

AVOIDING GLUTEN

on campus

Guests avoiding gluten should consult the on-site chef or manager to ensure proper steps are taken to minimize the risk of cross-contact.



Dedicated cookware (purple kits) available to reduce the risk of cross contact at select locations

restaurant

location

description



nourish
an allergen-friendly kitchen

Cohon Center,
2nd Floor

Certified gluten-free kitchen serving hot entrees, salads and desserts. Orders are placed through GrubHub for pick up. Nourish grab-and-go items can be purchased at Entropy+ and Tepper Eatery. Blocks are accepted




SCHATZ
DINING ROOM

Cohon Center,
2nd Floor

Avoiding Gluten section available with breads, cereal, desserts, and designated waffle maker. Purple pan program is available to cook select items to order upon request



Cohon Center,
2nd Floor

Purple pan program is available to cook select items to order upon request. Avoiding gluten selections available include proteins, hot & cold vegetable sides and sauces.



Tepper Building

Mercato a Mano: Avoiding gluten options include proteins and hot & cold vegetable sides. Gluten-free pasta & personal pizzas available upon request. Purple pan program in use.

Forbes Avenue Subs: Gluten-free bun available upon request. Purple Pan program in use.

For hours of operation and menus, please visit cmu.edu/dining.

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Tepper Building

- Gluten-free cones are available upon request
- Ask the staff about the daily gluten-free selections



Resnik - Tartans Pavilion

- This halal, Vaad-certified kosher café offers a 10" gluten-free pizza crust. *Please note that oven is shared with gluten-containing ingredients



Posner Hall

- Gluten-free bread available upon request for made-to-order sandwiches.
- Made-to-order salads can be prepared without gluten-containing ingredients

Please notify the service staff when placing your order



Wean & Gates Halls

- Bob's Red Mill Oatmeal
- Nugo Bars
- Rotating avoiding gluten pastries available here

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Resnik - Tartans Pavilion

Check out their rice, salad, and hummus bowls



Resnik Eatery

Try their rice bowls and corn tacos



Resnik Eatery

Favorites include their steak, grilled chicken, salmon, broccoli, rice, and mashed potatoes



Cohon Center Marketplace

Avoiding gluten options include a variety of proteins and hot & cold vegetable sides. Gluten-friendly bowl bases & toppings available. Purple Pan program in use.



Food Truck

Try our tangy Fried Chicken (per request)

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