Week for Campus Children

The National Coalition for Campus Children’s Centers (N4C) encouraged its member centers to organize events during the week of October 5th to 9th to raise awareness of early childhood programs on college campuses across the country. Since we could not invite visitors to observe our program in action, we worked with Dietrich College’s Marketing and Communication team to post an article on the college web site, and it also got shared on the university home page. You can read the full article here: https://www.cmu.edu/dietrich/psychology/cs/news/n4c-2020.html. If you didn’t get a chance in the spring to see the professional video produced to introduce our laboratory school to the International Association of Laboratory Schools (IALS), you can view it on our YouTube channel at https://www.youtube.com/watch?v=AfXYpXPHW0A&list=PLFsflU-pz9WmcZHe5WS7Xs4znQEuY_e8aP.

Dialogue on Discussing Race and Racism

At this juncture in American history, educating young children about race and racism is an vital step in equipping them for personal action to promote equity and justice in our society. Mrs. Rosenblum is partnering with Children’s School parent and Equity & Inclusion Consultant Liz Foster-Shaner to host virtual dialogue sessions to share experiences and strategies for supporting our children’s learning about these important topics. Watch for an email with Zoom details and information about a webinar that we suggest everyone watch prior to the first dialogue. We are planning multiple sessions in an effort to include as many parents as possible. For November the sessions will be held on November 17th at 10am, November 18 at 8pm, or December 5th at 10am. More info to come!

November / December 2020 Dates

2nd Quarter Enrollment: Monday, November 2nd through Friday, December 18th

CMU’s Virtual Food Drive: November 2nd through 16th
www.PittsburghFoodBank.org/CMU

Parent / Teacher Zoom Conferences: Mid-November through Friday, December 4th

Children’s School Virtual Book Fair: November 23rd through December 6th
https://www.childrensbookstore.com/welcome/?ref=6FERE9W
CMU Community Day

On Friday, October 16th, the Children’s School friends shared their appreciation for the campus community as part of the annual Community Day event. The Preschool 3’s made thank you books for our daily cleaners, post office worker, grounds keeper, etc., so there’s both a photo here and a short video that goes through the book (https://www.youtube.com/watch?v=iiG3p5HVxEI&feature=youtu.be). The Preschool 4’s made cards and hearts to distribute on campus, with appropriate mask wearing and social distance. They are also doing a unit on Community Helpers, so three police officers visited them outside during their greeting time. The PreKindergartners made a display facing the university center and also put a drawing easel outside to allow others to enjoy drawing. The Kindergartners wrote and drew chalk messages outside the university center. We appreciate everyone who has helped keep us healthy and safe while attending school on campus!

Creative Educators Offer Virtual Open Houses

Thanks to the creative teaching teams for their incredible efforts to bring the joy of our fall Open House events to our families virtually this year. Though we would all rather gather in person to share our love of learning, the videos afforded families the opportunity to chat and laugh together as they watched the classroom experience unfold virtually.
#GivingTuesday – December 1, 2020

Giving Tuesday is a social-media-fueled worldwide day of charitable giving. Observed on the Tuesday following Thanksgiving, Giving Tuesday kicks off the season when many people focus on their holiday and end-of-year giving.

December 1st is the sixth annual Giving CMU Day, a day to bring together everyone in the Tartan community to support the areas of CMU that mean the most to them. This year, the program is changing due to the COVID-19 pandemic. However, the intent of the program is the same. Our community will come together to give where their heart is, including the Children’s School!

Given the inability to hold in-person events and on-campus marketing, social media engagement will be more important than ever to make this Giving CMU Day successful.

**How can you help?**

Volunteer to be a Children’s School Social Media Ambassador.

- **Who can be an ambassador?**
  - Anyone!

- **What does a social media ambassador do?**
  - Make one social media post (on Facebook, Instagram, Twitter or LinkedIn) to your networks one week prior to December 1, 2020, about Giving CMU Day.
  - Send emails to at least five CMU-affiliated people and make at least one social media post (on Facebook, Instagram, Twitter or LinkedIn) to your personal networks on Giving CMU Day.
  - Make one social media post (on Facebook, Instagram, Twitter or LinkedIn) to their networks saying thanks on December 2, 2020.

