



**Pittsburgh Cold Study 2**  
1997-2001

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**Code Book**

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## Introduction

Pittsburgh Cold Study 2 (PCS2) was a prospective viral challenge study conducted from 1997-2001 among healthy volunteers ages 18-54 (mean 28.9; SD 10.4). This study focused on the role of childhood socioeconomic status (SES) and personality (Big 5) in common cold susceptibility. Measures of childhood SES included retrospective reports of parental education and parental home ownership during participants' childhood and adolescence. PCS2 also included objective measures of current adult SES and of participants' subjective perceptions of their SES relative to others in their community and in the United States more generally (MacArthur Ladder). Other psychosocial assessments included self-report questionnaire measures of psychological well-being, social integration, social support, reactive responding, and trait affect, as well as the Life Events and Difficulties Schedule (LEDS)—an intensive interview measure of life stress. In addition to these retrospective measures, PCS2 also included interview assessments of daily social interactions (number of interactions, time spent interacting, individual(s) involved, supportiveness, conflict) and mood for 3 nights a week over a period of two weeks. Health practices were assessed, as were epinephrine, norepinephrine, and cortisol. In addition to standard virology, local (nasal secretions) cytokines—including interleukin (IL)-1, IL-6, and IL-8, were assessed on each day in quarantine following challenge with the study virus.

Participants were 159 men and 175 women from the Pittsburgh, Pennsylvania metropolitan area who responded to newspaper advertisements and were judged to be in good health after a medical examination. At baseline, participants completed a telephone screening followed by an in-person health evaluation by study physicians to assess study eligibility. After completing baseline psychosocial questionnaires and biological assessments, participants were administered nasal drops containing either rhinovirus 39 (RV39; n=228) or RV23 (n=106). They were then followed in quarantine for 5 days and monitored for development of infection and objective signs of illness (see viral challenge timeline below). Approximately 28 days after virus exposure, blood was collected for serological testing. Volunteers were considered to have a cold if they both were infected with the challenge virus and met illness criteria. All individuals who completed the study received \$800 for their participation.

## How to Use this Document

The present document is divided into eight sections, with each representing a category of variable. These are the same measurement categories that appear on the Common Cold Project (CCP) website ([www.cmu.edu/common-cold-project](http://www.cmu.edu/common-cold-project)). To find descriptive information for a given set of variables, move your cursor over the page number corresponding to the variable category of interest, and click when the pointer appears. Doing so will bring you to a table that includes the following information for all variables comprising that category:

- Variable name (or Var Name)
- Variable label
- Value labels (or Values)
- Formula

Identical information is included in the SPSS data files, when opened to variable view.

With limited exception, most variables are numeric. String variables can be identified by the suffix “\_str” which appears at the end of the variable name. All missing data are represented by empty cells.

Value labels are provided for categorical and dichotomous variables. Variables with labeled values are indicated by blue shading of the cells in the Value Labels column, with the values themselves appearing in a separate table. The table can be accessed by clicking on the value label code corresponding to the variable of interest.

Formulas are provided for created variables. All variables were created in SPSS, thus any function terms appearing in the formula are consistent with SPSS analysis language. Most functions are self-explanatory, but the following information may be helpful for individuals who are unfamiliar with SPSS.

| Function Term  | Explanation  |
|----------------|--|
| mean.x         | Used when an average of several variables is being computed, but only X (where X is less than the total number of variables included in the computation) need be non-missing.  |
| sum.x          | Same as above, but with component variables being summed rather than averaged.   |
| count          | Used to count the number of time a specified value appears within a set of variables. The value to be counted is identified in parenthesis at the end of the list of variables. The value can be either a single number (1) or a range (1 thru highest). |
| lt, le, gt, ge | Less than; less than or equal to; greater than; greater than or equal to   |
| datediff       | Used to compute the temporal difference between two date or time variables. Arguments are listed in parenthesis, with the earlier of the two times appearing first; desired time increment (hours, months, days, etc.) is listed after the arguments.    |

If a formula for a given variable includes reference to another variable from another category, a link is provided, which can be accessed by clicking on the indicated variable.

**INFECTION & COLDS**

| VARIABLE NAME   | VARIABLE LABEL                                   | VALUES  | FORMULA   |
|-----------------|--|---------|---|
| subj_id         | subject ID                                       |         |   |
| study.id        | Cold Study ID                                    | STUDYID |   |
| INFCOLD         | ***ASSESSMENT OF INFECTION & COLDS***            |         |   |
| pcs2.virus      | challenge virus                                  | VIRUS2  |   |
| pre_ab          | pre-challenge serum viral-specific Ab titer      | Ab      |   |
| post_ab         | Post serum viral-specific Ab titer               | Ab      |   |
| seroconv        | Seroconversion based on pre_ab -> post_ab        | SERO    | if post_ab ge 4*(pre_ab) then seroconv = 1; if post_ab lt 4*(pre_ab) then seroconv = 0  |
| q0.nasclr       | Pre-challenge (Day 0) nasal clearance time (min) |         |   |
| q1.nasclr       | Post Day 1 nasal clearance time (min)            |         |   |
| q2.nasclr       | Post Day 2 nasal clearance time (min)            |         |   |
| q3.nasclr       | Post Day 3 nasal clearance time (min)            |         |   |
| q4.nasclr       | Post Day 4 nasal clearance time (min)            |         |   |
| q5.nasclr       | Post Day 5 nasal clearance time (min)            |         |   |
| q0.mucwt        | Pre-challenge (Day 0) mucus weight (g)           |         |   |
| q1.mucwt        | Post Day 1 mucus weight (g)                      |         |   |
| q2.mucwt        | Post Day 2 mucus weight (g)                      |         |   |
| q3.mucwt        | Post Day 3 mucus weight (g)                      |         |   |
| q4.mucwt        | Post Day 4 mucus weight (g)                      |         |   |
| q5.mucwt        | Post Day 5 mucus weight (g)                      |         |   |
| q1.mcwt_adj     | Post Day 1 mucus weight (g) - adjusted           |         | q1.mcwt_adj = q1.mcwt - q0.mcwt (repeated for all 5 post-challenge values)<br><br>NOTE: if q1.mcwt - q0.mcwt lt 0, q1.mcwt_adj = 0.             |
| q2.mcwt_adj     | Post Day 2 mucus weight (g) - adjusted           |         |   |
| q3.mcwt_adj     | Post Day 3 mucus weight (g) - adjusted           |         |   |
| q4.mcwt_adj     | Post Day 4 mucus weight (g) - adjusted           |         |   |
| q5.mcwt_adj     | Post Day 5 mucus weight (g) - adjusted           |         |   |
| post.mucwt_tot  | Total Adjusted Post Mucus Weight (g)             |         | post.mucwt_tot = sum(q1.mcwt_adj to q5mcwt_adj)   |
| q1.nasclr_adj   | Post Day 1 nasal clearance (min) - adjusted      |         | q1.nasclr_adj = q1.nasclr - q0.nasclr (repeated for all 5 post-challenge values)<br><br>NOTE: if q1.nasclr - q0.nasclr lt 0, q1.nasclr_adj = 0. |
| q2.nasclr_adj   | Post Day 2 nasal clearance (min) - adjusted      |         |   |
| q3.nasclr_adj   | Post Day 3 nasal clearance (min) - adjusted      |         |   |
| q4.nasclr_adj   | Post Day 4 nasal clearance (min) - adjusted      |         |   |
| q5.nasclr_adj   | Post Day 5 nasal clearance (min) - adjusted      |         |   |
| post.nasclr_avg | Avg Adjusted Post Nasal Clearance Time (min)     |         | post.nasclr_avg = mean(q1.nasclr_adj to q5nasclr_adj)   |

**INFECTION & COLDS**

| VARIABLE NAME | VARIABLE LABEL                                  | VALUES  | FORMULA  |
|---------------|---|---------|--|
| post.infected | Meets criteria for infection?                   | YES/NO  | if (seroconv = 1 or post.shedany = 1) post.infected = 1;<br>if (seroconv = 0 and post.shedany = 0) post.infected = 0.  |
|               |   |         |  |
| post.objcold  | Meets objective criteria for cold?              | YES/NO  | if (post.infected = 1) and (post.mucwt_adj ≥10 or post.nasclr_adj ≥7) post.objcold = 1;<br>if (post.infected = 0) or (post.mucwt_adj <10 and post.nasclr_adj <7) post.objcold = 0. |
|               |   |         |  |
| q0.shed       | Pre-challenge (Day 0) virus shedding            | YES/NO  |  |
| q1.shed       | Post Day 1 virus shedding                       |         |  |
| q2.shed       | Post Day 2 virus shedding                       |         |  |
| q3.shed       | Post Day 3 virus shedding                       |         |  |
| q4.shed       | Post Day 4 virus shedding                       |         |  |
| q5.shed       | Post Day 5 virus shedding                       |         |  |
| post.sheddays | Total Post days shed virus                      |         | post.sheddays = sum.5(q1.shed, q2.shed, q3.shed, q4.shed, q5.shed).  |
| post.shedany  | Any Post virus shedding?                        | YES/NO  | if sum(q1.shed to q5.shed) ≥1, post.shedany=1; if sum(q1.shed to q5.shed)=0, post.shedany=0  |
| symp          | *****SELF-REPORTED COLD SYMPS*****              |         |  |
| q_1.nascon    | Pre-challenge (Day -1) nasal congest            | SYMPSEV |  |
| q0.nascon     | Pre-challenge (Day 0) nasal congest             |         |  |
| q01.nascon    | Pre-challenge nasal congest (Avg Day -1, Day 0) |         | q01.nascon = mean(q_1.nascon, q0.nascon)   |
| q1.nascon     | Post Day 1 nasal congest                        |         |  |
| q2.nascon     | Post Day 2 nasal congest                        |         |  |
| q3.nascon     | Post Day 3 nasal congest                        |         |  |
| q4.nascon     | Post Day 4 nasal congest                        |         |  |
| q5.nascon     | Post Day 5 nasal congest                        |         |  |
| q_1.sneez     | Pre-challenge (Day -1) sneezing                 | SYMPSEV |  |
| q0.sneez      | Pre-challenge (Day 0) sneezing                  |         |  |
| q01.sneez     | Pre-challenge sneezing (Avg Day -1, Day 0)      |         | q01.sneez = mean(q_1.sneez, q0.sneez)  |
| q1.sneez      | Post Day 1 sneezing                             |         |  |
| q2.sneez      | Post Day 2 sneezing                             |         |  |
| q3.sneez      | Post Day 3 sneezing                             |         |  |
| q4.sneez      | Post Day 4 sneezing                             |         |  |
| q5.sneez      | Post Day 5 sneezing                             |         |  |
| q_1.runno     | Pre-challenge (Day -1) runny nose               | SYMPSEV |  |

**INFECTION & COLDS**

| VARIABLE NAME | VARIABLE LABEL                                | VALUES                  | FORMULA                               |
|---------------|---|-------------------------|---------------------------------------|
| q0.runno      | Pre-challenge (Day 0) runny nose              |                         |                                       |
| q01.runno     | Pre-challenge runny nose (Avg Day -1, Day 0)  |                         | q01.runno = mean(q_1.runno, q0.runno) |
| q1.runno      | Post Day 1 runny nose                         |                         |                                       |
| q2.runno      | Post Day 2 runny nose                         |                         |                                       |
| q3.runno      | Post Day 3 runny nose                         |                         |                                       |
| q4.runno      | Post Day 4 runny nose                         |                         |                                       |
| q5.runno      | Post Day 5 runny nose                         |                         |                                       |
| q_1.srthr     | Pre-challenge (Day -1) sore throat            | <a href="#">SYMPSEV</a> |                                       |
| q0.srthr      | Pre-challenge (Day 0) sore throat             |                         |                                       |
| q01.srthr     | Pre-challenge sore throat (Avg Day -1, Day 0) |                         | q01.srthr = mean(q_1.srthr, q0.srthr) |
| q1.srthr      | Post Day 1 sore throat                        |                         |                                       |
| q2.srthr      | Post Day 2 sore throat                        |                         |                                       |
| q3.srthr      | Post Day 3 sore throat                        |                         |                                       |
| q4.srthr      | Post Day 4 sore throat                        |                         |                                       |
| q5.srthr      | Post Day 5 sore throat                        |                         |                                       |
| q_1.cough     | Pre-challenge (Day -1) cough                  | <a href="#">SYMPSEV</a> |                                       |
| q0.cough      | Pre-challenge (Day 0) cough                   |                         |                                       |
| q0.cough      | Pre-challenge cough (Avg Day -1, Day 0)       |                         | q01.cough = mean(q_1.cough, q0.cough) |
| q1.cough      | Post Day 1 cough                              |                         |                                       |
| q2.cough      | Post Day 2 cough                              |                         |                                       |
| q3.cough      | Post Day 3 cough                              |                         |                                       |
| q4.cough      | Post Day 4 cough                              |                         |                                       |
| q5.cough      | Post Day 5 cough                              |                         |                                       |
| q_1.hdach     | Pre-challenge (Day -1) headache               | <a href="#">SYMPSEV</a> |                                       |
| q0.hdach      | Pre-challenge (Day 0) headache                |                         |                                       |
| q01.hdach     | Pre-challenge headache (Avg Day -1, Day 0)    |                         | q01.hdach= mean(q_1.hdach, q0.hdach)  |
| q1.hdach      | Post Day 1 headache                           |                         |                                       |
| q2.hdach      | Post Day 2 headache                           |                         |                                       |
| q3.hdach      | Post Day 3 headache                           |                         |                                       |
| q4.hdach      | Post Day 4 headache                           |                         |                                       |

