* Each week the class will focus on a current issue and discuss one or more features of particular interest. It might be part of the “Talk of The Town,” a short story, a cartoon, the cover art, or one or more critiques—whatever inspires members’ interests.

**Mary Duquin** received her Ph.D. at Stanford University in education with a minor in women’s studies. She taught at the University of Pittsburgh from 1974 to 2013. Over the past 40 years, she has taught courses in personal health and wellness. She enjoys reading *The New Yorker* and is excited about the dynamic discussions this course will produce.

## HISTORY

### Ancient Historians

Study Leader: Richard Daffner

- 5 Classes: Oct. 25 – Nov. 22 *Class ID: 4283*
- Tuesday, 9:00 AM - 10:30 AM
- Online Course, Zoom



Historic accounts began with oral traditions. Written history was first recorded on stelae and in the tombs of Egypt’s pharaohs around 3000 BCE. The first narrative written histories began with Herodotus (the “Father of History” [484 – 425 BCE]) and his contemporary Thucydides (460 - 400 BCE). This course will explore the world of ancient Egypt, Greece, and Rome through their eyes and those of ten other ancient historians: Xenophon (430 - 354 BCE), Polybius (200 - 118 BCE), Dionysius (60 - 7 BCE), Josephus (37 - 100 CE), Livy (64 BCE - 17 CE), Plutarch (46 - 119 CE), Tacitus (56 - 122 CE), Suetonius (69 - 122 CE), Cassius Dio (163 - 235 CE), and Eusebius (260 - 339).

**Richard H. Daffner**, MD, FACR is a retired radiologist and an amateur historian. His academic credentials include medical school faculty appointments at the University of Louisville, Duke University, Drexel University, and Temple University, where he is Emeritus Clinical Professor of Radiology. He is the author of nine textbooks.

## Washington's Washington: Building A Capital City

*Study Leader:* Robert Watson

- 1 Class: Oct. 17 *Class ID:* 4410
- Monday, 3:00 PM - 4:30 PM
- Online Course, Zoom



Of all the Founders, George Washington may be the most iconic, yet the least well known, as he has come across the pages of history as a one-dimensional monument of a man. Yet, Washington was a complex individual and these complexities and his vision were on display when it came to the crisis of having no fixed seat of government for the fledgling republic. This lecture reveals the little-known story of how Washington DC came to be, including the bitter political struggle over a capital and leadership role of the man for whom the city is named.

**Robert Watson**, Ph.D. holds the titles Distinguished Professor of History and Avron Fogelman Research Professor at Lynn University in Florida. He has published over 40 books and hundreds of scholarly articles and essays on topics in history and politics, is a frequent media commentator, and popular lecturer on luxury cruise ships, history tours, and at historic sites around the country. Watson has been a visiting scholar or lecturer at many leading historic sites, including West Point, the Pentagon, Smithsonian, National Archives, Truman Presidential Library, Mount Vernon, and many more.



## Introduction To Great American Speeches

*Study Leader:* David Shribman

- 1 Class: Oct. 18 *Class ID:* 4436
- Tuesday, 2:45 PM - 4:15 PM
- Online Course, Zoom



Examination of the speeches that changed American life, with commentary from study leader. These may include FDR's World War II speech; Kennedy's Inaugural, moon, and civil rights speeches, Martin Luther King's Dream speech; Lyndon Johnson's civil-rights speech; Gerald Ford's inaugural speech; Jimmy Carter's malaise speech; Reagan's Berlin Wall speech; George W Bush's 9/11 speech; and others. The study leader will play excerpts and explain context and impact.

**David M Shribman** is executive editor emeritus of the Pittsburgh Post-Gazette. He teaches at both CMU and McGill University. He was awarded the Pulitzer Prize for his coverage of American politics culture and led the PG's coverage of the Tree of Life Massacre that won the Pulitzer Prize. He is a summa cum laude graduate of Dartmouth College and served on the College's board of trustees for a decade. He did graduate studies in European and African history as a Reynolds Scholar at Cambridge University, England. Mr. Shribman also has taught at Brandeis, Virginia Commonwealth University, Notre Dame, and Gettysburg College.

## Selected Topics In 19th Century Pittsburgh History

*Study Leader:* Barbara Burstin

- 4 Classes: Oct. 26 – Nov. 16 *Class ID:* 4349
- Wednesday, 3:00 PM - 4:30 PM
- Online Course, Zoom



In the beginning of the 19th century Pittsburgh was still a small town just having survived bitter conflicts between European settlers and the Native Americans, conflicting claims between Virginian and Pennsylvanian government officials, landowning companies and settlers and a showdown between Western Pennsylvanians and the Federal Government in what has become known as the Whiskey Rebellion. Finally, with some semblance of peace the town was poised to be an important commercial center, but found that it had to survive as a manufacturing center instead. The story of its rise from such trials and tribulations to become an industrial powerhouse leading America's industrial revolution is a fascinating tale of grand conflicts, determination, entrepreneurial genesis and social activism. Tune in for the next installment of "As The World Turns- the Pittsburgh Story."

**Barbara Burstin** has taught about Pittsburgh history at both Pitt and CMU. She also has taught a course for undergraduates and Osher participants on American history entitled *Pride and Prejudice in American History*. As a transplant to the region from the New York area knowing virtually nothing about Pittsburgh, she quickly became a fan of the city. In addition, she came to appreciate that there was far more to American history than what has happened on either the east or west coast, which is generally how most history books tend to deal with US history. Among her publications was a two part series on the history of Pittsburgh's Jewish community from 1840 to 1950 and a biography of Sophie Masloff, the first female and first Jewish mayor of the city who was mayor from May 1988 to January 1994. Barbara continues to be a strong advocate for her adopted hometown.

## PITTSBURGH

### Missed Connections With Pittsburgh's City Steps

*Study Leader:* Laura Zurowski

- 1 Class: Oct. 12 *Class ID:* 4277
- Wednesday, 10:45 AM - 11:45 AM **ONE DAY**
- Online Course, Zoom

Pittsburgh has the largest number of public stairways in the country, nearly 800 — more than Los Angeles, San Francisco, and Seattle. Built during the city's population heyday as a cost-effective measure to move 700,000 people from their homes on the hills to the mills lining the three rivers, city steps offered a free and efficient way to get around. This course will provide a historical overview of the city's outdoor stairways and the residents who used them, illustrate the various construction styles, and provide an update on the condition of the city's steps in 2021.

**Laura Zurowski** is a writer/photographer living in Pittsburgh. She is currently working on a 5-year public space documentation project that involves Pittsburgh's public stairways, commonly referred to as "city steps."

## City Of Asylum Pittsburgh Worldwide Hub Where Writers And Artists Convene

Study Leader: Alphabet City

- 1 Class: Oct. 11 Class ID: 4265
- Tuesday, 9:00 AM - 10:30 AM
- Online Course, Zoom

**ONE  
DAY**

This course is a one-time visit to City of Asylum's new cultural center, Alphabet City, on Pittsburgh's Northside. City of Asylum is a sanctuary for writers from around the world under threat of persecution, as well as a presenting arts organization focused on giving voice to artists who are often excluded from traditional artistic spaces. In doing so, City of Asylum creates a thriving community of writers, readers, and neighbors. During this course, your group will learn how City of Asylum's unique model has helped anchor the development of the Garden Theater Block with a cultural center that includes a performance space, bookstore, and restaurant. It has built a diverse audience, and protects free expression while fostering cross-cultural exchange.

**Anne Lackner** was trained as a lawyer. She speaks French fluently, and her mother tongue is Dutch. Anne is co-founder with Vincent of The Lackner Group, Inc., a software company committed to providing innovative solutions in trust and estate administration, to law firms, bank trust officers, and C.P.As.

## POLITICS/GOVERNMENT

### The Politics Of The Gender Gap

Study Leader: Susan Hansen

- 4 Classes: Oct. 27 – Nov. 17 Class ID: 4374
- Thursday, 12:30 PM - 2:30 PM
- Online Course, Zoom



The “gender gap” in presidential elections emerged in 1980 and reached its maximum during the Donald Trump candidacies. This class will explore some reasons why men and women may have differing views on politics and public policies. We will also consider how gender differences are mediated by factors such as political party, marital status, and race/ethnicity. The third class will examine sex differences in wages and lifetime incomes, and discuss attempts to reduce the “wage gap.” Our last class will contrast male and female perspectives on sexual harassment, the Me Too movement, and sexual indiscretions by public officials.

**Susan B. Hansen** is professor emerita of political science at the University of Pittsburgh, where she taught a course on women in politics every year since 1980. She received her Ph.D. degree in political science from Stanford University in 1972 and has also taught courses in American politics at the universities of Washington State, Illinois, and Michigan. She has taught a class, “A Woman for President?” for Osher at the University of Pittsburgh, and at CMU has taught “The Politics of Sex” and “The Politics of Reproduction.” She is the author of *The Politics of Sex: Public Opinion, Parties, and Presidential Elections* (Routledge, 2014).

