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LIFELONG
LEARNING
INSTITUTE

Winter 2021

at **Carnegie Mellon University** | cmu.edu/osher



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CONTACT INFORMATION

Osher Lifelong Learning Institute
Carnegie Mellon University
4614 Wean Hall
5000 Forbes Avenue
Pittsburgh, PA 15213-3815

*Please include your return address
on all mail sent to the Osher office.*

Phone: 412.268.7489

Email: osher@cmu.edu

Website: cmu.edu/osher

ON THE COVER

Snowman is a painted bronze piece by Gary Hume located outside of Doherty Hall. Hume began his artistic career as a painter and his sculpture continues his exploration of simple, abstract forms.

Front Cover: Olivia McCann

Additional catalog images courtesy of wikimedia commons, pexels, and unsplash

What interests you? Find your courses by topic.

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All winter classes are expected to run on Zoom. Don't miss out.

If you don't know how to use Zoom, email the office to register for lessons.

Session Dates

Session One: Jan. 11 - Feb. 19
List of Courses by Day: pgs. 44-48

One & Two Day Classes: Feb 22 - Mar 5

Session Two: Mar 8 - Apr 16
List of Courses by Day: pgs. 49-53

ZOOM DIRECTIONS

Osher at CMU is using the Zoom platform for online courses. Zoom is an easy to use real-time video conferencing tool. Zoom can be downloaded and installed easily on your computer or mobile devices.

DOWNLOAD AND INSTALL ZOOM

- Windows and Mac: zoom.us
- iOS (download 'ZOOM Cloud Meetings' from App Store)
- Android (download 'ZOOM Cloud Meetings' from Google Play)

JOIN USING A MEETING ID

If you were sent a meeting ID to join a meeting, open the Zoom Application, click the blue *Join a Meeting* button and enter the Meeting ID. Click Join.

MEETING CONTROLS

Familiarize yourself with meeting controls available at bottom of the screen:

- **Mute / Unmute:** Mute and unmute your microphone.
- **Start Video / Stop Video:** Turn your camera on or off.
- **Participants:** See who's currently in the meeting.
- **Chat:** Chat is a good way for you to quietly post questions or comments without interrupting the meeting.
- **Leave Meeting:** Leave the meeting while it continues for the other participants. (Only the host can end the meeting.)
- **The Gallery View/Speaker View** at the top right corner of your screen toggles your view of the speaker(s).

SUGGESTIONS FOR ONLINE PARTICIPATION

Get your tech ready early. Well in advance of class, consider re-starting your computer (always good advice, right?), and make sure you address any software updates that might cause an interruption.

- If you're using a laptop or tablet, plug it in, as video will use your battery quickly.
- Use a headset if you have one. This can really help sound quality, decrease distractions, and keep class discussions private, if you don't have a quiet or private physical space.
- Log in early. Many Osher online courses will be open early. If the host has allowed early login, do so. Take a moment to test your microphone and video one more time.
- Mute your microphone when not speaking. This is important to avoid unintended interruptions and distracting background noise (including typing on your keyboard). The Mute control is at the bottom left of your screen.
- Stop your video if you must move around your quarters during the meeting.
- Look your best. Lighting should come from in front of you or from the side, in order to best light your face. Keep your background clear of distractions. Look at your webcam, not at the screen
- Finally, be sure to run a virus checker on your computer periodically. Your computer needs protection, too. Beware of email scams and sites offering deals simply too good to be true.

ONE- & TWO-DAY COURSES

Having trouble committing to a six-week course? Try one of our one- and two-day classes listed below. For full course description, Study Leader biography, dates, and times, please see the course listed on its assigned page.

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ARTS & HUMANITIES

Art | Cinema/Film | Literature | Music

ART

Andy Warhol's World History

Study Leader: Warhol Museum

- 5 Classes: Jan. 15 – Feb. 12 *Class ID:* 3646
- Friday, 1:00 PM - 2:00 PM
- Online Event

This course will examine how historical events in the United States and around the world impacted the artwork and life of Andy Warhol. Generally each meeting will focus on a different decade of Warhol's life; from the 1930s to the 1980s. We will cover topics such as the Great Depression, World War II, the Red Scare, the assassination of JFK, Ping-pong Diplomacy, the Iranian Revolution, and the AIDS epidemic. Participants are encouraged to share their own memories of the historical events we discuss. The presentations will feature artworks from the permanent collection of the Andy Warhol Museum, including works rarely on public display. Many critics considered Warhol to be "a mirror of his time;" this course offers an artistic and historical perspective on the times that he reflected in his art.

Grace Marston is a Gallery Educator at the Andy Warhol Museum. She has worked at the museum for over nine years and aspires to become the preeminent Warhol scholar of her generation. She has conducted gallery talks, tours, and workshops for audiences of all ages and backgrounds. She specializes in LGBTQ+ Education, Senior Education, and research projects.

Art And Politics: What Happened Between The Wars

Study Leader: Cynthia Weisfield

- 4 Classes: Jan. 12 – Feb. 2 *Class ID:* 3558
- Tuesday, 10:45 AM - 12:45 PM
- Online Event

Art is usually analyzed by formalistic considerations such as line, shape, and color. This course will augment that trope by examining art as a socio-political phenomenon reflective of a time, place and society. That concept will be made clear in the first class by a study of representative objects from antiquity to the present placed in relevant historical context. Each of the subsequent classes will concentrate on one of the repeat belligerents of World Wars I and II: Italy, Russia, Germany. A deep look will be taken at how their respective leaders used art between those cataclysms as a defining mechanism by which to mold society while furthering their overarching goals.

Cynthia F. Weisfield is an art historian with a degree from the University of Chicago. She is a freelance writer concentrating on art topics, writing regularly for *The Journal of the Print World*. She was also a contributor to the important national exhibition, "Women of Abstract Expressionism."

CINEMA/FILM

A Night At The Movies

Study Leader: Stanley Winikoff, Jeffrey Swoger

- 6 Classes: Mar. 10 – Apr. 14 Class ID: 3662
- Wednesday, 3:30 PM - 5:00 PM
- Online Event



This class explores our love affair with the movies and the motion picture industry's stars, its stories, and its continually evolving production techniques that, when properly and artistically combined, entertain us. Our class is structured so that we watch the selected movies independently at home and meet virtually to discuss them from a variety of angles including plot creation and storytelling. All of the movie choices are available at the Carnegie Library of Pittsburgh and on numerous streaming services.

Stanley Winikoff is a retired trial lawyer who has loved movies since his father took him to see English comedies at the Squirrel Hill Theatre in the 1950's. He is Chair of the Osher Curriculum Committee.

Jeffrey Swoger has taught a variety of Osher courses including a survey course on the short films of Charles and Ray Eames as well as courses on music and architecture. He is also a member of the Curriculum Committee.

Films Of Charles And Ray Eames

Study Leader: Jeffrey Swoger

- 5 Classes: Mar. 8 – Apr. 5 Class ID: 3571
- Monday, 11:00 AM - 12:30 PM
- Online Event

In addition to designing their iconic chairs, Charles Eames and his wife Ray were multi-talented designers, architects and filmmakers. This course will view a selection from their legacy of over 100 films— some short and whimsical, and some a bit longer and more serious. The Eames Design Office was world-famous for communicating complex ideas and information in an easy to digest manner with finely honed visual and intellectual elegance. These striking films are wonderful examples of their extraordinary communicative skills. Most are entertaining, eye opening, and thought-provoking. In many ways, they are the forerunners of the documentaries we've come to cherish from Ken Burns and PBS. Discussion of the films will enrich the classes.

Jeffrey Swoger spent his career as a graphic designer, communications consultant, and teacher. He was introduced to the Eames films in college. They made a lasting impression on him. He has revisited these masterful films from the sixties and seventies often. They helped, in some small way, form the approach to design he brought to his clients: honoring intelligent content, respecting the audience, and communicating key information effectively. For him, the Eames body of work is a model of clear thinking and approachable, even whimsical, communications— attributes central to any successful design solution. Finally, Charles and Ray Eames were forerunners of Jeffrey's partnership with his wife, Linda—in business and in life.

Drop a Course

Did you know you can drop a course by visiting the "quick links" section of our website, cmu.edu/osher? It is available 24/7. You don't have to sign in!

LITERATURE

**Respect: Images Of Women
In Literature And Life***Study Leader:* Linda Hurwitz

- 5 Classes: Mar. 10 – Apr. 7 Class ID: 3663
- Wednesday, 9:00 AM - 10:00 AM
- Online Event



Women are viewed as darlings, wives, mothers, bitches, goddesses, old maids, and as liberated! Examine these images through short stories together. Discuss how they are relevant in today's world.

Linda F. Hurwitz has a master's degree in English and has taught middle school, high school and adult learners for many years. She has taught at Osher, at Chatham's and at Pitt's informal studies programs, and has initiated and lead book clubs since 1972. She was a school administrator and Director of the Holocaust Center of UJF of Pittsburgh.

**Writing -
An Art, A Craft, And A Skill***Study Leader:* Michael Mariani

- 6 Classes: Jan. 14 – Feb. 18 Class ID: 3623
- Thursday, 9:00 AM - 10:30 AM
- Online Event



This six class introductory writing course includes methods of brainstorming, drafting, directed critiquing with a small empathetic audience, and learning how to improve personal writing. Professional and amateur prose will be used to demonstrate the qualities of good writing. Class pieces may include: autobiography, biography, memory, character, or short stories. Writing multiple drafts allow the possibilities of strong diction, figurative language, and imagery to carve nuances of meaning and emotion. Skills are increased as ideas are developed through pre-writing, composing, drafting, critiquing, editing, and finalizing. Techniques studied and practiced include the use of multiple brainstorming methods, concision fixes, sentence variety, and avoiding: passive voice, clichés, jargon, wordiness and euphemisms. Writing is a developmental process that transforms, clarifies, defines when crafting expression. Writing is an adventure and an exploration of the power of the word and the power within the writer.

Mike Mariani is a retired English / Reading / Writing teacher of 45 years (middle school, high school, and community college). He received his B.S. in Education from Duquesne (cum laude) and master's in English from Catholic University. A love of reading and literature spawned a love of writing and its analysis as well. A writer's secrets are all in the open so an appreciation of literature enhanced the appreciation of writing. An active study of literature can come from reflective writing, a literary passage or poem, a memory of an experience and its meaning. Mariani's study brought published writers to his classes to discuss the process of writing including spy novelist Larry Bond, Pulitzer Prize poet Henry Taylor, DC Poet and Laureate Dolores Kendrick. Mr. Mariani also heard Maya Angelou and John Irving among others. Their insight added greatly to his writing classes. Mr. Mariani has published poetry in *Virginia Writing* and op-ed articles in *Journal* newspapers. He has designed three writing courses while teaching in Fairfax County, VA: Creative Writing - a half year course, Creative Writing - a year long course, and Advanced Composition - year long.

Pleasures Of Poetry

Study Leader: Judith Robinson

- 5 Classes: Mar. 8 – Apr. 5 Class ID: 3611
- Monday, 11:00 AM - 12:30 PM
- Online Event

Poetry expands and enhances life. This course is designed for those who wish to explore the best of modern and classical poetic voices, with a special emphasis on bringing pleasure to participants who may not have experienced poetry—for whatever reason—until now. Writing is an option, including an opportunity to “workshop” with the class. Listening is a requirement!

Judith R. Robinson is an editor, teacher, fiction writer, poet, and visual artist. A 1980 summa cum laude graduate of the University of Pittsburgh, she is listed in the Directory of American Poets and Writers. She has published 75+ poems, five poetry collections, one fiction collection, and one novel; edited or co-edited twelve poetry collections. Her paintings have been widely exhibited and can be seen at her website: judithrrobinson.com. She has taught at Osher at Carnegie Mellon University and the University of Pittsburgh. Her newest collection is *Carousel*, 2017, Lummo Press; newest edited collection is *Speak, Speak, poetry of Gene Hirsch*, 2020, Cyberwit Publishing, Allahabad, India.

Wendell Berry In Winter

Study Leader: Gloriana St Clair

- 6 Classes: Jan. 21 – Apr. 1 Class ID: 3637
- Thursday, 1:00 PM - 2:30 PM
- Online Event



Helen-Faye Rosenblum’s short story course introduced me to Kentucky writer Wendell Berry, author, essayist, poet, and environmentalist. In this discussion course, students will read and discuss a sampling of his novels. Before the first class begins, read *Nathan Coulter*, for the second class *Remembering*, and for third class *A World Lost—all in Three Short Novels* (2002). Then we will move on to *Jayber Crow* (2000), *Hannah Coulter* (2004), and *Andy Catlett: Early Travels* (2006). All of these stories are set in Berry’s fictional Kentucky town Port William. Other bookie friends have thoroughly enjoyed reading and discussing Berry’s fiction. The course meets every other week to allow for reading.

Please note: *Class dates: Jan 21, Feb 4 & 18, Mar 4 & 18, April 1*

Gloriana St. Clair served as the Dean of University Libraries at Carnegie Mellon University from 1998 to 2014, when she became the Inaugural Dean Emerita. During many of those years, she also served as the University liaison with Academy for Lifelong Learning and subsequently Osher Lifelong Learning at Carnegie Mellon University. She holds a B.A. and Ph.D. in literature from the University of Oklahoma; a master’s degree in library science from the University of California, Berkeley; and an M.B.A. from the University of Texas. She enjoys teaching, reading, writing, arithmetic, big computer projects (Million Book project, Olive project), playing bridge, swimming, listening, and much, much more.

Short Stories: "In Short"

Study Leader: Helen-Faye Rosenblum

- 6 Classes: Jan. 11 – Feb. 22* *Class ID: 3585*
- Monday, 1:00 PM - 3:00 PM
- Online Event

**Note: Class will not meet on Jan. 18*

- 6 Classes: Jan. 11 – Feb. 22* *Class ID: 3586*
- Monday, 3:30 PM - 5:30 PM
- Online Event

**Note: Class will not meet on Jan. 18*

Practitioners and students of the art and craft of short fiction often ask themselves (and each other) where stories begin and end. How do we draw the line between truth and fact, fiction and memoir, fantasy and memory? In this course, participants will use a variety of contemporary short stories to address the questions. The answers may be elusive, but the quest will be gripping. We will use fresh stories every term, so that the course description is the same, but the content is always fresh.

Helen-Faye Rosenblum, a Phi Beta Kappa graduate of Chatham College, also received undergraduate and graduate education at Barnard College and the University of Pittsburgh. She is the author of two novels published by Putnam with further work in progress. Her first novel, *Minerva's Turn*, won the Ohioana State Library Award for fiction. She has reviewed books and the arts for the *Cleveland Plain Dealer*, the *Pittsburgh Press* and numerous smaller publications and radio stations. She has taught and lectured in many venues, from universities and public schools to the U.S. Correctional System in Ohio. She is a past president of A.L.L. (Osher).

Great And Notable Novels Read And Revisited

Study Leader: Mary Schinhofen, Helen-Faye Rosenblum, Ken Joseph, Gloriana St. Clair

- 6 Classes: Jan. 14 – Mar. 25 *Class ID: 3627*
- Thursday, 1:00 PM - 3:00 PM
- Online Event

With an emphasis upon earlier works and canonical selections, the Great Novels study group will read and discuss significant novels of the 18th, 19th, 20th, and occasionally the 21st centuries. From the vantage point of age and experience, what insights can we share now that were not available during a previous reading? This course provides opportunities to read novels that we may have "saved for later" or ones that we never knew existed. Class members are encouraged to lead a book discussion session. The class meets on alternate weeks.

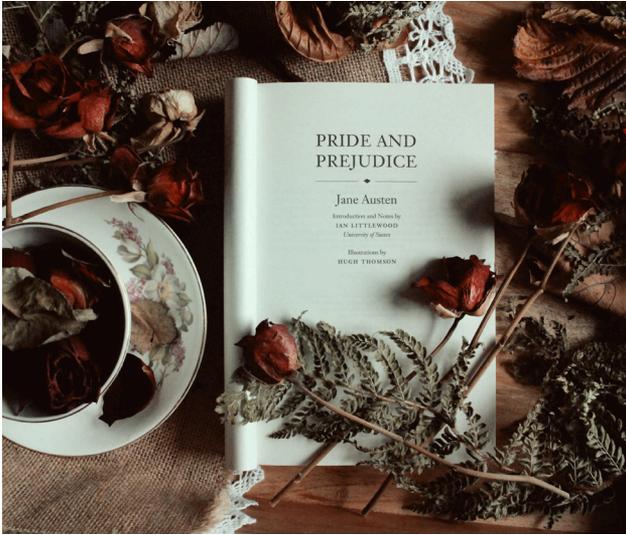
Please note: *Classes meet: Jan 14 & 28, Feb 11 & 25, Mar 11 & 25*

Mary Schinhofen earned a B.A. degree in literature and philosophy and went on to raise a family and teach English literature at the University School in Shadyside. She has since retired in order to devote more time to reading, writing, and watercolor painting. An Osher member, she is deeply and passionately committed to the continuing education of everyone, especially those who have purportedly reached the age of wisdom. Teaching this class fulfills a lifelong dream of hers.

Ken Joseph is a graduate of St. John's College (Annapolis) and the Duquesne University School of Law. He spent most of his working life as an attorney and has always enjoyed reading and discussing good literature.

See **Gloriana St. Clair**, page 8

See **Helen-Faye Rosenblum**, previous listing



Jane Austen's *Emma* And *Pride & Prejudice*

Study Leader: Allison Thompson

- 6 Classes: Jan. 11 – Feb. 22* Class ID: 3543
- Monday, 9:00 AM - 10:30 AM
- Online Event

*Note: Class will not meet on Jan. 18

Everyone loves the sparkling Miss Elizabeth Bennet, but even Austen herself described Emma Wodehouse as a heroine that only she herself would love. We'll explore the worlds of Meryton and Highbury as we enjoy reading Austen's works.

Allison Thompson is an historian with a focus on social dance of the 18th century, a musician, and an English country dance leader. She is a Life Member of the Jane Austen Society of North America, has presented papers at meetings of various JASNA chapters, and is at work finalizing her book on dances from Jane Austen's Assembly Rooms. She has taught several courses for Osher on Austen.

The World Of Agatha Christie

Study Leader: Mark Banister

- 4 Classes: Mar. 9 – Mar. 30 Class ID: 3583
- Tuesday, 1:00 PM - 2:30 PM
- Online Event

Author Agatha Christie is the best-selling novelist in the world, with over two billion copies of her books sold. (She is outsold only by Shakespeare!) In addition to having 66+ novels and 150+ short stories published, she is the author of more than a dozen plays, including the longest running play in the world, *The Mousetrap*. We will discuss her books, the movie and TV adaptations, and her theater work. We will also view clips from the many TV and movie adaptations. Her fascinating life will be discussed, including her mysterious disappearance and her marriage to a famous archaeologist, and their effects on her writing. The class is suitable for both newcomers to her work and long-time fans. The content has been updated a bit from the previous class, to reflect some of the more recent updates of her works.

Mark Banister retired from the Environmental Health and Safety Office at Carnegie Mellon in 2017. He has been a ravenous reader of Christie and collector of all things Agatha since he was a mere youth.

Such Friends: Perkins, Fitzgerald And Hemingway

Study Leader: Kathleen Donnelly

- 2 Classes: Feb. 25 and Mar. 4 *Class ID:* 3589
- Thursday, 11:00 AM - 12:30 PM
- Online Event

**TWO
DAY**

In the 1920s, F. Scott Fitzgerald was the first major author that legendary Scribner's editor Maxwell Perkins discovered and developed. We will look at how they first got to know each other, Perkins' encouragement of Fitzgerald through his first two hit novels, their work on *The Great Gatsby*, and their personal friendship until Fitzgerald's early death in 1940. In the second session we will explore how Fitzgerald brought the unknown novelist he heard so much about in Paris, Ernest Hemingway, to Perkins' attention. The three had a rocky relationship over the years when they were creating great American literature. No prior knowledge of their novels is necessary, but this could be a good excuse to read or re-read some of them.

