**Carnegie Mellon University** Biomedical Engineering + Leonard Gelfand Center

# Vaccine Development and the COVID-19 Pandemic

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Editing and additional project development was completed by Claire Kenny.

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## Outline

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- Areas of Focus
- The Vaccine Development Process
- Funding

#### 2. COVID-19

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- COVID-19 Background
- Symptoms and Treatment Plans

#### 3. COVID-19 Vaccines

- Current Situation
- Plans in the US
- Risks
- Potential Vaccines to be Investigated
- Distribution and allocation



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#### Vaccine Development: Key Terms

**Vaccine** <sup>1</sup>: A product that stimulates a person's immune system to produce immunity to a specific disease, protecting the person from that disease.

**Vaccine Engineering**<sup>2</sup>: Engineering approach to discover novel antigens, epitopes, and adjuvants that can stimulate and manipulate the immune system, as well as their targeted delivery, for the prevention and treatment of important diseases such as cancer and infectious diseases

**Antigen** <sup>3</sup>: Molecules capable of stimulating an immune response, with each having distinct surface features (or epitopes) resulting in specific responses

**Antibody** <sup>3</sup>: (also known as immunoglobulins) Y-shaped proteins that have the ability to recognize and bind to antigens

Adjuvants <sup>4</sup>: Components capable of enhancing and/or shaping antigen-specific immune responses.

**Immunogenicity** <sup>5</sup>: A therapy's tendency to trigger an unwanted immune response against themselves

#### **Vaccine Engineering: Areas of Focus**



Antigen Discovery

- Largely done by computer scientists and bioinformaticians
- Need to curate and standardize existing and new data



Engineered Nanoparticles

- Stabilize vaccines
- Can double as an adjuvant
- Regulate the route of entry into antigen presenting cells



Engineered Adjuvants

- Enhance and stabilize vaccine-induced responses
- Selectively add welldefined molecules, formulations or both

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# The Vaccine Development Process (Can take 10-15 years)

General vaccine development steps as given by the CDC:

- 1. Exploratory stage
- 2. Pre-clinical stage
- 3. Clinical development (3 Phase Process)
- 4. Regulatory review and approval
- 5. Manufacturing
- 6. Quality control



Source: GAO analysis of GAO-20-215SP, FDA, HHS, and Pharmaceutical Research and Manufacturers of America (PhRMA) documentation. | GAO-20-583SP



Step 1: An Investigational New Drug Application (IND) Describes the vaccine, its method of manufacture, and quality control tests for release			and safety inform	multidisciplinary m with the efficacy nation necessary to fit assessment and oppose the	Step 5: Presentation of Findings to FDA's Vaccines and Related Biological Products Advisory Committee External (VRBPAC) Non-FDA expert committee provides advice to the Agency regarding the safety and efficacy of the vaccine for the proposed indication		
	3-6 Years		6-12 Years		•	10-15 Years	
Step 0: Pre-Clinical TrialsStep 2: Pre-lic Clinical TrialsAssessment as to whether the product isIncludes 3 sta determine the		ages to e safety and e vaccine, must fits that	Step 4: Inspection of the Manufacturing Facility During this stage, the proposed manufacturing facility undergoes a pre- approval inspection during which production of the vaccine as it is in progress is examined in detail.		Step 6: Usability testing of product labeling Includes potential benefits and risks, to communicate with patients and parents, and to safely deliver the vaccine to the public		
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#### Let's Take a Closer Look at the Timeline...

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# Exploratory Stage (2-4 years)

- Basic laboratory research
- Can include identifying natural or synthetic antigens that might help prevent or treat a disease



## Pre-Clinical Stage (1-2 years)

- Tissue-culture or cell-culture systems
- Animal testing
  - Assess the safety of the candidate vaccine and its immunogenicity, or ability to provoke an immune response
  - Rats and monkeys



### **Clinical Development**

**Phase I** (several months)

- Small group of **adults** (20-80 subjects)
- Non-blinded
- **Goal**: Assess the safety and determine the type and extent of immune response

**Phase II** (up to 2 years)

- Larger group of subjects (several hundred)
- Randomized and well controlled
- Goal: Study the vaccine's safety, immunogenicity, proposed doses, schedule of immunizations, and method of delivery.

**Phase III** (1-3 years)

- Thousands to tens of thousands of subjects
- Randomized and double blind
- Followed by a Biologics License Application to the FDA
- Goal: Assess vaccine safety in a large group of people, vaccine efficacy

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#### **Regulatory Review and Approval** (up to 3 years)

- Includes a Biologics License Application (BLA) and Product License Application (PLA)
- Presentation of clinical trial findings
- Presentation to a non-expert audience

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## Manufacturing

- Proposed manufacturing facility undergoes a preapproval inspection
- Upon approval the company begins production of the actual vaccine



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## **Quality Control**

- Check the consistency in the production of vaccine
- Each batch of the product is of the same quality and specifications of the batch that has been tested
- Each batch is shown to be safe and efficacious in research



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# National Institutes of

Health (NIH):

- multi-PI grants
- PPG
- NCRR
- RFAs

**Biotech Industry:** 

companies

Startups

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Funding for IP

Angel investors

Venture capitalist

• Contracts (IEDB)

Pharmaceutical Industry:Research contracts

• Licensing

# All of this needs funding...

#### Where would we look?<sup>2</sup>

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# So how does this relate to the SARS/COVID-19 pandemic?

