Action Plan for **STUDENTS** When COVID-19 **SYMPTOMS** Are Identified

If you are experiencing potential COVID-19 symptoms, suspect you have COVID-19, or have had close contact with someone diagnosed with COVID-19, contact University Health Services (UHS) and do not use Tartan Testing. Follow these three simple steps.

1. **Assess & Connect**
   
   After hours non-emergency medical advice can be accessed by calling University Health Services (UHS) at 412-268-2157.

   **UHS** will consult with you to assess your circumstance and determine the next steps based on this assessment, including if you should be tested for COVID-19.

   If you are experiencing a medical emergency, contact 911.

2. **Report**

   If you are probable or confirmed positive for COVID-19, you must report this information to **CHWB** at: [CHWB@andrew.cmu.edu](mailto:CHWB@andrew.cmu.edu).

   If **UHS** is your health care provider, they will assist you in reporting your information to **CHWB**.

   Information regarding your circumstances will only be shared as necessary for the university to safeguard the community and to comply with any applicable laws or government orders.

3. **Care & Support**

   If you have a probable or confirmed COVID-19 case, it is important for you to remain isolated to care for yourself and the community. You will need to be cleared by CMU contact tracers in order to return to on-campus classes, work or activities.

   If you live on campus, you will be provided with housing support to isolate during recovery.

   Clinical care coordination, emotional and academic support will be offered.

   UHS will conduct contact tracing.

   This consists of an interview where you will be required to provide as much information as possible about close contacts (within 6 ft. for more than 15 minutes) in the days preceding your diagnosis.


**DEFINITIONS**

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<thead>
<tr>
<th>Term</th>
<th>Description</th>
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<tbody>
<tr>
<td>CHWB</td>
<td>Community Health and Well-Being</td>
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<tr>
<td>UHS</td>
<td>University Health Services</td>
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<td>Confirmed</td>
<td>A diagnosis confirmed by a positive COVID-19 test conducted by an accredited medical lab.</td>
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<tr>
<td>Probable</td>
<td>An unvaccinated person who is symptomatic after close contact with an individual who has a confirmed COVID-19 diagnosis.</td>
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