Kathleen Dixon Donnelly has been involved in teaching and the creative process for over 40 years. Her dissertation for her Ph.D. in Communications from Dublin City University, *Such Friends*, was on the creative development of writers in early 20th century salons, including the Irish Literary Renaissance, the Bloomsbury group, the Americans in Paris in the 1920s, and the Algonquin Round Table. Kathleen's thesis for her MBA from Duquesne University was *Manager as Muse: A Case Study of Maxwell Perkins' Work with F. Scott Fitzgerald, Ernest Hemingway, and Thomas Wolfe*. She also has a BA in English, Theatre and Art from Lycoming College in Williamsport, PA, and an MA in Education and a Diploma in Writing from Birmingham City University [BCU] in the UK. Kathleen recently retired as a senior lecturer at BCU. She has done presentations to many lifelong learning groups in the UK and the US, as well as The Southbank Center, the English-Speaking Union, and The Florida Center for the Book. She also posts about early 20th century writers at suchfriends.wordpress.com and on Twitter, @SuchFriends. Kathleen and her Irish husband Tony Dixon recently relocated from the UK to her hometown of Pittsburgh, Pennsylvania.

MUSIC

From The Page To The Stage: Secrets Of Practicing

Study Leader: Monique Mead *Materials Fee:* \$20*

- 4 Classes: Mar. 12 – Apr. 2 *Class ID:* 3582
- Friday, 1:00 PM - 2:30 PM
- Online Event

NEW

What can the life cycle of a butterfly teach us about musical performance? Monique is eager to share her new concept that portrays practicing as an organic process of growth, transformation, and ultimate freedom. This course is intended for anyone who has played an instrument or is simply curious about what happens in the privacy of a practice room. It offers practical tips, personal stories, and performances by prominent musicians who have mastered the art of practicing.

Monique Mead, violinist, is a passionate ambassador of classical music enjoys a rich career as a performer, educator, and innovator. Inspired and mentored by Leonard Bernstein, Mead has devoted her performing career to nurturing new audiences and deepening the musical experience for seasoned concertgoers. Her programs with major orchestras and festivals in the United States and Europe have drawn international acclaim for their popular appeal and innovative approach. In Pittsburgh, Monique serves as Director of Music Entrepreneurship at Carnegie Mellon School of Music and teaches violin faculty of the Preparatory School. With a passion for wellness, she is Artistic Director of a Chamber Music Festival at Rancho la Puerta, voted the world's #1 Destination Spa in 2020. She is also founder and Executive Director of a summer strings camp in Olympic National Park. Mead enjoys yoga, hiking, and homegrown cuisine. With her two talented teens, Isabel and Tino, she presented a 12-concert socially-distanced Porch Concert series in Shadyside to bring people together and support struggling local musicians during the pandemic.

*Materials fees are not refundable; information on page 74.

War And Pieces: How Music Reacts To Conflict

Study Leader: Owen Cantor

- 3 Classes: Jan. 13 – Jan. 27 Class ID: 3552
- Wednesday, 9:00 AM - 10:30 AM
- Online Event



Throughout the history of classical and contemporary music, composers have reacted to conflict by crystalizing emotions for their audience in the language of music. Some good examples are Benjamin Britten's *War Requiem*, Haydn's *Mass in the Time of War*, and even Tchaikovsky's *1812 Overture*. From musical bomb blasts to silly calvary charges, great composers, enmeshed in their own world, reflect upon the topical news of the day—often with ethereal results. We will examine this phenomenon with music and history from Mozart and Beethoven, to Randy Rainbow. It's going to be an interesting ride.

Owen Cantor, D.M.D., was founder and music director of the Summerfest Chamber Music Festival, which presented 14 summers of wonderful chamber works under the stars in Fox Chapel, PA. Before and during his early years as a practicing dentist, Dr. Cantor was a freelance French horn player, one of the last students of the renowned Forrest Standley of Carnegie Mellon University. Dr. Cantor has performed, taught, and presented music in countless local venues. For 10 summers, he was a participant and trustee at the Chamber Music Conference and Composers' Forum at Bennington, VT. Dr. Cantor has served as a board member and advisor to nearly all of the musical organizations in Pittsburgh. He has taught as an artist lecturer in the School of Music at Carnegie Mellon's College of Fine Arts and has lectured in the Behavioral Sciences Department in the University of Pittsburgh's School of Dental Medicine. At Pitt, Dr. Cantor won the Chancellor's Award, a university-wide prize recognizing outstanding teaching. He is the founder of Cantor, Masterson and Pounds Dental Associates, recognized by *Pittsburgh Magazine* as a leader in the Pittsburgh healthcare community.

Music: What's In An Interpretation?

Study Leader: Flavio Chamis

- 3 Classes: Jan. 12 – Jan. 26 Class ID: 3624
- Tuesday, 1:00 PM - 2:30 PM
- Online Event

This course will provide a comparative study between several different approaches to the exact same musical score, and how different artists insert their creative insights into the relatively strict framework provided by the composer. Carefully chosen examples of solo, chamber, orchestral, and vocal works will be heard, including comparisons between performances on original and modern instruments. Additionally, Flavio will provide the musical and historical context of the selected works, which may also include some jazz, Brazilian, or even pop oldies.

Flavio Chamis, a native of Sao Paulo, Brazil, trained in conducting and composition at Tel Aviv University and in Detmold, Germany, at the Nordwestdeutsche Musikakademie. He served in Vienna as music director of the Villa Lobos Ensemble. While in Europe, he recorded with the Berlin Radio Symphony Orchestra and the Nouvelle Philharmonie de Radio France. Among his European engagements were performances at the Musikverein in Vienna, the Wiener Festwochen, and the Royal Festival Hall in London. In 1985, Chamis became conducting assistant to Leonard Bernstein, leading the Israeli Philharmonic in preparation for tours of Europe, Japan, and the United States, in 1986 conducting rehearsals for the world premiere of Bernstein's *Jubilee Games* (later renamed *Concerto for Orchestra*) and assisting Maestro Bernstein on the European tour of the London Symphony Orchestra. In 1987 Chamis became the music director of the Porto Alegre Symphony Orchestra in Brazil. In Brazil, he conducted all the major orchestras and performed on Brazilian radio and television. He serves as guest conductor throughout Europe and Latin America. He is a composer of a wide range of styles, from solo, chamber, and symphonic pieces to jazz and Brazilian music. He has also written the text for many of his vocal compositions. He lectures on both Brazilian and classical music and since 2008 has been a permanent member of the Screening Committee of the Latin Grammy. He has lived in Pittsburgh since 1994. He and his wife, Tatjana, associate principal violist of the Pittsburgh Symphony, have three children.



Symphony No. 1

Study Leader: James Gorton

- 4 Classes: Mar. 9 – Mar. 30 *Class ID:* 3651
- Tuesday, 1:00 PM - 2:30 PM
- Online Event



A survey of first symphonies by selected composers of various eras—some familiar and some surprises.

James Gorton was Co-Principal Oboist of the Pittsburgh Symphony from 1971-2012. He is a current faculty member of Carnegie Mellon University and Duquesne University.

Degenerate: Jewish Music Of The Nazi Era

Study Leader: Daniel Muller

- 4 Classes: Mar. 8 – Mar. 29 *Class ID:* 3599
- Monday, 1:00 PM - 3:00 PM
- Online Event

During World War II, the Nazis nearly removed a generation of music. They allowed no exceptions, pursuing established masters and young prodigies for their heritage, political beliefs, or musical aesthetic. We will define Nazi artistic ideals and follow artists from prominence to obscurity. Stops along the way include the ghetto Terezin, where arts flourished despite grim conditions, and America, where expatriate Jews revitalized musical culture.

Daniel Muller, saxophonist, has been a winner of the Pittsburgh Concert Society Major Artists Competition, a quarterfinalist in the Fischhoff National Chamber Music Competition, and a featured artist on numerous concert series in Pennsylvania. A graduate of Carnegie Mellon and Duquesne Universities, Muller studied with tenor saxophone pioneer James Houlik.

BUSINESS & COMMERCE

Economics | Law

ECONOMICS

Taxation - History & Impact On American Society

Study Leader: Hobart Harris

- 4 Classes: Jan. 13 – Feb. 3 Class ID: 3608
- Wednesday, 3:00 PM - 4:30 PM
- Online Event



Through most of history, the arrangement of taxes, who pays and who benefits, has been one of the most important determinants of the relative economic and political standing of various classes. This course examines those relationships and attempts to characterize their structure and impacts within modern American society. We will review taxation in previous societies such as in France before the Revolution, Roman systems, etc., and how these systems supported the class structures and relative well-being of the various groups in their societies. A final section will review current American taxation and how it contributes to the economic inequality that we are currently so concerned with.

Hobart Harris earned his Ph.D. in Social and Industrial Psychology from the University of Pittsburgh. After working in Social Welfare research, he became a consultant to major US Corporations supporting IT acquisitions and Business Process Analyses. Towards the end of his career, he focused primarily on financial analyses of major corporate initiatives. His clients included two of the top three US automakers, two of the largest US Banks, and three of the top Health Insurers in the US, as well as a number of healthcare systems, manufacturers and telecom companies.

Trust And Property Rights: Foundation Of Economy

Study Leader: Jack Ochs

- 4 Classes: Jan. 11 – Feb. 8* Class ID: 3547
- Monday, 11:00 AM - 12:30 PM
- Online Event

*Note: Class will not meet on Jan. 18



Why can strangers conduct business without legally enforceable contracts? Why did the Mafia and Standard and Poors betray the trust placed in them? Why are more firms choosing outsourcing? Why did the cod disappear off Cape Cod? What does the great enclosure movement in English history and urban renewal in the United States have in common? Intellectual property raises issues of its own. Patents are intended to promote technical progress. But Bill Gates said that if computer programs had been patentable prior to 1981 they would be at a standstill today. We'll also consider the impact of digital technology on the future of copyright.

Jack Ochs, a Pittsburgh native, retired as Professor of Economics at the University of Pittsburgh. His research and teaching focused on experimental economics and public policy. Since retiring, he has enjoyed developing courses for lifelong learning programs.

The Curriculum Committee is always looking for new study leaders to teach interesting courses for us. If you are (or someone you know) interested, go to the "Teach For Us" page on our website to submit a proposal.

After 70 Good Years, Rough Times Ahead

Study Leader: Stephen Blank

- 2 Classes: Feb. 23 and Mar. 2
- Tuesday, 1:00 PM - 3:00 PM
- Online Event

Class ID: 3545

**TWO
DAY**

After World War II, change across many sectors of society was linear — incremental and predictable. Today we are moving rapidly into a world in which change in critical areas will be discontinuous, veering toward chaotic — chaotic in the sense of our being much less able to anticipate what is likely to happen next. Driven by technology, climate change, and demography, many core assumptions about how the world works are coming undone, and we face rough times ahead as we have to relearn how things work and make profound adjustments in how individuals and institutions try to meet the demands of this new era. Focusing on cases — automobiles, education, agriculture, and pandemics for example — the course examines where we have come from, and where we may be heading.

Stephen Blank's career has spanned the academic, business and not-for-profit communities. His academic career, at Harvard and Pitt and later at Pace University, was bridged by work in The Conference Board and by his role as a founding partner of MultiNational Strategies, an international management consulting firm. Blank's research on infrastructure, economic integration and logistics is well recognized, as are his writings on British, Canadian and North American politics. He served as Bissell Visiting Professor at the University of Toronto and Ross Distinguished Visiting Professor at Western Washington University and was awarded three Fulbright Professorships. He was Managing Director of an alliance of four North American business schools, and headed the largest Canadian-North American focused public affairs program in the US. In a change of pace, Blank and his wife headed a major project looking at the impact of global change on arts and cultural institutions, leading to several conferences at MOMA. A member of the Council on Foreign Relations, he was awarded L'Ordre National du Quebec by the Government of Quebec. He serves as Senior Fellow of the Institute for Science, Society and Policy at the University of Ottawa. Blank was educated at Dartmouth, Cambridge University and Harvard.

North America Yesterday and Tomorrow

Study Leader: Stephen Blank

- 2 Classes: Feb. 24 and Mar. 3
- Wednesday, 1:00 PM - 3:00 PM
- Online Event

Class ID: 3546

**TWO
DAY**

We are all Americans – North Americans, but we rarely think in these terms. Canada and Mexico are viewed as foreign nations. Many business schools in Canada, Mexico, and the US have programs dealing with China, but few offer courses dealing with business in North America, notwithstanding that this is the densest trade-business relationship in the world. This course will begin with a brief overview of North American history, focusing on how unlikely the emergence of these three separate nations was, and how close North America came to being a European battleground. We'll look at ways of seeing North America, in terms of historic, ethnic, environmental, and economic regions. We will view NAFTA in wider historic, economic and cultural frameworks, compare developments in North America to Europe and Asia, and finally try to step back and see where North America is now and what lies in its (our!) future.

See **Stephen Blank**, *previous listing*

LAW

From Trial Through Appeal

Study Leader: Errol Miller

- 6 Classes: Jan. 12 – Feb. 16 *Class ID:* 3588
- Tuesday, 9:00 AM - 10:30 AM
- Online Event

This course addresses the Criminal Justice System from trial through appeal, including 1) prosecutorial discretion in offenses charged and plea bargaining, 2) use of defendant's alleged mental illness as insanity defense or to delay trial because he is "incompetent to stand trial," 3) non-criminal alternatives for dealing with mental illness such as civil commitment, 4) post trial choices for sentencing including probation, parole, community service, and types of prisons, and 5) imposition of other non-detention penalties such as restrictions on residency, gun ownership and voting. Classes are enhanced by articles from the media, emailed prior to each session. Much new material is used to reflect changes since the last time the course was taught. Sometimes, a guest speaker such as a defense attorney, prosecutor, police officer, or ex-offender is invited. This course can be taken independently of Questioning the Criminal Justice System from Arrest to Trial.

Errol Miller graduated from Dartmouth College and Harvard Law School, has practiced law for 50+ years, and been an Osher Study Leader since 2004, offering six different classes. "Trust & Estates" draws on his 30+ year experience in planning and administering estates and as a frequent lecturer in Elder Law Continuing Legal Education seminars. "From Arrest to Trial" and "From Trial through Appeal" reflect a lifelong interest in the criminal justice system, experience clerking for a PA Supreme Court Justice, post-conviction appeals, avid study of current criminal justice events, participation in local reform groups (B-Pep, the Alliance for Police Accountability, ACLU, Cease-FirePA), and views on how coordinating criminal justice and mental health principles can help produce criminal justice reform. "Those Who Trespass Against Us" addresses torts cases (Civil Wrongs) with practical advice for non-lawyers on the principles behind most civil cases. "The Current Supreme Court" reviews major decisions of the Roberts' Supreme Court and what we might expect as court membership changes. "Introduction to Real Estate Law" explains the legal principles surrounding real estate transactions. In each course, Errol displays his sense of humor used as the principal writer of 23 annual Allegheny County Bar Association topical satirical reviews.

Med-Mal 101: Observations Of An Expert Witness

Study Leader: Richard Daffner

- 4 Classes: Mar. 9 – Mar. 30 *Class ID:* 3602
- Tuesday, 9:00 AM - 10:30 AM
- Online Event

Medical malpractice (med-mal) is an unfortunate occurrence in our society. However, not all unsatisfactory medical results are due to negligence. This course will define the Standard of Care obligation that all physicians have and will explore all the elements encountered in the world of med-mal, illustrated with actual cases from the study leader's experience over 30 years as an expert witness in radiology. The course will be divided into three parts: Part 1 will define malpractice and applicable legal terms; Part 2 will review the four key elements that define med-mal: the physician-patient relationship, actual injury or harm, breach of the Standard of Care (negligence) by the provider, direct causal relationship between the negligence, and the outcome; Part 3 will have the class participants act as the jury as illustrative cases are presented. Each case will undergo a "root cause analysis." In addition, the points of law that affected the outcome will be demonstrated.

Richard H. Daffner, M.D.F.A.C.R. is a retired radiologist who worked at Allegheny General Hospital for 30 years as director of the Division of Musculoskeletal, Trauma, and Emergency Imaging. He is a Certified Instructor in Wilderness First Aid, by the Emergency Care & Safety Institute and the Boy Scouts of America. His academic credentials include medical school faculty appointments at the University of Louisville, Duke University, Drexel University, and Temple University, where he is Emeritus Clinical Professor of Radiology. He is the author of *Clinical Radiology: The Essentials*, a text for medical students, and *Imaging of Vertebral Trauma*.

LEARN BY DOING

Art | Crafts/Hobbies | Dance/Exercise | Finance/Insurance | Games | Language | Self Improvement | Wellness | Writing

ART

Figure Drawing

Study Leader: Betsy Bangley *Materials Fee:* \$36*

- 6 Classes: Jan. 15 – Feb. 19 *Class ID:* 3567
- Friday, 9:30 AM - 12:00 PM
- Online Event

- 6 Classes: Mar. 12 – Apr. 16 *Class ID:* 3568
- Friday, 9:30 AM - 12:00 PM
- Online Event

Discover a new world of artistic exploration and connect with humanity by learning to draw another human being. Beginning artists will learn the basics of observational drawing in a supportive environment, while experienced artists will enjoy honing their skills through the open studio format of the class. Our model will hold a variety of poses for us to observe and sketch. Each week we will start with quick gesture sketches and move on to longer drawings. You'll be surprised at the progress you make as you develop your new creative skills! Bring a pad of newsprint, drawing paper, a soft pencil, and charcoal.

Betsy Bangley has had a lifelong love of drawing. She has kept a nature journal of sketches and observations for over 20 years, and currently holds open studio figure drawing sessions with her husband, David, at a variety of venues in the Pittsburgh area, including at their country home in Beaver County. Betsy teaches Figure Drawing and other courses in the arts and humanities at the Community College of Beaver County through the Continuing Education and Workforce Development Department.

**Materials fees are not refundable; information on page 74.*

CRAFTS/HOBBIES

Beginning Genealogy

Study Leader: Amy Welch

- 5 Classes: Mar. 11 – Apr. 8 *Class ID:* 3685
- Thursday, 11:00 AM - 12:30 PM
- Online Event



Digging into your family tree is a little more complicated than certain TV commercials make it sound. Learn how to start collecting information about your ancestors from your living family members, where to look for records to back up the information you collect (and bust a few family myths along the way), preserving family treasures, and how to bring everything together to build your family history. The course will cover research of physical and digital sources and search techniques to make the most of your research time. Students should plan to actively participate in genealogical research to apply the strategies discussed in class. No textbook is required; the instructor will provide worksheets and a list of freely available articles that students can review when relevant for each class. The course is for beginners as well as genealogists who want to get back to basics and revisit earlier work.

Amy Welch is the Lead Librarian in the Pennsylvania Department at the Carnegie Library of Pittsburgh. In addition to supporting genealogists in their research at the library, she is Past President of Western Pennsylvania Genealogical Society and the current Program Committee chair. Amy also teaches Digitization of History and Archival Management for Southern New Hampshire University's Public History program. She is probably not connected to any Welches in your family tree unless they were from Maine.



Mosaic Knitting

Study Leader: Barbara Gengler

- 5 Classes: Jan. 13 – Feb. 10 *Class ID:* 3614
- Wednesday, 1:00 PM - 2:30 PM
- Online Event



Both knitting and crocheting have multiple techniques for creating patterns with multiple color. Some can be challenging. Both Mosaic Knitting and Mosaic Crocheting are a beginner friendly way to produce works with two or more colors, while working with one color per row. Mosaic knitting uses the slip stitch and changes colors after two rows to produce patterns. Mosaic crocheting uses the double crochet stitch to go in front of the prior row's stitches. Either can be done by someone with the very basic skills. Two separate classes explore similar concepts and similar patterns. You'll begin with a small swatch to learn the mosaic technique in the first week. In subsequent weeks, you'll have the option to choose your own mosaic project or work on a supplied mosaic pattern to knit- or crochet-along with your classmates. It's always fun to see the same pattern created in different colors!

Barbara Gengler is a serial hobbyist who has played with fiber, glass, silver, and wood to create quilts, windows, vases, jewelry, musical instruments, and other functional art. As in her work developing software solutions, she enjoyed the challenge of creating functional solutions using resources and materials at hand. While some hobbies have come and gone, she always returns to her knitting and crocheting roots.

Mosaic Crocheting

Study Leader: Barbara Gengler

- 5 Classes: Mar. 10 – Apr. 7 *Class ID:* 3615
- Wednesday, 1:00 PM - 2:30 PM
- Online Event



Both knitting and crocheting have multiple techniques for creating patterns with multiple color. Some can be challenging. Both Mosaic Knitting and Mosaic Crocheting are a beginner friendly way to produce works with two or more colors, while working with one color per row. Mosaic knitting uses the slip stitch and changes colors after two rows to produce patterns. Mosaic crocheting uses the double crochet stitch to go in front of the prior row's stitches. Either can be done by someone with the very basic skills. Two separate classes explore similar concepts and similar patterns. You'll begin with a small swatch to learn the mosaic technique in the first week. In subsequent weeks, you'll have the option to choose your own mosaic project or work on a supplied mosaic pattern to knit- or crochet-along with your classmates. It's always fun to see the same pattern created in different colors!