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#### **Analyzing a Virus to Determine Treatment**



## **Coronavirus Background**

Coronaviruses are respiratory diseases, and the cause of the common cold, otherwise known as "mild upper respiratory tract infection"

Severe Rcute Respiratory Syndrome (SARS)	2003	Animals to people	Severe symptoms but not easily spread	Contained in the Middle East
Middle East Respiratory Syndrome (MERS)	2012	Camels to people	Severe symptoms but not easily spread	<b>Emerging</b> infectious disease means
SARS coronavirus-2 (SARS2)	2019	Animals to people	Severe symptoms, and easily spread	humans have no immunity
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### **COVID-19 symptoms**

2-14 day incubation period before symptoms show

- Fever/chills
- Cough
- Loss of taste/smell
- Nausea
- Diarrhea
- Difficulty breathing \*
- Bluish fingers \*
- Pain in chest \*

\*signs to go to hospital

#### **Treatment Plans**

Doctors will perform:

- Chest x ray
- CT scan to view lung tissue
- Blood tests
- Etc.

To determine if these are needed:

- Supplemental oxygen
- Mechanical ventilation
- Antibiotics
- IV fluids
- Etc.





#### **Risks of the SARS/COVID-19 Vaccine**

The SARS/COVID-19 Vaccine comes with the potential issues of:

- Antibody-dependent enhancement (ADE), in which a vaccine may actually worsen the consequences of the disease rather than protect
- Those most at risk are over 60, with **resistance to vaccination** beginning as early as 30
- May reduce the chance of getting the disease (and its symptoms) but not prevent infection
- New variants being less susceptible

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# "The moment you get a vaccine doesn't mean you're going to put your mask in the trash. The reality is there's probably going to have to be different generations of vaccines"

Maria Elena Bottazzi

Vaccine Developer at Baylor College of Medicine

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#### SARS/COVID-19 Vaccine in the US

#### Research:

- Funding is plentiful
- There are many different approaches being studied
- High amount of collaboration between small firms developing the vaccines and large drug companies that can mass produce

#### **Original Plan for the Vaccine:**

- The administration has promised to give the vaccine free to "vulnerable" people who cannot afford it
- There will be a tiered approach to distribute the vaccine: older people, people with pre-existing conditions, and health care workers.

#### 3 Main Vaccines Currently Approved in the US

- ModernaTX, Inc.
- Pfizer Inc.
- Johnson & Johnson

\* There are other vaccines in use in other countries.

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#### mRNA-1273 ModernaTX, Inc.

- Uses **messenger RNA**, an approach that does not require a virus to make the vaccine
- **Dosage**: 2 shots, one month (28 days) apart
- Effectiveness: 94.1%
- Minimum Age: 18+
- **Common Side Effects:** Chills, tiredness, headache, pain in area of shot
- Duration of Protection: Unknown



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#### **BNT162b2** *Pfizer-BioNTech*

- Uses **messenger RNA**, an approach that does not require a virus to make the vaccine
- **Dosage**: 2 shots, 21 days apart
- Effectiveness: 95%
- Minimum Age: 16+
- **Common Side Effects:** Chills, tiredness, headache, pain in area of shot
- Duration of Protection: Unknown



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#### JNJ-78436735 or Ad26.COV2.S. Johnson & Johnson

- Is an **Adenovirus-Based Vaccine**, which uses non-enveloped, double-stranded DNA viruses
- **Dosage**: 1 shot
- **Effectiveness**: 62% against moderate-severe cases, ~100% against hospitalization and death
- Minimum Age: 18+
- **Common Side Effects:** Chills, tiredness, headache, nausea, pain in area of shot
- Duration of Protection: Unknown



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# Decisions, Decisions

# So how do we decide the best way to distribute the vaccine?

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## **Allocation Considerations**

The allocation of the vaccine shifts depending on the...

- Supply
- Demand
- Vaccine characteristics
- Disease epidemiology

The federal government determined the amount of vaccines designated for each jurisdiction, with each jurisdiction's immunization program responsible for managing and approving the orders and implementation.



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#### **Allocation Disparities**

Looking at the spring 2021 system of vaccine allocation and distribution: there were numerous disparities seen between different areas. Examples include the following:

- Oregon is prioritizing teachers over the elderly (approach that could help schools and businesses reopen)
- New Jersey has put smokers ahead of educators (which could save lives)

#### Why might these disparities occur?

- There are different circumstances and situations
- Federal, states, and local health departments as well as medical centers have each developed different allocation formulas, based on a variety of ethical and political considerations
- Some areas may have greater numbers of a certain population, such as there being more elderly than educators

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#### The United States used a phased approach.



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# For more information on the **COVID-19 Vaccines please visit** https://www.cdc.gov/vaccines/covi d-19/index.html

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