Action Plan for STUDENTS When COVID-19 SYMPTOMS Are Identified

If you are experiencing potential COVID-19 symptoms, suspect you have COVID-19, or have had close contact with someone diagnosed with COVID-19, contact University Health Services (UHS) and do not use Tartan Testing. Follow these three simple steps.

1. Assess & Connect

After taking the Daily Self-Assessment Survey, if you answered yes to any of the symptom-related questions, please contact your health care provider or UHS at 412-268-2157. Do not use Tartan Testing, which is for asymptomatic individuals.

After hours non-emergency medical advice can be accessed by contacting TeamHealth at: 1-844-881-7176.

UHS will consult with you to assess your circumstance and determine the next steps based on this assessment, including if you should be tested for COVID-19.

If you are experiencing a medical emergency, contact 911.

https://www.cmu.edu/coronavirus/health-and-wellness/index.html

2. Report

If you are probable or confirmed positive for COVID-19, you must report this information to CHWB at: CHWB@andrew.cmu.edu.

If UHS is your health care provider, they will assist you in reporting your information to CHWB.

Information regarding your circumstances will only be shared as necessary for the university to safeguard the community and to comply with any applicable laws or government orders.

3. Care & Support

If you have a probable or confirmed COVID-19 case, it is important for you to remain isolated to care for yourself and the community. You will need to be cleared by your health care provider in order to return to on-campus classes, work, or activities.

If you live on campus, you will be provided with housing support to isolate during recovery.

Clinical care coordination, emotional and academic support will be offered.

UHS will conduct contact tracing.

This consists of an interview where you will be required to provide as much information as possible about close contacts (within 6 ft. for more than 15 minutes) in the days preceding your diagnosis.

Those contacts will be notified. Your identity will be protected during this process.

---

**DEFINITIONS**

<table>
<thead>
<tr>
<th>CHWB</th>
<th>Community Health and Well-Being</th>
</tr>
</thead>
<tbody>
<tr>
<td>UHS</td>
<td>University Health Services</td>
</tr>
<tr>
<td>Confirmed</td>
<td>A diagnosis confirmed by a positive COVID-19 test conducted by an accredited medical lab.</td>
</tr>
<tr>
<td>Probable</td>
<td>Symptomatic after contact with an individual who has a confirmed COVID-19 diagnosis.</td>
</tr>
</tbody>
</table>