

HOW WELL DOES BIRTH CONTROL WORK?

WHAT'S THE CHANCE OF GETTING PREGNANT IN A YEAR?



Really, really well



Implant



Hormonal IUD



Copper IUD



Sterilization

Works as birth control...

Up to 5 years

Up to 8 years

Up to 12 years

Forever

Less than
1 in 100



Really well



Pill



Patch



Ring



Shot

For it to work best, use it... Every day

Every week

Every month

Every 3 months

6-9 in 100,
depending upon method



Pretty well



Pulling Out



Fertility Awareness



Internal Condom



Condom

Use a condom with any other method for STI protection.

For each of these methods to work, you or your partner have to use it every time you have sex.

12-24 in 100,
depending upon method

**Birth control is available at
UHS and covered by SHIP
For information and to schedule,
call 412-268-2157, option 2**

**Carnegie
Mellon
University**
University
Health
Services

BEDSIDER
bedsider.org



Bixby Center
for Global
Reproductive
Health

Beyond
the Pill
beyondthepill.ucsf.edu



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