## RELIGION/PHILOSOPHY

**Prophetic Voices: Renewing  
And Reimagining Haftarah***Study Leader:* Barbara Symons• 4 Classes: Sep. 1 – Sep. 22 *Class ID:* 4272

• Thursday, 11:00 AM - 12:00 PM

• Online Course, Zoom

• 4 Classes: Oct. 27 – Nov. 17 *Class ID:* 4273

• Thursday, 11:00 AM - 12:00 PM

• Online Course, Zoom

We are straining to hear the Hebrew Prophets. If their voices are heard at all, it is through the tidbits of Haftarah which are often not translated or even ignored altogether. But we need to hear prophetic voices. Let us reimagine together how we can hear traditional prophetic voices through contemporary interpretations as well as expand what a prophetic voice is to include other parts of the Prophets and Writings, Talmud, Medieval Literature, poetry, speeches, and more as they dialogue with the Torah cycle and holidays. These alternative voices are reflective of the beautiful diversity of Judaism. Further, we will look at prophetic voices for an American-Jewish Cycle. Let us not imprison prophetic voices on the bimah on Shabbat and holidays but hear them when we study, when we march, when we gather in affinity groups and interfaith groups. Let us hear their call and respond.

**Barbara AB Symons** is an alum of the University of Michigan and was ordained by Hebrew Union College - Jewish Institute of Religion in 1992. She has been serving Temple David of Monroeville, Pennsylvania since 2006 and is very involved in community work especially through the Monroeville Interfaith Minsterium and its partnerships. She is the editor of *Prophetic Voices: Renewing and Reimagining Haftarah* (CCAR Press - expected Fall 2022). She would not be who she is without her husband Rabbi Ron Symons and their three children: Aviva, Ilana and Micah.

**ZOOM  
INSTRUCTIONS**

Osher at CMU is using the Zoom platform for online courses. Zoom is an easy to use, real-time video conferencing tool. Zoom can be downloaded and installed easily on your computer or mobile devices.

**JOIN USING A MEETING ID**

If you were sent a meeting ID to join a meeting, open the Zoom Application, click the blue Join a Meeting button and enter the Meeting ID. Click Join.

**MEETING CONTROLS**

Familiarize yourself with meeting controls available at bottom of the screen:

- Mute / Unmute: Mute and unmute your microphone.
- Start Video / Stop Video: Turn your camera on or off.
- Participants: See who's currently in the meeting.
- Chat: Chat is a good way for you to quietly post questions or comments without interrupting the meeting.
- Leave Meeting: Leave the meeting while it continues for the other participants. (Only the host can end the meeting.)
- The Gallery View/Speaker View at the top right corner of your screen toggles your view of the speaker(s).

**SUGGESTIONS FOR ONLINE PARTICIPATION**

Get your tech ready early. Well in advance of class, consider re-starting your computer (always good advice, right?), and make sure you address any software updates that might cause an interruption.

- If you're using a laptop or tablet, plug it in — video will use your battery quickly.
- Use a headset if you have one. This can really help sound quality, decrease distractions, and keep class discussions private if you don't have a quiet or private physical space.
- Log in early. Many Osher online courses will be open early. If the host has allowed early login, do so. Take a moment to test your microphone and video one more time.
- Mute your microphone when not speaking. This is important to avoid unintended interruptions and distracting background noise (including typing on your keyboard). The Mute control is at the bottom left of your screen.
- Stop your video if you must move around your quarters during the meeting.
- Look your best. Lighting should come from in front of you or from the side, in order to best light your face. Keep your background clear of distractions. Look at your webcam, not at the screen

# COMMUNITY SITE

Classes in this section will be held at various locations in the Pittsburgh area.





# ARTS & HUMANITIES

Art | Drama/Theater | Music

## ART

### Maxo Vanka Murals In Millvale

*Study Leader:* Becky Gaugler

*Materials Fee:* \$13\*

- 1 Class: Oct. 14 Class ID: 4414
- Friday, 10:45 AM - 12:15 PM
- St. Nicholas Croatian Catholic Church, 24 Maryland Ave, Millvale

Class ID: 4414



This course will introduce participants to the awe-inspiring murals of Croatian artist Maxo Vanka through a 90-minute guided tour with Director of Education & Interpretation, Becky Gaugler. Participants will discover how these striking works, covering the walls and ceiling of the sanctuary of the St. Nicholas Croatian Catholic Church, were painted over two intense periods in 1937 and 1941 and reflect the lived experiences of the church's working-class, immigrant congregation and timeless themes of struggle, sacrifice, faith, and hope. During this tour, Becky will share the stories behind the artist himself, the murals, and the history of the church and its Croatian immigrant congregation. This unique site is at the intersection of history, art, and social justice — there is something for everyone.

**Becky Gaugler** is the Director of Education & Interpretation at the Society to Preserve the Millvale Murals of Maxo Vanka. She holds degrees in art history and has been working in museum education for almost 20 years. Becky previously worked as the Manager of School & Teacher Programs at Carnegie Museum of Art and most recently as a freelance consultant with a variety of area museums and nonprofits, including the Heinz History Center, the Arts Education Collaborative, and the Children's Museum of Pittsburgh.

\*Materials fee information located on page 107.

## DRAMA/THEATRE

### The Art Of The City

*Study Leader:* City Theatre Company

- 1 Class: Oct. 17 Class ID: 4408
- Monday, 3:00 PM - 4:30 PM
- City Theatre, South Side, 1300 Bingham St., South Side



Art of the City is a course in which a guest artist will speak on the beauty of theatre in conjunction with our fall production *Clydes*. This guest artist could be an actor, playwright, designer or one of many others who make the magic on our City Theatre stage. Please join us for an afternoon of learning and deepen your love for theatre or even ignite a new interest in theatre's inner workings. This class will take place on the City Theatre Campus and may include interactive activities or a tour.

**Michelle Lia Iglesias** is a Latin-American voice-over artist/painter/actress and Miami, Florida native. With Cuban, Colombian, and Venezuelan roots, she aims to diversify the art industry. She graduated with a B.F.A in theatre arts with a concentration in acting from Point Park University. She has a deep love for her culture and a passion for the arts. She is continuing her creative career with City Theatre as the community coordinator & artistic assistant.

## MUSIC

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### First Fridays At Redeemer

*Study Leader:* Ann Labounsky

- 4 Classes: Sep. 2 – Dec. 2 *Class ID: 4278*
- Friday, 12:00 PM - 1:00 PM
- Episcopal Church of the Redeemer,  
5700 Forbes Ave, Squirrel Hill, 15217

First Fridays gives a variety of musical experiences on topics from J. S. Bach to 20th Century composers and includes lectures and performances on organ, harpsichord, voice, and piano.

- Sept. 2nd: Nathan Carterette Poets of the Piano
- Oct. 4th: Wiltrud Fassbinder Contralto Centering Prayer  
Nov. 7th: DU Brass Quintet, led by Christopher Cox
- Dec. 2nd: Redeemer's Choral Scholars: Giulia Golinelli, Soprano and Adam Saulka, Tenor

Please note: *Dates: 9/2, 10/7, 11/4, and 12/2*

**Ann Labounsky**, Ph.D, FAGO, Ch.M. is chair of organ and sacred music at Duquesne University where she oversees undergraduate and graduate programs in sacred music. Currently she serves as organ artist in residence at First Lutheran Church on Grant Street and organist and choir master at the Episcopal Church of the Redeemer in Squirrel Hill. An active member of the American Guild of Organists, the National Pastoral Musicians, and the Church Music Association of America, she has worked as director of the National Committee on Improvisation, councilor for Education for the American Guild of Organists, and national director of Certification for the National Pastoral Musicians. Author of a biography of Langlais, *Jean Langlais: the Man and His Music*, (Amadeus Press, Portland, Oregon, 2000), she has completed recording the complete organ works by Jean Langlais (26 cds) for the Musical Heritage Society released on Voix de Vent Recordings and performed in a DVD of his life based on this biography, a project sponsored by the Los Angeles AGO Chapter.

## VOLUNTEER OPPORTUNITIES

As a volunteer driven organization, Osher at CMU has many ways for members to become more involved in our operations. Over the past two years, members have volunteered their time to help Osher at CMU remain a vibrant program in the online world as Zoom Helpers. Others have given of their time and expertise by serving on committees or the Board of Directors.

We hope you'll consider joining us as a volunteer in one of the following roles:

- **Welcome Desk Volunteer** – welcoming Osher members into our new lounge and classroom space
- **Osher Ambassador** – ensuring that attendance is taken for in-person courses
- **Zoom Helper** – providing Zoom support for online courses
- **Committee Volunteer** – please visit the Osher website to check out Osher committees and how to get involved

*If you're interested in learning more about any of the volunteer opportunities or ways that you can share your talents with us, send an email to [osher@cmu.edu](mailto:osher@cmu.edu).*

# LEARN BY DOING

Art | Culinary | Dance/Exercise | Music & Drama | Tours

## ART

### Continuing Painting In Acrylics

Study Leader: Francine Vandenberg

Materials Fee: \$15\*

- 6 Classes: Oct. 25 – Nov. 29      Class ID: 4303
- Tuesday, 1:00 PM - 3:00 PM
- Wilkins Community Center, Room 101  
Regent Square, 7604 Charleston Ave, Swissvale

Continuing Painting in Acrylics is for intermediate level students who have completed Beginning Painting in Acrylics or who have some painting experience. It continues the exploration of the rich color possibilities and forgiving nature of the acrylic medium. Intermediate students will continue to work with color, value, composition and a variety of techniques while developing a personal style. Students will work from their own or instructor-suggested source material to further develop their individual artistic visions and enhance painting confidence and skills. Students are expected to provide their own paints, canvases, and brushes. A list of suggested supplies will be e-mailed. Easels, extra supplies, and other incidental materials such as palettes, paper towels, etc. are provided.

