



Carnegie Mellon University

Dear Class of 2023+

As your Head Orientation Counselors (HOCs), we're excited for you to join us at Carnegie Mellon University! The Orientation staff has been working all year for your arrival and we're ready to help you explore the amazing opportunities that await you.

This year's orientation theme is **Breakthrough**. During your time at CMU, you'll have breakthroughs of all kinds — from taking part in groundbreaking research, to starting a new campus initiative or listening to a friend who is having a hard day. We encourage you to celebrate wins both large and small.



From pursuing interdisciplinary academics, to studying abroad, to participating in CMU traditions — building a booth or driving a buggy — there are countless chances for you to break through and try new things. In addition, Pittsburgh has a wide variety of unique experiences to offer — biking along the rivers, exploring unique neighborhoods and visiting the city's museums. We hope Pittsburgh quickly becomes your second home. Carnegie Mellon University and the Pittsburgh community are places where you can be yourself, pursue your passions and expand your horizons.

During Orientation week, you'll be introduced to Carnegie Mellon's supportive and diverse community. Orientation counselors, resident assistants, academic advisors and other students, staff and faculty are ready to help you with whatever you need. When challenges arise, you'll receive support to break through, persevere and meet your goals.

We hope that as you begin this new chapter, you'll achieve your own breakthroughs and explore endless possibilities.

We're excited to have you join us in August!

*Izzy, Chris, Rosie, Pankaj,
Lexi, Conlon and Emma*



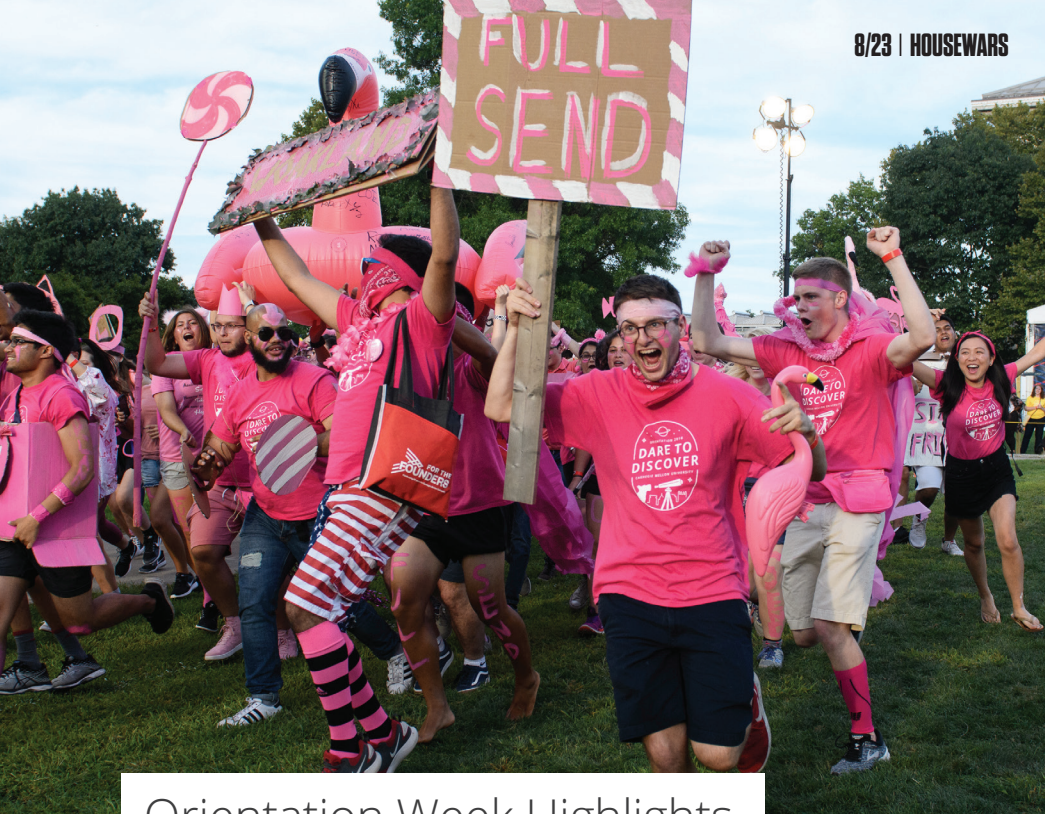
Incoming students celebrate on the cut.

Plan Your Arrival

Visit the **First-Year Orientation website** for a list of tasks to complete prior to arriving on campus:
cmu.edu/orientation



2019 Head Orientation Counselors



8/23 | HOUSEWARS



8/20 | CLASS PHOTO



8/24 | CRAIG STREET CRAWL



8/22 | CONVOCATION

Orientation Week Highlights

Saturday, August 17

- Residence Hall Move-In Day
- Dinner on your own
- Residence hall activities

Sunday, August 18

- First-Year Family Orientation
- President's Welcome and academic sessions
- Breakout sessions, open houses, campus resource fair
- Families depart campus
- Floor meetings and residential neighborhood block parties

Monday, August 19

- House Day: Get to know students in your residential community
- Community Collage: Performances to showcase CMU's diversity of experience
- Playfair: Group activities to get to know the whole first-year class

Tuesday, August 20

- Making Your Mark: Learn about campus initiatives started by CMU students
- Campus sampler: Learn about co-curricular opportunities
- Academic breakouts with your academic program
- Class Photo

Wednesday, August 21

- Building healthy and responsible communities
- Activities in Pittsburgh with your academic college

Thursday, August 22

- Academic orientation with your college
- Convocation: The formal academic ceremony marking the start of your college experience
- Casino Night: Dress up for Orientation's biggest social event featuring live entertainment, cabaret performances, ballroom dancing, casino games and more! Refreshments will be provided and prizes will be awarded.