See **Barbara Gengler**, *previous listing*

DANCE/EXERCISE**Better Balance!
Steady And Strong***Study Leader:* Diane Markovitz

- 6 Classes: Jan. 14 – Feb. 18 Class ID: 3684
- Thursday, 3:30 PM - 4:30 PM
- Online Event



Are you looking for an exercise program designed to improve your everyday life? Try Better Balance! Steady And Strong. Work with a Physical Therapist to learn balance and core strengthening exercises. Come join the fun and learn a program designed to improve your posture and daily function while also decreasing your risk of falls and injury. No special equipment is necessary and all exercises are completed sitting or standing. This program is suitable for beginners yet appropriate for those with more exercise experience as it is able to be adapted to fit individual needs. Participants will be given instructions on how to complete this program at home for continued benefits. Wear comfortable clothes and supportive shoes and have water and a sturdy chair (not on wheels!) close by.

Diane Markovitz is a licensed physical therapist with twenty eight years of experience and a degree from Marquette University's School of Physical Therapy. She loves developing and teaching group exercise classes as it provides her with a way to use her physical therapy experience to reach more people. Her goal is to help individuals acquire the confidence and skills necessary to continue these programs on their own and improve their daily lives.

**Get Fit -
A Fun Latin Cardio Workout***Study Leader:* Connie Pollack

- 8 Classes: Jan. 13 – Mar. 3 Class ID: 3653
- Wednesday, 1:15 PM - 2:30 PM
- Online Event

- 8 Classes: Mar. 10 – Apr. 28 Class ID: 3654
- Wednesday, 1:15 PM - 2:30 PM
- Online Event

Are you looking for a new way to jazz up your exercise routine? Come groove to an energetic mix of hip-hop, international, and Latin-inspired music, and dance movements like the cha-cha, salsa, samba, and more. This class embraces all levels of ability by providing step-by-step instruction, demonstration, and modified moves. No prior experience is necessary! This class is like no other because it gives you a full-body workout that incorporates aerobic dance movements, muscle toning, stretching, and relaxation exercises. It's a great way to build your cardio fitness while having fun, and is perfect for both men and women who enjoy being active. Each session consists of warm-up exercises, Latin cardio dance segments, weights, stretching, and cool down. Please wear comfortable shoes and bring a water bottle, towel or mat for floor exercises, and light hand weights. Try it — you'll like it!

Connie Pollack has been teaching aerobic dance to adults for the past 15 years at Congregation Beth Shalom. She loves singing and dancing to music and enjoys choreographing energetic and fun routines. With a degree in health and physical education, she taught physical education to students of all ages for 15 years before obtaining her master's degree in school counseling and transitioning to the field of college consulting. Currently, she works as a private college counselor in Squirrel Hill and helps students with their college or graduate school selection and application process, and tutors students in English, writing, reading, and test prep. She has always been passionate about teaching, encouraging fitness and exercise, and volunteering in her community.

Tuesday's Move It Or Lose It

Study Leader: Elsa Limbach

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- 6 Classes: Jan. 26 – Mar. 2 *Class ID:* 3647
 - Tuesday, 10:00 AM - 11:30 AM
 - Online Event

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- 6 Classes: Mar. 23 – Apr. 27 *Class ID:* 3648
 - Tuesday, 10:00 AM - 11:30 AM
 - Online Event

Enhance your own gift of movement with this class designed for the inner dancer hiding inside your mature body. Discover how attention to the way you move can increase your energy and make daily activities more comfortable. As we age, our movement repertoire narrows. By increasing the variety and range of our movements, we can better maintain and even enhance our physical capabilities. Accompanied by an eclectic array of recorded music, each class begins with gentle standing and seated floor exercises, and culminates in movement combinations to excite that inner dancer. The focus is on breath, flexibility, coordination, and balance. No prior experience is necessary — only a willingness to expand your movement horizons. Please bring a yoga mat or thick towel for the floor exercises.

Please note: *For physical activity courses we encourage everyone to consult with a physician who can help assess fitness for participation. Please be aware that we do not have trained medical personnel on the premises during any courses with physical activity.*

Elsa Limbach was a founding member of Dance Alloy and artistic director of the company from 1984-1991. She continued her dance career as a freelance artist in Europe, teaching, choreographing, and performing. During this time, Elsa was awarded a Fulbright lectureship to teach at the National Academy of Theater and Film Arts in Sofia, Bulgaria. In addition to extensive training in contemporary dance and classical ballet, Elsa is fond of Bulgarian folk dance.

Thursday's Move It Or Lose It

Study Leader: Elsa Limbach

-
- 6 Classes: Jan. 28 – Mar. 4 *Class ID:* 3649
 - Thursday, 10:00 AM - 11:30 AM
 - Online Event

-
- 6 Classes: Mar. 25 – Apr. 29 *Class ID:* 3650
 - Thursday, 10:00 AM - 11:30 AM
 - Online Event

Enhance your own gift of movement with this class designed for the inner dancer hiding inside your mature body. Discover how attention to the way you move can increase your energy and make daily activities more comfortable. As we age, our movement repertoire narrows. By increasing the variety and range of our movements, we can better maintain and even enhance our physical capabilities. Accompanied by an eclectic array of recorded music, each class begins with gentle standing and seated floor exercises, and culminates in movement combinations to excite that inner dancer. The focus is on breath, flexibility, coordination, and balance. No prior experience is necessary — only a willingness to expand your movement horizons. Please bring a yoga mat or thick towel for the floor exercises.

Please note: *For physical activity courses we encourage everyone to consult with a physician who can help assess fitness for participation. Please be aware that we do not have trained medical personnel on the premises during any courses with physical activity.*

See **Elsa Limbach**, *previous listing*

FINANCE/INSURANCE**Seasoned Investors***Study Leader:* Brett Pechersky

- 5 Classes: Jan. 13 – Feb. 10 *Class ID:* 3592
- Wednesday, 1:00 PM - 2:30 PM
- Online Event

Have you lost money with your investment accounts or 401(k) over the years? This course can help both novice and advanced investors discover ways to sidestep major losses through modern investment techniques. Looking to protect your retirement? Learn why stocks and mutual funds fluctuate in value and study various procedures to help you track your performance. Additional items to be discussed include mutual fund analysis, loss control strategies, professional charting techniques, free online research websites, portfolio management tools, and stock selection methodologies. This course is designed for both conservative and aggressive investors. Investment experience is required. Computer/Internet experience is preferred, but not required. Supplemental materials include *Investor's Business Daily* newspaper (free trial available in class).

Brett Pechersky, a graduate of Penn State University, is an energetic speaker who has given numerous lectures across the country. His educational courses, including "Seasoned Investors," have been offered through the Franklin Regional Adult School and the Osher Lifelong Learning Institute at Carnegie Mellon University. He offers his educational programming to the American Association of Individual Investors and leads their Investor's Business Daily SIG in Pittsburgh. He is an active business community member.

Understanding And Managing Your Personal Finances*Study Leader:* Marcia Semper

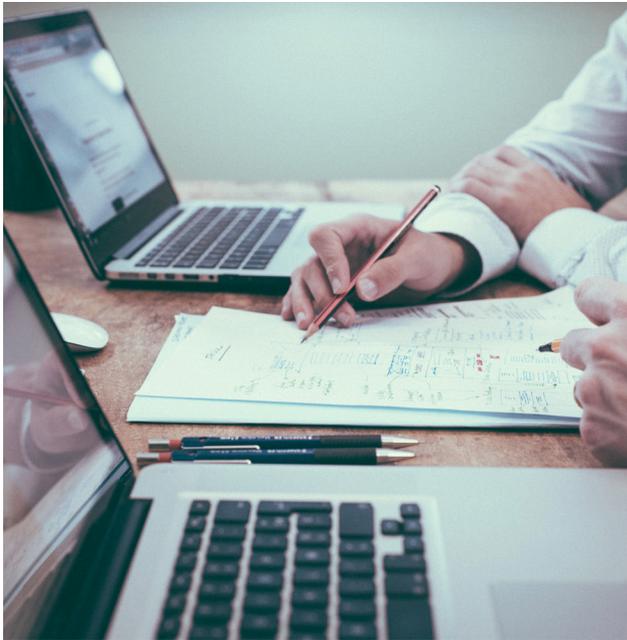
- 5 Classes: Jan. 12 – Feb. 9 *Class ID:* 3560
- Tuesday, 1:00 PM - 2:30 PM
- Online Event

Are you faced with the responsibility to manage your personal finances with no prior experience? This course will help you develop your ability to understand your personal finances and your confidence to make better financial decisions. Another key benefit is the potential to decrease your stress in fulfilling these critical and challenging responsibilities. The wide range of topics includes income (interest, dividends, IRAs, Social Security), expenses (budgeting), investments (stocks, bonds, money markets, mutual funds, stock market, asset allocation), estate planning (gifts, financial and health powers of attorney, wills, trusts), income taxes (income and deductions), and insurance (health, long-term care, life).

Marcia Semper is a graduate of Carnegie Mellon University with a degree in math and of Case Western Reserve University with an M.B.A. degree in finance. She is retired from IBM where as a systems engineering and marketing manager, she led teams implementing information technology solutions to large companies' needs. After retirement, she taught management, marketing, and finance courses as an adjunct instructor in the Penn State University (New Kensington) Department of Business. She is currently a professional organizer, helping clients manage their personal finances including mail, bill paying, budget, debt, and taxes.

Pay Your Dues

It is time to pay your membership dues. Dues are \$100.00; membership runs from January 1 until December 31. Membership cards will be issued in February.



Financial Success In Retirement

Study Leader: Seth Dresbold

- 4 Classes: Mar. 10 – Mar. 31 Class ID: 3638
- Wednesday, 11:30 AM - 12:30 PM
- Online Event

This course will focus on helping to identify the key elements a retiree should have in place to prepare for a financially successful retirement. We will focus on retirement income strategies; the proper way to invest our assets in retirement; identifying and protecting against certain risk factors in retirement; the advantages and disadvantages of certain insurance products; and estate planning concerns.

Seth Dresbold is a partner with Signature Financial Planning, having joined the firm in March of 2011 after graduating with his law degree and M.B.A. from the University of Pittsburgh. Seth is a licensed attorney, and a CFP(r) Practitioner and serves as a board member for several non-profit organizations, including serving as the Vice-Chair of FamilyLinks and the President of the ABOA for the American Cancer Society. In addition, Seth is very practiced in front of an audience, having won awards as a stand-up comedian. He combines his expertise in these numerous fields to give a holistic overview of retirement needs.

It's Good To Be Queen! A Woman's Financial Reign

Study Leader: Roselyn Wilkinson

- 5 Classes: Mar. 9 – Apr. 6 Class ID: 3610
- Tuesday, 3:00 PM - 4:30 PM
- Online Event

When it comes to your money and finances, are you a damsel in distress? If the whole idea of financial planning scares you, everything you need to know and do to reach your goals and reign supreme will be laid out in simple steps: from budgeting, determining your net worth, saving, and staying debt-free to vetting qualified professionals and protecting yourself and your assets with proper insurances. You'll master investment basics, industry terminology, and learn how to build wealth over time. Financial planning is no more complicated than eighth-grade math. It's time to own your financial life just as you do your career and health. Regardless of whether you're single, married, divorced, or widowed, making informed decisions about your short- and long-term financial security is critical to preserving your independence and expanding your options in life. Because today, happily ever after is not a fairy tale: it's a choice.

Roselyn Wilkinson helps people manage their money through comprehensive financial planning. With over 25 years of experience, she serves as President of MD&A Financial Management Company. She is licensed to sell life, disability, and long-term care insurance, stocks, bonds, and mutual funds and a host of other investment vehicles. Passionate about helping women become more engaged in their finances, Roselyn is on the board of the Women & Girls Foundation of Pittsburgh and is a member of the Executive Women's Council. As a graduate of Leadership Pittsburgh, Roselyn remains actively involved in its alumni program. She has been a guest writer for the *Pittsburgh Post-Gazette* and the *Pittsburgh Business Times*. Roselyn is a Certified Financial Planner™ certificant, author of *It's Good to be Queen: Every Woman's Pocket Guide to Financial Sovereignty*, and a multi-year recipient of the Five Star Wealth Manager Award. Roselyn Wilkinson is a Registered Representative of Berthel Fisher & Company Financial Services, Inc. (BFCFS). Member FINRA/SIPC. MD&A Financial Management Company and BFCFS are independent entities.

The Financial Journey Of Women

Study Leader: Brian Bohn

- 4 Classes: Jan. 12 – Feb. 2 *Class ID:* 3565
- Tuesday, 11:00 AM - 12:30 PM
- Online Event

This course will discuss the unique financial opportunities and challenges that face women. Women live longer, control the majority of wealth in the United States, and start four times the amount of businesses than men. However, these unique traits are often not considered in traditional financial planning and construction of investment portfolios. We will cover how assets can be tailored to an individual's needs to plan for health care costs, estate planning, and ensuring control/independence through investing. Whether you are an executive, business owner, widow, or just interested in improving your finances, the course aims to provide you confidence through knowledge.

Brian Bohn, CFP, CPFA, CPWA is a partner of The Gleason, Bohn, Floberg Wealth Advisory Group at Merrill Lynch. He guides affluent individuals and families in every aspect of their financial lives. Brian is a sought after speaker for civic clubs, private organizations, and universities where he shares his expertise in managing the finances of wealthy families, widows, and executives. Brian has also been named to the Forbes "Best-in-State Next-Generation Wealth Advisors" list.

Wealth: Making The Complicated Simple

Study Leader: Brian Bohn

- 4 Classes: Mar. 9 – Mar. 30 *Class ID:* 3566
- Tuesday, 1:00 PM - 2:30 PM
- Online Event

This course will take the confusion and mystery out of wealth planning by teaching Osher Members a process of success. We will discuss specific circumstances that may arise in one's life and eliminate the anxiety that might create. Questions regarding market volatility, gifting, and health care planning will be addressed and simplified.

See **Brian Bohn**, *previous listing*

IRA Distribution Strategies

Study Leader: Bud Kahn

- 5 Classes: Jan. 15 – Feb. 12 *Class ID:* 3555
- Friday, 9:00 AM - 10:30 AM
- Online Event

Diligent savers enter the second half of retirement with little insight into the complex tax and distribution planning dangers that can wipe away the sacrifice made during their working years. This course is designed to educate participants about how to keep more of their retirement savings by effective use of planning opportunities available under current tax laws.

Bud Kahn, a Pittsburgh-based wealth manager, is the founder and Managing Principal of Wealth Management Strategies, Inc. with offices in Aspinwall and Greensburg. Bud is a graduate of the University of Pittsburgh, with a bachelor's degree in economics and an MBA in accounting and finance. He also earned a master's degree in taxation at Robert Morris College and has completed executive education programs at Carnegie Mellon University, the Wharton School of the University of Pennsylvania, and the Booth School of Business at the University of Chicago. Bud is a Certified Public Accountant, Certified Financial Planner, Certified Investment Management Analyst, Certified Private Wealth Advisor, and Accredited Estate Planner. Bud is also a member of Ed Slott's Elite Advisor Study Group, in which he studies the complexities of IRAs to help his clients with the tax and distribution-planning strategies necessary to achieve financial security.

GAMES

A Demonstration Of Cryptic Crosswords

Study Leader: Cherie Maharam

- 1 Class: Mar. 1 Class ID: 3609
- Monday, 11:00 AM - 12:30 PM
- Online Event

ONE DAY

Consider this clue for an eight-letter word: Retiring astronaut irks NASA, showing tongue (8). The answer: SAN-SKRIT. Or these clues: Defer balance initially deposited in account (5). Answer: TABLE; Just clench one's teeth somewhat (6). Answer: HONEST. Obviously, this is a different breed of crosswords. Cryptic puzzles are sometimes called British crosswords because of their origin. Each clue contains a "regular" clue (the kind we're used to), plus wordplay. The wordplay could be an anagram, a hidden word, a homophone, or some other tricky construction. We'll take a look at how these clues are constructed and see how a solver might "decode" them. You will try your hand at a couple of clues. As Stephen Sondheim wrote in 1968 (yes, *that* Stephen Sondheim, who was instrumental in introducing cryptic crosswords to American puzzlers): "A good clue can give you all the pleasures of being duped that a mystery story can."

Cherie Maharam has always enjoyed word puzzles and word games. She learned to solve cryptic crosswords after wondering for years what those puzzles in the back of *New York Magazine* were all about. Over the years, she became more involved in solving the puzzles both in print and online, and in the last few years, thanks to a Facebook cryptic group, has begun learning how to construct the clues themselves. She tries to sneak in at least a bit, or more than a bit, of solving every day. She finds these puzzles to be an unending source of wit, surprise, and brain stretching.

Bridge: Play Of The Hand

Study Leader: John Olmsted

- 6 Classes: Jan. 15 – Feb. 19 Class ID: 3579
- Friday, 11:00 AM - 12:30 PM
- Online Event

There is a near-infinite variety of bridge hands, and playing your hand so as to maximize your team's tricks is as much art as science. Play of the Hand provides instruction and practice in both declarer and defender play. We will cover declarer techniques including planning the sequence of play, managing entries, establishing long suits, when and how to finesse, managing the trump suit, end plays and squeezes. We will also look at defensive strategies including opening leads, signalling partner, and deceiving the declarer. The level of coverage will depend in part on the needs of the students, but a basic knowledge of bidding and play will be assumed.

John Olmsted has enjoyed playing bridge since he learned the game from his parents at age 10. He was a member of the Carnegie Tech Intercollegiate Champion Bridge Team as an undergraduate, and he and his favorite partner finished fifth in the ACBL national open pairs competition in Pittsburgh in 1958. Although he has played duplicate bridge on and off over the years, he prefers the relaxed social atmosphere of a friendly "party" bridge game. He has taught several levels of bridge courses for Osher at CMU and coordinates the Osher Bridge Special Interest Groups.

Bridge Potpourri

Study Leader: John Olmsted

- 6 Classes: Mar. 9 – Apr. 13 Class ID: 3580
- Tuesday, 11:00 AM - 12:30 PM
- Online Event

All bridge players would like to improve their game, and most players know where their weaknesses are. Bridge Potpourri will cover topics that the students choose. Coverage may include bidding conventions, defensive bidding, principles of declarer play, opening leads, and defensive playing tactics.

See **John Olmsted**, *previous listing*

LANGUAGE

Intermediate Spanish Conversation*Study Leader:* Karen Goldman

- 5 Classes: Jan. 13 – Feb. 10 *Class ID:* 3656
- Wednesday, 3:00 PM - 4:30 PM
- Online Event

This course is designed to provide intermediate students of Spanish an opportunity to improve their ability to communicate in the spoken language. It focuses on intensive practice for improving pronunciation, increasing vocabulary and grammatical accuracy, and enhancing listening comprehension. We will use many resources as the basis for conversations, including short readings, newspaper and magazine articles, videos, songs, films, television, web sites, and social media.

Karen Goldman holds a Ph.D. in Spanish and Latin American Literature from Columbia University. She has taught courses in Spanish and Latin American literatures and cultures at Yale University, Pitzer College, Chatham University, and the University of Pittsburgh. Her recent scholarly work focuses on Spanish and Latin American cinema and representations of Latinos in U.S. popular culture.

**Intermediate French Conversation***Study Leader:* Veronique Schreurs

- 5 Classes: Mar. 12 – Apr. 9 *Class ID:* 3619
- Friday, 1:00 PM - 3:00 PM
- Online Event

We will practice French conversation at the intermediate level. To get started, we will read a text and analyze vocabulary, idioms, and a little grammar. People will be encouraged to bring in other materials for discussion. There will be no assignments; we plan to have fun! Basic knowledge of French is required.

Veronique Schreurs has a B.S. degree from the University of Leuven, Belgium. She has experience teaching French both one-on-one and in group settings. She is a retired software developer. She is active in the blind community as a sighted guide/participant.

SELF IMPROVEMENT

Negotiating For Life: From Real Estate To Relations

Study Leader: Sanford Neiman

- 6 Classes: Jan. 12 – Feb. 16 Class ID: 3683
- Tuesday, 3:00 PM - 4:30 PM
- Online Event



Negotiating has a significant impact on every aspect of our lives. The goal of this course is to enable participants to be more knowledgeable, confident and comfortable interacting with all types of people - from the mild mannered to the bully. Each participant will bring a lifetime of negotiating experience – good and bad – to class. Each participant will leave with stronger and more useable negotiating skills, applicable to all manner of interactions from real estate to relationships. Seven essential negotiating principles will be taught through discussions and role plays based on the instructor's and participants' real life experiences. The course is for everyone, ranging from those who dislike negotiating to those who may already be excellent negotiators.