If you are interested in becoming a Children’s School Social Media Ambassador for Giving CMU day, please contact Linda Hancock lh37@andrew.cmu.edu.

**CMU Community Food Drive**

Carnegie Mellon University’s Staff Council Annual Food Drive is being held for the next two weeks (see inserts). This year, the Food Drive is a virtual event with 2 easy ways to donate:

Text to 50155
Enter CMUGives
Add the donation amount of your choice

**OR**


Please join fellow members of the campus community in helping to fight hunger in Pittsburgh!
COVID Risk Mitigation Cleaning Protocol

On Tuesday, October 20th, one of our educators awoke feeling ill and later that morning received a confirmed diagnosis of COVID-19. As a result, the educator and the entire class ‘pod’ began a period of quarantine with remote learning, while CMU’s contact tracers communicated with all of the educators’ close campus contacts and Aramark CleanIt team at CMU followed their “deep clean” protocol. We closed the whole school for one day to allow for the cleaning before the rest of the pods returned to campus, but we learned that whether we need to do that in the future depends on when the COVID-positive individual was last in the building (with at least 24 hours needed).

The deep clean protocol involves sanitizing the space using the Victory Sprayer (green) and PURTabs. The Victory Sprayer is an electrostatic sprayer that is paired with PURTabs (hospital grade disinfectant for viral spores) to disinfect surfaces easily and efficiently. The surface is sprayed and air dries, allowing the virus to be eliminated within 10 minutes. Restrooms are disinfected with the KAIVAC System (yellow) using J512 solution. The KAIVAC system is a pressure-washing wet/dry vac that is commonly used to clean restrooms and high traffic areas. J512 is a powerful concentrate that has a dwell time of 10 minutes for COVID-19. The restrooms are sprayed, left to sit for 10 minutes, then wet vacuumed and detailed. After each room is sanitized, the team uses VIREX II 256 cleaning products to hand wipe all high touch points and thoroughly detail the space. Virex II 256 is a powerful disinfectant that is EPA approved for COVID-19.

Greeting & Dismissal Car Seat Safety

Pennsylvania law requires that all children under the age of 8 years must be restrained in an appropriate car seat or booster seat in the back seat of the vehicle. For more information on child passenger safety, please visit the Pennsylvania Department of Transportation website: https://www.penndot.gov/TravelInPA/Safety/TrafficSafetyAndDriverTopics/Pages/Child-Passenger-Safety.aspx.

As the weather turns colder, special consideration must be given to the use of winter coats as the coat can impact the effectiveness of a harness-style car seat. As a result, Children’s School educators will remove a child’s coat prior to buckling the child into a harness-style car seat at dismissal time. During greeting, teachers will also help children to put on coats after removing them from their car seats. As always, Children’s School educators are not permitted to violate the laws set forth by the state. Therefore, they cannot place a child in the front seat of a car or into a car without a car seat or booster seat. While waiting in the greeting and dismissal lines, it is important that everyone in the vehicle – children AND adults - remain buckled into their seat. Please only unbuckle once the vehicle is in park in the unloading area.

Special note to families who are greeted at the Rotunda: Please be sure that your child can easily exit and enter the vehicle on the passenger side of the car directly onto the sidewalk. It is a safety hazard to the adults and children to be in the street, especially during winter months when the roads can be icy.
Fall Parent / Teacher Conferences

The fall conferences are great opportunities for parents and teachers to discuss their views of each child’s development. This year, conferences for parents whose children were enrolled for the 1st quarter are being conducted virtually and are being scheduled during the regular school day so that we do not have to miss any days of school. Specific schedules are being coordinated by each class according to their classroom coverage options, so please watch for an email from your child’s 1st quarter teaching team and be sure to schedule an appointment.