**Francine Vandenberg's** lifelong interest and involvement in the arts is evident in her lively and enthusiastic teaching style. She is a member of the Pittsburgh Society of Artists, the Pittsburgh Watercolor Society, and The Pittsburgh 10 Plus group of artists, exhibiting at various Pittsburgh area galleries including Panza Gallery, Boxheart Gallery, and the American Jewish Museum at the Jewish Community Center. She strives to capture a fleeting impression, a feeling, and enthusiastically paints primarily in acrylics and pastels, fascinated by the process of experimentation and discovery. She is inspired by a variety of subjects: landscapes, seascapes, scenes discovered while traveling, wildlife, and pets.

\*Materials fee information located on page 107.



## CULINARY

### Creating Your Own Rijstaffel

Study Leader: David Green

Materials Fee: \$35\*

- 5 Classes: Aug. 30 – Sep. 27      Class ID: 4378
- Tuesday, 12:30 PM - 2:30 PM
- Wilkins Community Center, Kitchen  
Regent Square, 7604 Charleston Ave, Swissvale



As the interest in ethnic cuisines is spreading in the U.S., the Dutch Indonesian banquet known as Rijstaffel is appearing more and more. Rijstaffel or Rice Table is made up of platters of seasoned rice served with as many as 30-40 small dishes consisting of entrees, salads, and condiments. In this class you will learn the history of the Rijstaffel and, although we won't be able to cover 30-40 recipes, you will learn enough Indonesian specialties to create your own Rijstaffel at home.

**David Green** is the former owner of Café dez Artz in Swissvale and Sweetie Sweetie Bakery in Edgewood. Over the years he has split his time between culinary arts and musical arts. He began undergraduate studies in music at Carnegie Mellon University, continuing with private studies in New York, Austria, and Italy. While in New York, he was a regular with the Light Opera of Manhattan, doing lead roles in many Gilbert and Sullivan and Victor Herbert operettas. He was also a regular performer in several New York cabarets. Before leaving New York, he also served as pastry chef for Amber Waves in Manhattan and the Living Room Café in Brooklyn. David is a graduate of the Culinary Institute of Pennsylvania.

\*Materials fee information located on page 107.

## DANCE/EXERCISE

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### Hatha Yoga

Study Leader: Loretta Barone

Materials Fee: \$10\*

- 10 Classes: Sep. 15 – Nov. 17      Class ID: 4261
- Thursday, 10:00 AM - 12:00 PM
- Dance Alloy Studio

This class will involve gentle, sensible, challenging exercises. Each week participants will be performing classical postures of stretching and strengthening in accordance with the course objectives, which are to increase flexibility, to gain strength, to learn correct breathing techniques, to promote better body alignment, to learn deep relaxation techniques, and to manage stress and tension better. Exercises can be adapted for those with a variety of abilities. Participants will need a mat or pad to sit/lie on (a carpet strip, foam pad, or blanket is fine) and will need to wear loose, non-binding clothing.

Please note: *New students welcome; Must attend the yoga orientation, 30 minutes before the first class. For physical activity courses we encourage everyone to consult with a physician who can help assess fitness for participation. Please be aware that we do not have trained medical personnel on the premise during any courses with physical activity.*

**Loretta Barone** took her first yoga class in 1966. She's been practicing and teaching yoga ever since. Her class is a melding of all the best things she has learned from a variety of yoga teachers, disciplines, and practices. She began teaching in her son's kindergarten class when she realized that five-year-olds could not bend down and touch their toes. In 1978, she began teaching in the adult program of the Dade County Public Schools, Florida. After 10 years, she moved on to teaching privately. All in all, she taught for 20 years in Miami and has taught here since 1998.

*\*Materials fee information located on page 107.*

### Get Fit - A Fun Latin Cardio Workout

Study Leader: Connie Pollack

Materials Fee: \$10\*

- 8 Classes: Oct. 26 – Dec. 21\*      Class ID: 4394
- Wednesday, 1:15 PM - 2:30 PM
- Beth Shalom, Hyman Ballroom,  
2nd Fl, 5915 Beacon St, Sq. Hill

*\*Note: Class will not meet on Nov. 23*

Are you looking for a new way to jazz up your exercise routine? Come groove to an energetic mix of hip-hop, international, and Latin-inspired music, and dance movements like the cha-cha, salsa, samba, and more. This class embraces all levels of ability by providing step-by-step instruction, demonstration, and modified moves. No prior experience is necessary! This class is like no other because it gives you a full-body workout that incorporates aerobic dance movements, muscle toning, stretching, and relaxation exercises. It's a great way to build your cardio fitness while having fun, and is perfect for both men and women who enjoy being active. Each session consists of warm-up exercises, Latin cardio dance segments, weights, stretching, and cool down. Please wear comfortable shoes and bring a water bottle and light hand weights. Try it — you'll like it!

Please note: *For physical activity courses we encourage everyone to consult with a physician who can help assess fitness for participation. Please be aware that we do not have trained medical personnel on the premise during any courses with physical activity.*

**Connie Pollack** has been teaching aerobic dance to adults for the past 19 years at Congregation Beth Shalom. She loves singing and dancing to music and enjoys choreographing energetic and fun routines. With a degree in health and physical education, she taught physical education to students of all ages for 15 years before obtaining her master's degree in school counseling and transitioning to the field of college consulting. Currently, she works as a private college counselor in Squirrel Hill and helps students with their college or graduate school selection and application process, and tutors students in English, writing, reading, and test prep. She has always been passionate about teaching, encouraging fitness and exercise, and volunteering in her community.

*\*Materials fee information located on page 107.*

## Tamburitzan Folk Dancing

Study Leader: George Schexnayder

Materials Fee: \$10\*

- 6 Classes: Aug. 31 – Oct. 5      Class ID: 4350
- Wednesday, 10:00 AM - 11:30 AM
- Wilkins Community Center, Room 102  
Regent Square, 7604 Charleston Ave, Swissvale

- 6 Classes: Oct. 26 – Dec. 7\*      Class ID: 4351
- Wednesday, 10:00 AM - 11:30 AM
- Wilkins Community Center, Room 102  
Regent Square, 7604 Charleston Ave, Swissvale

\*Note: Class will not meet on Nov. 23

Enjoy learning new dances? Try kolos (circle dances) from a variety of Eastern European countries: Serbia, Croatia, Bulgaria, etc. These easy-to-learn kolos have moderate dance steps that also provide a slight physical workout. Each lesson teaches new dances and reviews previously taught dances. Kolo dancing to recorded Tamburitzan music does not require partners. People of all ages participate in kolos in the Pittsburgh area at social dances held in various locations throughout the year.

Please note: For physical activity courses we encourage everyone to consult with a physician who can help assess fitness for participation. Please be aware that we do not have trained medical personnel on the premise during any courses with physical activity.

**George Schexnayder** became interested in Eastern European folk dancing when his four children danced and performed with local youth folk dance groups. George began to learn the dances at the many dance socials he attended. This learning and dancing has continued for the past 27 years. Currently, he teaches folk dancing at the monthly dances held at the Bulgarian-Macedonian National Educational and Cultural Center, BMNECC, in West Homestead, PA

\*Materials fee information located on page 107.

## MUSIC & DRAMA

### Singing In A Choral Class

Study Leader: Constance Rapp

Materials Fee: \$15\*

- 6 Classes: Sep. 1 – Oct. 6      Class ID: 4270
- Thursday, 1:00 PM - 2:30 PM
- Wilkins Community Center, Room 101  
Regent Square, 7604 Charleston Ave, Swissvale

- 6 Classes: Oct. 27 – Dec. 8\*      Class ID: 4428
- Thursday, 1:00 PM - 2:30 PM
- Wilkins Community Center, Room 101  
Regent Square, 7604 Charleston Ave, Swissvale

\*Note: Class will not meet on Nov. 24

In an atmosphere of collegiality, the class learns choral music spanning the centuries. No experience is necessary; however, the class does learn 2 and 3 part music. Reading music is helpful. The desire to participate and learn is essential!

Please note: Sheet music is included in the fee.

**Connie Rapp** is a music graduate (piano) of the University of Michigan and the Juilliard School. In Pittsburgh, she has taught piano at the Carnegie Mellon preparatory division and at Duquesne University and was an active chamber musician. Prior to coming to Pittsburgh, she conducted junior high school choral groups. She is a member of Osher.

\*Materials fee information located on page 107.



## TOURS

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### Our Three Rivers: Key To Quality Of Life & Our Economy

*Study Leader:* Scott Harshman, Richard Lockwood

- 6 Classes: Aug. 31 – Oct. 5      *Class ID:* 4388
- Wednesday, 9:30 AM - 12:30 PM
- Various Locations, TBA

The course is intended to increase awareness of the participants to the value of the Major Watersheds in Western Pennsylvania and their impact on the Economic Health of the Region and the Quality of Life of the Citizens. The course will consist of six unique field site visits that highlight important aspects related to the watersheds including a lock & dam, an operating river terminal, a joint meeting with members of the Waterways Association of Pittsburgh, an environmental site, and a recreational boating marina.

Please note: \$35.00 lunch is optional

**Scott Harshman**, with over 20 years of public and private sector experience focusing on economic development, serves as the Marketing & Program Manager for the Port of Pittsburgh Commission. In this position, Scott works to promote the commercial and recreational use of our rivers and increase the visibility of the Commission's offerings in the Greater Pittsburgh region including the Revolving Loan Fund, financing packages for capital projects, access to various grant programs, and advocacy for increased lock and dam funding. Scott is a graduate of Indiana University of PA with a B.A. in political science and economics.

**Richard "Rich" Lockwood** recently retired as Chief of Operations and Readiness of the U.S. Army Corps of Engineers, Pittsburgh District with 42 years of service. Rich is a licensed Mariner, confirmed "River Rat," and a subject matter expert on the Inland Marine Transportation System and Rivers Information Services.