Sanford Neiman has been an attorney for 49 years, after graduating from Harvard Law School. He has taught at the University of Pittsburgh Katz Business School, at PNC Bank to top executives and managers, and to many others. Mr. Neiman has been a General Counsel; twice a Vice President of Human Resources; and litigated in state and federal courts and administrative agencies. His major career interests have been in the areas of business, labor, real estate, and entertainment. His negotiating courses are grounded in his varied real life experiences; many people seem most interested in his seventeen years as attorney and manager of Clarence Clemons of Bruce Springsteen's Band.

Using The Enneagram For Growth

Study Leader: Kerry O'Donnell

- 3 Classes: Jan. 11 – Feb. 1* Class ID: 3597
- Monday, 3:00 PM - 4:30 PM
- Online Event

**Note: Class will not meet on Jan. 18*

The Enneagram is an extraordinarily accurate and powerful tool for understanding ourselves and the others in our lives. This class will serve as an introduction to how the Enneagram can guide you on your journey to growth.

Kerry O'Donnell, M.A., SHRM-SCP, SEP, is a certified (Enneagram Worldwide) and accredited (International Enneagram Association) Professional Enneagram Teacher and Coach. She has worked at the Council for International Exchange of Scholars, the United States Institute of Peace, and served as President of the Falk Foundation.

Doing The Same Things In An Easier Way

Study Leader: Janet Seltman

- 6 Classes: Mar. 12 – Apr. 16 Class ID: 3629
- Friday, 9:00 AM - 10:30 AM
- Online Event

As we age, we often notice that simple activities—walking, tying shoelaces, cooking—become more difficult. It's just aging, we say. But what if we can change that? In this class we will use the Alexander Technique to notice what we do and make changes to habits that no longer serve us. We will discover the connection between thinking and action. Since we cannot meet in person to explore the technique with hands-on work, we will use methods like movement sequences and visualization to learn the principles of body / mind connection that Alexander taught. This class is experiential. Please dress comfortably. No previous experience necessary.

Janet Seltman is a Registered Somatic Movement Therapist. She is trained as an Alexander Technique teacher, a Unity in Motion teacher, and a flower essence practitioner. She has been in private practice in Pittsburgh for over 30 years.

Closure: Discussing The Last Chapter

Study Leader: Judith Black, Nicole Greer

- 5 Classes: Jan. 13 – Feb. 10 *Class ID:* 3657
- Wednesday, 3:00 PM - 4:30 PM
- Online Event

No one wants to die. But the truth is everyone's life will someday come to an end. The final chapter of your story can be about meaning and dignity, instead of chaos and confusion. Closure will empower you with easy-to-access and simple-to-understand information and resources to make educated decisions about your end-of-life plans. We discuss narratives of other people's "last chapters" and trends in how people die, and also explore the "next-to-last chapter" of how people live late in life. Together we will destigmatize and demystify the process of talking about death and dying. The hope is that each participant can begin to see how to live the last portion of his or her life according to the values that have guided the rest of that life. Previous participants have said that this course has directly helped them grapple with situations where they would have otherwise felt lost and overwhelmed.

Judith Black is a physician who continues to practice as a geriatrician. From 1998 to 2015, she was the medical director for senior markets at Highmark, Inc., where she provided the medical expertise and leadership that helped Highmark enhance and coordinate the care of older adults. She presently serves as a medical advisor for the Jewish Healthcare Foundation and a practicing geriatrician for the Allegheny Health Network. Dr. Black brings 40 years of medical experience to her position and also holds a master's degree in health administration. She serves as a faculty member of the Consortium Ethics Program and is a clinical associate professor of medicine at the University of Pittsburgh, School of Medicine.

Nicole Greer is a nurse quality improvement specialist for the Jewish Healthcare Foundation (JHF), working on several initiatives to improve the quality of care provided to older adults, including the RAVEN initiative, Senior Connections, and the Death and Dying Fellowship at JHF.

Declutter

Study Leader: Rosa Barnett Averbach

- 4 Classes: Jan. 11 – Feb. 8* *Class ID:* 3600
- Monday, 3:00 PM - 4:30 PM
- Online Event

**Note: Class will not meet on Jan. 18*

How much stuff is enough?! Unless you are a minimalist, you likely have a lot of stuff. However, managing more than enough stuff is a burden that most people don't realize they have. The "care and feeding" that your junk and clutter exact on your space and nerves is unnecessary and a waste of time, effort, and money. Through this course, you will realize that what you thought was enough is likely too much. Now is the time to declutter and downsize your stuff! This class is interactive and stresses a permanent lifestyle change and behavior modification. This course can be taken more than once.

Rosa Barnett Averbach earned a bachelor of science degree from Penn State University and master's degrees in both education and social work from the University of Pittsburgh, as well as certification in interior design from the Art Institute of Pittsburgh. She taught art education in the Swissvale Area Joint Schools. She has also taught adult education classes on topics including Getting Organized, Time Management, Decision Making, and Procrastination. She was director of Create-A-Space, a space- and design-management business. She also worked at St. Francis Hospital as a behaviorist with obese and morbidly obese patients. Her specialty is behavior modification and permanent lifestyle changes. She has been teaching courses at Osher at CMU since 2008.

The Art Of Conversation

Study Leader: Susan Morris

- 4 Classes: Jan. 11 – Feb. 8* *Class ID: 3564*
- Monday, 1:00 PM - 2:30 PM
- Online Event

**Note: Class will not meet on Jan. 18*

Uncomfortable or dissatisfied with your social skills with family, friends or strangers? Join the Art of Conversation and practice those specific things you'd like to work on. Breakout sessions before role playing. Scripts available. Readings and discussions tailored to students' interests.

Susan Morris is an award-winning broadcast journalist who spent 20 years covering the news and producing documentaries for National Public Radio, Voice of America, and other news outlets. Susan taught writing at the University of Pittsburgh and hosted a TV show on women's health issues. Susan retired in 2014 and now teaches Osher classes, works on political campaigns, and pursues her favorite pastime, painting.

WELLNESS

Brain Health: Creating Habits For A Better Brain

Study Leader: Steve Gough

- 4 Classes: Jan. 11 – Feb. 8* *Class ID: 3675*
- Monday, 9:00 AM - 10:30 AM
- Online Event

**Note: Class will not meet on Jan. 18*



This course explores how we can have an impact on our brain health by what we do daily. The past idea of a normal decline in brain performance which was unalterable is now defunct. We can alter and change the decline curve of brain performance. This course explains what we can do to improve the health of our brains. The course asks its participants to commit to change so that they can improve their Brain Health.

Steven T. Gough has been a clinician, specialist, educator and serial entrepreneur for the past 38 years. As a physical therapist Dr. Gough was lucky enough to get to spend time with his patients and see them as an entire person, not just someone with knee pain. Which always lead to the question, how can I serve my patients better? This resulted in him seeking more education earning a Master's Degree in Physical Therapy in 1993, Board Certification as an Orthopedic Clinical Specialist in 1994, and a Doctorate in Physical Therapy in 2004. For 20 years he taught biomechanics and musculoskeletal evaluation and treatment to the next generation of clinicians at Chatham University. He also taught Leadership to doctoral students. The sale of his physical therapy practice in 2016 has allowed him the time to pursue his interest in overall health and aging gracefully. He currently resides in Pittsburgh, Pennsylvania.



Healthy Eating

Study Leader: Rosa Barnett Averbach

- 3 Classes: Mar. 10 – Mar. 24 *Class ID:* 3601
- Wednesday, 3:00 PM - 4:30 PM
- Online Event

Healthy eating involves thinking about what food does for your body rather than simply how it tastes or fills you up. Being mindful and aware of what you eat will help you feel and look better as well as become healthier. Although it is hard to break old habits, this course will help you think about eating as a key to becoming a better you. Through this interactive course, you will learn to modify your eating behaviors and make permanent lifestyle changes. This is a course which can be repeated.

See **Rosa Barnett Averbach**, page 27

How To Improve Your Dementia Care Communication

Study Leader: Rachael Wonderlin

- 5 Classes: Mar. 11 – Apr. 8 *Class ID:* 3595
- Thursday, 9:00 AM - 10:30 AM
- Online Event

In this course you'll learn what the difference between Alzheimer's disease and dementia is, what causes dementia and ways to help prevent it, how to communicate with people living with dementia, and much, much more. We'll discuss how to avoid arguments and even use improv theater skills to take your communications to the next level. This course is built for people who have a loved one living with dementia, but individuals living with dementia themselves are also welcome.

Rachael Wonderlin has a Master's in Gerontology and is the author of two books on dementia, both published with Johns Hopkins University Press. Rachael works as a dementia care consultant for her own company, Dementia By Day. Rachael's blog and podcast are immensely popular with readers and listeners all over the world. She is also a veteran Osher study leader.

WRITING

From Memory To Story: Family History

Study Leader: Anita Kulina

- 6 Classes: Mar. 11 – Apr. 15 Class ID: 3632
- Thursday, 8:30 AM - 10:30 AM
- Online Event

This six-week course will change the way you think about writing family history. Open to writers and non-writers (and memoir writers too!), the class explores what it really means to write a family history. In a relaxed, small group setting, you will be driven by memories and curiosity to explore the world you came from and the world you've created throughout your life. This is not a traditional writing class. There are no critiques. You'll have homework, but you'll never be required to read your work in class. Instead, through conversation and writing exercises, you'll discover and share what makes your family and its stories unique and unforgettable.

Anita Kulina has been writing family history for herself and others for over 25 years. She grew up in Pittsburgh's Greenfield neighborhood, where her father was a laborer at U.S. Steel Homestead Works and her mother chased around their six children. After graduating CCAC, Anita worked at Duquesne University, where she also went to night school. When she wasn't working or studying, she was chronicling Greenfield's history, which resulted in her book *Millhunks and Renegades*. She currently writes an ongoing cozy mystery series (*A Question of Devotion, Reason for Concern*) that features lovable Mrs. B, who lives in a thinly disguised Pittsburgh neighborhood. Anita recently retired from Carnegie Mellon University. She continues to run Brandt Street Press, which publishes books that make history fun.

Writers' Workshop

Study Leader: Thalia Snyder, Helen Wilson

- 6 Classes: Mar. 10 – Apr. 14 Class ID: 3573
- Wednesday, 9:00 AM - 11:00 AM
- Online Event

Would you like to connect to fellow classmates through your writing? This workshop will get your creative juices flowing. We will begin each session with an in-class writing exercise. In addition, you will be asked to submit a writing assignment in the form of essay, poetry, memoir, fiction, or creative nonfiction each week, which will be discussed the following week. You will discover what your classmates appreciated about your piece, what they didn't understand, and how you might improve your writing. We support and encourage each other in the process of putting words on paper.

Thalia Snyder is a writer, actor, retired dentist, and language enthusiast. She studied theater at Northwestern University where she graduated with a B.A. in Russian language and literature. From the University of Pittsburgh, she earned an MA in Slavic languages and literature as well as a DMD and MS in prosthodontics. She taught at the University of Texas School of Dentistry in Houston and worked in private practice. She currently narrates books as a voiceover artist at Carnegie Library for the Blind and Physically Handicapped. She enjoys writing poetry and memoir. Her work was published in *Signatures* (Osher Lifelong Learning Institute at Carnegie Mellon University, 2016). Thalia has been a member of Writers' Workshop for many years, where the experience has been as joyful as it is enlightening.

Helen Wilson, during her career as an art teacher for the Pittsburgh Public Schools, worked in the Division of Curriculum Development as a writer, editor, illustrator, and graphic designer. Since retiring in 2006, she has pursued her interest in writing and historical research. Her articles have been published in local magazines and newspapers, and she is co-author of two books, *Pittsburgh's Bridges* (Arcadia Publishing, 2015) and *Squirrel Hill: A Neighborhood History* (The History Press, 2017), for which she also served as editor.

ARCHITECTURE

Design By Nature: Beyond Sustainable Architecture

Study Leader: Beatrice Spolidoro

- 4 Classes: Mar. 9 – Mar. 30 *Class ID:* 3591
- Tuesday, 9:00 AM - 10:30 AM
- Online Event

Since the first man-made shelters were built, architecture has protected us from the dangers of nature. Humans have been trying to stay warm, cool, dry, and safe for centuries by keeping nature as far as possible. Today, the average person spends around 90% of their time indoors - even before COVID-19 times. Yet, the majority of us are still attracted by nature and appreciate its wonders, whether in a private garden or in public parks. In a world where resources are running low and architecture strives to create more sustainable, comfortable, healthy homes, reconnecting with nature is not only inspiring but a moral imperative. The four sessions will explore the topics of sustainable architecture, biophilic design, biomimicry in architecture, and healthier environments. The class will present state-of-the-art case studies and the most progressive research in the field of architecture and engineering.

Bea Spolidoro (AIA, LEED Green Associate, WELL AP) is an Italian architect registered in Pennsylvania. She is a Principal at Fisher ARCHitecture in Pittsburgh, PA. She is an active member of the American Institute of Architects (AIA) at a local level, and she has served as a judge for the Institute Honor Awards of AIA National in 2016. Bea has been an Adjunct Professor at the CMU School of Architecture in 2020 and has taught at OSHER at Carnegie Mellon architecture-related classes. Bea is passionate about building sustainable, healthy environments. For her, good design should improve both the physical and mental health of people. This goal is pursued regardless of the building typology or the age and the social and economical background of the occupants.



Masters Of Modern Architecture

Study Leader: Jeffrey Swoger

- 6 Classes: Mar. 12 – Apr. 16 *Class ID:* 3572
- Friday, 11:00 AM - 12:30 PM
- Online Event

Many historians believe the era of modern architecture began in Chicago with the first “skyscraper.” It progressed through a myriad of styles and philosophies until the present. Throughout this evolution, many architects have made major contributions to the art form, breaking existing orthodoxy and challenging the eye, the mind, and even the way we live. Others have built on the work of their predecessors, adding their own touches. But all have had profound influence on our cities and our civilization. The course will examine a number of architects from around the world, (some familiar and a few not so well-known), and their art. We will trace important trends in architecture and celebrate the achievements and legacy of these master architects. Lively discussions will inevitably ensue.

Jeffrey Swoger began his college years studying architecture at Washington University in St. Louis, before transferring to the Institute of Design at IIT to study graphic design. However, he remained keenly interested in architecture, keeping abreast of the major architects and their buildings throughout his life. Living in Chicago, he saw the rise of several iconic buildings: the John Hancock Building; the Sears Tower; the 860-880 Apartments. As a designer, he worked with many Chicago architects and real estate developers and created the logo for the first Chicago School of Architecture Foundation, which was housed in the historic Glessner House, designed by H. H. Richardson.

ENVIRONMENT

Embracing A Green Lifestyle

Study Leader: Nancy Martin

- 3 Classes: Jan. 13 – Jan. 27 Class ID: 3598
- Wednesday, 11:00 AM - 12:00 PM
- Online Event



We will look at common practices in and around the home and how we can perform them in an Earth-friendly manner. We'll examine proper recycling, composting our food scraps and yard debris, and how to help to alleviate storm-water and water pollution issues that plague this region by embracing green living techniques in the home and yard.

Nancy Martin is the PA Resources Council's (PRC) environmental educator. PRC promotes solid waste reduction and living lightly on the Earth. She attended Clarion University and the Univ. of Pittsburgh, and has a certificate in Permaculture Design. She is a lifelong organic gardener, composter, rainwater harvester, and follower of green lifestyle guidelines.

LIFE SCIENCE

Falconry, The Sport Of Kings

Study Leader: National Aviary Materials Fee: \$20*

- 1 Class: Feb. 3 Class ID: 3642
- Wednesday, 10:00 AM - 11:30 AM
- Online Event



Join the National Aviary's certified falconer, Cathy Schlott, to discover the history, practices, and theories behind the unique sport of falconry, the sport of kings and queens for more than 4,000 years. Explore the variety of birds used in the sport and why they are selected, and become familiar with equipment and regulations governing falconry in the United States. This unique hour and a half class will provide participants with: an overview of the sport, including how it was used in the past and what makes it relevant today; a chance to see the equipment used for falconry; information on how to become a certified falconer; and an opportunity to see a Lanner Falcon virtually.

Cathy Schlott is the Curator of Behavioral Management and Education at the National Aviary. Prior to working at the National Aviary, she studied Biology at the University of Pittsburgh and worked with injured and orphaned native wildlife at a wildlife rehabilitation center. Cathy trains a variety of birds and mammals at the National Aviary, but particularly enjoys working with hawks, falcons, owls, eagles, and crows. She is a member of the Association of Zoos and Aquariums, Pennsylvania Falconry and Hawk Trust, North American Falconry Association, and Animal Behavior Management Alliance where she served on the board of directors for several years including in the role of president. Cathy has done a variety of presentations for animal care professionals at different conferences around the world. At the National Aviary, she teaches workshops on animal training, falconry, and pet parrot ownership and is a licensed falconer.

**Materials fees are not refundable; information on page 74.*

Identify That Bird!

Study Leader: National Aviary Materials Fee: \$20*

- 1 Class: Feb. 16
- Tuesday, 10:00 AM - 11:30 AM
- Online Event

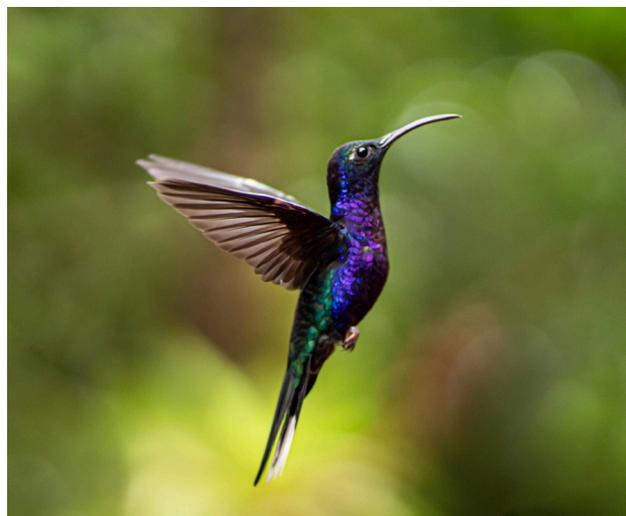
Class ID: 3643

ONE
DAY

Birds are all around you, and not just when you visit the National Aviary! Have you ever wondered what they all are—those birds flying overhead, the flock gathered in your backyard, the birds singing as you hike along a woodland trail? This course will introduce you to the basics of bird watching and bird ID, tailored for the Pittsburgh area. You will learn how to select and use binoculars; what to notice when you see a bird in order to identify it; what books and apps are available to help with information; and more!

Robert S. Mulvihill, the National Aviary's Ornithologist, has been an active member of the birding and bird conservation community in western Pennsylvania for more than 40 years. He began his ornithological career at Powdermill Nature Reserve, the biological field station of the Carnegie Museum of Natural History, where he worked at the world-renowned Powdermill bird-banding station. During his nearly 30-year tenure there, Bob banded more than 200,000 birds and conducted in-depth long-term field research on the Dark-eyed Junco, Ruby-throated Hummingbird, and Louisiana Waterthrush. He has conducted field research across Pennsylvania and in Mexico and Central America. In 2013, shortly after he arrived at the National Aviary, Mulvihill brought Neighborhood Nestwatch, a citizen-science project developed by the Smithsonian Institution, to backyard bird-lovers in the Greater Pittsburgh area. He also brought Project OwlNet, a collaborative continent-wide study monitoring the migrations of Northern Saw-whet Owls, to Pittsburgh—banding owls three nights a week at a popular urban park in spring and fall. He also leads spring and fall birding tours for the National Aviary. Bob has received awards in recognition of his efforts to promote bird conservation from the Audubon Society of Western Pennsylvania and the Pennsylvania Society for Ornithology.

*Materials fees are not refundable; information on page 74.



The Magical World Of Hummingbirds

Study Leader: National Aviary Materials Fee: \$20*

- 1 Class: Feb. 18
- Thursday, 10:00 AM - 11:30 AM
- Online Event

Class ID: 3645

ONE
DAY

A flash of emerald darting between fragrant flowers, spotting a hummingbird delights even the most casual bird-watcher. But did you know these little birds, which weigh less than a nickel, can migrate more than 1000 miles annually? In this program, National Aviary Ornithologist Bob Mulvihill will introduce you to what are arguably the most astonishing products of avian evolution- the Hummingbird! Bob will introduce you to the brilliant plumages, acrobatic aerial displays, and incredible adaptations of some of the world's 330 species of hummingbirds, and share how to attract them to your backyard.

