Your health at your fingertips

As a UPMC Health Plan member, you can use *My*Health OnLine to access your health insurance and wellness information.

≡ Menu MyHeatth ot.me Hello, Morgan Member ID No	•••••••1234 💿 Show	K Find Care Contact Us Inbox (Horgan	xxx1224	Enroll in autopay to easily pay your monthly premium. ¹
active benefits ✓ Medical ✓ Den Take the MyHealth Question	Popular for members like you	overage View Claims and EOBs		Check your coverage, claims, Explanations of Benefits, ² and spending summary.
Your Insurance Plans and Coverage View the details of your benefits View the details of your benefits View the details of your benefits Check status and review history Check status and review history See where your are in meeting your deductible and out-of-pocket maximum	Your Care and Treatment Find Care Beach for in-network providers using their names or specialities Pharmacy and Prescriptions Be list of your medications, plus our formulary and drug pricing Estimate and Explore Treatment Options Find out the cost of common procedures and as their ports and cost	Better Health and Wellness Wellness Resources for Healthier Living Access wellness resources and programs to support your healthiet lifetyiet Resources for Healthier Living Access wellness resources and programs to support your healthiet lifetyiet Berewarded for participation in healthy activities personalized just for you Berewarded for participation in select wellness activities		Explore resources that can help you make lifestyle changes and manage your health.
			+ × - ÷	Use our medical cost estimator to understand the price of a treatment before you get it. ³

Register for MyHealth OnLine today!

- 1. Scan the QR code or visit **upmchealthplan.com/members/access**.
- 2. Click Register for MyHealth Online Now.
- 3. Choose if you're a member and that you receive your health insurance through your employer and click **Register for MyHealth Online**.
- 4. Enter your name, birthdate and zip code and click Agree.
- 5. Enter your member information and complete registration.

¹ If you are enrolled in coverage through your employer, your monthly premiums are deducted from your paycheck. You cannot set up autopay through MyHealth OnLine. You can use autopay if you buy your own health insurance or have a child with a low- or full-cost plan through UPMC for Kids with a monthly premium. UPMC Community HealthChoices members do not have monthly premiums.

² UPMC Community HealthChoices members do not receive Explanations of Benefits.

³ The medical cost estimator is not available to UPMC Community HealthChoices or free UPMC for Kids members.



UPMC HEALTH PLAN

Nondiscrimination Statement

UPMC Health Plan, on behalf of itself and its affiliates, complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, creed, religious affiliation, ancestry, sex, gender, gender identity or expression, or sexual orientation.

Translation Services

UPMC Health Plan

ATTENTION: If you speak English, language assistance services, free of charge, are available to you. Call: 1-866-420-9589 (TTY: 711).

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-866-420-9589 (TTY: 711).

注意:如果您使用繁體中文,您可以免費獲得語言援助服務。請致電 1-844-220-4785(TTY: 711)。

UPMC for Kids

ATTENTION: If you speak English, language assistance services, free of charge, are available to you. Call: 1-800-650-8762 (TTY: 711).

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-800-650-8762 (TTY: 711).

ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 1-800-650-8762 (телетайп: 711).

If you are the parent or legal guardian of a child enrolled with UPMC *for Kids*, you can access or create your child's *My*Health OnLine account by using your child's member ID card. If you have more than one child enrolled with UPMC *for Kids*, you must register for a separate account for each child.

UPMC Community HealthChoices

ATTENTION: If you speak English, language assistance services, free of charge, are available to you. Call: 1-844-220-4785 (TTY: 711).

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