

NOTICE TO EMPLOYEES

CARNEGIE MELLON UNIVERSITY HAS PROVIDED FOR THE PAYMENT OF BENEFITS UNDER THE PENNSYLVANIA WORKERS' COMPENSATION ACT

Any employee injured at work should report immediately to his/her supervisor.

IN THE CASE OF WORK-RELATED INJURY:

- A. If you suffer a work-related injury, your employer or its insurance company must pay for reasonable surgical and medical services and supplies.
- B. To insure that your employer will pay for medical treatment, you must select one of the below-listed physicians for medical treatment. For a life threatening emergency, report to UPMC-Shadyside Hospital's Emergency Department or the nearest hospital.
- C. To ensure that your employer or the insurance company will pay for your follow-up medical treatment, you must select one of the below-listed physicians or practitioners of the healing arts. To schedule an appointment please call the designated phone numbers.

Concentra Medical Center - 412-621-5430
120 Lytton Avenue, Suite 275, Pittsburgh, PA 15213

Emergency Medicine Physician - 412-623-2063
UPMC Shadyside Hospital, 5230 Centre Avenue, Pittsburgh, PA 15232

Tri-State Orthopaedics & Sports Medicine - 412-696-0300
300 Chapel Harbor Drive, Suite 300, Pittsburgh, PA 15238

- D. If you need ongoing treatment, you must receive treatment from one of the physicians listed for ninety (90) days from the date of your first visit.
- E. After this ninety (90) day period, if you still need treatment, you may choose to go to another licensed physician or practitioner of the healing arts for treatment. You must notify the Benefits Office (Phone: 412-268-2047) of this action within five (5) days of your visit to the practitioner of your choice.
- F. If one of the physicians listed above refers you to another licensed specialist, your employer or their insurer will pay the bill for these services if the treatment is related to the work-related condition or injury.
- G. **Remember, it is important to tell your employer about your injury immediately!**