See **Robert S. Mulvihill**, *previous listing*

*Materials fees are not refundable; information on page 74.

MEDICAL

Regenerative Medicine

Study Leader: Bryan Brown

- 1 Class: Feb. 23 Class ID: 3551
- Tuesday, 2:00 PM - 4:00 PM
- Online Event

ONE DAY

Regenerative medicine provides the potential to repair or replace diseased or damaged tissues and organs in contrast with the current approach of treating the symptoms when the body is adversely affected by trauma, disease, or congenital deformities. Scientists and clinicians are evaluating various therapies such as using a patient’s own cells to help repair a disease or defect in the body. Advances are being made in the laboratory and in the translation of these novel therapies into clinical assessments.

Bryan Brown is a highly respected scientist, a committed educator, and a mentor extraordinaire. Dr. Brown currently serves as associate professor in the Department of Bioengineering and the Department of Obstetrics, Gynecology, and Reproductive Science at the University of Pittsburgh. Additionally, he holds an appointment as an adjunct professor of clinical sciences at the Cornell College of Veterinary Medicine.



Vision As A Construct And Its Care

Study Leader: Zarky Rudavsky

- 5 Classes: Mar. 8 – Apr. 12* Class ID: 3666
- Monday, 1:00 PM - 2:30 PM
- Online Event

*Note: Class will not meet on Mar. 29

NEW

This course will examine the nature of vision as a construct of sight and perception. We will look at how vision develops so that we can accurately predict what is beyond our bodies. We will also address practical issues such as vision changes with aging, eye diseases, and treatment considerations.

Zarky Rudavsky has been an optometrist in private practice in Squirrel Hill for 40 years. He has a B.A. from Rutgers University and a B.S. and O.D. from Pennsylvania College of Optometry. You may have seen him around town on his recumbent bicycle.

Autism Spectrum Disorders And ADHD: What's New?

Study Leader: Patricia Spear Lemer

- 6 Classes: Jan. 14 – Feb. 18 Class ID: 3621
- Thursday, 11:00 AM - 12:30 PM
- Online Event

Everyone knows someone with autism or ADHD; these conditions are epidemic. What is happening? Are we diagnosing better? Including more kids? Or something else? Are these disabilities genetic, environmental, or both? Are they psychological or biomedical disorders? Is medication the only way to treat them? What are some alternatives? What new treatments are showing promise for these disorders? What are risk factors for those with affected family members? Can they be prevented? This course includes the latest information on possible causes and the concept of Total Load Theory. You will learn about commonalities of the biology of those diagnosed, the possible role of inflammation, the immune system, and other physical components. We will discuss sensory issues in autism and ADHD, and the important role of vision in behavior, language development, social skills, and learning. You will leave with knowledge of how individuals with autism and ADHD can lead productive, independent lives.

Patricia S. Lemer is a Licensed Professional Counselor and practiced as an educational diagnostician for over 40 years. She was a co-founder and served as Executive Director of Developmental Delay Resources (DDR), an international, non-profit organization for 20 years. DDR merged with Epidemic Answers in 2013, and Ms. Lemer served as Board Chair, and is now Emeritus. She holds a Master of Education in counseling and learning disabilities from Boston College and a Master's in Business from Johns Hopkins University. Ms. Lemer helped to design and implement a center for young adults with autism and other disabilities in Kuwait from 2012-2014. Ms. Lemer is widely published, and lectures internationally about disabilities. She is the author of three books, the most recent, *Outsmarting Autism Updated and Expanded, Build Healthy Foundations for Communication, Socialization, and Behavior at All Ages*, published in 2019. She is a native Pittsburgher and is the mother of an adult daughter and the grandmother of Penelope, born in August 2006. Her websites are PatriciaLemer.com and OutsmartingAutism.com.

I Am Not Old: Why Do I Sound It?

Study Leader: Eye & Ear Hospital UPMC

- 1 Class: Feb. 24
- Wednesday, 1:00 PM - 2:30 PM
- Online Event

Class ID: 3667

ONE DAY



How does voice “happen”? Why and how does the voice change as we age? What can and cannot be done to alter how we sound? You will learn about the complex physiology of voice production, with focus on sound generation from the larynx, pulmonary drive, and effects of frailty. Evaluation and treatment options will be explored within the context of quality of life.

Libby Smith is the Medical Director of the UPMC Voice Center. She and the multi-disciplinary Voice Team care for the voices of patients from young to old, amongst many other larynx-related things. She loves to talk about the larynx, and hopes that participants will be as enthralled with the wonders of voice as she is by the end of the class. She presents nationally at medical societies and conferences as a leader in Laryngology.

Intro To Medical Marijuana And Its Medicinal Value

Study Leader: Richard Greer

- 1 Class: Apr. 20
 - Tuesday, 1:00 PM - 2:30 PM
 - Online Event
- Class ID:* 3633

ONE
DAY

On April 17, 2016, Pennsylvania Governor Tom Wolf signed the Medical Marijuana Act into law. The new set of laws made Pennsylvania the 24th state in the U.S. to legalize medical cannabis. Medical marijuana, also referred to as medical cannabis, can be an affordable, safe, and effective alternative for many expensive, ineffective, and highly addictive prescription medicines. Learn how medical marijuana patients are finding relief of health conditions by using the cannabis plant.

Richard Greer is currently the Pharmacy Director at Solevo Wellness, the first medical marijuana dispensary in Allegheny County. He received his Bachelor's Degree in Business Administration from Duquesne University, and after working for several years in sales and management he furthered his education by completing his Doctorate of Pharmacy Degree at Duquesne University. While in pharmacy school, he served as class president for 4 years, sat on numerous student advisory committees, and was a member of the prestigious Kappa Psi Pharmaceutical Fraternity. After time spent in both clinical and retail pharmacy, Dr. Greer was drawn to the innovation that medical marijuana presents. He is excited for the opportunity to provide groundbreaking advancements in patient care and help pioneer this important medical movement. He believes strongly in advocating for the rights of his patients to receive the best pharmacological treatment right here in Pennsylvania. He is licensed through the Pennsylvania Department of State to practice pharmacy, and is a certified medical marijuana practitioner through the Department of Health. Dr. Greer is an expert in the pharmaceutical field who strives to provide the most comprehensive care available to achieve the best health outcomes!

Neuromodulation: A Drug-Free Approach

Study Leader: Wendy Ye

- 1 Class: Feb. 23
 - Tuesday, 9:00 AM - 10:30 AM
 - Online Event
- Class ID:* 3618

ONE
DAY



Chronic pain, movement disorders, and urinary incontinence significantly limit people's daily activities and impact their quality of life. Neuromodulation may provide a drug-free option to help people with neurological diseases, manage their pain, control their hands enough to pour their morning coffee or avoid the embarrassment of an overactive bladder. This course will provide an introduction to Neuromodulation, current commercially-available neurostimulation devices and a comparison of neurostimulators from major companies. The course will briefly discuss Tesla and SpaceX founder Elon Musk's Brain Computer Interface and his recent vision of future applications of Neuralink BCI. Neuromodulation encompasses a diverse group of providers including neurosurgeons, anesthesiologists, pain specialists, and others. The course will also briefly address how to find neuromodulation specialists and clinical trials locally.

Wendy Ye earned a B.S. degree in Biomedical Engineering and a M.S. degree in Electrical Engineering with a concentration in biomedical engineering. She previously worked at the Harvard-MIT Division of Health Sciences and Technology and Harvard Medical School VA Medical Center. She has worked as a Principal Specialist at Medtronic Neuromodulation for seven years, and served as the Managing Editor for IEEE Transactions on Biomedical Engineering until the end of 2018. She has extensive experience in reviewing and analyzing neuromodulation devices in the therapy areas of chronic back and limb pain, migraine, cancer pain, Parkinson's disease, essential tremor, urinary incontinence, and other neurological disorders.

SOCIAL SCIENCES

Contemporary Topics/Sociology | History | Pittsburgh | Politics/Government | Religion/Philosophy | Travel

CONTEMPORARY TOPICS/ SOCIOLOGY

Understanding World Cultures

Study Leader: John Hooker

- 6 Classes: Jan. 12 – Feb. 16 *Class ID:* 3665
- Tuesday, 3:00 PM - 4:30 PM
- Online Event



At a time when international travel must be vicarious, this course tours world cultures and provides an intellectual framework for understanding them. Culture is much more than food, language, and the arts. It is a distinctive set of thought patters, basic assumptions, and solutions to life's problems. Each culture has a logic of its own that explains practices that may seem strange to visitors. A global perspective also helps us to understand the origins of ethnic and racial conflict in the US and elsewhere. The course will feature in-depth studies of about a dozen specific countries on six continents, in nearly all of which the instructor has lived and worked. The course was offered in the Osher program about a decade ago, but the materials have been restructured, expanded, and updated over the last year for the instructor's courses at CMU.

John Hooker is Holleran Professor of Business Ethics and Social Responsibility, and Professor of Operations Research, in the Tepper School of Business at CMU. He has taught courses specifically on cross-cultural management and ethics for 20 years. He has published over 180 articles and 8 books, including several articles and a book on cross-cultural issues. He has lived and worked in Australia, Brazil, China (twice), Denmark, India (twice), Qatar, Turkey, the UK, the USA, and Zimbabwe, in addition to extensive experience in France, Germany, Ireland, Italy, and Mexico, and work-related visits to dozens of other countries.



Contemporary Ireland: A Century After Independence

Study Leader: Anne Burnham

- 3 Classes: Jan. 13 – Jan. 27 *Class ID:* 3664
- Wednesday, 11:00 AM - 12:00 PM
- Online Event



This three one-hour session offering will look at politics, economics, and society and culture in Ireland today; how seismic the change since Ireland wrested limited independence from Britain in 1921, through partition, a Civil War, becoming a republic, a member of the EU, and transitioning from an ultra-conservative church-dominated society to the first country in the EU to pass a referendum on same-sex marriage, a preferred location for international corporations, while continuing to punch way above its weight as a literary and artistic powerhouse.

Anne Mullin Burnham, a Dubliner, has previously led Osher courses on Irish literature and decorative art, as well as a general course on poetry. She was the founding editor of Washington's *Diplomatic Dossier*, a contributing editor to *A Guide to Irish Fiction 1650-1900* and to the architecture volume of the Royal Irish Academy's series on Irish art and architecture. She headed the World Affairs Council's international education program for over ten years and was a founding director of the Ireland Institute of Pittsburgh, organizer of 'Bloomsday in Pittsburgh' for 29 years, and board chair of PICT Classic Theatre.



The Art And Science Of Wine Tasting And “Terroir”

Study Leader: Ricardo Llovet

- 2 Classes: Feb. 26 and Mar. 5 *Class ID:* 3590
- Friday, 3:30 PM - 5:30 PM
- Online Event

**TWO
DAY**

The objective of the course will be to provide the participants with the knowledge necessary to obtain an enhanced experience from their usual wine drinking. On the first day we will cover the concept of “terroir,” review its key elements such as climate, geography, and soil, and discuss their influence on the wine. We will then review the visual phase of wine tasting. The second day we will cover the olfactive, tasting and aftertaste phases. We will cover the art and some elemental science for each of the phases. We will then practice what we learned with an actual tasting. The instructor will have a red wine and a white wine available and the students will be welcome to do the same. If a participant prefers to follow the course with no wine that will be fine too.

Ricardo Llovet has been a wine aficionado since his youth. He was taught by his father and then expanded his knowledge through extensive reading, tasting, traveling, and conversations with winemakers. He has harvested grapes, made red and white wines at home, and visited many winemakers and vineyards in Spain, France, Italy, Bulgaria, Portugal, and the U.S. He has been conducting wine tastings during the last 35 years, well before it became a popular activity. Less than two years ago Ricardo started the website wineandfriends.net where he posts wine reviews and his most recent experiences in the world of wine. Ricardo just has a passion for wine and has been frequently told that he is able to transmit it.

Health Care Decisions - As Part Of A Retirement Plan

Study Leader: William McKendree

- 3 Classes: Mar. 12 – Mar. 26 *Class ID:* 3671
- Friday, 11:00 AM - 12:30 PM
- Online Event



This presentation is an introduction to the issues and concerns faced by individuals regarding their health care benefits as they transition into what might be referred to as “retirement age.” The goal of the presentation is to provide a basic understanding of these health benefit options (with Medicare being an ultimate and essential component). We’ll look at the function, characteristics, and vocabulary of these options, how eligible individuals can utilize them most effectively, and we’ll explore the hidden problems and landmines associated with the transition process.

Bill McKendree is director of the Pennsylvania Healthcare Benefit Support program, an agency helping people access affordable healthcare services through counseling, education and advocacy. In addition to his work at PHBS, Mr. McKendree serves as preceptor for the University of Pittsburgh School of Pharmacy internship program at the Birmingham Health Clinic. He also teaches Health Law and Healthcare Policy at the University of Pittsburgh’s School of Law and School of Pharmacy.

Local News: Stories From A Shifting Landscape

Study Leader: Rich Lord

- 4 Classes: Mar. 10 – Mar. 31 *Class ID:* 3674
- Wednesday, 9:00 AM - 10:30 AM
- Online Event



Remember when everything you'd want to know about your community and the world was in a roll of paper on your front step every morning? Today's media environment is much different — far more varied, and in some ways richer, but also more treacherous. This course will start with a discussion of the emerging news ecosystem, with an emphasis on where one can find credible, in-depth local news online. In subsequent weeks, participants will be asked to read and discuss different takes on a timely local news story, often including the study leader's work. The study leader will talk about the process through which local news is generated, and the reasons why the same topic may be handled differently by various news outlets.

Rich Lord is the economic development reporter/editor for *PublicSource*, Pittsburgh's nonprofit news service. Rich has worked for the *Pittsburgh Post-Gazette*, the *Pittsburgh City Paper* and the *Pittsburgh Tribune-Review* over a quarter-century in news. He was part of a *Post-Gazette* team that won the Pulitzer Prize for breaking news reporting on the Tree of Life massacre, wrote a 2004 book about the then-emerging foreclosure crisis, and led special projects on policing, child poverty, the opioid epidemic and federal law enforcement's use of paid informants.

People And Places To See - Notes From A Wanderer

Study Leader: Sankar Seetharama

- 2 Classes: Feb. 23 and Mar. 2 *Class ID:* 3660
- Tuesday, 9:00 AM - 10:30 AM
- Online Event



If you have a desire, a wanderlust to explore exotic locations, different cultures, ancient civilizations, wonders of man, and nature, but are not a fan of packaged tours but at the same time unsure of going it alone, this course will provide some tips and suggestions based on the instructor's personal experience of things to check and do to make your travel experience exciting, affordable, and relatively stress free. This is a two session course. In the first session we will discuss travel tips and suggestions on planning your trip, where when and how to go and other travel essentials. In the second session the instructor will share some of his personal favorite places/itineraries and discuss any questions/issues the participants may have.

Sankar Seetharama is currently a semi-retired management consultant after a forty-year career in the environmental control industry in a variety of different roles. His experience is in marketing, business development, bidding & contract negotiations, international business, product development and project management air pollution control systems and services for major industries. Mr. Seetharama has a BS in Mechanical Engineering from Banaras Hindu University, India and an MBA from the University of Pittsburgh, PA. He & his spouse love traveling - exploring new countries, cultures, peoples and hiking the great outdoors. His travels for business and pleasure trips with his family have taken him to all 50 states and over 40 countries. He also enjoys cooking, photography, and model railroading.

How Do You Explain India?

Study Leader: Sankar Seetharama

- 3 Classes: Jan. 12 – Jan. 26 Class ID: 3661
- Tuesday, 1:00 PM - 2:30 PM
- Online Event



India, the world's largest democracy and the second most populous nation in the world is a study in contrasts. It is a fascinating land of cultures, languages, religions, history, natural beauty among other things. It is developed and undeveloped, rich and poor, educated and illiterate, tolerant and intolerant, simple and confusing – all at the same time. During this course we will start by tracing Indian history to the present and discuss the diverse nature of the population, culture, and country. We will conclude by discussing current day India its successes/failures and socio economic challenges.

See **Sankar Seetharama**, *previous listing*

Enjoying The New Yorker

Study Leader: Mona Strassberger

- 6 Classes: Jan. 15 – Feb. 19 Class ID: 3606
- Friday, 1:00 PM - 2:30 PM
- Online Event

This will be an interactive discussion course with a limited enrollment. *All members will be expected to present at least one article over the six weeks.* Each week the class will focus on a current issue and discuss one or more features of particular interest. It might be part of the “Talk of The Town,” a short story, a cartoon, the cover art, or one or more critiques — whatever inspires members’ interests.

Mona Strassburger is a lifelong Pittsburgher and has been a member of Osher since 2011. She was a high school English teacher, and then for 19 years, a psychotherapist at the YWCA Women’s Counseling Center. After retiring, she became involved as a volunteer with many community organizations. She has facilitated support groups at the Good Grief Center for Bereavement, Gilda’s Club, and the Women’s Center and Shelter. She volunteers at the Carriage House Children’s Center and the National Council of Jewish Women. She is a board member for Awesome Pittsburgh.

Enjoying The New Yorker

Study Leader: John Brown

- 6 Classes: Jan. 12 – Feb. 16 Class ID: 3575
- Tuesday, 11:00 AM - 12:30 PM
- Online Event

- 6 Classes: Mar. 9 – Apr. 13 Class ID: 3576
- Tuesday, 11:00 AM - 12:30 PM
- Online Event

This will be an interactive discussion course with a limited enrollment. *All members will be expected to present at least one article over the six weeks.* Each week the class will focus on a current issue and discuss one or more features of particular interest. It might be part of the “Talk of The Town,” a short story, a cartoon, the cover art, or one or more critiques — whatever inspires members’ interests.

John and Maureen Brown have led the "Enjoying the New Yorker" class for the past three years and continue to wonder at the weekly insights and experiences provided through the New Yorker writers. John is a retired regional planning with a Ph.D. in Public Policy while Maureen is a retired writer/ journalist with a master’s in international affairs.

The Future Of Cities

Study Leader: Donald Carter

- 2 Classes: Feb. 26 and Mar. 5
- Friday, 1:00 PM - 2:30 PM
- Online Event

Class ID: 3659

TWO
DAY

NEW

The noted American urbanist Edmund Bacon wrote that “Cities are one of man’s greatest achievements.” This two-session course will explore the future of cities. The first session will focus on “Remaking Post-Industrial Cities and the Pittsburgh Story.” The second session will be about “Smart Cities,” including the impact of technology and pandemics on city design.

Don Carter is a Senior Research Fellow at the Remaking Cities Institute, Carnegie Mellon University. Prior to joining CMU in July 2009 to teach urban design and to lead the Remaking Cities Institute, Don was President of Urban Design Associates in Pittsburgh. He led many of the firm’s most complex projects over thirty-six years, drawing upon his international experience as an architect, urban designer, and developer. Don has lectured internationally on urban design and architecture. His newest book is *Remaking Post-Industrial Cities: Lessons from North America and Europe*. Don currently serves on the board of the Pittsburgh Cultural Trust, and previously served on the boards of the Andy Warhol Museum, Pittsburgh Downtown Partnership, Pittsburgh Zoo, Pittsburgh Chamber of Commerce, Pittsburgh Public Theater, and Leadership Pittsburgh. Don earned a Bachelor of Architecture degree from CMU and did post-graduate study in urban design and regional planning at the University of Edinburgh, Scotland.

The Female Sleuth: Gender Norms And Mysteries

Study Leader: Phyllis Kitzerow

- 4 Classes: Mar. 10 – Mar. 31
- Wednesday, 11:00 AM - 12:30 PM
- Online Event

Class ID: 3631

This course will focus on the development of the female sleuth and her growing popularity. From Miss Silver and Miss Marple through the tough female sleuths of the 70’s to the diverse female sleuths of today, we will trace gender norms and their portrayal or contravention. The class will be a combination of lecture, video, readings, and discussion. Students will be expected to buy a paperback anthology to read and discuss in class. My interest is in the application of sociological concepts to mystery fiction. My background in reading mysteries will be combined with my background in sociology and my focus on gender. I invite people interested in that combination to join me in exploring these three strands. Part of the course is sharing our favorite authors and being exposed to new authors, particularly in today’s abundance of mystery fiction.

