Jennings Scholarship

RABAT MOROCCO INTERNSHIP









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INTRODUCTION

This summer, I had the incredible opportunity to intern in Rabat, Morocco, at the Moroccan Organization for Human Rights (OMDH). My primary project was conducting a comparative analysis of several North African countries, examining their human rights records through the lens of key performance indicators (KPIs). It was a challenging and rewarding experience that gave me a much deeper, data-driven understanding of the complex human rights landscape across the region, moving beyond headlines to see the nuances in the numbers.





MOROCCO

NEW DELHI

Beyond the work, my time in Morocco was a cultural immersion I will never forget. I was fortunate to live with a warm and welcoming host family, which gave me a genuine insight into daily life. On weekends, I embraced solo travel, exploring the vibrant medinas of Tangier, Fez, and Casablanca. I also fell in love with Moroccan cuisine, especially the lentils and couscous, and even learned how to make them. Some of my favorite memories are of swimming along the coast and visiting the stunning Oudaya Kasbah, a beautiful castle overlooking the capital. It was an unforgettable experience that blended professional growth with personal adventure.

TRAVEL DATES & DURATION





Living with my host family turned out to be the best possible way to learn Darija, the Moroccan dialect of Arabic. From my very first day, they patiently taught me everyday phrases over shared meals and mint tea, correcting my pronunciation with lots of laughter and encouragement. Little by little, I went from simply saying "shukran" to holding basic conversations, bargaining in the medina, and understanding jokes at the dinner table. Being surrounded by the language in such a warm, natural environment made learning feel less like studying and more like becoming part of the family.

On the right is the view form the Oudaya which used to be the castle in Rabat and is now open to the public. The other photo is Friday at the office which is the day we eat couscous.