## LIFE SCIENCE

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### Classes At The National Aviary

*Study Leader:* National Aviary

*Materials Fee:* \$80\*

- 4 Classes: Sep. 14 – Oct. 5      *Class ID:* 4381
- Wednesday, 10:00 AM - 11:30 AM
- National Aviary,  
700 Arch St, North Side

Wednesday 9/14 - How to Put Out a Welcome Mat for Birds, Bees, and Butterflies (Robert Mulvihill) This class will focus on landscaping to attract everything from birds to bees (and other pollinators), increasing the attractiveness of our yards to these local animals making it healthier for them, for us, and for the planet.

Wednesday 9/21 - Avian Intelligence: Are Birds Smart? (Frances Reichl) Historically birds were thought to operate mostly by instinct rather than having anything like a prefrontal cortex. Once we recognized the differences in avian and mammalian brain anatomy, we realized that birds performed cognitive tasks that were nothing short of astounding.

Wednesday 9/28 - Birds of Prey: Diversity and Ecological Importance (Cathy Schlott) Many of us can recognize birds of prey. But did you know that there is great diversity within this group? From eagles to hawks, falcons to owls, this class will discuss what makes each group unique – as well as what characteristics they share. During this class, you will learn more about how birds of prey support healthy ecosystems, even in urban environments.

Wednesday 10/5 – Warblers of Western Pennsylvania (Robert Mulvihill) Warblers are a fascinating and diverse group of birds that provide a rewarding challenge for many bird enthusiasts. This class will teach you identification by sight and song, migration timing and sequence of the species, and habitats, ranges and breeding habits of the species that nest within Pennsylvania.

**Robert S. Mulvihill** is the National Aviary's Ornithologist. Bob spent nearly 30 years as a bird bander, education specialist, and field researcher at Powdermill, banding hundreds of thousands of birds during his tenure.

**Frances Reichl** was Professor of Medicine at the University of Pittsburgh School of Medicine where she did research and teaching for 30 years until her retirement. She joined the volunteer program at the National Aviary that year to pursue her passionate interest in all things avian.

**Cathy Schlott**, the National Aviary's Director of Animal Programs and Experiences, oversees the Aviary's Environmental Education Program. Cathy has been with the Aviary since 2003 and has been instrumental in curriculum development, marketing, and advancing animal programs.

*\*Materials fee information located on page 107.*

# SOCIAL SCIENCES

Contemporary Topics/Sociology | History | Pittsburgh | Religion/Philosophy



## CONTEMPORARY TOPICS/ SOCIOLOGY

### Goodwill: More Than A Store

*Study Leader:* Laurie Cybulski

- 1 Class: Oct. 14
- Friday, 12:30 PM - 2:30 PM
- Goodwill SWPA,  
118 52nd St, Lawrenceville

*Class ID:* 4416



ONE  
DAY

Join us for a “behind the scenes” look at Goodwill SWPA’s Human Service programs at our workforce development center in Lawrenceville. Learn how your donations of clothing and other items make an enormous difference in the quality of life for people in your own community. We’ll explain how Goodwill carries out its mission, through its vast scope of programs and services, and how it’s become one of the largest and most diverse social and human service organizations in the region.

**Laurie Cybulski** is the Director of Education at Goodwill SWPA. She has worked for Goodwill for over 15 years as an assessor, instructor, test center proctor and program director. She is an avid reader, quilter and gardener.

### A Journey Through Latin America

*Study Leader:* Billie DeWalt

- 3 Classes: Aug. 30 – Sep. 13 *Class ID:* 4356
- Tuesday, 1:00 PM - 2:30 PM
- Latin American Cultural Center,  
4338 Bigelow Blvd, Oakland

We will take a journey through the sprawling region known as Latin America, focusing on its pre-history, history, cultures, and contemporary importance in the world. Often ignored, Latin America deserves greater attention because of its geographical proximity and because almost 20% of the U.S. population traces its heritage to the region. Using the virtual and/or physical exhibits of the newly-created Latin American Cultural Center in Pittsburgh, we will come to appreciate the vibrancy and dynamism of this part of the world.

**Bill DeWalt** is a cultural anthropologist who led the renowned Center for Latin American Studies at the University of Pittsburgh where he was also a Distinguished Service Professor. He then moved into museum administration as Director of Carnegie Museum of Natural History, Founding President and Director of the Musical Instrument Museum in Phoenix Arizona, and Museum Director of the Edward M. Kennedy Institute in Boston. In retirement, he is currently Senior Advisor for the Latin American Studies Association helping to establish the new Latin American Cultural Center in Pittsburgh.



## HISTORY

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### Liberty And No Excise!

*Study Leader:* Denise Cummins, Tracie Liberatore  
*Materials Fee:* \$35\*

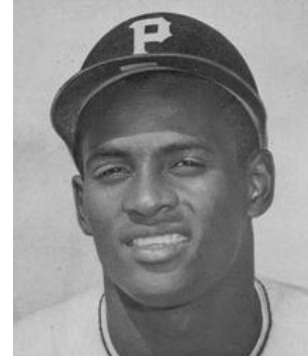
- 1 Class: Oct. 11 Class ID: 4313
- Tuesday, 9:30 AM - 2:30 PM
- Bradford House Museum ONE DAY  
 175 S Main St, Washington, PA 15301

This was the rallying cry for the Whiskey Rebellion of 1794, the first test of the power of the federal government under the new U.S. Constitution, when the unpopular excise tax levied against frontier farmers incited them to violent protest. The morning will provide an overview of this insurrection. Historical context will be established through lecture and exploration of primary sources. The afternoon is site visits to the Bradford House Museum, where participants will tour the beautifully restored and appointed National Historic Landmark home of Whiskey Rebellion leader David Bradford, and the Whiskey Rebellion Education & Visitor Center, 184 South Main Street, Washington, PA, where visitors will walk through an illustrated timeline of events and period displays. Knowledgeable docents, in period attire, will provide additional insight as well as answer questions.

**Denise Cummins** was born and raised in Washington, Pennsylvania, a few blocks from the Old Stone House that is now the Bradford House Museum. She began volunteering at the Bradford House following her retirement from teaching. A lifelong learner, she enjoys finding the story behind the history and sharing that story with others.

**Tracie Liberatore**, the Executive Director of the Bradford House Historical Association since 2011, has a strong business and non-profit background. She works closely with the board of directors, docents, and volunteers to raise awareness for the Whiskey Rebellion.

*\*Materials fee information located on page 107.*



## PITTSBURGH

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### Visit To The Roberto Clemente Museum

*Study Leader:* Judy Rubinstein

*Materials Fee:* \$20\*

- 1 Class: Oct. 20 Class ID: 4426
- Thursday, 10:45 AM - 12:15 PM
- The Clemente Museum, ONE DAY  
 3339 Penn Ave, Lawrenceville NEW

The Clemente Museum is housed in historic Engine House 25, located in the revitalized Lawrenceville section of Pittsburgh. Executive Director and Curator, Duane Rieder, has meticulously renovated Engine House 25 to showcase the world's largest exhibited collection of baseball artifacts, works of art, literature, photographs, memorabilia, and related materials which focus on Roberto Clemente, his teammates, his personal life, and his humanitarian causes. Whether it is the Gold Gloves, The Silver Slugger Award, The 1960 and '71 World Series Rings, the cleats and home base from the '71 series, or the name of his wife, Vera, scratched into a vase Roberto made for her, visitors to the museum will leave knowing, more fully, what made Roberto Clemente a great man. A docent will lead the tour.

Please note: *Free parking is available in the back of the building. \$20.00 material fee to be paid at the door.*

**Judy Rubinstein** will coordinate the tour. As a member of the Curriculum Committee for over 15 years, her intellectual curiosity and wide range of contacts, led to many new courses for Osher at CMU. She is a graduate of Chatham University, former Board Member of Naples Council on World Affairs, and the Rauh Jewish Archives at the Heinz History Center.

*\*Materials fee information located on page 107.*



## Backyard Pollinator Habitats

*Study Leader:* Pittsburgh Botanic Garden

- 1 Class: Oct. 13 *Class ID:* 4432
- Thursday, 10:30 AM - 12:00 PM
- Pittsburgh Botanic Garden, **NEW**  
799 Pinkerton Run Rd, Oakdale, 15071 **ONE DAY**

If you're concerned about pollinators – and who shouldn't be?! – one of the best and easiest actions you can take to assist them is to provide essential elements that they need in your own garden. Join us as Pittsburgh Botanic Garden's Education & Exhibits Director, Dr. Mark Miller, examines the items that pollinators need to not only survive but thrive. Class attendees will explore various gardens and natural areas at the Garden to identify essential elements, how they can be incorporated into a small residential landscape and possibly spot late season pollinators. Plants that grow well in western PA and provide food, shelter and/or egg-laying for pollinators will be featured. The walk-about will happen rain or shine. Pittsburgh Botanic Garden has topography so wear appropriate attire and comfortable walking shoes.

**Mark A. Miller**, PhD, is the Education Director at Pittsburgh Botanic Garden. A horticulture and environmental education graduate of The Ohio State University, Mark has been a teacher in the US Peace Corps, at a women's prison and at several institutions of higher education. His 40-year career has also included positions in the non-profit sector, landscape nurseries and design firms, online content direction, Cooperative Extension and most recently as Outreach Education Manager at Franklin Park Conservatory and Botanical Gardens in Columbus, Ohio.