Phyllis Kitzerow has a Ph.D. in Sociology and retired from Westminster College in 2011 after 40 years of teaching. Her areas of interest are gender, deviance, and race/ethnicity. She is the recipient of a Distinguished Faculty Award from Westminster and the author of *Women Attorneys and the Changing Workplace: High Hopes, Mixed Outcomes*. Dr. Kitzerow has previously taught an Osher course entitled “Women’s Lives as Portrayed in the 1900 House.”

Members

It's Time To Purchase Your 2021 Membership!

The 2020 year is coming to a close, and it's now time for current members to begin the renewing their memberships.

2021 membership renewal is \$100. Membership runs from January to December. Memberships should be paid by mid-November in order to register on time for the Winter 2021 term. Your membership must be renewed prior to attempting to register; you will not have access to the courses without your renewal being processed. Members may purchase their membership by logging in to the member registration system and clicking "Purchase 2021 Membership."

Please note: If you do not renew your membership for the 2021 year, you will need to reapply for the program and go onto the waitlist for membership.

Engaging Learners In A Covid World

Study Leader: Norton Gusky

- 6 Classes: Jan. 15 – Feb. 19 *Class ID:* 3574
- Friday, 11:00 AM - 12:30 PM
- Online Event



Before COVID-19 we had one notion on what learning meant, but the virus opened up new opportunities to rethink how we teach and learn. Discover how school districts redesigned their instructional programs. Explore robotics from a remote location. Investigate the virtual world of work. Explore your creativity virtually. Zoom into Tomorrow and think about what your virtual future might be.

Norton L. Gusky has been an Adjunct Faculty Member at the H. John Heinz III School of Public Policy and Management and has been an adjunct professor at the University of Pittsburgh. Gusky was the Coordinator of Educational Technology for twenty-one years for the Fox Chapel Area School District in Pittsburgh, PA. He is currently an educational technology broker for his own firm, NLG Consulting, LLC. He is the co-chair of the Emerging Technology Committee for the Consortium of Schools Networked (CoSN). Joining him will be a series of experts that include: Tom Lauwers, the Chief Scientist and Founder of Bird-brain Technologies; Stephen MacIsaac, the Executive Director of Neighborhood Learning Alliance; Jason Swanson, a futurist with KnowledgeWorks; Jessica Lee, a performing singer, lawyer, and non-profit administrator; and Justin Aglio, the Director of Academic Achievement and District Innovation at Montour School District and Visiting LearnLab Scholar at Carnegie Mellon University's Human-Computer Interaction Institute in the School of Computer Science.



Air Pollution, Health, And The Environment

Study Leader: GASP

- 1 Class: Feb. 23 *Class ID:* 3672
- Tuesday, 1:00 PM - 2:30 PM
- Online Event

**ONE
DAY**

“How does air pollution impact your life? What about the lives of your children or grandchildren? Join GASP (Group Against Smog and Pollution) as we examine the effects of living with some of the most heavily polluted air in the nation. This course will include a lecture that will cover the basics, consisting of the history of air pollution in “The Smokey City,” what kinds of air pollutants we worry about today, and the health concerns related to living in poor air quality. This will be followed by a discussion about what can, and is, being done locally to improve our air.”

The Group Against Smog and Pollution (GASP) is a non-profit citizens group in Southwestern Pennsylvania working for a healthy, sustainable environment. Founded in 1969, GASP has been a diligent watchdog, educator, litigator, and policy-maker on many environmental issues, with a focus on air quality in the Pittsburgh region. Our mission is to improve air quality to ensure human, environmental, and economic health.

Humor And Human Life

Study Leader: Joseph Givvin

- 5 Classes: Mar. 8 – Apr. 5 Class ID: 3625
- Monday, 1:00 PM - 2:30 PM
- Online Event

Is humor an essential part of being human? Why do we all laugh? What is funny to us? Why is it funny? What does offensive humor tell us about ourselves, our society? This course introduces students to the philosophy, history, culture, and psychology of humor and laughter. Our time will be spent reviewing pertinent literature, observing humorous archetypes, and actually creating our own examples. We will discuss the most prominent theories used to explain laughter and humor from Plato to the present.

Joe Givvin has returned to the Pittsburgh area after living and teaching in Iowa; he is Professor Emeritus, Mount Mercy University. His teaching has centered on the ethical questions of morals and values. He has always been intrigued by the search to understand humor by philosophers, psychologists, biologists, and every one of us. He enjoys opportunities to engage with curious minds in thoughtful conversation.

American Patriot

Study Leader: Rabbi Ron Symons, Melissa Hiller

- 4 Classes: Jan. 13 – Feb. 3 Class ID: 3640
- Wednesday, 11:00 AM - 12:00 PM
- Online Event

As we write this description, we do not know who will be occupying the Oval Office on January 20... That is a part of the excitement of democracy! The definitions of patriotism, nationalism, being wrapped in the flag, citizenship, residency, immigrant . . . are often up for grabs today. We will invite leaders from our Pittsburgh community to help guide us in hopeful conversations using long-held values as our compass. The focus of our discussions will be democracy, patriotism and citizenship through art and values. People of all backgrounds are welcome. Your participation in discussion will make this a richer experience for us all.

Rabbi Ron Symons serves as Senior Director of Jewish Life of the JCC of Greater Pittsburgh.

Melissa Hiller serves as Director of the American Jewish Museum of the JCC of Greater Pittsburgh. Together, they guide the Center for Loving Kindness and Civic Engagement in order to redefine neighbor from a geographic term to a moral concept.

Pay Your Dues

It is time to pay your membership dues. Dues are \$100.00; membership runs from January 1 until December 31. Membership cards will be issued in February.

Life's Little Stories

Study Leader: Janis Ramey

- 2 Classes: Apr. 20 and Apr. 27
- Tuesday, 11:00 AM - 12:30 PM
- Online Event

Class ID: 3596

TWO
DAY

NEW

Life's Little Stories: All of us have listened to or told little stories about life in the past. These are stories that are told over dinner with family and friends or at bedtime with our children. They are usually quite short and often surprisingly interesting. They might be happy, sad, funny, serious, tragic, or momentous. They often depict ordinary moments but sometimes extraordinary events. Sometimes they're retold often enough to become family lore. This class will introduce you to stories told by ordinary people and by celebrated people. In each case you will glimpse into their lives and the time and events they experienced. Some of the little stories will be read by trained actors; some by the original teller of the story. Participants will have an opportunity, if they choose, to share one of their own little life stories.

Janis Ramey has been teaching at Osher for several years ("Grassroots Organizing," "What are the boundaries? The #MeToo movement as it applies to older people", "Apps, Apps, and More Apps", "Facebook, and Twitter, and Texting, Oh My", "40 Things I No Longer Carry", and "How to Look Younger without Plastic Surgery"). She's a retired independent technical writer who helped scientists and engineers write about their work. She also taught technical writing to technical people in their workplaces and at Pitt and Chatham. She has both master and bachelor's degrees from Carnegie Mellon.

Religion And Politics In 2020

Study Leader: Daniel Aleshire

- 3 Classes: Jan. 13 – Jan. 27
- Wednesday, 9:00 AM - 10:30 AM
- Online Event

Class ID: 3607

NEW

Religion and politics have a long history in American life. This course will explore that history and examine the initial findings about the religious preferences and the 2020 presidential election.

Daniel Aleshire served the Association of Theological Schools (ATS)—an organization of 280 Mainline Protestant, Roman Catholic, Evangelical Protestant, Orthodox, and Jewish graduate-level seminaries, divinity schools, and schools of theology—from 1990 until retiring as executive director in 2017. Prior to his work at ATS, he was a seminary professor and research scientist. He holds a Ph.D. in social psychology as well as a Master of Divinity, and has written extensively on issues related to theological education. His most-recent book *The Next Future of Theological Education* to be released in 2020.

HISTORY

How Wrens And Raspberries Helped Win The Battle Of The Atlantic

Study Leader: Peter Oleinick

- 3 Classes: Mar. 8 – Mar. 22 *Class ID:* 3581
- Monday, 11:00 AM - 12:30 PM
- Online Event



This course will focus on the series of Anti-Submarine Warfare training and analysis war games carried out by the Western Approaches Tactical Unit (WATU). This little-known Royal Navy group was founded in early 1942 with the mission of figuring out how to turn the tide of the battle of the Atlantic. WATU studied convoy escort operations, how U-boats operated, and through the use of gaming and analysis formulated tactics to counter this evolving threat. They then trained over 5,000 Allied officers through a series of lectures and tactical games.

Peter Oleinick earned a Ph.D. in electrical and computer engineering from CMU in 1978. He spent the next 13 years in Silicon Valley working for high-tech companies like HP and start-ups like Tandem Computers and Omni Solutions. Peter moved back to Pittsburgh in 1991 to work at Transarc, a startup formed by a number of CMU computer scientists. After a 40-year career at various high-tech companies, Peter retired in 2017. Peter now volunteers his time at a number of non-profits: The Pittsburgh Zoo, the Hebrew Free Loan Association, and the MS Society.

The Rise And Fall Of The Berlin Wall

Study Leader: Anette Isaacs

- 1 Class: Apr. 22
- Wednesday, 1:00 PM - 3:00 PM
- Online Event

Class ID: 3669

ONE
DAY



With the rise of the Berlin Wall sixty years ago this summer, the course of Germany's and especially of Berlin's history took a tragic turn. It would take 28 years for this cruel and inhuman symbol of Germany's division to come down, thus giving birth to yet another period in this European nation's remarkable evolution. Join German Historian and Ex-Berliner Anette Isaacs, M.A., as she presents you with a historical and political overview of this painful but also almost miraculous period in Berlin's captivating history.

Anette Isaacs is a German Historian and Public Educator who has been presenting hundreds of programs on more than 30 different topics (all pertaining to her native country's history, politics, and culture) in the Chicagoland area and in South Florida. Ms. Isaacs holds Master's Degrees in American Studies, Political Science, and History and is an adjunct faculty member at the lifelong learning departments of Oakton College, the College of Lake County, Harper College, the College of DuPage, and McHenry County College, all located in Illinois. She is also a popular instructor at Florida Atlantic University's OLLI in Boca Raton.

Ye Old Jewish Curiosity Shop

Study Leader: Bill Greenspan

- 5 Classes: Mar. 11 – Apr. 8 *Class ID:* 3562
- Thursday, 3:00 PM - 4:30 PM
- Online Event

This course will cover odd Jewish characters and little known religious movements within Judaism and Christianity that follow Jewish customs and practices. We will investigate lives of a Jew who transformed himself into a Muslim prince and became a bestselling author in Nazi Germany and of a Jewish convert to Islam who participated in the drafting of the Pakistan's first Constitution. Little known religious movements like Karaism and Judaizers sect that adopt Jewish customs and practices will be discussed as well. Want to hear about Jewish cossacks and Nazi soldiers? Sign up for the class.

Bill Greenspan emigrated to the USA in 1979 from the former USSR. With an electrical engineering degree from Kiev Polytechnic Institute, he spent over 30 years working in the nuclear industry, the first 25 years at the Palo Verde Nuclear Power Plant in Arizona and the following eight years building nuclear power plants in China. For three of those eight years he lived in Shanghai and became fascinated with its East-meets-West history and its progression from a small village to a financial and population behemoth.

In The Footsteps Of The Harbor From The Holocaust

Study Leader: Bill Greenspan

- 5 Classes: Mar. 9 – Apr. 6 *Class ID:* 3622
- Tuesday, 3:00 PM - 4:30 PM
- Online Event



This course will follow and expand on the narrative provided in the recently released WQED documentary “The Harbor From the Holocaust,” that depicts the story of nearly 20,000 Jewish refugees fleeing Nazi-occupied Europe to the Chinese city of Shanghai. The documentary will be viewed as part of the course curriculum with discussions to follow. The rest of the course will be devoted to detailed descriptions of the Jewish emigres life in Shanghai and the active role played by Sephardic and Russian Jewish communities in their survival. Lives of the prominent members of the Jewish community will be presented as well.

See **Bill Greenspan**, *previous listing*

Please Respond to the Monkey in your email!

We are sometimes asked why we keep offering that boring, mediocre course. The answer is, we didn't know it was. The members of Osher at CMU decide which courses continue and which don't! To get everyone's feedback, we now use a system called Survey Monkey. We are now asking for feedback on all new courses, problem courses, and random, frequently offered courses. Your opinion really counts. If you didn't get a Survey Monkey or you want to comment on a course, send an email to the office. Thank you for your input!

Flares Of Memory: To Life!

Study Leader: Linda Hurwitz

- 5 Classes: Jan. 13 – Feb. 10 *Class ID:* 3634
- Wednesday, 9:00 AM - 10:00 AM
- Online Event

Learn from history how human beings have the capacity for cruelty, for courage, for cooperation and for amazing recovery! The Holocaust is a modern event that demonstrates the extreme consequences of prejudice and hatred, of government sanctioned abuse of power, of propaganda and lies that can lead to the demonization, deception, degradation, destruction and death of innocent people. Learn from the survivors who came to Pittsburgh how their strength, integrity and drive returned them to normalcy and a meaningful life! Be inspired by their words!

Linda F. Hurwitz is the retired Director of the Holocaust Center of the United Jewish Federation of Pittsburgh as well as an English teacher, school administrator and child of two Holocaust survivors. She worked with the volunteers and Holocaust survivors who contributed to the book which will be used.

Woman And Reform 1810-1850

Study Leader: Joan Gundersen

- 5 Classes: Mar. 9 – Apr. 13* *Class ID:* 3577
- Tuesday, 11:00 AM - 12:30 PM
- Online Event

**Note: Class will not meet on Mar. 30*

Between 1810 and 1850 the world saw America not only as an experiment in a new form of government, but a new social experiment. Its citizens explored new forms of religion, family, and gender roles, and they tried to create a more perfect world through numerous reform movements. The experiments inevitably impacted women, but more importantly women were in the thick of the action as reformers. The reforms were diverse and sometimes contradictory, ranging for example from celibate utopian societies to those that espoused plural marriage and free love. The course will look at a number of reforms and social movements including temperance, peace, anti-slavery, and of course, women's rights as well as experiments in sexuality, dress, marriage, and religion that offered alternatives to mainstream American society.

Joan Gundersen is professor emerita of history at California State University, San Marcos. Author of 7 history books, and numerous scholarly articles, she taught women's history for more than 30 years at a variety of institutions, including Vanderbilt University, St. Olaf College, CSU San Marcos, and Elon University. She came to Pittsburgh in 2000 as a senior administrator for Chatham University. More recently she has worked for the Episcopal Diocese of Pittsburgh as an administrator and archivist. Recipient of several awards for teaching and writing, she enjoys sharing the fascinating world of women's history with others.

Pride And Prejudice In American History

Study Leader: Barbara Burstin

- 5 Classes: Jan. 15 – Feb. 12
- Friday, 9:00 AM - 10:30 AM
- Online Event

Class ID: 3635



This course, Part I, is a survey of selected periods in the development of America from colonial time up through the post Civil War era. It highlights various people, events and documents that have shaped our history and provided a vision for America. At the same time we will also look at the underside of our history, those realities that challenge the ideal vision of America. The goal is not to denigrate America, but to recognize the challenges that still need to be met to make us “a more perfect union.”

Barbara Burstin has taught undergraduates at the University of Pittsburgh and Carnegie Mellon University for many years. As a member of the History Department she has taught undergraduates about America and the Holocaust, Pittsburgh History and Pittsburgh Jewish History. She has also taught through the Osher program for a number of years. She has written 5 books including *Steel City Jews vol. I and II* and her latest on Sophie Masloff, the first female and the first Jewish mayor of the City of Pittsburgh. She has produced two films, the latest with film maker, Ken Love, entitled *Jewish Memories of the Hill*. She has been active in the community including as a member of the Pittsburgh Human Relations Commission, Chair of the Jewish Federation of Greater Pittsburgh, and Chair of the Greater Pittsburgh Holocaust Commission.

Pride And Prejudice In American History Part II

Study Leader: Barbara Burstin

- 5 Classes: Mar. 8 – Apr. 5
- Monday, 9:00 AM - 10:30 AM
- Online Event

Class ID: 3636



This course, Part II, is a survey of selected periods in the development of America from the post Civil War Era up through the Civil Rights Era in the 1960's. It highlights various people, events and documents that have shaped our history and provided a vision for America. At the same time we will also look at the underside of our history, those realities that challenge the ideal vision of America. The goal is not to denigrate America, but to recognize the challenges that still need to be met to make us “a more perfect union.”

See **Barbara Burstin**, *previous listing*

From The Beginning To The Second Revolution

Study Leader: Arthur Goldberg

- 6 Classes: Jan. 14 – Feb. 18 *Class ID:* 3556
- Thursday, 1:00 PM - 2:00 PM
- Online Event

America was founded on ideals - what are they, where did they first come from and have we lived up to them? Did our Founders do what they set out to do? We will also devote one session to studying the Constitution as amended.

Arthur Goldberg is a dedicated amateur historian focusing on the American scene from its earliest roots. His academic history is a bachelor's degree from the City College of New York, J.D. and master of law degrees from New York University, and an M.B.A. degree from the University of Chicago. During his career in corporate finance he has traveled extensively and always examined the history of a country or area before arriving so as to combine business and education on the same trip (and on his employer's dime). His prior college-teaching experience includes both law and finance classes.

America From A Weak New Nation To An Imperial Power

Study Leader: Arthur Goldberg

- 5 Classes: Mar. 11 – Apr. 8 *Class ID:* 3557
- Thursday, 1:00 PM - 2:30 PM
- Online Event

We will discuss how a very weak and new nation along the Atlantic coast grew to a world wide Imperial power in only one century. Also we will cover the Civil War and analyze the Constitution and its amendments.

See **Arthur Goldberg**, *previous listing*

PITTSBURGH

Powerpoint Tour Of The Pittsburgh Zoo And PPG Aquarium

Study Leader: Cathy Gialloreto

- 1 Class: Feb. 24 *Class ID:* 3593
- Wednesday, 11:00 AM - 12:30 PM **ONE DAY**
- Online Event

Join me for a visual trip through the Pittsburgh Zoo and PPG Aquarium. We will also take a look at the veterinary hospital and the International Conservation Center, in Somerset.

Cathy Gialloreto is a retired teacher. She has been a docent at the Pittsburgh Zoo and PPG Aquarium since 1983. She volunteers at Animal Friends, as an usher at the O'Reilly and City Theaters, and is active in community theatre.

The History Of Professional Baseball In Pittsburgh

Study Leader: David Fortun

- 5 Classes: Mar. 12 – Apr. 9 *Class ID:* 3613
- Friday, 9:00 AM - 10:30 AM
- Online Event

Current times notwithstanding, Pittsburgh has a rich history in professional baseball. For over 140 years, in 5 ball-parks, the Pirates, as well as the Negro League Grays and Crawfords, and other teams you may not have even known existed, have provided memorable moments in Pittsburgh sports history. We will explore the venues, the Negro Leagues, the championship teams, and the Hall of Fame players that have enriched our city's heritage. Let's leave the present and go back to sunnier days on Pittsburgh fields. It's a proud trip.

David Fortun is a retired English teacher from Shaler Area High School. He has taught six etymology classes in the Osher program at Carnegie Mellon. A lifelong baseball fan, he has conducted tours at PNC Park for 12 years and has shared his knowledge of Pittsburgh baseball with his fellow Osher learners.



How Pittsburgh Set The World Ablaze

Study Leader: Erica Nuckles

- 2 Classes: Feb. 25 and Mar. 4 *Class ID:* 3612
- Thursday, 1:00 PM - 2:30 PM
- Online Event

**TWO
DAY**

This course will explore the origins of the French and Indian War (1754-1763) in present-day western Pennsylvania and how events in our region sparked the global Seven Years' War (1756-1763), considered the First World War. This will include an examination of the Braddock and Forbes Campaigns, efforts by the British army to take the French stronghold at Fort Duquesne.

Erica Nuckles is the Director of History & Collections at Braddock's Battlefield History Center and Fort Ligonier.

Pittsburgh's East End: An Architectural History

Study Leader: Robert Jucha

- 6 Classes: Jan. 14 – Feb. 18 *Class ID:* 3655
- Thursday, 9:00 AM - 10:30 AM
- Online Event

The class traces the historical and architectural history of Pittsburgh's East End from the mid-19th century up to the present day. The East End refers to more than a mere geographical area of the city. The East End is an excellent example of both a railroad and streetcar suburb of the 19th century. The class studies the rich variety of domestic architecture along with the religious and education buildings that make the East End a vibrant part of the city today. Will also focus on the social makeup of the managerial and professional classes who resided in the East End.

Robert Jucha has been a volunteer docent with the Pittsburgh History and Landmarks Foundation for a dozen years. He has created and led numerous walking tours throughout the city and the East End.