At the Children’s School, our conferences are structured by the developmental objectives that are the focus of our program design.

- Self-Esteem and Independence
- Interaction and Cooperation
- Communication
- Physical Capabilities / Health & Safety
- Discovery and Exploration
- Artistic Expression and Appreciation

Teachers will highlight the progress they have seen in each area at school. We encourage parents to prepare for their child(ren)’s conference(s) by considering the progress they have noted at home, particularly in the context of family discussions of the daily classroom blog updates. One strategy is to identify one adjective to describe your child in each of the areas that will be discussed. Another is to recall one prototypical anecdote for each category. A third is to consider the school activities and events related to each area that your child has discussed with you. Finally, you might specify one goal related to each domain that you would like to see your child achieve during the next six months.

Sharing your views with your child(ren)’s teacher(s) facilitates productive dialogue about how your child is progressing in both home and school environments. It’s always interesting to see the parallels that exist between the two contexts, as well as the distinct differences that are often evident. Parents and teachers will also dialogue about strategies they each can use to support children’s growth.

For the older children, the conference dialogue will help parents to choose the next school for their child so that its program will best match the child and family. When considering schools, be sure to note the birthday cutoff because many children with fall birthdays will need to do a pre-kindergarten year prior to traditional kindergarten. In addition to the conference opportunity, Dr. Carver is available to discuss any questions or concerns you may have about your child’s development or about our program. We are privileged that you have entrusted your children to us and look forward to our continued partnership in their education.

Recommendations for Elementary Schools

Many families are working on school applications for next year. If any require a recommendation from the Children’s School, please obtain a Request for Release of Student Records form from Miss Hancock (lh37@andrew.cmu.edu). Please return the completed form via email along with your request to Miss Hancock. In mid-December, your child’s fall conference report will be sent to the school(s) of your choice.
Second Semester Calendar

We appreciate your patience as we waited for Carnegie Mellon’s plan for the Spring 2021 semester before finalizing our own calendar. You can view the university schedule at https://www.cmu.edu/hub/calendar/docs/2021-academic-calendar.pdf. To allow for both a longer period of restorative vacation for our educators and build the post-holiday travel quarantine into the schedule, we plan to lengthen our winter break to 3 weeks for staff and 4 weeks for children. We will shift one of our typical May weeks of professional development back to January and eliminate spring break, so that we can have our regular length spring semester and align with CMU’s new graduation date. Families will need to complete all high-risk travel by Monday, January 5th in order to start school in person on Tuesday, January 19th.

Here are the details:

**Professional Development for Educators:** January 11th to 15th
  - No School on Monday, January 18th for Martin Luther King Jr. Day

**3rd Quarter:** Tuesday, January 19th to Thursday, March 18th
  - No School on Monday, February 15th for Presidents’ Day

**Spring Quarter Break** on Friday, March 19th

**4th Quarter:** Monday, March 22nd to Thursday, May 20th
  - No School on Friday, April 16th for CMU Carnival

**Kindergarten Graduation / Whole School Celebration** on Friday, May 21st

**Professional Development for Educators:** May 24th to 28th
  - No School on Monday, May 31st for Memorial Day

**June Camp:** Monday, June 7th to Friday, July 2nd

All of these dates are posted on our web calendar, which you can view at https://www.cmu.edu/dietrich/psychology/cs/.

On November 30th, you will receive an email asking about your enrollment preference for January 19th through March 18th. Currently enrolled families will have preference for 3rd quarter enrollment, but families who deferred or chose the remote option may enroll if space becomes available. Families of Preschool 4’s and Kindergartners who deferred can also join the Remote group. Decisions are due by December 7th, but Tuition is not due until January 15, 2021.

### Travel & Visitor Guidance

A quarantine of 14 days is recommended whenever a staff member or child engages in “high-risk” travel or when their family is hosting guests who have engaged in “high risk” travel. Guidance from late July is included at the link below, but the specifics are continually evolving. https://www.cmu.edu/coronavirus/assets/documents/guidance-for-travelers.pdf

We encourage you to contact Dr. Carver to discuss your particular circumstances so that we can partner in assessing the risks and recommending whether quarantine is advisable.
Family Spotlight: Dr. Taylor’s Great Grandson

One of the few fortunate things that 2020 has wrought is the opportunity to send my son, Wyatt Taylor Stevens, to the Children’s School.

