

Dear Student,

If you are receiving this email, we do not have a record that you have completed the student health insurance Open Enrollment at this time. This is a final reminder that the deadline for the Summer 2026 Open Enrollment period for students to enroll in or waive the CMU Student Health Insurance Plan (SHIP) is **May 31, 2026**.

If you do not enroll in the SHIP or receive an approved waiver during this Open Enrollment period, you will be [auto-enrolled in the SHIP](#).

**Option 1: [Enroll in the SHIP](#)** (Coverage May 1 - July 31, 2026)

- You must have a valid U.S. mailing address to enroll in the SHIP. [Learn more](#).

**Option 2: [Waive the SHIP](#)**

- To decline the CMU SHIP, your medical insurance must meet [university requirements](#) and be active as of May 1, 2026.

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## Next Steps

**To fulfill CMU's health insurance mandate, complete the following during Summer Open Enrollment (May 1 - 31):**

- [Log into SIO](#), select Campus Life - Health Insurance.
- Click the insurance portal link.
- Choose the option to enroll in the CMU SHIP or apply for a waiver and submit required information.
- Click '**Confirm**' on the final page to complete your submission.
- If you need to make changes to your enrollment, you can access the insurance portal through SIO until May 31, 2026.

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**Important notes:**

- *By default, your student account in SIO has been charged \$753. This is a placeholder charge for a May 1 - July 31, 2026 medical SHIP enrollment. During Open Enrollment, this charge does not indicate a SHIP enrollment.*

- *If you do not enroll in the SHIP or receive an approved waiver during Open Enrollment, you will be [auto-enrolled in the SHIP](#).*
- *If you are not enrolled for the Summer term you are not required to participate in Summer Open Enrollment. Please contact your academic department to request they confirm your Summer status with our office no later than May 31. Once received, we will remove the insurance fee from your account.*

More information about the CMU SHIP can be found on the [University Health Services website](#). You can also contact our student health insurance team at [shinsure@andrew.cmu.edu](mailto:shinsure@andrew.cmu.edu) with any questions.

Take care and we look forward to a healthy semester ahead!

University Health Services

[cmu.edu/health-services/student-insurance](http://cmu.edu/health-services/student-insurance)