City Of Asylum At Alphabet City: Pittsburgh Worldwide Hub Where Writers And Artists Convene

Study Leader: Alphabet City

- 1 Class: Feb. 23 Class ID: 3584
- Tuesday, 11:00 AM - 12:30 PM
- Online Event

ONE
DAY

This course is a one-time, two-hour visit to City of Asylum's new cultural center, Alphabet City, on Pittsburgh's Northside. City of Asylum is a sanctuary for writers from around the world under threat of persecution, as well as a presenting arts organization focused on giving voice to artists who are often excluded from traditional artistic spaces. In doing so, City of Asylum creates a thriving community of writers, readers, and neighbors. During this course, your group will learn how City of Asylum's unique model has helped anchor the development of the Garden Theater Block with a cultural center that includes a performance space and bookstore. It has built a diverse audience, and protects free expression while fostering cross-cultural exchange.

Anne Lackner was trained as a lawyer. She speaks French fluently, and her mother tongue is Dutch. Anne is co-founder with Vincent of The Lackner Group, Inc., a software company committed to providing innovative solutions in trust and estate administration, to law firms, bank trust officers, and C.P.As. She is a member of the external advisory board at the University of Pittsburgh's EU Center of Excellence.

Pittsburgh Botanic Garden - From Black To Green

Study Leader: Pgh Botanic Garden

- 1 Class: Feb. 24 Class ID: 3550
- Wednesday, 3:30 PM - 5:30 PM
- Online Event

ONE
DAY

Learn the story behind both the land and the organization that make up Pittsburgh Botanic Garden. Hear how a group of dedicated gardeners has taken an idea and developed it into a rich community asset. We will present a description of the work being undertaken to move from land used for farming and coal mining to land that provides environment-based economic development. Concepts covered include basic understanding of plants, non-profit organization operation and environmental reclamation work.

Mark A. Miller, PhD, is the Education Director at Pittsburgh Botanic Garden. A horticulture and environmental education graduate of The Ohio State University, Mark has been a teacher in the US Peace Corps, at a women's prison and at several institutions of higher education. His 40-year career has also included positions in the non-profit sector, landscape nurseries and design firms, online content direction, Cooperative Extension and most recently as Outreach Education Manager at Franklin Park Conservatory and Botanical Gardens in Columbus, Ohio.

Race, Class, And Education In Pittsburgh

Study Leader: Richard Wertheimer

- 6 Classes: Jan. 12 – Feb. 16 *Class ID:* 3554
- Tuesday, 9:00 AM - 10:30 AM
- Online Event

From 1954 to the present, the City of Pittsburgh lost over 50% of its population and 70% of its student population. As the student population decreased, the public school system had to downsize, closing over half of its schools. What caused the migration out of Pittsburgh? Who moved and for what reasons? How did this affect those that remained? And, in reality, what was the alternative? This course will study the great population migration out of Pittsburgh and its effect on public education over an extremely tumultuous period in our country's history. Through a series of case studies, we will examine a city that never fully came to grips with integration, the loss of the steel industry and issues of neighborhood, class, politics and racism common in most rust-belt cities. The story is sad on a macro level, devastating at a neighborhood level and unconscionable at the human level.

Richard Wertheimer retired as the Co-Founder, CEO and Principal of City Charter High School in 2012. Prior to working at City High, Dr. Wertheimer spent 25 years in the Pittsburgh Public Schools as a mathematics teacher and supervisor, and Coordinator of Instructional Technology. He was the Education Project Manager and a Principal Investigator of Common Knowledge: Pittsburgh, a National Science Foundation testbed for implementing the Internet into an urban public school district. Dr. Wertheimer has a B.A. in Mathematics from Carnegie Mellon University and both a M.Ed. in Rehabilitation Counseling and an Ed.D. in Instruction and Learning (2001) from the University of Pittsburgh. His areas of interest in education pertain to mathematics instruction, instructional technology, professional development, urban education and high school reform.

POLITICS/GOVERNMENT

Challenges To Foreign Policy Today

Study Leader: Dennis Jett

- 6 Classes: Jan. 14 – Feb. 18 *Class ID:* 3639
- Thursday, 9:00 AM - 10:30 AM
- Online Event

The course will be a lecture series on the challenges to making foreign policy today and will consist of six talks followed by discussion. The topics of those talks will be: 1. Why foreign policy is harder to make today; 2. Where ambassadors come from, where they go, and why they still matter; 3. Intelligence and foreign policy; 4. Domestic politics and foreign policy; 5. The Iran nuclear deal and what it says about how foreign policy is made; and 6. Why it's hard to have a treaty with anyone anymore.

Dennis Jett is a founding faculty member and professor in the School of International Affairs at Penn State University. A former career diplomat, he served 28 years in the State Department in a wide range of positions including as Ambassador to Peru and Mozambique, Senior Director for African Affairs on the National Security Council, Deputy Chief of Mission and Charge d'Affaires in Malawi and Liberia, and in Argentina and Israel. From 2000 to 2008, he was Dean of the International Center at the University of Florida. He has a Ph.D. in international relations from the University of Witwatersrand and is the author of four books published by Palgrave-Macmillan: *Why Peacekeeping Fails*, *Why American Foreign Policy Fails*, *American Ambassadors—The Past, Present and Future of America's Diplomats*, and *The Iran Nuclear Deal—Bombs, Bureaucrats, and Billionaires*. He has been interviewed on PBS, CNN, NPR, BBC, and other national and international news programs. A member of the Council on Foreign Relations and the American Academy of Diplomacy, he has written over 170 opinion pieces for major newspapers. During spring semester 2016, he was a Fulbright Senior Scholar and professor at Tel Aviv University. He lives in Pittsburgh with his wife, Lynda Schuster.

A Woman For President?

Study Leader: Susan Hansen

- 5 Classes: Mar. 11 – Apr. 8
- Thursday, 11:00 AM - 12:30 PM
- Online Event

Class ID: 3617



Several dozen other countries have had one (or more!) women as heads of state. Why not the US? The class will consider gendered concepts of leadership and the backgrounds of the women who have run for president or vice-president in the US since Victoria Woodhull in 1872. We will explore recent trends in public opinion, primaries, and in the efforts by political parties to recruit women to higher office. We will also consider whether or not electing women as leaders makes any difference in politics or policy, using examples from the US as well as other countries.

Susan B. Hansen is professor emerita of political science at the University of Pittsburgh, where she taught a course on women in politics every year since 1980. She received her Ph.D. degree in political science from Stanford University in 1972 and has also taught courses in American politics at the universities of Washington State, Illinois, and Michigan. She has taught a class, “A Woman for President?” for Osher at the University of Pittsburgh, and at CMU has taught “The Politics of Sex” and “The Politics of Reproduction.” She is the author of *The Politics of Sex: Public Opinion, Parties, and Presidential Elections* (Routledge, 2014).

Political History Of The Middle East-Israel Chapter

Study Leader: Ram Kossowsky

- 6 Classes: Jan. 11 – Feb. 22*
- Monday, 11:00 AM - 12:30 PM
- Online Event

Class ID: 3544

*Note: Class will not meet on Jan. 18

The Middle East is an area where events are moving at a dazzling pace. We discussed the Middle East in a previous class, but excluded Israel, which certainly is a topic on its own. A lot of critical events would have occurred by the time the class is presented - “Trump Peace Plan,” Netanyahu trial, status of the Settlements, “Annexation”. A critical question to ask: has Israel applied Sovereignty to the entire area currently defined as Israel? To be realistic will require us to examine the history of Political Zionism and how current events were shaped by the hotel Arab world.

Ram Kossowsky, a native of Israel, has lived in Pittsburgh since 1966. He earned advanced degrees in material science from the University of Pennsylvania. He spent 20 years at the Westinghouse Research Center and six years at Penn State University. He has worked as an independent consultant since 1990. His passionate hobbies include the study of history of ancient societies, with emphasis on the Near East, and shooting and editing movies of his travels. He presented the courses “India, Then and Now” and “Ancient Societies Expressions in Stone” during past Osher at CMU and Pitt OLLI semesters, and monthly installments of a study of “Archaeology of Ancient Israel” at Temple Sinai and Osher at CMU. He was invited to present a lecture on “Ancient Codes of Law” and “Ethnogenesis of Israel” at meetings of the Biblical Archaeology Society of Pittsburgh. In April 2012, he took on the task of the president of the Biblical Archaeology Society of Pittsburgh.

History Of The Soviet Union Part I

Study Leader: Charles Hier

- 6 Classes: Jan. 12 – Feb. 16 *Class ID:* 3641
- Tuesday, 9:00 AM - 10:30 AM
- Online Event



The 74-year lifespan of the Soviet state has been difficult but also extremely consequential and interesting. Immediately after its birth it endured a three-year civil war in which 7 million people died of starvation. Following this, the New Economic Policy of the Soviet state in the 20s made it the first state in history to have a ‘mixed economy’—a strong state sector together with a strong capitalist sector. However, this economic policy could not overcome mass unemployment and was replaced with three Five-Year plans which industrialized the country and collectivized agriculture within the dozen years before they were attacked by the Nazis. We will also discuss the Soviet war experience and examine the leaders after Stalin until the Soviet collapse under Gorbachev in this 12-session, two-part series of lectures.

Chuck Hier studied at Rice (philosophy BA), New York University (philosophy MA), Boston College (history MA) and Pitt (history PhD). He travelled to Russia for archival materials for his dissertation on collectivization in a county-sized area near Smolensk. He has taught history at a number of schools near Pittsburgh—the University of Akron, West Virginia Northern Community College, IUP, Slippery Rock, and Carlow, but mostly at Pitt and Duquesne. The subject matter of this course was inherited from his mentors and then developed by him in 15 years of teaching Soviet history.

History Of The Soviet Union Part II

Study Leader: Charles Hier

- 6 Classes: Mar. 9 – Apr. 13 *Class ID:* 3644
- Tuesday, 9:00 AM - 10:30 AM
- Online Event



The 74-year lifespan of the Soviet state has been difficult but also extremely consequential and interesting. Immediately after its birth it endured a three-year civil war in which 7 million people died of starvation. Following this, the New Economic Policy of the Soviet state in the 20s made it the first state in history to have a ‘mixed economy’—a strong state sector together with a strong capitalist sector. However, this economic policy could not overcome mass unemployment and was replaced with three Five-Year plans which industrialized the country and collectivized agriculture within the dozen years before they were attacked by the Nazis. We will also discuss the Soviet war experience and examine the leaders after Stalin until the Soviet collapse under Gorbachev in this 12-session, two-part series of lectures.

See **Chuck Hier**, *previous listing*

Pay Your Dues

It is time to pay your membership dues. Dues are \$100.00; membership runs from January 1 until December 31. Membership cards will be issued in February.

RELIGION/PHILOSOPHY

Prophets Of Islam: Abraham, Moses, Jesus & Muhammad

Study Leader: Aliya Khan

- 5 Classes: Jan. 14 – Feb. 11 *Class ID:* 3673
- Thursday, 11:00 AM - 12:30 PM
- Online Event



This class will look at the concept of prophecy from an Islamic perspective, with special focus on the four major Prophetic figures of Abraham, Moses, Jesus and Muhammad. We look at the Quranic text and lessons drawn from the life of these Prophets, and how they influence Islamic thought.

Aliya Khan holds a Master of Science in Public Policy and Management from the Heinz School at Carnegie Mellon University as well as a Bachelor of Arts degree in English from Barnard College. For the past 15 years, she has been a Business Manager at Elliance, Inc., an internet marketing firm that her husband founded. She is actively involved at her mosque, the Monroeville Community Center of Greater Pittsburgh, and is an outreach volunteer for the Islamic Center of Pittsburgh. She is also actively involved in numerous interfaith activities including the Daughters of Abraham interfaith book club and an Interfaith Dialogue Group in Squirrel Hill. For the past 5 years she has been teaching classes on Islam at the Osher Lifelong Learning Institute at the University of Pittsburgh.

The Story Of Joseph, The One Who Broke The Cycle

Study Leader: Bruce Antonoff

- 5 Classes: Mar. 11 – Apr. 8 *Class ID:* 3630
- Thursday, 9:00 AM - 10:30 AM
- Online Event

Joseph may be the most fascinating figure in the Bible. Favored and spoiled by his father, hated and betrayed by his brothers, he became a slave and a prisoner in a dungeon before rising to greatness and power in Egypt. He broke the cycle of family favoritism and set the stage for the Exodus. The Bible tells most of the story, but leaves out just enough for us to imagine new possibilities that may change how we view Joseph and his family. In this class, we will read the story of Joseph directly from the Bible and discuss old and new interpretations.

Bruce Antonoff has a bachelor of science degree in aerospace engineering from the Polytechnic Institute of Brooklyn, a master of science degree in engineering science from Rensselaer Polytechnic Institute, and a master of business administration degree from the University of Pittsburgh. Of course, none of these has a direct relationship to the class he proposes to lead. He has engaged in text study of the Bible for over 35 years, studying with a number of well-respected scholars. Although his past studies have been in a Jewish context, he is certain that the moral lessons of the early parts of the Bible can, and should, be understood and appreciated by people of all faith communities.

Introduction To Islam In India

Study Leader: Christine Asenjo

- 4 Classes: Jan. 12 – Feb. 2 *Class ID:* 3620
- Tuesday, 3:00 PM - 4:00 PM
- Online Event

Introduction to Islam in India provides an historical view of Islam, and how it has influenced life in India. We'll begin with the Prophet Muhammad who lived in the 6th century, then it's on to the Golden Age of Islam, a period of creativity and scientific discovery. Muslims arrived in India as maritime traders in the 8th century. Starting in the 1500s, the Mughal Empire, governed by Muslim emperors, controlled India for almost 300 years. As European traders moved in, the Mughals gave way to the British government in the 1850s. The effects of the British Raj on Muslims, and their experience after Partition, will be examined. Note that the topic is Islam, not Islamism, widely believed to be a form of religionized politics. Islam is a faith; Islamism is political ideology. Islam provides us with a content-rich set of discoveries as we learn about India from this vantage point.

Christine Asenjo is International Programs Coordinator in the Office of International Education, Carnegie Mellon University. She administers the Host Family Program, and the new Virtual Neighbors Program. These opportunities give Osher members the ability to meet and interact with CMU's international students. She received her B.A. in English from the Pennsylvania State University; and her M.A. in Religious Studies from the University of Pittsburgh. Her graduate research focus was on the weekly ritual for Lord Vishnu at Pittsburgh's Sri Venkateswara Hindu temple. She's taken many visitors there, and to the Hindu-Jain temple, over the last 25 years. She has offered Introduction to Hinduism and Introduction to Sikhism for the Osher program, bringing in CMU students from India as special guests to provide their points of view about their culture. She is happy to offer, for the first time, Introduction to Islam in India.

TRAVEL

China: My Personal Journey

Study Leader: Bill Greenspan

- 5 Classes: Jan. 14 – Feb. 11 *Class ID:* 3563
- Thursday, 3:00 PM - 4:30 PM
- Online Event

This course will present in microcosm my experiences living and traveling in China. We will follow the road less traveled from the Yellow River region, the cradle of the early Chinese civilization, the to the south port of Shanghai and its Western concessions and finally to a small village on the shores of the East China Sea. The day-to-day working tribulations will be discussed but the emphases will be on the travel, especially considering the current "stay at home" situation. We will ascend the sacred Taishan and Huangshan mountains; travel the ancient Silk Road in Gansu and Xinjiang provinces; visit minorities villages in Guizhou; and enjoy the beauty of traditional Chinese gardens in Suzhou and the Western Lake in Hangzhou.

See **Bill Greenspan**, page 46



A Journey Around The Mediterranean

Study Leader: Sidney Soclof

- 6 Classes: Mar. 10 – Apr. 14
- Wednesday, 1:00 PM - 2:30 PM
- Online Event

Class ID: 3689



Take a trip around the shores of the Mediterranean Sea from the west with Spain, Gibraltar and France, to Italy in the middle, and then to the east with Greece, Turkey, Israel and Egypt. Learn about the history, geography, and points of interest in this region that was so important in the development of Western civilization and remains of great interest today.

Sidney Soclof is Professor Emeritus at the California State University, Los Angeles, and has authored textbooks, and numerous eBooks. He has expertise in history and geography and very extensive travel experience. Dr. Soclof has experience as a destination and general interest lecturer on cruise ships on oceans, lakes, and rivers on cruises all over the world, on almost 100 cruises, delivering around 300 destination and general interest lectures. Dr. Soclof has lectured on a wide variety of topics at Road Scholar/Elderhostel, Osher Lifelong Learning Institutes, Senior Summer Schools, Rollins College, Chautauqua Institute, and The Villages Enrichment Academy. His lectures use Power-Point multimedia presentations, with strong emphasis on the visual aspects of the presentation with extensive use of graphics and animation, audio and video clips. He designs interesting, comprehensive, and suitably proportioned lectures to appeal to the broadest audience.

MONDAY | Session ONE / January 11 - March 5

TIME	COURSE TITLE	CLASS ID	LEADER(S)	PAGE
9:00 AM - 10:30 AM	Jane Austen's Emma And Pride & Prejudice	3543	Allison Thompson	10
	Brain Health: Creating Habits For A Better Brain	3675	Steve Gough	28
11:00 AM - 12:30 PM	Trust And Property Rights: Foundation Of Economy	3547	Jack Ochs	14
	Political History Of The Middle East - Israel Chapter	3544	Ram Kossowsky	5
	A Demonstration Of Cryptic Crosswords	3609	Cherie Maharam	24
1:00 PM - 2:30 PM	The Art Of Conversation	3564	Susan Morris	28
1:00 PM - 3:00 PM	Short Stories: "In Short"	3585	Helen-Faye Rosenblum	9
3:00 PM - 4:30 PM	Using The Enneagram For Growth	3597	Kerry O'Donnell	26
	Declutter	3600	Rosa Barnett Averbach	27
3:30 PM - 5:30 PM	Short Stories: "In Short"	3586	Helen-Faye Rosenblum	9

TUESDAY | Session ONE / January 11 - March 5

TIME	COURSE TITLE	CLASS ID	LEADER(S)	PAGE
9:00 AM - 10:30 AM	From Trial Through Appeal	3588	Errol Miller	15
	Race, Class, And Education In Pittsburgh	3554	Richard Wertheimer	52
	History Of The Soviet Union Part 1	3641	Charles Hier	54
	Neuromodulation: A Drug-Free Approach	3618	Wendy Ye	36
	People And Places To See - Notes From A Wanderer	3660	Sankar Seetharama	39
10:00 AM - 11:30 AM	Tuesday's Move It Or Lose It At Friends	3647	Elsa Limbach	20
	Identify That Bird!	3643	National Aviary	33
10:45 AM - 12:45 PM	Art And Politics: What Happened Between The Wars	3558	Cynthia Weisfield	5
11:00 AM - 12:30 PM	The Financial Journey Of Women	3565	Brian Bohn	23
	Enjoying The New Yorker	3575	John Brown	40
	City Of Asylum Pittsburgh Worldwide Hub Where Writers And Artists Convene	3584	Alphabet City	51
1:00 PM - 2:30 PM	Music: What's In An Interpretation?	3624	Flavio Chamis	12
	Understanding And Managing Your Personal Finances	3560	Marcia Semper	21
	How Do You Explain India?	3661	Sankar Seetharama	40
	Air Pollution, Health, And The Environment	3672	GASP	42
1:00 PM - 3:00 PM	After 70 Good Years, Rough Times Ahead	3545	Stephen Blank	15
2:00 PM - 4:00 PM	Regenerative Medicine	3551	Bryan Brown	34
3:00 PM - 4:00 PM	Introduction To Islam In India	3620	Christine Asenjo	56
3:00 PM - 4:30 PM	Negotiating For Life: From Real Estate To Relations	3683	Sanford Neiman	26
	Understanding World Cultures	3665	John Hooker	37

