

**INSTRUCTIONS:**

*Please place an "X" over the circle that represents your answer to each of the following questions.*

|   | Not very<br>much<br>1 | 2                     | 3                     | 4                     | Very<br>much<br>5     |
|---|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| 1. <i>To what extent do you try to change things about your spouse that bother you (e.g., behavior, attitudes)?</i>           | <input type="radio"/> |
| 2. <i>When you and your spouse argue, to what extent are the problems or arguments serious?</i>                               | <input type="radio"/> |
| 3. <i>To what extent do you communicate negative feelings toward your spouse (e.g., anger, dissatisfaction, frustration)?</i> | <input type="radio"/> |

|  | Not very<br>often<br>1 | 2                     | 3                     | 4                     | Very<br>often<br>5    |
|--|------------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| 4. <i>How often do you and your spouse argue with each other?</i>      | <input type="radio"/>  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 5. <i>How often do you feel angry or resentful toward your spouse?</i> | <input type="radio"/>  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |