

1. How often do you repeat the same job tasks over and over, using the same procedures or equipment?

- (1) Every day
- (2) Not every day, but most days
- (3) A few days a week
- (4) Several days a month
- (5) Hardly ever, I usually do something different every day

2. How often are you the one who decides when you will work fast and when you will take it easy?

- (1) Every day
- (2) Not every day, but most days
- (3) A few days a week
- (4) Several days a month
- (5) Hardly ever

3. How often are you the one who decides on the best way to get your particular job done?

- (1) Every day
- (2) Not every day, but most days
- (3) A few days a week
- (4) Several days a month
- (5) Hardly ever

4. How often are you the one who determines how much work you will do?

- (1) Every day
- (2) Not every day, but most days
- (3) A few days a week
- (4) Several days a month
- (5) Hardly ever

5. How much work do you have on the job?

- (1) A great deal
- (2) Some
- (3) A little
- (4) Hardly any

6. How frequently during the average workday do you find yourself with little to do?

- (1) Almost the entire time I am on the job
- (2) Not the whole time, but most of the time
- (3) About half the time
- (4) Less than half the time
- (5) Hardly ever

7. How frequently during the average workday does your job require you to work very fast?

- (1) Almost the entire time I am on the job
- (2) Not the whole time, but most of the time
- (3) About half the time
- (4) Less than half the time
- (5) Hardly ever

8. How often does your job let you use the skills and knowledge you learned in school?

- (1) Very often
- (2) Fairly often
- (3) Sometimes
- (4) Rarely

9. On the job, how often are you given a chance to do the things you do best?

- (1) Very often
- (2) Fairly often
- (3) Sometimes
- (4) Rarely