WEDNESDAY | Session ONE / January 11 - March 5

TIME	COURSE TITLE	CLASS ID	LEADER(S)	PAGE
9:00 AM - 10:00 AM	Flares Of Memory: To Life!	3634	Linda Hurwitz	47
9:00 AM - 10:30 AM	War And Pieces: How Music Reacts To Conflict	3552	Owen Cantor	12
	Religion And Politics In 2020	3607	Daniel Aleshire	44
	I Am Not Old: Why Do I Sound It?	3667	Eye & Ear Hospital UPMC	35
10:00 AM - 11:30 PM	Falconry, The Sport Of Kings	3642	National Aviary	32
11:00 AM - 12:00 PM	Embracing A Green Lifestyle	3598	Nancy Martin	32
	Contemporary Ireland: A Century After Independence	3664	Anne Burnham	37
	American Patriot	3640	Rabbi Ron Symons	43
11:00 AM - 12:30 PM	Powerpoint Tour Of The Pittsburgh Zoo And PPG Aquarium	3593	Cathy Gialloreto	49
1:00 PM - 2:30 PM	Mosaic Knitting	3614	Barbara Gengler	18
	Seasoned Investors	3592	Brett Pechersky	21
1:00 PM - 3:00 PM	North America Yesterday and Tomorrow	3546	Stephen Blank	15
1:15 PM - 2:30 PM	Get Fit - A Fun Latin Cardio Workout	3653	Connie Pollack	19
3:00 PM - 4:30 PM	Taxation - History & Impact On American Society	3608	Hobart Harris	14
	Intermediate Spanish Conversation	3656	Karen Goldman	25
	Closure: Discussing The Last Chapter	3657	Judith Black	27
3:30 PM - 5:30 PM	Pittsburgh Botanic Garden - From Black To Green	3550	Pgh Botanic Garden	51

THURSDAY | Session ONE / January 11 - March 5

TIME	COURSE TITLE	CLASS ID	LEADER(S)	PAGE
9:00 AM - 10:30 AM	Writing - An Art, A Craft, And A Skill	3623	<i>Michael Mariani</i>	7
	Pittsburgh's East End: An Architectural History	3655	<i>Robert Jucha</i>	50
	Challenges To Foreign Policy Today	3639	<i>Dennis Jett</i>	52
10:00 AM - 11:30 AM	Thursday's Move It Or Lose It	3649	<i>Elsa Limbach</i>	20
	The Magical World Of Hummingbirds	3645	<i>National Aviary</i>	33
11:00 AM - 12:30 PM	Autism Spectrum Disorders And ADHD: What's New?	3621	<i>Patricia Spear Lemer</i>	35
	Prophets Of Islam: Abraham, Moses, Jesus & Muhammad	3673	<i>Aliya Khan</i>	55
	Such Friends: Perkins, Fitzgerald And Hemingway	3589	<i>Kathleen Donnelly</i>	11
1:00 PM - 2:00 PM	From The Beginning To The Second Revolution	3556	<i>Arthur Goldberg</i>	49
1:00 PM - 2:30 PM	Wendell Berry In Winter	3637	<i>Gloriana St Clair</i>	8
	How Pittsburgh Set The World Ablaze	3612	<i>Erica Nuckles</i>	50
1:00 PM - 3:00 PM	Great And Notable Novels Read And Revisited	3627	<i>Mary Schinhofen, Helen-Faye Rosenblum</i>	9
3:00 PM - 4:30 PM	China: My Personal Journey	3563	<i>Bill Greenspan</i>	56
3:30 PM - 4:30 PM	Better Balance! Steady And Strong	3684	<i>Diane Markovitz</i>	19

FRIDAY | Session ONE / January 11 - March 5

TIME	COURSE TITLE	CLASS ID	LEADER(S)	PAGE
9:00 AM - 10:30 AM	Ira Distribution Strategies	3555	<i>Bud Kahn</i>	23
	Pride And Prejudice In American History	3635	<i>Barbara Burstin</i>	48
9:30 AM - 12:00 PM	Figure Drawing	3567	<i>Betsy Bangley</i>	17
11:00 AM - 12:30 PM	Bridge: Play Of The Hand	3579	<i>John Olmsted</i>	24
	Engaging Learners In A Covid World	3574	<i>Norton Gusky</i>	42
1:00 PM - 2:00 PM	Andy Warhol's World History	3646	<i>Warhol Museum</i>	5
1:00 PM - 2:30 PM	Enjoying The New Yorker	3606	<i>Mona Strassburger</i>	40
	The Future Of Cities	3659	<i>Donald Carter</i>	41
3:30 PM - 5:30 PM	The Art And Science Of Wine Tasting And "Terroir"	3590	<i>Ricardo Llovet</i>	38

MONDAY | Session TWO / March 8 - April 16

TIME	COURSE TITLE	CLASS ID	LEADER(S)	PAGE
9:00 AM - 10:30 AM	Pride And Prejudice In American History Part II	3636	Barbara Burstin	48
11:00 AM - 12:30 PM	Films Of Charles And Ray Eames	3571	Jeffrey Swoger	6
	Pleasures Of Poetry	3611	Judith Robinson	8
	How Wrens And Raspberries Helped Win The Battle Of The Atlantic	3581	Peter Oleinick	45
1:00 PM - 2:30 PM	Vision As A Construct And Its Care	3666	Zarky Rudavsky	34
	Humor And Human Life	3625	Joseph Givvin	43
1:00 PM - 3:00 PM	Degenerate: Jewish Music Of The Nazi Era	3599	Daniel Muller	13

TUESDAY | Session TWO / March 8 - April 16

TIME	COURSE TITLE	CLASS ID	LEADER(S)	PAGE
9:00 AM - 10:30 AM	Med-Mal 101: Observations Of An Expert Witness	3602	<i>Richard Daffner</i>	16
	Design By Nature: Beyond Sustainable Architecture	3591	<i>Beatrice Spolidoro</i>	31
	History Of The Soviet Union Part 2	3644	<i>Charles Hier</i>	54
10:00 AM - 11:30 AM	Tuesday's Move It Or Lose It	3648	<i>Elsa Limbach</i>	20
11:00 AM - 12:30 PM	Bridge Potpourri	3580	<i>John Olmsted</i>	24
	Enjoying The New Yorker	3576	<i>John Brown</i>	40
	Woman And Reform 1810-1850	3577	<i>Joan Gundersen</i>	47
	Life's Little Stories	3596	<i>Janis Ramey</i>	44
1:00 PM - 2:30 PM	The World Of Agatha Christie	3583	<i>Mark Banister</i>	10
	Symphony No. 1	3651	<i>James Gorton</i>	13
	Wealth: Making The Complicated Simple	3566	<i>Brian Bohn</i>	23
	Intro To Medical Marijuana And Its Medicinal Value	3633	<i>Richard Greer</i>	36
3:00 PM - 4:30 PM	It'S Good To Be Queen! A Woman's Financial Reign	3610	<i>Roselyn Wilkinson</i>	22
	In The Footsteps Of The Harbor From The Holocaust	3622	<i>Bill Greenspan</i>	46

WEDNESDAY | Session TWO / March 8 - April 16

TIME	COURSE TITLE	CLASS ID	LEADER(S)	PAGE
9:00 AM - 10:00 AM	Respect: Images Of Women In Literature And Life	3663	<i>Linda Hurwitz</i>	7
9:00 AM - 10:30 AM	Local News: Stories From A Shifting Landscape	3674	<i>Rich Lord</i>	39
9:00 AM - 11:00 AM	Writers' Workshop	3573	<i>Thalia Snyder, Helen Wilson</i>	30
11:00 AM - 12:30 PM	The Female Sleuth: Gender Norms And Mysteries	3631	<i>Phyllis Kitzerow</i>	41
11:30 AM - 12:30 PM	Financial Success In Retirement	3638	<i>Seth Dresbold</i>	22
1:00 PM - 2:30 PM	Mosaic Crocheting	3615	<i>Barbara Gengler</i>	18
	A Journey Around The Mediterranean	3689	<i>Sidney Soclof</i>	57
1:00 PM - 3:00 PM	The Rise And Fall Of The Berlin Wall	3669	<i>Anette Isaacs</i>	45
1:15 PM - 2:30 PM	Get Fit - A Fun Latin Cardio Workout	3654	<i>Connie Pollack</i>	19
3:00 PM - 4:30 PM	Healthy Eating	3601	<i>Rosa Barnett Averbach</i>	29
3:30 PM - 5:00 PM	A Night At The Movies	3662	<i>Stanley Winikoff</i>	6

THURSDAY | Session TWO / March 8 - April 16

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8:30 AM - 10:30 AM	From Memory To Story: Family History	3632	<i>Anita Kulina</i>	30
9:00 AM - 10:30 AM	How To Improve Your Dementia Care Communication	3595	<i>Rachael Wonderlin</i>	29
	The Story Of Joseph, The One Who Broke The Cycle	3630	<i>Bruce Antonoff</i>	55
10:00 AM - 11:30 AM	Thursday's Move It Or Lose It	3650	<i>Elsa Limbach</i>	20
11:00 AM - 12:30 PM	Beginning Genealogy	3685	<i>Amy Welch</i>	17
	A Woman For President?	3617	<i>Susan Hansen</i>	53
1:00 PM - 2:30 PM	America From A Weak New Nation To An Imperial Power	3557	<i>Arthur Goldberg</i>	49
3:00 PM - 4:30 PM	Ye Old Jewish Curiosity Shop	3562	<i>Bill Greenspan</i>	46

FRIDAY | Session TWO / March 8 - April 16

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11:00 AM - 12:30 PM	Masters Of Modern Architecture	3572	<i>Jeffrey Swoger</i>	31
	Health Care Decisions - As Part Of A Retirement Plan	3671	<i>William McKendree</i>	38
1:00 PM - 2:30 PM	From The Page To The Stage: Secrets Of Practicing	3582	<i>Monique Mead</i>	11
1:00 PM - 3:00 PM	Intermediate French Conversation	3619	<i>Veronique Schreurs</i>	25

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Averbach	Rosa Barnett	3601	Healthy Eating	29
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GENERAL INFORMATION & POLICIES

Classroom Locations

Due to Covid-19, our winter 2021 courses are expected to run all term on Zoom. If by chance the situation improves and some courses can be held in-person you will be notified of this change. We will only return to in-person courses if it is deemed safe to do so. Please do not let Covid deter you from taking and enjoying your courses on Zoom. The staff is eager to help anyone get up and running on Zoom. If your computer or device does not have a camera or a microphone, do not let that deter you from attending classes. If you can see and hear a YouTube video, you will be able to see and hear your classes at Osher at CMU.

Photos and Videos

For privacy and copyright laws we are not allowing our courses to be recorded by anyone. Please do not record any courses you are in.

Classroom Etiquette

All of Osher's instructors are volunteering their time and talents. Please be respectful of your course instructors and fellow participants by:

- attending only course(s) for which you have registered. Please DO NOT share Zoom codes and passwords with anyone.
- arriving to class just before class is to start.
- raising your hand to be recognized before speaking. Be sure to have your full name entered so you can be appropriately call on.
- staying on topic during discussions and remember to not monopolize the conversation
- staying muted when not speaking so background sound from your space won't be shared with the rest of your classmates. Remember to turn off your phone.

Email Notifications

Study Leaders will frequently email handouts, assignments, and class notices to their students. It is important that we have your current email address:

- The Osher office will send "broadcast emails" to remind you of upcoming Osher or Carnegie Mellon activities. The Weekly Essentials can be found on cmu.edu/osher.
- We recommend you use an email provider other than AOL or Verizon.
- The Osher office will send email notices to specific classes for important course changes.

Bad Weather Days

Since all classes are on Zoom, all classes will be held as scheduled regardless of weather conditions.

Catalogs

Due to our current financial crunch, no Winter 2021 catalogs will be printed.

Check Your Schedule

The most up-to-date information about all classes is always available at cmu.edu/osher. Click on the Google calendar or go to Member Sign In and enter the course ID.

Controversial Speakers

On occasion, the sentiments and beliefs of a speaker or study leader may be controversial or divisive. To ensure the inherent rights of free speech and freedom of expression, the Osher Lifelong Learning Institute at Carnegie Mellon will not censor or limit any materials or opinions expressed by persons involved in our courses or lectures. However, it should be noted that those opinions may not reflect the philosophical perspective of our organization.

Non-Discrimination

The Osher Lifelong Learning Institute at Carnegie Mellon does not discriminate on the basis of age, race, color, national origin, religion, gender, sexual orientation, disability, or veteran status.

Scholarships

Don't let finances stop you from participating in Osher classes, contact the office. Full and partial scholarships are available through a simple, friendly, and confidential process.

Osher at CMU Values and Expectations

Mission: The mission of Osher at CMU is to provide its members with learning and social enrichment opportunities that increase their knowledge, enhance skills and interactions with peers, and increase cultural and social awareness, complementing CMU's leading role in educational, intellectual, and cultural life in the Pittsburgh region.

Vision: Osher at CMU's vision is to be a premier quality source of lifelong learning for its members through cost effective, short-term, non-credit courses, lectures, field trips, special interest groups, and other events supporting its mission.

Values: Osher at CMU provides a dynamic, intellectually stimulating, and participative environment of continuous learning. To ensure the effectiveness of that environment, we highly value:

- mutual respect,
- personal and academic integrity, and
- civil discourse.

Expectations and Actions: Osher at CMU expects its participants (members, study leaders, staff, volunteers and prospects) to observe our values. Participants agree:

1. To embrace diverse perspectives on subjects, thereby ensuring vitality, relevance, and further learning.
2. To ensure that discourse and interactions are about the course and not the individual.
3. To respect all participants through regular attendance, only at courses for which registered.
4. To participate in appropriate ways that help the group to grow.

Osher at CMU holds a high behavioral standard, expecting no personal attacks or other behavior that fails to meet these expectations, including denigrating other's views or opinions, threatening behaviors, use of offensive or abusive language, disruptive classroom conduct, sexual harassment or discrimination, and monopolizing discussions.

Anyone who disregards the values and expectations of Osher at CMU may be denied the privilege of participating in courses and/or other Osher activities even to the extent of discontinued membership.

We encourage participants in the Osher at CMU community to notify the Executive Director or the Board President if they observe behavior that is inconsistent with our Values and Expectations.

We are committed to fostering a community environment of lifelong learning.

Coming Soon . . .

Our Osher Members' Lounge!

For the first time in Osher history, we will have a dedicated members' lounge in our new space in Cyert Hall! A kitchenette with a microwave, refrigerator, and coffee maker will enable members to grab a cup of coffee, a quick lunch, or snack between classes. And, it will give members the opportunity to relax, recharge devices, and socialize with friends and study leaders before or after class.

It will be a flexible space that can accommodate a variety of activities.



We **must** raise the necessary funds to pay for the lounge, and the classrooms, and the office.

Join the effort to help raise the \$800 thousand necessary to make our new home a reality!

If you would like to make a major gift, you may spread your contribution over a period of three years.

Together we can do this!

To donate, use the **DONATE** button on our website or call the office for assistance.



Creating a **Grade A** Learning Environment

REGISTRATION INFORMATION

READY TO REGISTER?

Registration Fee

The registration fee for members per term is \$60 for an unlimited number of courses. The Prospect registration fee is \$85 per term.

Register Online - It is to your advantage!

To register online, go to cmu.edu/osher and click "Member Sign In". You will be redirected to the Augusoft "welcome" page. Please sign in using your username and password. Please email the office if you do not know your username.

Paper Registration - If you must

To register by paper, please print a registration form from our website, cmu.edu/osher. Paper registrations will be delayed one week in being processed.

Materials Fees

Materials fees are due at the time of registration unless otherwise stated. Where indicated, materials fees are non-refundable.

Zoom Codes

The day before each of your courses are scheduled to start you will be sent via email your Zoom codes to gain entrance to the course. Please write these down as they will be the same for each subsequent class.

Refund Policy

If Osher cancels a course before the course has begun and it is the only course you requested for the whole term, you are entitled to a full refund of your registration and fee(s). The refund will be given as a credit for future use, unless you request a check.

All refunds, minus a \$10 administrative fee, will be given to those who drop all their classes and notify the office at least three full business days prior to the first class.

Terms Per Year

Osher at CMU offers three terms: Winter, Summer, and Fall. For the registration fee of \$60 for members and \$85 for prospects per term, you can take an unlimited number of classes during that term.

Osher Ambassadors Are Vital

The responsibilities of the Zoom Class Helper are to make announcements and assist the study leader with several buttons in Zoom so that the study leader can focus on teaching. To volunteer, please fill out the "Volunteer to be a Zoom Class Helper" form in the red "Quick Links" section of our website, cmu.edu/osher.

Confirmation Letters

As you are registered, a "confirmation of class registration" will be automatically emailed to you for each course you are enrolled in. Should a course not be listed, it means that you are on the waiting list and you will receive a separate waitlist email. You will be notified via email, or phone, if and when you are enrolled in a wait listed class. Please do not attend any classes for which you do not have a confirmation.

Adding and Dropping Courses

To add a course(s) after registering, please either go online to do so, or call the office at 412-268-7489. If you want to drop a course, fill out the drop request form located on cmu.edu/osher in the "quick links" bar on the first page of the website.

Important:

You must receive a course confirmation in order to attend a course. A course confirmation is not the same as a waiting list notice.

If you pay with a credit card, you will not be charged until you are enrolled in a course.

Observed 2021 Official Osher Skip Days

Osher Lifelong Learning Institute at CMU is a nonsectarian organization. The organization follows the CMU holiday calendar. Once a course schedule is set by the study leader and the Registrar, no changes are permitted unless there is an emergency. As you are setting up your course schedule, please be sure the class dates do not conflict with your family events, holidays, trips, or other events to which you are committed. We know class attendance is important to the Study Leaders who have prepared, and hope it is for you.

Martin Luther King Jr. Day*	Jan. 18
Memorial Day*	May 31
Independence Day*	Jul. 4
Independence Day Observed	Jul. 5
Labor Day*	Sep. 6
Thanksgiving Wednesday	Nov. 24
Thanksgiving Day*	Nov. 25
Thanksgiving Friday*	Nov. 26
Winter Break*	Dec. 24 - Jan. 5

*Office is closed and staff are not available

Questions? Please call the office at 412-268-7489 or email us at osher@cmu.edu.

CAN YOU HELP?

We are so fortunate!

We are so fortunate that we have access to one of the top rated Osher Lifelong Learning Institutes in the country. We are so fortunate because each year we have access to literally hundreds of courses taught by hundreds of instructors at little cost compared to most of the other 123 Osher Lifelong Learning Institutes across the US. We are so fortunate because Osher at CMU has many devoted volunteers who are dedicated to making this organization continue to be an outstanding success. We are so fortunate because the organization has an outstanding staff that resolves issues expeditiously and keeps everything running smoothly. We are so fortunate because we are all a part of a highly regarded and sought after community of likeminded friends. We are so fortunate, so far!

As a fellow member of the Osher Lifelong Learning Institute at Carnegie Mellon University, we are asking you to make a donation to our general fund to help keep the organization running during this extremely difficult time. While all of our courses are now running on Zoom because of the COVID-19 restrictions necessary to protect our members' health, many assume that it is less expensive to do so. It isn't. We have to pay for Zoom licenses and a considerable amount of staff time is devoted to managing these licenses to keep our classes operating. While the staff is away from the office, we are still obligated to keep up our equipment leases and most other operating expenses. Unfortunately, during our absence from campus, we have seen a significant drop in members registering for classes because many miss the in-person class social interactions, and for various reasons, have been reluctant or unwilling to try the online Zoom classes. This unfortunately has impacted our bottom line.

The ability to attend online classes and continue to participate in lifelong learning is an incredible gift, especially during this dangerous time. We know we must stay safe while this pandemic rages on in our community. While restricted because of local, state and federal mandates and concerns about our safety and health, what better way to maintain a level of visibility and interactions with friends and acquaintances than to do so online by taking classes with our Osher friends?

One of our members wrote: "I have found a new love: the little blue camera on the bottom of my desktop computer----the "zoom" button. Zoom has been the key to my survival in this time of isolation and no contact with all of you. It allows me to access all the wonderful Osher classes that I had registered for last term. I often took several classes on the same day. Thanks to the curriculum committee there were so many choices. No surprise to me that our study leaders (hosts) and ambassadors (co-hosts) mastered zoom technology so quickly (they are smart). Yes, there were a few glitches in the beginning but a call to the Osher often solved the problem promptly. I love the "Hollywood Squares" gallery screen. I am able to see my classmates---old and new. But I also love speaker view. I am in a class of one with my own private teacher. (Yes I do wear pants, earrings and sometimes slippers). Winter is coming: I will need and love my blue camera all the more. The Osher/CMU catalogue comes out in November. I am eager to see what is offered. I urge you to join me from wherever your den may be to register for classes (office can help) so that we can "zoom" and "chat" together. Got to keep those brain cells active."

Give Zoom a try and when you register for courses for the winter term, and please hit the donation button to make a contribution to help Osher at CMU get through these difficult times so we can continue helping you by continuing to offer a wide range of interesting, stimulating, and educational courses. I know you will feel good about contributing to a worthy cause. A cause that helps you.

Osher at CMU Board of Directors



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Join us!



Each image represents a course offered inside. Can you figure out which?



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