

Action Plan for Students when COVID-19 Symptoms Are Identified

If you are experiencing potential COVID-19 symptoms, suspect you have COVID-19, or have had close contact with someone diagnosed with COVID-19, follow these three simple steps. The scope of this process identifies the organizations involved and actions taken to **respond**, **coordinate** and **communicate** accordingly.

1 Assess & Connect

After taking the Daily Self-Assessment Survey, if you answered yes to any of the symptom-related questions, please contact your healthcare provider (**UHS**) at 412-268-2157.

After hours non-emergency medical advice can be accessed by contacting TeamHealth at: 1-844-881-7176 .

UHS will consult with you to assess your circumstance and determine the next steps based on this assessment, including if you should be tested for COVID-19.

If you are experiencing a medical emergency, contact 911.

<https://www.cmu.edu/coronavirus/health-and-wellness/index.html>

2 Report

If you are probable or confirmed positive for COVID-19, you must report this information to **CHWB** at: CHWB@andrew.cmu.edu.

If **UHS** is your healthcare provider, they will assist you in reporting your information to **CHWB**.

Information regarding your circumstances will only be shared as necessary for the university to safeguard the community and to comply with any applicable laws or government orders.

3 Care & Support

If you have a probable or confirmed COVID-19 case, it is important for you to remain isolated to care for yourself and the community. You will need to be cleared by your healthcare provider in order to return to on-campus classes, work or activities.

If you live on campus, you will be provided with housing support to isolate during recovery.

Clinical care coordination, emotional and academic support will be offered.

UHS will conduct contact tracing.

This consists of an interview where you will be required to provide as much information as possible about close contacts (within 6 ft. for more than 15 minutes) in the days preceding your diagnosis.

Those contacts will be notified. Your identity will be protected during this process.

DEFINITIONS

CHWB	Community Health and Well-Being
UHS	University Health Services
Confirmed	A diagnosis confirmed by a positive COVID-19 test conducted by an accredited medical lab.
Probable	Symptomatic after contact with an individual who has a confirmed COVID-19 diagnosis.