

TBH NEWSLETTER

Fall 2021/Winter 2022

Dear Teen Behavior and Health Participant and Family,

Thank you very much for being involved in the final year of our diabetes and friendship study. During this last year, we had 60 of you participate in the study, for a total of 159 participants across the four years. We will have interviewed roughly half of you before COVID and half of you after COVID. We appreciate your patience and flexibility in conducting this entire study virtually. We will be conducting part 2 of the study after the holidays in the same way that we conducted part 1. You will be interviewed in the order in which you participated this past Fall. If you have any conflicts and need to be interviewed earlier or later in winter/spring, please feel free to contact us. The interview with the teen and with the parent will both be shorter this second time. The online surveys will be the same.

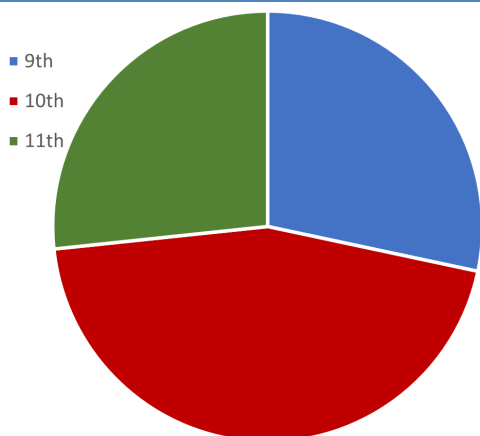
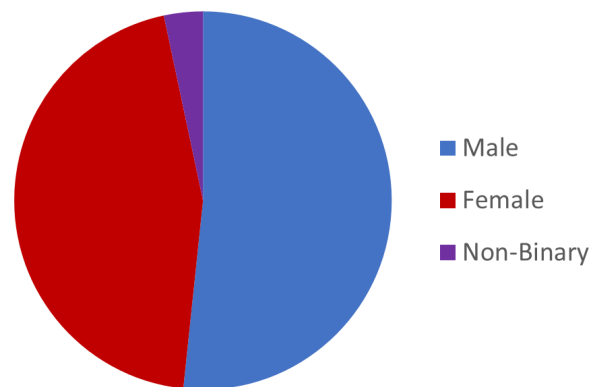
We thought we would provide you with some information about the group of you.

Stay safe and take care,
Vicki
vh2e@andrew.cmu.edu
412-268-2624

Here is how the study went this year:

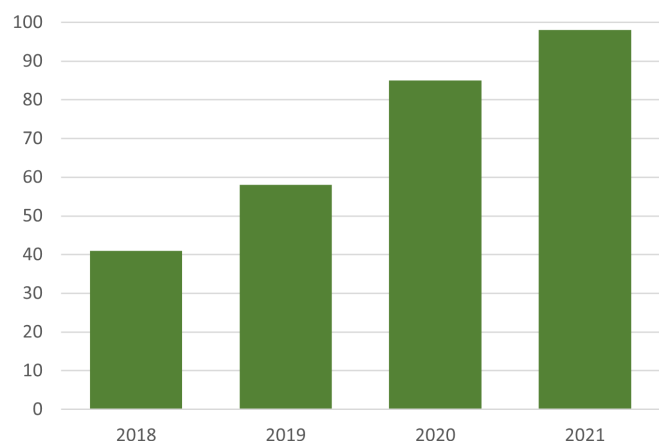
60 of you participated in the study

Of the 60, the split between male and female was roughly even:



Of the 60, nearly half of you were sophomores

98% of you use CGM, the highest rate since the study began. In Year 1, 41% used CGM.

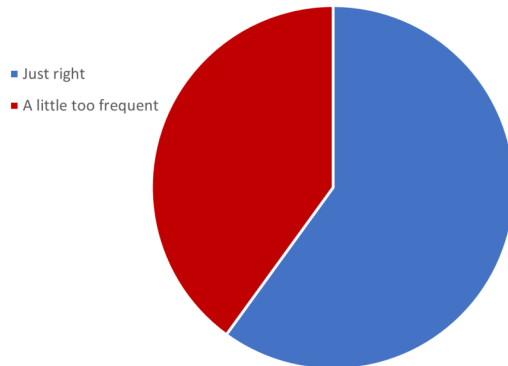


Across the four days of surveys:

The average completion rate was **83%**

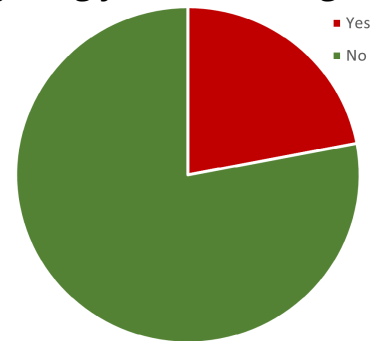
18 of you only missed 0 or 1 survey across the four days!

100% of principals agreed to let you participate in the study during the school day.



How did you feel about the frequency of the prompts?

Did completing the survey interfere with anything you were doing at school?



Now the question you have all been waiting for. What are the top reasons you gave for missing a survey?

1. **Sleep**

2. Sports

3. Commuting

4. Schoolwork

5. Eating a meal



TBH Staff

Dr. Vicki S. Helgeson
412-268-2624
vh2e@andrew.cmu.edu

Tate Miner
412-715-1252
tminer@andrew.cmu.edu

Tiona Jones
412-522-1334
tionaj@andrew.cmu.edu

Abigail Vaughn
412-268-1793
akunz@andrew.cmu.edu

Emma Fenstermaker
412-508-2674
efenster@andrew.cmu.edu

Teen
Behavior &
Health
Study