

CMUSafe Ambassador Training

Sessions in **RED** - recommended annually.

BASIC	INTERMEDIATE	ADVANCED	ADVANCED - LEVEL 1	ADVANCED - LEVEL 2	ADVANCED - LEVEL 3
CMUSafe Ambassador Onboarding Designed to cover both the basics of emergency preparedness as well as the role of CMUSafe Ambassadors.	Core Completion Completion of all Basic Level requirements.	Advanced Core Completion of all Basic and Intermediate requirements.	Progression Requirement Completion of Advanced.	Progression Requirement Completion of Advanced - Level 1.	Progression Requirement Completion of Advanced - Level 2.
CMUSafe Forums Attend at least 1 of 4 CMUSafe Forums.	CMUSafe Forums Attend at least 2 of 4 CMUSafe Forums.	CPR / AED - active certificate Teaches recognition of sudden cardiac arrest, EMS activation, and proper CPR. Includes hands-on AED operation training and how to avoid potentially hazardous situations.	Mental Health First Aid Provided by CHWB.*	CMUPD Police Academy Community training program.	Risk Assessment Expanded training on severe weather, suspicious people, packages, etc.
Rave Guardian App Download and log into app with AndrewID	Active Shooter Training Offered by CMUPD.	Stop the Bleed Teaches how to recognize life-threatening bleeding and act effectively using three quick control techniques, empowering you to make a difference in a bleeding emergency.	Scotty Strong Offered by CMUPD.*	Pathways for Suicide Prevention Offered by CHWB.*	IS-120.c Introduction to Exercises.
Fire Extinguisher Covers recommended actions during a fire emergency, types of campus extinguishers and the fires they extinguish, followed by hands-on practice with a fire simulator.	Fire Safety Best Practices Workplace Fire & Life Safety overview. Covers emergency situations and response strategies including lockdown, shelter in place, how fire works, building elements, and specific information to help you respond.	Travel Safety and Using International SOS (ISOS) Guidance on how to travel safely on university business, whether international or domestic. Covers available tools, resources, best practices, and practical tips.	IS-100.c Introduction to the Incident Command System.	IS-230.e Fundamentals of Emergency Management.	Tabletop Exercise Scenario-based response discussion.
	Fire Drill Support Support your building's fire drill as a CMUSafe Ambassador!*	Crowd Management Overview of event safety for large crowds and temporary tents. Covers history, EAP components, identifying when trained crowd managers are needed, duties, and communications.	Volunteer Service Volunteer two times in a safety related role during campus events such as Orientation, Spring Carnival, or Commencement.	IS-909 Community Preparedness simple activities framework.	
		Emergency Preparedness Expands upon resources such as CMU's emergency action poster, alerts, resources, evacuation maps/procedures, and scenario discussions (active shooter, weather, fires).	To register for a free FEMA SID to take the FEMA courses, click here: https://cdp.dhs.gov/femasid		

*Exceptions can be made as needed with an alternative event or activity.

Goals

BUILDING WIDE	CAMPUS WIDE	COMMUNITY WIDE
Ensures you have the tools to serve as "floor marshals" in your specific building and/or space.	Expands knowledge across broader campus emergencies and provides physical opportunities to put knowledge into practice.	Expands knowledge across institutional partnerships (CMUPD, CHWB, EHS, & FEMA) to understand emergency management on a community level.