CMU COVID-19 BEHAVIORS
Writing and Identity System
COVID-19 BEHAVIORS
WRITING AND IDENTENTITY SYSTEM

STUDENTS

A Tartan’s Responsibility

Minimize the introduction of COVID-19
• Self-quarantine in your residence hall or in the Pittsburgh area for at least 14 days prior to coming on campus (if you are arriving from outside Southwestern Pennsylvania)
• Monitor your health for COVID-19 symptoms throughout that period
• Complete pre-arrival safety and prevention training

Prevent the spread of COVID-19
• Maintain required physical distance
• Wear facial coverings
• Limit the size of gatherings
• Practice good hygiene
• Limit non-essential travel and follow the university’s directions regarding travel outside the region
• Adhere to other governmental and university requirements

Contribute to the identification of COVID-19
• Complete the daily self-assessment survey
• Comply with required testing protocols
• Respond to contact tracing and other related requests as necessary
• Receive a seasonal flu vaccine

Support the containment of COVID-19
• Report quickly to University Health Services and follow their guidance when experiencing symptoms or when you believe that you may have been exposed to the virus

FACULTY/STAFF

Minimum Requirements
Anyone who is sick must stay home
Facial coverings
Daily symptom self-assessment
Physical distancing
Hand-washing
Limit in-person meetings
Enhanced sanitation and disinfection

All

4 Behaviors
(Always in this order)
• Daily self-assessment
• Physical distancing
• Facial covering
• Hand-washing

Additional Focus
• Stay home if you are sick
• Meet virtually when possible
• Sanitize surfaces
### 4 Behaviors
(Always in this order)

<table>
<thead>
<tr>
<th>Short Phrase</th>
<th>Medium Phrase</th>
<th>Icon - Line</th>
<th>Icon - Solid</th>
<th>Icon - Options</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Self-assess daily</strong></td>
<td>Complete your self-assessment survey every morning before beginning your day</td>
<td><img src="image" alt="Hand" /></td>
<td><img src="image" alt="Face" /></td>
<td><img src="image" alt="Variations" /></td>
</tr>
<tr>
<td><strong>Keep 6 feet apart</strong></td>
<td>Maintain at least 6 feet (2 meters) between you and others</td>
<td><img src="image" alt="6 Feet" /></td>
<td><img src="image" alt="6 Feet" /></td>
<td><img src="image" alt="Variations" /></td>
</tr>
<tr>
<td><strong>Wear a facial covering</strong></td>
<td>Everyone on campus must wear a facial covering</td>
<td><img src="image" alt="Facial Covering" /></td>
<td><img src="image" alt="Facial Covering" /></td>
<td><img src="image" alt="Variations" /></td>
</tr>
<tr>
<td><strong>Wash your hands</strong></td>
<td>Wash your hands with soap and hot water for 20 seconds</td>
<td><img src="image" alt="Wash Hands" /></td>
<td><img src="image" alt="Wash Hands" /></td>
<td><img src="image" alt="Variations" /></td>
</tr>
</tbody>
</table>

### Additional Focus

- **Stay home if you are sick**
  - Do you have a fever, cough, shortness of breath, loss of taste/smell, or any other COVID-19 symptoms?
  - Have you had close contact with a person who may have COVID-19?
  - If you answered YES to ANY of these, DO NOT come on site. PLEASE GO HOME and contact your health care provider.

- **Meet virtually when possible**
  - In-person gatherings or meetings are strongly discouraged

- **Sanitize surfaces**
  - Use sanitizer to disinfect all surfaces that you touch

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Note:
Addition variations with female in face coverings and males with thermometer are being developed.

Use a variety in your materials.