My grandmother, Dr. Ann Baldwin Taylor, founded the school more than fifty years ago, and I remember visiting frequently when I was a child, being fascinated by the notion that children could be ‘studied’ and that education was an evolving and creative endeavor for everyone. I remember the Children’s School as a kind of magical laboratory and never wanted to leave. But I didn’t live in Pittsburgh, so I never attended the school. As an adult, I started my family elsewhere, too, so the Children’s School was a bit of a fantasy place and a gold standard that I aspired to for my son as we thought about his education elsewhere.

With no good reason to stay in our small apartment in New York, my husband, Matt, and Wyatt and I (Katie) moved to Pittsburgh over the summer so that Wyatt could go to the Children’s School. It really has been as wonderful as I thought it would be: the thoughtfulness of all the teachers and staff, the tone of communication as we navigate the pandemic crisis together, and the way I see Wyatt’s imagination and abilities developing.

My grandmother - affectionately, “Ma,” - is someone who cares about her own legacy, and I feel that legacy expressed every day now. She was a powerful person with a lot of pride in her work and her people, a professional woman, with a ton of creativity and drive. Her upbringing was modest, growing up in central Pennsylvania, at first having children and fashioning her life around my grandfather, an architect who ultimately taught in CMU’s College of Fine Arts. She worked as a nursery-school teacher and eventually pursued a doctorate in early childhood education, one of the fields that accepted women. Eventually, at the age of 45, she founded a lab school at Carnegie Mellon and served as its director for 25 years (1968-1993). Ma’s willpower was strong. She was the kind of person who was bound to build something someday, by any means necessary. We are so lucky that her legacy is the Children’s School.

A few weeks ago, we got to visit Ma at her senior living center. Wyatt drew pictures for her, and we caught up as well as we could in these strange circumstances. Ma was so pleased to hear about Wyatt’s experience at the Children’s School now, and she is very proud to know he’s there. At right, Wyatt is pictured next to the tree planted on the occasion of the Children’s School’s 50th Anniversary to honor Dr. Ann Baldwin Taylor’s vision.
Children’s Bookstore Online Book Fair

This year, our annual book fair will be held through Children’s Bookstore and will be totally online. The Children’s School will receive 30% of the purchase price of every book purchased by our families between November 23rd and December 6th. This money will be used to buy new books for our library. During the book fair, a list of recommended books will be available for you, and our teachers will provide wish lists of books that can be directly purchased for the school. To access our book fair on the Children’s Bookstore website, please follow this link:

https://www.childrensbookstore.com/welcome/?ref=6FERE9W

Please note that if you purchase books either before or after the book fair dates, the Children’s School will still receive 15% of the purchase price.

More information will be provided as we approach the start of the book fair. If you have any questions, please contact Mrs. Rosenblum at rosenblu@andrew.cmu.edu.

Big Questions for Young Minds

Questions to Ask When Reading to Your Child

Reading books with your child is a great time to support your child’s higher-level thinking. Ask questions before reading the book and after reading the book. Try to avoid asking questions while reading; although, of course, it is fine to answer any questions your child might raise as they occur during the story. Also remember that many children like to revisit favorite stories over and over again.

Some sample “before” questions:
  • What do you think the story will be about?
  • What does the picture on the cover make you think about? How does it make you feel?
  • Do you think this story really happened (non-fiction) or is it pretend (fiction)?