## Walking Historical Mt. Washington

*Study Leader:* Jay Steele

- 1 Class: Oct. 17 *Class ID:* 4260
- Monday, 9:00 AM - 11:00 AM
- Mt. Washington, TBD **NEW** **ONE DAY**

This course is done by an experienced tour guide of over twenty years and will give the students a very unique perspective of the past, present, and future of the Mt. Washington neighborhood. This will be highlighted in the walking tour the history, the architecture, and hidden gems of Mt. Washington. It is indeed a grand view! Bring your cameras!

**Jay Steele** is a recently retired adjunct professor of Health and Physical Education at CCAC. He is a Pittsburgh native born and raised in the Observatory Hill section of the North Side. He currently lives in Ross Township with his wife Carol. He has also taught community education walking courses for CCAC, Pitt Osher and Osher at CMU for over 20 years. He also has been a long-time volunteer for Pittsburgh History and Landmarks Foundation as well as Doors Open Pittsburgh. He has developed these walking courses/tours throughout the city of Pittsburgh/Allegheny County, which combine his loves of exercise and Pittsburgh and Allegheny County history and architecture.

RELIGION/PHILOSOPHY

Seasons of Our Lives -  
The Jewish Holy Days

Study Leader: Ron Symons, Meliss Hiller

- 4 Classes: Aug. 31 – Sep. 21      Class ID: 4358
- Wednesday, 11:00 AM - 12:00 PM
- Jewish Community Center,  
Squirrel Hill, 5738 Darlington Road



ONE DAY

The Jewish calendar provides us with 4 opportunities each fall (Rosh Hashanah, Yom Kippur, Sukkot, and Simchat Torah) to reflect on the season of the year and the season of our lives. No matter your background, and we welcome people with all backgrounds, the customs, values and stories of these holy days reflect the human condition. Our conversations will include traditional and innovative ways to explore the human condition through literature, visual arts, music, and insightful conversation. Our conversations will be all the richer because of your participation.

**Rabbi Ron Symons**, Sr. Director of Jewish Life of the JCC of Greater Pittsburgh, is committed to strengthening the fabric of our community by amplifying ‘love your neighbor as yourself’, ‘do not stand idle while your neighbor bleeds’, and redefining ‘neighbor’ as a moral concept.

**Melissa Hiller**, Director of the American Jewish Museum of the Jewish Community Center of Greater Pittsburgh, is committed to using art and subsequent conversations to strengthen the fabric of community. Both Ron and Melissa work collaboratively through the Center for Loving Kindness and Civic Engagement of the JCC of Greater Pittsburgh.



OSHER AT CMU  
VALUES AND EXPECTATIONS

**Mission:** The mission of Osher at CMU is to provide its members with learning and social enrichment opportunities that increase their knowledge, enhance skills and interactions with peers, and increase cultural and social awareness, complementing CMU’s leading role in educational, intellectual, and cultural life in the Pittsburgh region.

**Vision:** Osher at CMU’s vision is to be a premier quality source of lifelong learning for its members through cost effective, short-term, non-credit courses, lectures, field trips, special interest groups, and other events supporting its mission.

**Values:** Osher at CMU provides a dynamic, intellectually stimulating, and participative environment of continuous learning. To ensure the effectiveness of that environment, we highly value:

- mutual respect,
- personal and academic integrity, and
- civil discourse.

**Expectations and Actions:** Osher at CMU expects its participants (members, study leaders, staff, volunteers and prospects) to observe our values. Participants agree:

1. To embrace diverse perspectives on subjects, thereby ensuring vitality, relevance, and further learning.
2. To ensure that discourse and interactions are about the course and not the individual.
3. To respect all participants through regular attendance, only at courses for which registered.
4. To participate in appropriate ways that help the group to grow.

Osher at CMU holds a high behavioral standard, expecting no personal attacks or other behavior that fails to meet these expectations, including denigrating other’s views or opinions, threatening behaviors, use of offensive or abusive language, disruptive classroom conduct, sexual harassment or discrimination, and monopolizing discussions.

Anyone who disregards the values and expectations of Osher at CMU may be denied the privilege of participating in courses and/or other Osher activities even to the extent of discontinued membership.

We encourage participants in the Osher at CMU community to notify the Executive Director or the Board President if they observe behavior that is inconsistent with our Values and Expectations.

We are committed to fostering a community environment of lifelong learning.

# MONDAY | Session ONE / August 29 – October 24

TIME	COURSE TITLE	CLASS ID	LEADER(S)	
9:00 AM - 10:30 AM	Flares Of Memory: To Life!	4337	CMU	Hurwitz 38
9:00 AM - 11:00 AM	Walking Historical Mt. Washington	4260	Community	Steele 90
	Organize For The Unexpected: Create Your Plan	4406	Zoom	Novak 66
10:45 AM - 12:15 PM	Self-Taught Artists, Their Stories And Their Works	4332	CMU	Carpenter 7
	Going...Going...Gone! Lost Ballparks	4262	CMU	Fortun 37
	Journeying Through The Gospels	4383	Eden Hall	Whitehead 53
	Declutter	4286	Zoom	Averbach 67
	Irving Berlin, An American Institution	4400	Zoom	Schneit 61
12:30 PM - 2:30 PM	Who Knew?: Curious Pittsburgh Pieces And Places	4372	CMU	Carpenter 41
	From Memory To Story: A Family Cookbook	4347	CMU	Kulina 21
12:45 PM - 2:15 PM	Sacred Circle Dancing	4393	CMU	Carnes 17
1:00 PM - 2:30 PM	Why Is This Music Still Alive After Centuries?	4354	CMU	Chamis 11
	Artificial Intelligence	4266	Zoom	Morris 73
1:00 PM - 3:00 PM	Short Stories: The Short Of It	4296	Zoom	Rosenblum 61
1:30 PM - 3:00 PM	Utilization Of Forensic Pathology In Civil . . .	4423	Zoom	Wecht 71
3:00 PM - 4:30 PM	Ethical Concerns Within Artificial Intelligence	4338	Zoom	Updyke 73
	Blueprint For Better: The Value Of Good Design	4373	CMU	Spolidoro 25
	The Art Of The City	4408	Community	City Theatre 81
	Washington's Washington: Building A Capital City	4410	Zoom	Watson 76
3:30 PM - 5:30 PM	Short Stories: The Short Of It	4297	Zoom	Rosenblum 61

# TUESDAY | Session ONE / August 29 – October 24

TIME	COURSE TITLE	CLASS ID	LEADER(S)	
8:30 AM - 10:30 AM	What Is A “Heart Attack” And How Can I . . .	4398	CMU	Granato 27
9:00 AM - 10:30 AM	Five Obscure Presidents And Why They Matter	4289	CMU	Grogan 35
	City Of Asylum Pittsburgh Worldwide Hub	4265	Zoom	Alphabet City 78
9:00 AM - 10:30 PM	It’s Good To Be Queen! A Woman’s Financial . . .	4365	CMU	Wilkinson 18
9:30 AM - 2:30 PM	Liberty And No Excise!	4313	Community	Cummins 89
10:45 AM - 12:15 PM	Golden Age Of Rock & Roll - 1955 - 1964	4411	CMU	King 10
	Flash Memoir: A Writing Workshop	4341	CMU	Langer 22
	Decision Making	4288	Zoom	Averbach 67
	Writing Your Own Obituary	4275	Zoom	Morris 68
	The US-Dakota War Of 1862	4340	CMU	Weinberg 37
12:30 PM - 2:00 PM	What’s Ahead For The Us Economy And . . .	4274	CMU	Robertson 13
	China: From Confucius To XI	4387	CMU	Hier 35
	That’s My Bag: A Primer On Counterfeiting . . .	4389	CMU	Colen 15
12:30 PM - 2:30 PM	Creating Your Own Rijstaffel	4378	Community	Green 83
	The Great Castle Shannon Bank Robbery Of 1917	4304	CMU	Hale 39
	Sailing On The Us Brig Niagara: 1813 And Today	4305	CMU	Hale 39
1:00 PM - 2:30 PM	A Journey Through Latin America	4356	Community	DeWalt 88
	Forensic Sciences- Taking The Bite Out Of Crime	4311	Zoom	Sobel 72
2:45 PM - 4:15 PM	Emerging Legal Issues	4267	CMU	DeFazio 15
	Introduction To Great American Speeches	4436	Zoom	Shribman 76

# WEDNESDAY | Session ONE / August 29 – October 24

TIME	COURSE TITLE	CLASS ID	LEADER(S)	
8:30 AM - 10:30 AM	Wannabe Authors	4264	Zoom	Michael 69
9:00 AM - 10:30 AM	Ups And Downs, Music And Emotions: Part 2	4269	Zoom	Cantor 62
9:30 AM - 12:30 PM	Our Three Rivers: Key To Quality Of Life . . .	4388	Community	Harshman 86
10:00 AM - 11:30 AM	Tamburitza Folk Dancing	4350	Community	Schexnayder 85
	Classes At The National Aviary	4381	Community	* 87
10:45 AM - 11:45 AM	Missed Connections With Pittsburgh's City Steps	4277	Zoom	Zurowski 77
10:45 AM - 12:15 PM	Struggling Against Odds: Stories Of Yiddish . . .	4366	CMU	Rubin 8
	Salem Witch Trials Revisited	4319	CMU	Gundersen 38
	A Night At The Movies - Bergman	4300	Zoom	Winikoff 58
	Spirited Fun Through Improv	4367	Zoom	Harris 65
	"Such Friends": The Centenary Of <i>The Waste Land</i>	4363	CMU	Donnelly 9
	Writing In Your Voice	4413	CMU	Fallon 22
11:00 AM - 12:00 PM	Seasons Of Our Lives - The Jewish Holy Days	4358	Community	Symons 91
12:30 PM - 2:00 PM	Pittsburgh's Mid-20Th Century Rebirth	4368	CMU	Voigt 42
	Golden Age Of Doo Wop Music 1953-1963	4412	CMU	King 10
12:30 PM - 2:30 PM	Muhammad And The Quran	4348	CMU	Khan 44
	The Global Challenge Of Demographic Change	4285	CMU	Blank 29
1:00 PM - 2:30 PM	Seasoned Investors	4369	Zoom	Pechersky 64
	Regenerative Medicine	4357	Zoom	Brown 71
1:30 PM - 3:00 PM	Opera Aural Dissection For Beginners	4321	Zoom	Egan 62
2:00 PM - 3:30 PM	Broadway Through The Ages	4404	CMU	Thomas 12
2:45 PM - 4:15 PM	Community Science For A Changing Climate	4437	Eden Hall	Lubold 52
3:00 PM - 4:30 PM	An Introduction To Sikhism	4399	CMU	Asenjo 45
	Non-Fake News: How Journalism Works	4397	CMU	Gormly 32

# THURSDAY | Session ONE / August 29 – October 24

TIME	COURSE TITLE	CLASS ID	LEADER(S)		
10:00 AM - 12:00 PM	Hatha Yoga	4261	Community	Barone	94
10:30 AM - 12:00 PM	Backyard Pollinator Habitats	4432	Community	Pgh Botanic	90
10:45 AM - 12:15 PM	Failure And Reform In The Criminal Justice . . .	4293	CMU	Thieman	13
	Enjoying The New Yorker	4424	Zoom	Duquin	75
	Embracing A Green Lifestyle	4292	Zoom	*	70
	China Before The Pandemic	4379	CMU	Zeigler	41
	Visit To The Roberto Clemente Museum	4426	Community	Rubinstein	89
11:00 AM - 12:00 PM	Prophetic Voices:Renewing And Reimagining . . .	4272	Zoom	Symons	79
12:30 PM - 2:00 PM	Challenges To Foreign Policy Today	4295	CMU	Jett	43
12:30 PM - 2:30 PM	Have You Ever Wanted To Act On Stage?	4355	CMU	Thomas	20
	Moving Stuff: The Problem With Supply Chains	4284	CMU	Blank	29
1:00 PM - 2:30 PM	Singing In A Choral Class	4270	Community	Rapp	85
1:00 PM - 3:00 PM	Great And Notable Novels Read And Revisited	4334	Zoom	Various	60
2:45 PM - 4:45 PM	Minerals - Nature's Treasures	4339	CMU	Clare	26
	The Red Scare	4312	Eden Hall	Winikoff	53
3:00 PM - 4:30 PM	Andy Warhol And The Principles Of Pop Art	4376	Zoom	Warhol Museum	58
	Andy Warhol And The Kennedys	4377	Zoom	Warhol Museum	58
3:30 PM - 5:30 PM	Shakespeare's <i>Cymbeline</i>	4336	Zoom	Guy	59

# FRIDAY | Session ONE / August 29 – October 24

TIME	COURSE TITLE	CLASS ID	CAMPUS	PRIMARY SL	PG #
9:00 AM - 10:30 AM	The Teachings Of Fred Rogers	4309	CMU	Gusky	30
10:45 AM - 12:15 PM	A Brief Tour Of Asian Thought	4360	CMU	Givvin	33
	LSD And The Psychedelic Experience	4371	CMU	Carter	34
	Maxo Vanka Murals In Millvale	4414	Community	Gaugler	81
	Virtually Visit The Maxo Vanka Murals	4415	Zoom	Gaugler	57
12:00 PM - 1:00 PM	First Fridays At Redeemer	4278	Community	Labounsky	82
12:30 PM - 2:30 PM	Richard Strauss: The Long Goodbye	4280	CMU	Swoger	11
	Independent Art Study	4361	CMU	Bates	16
	Goodwill: More Than A Store	4416	Community	Cybulski	88
2:45 PM - 4:45 PM	First Osher California V. French Wine Challenge	4330	CMU	Llovet	30



# MONDAY | Session TWO / October 24 – December 16

TIME	COURSE TITLE	CLASS ID	CAMPUS	PRIMARY SL	PG #
9:00 AM - 10:30 AM	A Critical Look At World War II	4298	CMU	Netzer	40
10:45 AM - 12:15 PM	Contemporary Asian Architects 1 - China	4282	CMU	Swoger	24
	Enjoying The New Yorker	4308	CMU	Brown	31
	Ethical Issues In Healthcare	4333	CMU	Reilly	34
	Understanding And Managing Your Personal . . .	4320	Eden Hall	Semper	51
	100 Years Of Comedy: What Has Made Us Laugh	4390	Zoom	Vorensky	59
	Healthy Eating	4287	Zoom	Averbach	69
12:30 PM - 2:00 PM	Germany Between The Wars	4327	CMU	Werner	40
1:00 PM - 2:30 PM	The Many Scenes Of Orson Welles	4343	CMU	Hoover	9
	Health Care & Insurance For Seniors	4263	CMU	Veazey	18
2:45 PM - 4:15 PM	The Mystery Novel: You Can Write One	4326	CMU	Tucker	23
2:45 PM - 4:45 PM	Progressive Crochet	4271	Eden Hall	Harris	50

# TUESDAY | Session TWO / October 24 – December 16

TIME	COURSE TITLE	CLASS ID	CAMPUS	PRIMARY SL	PG #
9:00 AM - 10:30 AM	Ira Distribution Strategies	4294	CMU	Kahn	19
	Far, Far From The Trenches: WWI In East Africa	4290	CMU	Grogan	36
	Return To Maycomb - A Homage To Harper Lee	4392	Zoom	Mariani	60
	Ancient Historians	4283	Zoom	Daffner	75
	Using A Sketchbook To Enrich The Travel . . .	4407	CMU	Landesberg	16
10:45 AM - 12:15 PM	Finding Free Treasures In Least Expected Places	4401	CMU	Roselle	20
	The Palestinian Story: Hope And Sumud	4384	CMU	Whitehead	33
	From Arrest To Trial	4325	Zoom	Miller	63
	Difficult Conversations	4276	Zoom	Morris	68
12:30 PM - 2:30 PM	Soulcollage® For New And Returning Students	4391	CMU	Carnes	21
12:45 PM - 2:15 PM	The Federal Courts: Unraveling The Mystery	4380	CMU	Fagan	14
	Wellness In An Energetic And Electromagnetic . . .	4353	CMU	Brown	25
1:00 PM - 3:00 PM	Continuing Painting In Acrylics	4303	Community	VandenBerg	83

# WEDNESDAY | Session TWO / October 24 – December 16

TIME	COURSE TITLE	CLASS ID	CAMPUS	PRIMARY SL	PG #
9:00 AM - 10:30 AM	Planning And Development In Allegheny County	4409	Zoom	O'Loughlin	74
	The Art Of Shadows	4329	CMU	Goldstein	44
1:15 PM - 2:30 PM	Get Fit - A Fun Latin Cardio Workout	4394	Community	Pollack	84
10:00 AM - 11:30 AM	Tamburitzan Folk Dancing	4351	Community	Schexnayder	85
10:45 AM - 12:15 PM	The Last Recorded Duel In Pittsburgh	4396	CMU	Grogan	36
	Will Our Democracy Survive Political Upheaval	4322	CMU	Presutti Jr	42
	Accessibility 101: From UD To UDLI	4302	Zoom	Barkon	70
	Topics On Education In America	4431	Zoom	Ochs	75
12:30 PM - 2:30 PM	Writers' Workshop	4299	CMU	Snyder	23
	Einstein For The Masses	4434	CMU	Patzer	27
	Pittsburgh In The Gilded Age	4375	CMU	Tellers	41
1:00 PM - 2:30 PM	Autism Spectrum Disorders And ADHD . . .	4335	Zoom	Lemer	72
	The Nobel Prizes: The Good, The Bad, And . . .	4342	Zoom	Miller	74
3:00 PM - 4:30 PM	Learning From The Past And Building The . . .	4346	CMU	Reppe	24
	Selected Topics In 19th Century Pittsburgh . . .	4349	Zoom	Burstin	77

# THURSDAY | Session TWO / October 24 – December 16

TIME	COURSE TITLE	CLASS ID	CAMPUS	PRIMARY SL	PG #
9:00 AM - 10:30 AM	Elder Law - Being Prepared As One Grows Older	4359	CMU	Sikov Gross	14
	Grandparenting 101	4314	Zoom	Diamond	66
10:45 AM - 12:15 PM	Enjoying The New Yorker	4425	Zoom	Duquin	75
	Urban Planning Choices	4291	CMU	Reidbord	31
	Reinhold Niebuhr: Philosophy, Politics, And Race	4318	CMU	Stone	43
	Our Town And Ourselves	4281	Eden Hall	Fortun	49
	Bridge: Play Of The Hand	4310	Zoom	Olmsted	65
	Prophetic Voices:Renewing And Reimagining . . .	4273	Zoom	Symons	79
12:30 PM - 1:30 PM	Keeping The Keys	4364	Eden Hall	Anthony	51
12:30 PM - 2:30 PM	The Politics Of The Gender Gap	4374	Zoom	Hansen	78
1:00 PM - 2:30 PM	Race, Class & Education Part II: Schools That . . .	4316	CMU	Wertheimer	32
	Singing In A Choral Class	4428	Community	Rapp	85
	Emerging Legal Issues	4268	Zoom	DeFazio	63

