



Daily Self-Assessment

As members of the CMU community working to overcome the pandemic, it is vital that we continue to do our part to mitigate the spread of COVID-19.

Taking the daily self-assessment is a quick and easy way for you to ensure the health and well-being of both yourself and the community.

Unvaccinated individuals are required to complete the self-assessment, which includes temperature monitoring every day regardless of whether you are coming to a CMU location that day. Completion of the daily self-assessment is monitored for compliance.

In addition, all faculty, staff and students who are not considered fully vaccinated must complete one asymptomatic COVID-19 test weekly through the Tartan COVID-19 Asymptomatic Testing Program. If you have symptoms or have been exposed to COVID-19, you should not be tested via Tartan Testing and should contact your health care provider. In addition, please report any COVID-19 diagnosis or close contact to Community Health and Well-Being.

Fully vaccinated individuals are not required to complete the daily self-assessment or complete a Tartan Test but may still do so.

* All fields required.

This form is a self-assessment. You are not required to provide the completed form to your host.

Following completion of the assessment, if you answered "Yes" to any of the questions (except for: Do you plan to be on campus today?), please advise your host that you will not be able to come to campus today and contact your healthcare provider for further guidance.

Name* _____ Date* _____

Do you plan to be on campus today?* Yes No

To your knowledge, in the past two weeks, have you had close contact with someone currently diagnosed with COVID-19?*

Yes No

Symptoms

Symptoms (not due to pre-existing conditions or typical for you): Fever, chills, cough, difficulty breathing, sore throat, muscle aches, diarrhea, severe fatigue, nasal congestion, loss of sense of taste/smell

Have you had any of these symptoms in the last 24 hours?* Yes No

When you took your temperature today, was it 100.4 degrees Fahrenheit (38.0 degrees Celsius) or higher?*

Yes No I didn't take my temperature today