Some sample “after” questions:
  • What was your favorite part of the story?
  • Can you think of a different ending? What would it be?
  • What do you think is going to happen next?
Scholarship Funding Opportunities

Educational Improvement Tax Credit Scholarship Organization (EITC) Opportunity Scholarship Tax Credit Program (OSTC)

The Children’s School participates in the state’s Educational Improvement Tax Credit (EITC) program, as well as the Opportunity Scholarship Tax Credit (OSTC) program. Through EITC (see graphic at right), eligible Pennsylvania businesses can earn tax credits while providing financial assistance for children to attend preschool as well as grades K-12. Through OSTC, eligible Pennsylvania businesses can earn tax credits for contributing funds to provide tuition assistance in the form of scholarships to eligible K-12th grade students residing within the boundaries of a low-achieving school so they can attend another public school outside of their district or a nonpublic school.

In 2019-20, The Children’s School provided the following funding:

**2019-20 Pre-K Educational Improvement Tax Credit Program (PKEITC)**
- 31 children received funding to attend Pre-K programs at 2 approved Preschools in Allegheny County.
  - 13 children attend Crafton Heights Community Preschool.
  - 18 children attend the Children’s School.
- $2,995 was the average amount of scholarship awarded.
- The total amount of scholarship provided was $92,840. However, the requested need for scholarship exceeded $120,000.

**2019-20 Educational Improvement Tax Credit Scholarship Organization (EITCSO)**
- 4 children received funding to attend our full day, licensed, and NAEYC accredited Kindergarten.
- $3,850 was the average amount of scholarship awarded.
- The total amount of scholarship provided was $15,400. This amount was sufficient to meet the needs for this year, but we anticipate a greater need for next year.

**2019-20 Opportunity Scholarship Tax Credit Program (OSTC)**
- 40 children received funding to attend 12 different schools.
  - 39 children in Allegheny County
  - 1 child in Fayette County
- $3,322 was the average amount of scholarship awarded.
- The total amount of scholarship provided was $132,880. This amount was sufficient to meet the needs for this year, but we anticipate a greater need for next year.

If you would like more information or can help us to build a list of prospective businesses, please contact Miss Hancock (lh37@andrew.cmu.edu).
Functional Near InfraRed Spectroscopy (fNIRS)

Professor Marlene Behrman’s research team will begin using functional Near Infrared Spectroscopy (fNIRS) techniques for investigating visual recognition of objects and faces among children whose parents have given permission. This technique has been approved by CMU’s IRB as a minimal risk procedure for use with young children, but the research permission form that families signed for the 2020-2021 school year does not cover its use. Thus, parents had the option to sign a separate consent form for participation in fNIRS studies, and only those children may participate.

fNIRS records brain activity by measuring changes in blood flow in a given region of the brain. Changes in blood flow are measured by emitting infrared light into the scalp and underlying tissues, including the surface of the brain, at a frequency that is primarily absorbed by blood. By detecting the amount of light that is absorbed, we can infer changes in blood flow over the course of a cognitive task. Light is emitted and detected by diodes positioned on the scalp and held in place with a soft cap. The benefit of fNIRS is that it allows the child to sit and move comfortably while doing the task. The near infrared light exposure is comparable to sun exposure MINUS the UV wavelengths. The researchers use health and safety protocols to ensure that the caps are free from lice and that the light never shines in the children’s eyes. Extra precautions are being included in the procedures as COVID risk mitigation, including both researcher and child wearing facial coverings, the researcher also wearing a face shield and gloves, and the researcher staying physically distant from the child after securing the diodes and cap.

Undergraduate Laboratory Courses

Because Dr. Anna Fisher’s Developmental Research Methods students have been learning remotely this fall, they are learning research techniques for analyzing video archive data. At this point in the semester, they are working on final projects of their own design. One team is investigating children’s attention and engagement levels during circle time, so Miss Drash created a video archive of circle time recordings with entries from our Preschool 3’s, Preschool 4’s, PreKindergarten, and Kindergarten classes. In this way, the students can compare the attention and engagement of children based on their age, based on the beginning-middle-end segment of circle time, based on the type of activity (e.g., reading vs. singing), etc. They also aim to determine when the children’s distractions are caused by peers, the environment, or whether they actually distract themselves (e.g., fussing with clothing, wiggling a tooth, etc.).

