Summer (re)CHARGE Program

Summer (re)CHARGE is a collaborative, campuswide initiative to support undergraduate students at Carnegie Mellon University. The program is designed to ensure that all students are able to maximize their opportunities and take advantage of everything CMU has to offer.

**Program Goals**

- Increase students’ self-efficacy to enhance learning & motivation
- Positively impact academic & personal experiences students have at CMU
- Assist students in the development of meaningful career plans
- Improve students’ academic profile by increasing their overall QPA
- Assist students in establishing a mentor relationship
- Assist students in preparing for the next academic year

**Program Components**

- 3-Unit Seminar to Build on Strengths & Develop Growth Areas
- One Academic Course During Summer Session One
- Workshops to Support Academic, Personal & Professional Growth
- Intensive Holistic Advising During Summer Session One
- Financial Support, As Needed
- Support from Trained “Academic Coaches”, Who Are Undergraduate Students

**Students Participated in (re)CHARGE Over 3 Years 2016-2018**

- CIT 47.1%
- CMU/SHS 14.4%
- CMU/BXA 14.4%
- TSB 3.0%
- SCS 2.2%
- DC 15.9%
- MCS 19.6%
- CFA 9.4%

**Program Participants Per Year**

- Summer 2016: 37
- Summer 2017: 57
- Summer 2018: 44
Seminar Topics

- Stress, Health & Wellness
- Mindset
- Mentoring
- Goals & Motivation
- Mental Health
- Social Life
- Self-Assessment
- Academic Development
- Thriving
- College Belonging

Outcomes So Far

| 74% Enrolled | 16% Graduated | 6% Not Enrolled | 4% Leave of Absence |

These outcomes include 138 students who participated in the program in Summer 2016, 2017 and 2018. "Not Enrolled" includes students who withdrew, were suspended, or were dropped from the university.

2018 Assessment Survey Results*

Faculty Mentorship

| Had Faculty Mentor Before Program | 7 |
| Had Faculty Mentor After Program | 30 |

Strategy Development

% of Students Who Developed Strategies for Making Post-Graduation Plans

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<thead>
<tr>
<th>% of Students</th>
<th>Before Program</th>
<th>After Program</th>
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<tbody>
<tr>
<td>38%</td>
<td>62%</td>
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% of Students Who Developed Strategies for Managing Stress

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<tr>
<th>% of Students</th>
<th>Before Program</th>
<th>After Program</th>
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<tbody>
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<td>62%</td>
<td>86%</td>
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Before and after the program, students were asked to rate their goal achievement abilities and confidence in undergraduate tasks and challenges. Displayed below are the top-3 in each category in which students reported the most improvement.

What Students Are Saying*

- "The mentors, advisors and contacts I gained from this program will be invaluable to me in the future. I am excited for even more fruitful and intellectual relationships after skills gained in this program." *The program uncovered things that I did not know about myself. I have gained a lot of confidence and self-realization throughout these six weeks. I am finally finding my drive again."

- "I really loved the program. I feel that I can leave with a greater sense of belonging, a greater sense of who I am, where I'm going, where I am right now..."
(re)CHARGE Program Budget

Summer One Tuition, over half of the program budget, covers the cost of...

1 academic course for 50 students

Campus Partners

ACADEMIC
Academic Advisors, Faculty, Associate Deans, Academic Development, Global Communications Center

STUDENT AFFAIRS
Housefellows, College Liaisons, Career & Professional Development Center, Counseling & Psychological Services, Housing, Center for Student Diversity & Inclusion

ADMINISTRATIVE
The HUB, Student Financial Aid Office, Registrar’s Office, Summer Studies

Summer (re)CHARGE Program

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