How Do I Use a Condom?

Gently tear wrapper along ridged edge

Make sure condom is ready to roll, with a “ring” outside

Place condom on while pinching the tip

Roll condom down shaft, all the way to the base (balls)

After ejaculating, withdraw penis while holding condom. Roll off away from partner.

External condoms may be used for vaginal, anal, or oral sex, as well as on sex toys or vibrators, to decrease the risk of sexually transmitted infections.