**INFECTION & COLDS**

| VARIABLE NAME  | VARIABLE LABEL                               | VALUES                  | FORMULA                                  |
|----------------|--|-------------------------|--|
| q5.hdach       | Post Day 5 headache                          |                         |  |
| q_1.chill      | Pre-challenge (Day -1) chills                | <a href="#">SYMPSEV</a> |  |
| q0.chill       | Pre-challenge (Day 0) chills                 |                         |  |
| q01.chill      | Pre-challenge chills (Avg Day -1, Day 0)     |                         | q01.chill = mean(q_1.chill, q0.chill)    |
| q1.chill       | Post Day 1 chills                            |                         |  |
| q2.chill       | Post Day 2 chills                            |                         |  |
| q3.chill       | Post Day 3 chills                            |                         |  |
| q4.chill       | Post Day 4 chills                            |                         |  |
| q5.chill       | Post Day 5 chills                            |                         |  |
| q_1.malais     | Pre-challenge (Day -1) malaise               | <a href="#">SYMPSEV</a> |  |
| q0.malais      | Pre-challenge (Day 0) malaise                |                         |  |
| q01.malais     | Pre-challenge malaise (Avg Day -1, Day 0)    |                         | q01.malais = mean(q_1.malais, q0.malais) |
| q1.malais      | Post Day 1 malaise                           |                         |  |
| q2.malais      | Post Day 2 malaise                           |                         |  |
| q3.malais      | Post Day 3 malaise                           |                         |  |
| q4.malais      | Post Day 4 malaise                           |                         |  |
| q5.malais      | Post Day 5 malaise                           |                         |  |
| q_1.cold       | Pre-challenge (Day -1) Have a cold or flu?   | <a href="#">YES/NO</a>  |  |
| q0.cold        | Pre-challenge (Day 0) Have a cold or flu?    |                         |  |
| q1.cold        | Post Day 1 Have a cold or flu?               |                         |  |
| q2.cold        | Post Day 2 Have a cold or flu?               |                         |  |
| q3.cold        | Post Day 3 Have a cold or flu?               |                         |  |
| q4.cold        | Post Day 4 Have a cold or flu?               |                         |  |
| q5.cold        | Post Day 5 Have a cold or flu?               |                         |  |
| generalillness | *****GENERAL ILLNESS SYMPS*****              |                         |  |
| q_1.dizzy      | Pre-challenge (Day -1) dizziness             | <a href="#">SYMPSEV</a> |  |
| q0.dizzy       | Pre-challenge (Day 0) dizziness              |                         |  |
| q01.dizzy      | Pre-challenge dizziness (avg. Day -1, Day 0) |                         | q01.dizzy = mean(q_1.dizzy, q0.dizzy)    |
| q1.dizzy       | Post Day 1 dizziness                         |                         |  |
| q2.dizzy       | Post Day 2 dizziness                         |                         |  |
| q3.dizzy       | Post Day 3 dizziness                         |                         |  |
| q4.dizzy       | Post Day 4 dizziness                         |                         |  |
| q5.dizzy       | Post Day 5 dizziness                         |                         |  |

**INFECTION & COLDS**

| VARIABLE NAME | VARIABLE LABEL                                 | VALUES                  | FORMULA   |
|---------------|--|-------------------------|---|
| q_1.bckach    | Pre-challenge (Day -1) backache                | <a href="#">SYMPSEV</a> |   |
| q0.bkach      | Pre-challenge (Day 0) backache                 |                         |   |
| q0.bkach      | Pre-challenge backache (avg. Day -1, Day 0)    |                         | q01.bkach = mean(q_1.bkach, q0.bkach)   |
| q1.bkach      | Post-challenge Day 1 backache                  |                         |   |
| q2.bkach      | Post-challenge Day 2 backache                  |                         |   |
| q3.bkach      | Post-challenge Day 3 backache                  |                         |   |
| q4.bkach      | Post-challenge Day 4 backache                  |                         |   |
| q5.bkach      | Post-challenge Day 5 backache                  |                         |   |
| q_1.faint     | Pre-challenge (Day -1) faintness               | <a href="#">SYMPSEV</a> |   |
| q0.faint      | Pre-challenge (Day 0) faintness                |                         |   |
| q01.faint     | Pre-challenge faintness (avg. Day -1, Day 0)   |                         | q01.faint = mean(q_1.faint, q0.faint)   |
| q1.faint      | Post-challenge Day 1 faintness                 |                         |   |
| q2.faint      | Post-challenge Day 2 faintness                 |                         |   |
| q3.faint      | Post-challenge Day 3 faintness                 |                         |   |
| q4.faint      | Post-challenge Day 4 faintness                 |                         |   |
| q5.faint      | Post-challenge Day 5 faintness                 |                         |   |
| q_1.hands     | Pre-challenge (Day -1) hands trembling         | <a href="#">SYMPSEV</a> |   |
| q0.hands      | Pre-challenge (Day 0) hands trembling          |                         |   |
| q01.hands     | Pre-challenge hands trem. (avg. Day -1, Day 0) |                         | q01.hands = mean(q_1.hands, q0.hands)   |
| q1.hands      | Post Day 1 hands trembling                     |                         |   |
| q2.hands      | Post Day 2 hands trembling                     |                         |   |
| q3.hands      | Post Day 3 hands trembling                     |                         |   |
| q4.hands      | Post Day 4 hands trembling                     |                         |   |
| q5.hands      | Post Day 5 hands trembling                     |                         |   |
| endrawdata    | *****END OF RAW SYMP DATA*****                 |                         |   |
| q0.jacksn_scr | Pre-challenge (Day 0) Jackson Symp Score       |                         | q0.jacksn_scr = sum(q0.runno, q0.sneez, q0.srthr, q0.nascon, q0.cough, q0.hdach, q0.chill, q0.malais)<br><br>(repeated for all post-challenge days) |
| q1.jacksn_scr | Post Day 1 Jackson Symp Score                  |                         |   |
| q2.jacksn_scr | Post Day 2 Jackson Symp Score                  |                         |   |
| q3.jacksn_scr | Post Day 3 Jackson Symp Score                  |                         |   |
| q4.jacksn_scr | Post Day 4 Jackson Symp Score                  |                         |   |
| q5.jacksn_scr | Post Day 5 Jackson Symp Score                  |                         |   |

**INFECTION & COLDS**

| VARIABLE NAME | VARIABLE LABEL                      | VALUES | FORMULA   |
|---------------|-------------------------------------|--------|---|
| q1.runno_adj  | Post Day 1 runny nose - adjusted    |        | q1.runno_adj = q1.runno-q0.runno (repeated for all 5 post-challenge days)<br><br><b>NOTE:</b> if q1.runno - q0.runno < 0, q1.runno_adj = 0.       |
| q2.runno_adj  | Post Day 2 runny nose - adjusted    |        |   |
| q3.runno_adj  | Post Day 3 runny nose - adjusted    |        |   |
| q4.runno_adj  | Post Day 4 runny nose - adjusted    |        |   |
| q5.runno_adj  | Post Day 5 runny nose - adjusted    |        |   |
| q1.sneez_adj  | Post Day 1 sneezing - adjusted      |        | q1.sneez_adj = q1.sneez-q0.sneez (repeated for all 5 post-challenge days)<br><br><b>NOTE:</b> if q1.sneez - q0.sneez < 0, q1.sneez_adj = 0.       |
| q2.sneez_adj  | Post Day 2 sneezing - adjusted      |        |   |
| q3.sneez_adj  | Post Day 3 sneezing - adjusted      |        |   |
| q4.sneez_adj  | Post Day 4 sneezing - adjusted      |        |   |
| q5.sneez_adj  | Post Day 5 sneezing - adjusted      |        |   |
| q1.srthr_adj  | Post Day 1 sore throat - adjusted   |        | q1.srthr_adj = q1.srthr-q0.srthr (repeated for all 5 post-challenge days)<br><br><b>NOTE:</b> if q1.srthr - q0.srthr < 0, q1.srthr_adj = 0.       |
| q2.srthr_adj  | Post Day 2 sore throat - adjusted   |        |   |
| q3.srthr_adj  | Post Day 3 sore throat - adjusted   |        |   |
| q4.srthr_adj  | Post Day 4 sore throat - adjusted   |        |   |
| q5.srthr_adj  | Post Day 5 sore throat - adjusted   |        |   |
| q1.nascon_adj | Post Day 1 nasal congest - adjusted |        | q1.nascon_adj = q1.nascon-q0.nascon (repeated for all 5 post-challenge days)<br><br><b>NOTE:</b> if q1.nascon - q0.nascon < 0, q1.nascon_adj = 0. |
| q2.nascon_adj | Post Day 2 nasal congest - adjusted |        |   |
| q3.nascon_adj | Post Day 3 nasal congest - adjusted |        |   |
| q4.nascon_adj | Post Day 4 nasal congest - adjusted |        |   |
| q5.nascon_adj | Post Day 5 nasal congest - adjusted |        |   |
| q1.cough_adj  | Post Day 1 cough - adjusted         |        | q1.cough_adj = q1.cough-q0.cough (repeated for all 5 post-challenge days)<br><br><b>NOTE:</b> if q1.cough - q0.cough < 0, q1.cough_adj = 0.       |
| q2.cough_adj  | Post Day 2 cough - adjusted         |        |   |
| q3.cough_adj  | Post Day 3 cough - adjusted         |        |   |
| q4.cough_adj  | Post Day 4 cough - adjusted         |        |   |
| q5.cough_adj  | Post Day 5 cough - adjusted         |        |   |
| q1.hdach_adj  | Post Day 1 headache - adjusted      |        | q1.hdach_adj = q1.hdach-q0.hdach (repeated for all 5 post-challenge days)<br><br><b>NOTE:</b> if q1.hdach - q0.hdach < 0, q1.hdach_adj = 0.       |
| q2.hdach_adj  | Post Day 2 headache - adjusted      |        |   |
| q3.hdach_adj  | Post Day 3 headache - adjusted      |        |   |
| q4.hdach_adj  | Post Day 4 headache - adjusted      |        |   |
| q5.hdach_adj  | Post Day 5 headache - adjusted      |        |   |

**INFECTION & COLDS**

| VARIABLE NAME     | VARIABLE LABEL                              | VALUES | FORMULA   |
|-------------------|---|--------|---|
| q1.chill_adj      | Post Day 1 chills - adjusted                |        | q1.chill_adj = q1.chill-q0.chill (repeated for all 5 post-challenge days)<br><br><b>NOTE:</b> if q1.chill - q0.chill < 0, q1.chill_adj = 0.   |
| q2.chill_adj      | Post Day 2 chills - adjusted                |        |   |
| q3.chill_adj      | Post Day 3 chills - adjusted                |        |   |
| q4.chill_adj      | Post Day 4 chills - adjusted                |        |   |
| q5.chill_adj      | Post Day 5 chills - adjusted                |        |   |
| q1.malais_adj     | Post Day 1 malaise - adjusted               |        | q1.malais_adj = q1.malais-q0.malais (repeated for all 5 post-challenge days)<br><br><b>NOTE:</b> if q1.malais - q0.malais < 0, q1.malais_adj = 0.   |
| q2.malais_adj     | Post Day 2 malaise - adjusted               |        |   |
| q3.malais_adj     | Post Day 3 malaise - adjusted               |        |   |
| q4.malais_adj     | Post Day 4 malaise - adjusted               |        |   |
| q5.malais_adj     | Post Day 5 malaise - adjusted               |        |   |
| q1.jacksn_scr_adj | Post Day 1 Adjusted Jackson Symp Score      |        | q1.jacksn_scr_adj = q1.jacksn_scr-q0.jacksn_scr (repeated for all 5 post-challenge days)<br><br><b>NOTE:</b> if q1.jacksn_scr - q0.jacksn_scr < 0, q1.jacksn_scr_adj = 0.                             |
| q2.jacksn_scr_adj | Post Day 2 Adjusted Jackson Symp Score      |        |   |
| q3.jacksn_scr_adj | Post Day 3 Adjusted Jackson Symp Score      |        |   |
| q4.jacksn_scr_adj | Post Day 4 Adjusted Jackson Symp Score      |        |   |
| q5.jacksn_scr_adj | Post Day 5 Adjusted Jackson Symp Score      |        |   |
| q0.totsymp        | Pre-challenge (Day 0) Total # Jackson Symps |        | count q0.totsymp = q0.runno q0.sneez q0.srthr q0.nascon q0.cough q0.hdach q0.chill<br>q0.malais (1 thru highest)  |
| q1.totsymp_adj    | Post Day 1 Total # Jackson Symps            |        | count q1.totsymp = q1.runno_adj q1.sneez_adj q1.srthr_adj q1.nascon_adj<br>q1.cough_adj q1.hdach_adj q1.chill_adj q1.malais_adj (1 thru highest)<br><br><b>(repeated for all post-challenge days)</b> |
| q2.totsymp_adj    | Post Day 2 Total # Jackson Symps            |        |   |
| q3.totsymp_adj    | Post Day 3 Total # Jackson Symps            |        |   |
| q4.totsymp_adj    | Post Day 4 Total # Jackson Symps            |        |   |
| q5.totsymp_adj    | Post Day 5 Total # Jackson Symps            |        |   |
| post.sneez_avg    | Avg Adjusted Post Sneezing Severity         |        | post.sneez_avg = mean(q1.sneez_adj to q5.sneez_adj)   |
| post.runno_avg    | Avg Adjusted Post Runny Nose Severity       |        | post.runno_avg = mean(q1.runno_adj to q5.runno_adj)   |
| post.nascon_avg   | Avg Adjusted Post Nasal congest Severity    |        | post.nascon_avg = mean(q1.nascon_adj to q5.nascon_adj)  |