# FRIDAY | Session TWO / October 24 – December 16

TIME	COURSE TITLE	CLASS ID	CAMPUS	PRIMARY SL	PG #
9:00 AM - 10:30 AM	Chinese Medicine: Health And Harmony	4402	CMU	Gray	28
9:30 AM - 12:00 PM	Figure Drawing	4420	CMU	Bangley	17
10:45 AM - 12:15 PM	The Phenomenon Of "A Christmas Carol"	4352	CMU	Banister	9
	A Night At The Movies - Broadway To Hollywood	4301	Zoom	Winikoff	59
12:30 PM - 2:30 PM	Russian Avant-Garde Art Of The 20Th Century . . .	4331	CMU	Greenspan	7
	Independent Art Study	4362	CMU	Bates	16
	Intermediate French Conversation	4317	CMU	Schreurs	19
2:45 PM - 4:15 PM	Reading Metrical Verse	4403	CMU	Wainwright	8

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Last Name	First Name	Class ID	Class Name	Campus	PG #
Alphabet	City	4265	City Of Asylum@Alphabet City: Pittsburgh Worldwide	Zoom	78
Anthony	Terri	4364	Keeping The Keys	Eden Hall	51
Asenjo	Christine	4399	An Introduction To Sikhism	CMU	45
Averbach	Rosa Barnett	4286	Declutter	Zoom	67
Averbach	Rosa Barnett	4288	Decision Making	Zoom	67
Averbach	Rosa Barnett	4287	Healthy Eating	Zoom	69
Aviary	National	4381	Classes At The National Aviary	Community	87
Bangley	Betsy	4420	Figure Drawing	CMU	17
Banister	Mark	4352	The Phenomenon Of "A Christmas Carol"	CMU	9
Barkon	Beverly	4302	Accessibility 101: From UD To UDLI	Zoom	70
Barone	Loretta	4261	Hatha Yoga	Community	84
Bates	Gary	4361/4362	Independent Art Study	CMU	16
Blank	Stephen	4285	The Global Challenge Of Demographic Change	CMU	29
Blank	Stephen	4284	Moving Stuff: The Problem With Supply Chains	CMU	29
Botanic	Garden	4432	Backyard Pollinator Habitats	Community	90
Brown	Bryan	4357	Regenerative Medicine	Zoom	71
Brown	John	4308	Enjoying The New Yorker	CMU	31
Brown	Robert	4353	Wellness In An Energetic And Electromagnetic World	CMU	25
Burstin	Barbara	4349	Selected Topics In 19th Century Pittsburgh History	Zoom	77
Cantor	Owen	4269	Ups And Downs, Music And Emotions: Part 2	Zoom	62
Carnes	Alice	4393	Sacred Circle Dancing	CMU	17
Carnes	Alice	4391	Soulcollage® For New And Returning Students	CMU	21
Carpenter	Rebecca	4332	Self-Taught Artists, Their Stories And Their Works	CMU	7
Carpenter	Rebecca	4372	Who Knew?: Curious Pittsburgh Pieces And Places	CMU	41
Carter	Donald	4371	LSD And The Psychedelic Experience	CMU	34
Chamis	Flavio	4354	Why Is This Music Still Alive After Centuries?	CMU	11
City	Theatre	4408	The Art Of The City	Community	81
Clare	Harlan	4339	Minerals - Nature's Treasures	CMU	26
Colen	Fred	4389	That's My Bag: A Primer On Counterfeiting & Piracy	CMU	15
Cummins	Denise	4313	Liberty And No Excise!	Community	89
Cybulski	Laurie	4416	Goodwill: More Than A Store	Community	88
Daffner	Richard	4283	Ancient Historians	Zoom	75
DeFazio	David	4267	Emerging Legal Issues	CMU	15
DeFazio	David	4268	Emerging Legal Issues	Zoom	63
DeWalt	Billie	4356	A Journey Through Latin America	Community	88
Diamond	Mark	4314	Grandparenting 101	Zoom	66
Donnelly	Kathleen Dixon	4363	"Such Friends": The Centenary Of <i>The Waste Land</i>	CMU	9
Duquin	Mary	4424/4425	Enjoying The New Yorker	Zoom	75
Egan	Marilyn	4321	Opera Aural Dissection For Beginners	Zoom	62
Fagan	Bob	4380	The Federal Courts: Unraveling The Mystery	CMU	14
Fallon	Helen	4413	Writing In Your Voice	CMU	22
Fortun	David	4262	Going...Going...Gone! Lost Ballparks	CMU	37
Fortun	David	4281	<i>Our Town</i> And Ourselves	Eden Hall	49
Gaugler	Becky	4414	Maxo Vanka Murals In Millvale	Community	81

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Last Name	First Name	Class ID	Class Name	Campus	PG #
Gaugler	Becky	4415	Virtually Visit The Maxo Vanka Murals	Zoom	57
Givvin	Joseph	4360	A Brief Tour Of Asian Thought	CMU	33
Goldstein	Bruce	4329	The Art Of Shadows	CMU	44
Gormly	Kellie	4397	Non-Fake News: How Journalism Works	CMU	32
Granato	Jerome	4398	What Is A "Heart Attack" And How Can I Get One?	CMU	27
Gray	Thalia	4402	Chinese Medicine: Health And Harmony	CMU	28
Green	David	4378	Creating Your Own Rijstaffel	Community	83
Greenspan	Bill	4331	Russian Avant-Garde Art Of The 20Th Century - Part II	CMU	7
Grogan	L Jon	4289	Five Obscure Presidents And Why They Matter	CMU	35
Grogan	L Jon	4290	Far, Far From The Trenches: WWI In East Africa	CMU	36
Grogan	L Jon	4396	The Last Recorded Duel In Pittsburgh	CMU	36
Gundersen	Joan	4319	Salem Witch Trials Revisited	CMU	38
Gusky	Norton	4309	The Teachings Of Fred Rogers	CMU	30
Guy	William	4336	Shakespeare's <i>Cymbeline</i>	Zoom	59
Hale	Edward	4304	The Great Castle Shannon Bank Robbery Of 1917	CMU	39
Hale	Edward	4305	Sailing On The US Brig Niagara: 1813 And Today	CMU	39
Hansen	Susan	4374	The Politics Of The Gender Gap	Zoom	78
Harris	Emily	4367	Spirited Fun Through Improv	Zoom	35
Harris	Cindy	4271	Progressive Crochet	Eden Hall	50
Harshman	Scott	4388	Our Three Rivers: Key To Quality Of Life & Our Economy	Community	86
Hier	Charles	4387	China: From Confucius To XI	CMU	35
Hoover	Robert	4343	The Many Scenes Of Orson Welles	CMU	9
Hurwitz	Linda	4337	Flares Of Memory: To Life!	CMU	38
Jett	Dennis	4295	Challenges To Foreign Policy Today	CMU	43
Kahn	Bud	4294	Ira Distribution Strategies	CMU	84
Khan	Aliya	4348	Muhammad And The Quran	CMU	44
King	Jim	4411	Golden Age Of Rock & Roll - 1955 - 1964	CMU	10
King	Jim	4412	Golden Age Of Doo Wop Music 1953-1963	CMU	10
Kulina	Anita	4347	From Memory To Story: A Family Cookbook	CMU	21
Labounsky	Ann	4278	First Fridays At Redeemer	Community	82
Landesberg	Rick	4407	Using A Sketchbook To Enrich The Travel Experience	CMU	16
Langer	Nancy Quick	4341	Flash Memoir: A Writing Workshop	CMU	22
Lemer	Patricia Spear	4335	Autism Spectrum Disorders And ADHD: What's New?	Zoom	72
Llovet	Ricardo	4330	First Osher California V. French Wine Challenge	CMU	30
Lubold	Becky	4437	Community Science For A Changing Climate	Eden Hall	52
Mariani	Michael	4392	Return To Maycomb - A Homage To Harper Lee	Zoom	60
Michael	Christine	4264	Wannabe Authors	Zoom	69
Miller	Errol	4325	From Arrest To Trial	Zoom	63
Miller	Enid	4342	The Nobel Prizes: The Good, The Bad, And The Human	Zoom	74
Morris	James	4266	Artificial Intelligence	Zoom	73
Morris	Susan	4275	Writing Your Own Obituary	Zoom	68
Morris	Susan	4276	Difficult Conversations	Zoom	68
Netzer	Robert	4298	A Critical Look At World War II	CMU	40

