UHS provides hormone therapy for transgender students using an informed consent model. Informed consent is an evidence-based model of providing care that is used in healthcare agencies serving and run primarily by LGBTQ+ and TGNC communities.

This means that UHS does not require a student to get a letter from a mental health provider in support of hormones as long as they can provide informed consent for care. A student can provide informed consent if they:

- Have correct information about HRT
- Are able to understand the information about HRT that has been provided, including risks and benefits, as well as reversible and irreversible effects
- Are able to use this information to make a decision

The informed consent model is consistent with WPATH Standards of Care and reduces barriers to accessing medically necessary treatment. In this model, students are given accurate and comprehensive information about HRT, and will be supported in making the decision that is the right for them. Please note that providing care in an informed consent model does not mean that hormones are available on demand. If a medical provider determines that a student has a medical or psychological condition that might preclude the initiation of hormones until further evaluation or treatment, the student will be referred to the appropriate medical and/or psychological resources for further evaluation.