

Family Care Initiatives

The Office of Human Resources provides programming to support families in every stage of life. The Family Care Concierge Service can answer questions and provide resources to help with a variety of dependent care related needs. Family Care also supports several programs which benefit families and can be used independently of the concierge service. Family Care's website provides helpful information and guides, and the Family Care Mailing List updates families about educational events, program changes, and relevant resources.

Email: hrfamilycare@andrew.cmu.edu

Our Concierge Service Can Help

Child Care	Child Care Centers	Search for child care centers to meet your criteria
	In-home Care	Provide resources to assist in a nanny search
	Care Shares	Explain how to set up care shares and find other families
	Interim or Gap Care	Find local options and explain Care for Business benefits
	Financial Assistance	Explain federal assistance programs and program discounts, assist with DCRAs and the Sliding Scale Benefit
School Age Care	Navigating School Options	Discuss different public, charter and private options
	Before and After School Care	Find before and after care that works with your child's school
	Summer Camp	Find summer camps in your area and the subsidized cost
	Tutoring	Find tutoring programs to meet your needs
	Enrichment Activities	Provide guides or find activities in your area
	Backup Care	Explain Care for Business backup care days
Elder Care	Residential Care	Research long term care homes to fit your needs
	Assistance Programs	Identify programs to help with transportation, food, etc.
	Social Opportunities	Find senior centers, activities and companionship programs
	In-home Care	Find agencies or explain Care for Business benefits
	Support Groups	Find groups to offer support for elderly relatives or caregivers
Pet Care & Household Help	Pet Care Facilities	Research pet care facilities and boarding options
	Cleaning Services	Find local cleaning services
	In-home Care/Help	Explore options for in-home help locally via Carelink, or explain the Care for Business benefits

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Care for Business

Eligible staff, faculty and graduate students can access a free premium membership for Care.com, which can be used to find a nanny or babysitter, form a care share, find elder care, or find pet care and household help. CMU also provides the following program features:

Backup care days — 15 subsidized backup care days per year for in-home or center based care for children, intended to provide coverage for unexpected gaps in care. Reimbursement options are available for the cost of child care and summer camps. Elder care options are limited to in-home care and are also eligible for reimbursement.

LifeMart — Offers discounts on a variety of services related to senior care, child care, travel, home, auto and pet care.

LifeCare Family — Provides assistance screening providers for in-home care for children and elders.

Carelink

This online marketplace allows members of the CMU community to both post jobs and look for jobs. For caregivers, this can mean finding a babysitter or help with aftercare, joining a care share or finding a tutor for some added enrichment.

Lactation Support Program

Carnegie Mellon University recognizes the importance and benefits of providing breast milk for infants. As part of its commitment to providing a family-friendly work environment, the university has made special accommodations to support families as they work to provide milk for their children. Whether you are on campus or at home, Carnegie Mellon's award-winning lactation support program is designed to ensure parents have the time and resources they need. Visit our website to find helpful resources, request access to campus lactation rooms, or review our Lactation Support Policy.

Educational Resources and Events

Educational guides for a range of dependent care topics can be found on the Family Care Initiatives webpage. These guides cover topics such as affording child care, finding quality care, preparing for a new child, school options, enrichment activities and more. Family Care also provides educational events for parents and caregivers. These events are advertised via the Family Care mailing list.

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