**INFECTION & COLDS**

| VARIABLE NAME       | VARIABLE LABEL                         | VALUES | FORMULA   |
|---------------------|--|--------|---|
| post.cough_avg      | Avg Adjusted Post Cough Severity       |        | post.cough_avg = mean(q1.cough_adj to q5.cough_adj)   |
| post.srthr_avg      | Avg Adjusted Post Sore Throat Severity |        | post.srthr_avg = mean(q1.srthr_adj to q5.srthr_adj)   |
| post.hdach_avg      | Avg Adjusted Post Headache Severity    |        | post.hdach_avg = mean(q1.hdach_adj to q5.hdach_adj)   |
| post.chill_avg      | Avg Adjusted Post Chills Severity      |        | post.chill_avg = mean(q1.chill_adj to q5.chill_adj)   |
| post.malais_avg     | Avg Adjusted Post Malaise Severity     |        | post.malais_avg = mean(q1.malais_adj to q5.malais_adj)  |
| post.jacksn_scr_tot | Total Adjusted Post Jackson Symp Score |        | post.jacksn_scr_tot = sum(q1.jacksn_scr_adj to q5.jacksn_scr_adj)   |
| post.totsymp        | Total # Jackson Symps (adjusted)       |        | post.totsymp = sum(q1.totsymp_adj to q5.totsymp_adj)  |
| post.sneezdays      | Total Post Days with Sneezing          |        | count post.sneezdays = q1.sneez_adj to q5.sneez_adj (1 through highest)   |
| post.runnoday       | Total Post Days with Runny Nose        |        | count post.runnoday = q1.runno_adj to q5.runno_adj (1 through highest)  |
| post.nascondays     | Total Post Days with Nasal congest     |        | count post.nascondays = q1.nascon_adj to q5.nascon_adj (1 through highest)  |
| post.coughdays      | Total Post Days with Cough             |        | count post.coughdays = q1.cough_adj to q5.cough_adj (1 through highest)   |
| post.srthrdays      | Total Post Days with Sore Throat       |        | count post.srthrdays = q1.srthr_adj to q5.srthr_adj (1 through highest)   |
| post.hdachdays      | Total Post Days with Headache          |        | count post.hdachdays = q1.hdach_adj to q5.hdach_adj (1 through highest)   |
| post.childdays      | Total Post Days with Chills            |        | count post.childdays = q1.chill_adj to q5.chill_adj (1 through highest)   |
| post.malaisdays     | Total Post Days with Malaise           |        | count post.malaisdays = q1.malais_adj to q5.malais_adj (1 through highest)  |
| post.colddays       | Total Post Days Reporting Cold or Flu  |        | post.colddays = sum(q1.cold to q5.cold)   |
| post.subjcold       | Meets subjective criteria for cold?    | YES/NO | if (post.infected = 1) and (post.jacksn_scr_tot ≥ 6) and (post.runnoday ≥ 3 or post.colddays ≥ 1) post.subjcold = 1 |
|                     |  |        | if (post.infected = 0) or (post.jacksn_scr_tot < 6) or (post.runnoday < 3 and post.colddays = 0) post.subjcold = 0  |

## INFECTION &amp; COLDS Value Labels for Categorical and Dichotomous Variables

| CODE    | VALUE LABELS | CODE | VALUE LABELS               | CODE    | VALUE LABELS  |
|---------|--------------|------|----------------------------|---------|---------------|
| STUDYID | 0=BCS        | Ab   | 1=<1:2                     | YES/NO  | 0=no          |
|         | 1=PCS1       |      | 2=1:2 or <1:4              |         | 1=yes         |
|         | 2=PCS2       |      | 4=1:4 or <1:8              |         |               |
|         | 3=PCS3       |      | 8=1:8 or <1:16             | SYMPSEV | 0=none        |
|         | 4=PMBC       |      | 16=1:16 or >1:16           |         | 1=mild        |
|         |              |      |                            |         | 2=moderate    |
| VIRUS2  | 0=RV39       | SERO | 0=Did not seroconvert      |         | 3=severe      |
|         | 1=RV23       |      | 1=4-fold increase detected |         | 4=very severe |

**BIOLOGICAL PATHWAYS**

| VARIABLE NAME | VARIABLE LABEL                                  | VALUES                  | FORMULA   |
|---------------|---|-------------------------|---|
| BIOPATH       | *****BEGIN BIOLOGICAL PATHWAYS DATA*****        |                         |   |
| anthr         | *****ANTHROPOMORPHICS*****                      |                         |   |
| weight_kg     | Weight (kg)                                     |                         |   |
| height_cm     | Height (cm)                                     |                         |   |
| bodymass      | Body mass index (kg/m <sup>2</sup> )            |                         | bodymass = (weight_kg)/[(height_cm/100)] <sup>2</sup> |
| nasexm        | *****GROSS NASAL PATHOLOGY*****                 |                         |   |
| q0.naspsg     | Pre-challenge (Day 0) patency of nasal passages | <a href="#">PATENCY</a> |   |
| q1.naspsg     | Post-challenge Day 1 patency of nasal passages  |                         |   |
| q2.naspsg     | Post-challenge Day 2 patency of nasal passages  |                         |   |
| q3.naspsg     | Post-challenge Day 3 patency of nasal passages  |                         |   |
| q4.naspsg     | Post-challenge Day 4 patency of nasal passages  |                         |   |
| q5.naspsg     | Post-challenge Day 5 patency of nasal passages  |                         |   |
| q0.mucede     | Pre-challenge (Day 0) mucosal edema             | <a href="#">EDEMA</a>   |   |
| q1.mucede     | Post-challenge Day 1 mucosal edema              |                         |   |
| q2.mucede     | Post-challenge Day 2 mucosal edema              |                         |   |
| q3.mucede     | Post-challenge Day 3 mucosal edema              |                         |   |
| q4.mucede     | Post-challenge Day 4 mucosal edema              |                         |   |
| q5.mucede     | Post-challenge Day 5 mucosal edema              |                         |   |
| q0.muccolr    | Pre-challenge (Day 0) color of mucosa           | <a href="#">MUCCOL</a>  |   |
| q1.muccolr    | Post-challenge Day 1 color of mucosa            |                         |   |
| q2.muccolr    | Post-challenge Day 2 color of mucosa            |                         |   |
| q3.muccolr    | Post-challenge Day 3 color of mucosa            |                         |   |
| q4.muccolr    | Post-challenge Day 4 color of mucosa            |                         |   |
| q5.muccolr    | Post-challenge Day 5 color of mucosa            |                         |   |
| q0.rhnqnt     | Pre-challenge (Day 0) quantity of rhinorrhea    | <a href="#">RHNQNT</a>  |   |
| q1.rhnqnt     | Post-challenge Day 1 quantity of rhinorrhea     |                         |   |
| q2.rhnqnt     | Post-challenge Day 2 quantity of rhinorrhea     |                         |   |
| q3.rhnqnt     | Post-challenge Day 3 quantity of rhinorrhea     |                         |   |
| q4.rhnqnt     | Post-challenge Day 4 quantity of rhinorrhea     |                         |   |

|                                       |                              |                              |                               |                                  |                                    |                                      |                                 |                       |  |
|---------------------------------------|------------------------------|------------------------------|-------------------------------|----------------------------------|------------------------------------|--------------------------------------|---------------------------------|-----------------------|--|
| <a href="#">INFECTION &amp; COLDS</a> | <a href="#">BIO PATHWAYS</a> | <a href="#">DEMOGRAPHICS</a> | <a href="#">CHILDHOOD SES</a> | <a href="#">HEALTH PRACTICES</a> | <a href="#">PSYCH &amp; SOCIAL</a> | <a href="#">SELF-REPORTED HEALTH</a> | <a href="#">DAILY INTERVIEW</a> | <a href="#">TRIAL</a> | <a href="#">Q' AFFECT &amp; HEALTH BEHAV</a> |
|---------------------------------------|------------------------------|------------------------------|-------------------------------|----------------------------------|------------------------------------|--------------------------------------|---------------------------------|-----------------------|--|

**BIOLOGICAL PATHWAYS**

| VARIABLE NAME | VARIABLE LABEL                              | VALUES                 | FORMULA |
|---------------|---|------------------------|---------|
| q5.rhnqnt     | Post-challenge Day 5 quantity of rhinorrhea |                        |         |
| q0.rhnqual    | Pre-challenge (Day 0) quality of rhinorrhea | <a href="#">RHNQL</a>  |         |
| q1.rhnqual    | Post-challenge Day 1 quality of rhinorrhea  |                        |         |
| q2.rhnqual    | Post-challenge Day 2 quality of rhinorrhea  |                        |         |
| q3.rhnqual    | Post-challenge Day 3 quality of rhinorrhea  |                        |         |
| q4.rhnqual    | Post-challenge Day 4 quality of rhinorrhea  |                        |         |
| q5.rhnqual    | Post-challenge Day 5 quality of rhinorrhea  |                        |         |
| q0.rhncolr    | Pre-challenge (Day 0) color of rhinorrhea   | <a href="#">RHNCOL</a> |         |
| q1.rhncolr    | Post-challenge Day 1 color of rhinorrhea    |                        |         |
| q2.rhncolr    | Post-challenge Day 2 color of rhinorrhea    |                        |         |
| q3.rhncolr    | Post-challenge Day 3 color of rhinorrhea    |                        |         |
| q4.rhncolr    | Post-challenge Day 4 color of rhinorrhea    |                        |         |
| q5.rhncolr    | Post-challenge Day 5 color of rhinorrhea    |                        |         |
| q0.sindis     | Pre-challenge (Day 0) sinus discharge       | <a href="#">SINDIS</a> |         |
| q1.sindis     | Post-challenge Day 1 sinus discharge        |                        |         |
| q2.sindis     | Post-challenge Day 2 sinus discharge        |                        |         |
| q3.sindis     | Post-challenge Day 3 sinus discharge        |                        |         |
| q4.sindis     | Post-challenge Day 4 sinus discharge        |                        |         |
| q5.sindis     | Post-challenge Day 5 sinus discharge        |                        |         |
| mep           | *****MIDDLE EAR PRESSURE (MEP)*****         |                        |         |
| q0.rmep_eve   | Pre-challenge (Day 0) right MEP - evening   |                        |         |
| q0.rmep_mrn   | Pre-challenge (Day 0) right MEP - morning   |                        |         |
| q0.rmep_aft   | Pre-challenge (Day 0) right MEP - afternoon |                        |         |
| q1.rmep_eve   | Post-challenge Day 1 right MEP - evening    |                        |         |
| q1.rmep_mrn   | Post-challenge Day 1 right MEP - morning    |                        |         |
| q1.rmep_aft   | Post-challenge Day 1 right MEP - afternoon  |                        |         |
| q2.rmep_eve   | Post-challenge Day 2 right MEP - evening    |                        |         |
| q2.rmep_mrn   | Post-challenge Day 2 right MEP - morning    |                        |         |
| q2.rmep_aft   | Post-challenge Day 2 right MEP - afternoon  |                        |         |
| q3.rmep_eve   | Post-challenge Day 3 right MEP - evening    |                        |         |
| q3.rmep_mrn   | Post-challenge Day 3 right MEP - morning    |                        |         |

|                                       |                              |                              |                               |                                  |                                    |                                      |                                 |                       |  |
|---------------------------------------|------------------------------|------------------------------|-------------------------------|----------------------------------|------------------------------------|--------------------------------------|---------------------------------|-----------------------|--|
| <a href="#">INFECTION &amp; COLDS</a> | <a href="#">BIO PATHWAYS</a> | <a href="#">DEMOGRAPHICS</a> | <a href="#">CHILDHOOD SES</a> | <a href="#">HEALTH PRACTICES</a> | <a href="#">PSYCH &amp; SOCIAL</a> | <a href="#">SELF-REPORTED HEALTH</a> | <a href="#">DAILY INTERVIEW</a> | <a href="#">TRIAL</a> | <a href="#">Q' AFFECT &amp; HEALTH BEHAV</a> |
|---------------------------------------|------------------------------|------------------------------|-------------------------------|----------------------------------|------------------------------------|--------------------------------------|---------------------------------|-----------------------|--|

**BIOLOGICAL PATHWAYS**

| VARIABLE NAME | VARIABLE LABEL                             | VALUES | FORMULA |
|---------------|--|--------|---------|
| q3.rmep_aft   | Post-challenge Day 3 right MEP - afternoon |        |         |
| q4.rmep_eve   | Post-challenge Day 4 right MEP - evening   |        |         |
| q4.rmep_mrn   | Post-challenge Day 4 right MEP - morning   |        |         |
| q4.rmep_aft   | Post-challenge Day 4 right MEP - afternoon |        |         |
| q5.rmep_eve   | Post-challenge Day 5 right MEP - evening   |        |         |
| q5.rmep_mrn   | Post-challenge Day 5 right MEP - morning   |        |         |
| q5.rmep_aft   | Post-challenge Day 5 right MEP - afternoon |        |         |
| q0.lmep_eve   | Pre-challenge (Day 0) left MEP - evening   |        |         |
| q0.lmep_mrn   | Pre-challenge (Day 0) left MEP - morning   |        |         |
| q0.lmep_aft   | Pre-challenge (Day 0) left MEP - afternoon |        |         |
| q1.lmep_eve   | Post-challenge Day 1 left MEP - evening    |        |         |
| q1.lmep_mrn   | Post-challenge Day 1 left MEP - morning    |        |         |
| q1.lmep_aft   | Post-challenge Day 1 left MEP - afternoon  |        |         |
| q2.lmep_eve   | Post-challenge Day 2 left MEP - evening    |        |         |
| q2.lmep_mrn   | Post-challenge Day 2 left MEP - morning    |        |         |
| q2.lmep_aft   | Post-challenge Day 2 left MEP - afternoon  |        |         |
| q3.lmep_eve   | Post-challenge Day 3 left MEP - evening    |        |         |
| q3.lmep_mrn   | Post-challenge Day 3 left MEP - morning    |        |         |
| q3.lmep_aft   | Post-challenge Day 3 left MEP - afternoon  |        |         |
| q4.lmep_eve   | Post-challenge Day 4 left MEP - evening    |        |         |
| q4.lmep_mrn   | Post-challenge Day 4 left MEP - morning    |        |         |
| q4.lmep_aft   | Post-challenge Day 4 left MEP - afternoon  |        |         |
| q5.lmep_eve   | Post-challenge Day 5 left MEP - evening    |        |         |
| q5.lmep_mrn   | Post-challenge Day 5 left MEP - morning    |        |         |
| q5.lmep_aft   | Post-challenge Day 5 left MEP - afternoon  |        |         |
| immf          | *****FUNCTIONAL IMMUNE DATA*****           |        |         |
| q0.il1b_nas   | Pre-challenge (Day 0) nasal IL-1 $\beta$   |        |         |
| q1.il1b_nas   | Post-challenge Day 1 nasal IL-1 $\beta$    |        |         |
| q2.il1b_nas   | Post-challenge Day 2 nasal IL-1 $\beta$    |        |         |
| q3.il1b_nas   | Post-challenge Day 3 nasal IL-1 $\beta$    |        |         |
| q4.il1b_nas   | Post-challenge Day 4 nasal IL-1 $\beta$    |        |         |

|                   |              |              |               |                  |                |                      |                 |       |                          |
|-------------------|--------------|--------------|---------------|------------------|----------------|----------------------|-----------------|-------|--------------------------|
| INFECTION & COLDS | BIO PATHWAYS | DEMOGRAPHICS | CHILDHOOD SES | HEALTH PRACTICES | PSYCH & SOCIAL | SELF-REPORTED HEALTH | DAILY INTERVIEW | TRIAL | Q' AFFECT & HEALTH BEHAV |
|-------------------|--------------|--------------|---------------|------------------|----------------|----------------------|-----------------|-------|--------------------------|

