

**INSTRUCTIONS:**

*We would like you to estimate the amount of time you typically spend alone with your spouse/partner (referred to as SP below) during the day. We would like you to make these time estimates by breaking the day into morning, afternoon, and evening, although you should interpret each of these time periods in terms of your own typical daily schedule. (For example, if you work a night shift, "morning" may actually reflect time in the afternoon, but is nevertheless time immediately after waking.) Think back over the past week and write in the average amount of time, per day, that you spent alone with your SP, with no one else around, during each time period. If you did not spend any time with SP in some time periods, write 0 hour(s) and 0 minutes.*

**1. DURING THE PAST WEEK, what is the average amount of time per day that you spent alone with SP in the MORNING (e.g. between the time you wake up and 12 noon)?**

\_\_\_\_\_hour(s) \_\_\_\_\_ minutes

**2. DURING THE PAST WEEK, what is the average amount of time per day that you spent alone with SP in the AFTERNOON (e.g. between 12 noon and 6 PM)?**

\_\_\_\_\_hour(s) \_\_\_\_\_ minutes

**3. DURING THE PAST WEEK, what is the average amount of time per day that you spent alone with SP in the EVENING (e.g. between 6 PM and bedtime)?**

\_\_\_\_\_hour(s) \_\_\_\_\_ minutes

**Compared with the "normal" amount of time you usually spend alone with SP, how typical was the past week? (Check one.)**

\_\_\_\_\_ typical \_\_\_\_\_ not typical.... if so, why? (please explain below)

**INSTRUCTIONS:**

***The following is a list of different activities that people may engage in over the course of one week. For each of the activities listed, please check all of those that you have engaged in alone with SP in the past week. Check only those activities that were done alone with SP and not done with SP in the presence of others.***

***In the past week, I did the following activities alone with SP: (Check all that apply.)***

- |   |   |
|---|---|
| <input type="checkbox"/> did laundry                                  | <input type="checkbox"/> talked on the phone  |
| <input type="checkbox"/> prepared a meal                              | <input type="checkbox"/> went to a movie  |
| <input type="checkbox"/> watched TV                                   | <input type="checkbox"/> ate a meal   |
| <input type="checkbox"/> went to an auction/antique show              | <input type="checkbox"/> participated in a sporting activity                          |
| <input type="checkbox"/> attended a non-class lecture or presentation | <input type="checkbox"/> outdoor recreation (e.g., sailing)                           |
| <input type="checkbox"/> went to a restaurant                         | <input type="checkbox"/> went to a play   |
| <input type="checkbox"/> went to a grocery store                      | <input type="checkbox"/> went to a bar  |
| <input type="checkbox"/> went for a walk/drive                        | <input type="checkbox"/> visited family   |
| <input type="checkbox"/> discussed things of a personal nature        | <input type="checkbox"/> visited friends  |
| <input type="checkbox"/> went to a museum/art show                    | <input type="checkbox"/> went to a department, book, hardware store, etc.             |
| <input type="checkbox"/> planned a party/social event                 | <input type="checkbox"/> played cards/board game                                      |
| <input type="checkbox"/> attended class                               | <input type="checkbox"/> attended a sporting event                                    |
| <input type="checkbox"/> went on a trip (e.g., vacation or weekend)   | <input type="checkbox"/> exercised (e.g., jogging, aerobics)                          |
| <input type="checkbox"/> cleaned house/apartment                      | <input type="checkbox"/> went on an outing (e.g. picnic, beach, zoo, winter carnival) |
| <input type="checkbox"/> went to church/religious function            | <input type="checkbox"/> wilderness activity (e.g., hunting, hiking, fishing)         |
| <input type="checkbox"/> worked on homework                           | <input type="checkbox"/> went to a concert  |
| <input type="checkbox"/> engaged in sexual relations                  | <input type="checkbox"/> went dancing   |
| <input type="checkbox"/> discussed things of a non-personal nature    | <input type="checkbox"/> went to a party  |
| <input type="checkbox"/> went to a clothing store                     | <input type="checkbox"/> played music/sang  |

**INSTRUCTIONS:**

*The following questions concern the amount of influence SP has on your thoughts, feelings, and behavior. Using the 7-point scale below, please indicate the extent to which you agree or disagree with each statement by placing an "X" over the appropriate circle.*

	I strongly disagree 1	2	3	4	5	6	I strongly agree 7
<b>1. SP will influence my future financial security.</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<b>2. SP does <u>not</u> influence everyday things in my life.</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<b>3. SP influences important things in my life.</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<b>4. SP influences which parties and other social events I attend.</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<b>5. SP influences the extent to which I accept responsibilities in our relationship.</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<b>6. SP does <u>not</u> influence how much time I spend doing household work.</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<b>7. SP does <u>not</u> influence how I choose to spend my money.</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<b>8. SP influences the way I feel about myself.</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<b>9. SP does <u>not</u> influence my moods.</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<b>10. SP influences the basic values that I hold.</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<b>11. SP does <u>not</u> influence the opinions that I have of other important people in my life.</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<b>12. SP does <u>not</u> influence when I see, and the amount of time I spend with, my family.</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<b>13. SP influences when I see, and the amount of time I spend with, my friends.</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<b>14. SP does <u>not</u> influence which of my friends I see.</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

	I strongly disagree 1	2	3	4	5	6	I strongly agree 7
15. SP does <u>not</u> influence the type of career I have/will have.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
16. SP influences or will influence how much time I devote to my career.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
17. SP does <u>not</u> influence my chances of getting a good job in the future.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
18. SP influences the way I feel about the future.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
19. SP does <u>not</u> have the capacity to influence how I act in various situations.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
20. SP influences and contributes to my overall happiness.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
21. SP does <u>not</u> influence my present financial security.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
22. SP influences how I spend my free time.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
23. SP influences when I see SP and the amount of time the two of us spend together.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
24. SP does <u>not</u> influence how I dress.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
25. SP influences how I decorate my home (e.g. dorm room, apartment, house).	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
26. SP does <u>not</u> influence where I live.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
27. SP influences what I watch on T.V.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

**INSTRUCTIONS:**

*Now we would like you to tell us how much SP affects your future plans and goals. Using the 7-point scale below, please indicate the degree to which your future plans and goals are affected by SP by placing an "X" over the appropriate circle for each item. If an area does not apply to you (e.g. you have no plans or goals in that area), put an "X" over the circle for "1" (not at all).*

	not at all 1	2	3	4	5	6	a great extent 7
<b>1. my vacation plans</b>	<input type="radio"/>						
<b>2. my plans to have children</b>	<input type="radio"/>						
<b>3. my plans to make <u>major</u> investments (house, car, etc.)</b>	<input type="radio"/>						
<b>4. my plans to join a club, social organization, church, etc.</b>	<input type="radio"/>						
<b>5. my school-related plans</b>	<input type="radio"/>						
<b>6. my plans for achieving a particular financial standard of living</b>	<input type="radio"/>						