

**The following questions are about your eating habits**

**How often do you eat breakfast?** (circle number)

- 0 = didn't do this at all during the past year
- 1 = did this occasionally, but less than once a month
- 2 = did this once a month or more
- 3 = did this once a week or more
- 4 = did this daily or almost daily

**How often do you eat between meals?** (circle number)

- 0 = didn't do this at all during the past year
- 1 = did this occasionally, but less than once a month
- 2 = did this once a month or more
- 3 = did this once a week or more
- 4 = did this daily or almost daily

**How often do you take vitamin supplements?** (circle number)

- 0 = never or occasionally (less than once a month)
- 1 = about once a week
- 2 = about two or three times a week
- 3 = about once a day
- 4 = more than once a day

**How often do you eat fruit (for example, apple, pear, orange, peach, nectarines, strawberries, melons) or drink fruit juice (for example, orange juice, grapefruit juice)?** (circle number)

- 0 = never or occasionally (less than once a week)
- 1 = about once a week
- 2 = about two or three times a week
- 3 = about four or five times a week
- 4 = about once a day
- 5 = more than once a day

**How often do you eat green or yellow vegetables (for example, green salad, lettuce, broccoli, asparagus, cabbage, corn, spinach, carrots)?** (circle number)

- 0 = never or occasionally (less than once a week)
- 1 = about once a week
- 2 = about two or three times a week
- 3 = about four or five times a week
- 4 = about once a day
- 5 = more than once a day