**BIOLOGICAL PATHWAYS**

| VARIABLE NAME   | VARIABLE LABEL                            | VALUES | FORMULA  |
|-----------------|---|--------|--|
| q5.il1b_nas     | Post-challenge Day 5 nasal IL-1β          |        |  |
| q0.il6_nas      | Pre-challenge (Day 0) nasal IL-6          |        |  |
| q1.il6_nas      | Post-challenge Day 1 nasal IL-6           |        |  |
| q2.il6_nas      | Post-challenge Day 2 nasal IL-6           |        |  |
| q3.il6_nas      | Post-challenge Day 3 nasal IL-6           |        |  |
| q4.il6_nas      | Post-challenge Day 4 nasal IL-6           |        |  |
| q5.il6_nas      | Post-challenge Day 5 nasal IL-6           |        |  |
| q0.il8_nas      | Pre-challenge (Day 0) nasal IL-8          |        |  |
| q1.il8_nas      | Post-challenge Day 1 nasal IL-8           |        |  |
| q2.il8_nas      | Post-challenge Day 2 nasal IL-8           |        |  |
| q3.il8_nas      | Post-challenge Day 3 nasal IL-8           |        |  |
| q4.il8_nas      | Post-challenge Day 4 nasal IL-8           |        |  |
| q5.il8_nas      | Post-challenge Day 5 nasal IL-8           |        |  |
| q1.il1b_nas_adj | Adjusted post-challenge Day 1 nasal IL-1β |        | $q1.il1b\_nas\_adj = q1.il1b\_nas - q0.il1b\_nas.$ |
| q2.il1b_nas_adj | Adjusted post-challenge Day 2 nasal IL-1β |        | $q2.il1b\_nas\_adj = q2.il1b\_nas - q0.il1b\_nas.$ |
| q3.il1b_nas_adj | Adjusted post-challenge Day 3 nasal IL-1β |        | $q3.il1b\_nas\_adj = q3.il1b\_nas - q0.il1b\_nas.$ |
| q4.il1b_nas_adj | Adjusted post-challenge Day 4 nasal IL-1β |        | $q4.il1b\_nas\_adj = q4.il1b\_nas - q0.il1b\_nas.$ |
| q5.il1b_nas_adj | Adjusted post-challenge Day 5 nasal IL-1β |        | $q5.il1b\_nas\_adj = q5.il1b\_nas - q0.il1b\_nas.$ |
| q1.il6_nas_adj  | Adjusted post-challenge Day 1 nasal IL-6  |        | $q1.il6\_nas\_adj = q1.il6\_nas - q0.il6\_nas.$    |
| q2.il6_nas_adj  | Adjusted post-challenge Day 2 nasal IL-6  |        | $q2.il6\_nas\_adj = q2.il6\_nas - q0.il6\_nas.$    |
| q3.il6_nas_adj  | Adjusted post-challenge Day 3 nasal IL-6  |        | $q3.il6\_nas\_adj = q3.il6\_nas - q0.il6\_nas.$    |
| q4.il6_nas_adj  | Adjusted post-challenge Day 4 nasal IL-6  |        | $q4.il6\_nas\_adj = q4.il6\_nas - q0.il6\_nas.$    |
| q5.il6_nas_adj  | Adjusted post-challenge Day 5 nasal IL-6  |        | $q5.il6\_nas\_adj = q5.il6\_nas - q0.il6\_nas.$    |
| q1.il8_nas_adj  | Adjusted post-challenge Day 1 nasal IL-8  |        | $q1.il8\_nas\_adj = q1.il8\_nas - q0.il8\_nas.$    |
| q2.il8_nas_adj  | Adjusted post-challenge Day 2 nasal IL-8  |        | $q2.il8\_nas\_adj = q2.il8\_nas - q0.il8\_nas.$    |
| q3.il8_nas_adj  | Adjusted post-challenge Day 3 nasal IL-8  |        | $q3.il8\_nas\_adj = q3.il8\_nas - q0.il8\_nas.$    |
| q4.il8_nas_adj  | Adjusted post-challenge Day 4 nasal IL-8  |        | $q4.il8\_nas\_adj = q4.il8\_nas - q0.il8\_nas.$    |
| q5.il8_nas_adj  | Adjusted post-challenge Day 5 nasal IL-8  |        | $q5.il8\_nas\_adj = q5.il8\_nas - q0.il8\_nas.$    |

|                                       |                              |                              |                               |                                  |                                    |                                      |                                 |                       |  |
|---------------------------------------|------------------------------|------------------------------|-------------------------------|----------------------------------|------------------------------------|--------------------------------------|---------------------------------|-----------------------|--|
| <a href="#">INFECTION &amp; COLDS</a> | <a href="#">BIO PATHWAYS</a> | <a href="#">DEMOGRAPHICS</a> | <a href="#">CHILDHOOD SES</a> | <a href="#">HEALTH PRACTICES</a> | <a href="#">PSYCH &amp; SOCIAL</a> | <a href="#">SELF-REPORTED HEALTH</a> | <a href="#">DAILY INTERVIEW</a> | <a href="#">TRIAL</a> | <a href="#">Q' AFFECT &amp; HEALTH BEHAV</a> |
|---------------------------------------|------------------------------|------------------------------|-------------------------------|----------------------------------|------------------------------------|--------------------------------------|---------------------------------|-----------------------|--|

**BIOLOGICAL PATHWAYS**

| VARIABLE NAME     | VARIABLE LABEL                                    | VALUES | FORMULA  |
|-------------------|---|--------|--|
| post.il1b_adj_avg | Average adjusted post-challenge nasal IL-1β       |        | post.il1b_adj_avg = mean.4(q1.il1b_nas_adj, q2.il1b_nas_adj, q3.il1b_nas_adj, q4.il1b_nas_adj, q5.il1b_nas_adj). |
| post.il6_adj_avg  | Average adjusted post-challenge nasal IL-6        |        | post.il6_adj_avg = mean.4(q1.il6_nas_adj, q2.il6_nas_adj, q3.il6_nas_adj, q4.il6_nas_adj, q5.il6_nas_adj).       |
| post.il8_adj_avg  | Average adjusted post-challenge nasal IL-8        |        | post.il8_adj_avg = mean.4(q1.il8_nas_adj, q2.il8_nas_adj, q3.il8_nas_adj, q4.il8_nas_adj, q5.il8_nas_adj).       |
| <b>rst</b>        | <b>*****RESTING BIOLOGICAL MEASURES*****</b>      |        |  |
| q0.temp_mrn       | Pre-challenge (Day 0) morning temperature (° F)   |        |  |
| q0.temp_aft       | Pre-challenge (Day 0) afternoon temperature (° F) |        |  |
| q1.temp_eve       | Post-challenge Day 1 evening temperature (° F)    |        |  |
| q1.temp_mrn       | Post-challenge Day 1 morning temperature (° F)    |        |  |
| q1.temp_aft       | Post-challenge Day 1 afternoon temperature (° F)  |        |  |
| q2.temp_eve       | Post-challenge Day 2 evening temperature (° F)    |        |  |
| q2.temp_mrn       | Post-challenge Day 2 morning temperature (° F)    |        |  |
| q2.temp_aft       | Post-challenge Day 2 afternoon temperature (° F)  |        |  |
| q3.temp_eve       | Post-challenge Day 3 evening temperature (° F)    |        |  |
| q3.temp_mrn       | Post-challenge Day 3 morning temperature (° F)    |        |  |
| q3.temp_aft       | Post-challenge Day 3 afternoon temperature (° F)  |        |  |
| q4.temp_eve       | Post-challenge Day 4 evening temperature (° F)    |        |  |
| q4.temp_mrn       | Post-challenge Day 4 morning temperature (° F)    |        |  |
| q4.temp_aft       | Post-challenge Day 4 afternoon temperature (° F)  |        |  |
| q5.temp_eve       | Post-challenge Day 5 evening temperature (° F)    |        |  |
| q5.temp_mrn       | Post-challenge Day 5 morning temperature (° F)    |        |  |
| q5.temp_aft       | Post-challenge Day 5 afternoon temperature (° F)  |        |  |
| q0.temp           | Pre-challenge (Day 0) average temperature (° F)   |        | q0.temp = mean(q0.temp_mrn, q0.temp_aft, q0.temp_eve)  |
| q1.temp           | Post-challenge Day 1 average temperature (° F)    |        | q1.temp = mean(q1.temp_mrn, q1.temp_aft, q1.temp_eve)  |
| q2.temp           | Post-challenge Day 2 average temperature (° F)    |        | q2.temp = mean(q2.temp_mrn, q2.temp_aft, q2.temp_eve)  |
| q3.temp           | Post-challenge Day 3 average temperature (° F)    |        | q3.temp = mean(q3.temp_mrn, q3.temp_aft, q3.temp_eve)  |
| q4.temp           | Post-challenge Day 4 average temperature (° F)    |        | q4.temp = mean(q4.temp_mrn, q4.temp_aft, q4.temp_eve)  |
| q5.temp           | Post-challenge Day 5 average temperature (° F)    |        | q5.temp = mean(q5.temp_mrn, q5.temp_aft, q5.temp_eve)  |

|                                       |                              |                              |                               |                                  |                                    |                                      |                                 |                       |   |
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| <a href="#">INFECTION &amp; COLDS</a> | <a href="#">BIO PATHWAYS</a> | <a href="#">DEMOGRAPHICS</a> | <a href="#">CHILDHOOD SES</a> | <a href="#">HEALTH PRACTICES</a> | <a href="#">PSYCH &amp; SOCIAL</a> | <a href="#">SELF-REPORTED HEALTH</a> | <a href="#">DAILY INTERVIEW</a> | <a href="#">TRIAL</a> | <a href="#">Q'AFFECT &amp; HEALTH BEHAV</a> |
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**BIOLOGICAL PATHWAYS**

| VARIABLE NAME | VARIABLE LABEL                                      | VALUES | FORMULA                            |
|---------------|---|--------|------------------------------------|
| q0.sbp        | Pre-challenge (Day 0) resting SBP                   |        |                                    |
| q1.sbp        | Post-challenge Day 1 resting SBP                    |        |                                    |
| q2.sbp        | Post-challenge Day 2 resting SBP                    |        |                                    |
| q3.sbp        | Post-challenge Day 3 resting SBP                    |        |                                    |
| q4.sbp        | Post-challenge Day 4 resting SBP                    |        |                                    |
| q5.sbp        | Post-challenge Day 5 resting SBP                    |        |                                    |
| q0.dbp        | Pre-challenge (Day 0) resting DBP                   |        |                                    |
| q1.dbp        | Post-challenge Day 1 resting DBP                    |        |                                    |
| q2.dbp        | Post-challenge Day 2 resting DBP                    |        |                                    |
| q3.dbp        | Post-challenge Day 3 resting DBP                    |        |                                    |
| q4.dbp        | Post-challenge Day 4 resting DBP                    |        |                                    |
| q5.dbp        | Post-challenge Day 5 resting DBP                    |        |                                    |
| q0.plsp       | Pre-challenge (Day 0) resting pulse pressure        |        | $q0.plsp = q0.sbp - q0.dbp$        |
| q1.plsp       | Post-challenge Day 1 resting pulse pressure         |        | $q1.plsp = q1.sbp - q1.dbp$        |
| q2.plsp       | Post-challenge Day 2 resting pulse pressure         |        | $q2.plsp = q2.sbp - q2.dbp$        |
| q3.plsp       | Post-challenge Day 3 resting pulse pressure         |        | $q3.plsp = q3.sbp - q3.dbp$        |
| q4.plsp       | Post-challenge Day 4 resting pulse pressure         |        | $q4.plsp = q4.sbp - q4.dbp$        |
| q5.plsp       | Post-challenge Day 5 resting pulse pressure         |        | $q5.plsp = q5.sbp - q5.dbp$        |
| q0.map        | Pre-challenge (Day 0) resting mean arterial press   |        | $q0.map = [(2*q0.dbp) + q0.sbp]/3$ |
| q1.map        | Post-challenge Day 1 resting mean arterial pressure |        | $q1.map = [(2*q1.dbp) + q1.sbp]/3$ |
| q2.map        | Post-challenge Day 2 resting mean arterial pressure |        | $q2.map = [(2*q2.dbp) + q2.sbp]/3$ |
| q3.map        | Post-challenge Day 3 resting mean arterial pressure |        | $q3.map = [(2*q3.dbp) + q3.sbp]/3$ |
| q4.map        | Post-challenge Day 4 resting mean arterial pressure |        | $q4.map = [(2*q4.dbp) + q4.sbp]/3$ |
| q5.map        | Post-challenge Day 5 resting mean arterial pressure |        | $q5.map = [(2*q5.dbp) + q5.sbp]/3$ |
| q0.hr         | Pre-challenge (Day 0) resting heart rate            |        |                                    |
| q1.hr         | Post-challenge Day 1 resting heart rate             |        |                                    |
| q2.hr         | Post-challenge Day 2 resting heart rate             |        |                                    |
| q3.hr         | Post-challenge Day 3 resting heart rate             |        |                                    |
| q4.hr         | Post-challenge Day 4 resting heart rate             |        |                                    |
| q5.hr         | Post-challenge Day 5 resting heart rate             |        |                                    |