Looking ahead, neither the Developmental Research Methods nor the Practicum in Child Development courses will be taught in the Spring of 2021. The Principles of Child Development course will be taught but with remote observations, as described in last month’s Research Spotlight.
Director’s Corner: Potential New Paths

The second step in learning *The Art of Possibility*, according to Zander and Zander (2000) is to move beyond the constraints of our world of measurement and “Step into the Universe of Possibility”. At both school and home, excessive focus on assessment, grades, norms, and comparisons creates an emphasis on competition between children, classes, schools, and families as each strives for the highest rank in a system that restricts the label of “success” for the top few. Setting measurement aside opens the possibilities of each one’s potential so that we can imagine what can be. This stance allows us to use the first practice to invent a positive and productive narrative. Zander and Zander suggest that, “We decide that the essence of a child is joy, and joy she is. Our small business attracts the label, ‘The Can-Do Company,’ and that is exactly who we are.” Basically, this practice is about how we think about the people and situations that we encounter. By orienting ourselves to the abundant possibilities, we can risk being cooperative, including everyone, and together being the best we can be.

Our quick pivot to remote learning in March and negotiations for re-opening school in September both required us to imagine a new universe of possibilities well beyond what we had previously considered desirable or even possible. Similarly, both educators and families who responded with openness to the challenges of balancing life and work within the confines of home often created positive new practices to capitalize on their unique family strengths. For a family reading time related to this point, you might enjoy Keith Baker’s children’s book *L, M, N, O, peas*, which is “for pea-ple everywhere – young and old, large and small, green and round.” The book includes an alphabet of characters (all represented by peas) contributing their talents to the world. The acrobats, artists, and astronauts are all valued, as are the quilters and quarterbacks, the scientists, swimmers, and sailors. Both the text and the illustrations emphasize the uniqueness of each pea character, and the book ends with an invitation to consider, “Who are you?” Helping each other identify ourselves as helpers, listeners, friends, explorers, etc. will help each of us live into the possibilities for our unique potential to enrich the family during the pandemic.

The third practice “Give Yourself and Others an A” starts from an affirmation that everyone has potential and focuses on helping each individual to shine. By assigning an A grade at the outset, we can then seek meaningful ways to support each person’s progress. When the inevitable mistakes occur, we seek to learn from them. The authors suggest an initial reaction of, “How fascinating!”, which then prompts positive and proactive problem solving. In this regard, *You Are My I Love You* (MaryAnn Cusimano Love, 2001) highlights the ways that parent and child can view each other’s qualities as valuable contributions along life’s journey, rather than as nuisances, weaknesses or failures. The poetic book starts with, “I am your parent; you are my child. I am your quiet place; you are my wild.” When I became a grandparent, I particularly appreciated the line, “I am your way home; you are my new path.” While supporting my daughter’s choices led me to learning about different lifestyles, foods, and birthing practices, I also found that my willingness to do so enabled her to seek connections with our family traditions going back generations. When parenting challenges you, especially in 2020, try to free yourself from expectations and comparisons so you can take a fresh look at your child and at the situation. Look for the possibilities open to you, be bold in exploring them, and appreciate the resulting growth in both you and your child.
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<td>Online Book Fair through Dec. 6 Visit: <a href="https://www.childrensbookstore.com/welcome/?ref=6FEREBW">https://www.childrensbookstore.com/welcome/?ref=6FEREBW</a></td>
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Children’s School

CMUCHSch@andrew.cmu.edu  www.cmu.edu/dietrich/psychology/cs

412-268-2199
**Fall Semester 2020**

**3-Year-Old Program**
- 8-10 (T-Th) Individual School Visits for 3’s
- 14-17 (M-Th) Phasing-In Days for 3’s
- 21 (M) First Regular Day for 3’s

