INSTRUCTIONS:

This scale is made up of a list of statements each of which may or may not be true about you. For each statement place an “X” over the circle indicating how true that statement is about you.

“People think of me as someone…”

1. …who would accompany them on a trip for a day (for example, to the country or mountains).

2. …who they could share their most private worries and fears with.

3. …who would help them with their daily chores if they became ill.

4. …who they could turn to for advice about handling problems with family members.

5. …who they could go to a movie with on short notice.

6. …who could suggest how to deal with a personal problem.

7. …who they could go to ball games, concerts or plays with.

8. …who would look after their house or apartment (the plants, pets, garden, etc.).

9. …to go out to lunch with.

10. …who would give them a ride if they were stranded 10 miles from home.

11. …who could give good advice about how to handle a family crisis.

12. …who would help in moving to a new house or apartment.