INSTRUCTIONS:

Please place an "X' over the circle that represents your answer to each of the following questions.

1. To what extent do you try to change things about your spouse that bother you (e.g., behavior, attitudes)?
   - Not very much: O  O  O  O  O
   - Very much:  

2. When you and your spouse argue, to what extent are the problems or arguments serious?
   - Not very much: O  O  O  O  O
   - Very much:  

3. To what extent do you communicate negative feelings toward your spouse (e.g., anger, dissatisfaction, frustration)?
   - Not very much: O  O  O  O  O
   - Very much:  

4. How often do you and your spouse argue with each other?
   - Not very often: O  O  O  O  O
   - Very often:  

5. How often do you feel angry or resentful toward your spouse?
   - Not very often: O  O  O  O  O
   - Very often:  