

Hi Children's School Campers!

This week, we're focusing our bug theme on **butterflies**. We're excited for all the exploring you'll get to do this week...

*Dramatic Play with Mr. Allen:* Every week, Mr. Allen will create a playful video exploring the ways that pretend games help us stretch our brains while having fun too. [Join Mr. Allen this week as he teaches friends how to pretend to be a bug scientist](#), otherwise known as an entomologist! We first use a book to research bugs, then go on a "field trip" to look for the little creatures. Finally, we explore different ways scientists can observe and study bugs to learn new things.

*(note: in this video, Mr. Allen uses the journal, colored pencils, and magnifying glass from our camp packets we are handing out to families. Although not a requirement, it may be helpful to have these materials already before showing friends the video so that they can use these ideas in their play)*

*Music with Mrs. Bird:* Watch and sing [I Love Bugs!](#) with Mrs. Bird. Attached below are the words.

*Movement with Miss Dzina:*

1. To calm your body...

[Butterfly Yoga with Bari Koral](#). The first time you practice it, watch the video while you use your body to imitate the different movements. After you finish, do it again... but this time, challenge yourself to close your eyes, just listening to the video (dimming the lights might help) as you imitate the movements with your body. Use your brain to concentrate on how peaceful butterflies are as they fly. Try to make your bodies move peacefully and breath calmly as you pretend to be a butterfly! Now that you're done, how does your body feel? Does it feel any different than before you started? Do parts of it feel the same? How does your brain feel? How do you think the butterflies feel when they first flap their wings and fly?

2. To energize your body...

Butterfly Life Cycle Movements: you'll need a dice ([here's an online generated dice if you don't have one](#)) and an open space to move. Ready? Here's how you play.

Everyone will take turns rolling the dice. If you roll a ...

1. Curl up like a butterfly *egg* (fetal position).
2. Wiggle around the floor like a *caterpillar*.
3. Quick, go find a blanket or something to wrap yourself in, wrap it around yourself, and freeze! Lie still like a *chrysalis*.
4. Fly like a *butterfly*!
5. Pick a stage in the lifecycle and do that movement.
6. Roll again.

If you want to play a freeze dance version, play [this song](#) in the background but when you roll a 3 (and possibly a 5, if you pick chrysalis), quickly turn the music off and freeze! If you move before the music starts again, you're out!

*Read Aloud with Mrs. Opferman:* Read [The Crunching Munching Caterpillar](#) by Sheridan Cain. Get your notebooks and something to draw with ready – you're going to draw the life cycle of the butterfly. To learn more about the transformation, watch [this video](#) Mrs. Armbruster put together! [Here](#) is a fun way to feed butterflies!

*Games with Mrs. Loomis:* For this week's game, you'll need:

- green construction paper (or white paper that has been colored with a green marker)
- scissors
- either a print out of butterflies and bugs, or a colored paper with butterflies and bugs
- two PDFs that have been attached below: “Butterfly Scissors Game – Instructions” and “Butterfly Scissors Game – Print Out”

*Bugs with Mr. Salinetto:*

- Each week I will produce and post a video that features a bug! All of the videos will feature my own footage, mostly recorded in my yard or local parks. My hope is to inspire a sense of wonder and a desire to take the time to simply look.
- This week our focus is butterflies, but this video is about a different insect... the praying mantis! Watch [Praying Mantises](#) and learn a few things about this insect!
- Journal Idea: Can you draw a praying mantis on one of your pages? Newly hatched praying mantises look like smaller adult mantises... can you draw a big one and a small one?
- **GO OUT AND START LOOKING!... “There is nothing like looking, if you want to find something. You certainly usually find something, if you look...” ~J.R.R. Tolkien, “The Hobbit”**

*Extra Resources:* Attached below is a PDF entitled “Makeshop at Home” with Ms. O’Neill’s suggestions and resources for setting up your very own Makeshop! If you’re looking for some ideas on what to make, check out Mrs. Myers’ ideas: [a Bug Hotel](#) and [a Bug Barn](#)! What are those you ask? Here’s what Mrs. Myers has to say...

*Bug Hotel:* Insects and arachnids, or *bugs*, are very important parts of our natural world. Bugs are important pollinators. In order for plants to grow, including the fruits and vegetables in our healthy diets, flowers on plants need to be pollinated. Pollination is when the pollen from flowers is spread or shared between flowers so that plants can make fruits and seeds. When a plant makes a seed that means we will be able to have more plants in the future! Bug Hotels are inviting places for insects to explore and visit while in your garden. If bugs come to your garden, they will help pollenate plants and make your garden grow!

*Bug Barn:* Bug barns are temporary homes for bugs. You can make a bug barn out of just about anything! Remember bugs need to breathe too, so make sure it has a few good breathing holes in it. Make a small but exciting environment for your bug in the barn and you can observe them before you release it back into the wild. You can even take the time to draw a picture of the bug to share with friends and family!

Have fun,  
The Camp Team