Friday, August 23

- Orientation Day of Service
- Student organization events, campus office presentations, religious services and open houses
- Housewars: Quirky outdoor competition between housing communities

Saturday, August 24

- Pittsburgh Connections: Explore off-campus activities
- Student organization events and religious services
- Craig Street Crawl: University business district block party
- First-Year Showcase: Talent show featuring first-year students

Sunday, August 25

- Religious and spirituality events
- Student organization events
- Alumni panel
- Floor meetings

Pre-Orientation Checklist

⚠️ REQUIRED TASKS for all First-Year Undergraduate Students

- ☐ Dates vary Academic Registration
- ☐ 7/1/19 Immunization Form
- ☐ 7/1/19 Submit Photo for CMU ID Card
- ☐ 7/31/19 Writing Course Placement (non-native English speakers only)
- ☐ 8/15/19 Fall Semester Student Account Payment (invoice available 6/30)
- ☐ 8/19/19 Alcohol EDU + Sexual Assault Prevention (available 7/22)
- ☐ 9/11/19 Waive or Enroll in Student Health Insurance
- ☐ Prior to arrival Set Up Your Personal Technology

⚠️ REQUIRED TASKS for First-Year Undergraduate International Students

- ☐ 6/15/19 International Student Information Form
- ☐ 6/15/19 Affidavit of Support for Financial Sponsor
- ☐ 6/15/19 International Student Instructions Form (I-20)
- ☐ 8/18/19 On-Campus Immigration Check-in

* RECOMMENDED TASKS for all First-Year Undergraduate Students

- ☐ Dates vary Attend Summer Welcome Events in Your Area
- ☐ Dates vary Submit Required Financial Aid Documents
- ☐ 7/1/19 Send AP/IB/Cambridge Scores or Transfer Credit
- ☐ 7/12/19 Register for ORIGINS
- ☐ 7/31/19 Place Bed Bath & Beyond Orders at bbby.com/cmu
- ☐ 8/2/19 Complete Computing@CarnegieMellon Course
- ☐ 8/5/19 Submit dietary restrictions for First-Year Orientation meals
- ☐ 8/15/19 Set Up Online Banking and Electronic Refunding in SIO
- ☐ 8/26/19 Enroll in Tuition Insurance Program
- ☐ 9/1/19 Voluntary Disclosure of Disability
- ☐ Prior to arrival Add Plaid Cash to ID Card
- ☐ Prior to arrival Invite Users to My Plaid Student
- ☐ Prior to arrival Search for On-Campus Employment
- ☐ Prior to arrival Review Online Career Launch Modules (available 7/1)
- ☐ Prior to arrival Open Local Bank Account
- ☐ Prior to arrival Download the "Events at Carnegie Mellon University" App
- ☐ Orientation Week Obtain Textbooks (buy, rent, borrow)

📦 WHAT TO PACK

- ☐ Alarm clock
- ☐ Backpack
- ☐ Clothing for all seasons and hangers
- ☐ Desk lamp
- ☐ Driver's license or passport
- ☐ Laundry basket and detergent
- ☐ Linens and towels (sheets, pillows, washcloths, etc.)
- ☐ Mugs, cups, plates, utensils
- ☐ Storage bins
- ☐ Toiletries (soap, shampoo, etc.)
- ☐ Umbrella

Optional items:

- ☐ Bicycle and bike lock
- ☐ Computer
- ☐ Fan
- ☐ Iron
- ☐ Microwave (compact and under 700 watts)
- ☐ Power strip/surge protector
- ☐ Refrigerator (110/120 VAC and under 4.5 cubic feet). Microfridge units may be rented through MicroFridge Rental.
- ☐ Stereo and headphones
- ☐ TV

✅ WHAT'S IN MY ROOM?

- Bed with extra-long mattress (39" x 80")
- Desk and chair
- Closet or wardrobe
- Dresser
- Safety rails and ladder for lofted or bunked bed
- Window coverings
- High-speed network/internet access (wired and/or wireless connection depends on housing facility)
- Basic cable TV service with activated cable TV jack and IPTV service (supply your own TV)

❌ PROHIBITED ITEMS

- Air conditioners (unless approved by Health Services)
- Candles/incense
- Hot plates or pressure cookers
- Hoverboards
- Pets (except fish in an aquarium or service animals)
- Pools, hot tubs or waterbeds
- Space heaters

🚚 In-Room Delivery!

Carnegie Mellon has teamed up with **Bed Bath & Beyond** to make Move-In easier! Order room supplies **by July 31** at bbby.com/cmu to have your items delivered to your room before you arrive.

Carnegie Mellon University

OFFICE OF FIRST-YEAR ORIENTATION
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PITTSBURGH PA 15213-3890
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CarnegieMellonOrientation



CMUOrientation2019



cmu.edu/orientation

Here's your guide to getting started
at Carnegie Mellon University!