|                                       |                              |                              |                               |                                  |                                    |                                      |                                 |                       |  |
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**BIOLOGICAL PATHWAYS**

| VARIABLE NAME       | VARIABLE LABEL   | VALUES | FORMULA   |
|---------------------|--|--------|---|
| endo                | ****ENDOCRINE DATA****   |        |   |
| u24.totvol1         | Pre-Q'ntine (home): 24-hr total urine vol (mL)   |        |   |
| u24.cr_mgvol1       | Pre-Q' (home): 24-hr creatinine output (mg/tot vol)                                      |        |   |
| u24.ne_mcgvol1      | Pre-Q' (home): 24-hr NE output (mcg/tot vol)   |        |   |
| u24.ne1mcg_cr1mg    | Pre-Q' (home): 24-hr NE (mcg)/creatinine (mg)  |        | u24.ne1mcg_cr1mg =u24.ne_mcgvol1/u24.cr_mgvol1.   |
| u24.ne_mcgvol1_new  | Pre-Q'ntine (home): 24-hr NE output<br>(subjects w/incomplete samples scored as missing) |        | do if (female eq 0).<br>do if (u24.cr_mgvol1 gt 1250).<br>compute u24.ne_mcgvol1_new=u24.ne_mcgvol1.<br>else.<br>compute u24.ne_mcgvol1_new=\$sysmis.<br>end if.<br>else if (female eq 1).<br>do if (u24.cr_mgvol1 gt 750).<br>compute u24.ne_mcgvol1_new=u24.ne_mcgvol1.<br>else.<br>compute u24.ne_mcgvol1_new=\$sysmis.<br>end if. end if.       |
| u24.epi_mcgvol1     | Pre-Q' (home): 24-hr E output (mcg/total vol)  |        |   |
| u24.epi1mcg_cr1mg   | Pre-Q' (home): 24-hr E (mcg) / creatinine (mg)   |        | u24.epi1mcg_cr1mg =u24.epi_mcgvol1/u24.cr_mgvol1.   |
| u24.epi_mcgvol1_new | Pre-Q'ntine (home): 24-hr E output<br>(subjects w/incomplete samples scored as missing)  |        | do if (female eq 0).<br>do if (u24.cr_mgvol1 gt 1250).<br>compute u24.epi_mcgvol1_new=u24.epi_mcgvol1.<br>else.<br>compute u24.epi_mcgvol1_new=\$sysmis.<br>end if.<br>else if (female eq 1).<br>do if (u24.cr_mgvol1 gt 750).<br>compute u24.epi_mcgvol1_new=u24.epi_mcgvol1.<br>else.<br>compute u24.epi_mcgvol1_new=\$sysmis.<br>end if. end if. |

|                                       |                              |                              |                               |                                  |                                    |                                      |                                 |                       |   |
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| <a href="#">INFECTION &amp; COLDS</a> | <a href="#">BIO PATHWAYS</a> | <a href="#">DEMOGRAPHICS</a> | <a href="#">CHILDHOOD SES</a> | <a href="#">HEALTH PRACTICES</a> | <a href="#">PSYCH &amp; SOCIAL</a> | <a href="#">SELF-REPORTED HEALTH</a> | <a href="#">DAILY INTERVIEW</a> | <a href="#">TRIAL</a> | <a href="#">Q'AFFECT &amp; HEALTH BEHAV</a> |
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**BIOLOGICAL PATHWAYS**

| VARIABLE NAME       | VARIABLE LABEL   | VALUES | FORMULA   |
|---------------------|--|--------|---|
| u24.da_mcgvol1      | Pre-Q'ntine (home): 24-hr DA output (mcg/tot vol)  |        |   |
| u24.da1mcg_cr1mg    | Pre-Q' (home): 24-hr DA (mcg)/creatinine (mg)  |        | u24.da1mcg_cr1mg =u24.da_mcgvol1/u24.cr_mgvol1.   |
| u24.da_mcgvol1_new  | Pre-Q'ntine (home): 24-hr DA output<br>(subjects w/incomplete samples scored as missing) |        | do if (female eq 0).<br>do if (u24.cr_mgvol1 gt 1250).<br>compute u24.da_mcgvol1_new=u24.da_mcgvol1.<br>else.<br>compute u24.da_mcgvol1_new=\$sysmis.<br>end if.<br>else if (female eq 1).<br>do if (u24.cr_mgvol1 gt 750).<br>compute u24.da_mcgvol1_new=u24.da_mcgvol1.<br>else.<br>compute u24.da_mcgvol1_new=\$sysmis.<br>end if. end if. |
| u24.totvol2         | Q'ntine Day 0: 24-hr total urine vol (mL)  |        |   |
| u24.cr_mgvol2       | Q'ntine Day 0: 24-hr creatinine output (mg/tot vol)                                      |        |   |
| u24.ne_mcgvol2      | Q'ntine Day 0: 24-hr NE output (mcg/total vol)   |        |   |
| u24.ne2mcg_cr2mg    | Q'ntine Day 0: 24-hr NE (mcg) / creatinine (mg)  |        | u24.ne2mcg_cr2mg =u24.ne_mcgvol2/u24.cr_mgvol2.   |
| u24.ne_mcgvol2_new  | Q'ntine Day 0: 24-hr NE output (rescored)  |        | Paritcpants w/incomplete samples scored as missing. See above.  |
| u24.ne_mcgvol_avg   | Avg 24-hr Urine NE output (mcg/tot vol)  |        | u24.ne_mcgvol_avg=mean.2(u24.ne_mcgvol1, u24.ne_mcgvol2).   |
| u24.epi_mcgvol2     | Q'ntine Day 0: 24-hr E output (mcg/total vol)  |        |   |
| u24.epi2mcg_cr2mg   | Q'ntine Day 0: 24-hr E (mcg) / creatinine (mg)   |        | u24.epi2mcg_cr2mg =u24.epi_mcgvol2/u24.cr_mgvol2.   |
| u24.epi_mcgvol2_new | Q'ntine Day 0: 24-hr E output (rescored)   |        | Paritcpants w/incomplete samples scored as missing. See above.  |
| u24.epi_mcgvol_avg  | Avg 24-hr Urine E output (mcg/tot vol)   |        | u24.epi_mcgvol_avg=mean.2(u24.epi_mcgvol1, u24.epi_mcgvol2).  |
| u24.da_mcgvol2      | Q'ntine Day 0: 24-hr DA output (mcg/total vol)   |        |   |
| u24.da2mcg_cr2mg    | Q'ntine Day 0: 24-hr DA (mcg) / creatinine (mg)  |        | u24.da2mcg_cr2mg =u24.da_mcgvol2/u24.cr_mgvol2.   |
| u24.da_mcgvol2_new  | Q'ntine Day 0: 24-hr DA output   |        | Paritcpants w/incomplete samples scored as missing. See above.  |

**BIOLOGICAL PATHWAYS**

| VARIABLE NAME       | VARIABLE LABEL                                 | VALUES | FORMULA   |
|---------------------|--|--------|---|
| u24.da_mcgvol_avg   | Average 24-hr Urine DA output (mcg/total vol)  |        | u24.da_mcgvol_avg=mean.2(u24.da_mcgvol1, u24.da_mcgvol2).             |
| u24.ne_mcgvol_nwav  | Average of rescored 24-hr NE1 and NE2          |        | u24.ne_mcgvol_nwav=mean.2(u24.ne_mcgvol1_new, u24.ne_mcgvol2_new).    |
| u24.ne_cr_avg       | Average 24-hr NE (mcg) / creatinine (mg)       |        | u24.ne_cr_avg = mean.2(u24.ne1mcg_cr1mg, u24.ne2mcg_cr2mg).           |
| u24.epi_mcgvol_nwav | Average of rescored 24-hr E1 and E2            |        | u24.epi_mcgvol_nwav=mean.2(u24.epi_mcgvol1_new, u24.epi_mcgvol2_new). |
| u24.epi_cr_avg      | Average 24-hr E (mcg) / creatinine (mg)        |        | u24.epi_cr_avg = mean.2(u24.epi1mcg_cr1mg, u24.epi2mcg_cr2mg).        |
| u24.da_mcgvol_nwav  | Average of rescored 24-hr DA1 and DA2          |        | u24.da_mcgvol_nwav=mean.2(u24.da_mcgvol1_new, u24.da_mcgvol2_new).    |
| u24.da_cr_avg       | Avg 24-hr DA (mcg) / creatinine (mg)           |        | u24.da_cr_avg = mean.2(u24.da1mcg_cr1mg, u24.da2mcg_cr2mg).           |
| cort                | *****SALIVARY CORTISOL DATA*****               |        |   |
| pre1wake            | Pre-Q' (Home) Day 1 wake-up (wu) time (hh:mm)  |        |   |
| slva.pre1cort1      | Pre-Q'ntine (Home) Day 1 wu cortisol (nmol/l)  |        |   |
| slva.pre1cort2      | Pre-Q' (Home) Day 1 wu + 30 cortisol (nmol/l)  |        |   |
| slva.pre1cort3      | Pre-Q' (Home) Day 1 wu + 60 cortisol (nmol/l)  |        |   |
| slva.pre1cort4      | Pre-Q' (Home) Day 1 wu + 120 cortisol (nmol/l) |        |   |
| slva.pre1cort5      | Pre-Q' (Home) Day 1 wu + 240 cortisol (nmol/l) |        |   |
| slva.pre1cort6      | Pre-Q' (Home) Day 1 wu + 360 cortisol (nmol/l) |        |   |
| slva.pre1cort7      | Pre-Q' (Home) Day 1 wu + 480 cortisol (nmol/l) |        |   |
| slva.pre1cort8      | Pre-Q' (Home) Day 1 wu + 600 cortisol (nmol/l) |        |   |
| slva.pre1cort9      | Pre-Q' (Home) Day 1 wu + 720 cortisol (nmol/l) |        |   |
| slva.pre1cort10     | Pre-Q' (Home) Day 1 wu + 840 cortisol (nmol/l) |        |   |
| slva.pre1cort11     | Pre-Q' (Home) Day 1 wu + 960 cortisol (nmol/l) |        |   |
| pre2wake            | Pre-Q' (Home) Day 2 wake-up time (hh:mm)       |        |   |
| slva.pre2cort1      | Pre-Q' (Home) Day 2 wu cortisol (nmol/l)       |        |   |
| slva.pre2cort2      | Pre-Q' (Home) Day 2 wu + 30 cortisol (nmol/l)  |        |   |
| slva.pre2cort3      | Pre-Q' (Home) Day 2 wu + 60 cortisol (nmol/l)  |        |   |
| slva.pre2cort4      | Pre-Q' (Home) Day 2 wu + 120 cortisol (nmol/l) |        |   |
| slva.pre2cort5      | Pre-Q' (Home) Day 2 wu + 240 cortisol (nmol/l) |        |   |
| slva.pre2cort6      | Pre-Q' (Home) Day 2 wu + 360 cortisol (nmol/l) |        |   |

|                                       |                              |                              |                               |                                  |                                    |                                      |                                 |                       |  |
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**BIOLOGICAL PATHWAYS**

| VARIABLE NAME     | VARIABLE LABEL                                     | VALUES                 | FORMULA |
|-------------------|--|------------------------|---------|
| slva.pre2cort7    | Pre-Q' (Home) Day 2 wu + 480 cortisol (nmol/l)     |                        |         |
| slva.pre2cort8    | Pre-Q' (Home) Day 2 wu + 600 cortisol (nmol/l)     |                        |         |
| slva.pre2cort9    | Pre-Q' (Home) Day 2 wu + 720 cortisol (nmol/l)     |                        |         |
| slva.pre2cort10   | Pre-Q' (Home) Day 2 wu + 840 cortisol (nmol/l)     |                        |         |
| slva.pre2cort11   | Pre-Q' (Home) Day 2 wu + 960 cortisol (nmol/l)     |                        |         |
| prewake           | Pre-Q'rntine (Home) avg wake-up time (hh:mm)       |                        |         |
| slva.precort1avg  | Pre-Q'rntine (Home) avg wu cortisol (nmol/l)       |                        |         |
| slva.precort2avg  | Pre-Q'rntine (Home) avg wu + 30 cortisol (nmol/l)  |                        |         |
| slva.precort3avg  | Pre-Q'rntine (Home) avg wu + 60 cortisol (nmol/l)  |                        |         |
| slva.precort4avg  | Pre-Q'rntine (Home) avg wu + 120 cortisol (nmol/l) |                        |         |
| slva.precort5avg  | Pre-Q'rntine (Home) avg wu + 240 cortisol (nmol/l) |                        |         |
| slva.precort6avg  | Pre-Q'rntine (Home) avg wu + 360 cortisol (nmol/l) |                        |         |
| slva.precort7avg  | Pre-Q'rntine (Home) avg wu + 480 cortisol (nmol/l) |                        |         |
| slva.precort8avg  | Pre-Q'rntine (Home) avg wu + 600 cortisol (nmol/l) |                        |         |
| slva.precort9avg  | Pre-Q'rntine (Home) avg wu + 720 cortisol (nmol/l) |                        |         |
| slva.precort10avg | Pre-Q'rntine (Home) avg wu + 840 cortisol (nmol/l) |                        |         |
| slva.precort11avg | Pre-Q'rntine (Home) avg wu + 960 cortisol (nmol/l) |                        |         |
| slva.goodpre      | Has valid data on both pre-quarantine days         | <a href="#">YES/NO</a> |         |
| slva.n272         | Member of n=272 used in Stone et al (2001)         | <a href="#">YES/NO</a> |         |
| slva.q0cort1      | Quarantine Day 0 5:45 am cortisol (nmol/l)         |                        |         |
| slva.q0cort2      | Quarantine Day 0 6:15am cortisol (nmol/l)          |                        |         |
| slva.q0cort3      | Quarantine Day 0 6:45 am cortisol (nmol/l)         |                        |         |
| slva.q0cort4      | Quarantine Day 0 8:00 am cortisol (nmol/l)         |                        |         |
| slva.q0cort5      | Quarantine Day 0 9:00 am cortisol (nmol/l)         |                        |         |
| slva.q0cort6      | Quarantine Day 0 10:00 am cortisol (nmol/l)        |                        |         |
| slva.q0cort7      | Quarantine Day 0 11:00 am cortisol (nmol/l)        |                        |         |
| slva.q0cort8      | Quarantine Day 0 12:00 pm cortisol (nmol/l)        |                        |         |

|                                       |                              |                              |                               |                                  |                                    |                                      |                                 |                       |   |
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**BIOLOGICAL PATHWAYS**

| VARIABLE NAME         | VARIABLE LABEL                                     | VALUES | FORMULA  |
|-----------------------|--|--------|--|
| slva.q0cort9          | Quarantine Day 0 1:00 pm cortisol (nmol/l)         |        |  |
| slva.q0cort10         | Quarantine Day 0 2:00 pm cortisol (nmol/l)         |        |  |
| slva.q0cort11         | Quarantine Day 0 3:00 pm cortisol (nmol/l)         |        |  |
| slva.q0cort12         | Quarantine Day 0 4:00 pm cortisol (nmol/l)         |        |  |
| slva.q0cort13         | Quarantine Day 0 6:30 pm cortisol (nmol/l)         |        |  |
| slva.q0cort14         | Quarantine Day 0 10:30 pm cortisol (nmol/l)        |        |  |
| slva.pre1cort_auc     | Pre-Quarantine (Home) Day 1 Cortisol AUC           |        | Cortisol area under the curve (AUC) with respect to ground was computed using the trapezoid rule, as per <a href="#">Pruessner et al., 2003</a> .  |
| slva.pre2cort_auc     | Pre-Quarantine (Home) Day 2 Cortisol AUC           |        |  |
| slva.q0cort_auc       | Q'rnitive Day 0 Cortisol AUC                       |        | AUC values were computed for all subjects who met specific missing data criteria for each measurement day (see calculation pages for <a href="#">Pre-Quarantine Days 1 &amp; 2</a> and <a href="#">Quarantine Day 0</a> ).   |
| slva.q0cort_auc_no2pm | Q'rnitive Day 0 Cortisol AUC - 2PM sample excluded |        |  |
| pre1wakeup            | Pre-Q' (Home) Day 1 wake time (min past midnite)   |        | pre1wakeup = datediff(pre1wake, midnight, "minutes").  |
| pre1cort1_resid       | Unstandardized Residual                            |        | Unstandardized residuals were computed by regressing the raw cortisol measurement value on pre-challenge day 1 wake up time (pre1wakeup). The derived residual was then added to the mean value of the relevant raw score to create a variable that was adjusted for wake up time (see below). |
| pre1cort2_resid       | Unstandardized Residual                            |        |  |
| pre1cort3_resid       | Unstandardized Residual                            |        |  |
| pre1cort4_resid       | Unstandardized Residual                            |        |  |
| pre1cort5_resid       | Unstandardized Residual                            |        |  |
| pre1cort6_resid       | Unstandardized Residual                            |        |  |
| pre1cort7_resid       | Unstandardized Residual                            |        |  |
| pre1cort8_resid       | Unstandardized Residual                            |        |  |
| pre1cort9_resid       | Unstandardized Residual                            |        |  |
| pre1cort10_resid      | Unstandardized Residual                            |        |  |
| adj.pre1cort1         | Pre-Q' Day 1 wu cort (nmol/l) - adj wake time      |        | adj.pre1cort1=14.68+pre1cort1_resid; if (adj.pre1cort1>0) adj.pre1cort1=0.   |
| adj.pre1cort2         | Pre-Q' Day 1 wu + 30 cort (nmol/l) - adj wake time |        | adj.pre1cort2=18.29+pre1cort2_resid; if (adj.pre1cort2>0) adj.pre1cort2=0.   |
| adj.pre1cort3         | Pre-Q' Day 1 wu + 60 cort (nmol/l) - adj wake time |        | adj.pre1cort3=17.00+pre1cort3_resid; if (adj.pre1cort3 >0) adj.pre1cort3=0.  |
| adj.pre1cort4         | Pre-Q' Day 1 wu+120 cort (nmol/l) - adj wake time  |        | adj.pre1cort4=12.66+pre1cort4_resid; if (adj.pre1cort4 >0) adj.pre1cort4=0.  |

**BIOLOGICAL PATHWAYS**

| VARIABLE NAME    | VARIABLE LABEL                                     | VALUES | FORMULA  |
|------------------|--|--------|--|
| adj.pre1cort5    | Pre-Q' Day 1 wu+240 cort (nmol/l) - adj wake time  |        | adj.pre1cort5=10.30+pre1cort5_resid; if (adj.pre1cort5 >0) adj.pre1cort5=0.  |
| adj.pre1cort6    | Pre-Q' Day 1 wu+360 cort (nmol/l) - adj wake time  |        | adj.pre1cort6=9.82+pre1cort6_resid; if (adj.pre1cort6 >0) adj.pre1cort6=0.   |
| adj.pre1cort7    | Pre-Q' Day 1 wu+480 cort (nmol/l) - adj wake time  |        | adj.pre1cort7=8.00+pre1cort7_resid; if (adj.pre1cort7 >0) adj.pre1cort7=0.   |
| adj.pre1cort8    | Pre-Q' Day 1 wu+600 cort (nmol/l) - adj wake time  |        | adj.pre1cort8=7.16+pre1cort8_resid; if (adj.pre1cort8 >0) adj.pre1cort8=0.   |
| adj.pre1cort9    | Pre-Q' Day 1 wu+720 cort (nmol/l) - adj wake time  |        | adj.pre1cort9=5.76+pre1cort9_resid; if (adj.pre1cort9 >0) adj.pre1cort9=0.   |
| adj.pre1cort10   | Pre-Q' Day 1 wu+840 cort (nmol/l) - adj wake time  |        | adj.pre1cort10 = 4.60 + pre1cort10_resid; if (adj.pre1cort10 > 0) adj.pre1cort10 = 0.  |
| adj.pre1cort11   | Pre-Q' Day 1 wu+960 cort (nmol/l) - adj wake time  |        | adj.pre1cort11 = 5.37 + pre1cort11_resid; if (adj.pre1cort11 > 0) adj.pre1cort11 = 0.  |
| pre2wakeup       | Pre-Q' (Home) Day 2 wake time (min past midnite)   |        | pre2wakeup = datediff(pre2wake, midnight, "minutes").  |
| pre2cort1_resid  | Unstandardized Residual                            |        | Unstandardized residuals were computed by regressing the raw cortisol measurement value on pre-challenge day 2 wake up time (pre2wakeup). The derived residual was then added to the mean value of the relevant raw score to create a variable that was adjusted for wake up time (see below). |
| pre2cort2_resid  | Unstandardized Residual                            |        |  |
| pre2cort3_resid  | Unstandardized Residual                            |        |  |
| pre2cort4_resid  | Unstandardized Residual                            |        |  |
| pre2cort5_resid  | Unstandardized Residual                            |        |  |
| pre2cort6_resid  | Unstandardized Residual                            |        |  |
| pre2cort7_resid  | Unstandardized Residual                            |        |  |
| pre2cort8_resid  | Unstandardized Residual                            |        |  |
| pre2cort9_resid  | Unstandardized Residual                            |        |  |
| pre2cort10_resid | Unstandardized Residual                            |        |  |
| pre2cort11_resid | Unstandardized Residual                            |        |  |
| adj.pre2cort1    | Pre-Q' Day 2 wu cort (nmol/l) - adj for wake time  |        | adj.pre2cort1=15.34+pre2cort1_resid; if (adj.pre2cort1 >0) adj.pre2cort1=0.  |
| adj.pre2cort2    | Pre-Q' Day 2 wu + 30 cort (nmol/l) - adj wake time |        | adj.pre2cort2=21.09+pre2cort2_resid; if (adj.pre2cort2 >0) adj.pre2cort2=0.  |
| adj.pre2cort3    | Pre-Q' Day 2 wu + 60 cort (nmol/l) - adj wake time |        | adj.pre2cort3=18.03+pre2cort3_resid; if (adj.pre2cort3 >0) adj.pre2cort3=0.  |
| adj.pre2cort4    | Pre-Q' Day 2 wu+120 cort (nmol/l) - adj wake time  |        | adj.pre2cort4=13.46+pre2cort4_resid; if (adj.pre2cort4 >0) adj.pre2cort4=0.  |
| adj.pre2cort5    | Pre-Q' Day 2 wu+240 cort (nmol/l) - adj wake time  |        | adj.pre2cort5=10.51+pre2cort5_resid; if (adj.pre2cort5 >0) adj.pre2cort5=0.  |
| adj.pre2cort6    | Pre-Q' Day 2 wu+360 cort (nmol/l) - adj wake time  |        | adj.pre2cort6=8.98+pre2cort6_resid; if (adj.pre2cort6 >0) adj.pre2cort6=0.   |
| adj.pre2cort7    | Pre-Q' Day 2 wu+480 cort (nmol/l) - adj wake time  |        | adj.pre2cort7=9.62+pre2cort7_resid; if (adj.pre2cort7 >0) adj.pre2cort7=0.   |
| adj.pre2cort8    | Pre-Q' Day 2 wu+600 cort (nmol/l) - adj wake time  |        | adj.pre2cort8=7.03+pre2cort8_resid; if (adj.pre2cort8 >0) adj.pre2cort8 = 0.   |
| adj.pre2cort9    | Pre-Q' Day 2 wu+720 cort (nmol/l) - adj wake time  |        | adj.pre2cort9=6.22+pre2cort9_resid; if (adj.pre2cort9 >0) adj.pre2cort9 = 0.   |

|                                       |                              |                              |                               |                                  |                                    |                                      |                                 |                       |   |
|---------------------------------------|------------------------------|------------------------------|-------------------------------|----------------------------------|------------------------------------|--------------------------------------|---------------------------------|-----------------------|---|
| <a href="#">INFECTION &amp; COLDS</a> | <a href="#">BIO PATHWAYS</a> | <a href="#">DEMOGRAPHICS</a> | <a href="#">CHILDHOOD SES</a> | <a href="#">HEALTH PRACTICES</a> | <a href="#">PSYCH &amp; SOCIAL</a> | <a href="#">SELF-REPORTED HEALTH</a> | <a href="#">DAILY INTERVIEW</a> | <a href="#">TRIAL</a> | <a href="#">Q'AFFECT &amp; HEALTH BEHAV</a> |
|---------------------------------------|------------------------------|------------------------------|-------------------------------|----------------------------------|------------------------------------|--------------------------------------|---------------------------------|-----------------------|---|

**BIOLOGICAL PATHWAYS**

| VARIABLE NAME     | VARIABLE LABEL   | VALUES | FORMULA  |
|-------------------|--|--------|--|
| adj.pre2cort10    | Pre-Q' Day 2 wu+840 cort (nmol/l) - adj wake time          |        | adj.pre2cort10 = 5.89+pre2cort10_resid; if (adj.pre2cort10 >0) adj.pre2cort10 = 0.   |
| adj.pre2cort11    | Pre-Q' Day 2 wu+960 cort (nmol/l) - adj wake time          |        | adj.pre2cort11=6.25 + pre2cort11_resid; if (adj.pre2cort11 >0) adj.pre2cort11 = 0.   |
| adj.pre1cort_auc  | Pre-Q' (Home) Day 1 Cortisol AUC - adj wake time           |        | Computation of adjusted AUC scores is identical to that for the unadjusted scores, save for the substitution of the adjusted variables (see calculation sheet for <a href="#">Pre-Quarantine Days 1 &amp; 2</a> ). |
| adj.pre2cort_auc  | Pre-Q' (Home) Day 2 Cortisol AUC - adj wake time           |        |  |
| ladj.pre1cort_auc | Pre-Q'ntine Day 1 Cort AUC - adj wake time ( $\log_{10}$ ) |        | ladj.pre1cort_auc = log10(adj.pre1cort_auc).   |
| ladj.pre2cort_auc | Pre-Q'ntine Day 2 Cort AUC - adj wake time ( $\log_{10}$ ) |        | ladj.pre2cort_auc = log10(adj.pre2cort_auc).   |

**BIOLOGICAL PATHWAYS Value Labels for Categorical and Dichotomous Variables**

| CODE    | VALUE LABELS            | CODE   | VALUE LABELS    | CODE   | VALUE LABELS | CODE   | VALUE LABELS |
|---------|-------------------------|--------|-----------------|--------|--------------|--------|--------------|
| PATENCY | 0=wide open             | RHNQUL | 0=none          | RHNQNT | 0=none       | SINDIS | 0=none       |
|         | 1=open                  |        | 1=serous        |        | 1=scanty     |        | 1=suspicious |
|         | 2=slightly obstructed   |        | 2=sero-mucinous |        | 2=some       |        | 2=apparent   |
|         | 3=moderately obstructed |        | 3=mucinous      |        | 3=moderate   |        |              |
|         | 4=severely obstructed   |        | 4=purulent      |        | 4=profuse    | YES/NO | 0=no         |
|         |                         |        |                 |        |              |        | 1=yes        |
| EDEMA   | 0=none                  | MUCCOL | 0=normal        | RHNCOL | 0=none       |        |              |
|         | 1=mild                  |        | 1=white         |        | 1=colorless  |        |              |
|         | 2=moderate              |        | 2=pale          |        | 2=white      |        |              |
|         | 3=severe                |        | 3=pink          |        | 3=yellow     |        |              |
|         |                         |        | 4=red           |        | 4=green      |        |              |

**REFERENCE:** Pruessner, J. C., Kirschbaum, C., Meinlschmid, G., & Hellhammer, D. H. (2003). Two formulas for computation of the area under the curve represent measures of total hormone concentration versus time-dependent change. *Psychoneuroendocrinology*, 28 (7), 916-931.

**DEMOGRAPHICS**

| VARIABLE NAME | VARIABLE LABEL   | VALUES                   | FORMULA   |
|---------------|--|--------------------------|---|
| DEMO          | *****DEMOGRAPHICS DATA*****                              |                          |   |
| age           | age at screening   |                          |   |
| sex           | sex  | <a href="#">SEX</a>      |   |
| race          | race/ethnicity   | <a href="#">RACE5</a>    |   |
| race.white    | race/ethnicity: White, Caucasian                         | <a href="#">RACEW</a>    | if (race = 1 ) race.white = 1; if (race ne 1) race.white = 0.   |
| race.black    | race/ethnicity: Black, African-American                  | <a href="#">RACEB</a>    | if (race = 2 ) race.black = 1; if (race ne 2) race.black = 0.   |
| race.ntvam    | race/ethnicity: Native American, Eskimo, Aleut           | <a href="#">RACEN</a>    | if (race = 3) race.ntvam = 1; if (race ne 3) race.ntvam = 0.  |
| race.asian    | race/ethnicity: Asian or Pacific Islander                | <a href="#">RACEA</a>    | if (race = 4 ) race.asian = 1; if (race ne 4) race.asian = 0.   |
| race.hspnc    | race/ethnicity: Hispanic, Latino                         | <a href="#">RACEH</a>    | if (race = 5 ) race.hspnc = 1; if (race ne 5) race.hspnc = 0.   |
| educ.9level   | 9-category educational attainment (level)                | <a href="#">EDUC9</a>    |   |
| educ.years    | educational attainment (years)                           |                          | if (educ.9level = 1) educ.years = 10.<br>if (educ.9level = 2) educ.years = 11.<br>if (educ.9level = 3) educ.years = 12.<br>if (educ.9level = 4) or (educ.9level = 5) educ.years = 13.<br>if (educ.9level = 6) educ.years = 15.<br>if (educ.9level = 7) educ.years = 16.<br>if (educ.9level = 8) educ.years = 18.<br>if (educ.9level = 9) educ.years = 20. |
| educ.4cat     | 4-category education variable (computed)                 | <a href="#">EDUC4</a>    | if (educ.9level $\geq$ 1) and (educ.9level $\leq$ 3) educ4cat = 1; educ.hschl = 1.  |
| educ.hschl    | educational attainment: high school or less              | <a href="#">EDUCHS</a>   | if (educ.9level = 4) or (educ.9level = 5) educ4cat = 2; educ.lt2yr = 1.   |
| educ.lt2yr    | educational attainment: lt 2 yrs college                 | <a href="#">EDUCSC</a>   | if (educ.9level = 6) educ4cat = 3; educ.assoc = 1.  |
| educ.assoc    | educational attainment: ge 2 yrs college + assoc. degr   | <a href="#">EDUCAD</a>   | if (educ.9level ge 7) educ4cat = 4; educ.ba = 1.  |
| educ.ba       | educational attainment: bachelor's degree or higher      | <a href="#">EDUCBA</a>   |   |
| employed      | any employment (full- or part-time)                      | <a href="#">YES/NO</a>   | if ( <a href="#">sni.employ_raw</a> = 0) employed = 0; if ( <a href="#">sni.employ_raw</a> ge 1) employed = 1.  |
| marstat5      | Marital Status, 5 categories                             | <a href="#">MARSTAT5</a> |   |
| mstat.1       | marital status: married/marriage-like relationship       | <a href="#">MARSTM</a>   |   |
| mstat.2       | marital status: never married/marriage-like relationship | <a href="#">MARSTN</a>   |   |
| mstat.3       | marital status: separated                                | <a href="#">MARSTS</a>   |   |
| mstat.4       | marital status: divorced                                 | <a href="#">MARSTD</a>   |   |

**DEMOGRAPHICS**

| VARIABLE NAME  | VARIABLE LABEL                                | VALUES                   | FORMULA |
|----------------|---|--------------------------|---------|
| sescom         | Subjective SES: community ladder score        |                          |         |
| sesusa         | Subjective SES: USA ladder score              |                          |         |
| ownhome        | Subject owns his/her own home                 | <a href="#">YES/NO</a>   |         |
| ownhome2       | Subject owns his/her own home                 | <a href="#">OWNHM</a>    |         |
| ledsdemo       | ****DEMOGRAPHIC VARIABLES FROM THE LEDS****   |                          |         |
| leds.date      | LEDS: interview date                          |                          |         |
| leds.dob       | LEDS: date of birth                           |                          |         |
| leds.sex       | LEDS: sex                                     | <a href="#">SEX</a>      |         |
| leds.marhis    | LEDS: marital history                         | <a href="#">MARSTAT9</a> |         |
| leds.lenmar    | LEDS: length of present marital status        |                          |         |
| leds.culbck    | LEDS: cultural background                     | <a href="#">LEDSRACE</a> |         |
| leds.educ      | LEDS: education level                         | <a href="#">LEDSEDUC</a> |         |
| leds.speduc    | LEDS: spouse's education level                | <a href="#">LEDEDUC</a>  |         |
| leds.brthord   | LEDS: position among siblings                 | <a href="#">LEDSBRTH</a> |         |
| leds.sibath    | LEDS: age at death of first sibling           |                          |         |
| Leds.childno   | LEDS: number of children                      | <a href="#">LEDSNUM</a>  |         |
| leds.grndchil  | LEDS: number of grandchildren                 | <a href="#">LEDSNUM</a>  |         |
| leds.hsetot    | LEDS: total # persons in the household        |                          |         |
| leds.ohsetot   | LEDS: total # relatives outside the household |                          |         |
| leds.frndtot   | LEDS: number of friends and acquaintances     |                          |         |
| leds.nbrtot    | LEDS: number of neighbors                     |                          |         |
| leds.wrktot    | LEDS: number of work associates               |                          |         |
| leds.romtot    | LEDS: number of romantic partners             |                          |         |
| leds.orgtot    | LEDS: number of organization memberships      |                          |         |
| leds.conftot   | LEDS: number of confidants                    |                          |         |
| leds.chldrelig | LEDS: religion in childhood                   | <a href="#">LEDSREL</a>  |         |

**DEMOGRAPHICS Value Labels for Categorical and Dichotomous Variables (1/2)**

| CODE  | VALUE LABELS   | CODE   | VALUE LABELS  | CODE     | VALUE LABELS  |
|-------|--|--------|---|----------|---|
| SEX   | 0=male<br>1=female   | EDUC9  | 1=Didn't finish high school<br>2=less than HS, completed VO/TECH program<br>3=Completed high school   | YES/NO   | 0=no<br>1=yes   |
| RACE5 | 1=White/Caucasian<br>2=Black/African-American<br>3=Native American, Eskimo, Aleut<br>4=Asian or Pacific Islander<br>5=Hispanic |        | 4=HS + VO/TECH program<br>5=Less than 2 yrs college<br>6=2+ years + degree<br>7=Bachelor's degree<br>8=Master's degree<br>9=PhD, MD, or other higher degree | MARSTAT5 | 1=currently married/living in marital-like relationship<br>2=never married/lived in marital-like relationship<br>3=separated<br>4=divorced<br>5=widowed |
| RACEW | 0=all others<br>1=White/Caucasian  | EDUC4  | 1=HS grad or lower<br>2=some college, but lt 2 yrs  | MARSTM   | 0=other status<br>1=currently married/living in marital-like relationship   |
| RACEB | 0=all others<br>1=Black/African-American   |        | 3=2+ yrs college + degree<br>4=bachelor's degr or higher  | MARSTN   | 0=other status<br>1=never married/lived in marital-like relationship  |
| RACEN | 0=all others<br>1=Native American, Eskimo, Aleut   | EDUCHS | 0=all others<br>1=HS grad or lower  | MARSTS   | 0=other status<br>1=separated   |
| RACEA | 0=all others<br>1=Asian or Pacific Islander  | EDUCSC | 0=all others<br>1=some college, but < 2 yrs   | MARSTD   | 0=other status<br>1=divorced  |
| RACEH | 0=all others<br>1=Hispanic   | EDUCAD | 0=all others<br>1=2+ yrs college + degree   | OWNHM    | 0=definite no<br>1=definite yes<br>2=unlikely (age <25)<br>3=not at time, but owned post-trial  |
|       |  | EDUCBA | 0=all others<br>1=bachelor's degr or higher   |          |   |

## DEMOGRAPHICS Value Labels for Categorical and Dichotomous Variables (2/2)

| CODE     | VALUE LABELS  | CODE     | VALUE LABELS  | CODE     | VALUE LABELS  |
|----------|---|----------|---|----------|---|
| MARSTAT9 | 0=has always been single and not cohabited<br>1=currently married to first spouse<br>2=cohabiting, no previous cohabitation<br>3=currently cohabiting<br>4= formally separated/divorced from spouse<br>5=separated from cohabitee<br>6=previously widowed<br>7=previous cohabitee died<br>8=remarried | LEDSEDUC | 1=1st grade<br>2=2nd grade<br>3=3rd grade<br>4=4th grade<br>5=5th grade<br>6=6th grade<br>7=7th grade<br>8=8th grade<br>9=9th grade<br>10=10th grade                | LEDSBRTH | 0=only<br>1=eldest<br>2=middle<br>3=youngest                |
| LEDSRACE | 1=White indigenous<br>2=Black indigenous<br>3=Asian<br>4=Hispanic<br>5=Other  |          | 11=11th grade<br>12=12th grade<br>14=partial college, tech, business<br>16=college graduate<br>17=partial grad. or professional<br>18=graduate or professional deg. | LEDSNUM  | 0<br>1<br>2<br>3<br>4<br>5<br>6<br>7<br>8<br>9 or more      |
|          |   |          | 19=other<br>20=special education, 1-3 years<br>21=special education, 4-6 years<br>22=special education, 7+ years  | LEDSREL  | 0=none<br>1=Catholic<br>2=Protestant<br>3=Jewish<br>4=Other |

**CHILDHOOD SES**

| VARIABLE NAME  | VARIABLE LABEL                                 | VALUE LABELS           | FORMULA  |
|----------------|--|------------------------|--|
| chldses        | *****CHILDHOOD SOCIOECONOMIC STATUS*****       |                        |  |
| csest.edufrhr  | CSES: father's educational attainment          | <a href="#">EDUC9</a>  |  |
| csest.edumthr  | CSES: mother's educational attainment          |                        |  |
| csest.eduhipar | CSES: education of parent with more schooling  |                        | if (csest.edufrhr ge csest.edumthr) csest.eduhipar = csest.edufrhr;<br>if (csest.edufrhr lt csest.edumthr) csest.eduhipar = csest.edumthr. |
|                |  |                        |  |
| csest.edufrhr  | CSES: father's educational attainment (years)  |                        |  |
| csest.edumthr  | CSES: mother's educational attainment (years)  |                        | see <a href="#">educ.years</a> for computation   |
| csest.own1     | CSES: parents owned home at participant age 1  | <a href="#">YES/NO</a> |  |
| csest.own2     | CSES: parents owned home at participant age 2  |                        |  |
| csest.own3     | CSES: parents owned home at participant age 3  |                        |  |
| csest.own4     | CSES: parents owned home at participant age 4  |                        |  |
| csest.own5     | CSES: parents owned home at participant age 5  |                        |  |
| csest.own6     | CSES: parents owned home at participant age 6  |                        |  |
| csest.own7     | CSES: parents owned home at participant age 7  |                        |  |
| csest.own8     | CSES: parents owned home at participant age 8  |                        |  |
| csest.own9     | CSES: parents owned home at participant age 9  |                        |  |
| csest.own10    | CSES: parents owned home at participant age 10 |                        |  |
| csest.own11    | CSES: parents owned home at participant age 11 |                        |  |
| csest.own12    | CSES: parents owned home at participant age 12 |                        |  |
| csest.own13    | CSES: parents owned home at participant age 13 |                        |  |
| csest.own14    | CSES: parents owned home at participant age 14 |                        |  |
| csest.own15    | CSES: parents owned home at participant age 15 |                        |  |
| csest.own16    | CSES: parents owned home at participant age 16 |                        |  |
| csest.own17    | CSES: parents owned home at participant age 17 |                        |  |
| csest.own18    | CSES: parents owned home at participant age 18 |                        |  |
| csest.yrs12own | CSES: total yrs owned home, ages 1-12          |                        | csest.yrs12own = sum.12(csest.own1 to csest.own12).  |
| csest.yrs18own | CSES: total yrs owned home, ages 1-18          |                        | csest.yrs18own = sum.12(csest.own1 to csest.own18).  |