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Last Name	First Name	Class ID	Class Name	Campus	PG #
Novak	Jamie	4406	Organize For The Unexpected: Create Your Plan	Zoom	66
O'Loughlin	David	4409	Planning And Development In Allegheny County	Zoom	74
Ochs	Jack	4431	Topics On Education In America	Zoom	75
Olmsted	John	4310	Bridge: Play Of The Hand	Zoom	35
PA	Resources	4292	Embracing A Green Lifestyle	Zoom	70
Patzer	Jack	4434	Einstein For The Masses	CMU	27
Pechersky	Brett	4369	Seasoned Investors	Zoom	64
Pollack	Connie	4394	Get Fit - A Fun Latin Cardio Workout	Community	84
Presutti Jr	Bill	4322	Will Our Democracy Survive Political Upheaval	CMU	42
Rapp	Constance	4270/4428	Singing In A Choral Class	Community	85
Reidbord	Ruth Cooper	4291	Urban Planning Choices	CMU	31
Reilly	James	4333	Ethical Issues In Healthcare	CMU	34
Reppe	Bob	4346	Learning From The Past And Building The Future At CMU	CMU	24
Robertson	Norman	4274	What's Ahead For The Us Economy And Equity Prices?	CMU	13
Roselle	Christina	4401	Finding Free Treasures In Least Expected Places	CMU	20
Rosenblum	Helen-Faye	4296/4297	Short Stories: The Short Of It	Zoom	61
Rubin	Lois	4366	Struggling Against Odds: Stories Of Yiddish Women	CMU	8
Rubinstein	Judy	4426	Visit To The Roberto Clemente Museum	Community	89
Schexnayder	George	4350/4351	Tamburitzan Folk Dancing	Community	85
Schinhofen	Mary	4334	Great And Notable Novels Read And Revisited	Zoom	60
Schneit	Martin	4400	Irving Berlin, An American Institution	Zoom	61
Schreurs	Veronique	4317	Intermediate French Conversation	CMU	19
Semper	Marcia	4320	Understanding And Managing Your Personal Finances	Eden Hall	51
Shribman	David	4436	Introduction To Great American Speeches	Zoom	76
Sikov Gross	Carol	4359	Elder Law - Being Prepared As One Grows Older	CMU	14
Snyder	Thalia	4299	Writers' Workshop	CMU	23
Sobel	Michael	4311	Forensic Sciences- Taking The Bite Out Of Crime	Zoom	72
Spolidoro	Beatrice	4373	Blueprint For Better: The Value Of Good Design	CMU	25
Steele	Jay	4260	Walking Historical Mt. Washington	Community	90
Stone	Ronald	4318	Reinhold Niebuhr: Philosophy, Politics, And Race	CMU	43
Swoger	Jeffrey	4280	Richard Strauss: The Long Goodbye	CMU	11
Swoger	Jeffrey	4282	Contemporary Asian Architects 1 - China	CMU	24
Symons	Ron	4358	Seasons Of Our Lives - The Jewish Holy Days	Community	91
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# GENERAL INFORMATION & POLICIES

## CLASSROOM LOCATIONS

If you are not familiar with the Carnegie Mellon or Eden Hall campuses, we strongly advise you to visit the course location to locate parking and the classroom before the first day of classes. You'll find the campus map for CMU and for Eden Hall at the end of each respective section. For specific page numbers, please see the front of the catalog.

## PHOTOS AND VIDEOS

For privacy and copyright laws we are not allowing our courses to be recorded by anyone. Please do not record any courses you are in.

## CLASSROOM ETIQUETTE

All of Osher's instructors are volunteering their time and talents. We are respectful of our course instructors and fellow participants by:

- attending only course(s) we are registered for. Please **DO NOT** share Zoom codes and passwords with anyone.
- arriving to class just before class starts. Remember: 7 in, 7 out.
- wearing a name tag when attending in-person classes
- raising your hand to be recognized before speaking. On Zoom, be sure to have your full name entered so you can be appropriately called on.
- staying on topic during discussions and taking turns when speaking.
- On Zoom, staying muted when not speaking so background sound from your space won't be shared with the rest of your classmates.
- mute or turning off your phone.

## BAD WEATHER DAYS

All in-person and Zoom courses will be canceled if Pittsburgh Public Schools are closed for inclement weather. This is because we cannot guarantee staff support. *No notice will be sent out.*

If the Pittsburgh City Schools have a 2-hour delay, operate as normal unless the study leader does not want to hold the class. Please use common sense when venturing out.

If classes are canceled due to weather mid-day, you will receive both an email and a robocall alerting you to the cancellation from the Osher office.

## CHECK YOUR SCHEDULE

The most up-to-date information about all classes is always available at [cmu.edu/osher](http://cmu.edu/osher). Click on the Google calendar or go to Member Sign In and enter the course ID. It is important to note course locations on your calendar.

## NON-DISCRIMINATION

The Osher Lifelong Learning Institute at Carnegie Mellon does not discriminate on the basis of age, race, color, national origin, religion, gender, sexual orientation, disability, or veteran status.

## SCHOLARSHIPS

Don't let finances stop you from participating in Osher classes, contact the office. Full and partial scholarships are available through a simple, friendly, and confidential process.

## CONTROVERSIAL SPEAKERS

On occasion, the sentiments and beliefs of a speaker or study leader may be controversial or divisive. To ensure the inherent rights of free speech and freedom of expression, the Osher Lifelong Learning Institute at Carnegie Mellon does not censor or limit any materials or opinions expressed by persons involved in our courses or lectures. However, it should be noted that those opinions may not reflect the philosophical perspective of our organization.

## EMAIL NOTIFICATIONS

Study Leaders will frequently email handouts, assignments, and class notices to their students. It is important that we have your current email address:

- The Osher office will send emails to remind you of upcoming Osher or Carnegie Mellon activities. The *Weekly Essentials* can be found on [cmu.edu/osher](http://cmu.edu/osher).
- The Osher office will send email notices for important course changes, and if necessary, also a robo call/text notice.
- While the internet has a lot of fun and thoughtful "stuff" to share, it is important for you to know that who you are sending "stuff" to is a personal friend and that they want to receive what you want to share. Using Osher members' emails for non-Osher "stuff" is not appropriate. Please ask permission first; to not do so goes against the Osher Privacy Policy.

## OSHER EMAIL ADDRESSES

The following email addresses are used to disseminate information to our students. Please add the following addresses to your email address book so you won't miss important information:

- [osher@cmu.edu](mailto:osher@cmu.edu)
- [osher-email-to-students@andrew.cmu.edu](mailto:osher-email-to-students@andrew.cmu.edu)
- [osher-general@andrew.cmu.edu](mailto:osher-general@andrew.cmu.edu)

# Ready to register?

## IF YOU ARE COVID VACCINATED:

If you are Covid-19 vaccinated AND have submitted your Vaccine Attestation Form (VAF) you are ready to go. Go to [cmu.edu/Osher](http://cmu.edu/Osher) and click "Member Sign In". At the Augusoft "welcome" page, sign in using your username and password. Please email the office if you do not know your username. If you are not able to get into your account and have submitted your VAF, please email the office at [osher@cmu.edu](mailto:osher@cmu.edu).

## IF YOU ARE NOT COVID VACCINATED:

If you are NOT Covid-19 vaccinated AND have submitted your VAF, you will need to mail a paper registration form into the office. You should do this as soon as you have picked your courses. *Paper registrations will be processed as soon as registration is announced in the order they are received.* **Non-vaccinated members will only be enrolled in online Zoom courses.**

To register by paper, either print a registration form from our website, [cmu.edu/osher](http://cmu.edu/osher) or write out your course choices on paper and mail with a check payable to Osher at CMU / 5000 Forbes Ave./ Pittsburgh, PA 15213. Be sure your check includes the registration fee of \$60.00 and any material fees required. Please provide a phone number so the staff can reach you if there is a question.

If you have NOT submitted your VAF yet you will not be able to register until you do.

## CHECK YOUR CALENDAR

As you are picking your courses, please be sure none of your classes conflict with your family events, holidays, trips, or other important events. Please only register for courses you will be able to attend. A list of official non-class dates are located below. Osher at CMU follows the CMU calendar. Once course dates are established, they won't be changed unless there is an emergency.

## REFUND POLICY

If a student drops a course at least three full business days before the first day of the course, and building and/or material fees were paid, Osher will refund these fees minus a \$10.00 administrative fee.

If a student drops all of their courses at least three full business days before the first day of the first course, Osher will refund that term's registration fee and the building and/or material fees paid, minus a \$10.00 administrative fee.

If Osher cancels a course, before it has begun, and it is the only course the member is registered for, Osher will refund that term's registration fee and any building and/or material fees paid.

If Osher cancels a course and the member is registered for other courses, Osher will only refund the course's building and material fees paid for that specific course.

All refunds will be given as an electronic voucher for future use, unless a check is requested.

## MATERIALS FEES

Materials fees are due at the time of registration unless otherwise stated.

## ZOOM CODES

The day before each of your Zoom courses are scheduled to start, you will be sent via email your Zoom codes to gain entrance to the course. Please write these down as they will be the same for each subsequent class.

## CONFIRMATION LETTERS

As you are registered, a "confirmation of class registration" will be automatically emailed to you for each course you are enrolled in. Should a course not be listed, it means that you are on the waiting list and you will receive a separate waitlist email. You will be notified via email, or phone, if and when you are enrolled in a wait listed class. Please do not attend any classes for which you do not have a confirmation.

## CLASS HELPERS ARE VITAL

Osher Ambassadors volunteer for in-person courses and serve as liaisons to the office by taking attendance and making announcements.

Zoom Class Helpers volunteer for online courses and help class run smoothly through several functions in Zoom, such as monitoring the chat and muting those who are not currently speaking.

### OBSERVED 2022 OFFICIAL OSHER SKIP DAYS

Osher Lifelong Learning Institute at CMU is a nonsectarian organization. The organization follows the CMU holiday calendar. Once a course schedule is set by the study leader and the Registrar, no changes are permitted unless there is an emergency.

Martin Luther King Jr. Day*	Jan. 17
Memorial Day*	May 30
Juneteenth*	Jun. 19
Independence Day*	Jul. 4
Labor Day*	Sep. 5
Thanksgiving Wednesday	Nov. 23
Thanksgiving Day*	Nov. 24
Thanksgiving Friday*	Nov. 25
Winter Break*	Dec. 23 - Jan. 2

CMU Carnival will be held on April 7<sup>th</sup> & 8<sup>th</sup> and no on-campus classes will be held.

\*Office is closed and staff are not available



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