**4-Year-Old Program**
- 8-11 (T-F) Phasing-In Days for 4’s
- 14 (M) First Regular Day for 4’s

**Pre-Kindergarten Program**
- 8-11 (T-F) Phasing-In Days for Pre-K
- 14 (M) First Regular Day for Pre-K

**Kindergarten Program**
- 8-11 (T-F) Phasing-In Days for K
- 14 (M) First Regular Day for K

**Remote Program**
- 8 (T) Virtual Parent Meeting via Zoom
- 9 (W) All Remote Learning Phasing-In
- 10 (Th) Pre-K Remote Learning Phasing-In
- 11 (F) K Remote Learning Phasing-In
- 14 (M) Regular Remote Learning Begins

**Regular Program**
- 15 (Th) Open House Video Release for Families
- 30 (F) 1st Quarter Ends

**November**
- 8 (T) 3rd Quarter Enrollment Decision Due
- 18 (F) Last Day of Fall Semester - 2nd Quarter Ends

**Winter Vacation for Children: December 19-January 18 (M-M)**

**Spring Semester 2021**

**January**
- 11-15 (M-F) Professional Development for Educators
- 18 (M) MLK Day
- 19 (T) Children return to school 3rd Quarter Begins
- 26 (T) Vision Screening (TENTATIVE)

**February**
- 1-2 (M-T) School Photo Days (TENTATIVE)
- 15 (M) Presidents’ Day
- 22 (M) 4th Quarter Enrollment Decision Due

**March**
- Family Festival To Be Determined
- 18 (Th) 3rd Quarter Ends
- 19 (F) CMU Mid-Semester Break
- 22 (M) 4th Quarter Begins

**April**
- 16 (F) CMU Spring Carnival
- Parent Teacher Conferences To Be Determined

**May**
- 20 (Th) Last Day of Spring Semester for ALL Programs
- 31 (M) Memorial Day

**June Camp: June 7 (M)-July 2 (F)**

**ALL DATES LISTED IN THIS CALENDAR ARE SUBJECT TO CHANGE**
SPREAD THE WORD!

2020 VIRTUAL FOOD DRIVE

November 2 - 16

Two easy ways to donate:
✓ Text to 50155
✓ Enter CMUGives
✓ Add the donation amount of your choice

OR donate through our Giving Link:
www.PittsburghFoodBank.org/CMU

Food is love
Share the love

Greater Pittsburgh community food bank
Carnegie Mellon University
www.cmu.edu/staff-council
Did you know?

In fiscal year 2020, Greater Pittsburgh Community Food Bank assisted the community by:

Distributed nearly **40 million meals** in our 11-county service area.

Provided more than **12 million pounds of healthy produce** to people in need throughout the region.

Engaged more than **6,000 volunteers** who contributed more than **50,600 hours**.

Hosted more than **200 Produce to People distributions**, serving **18 sites** in our region and distributing more than **3.3 million pounds** of food, including **2.9 million pounds** of produce, for the equivalent of more than **2.8 million meals**.

Sponsored food for **42 afterschool program sites** that served more than **134,000 meals** to more than **2,000 kids** as part of the USDA Child & Adult Care Food Program (CACFP).

Working with **dozens of partners**, including sponsoring **73 sites** ourselves, the Food Bank assisted in serving **929,466 meals** during the Summer Food Program 2019 in our region.

Paired **67 local restaurants** with **26 food assistance agencies** through the Community Table program to provide more than **111,600 meals** to people in need.

Worked with **276 retail stores** that donated more than **10.5 million pounds** of food, more than two-thirds of which went directly to our member agencies.

Collected more than **1 million pounds** of fresh, donated food from local and Pennsylvania farms.

Harvested, in the past growing season, nearly **70,000 pounds** of produce that otherwise would have gone to waste during 26 gleaning sessions at local farms.

Collected more than **400,000 pounds of food** from Community Food Drives.

Held **50 drive-up distributions** in response to the COVID-19 pandemic, providing more than **1.9 million pounds of food** to more than **34,000 cars**.

Assisted more than **1,800 people** with submitting SNAP (supplemental nutrition assistance program) applications- formally known as food stamps, resulting in more than **1.8 million meals**.