**HEALTH PRACTICES**

| VARIABLE NAME   | VARIABLE LABEL   | VALUES                 | FORMULA   |
|-----------------|--|------------------------|---|
| HLTHPRCT        | *****BEGIN HEALTH PRACTICES DATA*****                      |                        |   |
| smk             | *****SMOKING*****  |                        |   |
| smk.now         | SMK: current smoker  | <a href="#">YES/NO</a> |   |
| smk.numcig      | SMK: avg # cigarettes smoked per day                       |                        |   |
| smk.numcgr      | SMK: avg # cigars smoked per day                           |                        |   |
| smk.numtob      | SMK: avg # bowls tobacco smoked per day                    |                        |   |
| smk.mins        | SMK: minutes after wake-up have first smoke                |                        |   |
| smk.ever        | SMK: ever smoke on a daily basis                           | <a href="#">YES/NO</a> |   |
| smk.xnmcig      | SMK: avg # cigarettes used to smoke per day                |                        |   |
| smk.xnmcgr      | SMK: avg # cigars used to smoke per day                    |                        |   |
| smk.xnmtob      | SMK: avg # bowls tobacco used to smoke per day             |                        |   |
| smk.qtdate      | SMK: when quit smoking (date format)                       |                        |   |
| alc             | *****ALCOHOL CONSUMPTION*****                              |                        |   |
| alc.now         | ALC: current drinker                                       | <a href="#">YES/NO</a> |   |
| alc.wkdays_raw  | ALC: # weekdays drink alcohol (RAW)                        | <a href="#">WKDAY</a>  |   |
| alc.wkdrnks_raw | ALC: avg # alcoholic drinks on weekdays (RAW)              |                        |   |
| alc.wndays_raw  | ALC: # weekend days drink alcohol (RAW)                    | <a href="#">WNDAY</a>  |   |
| alc.wndrnks_raw | ALC: avg # alcoholic drinks on weekend days (RAW)          |                        |   |
| alc.ever        | ALC: ever drink alcohol at least once a week               | <a href="#">YES/NO</a> |   |
| alc.xdays       | ALC: avg # days/week used to drink                         |                        |   |
| alc.xdrnks      | ALC: avg # drinks/day used to drink                        |                        |   |
| alc.qtdate      | ALC: date quit drinking (date format)                      |                        |   |
| alc.wkdays      | ALC: #weekdays drink alcohol (occasional drinkers = 0)     |                        | if (alc.wkdays_raw lt 6) alc.wkdays = alc.wkdays_raw; if (alc.wkdays_raw = 6) alc.wkdays = 0.     |
| alc.wndays      | ALC: #weekend days drink alcohol (occasional drinkers = 0) |                        | if (alc.wndays_raw lt 6) alc.wndays = alc.wndays_raw; if (alc.wndays_raw = 6) alc.wndays = 0.     |
| alc.occkw       | ALC: occasional weekday drinker (computed)                 | <a href="#">YES/NO</a> | if (alc.wkdays_raw = 6) alc.occkw = 1; if (alc.wkdays_raw lt 6) alc.occkw = 0.                    |
| alc.occw        | ALC: occasional weekend day drinker (computed)             | <a href="#">YES/NO</a> | if (alc.wndays_raw = 6) alc.occw = 1; if (alc.wndays_raw >0 and alc.wndays_raw ≤ 2) alc.occw = 0. |

**HEALTH PRACTICES**

| VARIABLE NAME   | VARIABLE LABEL  | VALUES                 | FORMULA   |
|-----------------|---|------------------------|---|
| alc.wkdrnks     |   |                        | if (alc.wkdays_raw ≥ 1 and alc.wkdays_raw < 5) alc.wkdrnks = alc.wkdrnks_raw;<br>if (alc.wkdays_raw = 0 or alc.wkdays_raw = 6) alc.wkdrnks = 0. |
| alc.wndrnks     |   |                        | if (alc.wndays_raw = 1 or alc.wndays_raw = 2) alc.wndrnks = alc.wndrnks_raw;<br>if (alc.wndays_raw = 0 or alc.wndays_raw = 6) alc.wndrnks = 0.  |
| alc.totdays     | ALC: total drinking days (computed) per 7-day week                  |                        | alc.totdays = sum(alc.wkdays, alc.wndays)   |
| alc.totdrnks    | ALC: total drinks consumed (computed) per 7-day week                |                        | alc.totdrnks = sum(alc.wkdrnks, alc.wndrnks).   |
| phys            | *****PHYSICAL ACTIVITY*****   |                        |   |
| act.exer        | ACT: exercise weekly  | <a href="#">YES/NO</a> |   |
| act.exdays      | ACT: days per week of exercise                                      |                        |   |
| act.exmin       | ACT: minutes per day of exercise                                    |                        |   |
| act.minwk       | ACT: minutes per week of exercise                                   |                        |   |
| act.exert       | ACT: usual level of exertion during exercise (0=none, 10=max)       |                        |   |
| slp             | *****SELF-REPORTED SLEEP*****                                       |                        |   |
| psqi.bdtm       | PSQI: usual bedtime during past month                               |                        |   |
| psqi.wktm       | PSQI: usual wake-up time during past month                          |                        |   |
| psqi.flslp      | PSQI: usual time (minutes) taken to fall asleep in past month       |                        |   |
| psqi.lstpm      | PSQI: sleep lost b/c of middle of night wake up in past month (min) |                        |   |
| psqi.lstam      | PSQI: sleep lost b/c of early wake up in past month (min)           |                        |   |
| psqi.slql       | PSQI: overall sleep quality in past month                           | <a href="#">PSQIQL</a> |   |
| psqi.bedtime    | PSQI: usual bedtime in past month (24-hr time)                      |                        |   |
| psqi.waketime   | PSQI: usual wake-time in past month (24-hr time)                    |                        |   |
| psqi.minbed     | PSQI: calculated total minutes spent in bed                         |                        | psqi.minbed = datediff(psqi.waketime, psqi.bedtime, "minutes").<br><b>NOTE:</b> if (psqi.minbed lt 0) psqi.minbed = psqi.minbed+1440.           |
| psqi.hrsbed     | PSQI: calculated total hours spent in bed                           |                        | psqi.hrsbed = psqi.minbed/60  |
| psqi.minlost    | PSQI: calculated minutes of sleep lost                              |                        | psqi.minlost = sum.3(psqi.flslp, psqi.lstpm, psqi.lstam).   |
| psqi.hrslost    | PSQI: calculated hours of sleep lost                                |                        | psqi.hrslost = psqi.minlost/60  |
| psqi.duration   | PSQI: sleep duration (hrs in bed - hrs sleep lost)                  |                        | psqi.duration = (psqi.hrsbed-psqi.hrslost).   |
| psqi.efficiency | PSQI: sleep efficiency  |                        | psqi.efficiency = [(psqi.hrsbed-psqi.hrslost)/psqi.hrsbed]*100.   |

## HEALTH PRACTICES

| VARIABLE NAME | VARIABLE LABEL                                    | VALUES | FORMULA |
|---------------|---|--------|---------|
| diet          | *****DIET*****                                    |        |         |
| kcal          | FFQ: total daily calories consumed (kcal)         |        |         |
| protein       | FFQ: total protein (g)                            |        |         |
| totfat        | FFQ: total fat (g)                                |        |         |
| carb          | FFQ: total carbohydrate (g)                       |        |         |
| calcium       | FFQ: total calcium (mg) from food                 |        |         |
| phosph        | FFQ: total phosphorus (mg) from food              |        |         |
| iron          | FFQ: total iron (mg) from food                    |        |         |
| sodium        | FFQ: total sodium (mg) from food                  |        |         |
| potassm       | FFQ: total potassium (mg) from food               |        |         |
| vita_iu       | FFQ: vitamin A (IU) from food                     |        |         |
| vita_re       | FFQ: vitamin A (mcg RAE) from food                |        |         |
| thiamin       | FFQ: vitamin B1 / thiamine (mg) from food         |        |         |
| riboflv       | FFQ: vitamin B2 / riboflavin (mg) from food       |        |         |
| niacin        | FFQ: vitamin B3 / niacin (mg) from food           |        |         |
| vitc          | FFQ: vitamin C (mg) from food                     |        |         |
| satfat        | FFQ: saturated fat (g)                            |        |         |
| oleic         | FFQ: oleic acid (g)                               |        |         |
| linoleic      | FFQ: linoleic acid (g)                            |        |         |
| cholest       | FFQ: dietary cholesterol (mg)                     |        |         |
| fiber         | FFQ: dietary fiber (g)                            |        |         |
| folate        | FFQ: folate / vitamin B9 (mcg) from food          |        |         |
| vite          | FFQ: vitamin E (IU) from food                     |        |         |
| zinc          | FFQ: zinc (mg) from food - plant/fortified cereal |        |         |
| zincmeat      | FFQ: zinc (mg) from food - animal protein         |        |         |
| vitb6         | FFQ: vitamin B6 (mg) from food                    |        |         |
| magnesm       | FFQ: magnesium (mg) from food                     |        |         |
| alphcart      | FFQ: alpha-carotene (mcg RAE) from food           |        |         |
| betacart      | FFQ: beta-carotene (mcg RAE) from food            |        |         |
| crypto        | FFQ: cryptoxanthin (mcg RAE) from food            |        |         |

## HEALTH PRACTICES

| VARIABLE NAME | VARIABLE LABEL   | VALUES | FORMULA |
|---------------|--|--------|---------|
| lutein        | FFQ: lutein (mcg RAE) from food                              |        |         |
| lycopene      | FFQ: lycopene (mcg RAE) from food                            |        |         |
| retinol       | FFQ: retinol (mcg RAE) from food                             |        |         |
| carotene      | FFQ: carotene (mcg RAE) from food                            |        |         |
| kcal_na       | FFQ: daily calories (kcal) excluding alcohol                 |        |         |
| prot_na       | FFQ: daily protein (g) excluding alcohol                     |        |         |
| totfat_na     | FFQ: total fat (g) excluding alcohol                         |        |         |
| carb_na       | FFQ: carbohydrates (g) excluding alcohol                     |        |         |
| phosph_na     | FFQ: phosphorus (mg) excluding alcohol                       |        |         |
| potass_na     | FFQ: potassium (mg) excluding alcohol                        |        |         |
| riboflv_na    | FFQ: riboflavin (mg) excluding alcohol                       |        |         |
| niacin_na     | FFQ: niacin (mg) excluding alcohol                           |        |         |
| vita_iu_sn    | FFQ: vitamin A (IU) with adjustment for seasonality          |        |         |
| vita_re_sn    | FFQ: vitamin A (mcg RAE) with adjustment for seasonality     |        |         |
| vitc_sn       | FFQ: vitamin C (mg) with adjustment for seasonality          |        |         |
| fiber_sn      | FFQ: dietary fiber (g) with adjustment for seasonality       |        |         |
| folate_sn     | FFQ: folate (mcg) with adjustment for seasonality            |        |         |
| alphc_sn      | FFQ: alpha-carotene (mcg RAE) w/ adjustment for seasonality  |        |         |
| betac_sn      | FFQ: beta-carotene (mcg RAE) with adjustment for seasonality |        |         |
| cryp_sn       | FFQ: cryptoxanthin (mcg RAE) with adjustment for seasonality |        |         |
| lutn_sn       | FFQ: lutein (mcg RAE) with adjustment for seasonality        |        |         |
| lyco_sn       | FFQ: lycopene (mcg RAE) with adjustment for seasonality      |        |         |
| retin_sn      | FFQ: retinol (mcg RAE) with adjustment for seasonality       |        |         |
| carot_sn      | FFQ: carotene (mcg RAE) with adjustment for seasonality      |        |         |
| gmfood        | FFQ: total daily grams of solid food                         |        |         |
| pctfat        | FFQ: % daily calories from fat                               |        |         |
| pctprot       | FFQ: % daily calories from protein                           |        |         |
| pctcarb       | FFQ: % daily calories from carbohydrates                     |        |         |
| pctsweet      | FFQ: % daily calories from sweets                            |        |         |
| pctalc        | FFQ: % daily calories from alcohol                           |        |         |

## HEALTH PRACTICES

| VARIABLE NAME | VARIABLE LABEL   | VALUES | FORMULA |
|---------------|--|--------|---------|
| pctfat_na     | FFQ: % daily non-alcohol calories from fat                   |        |         |
| pctprot_na    | FFQ: % daily non-alcohol calories from protein               |        |         |
| pctcarb_na    | FFQ: % daily non-alcohol calories from carbohydrates         |        |         |
| fibr.Bean     | FFQ: fiber from beans (g)                                    |        |         |
| fibr.VegFr    | FFQ: fiber from fruits and vegetables (g)                    |        |         |
| fibr.Grain    | FFQ: fiber from grains (g)                                   |        |         |
| supvita       | FFQ: vitamin A (IU) from supplements                         |        |         |
| supvitc       | FFQ: vitamin C (mg) from supplements                         |        |         |
| supvitd       | FFQ: vitamin D (IU) from supplements                         |        |         |
| supvite       | FFQ: vitamin E (IU) from supplements                         |        |         |
| supiron       | FFQ: iron (mg) from supplements                              |        |         |
| supcalc       | FFQ: calcium (mg) from supplements                           |        |         |
| supzinc       | FFQ: zinc (mg) from supplements                              |        |         |
| supbeta       | FFQ: beta-carotene (mcg RAE) from supplements                |        |         |
| supb1b2       | FFQ: vitamin B1 or B2 (mg) from supplements                  |        |         |
| supb6         | FFQ: vitamin B6 (mg) from supplements                        |        |         |
| supb12        | FFQ: vitamin B12 (mcg) from supplements                      |        |         |
| supfolat      | FFQ: folate/folic acid (mcg) from supplements                |        |         |
| supcopr       | FFQ: copper (mg) from supplements                            |        |         |
| freqveg       | FFQ: vegetables (servings per day)                           |        |         |
| freqfrt       | FFQ: fruit and fruit juice (servings per day)                |        |         |
| freqbread     | FFQ: bread, cereals, rice, and pasta (servings per day)      |        |         |
| freqdairy     | FFQ: milk, yogurt, and cheese (servings per day)             |        |         |
| freqmeat      | FFQ: meat, fish, poultry, beans, and eggs (servings per day) |        |         |
| freqfats      | FFQ: fats and oils (servings per day)                        |        |         |
| freqylveg     | FFQ: yellow and leafy green vegetables (servings per day)    |        |         |
| freqcitrs     | FFQ: citrus fruits and juices (servings per day)             |        |         |
| varveg        | FFQ: vegetables (# different types/week)                     |        |         |
| varfrt        | FFQ: fruits and juices (# different types/week)              |        |         |
| varbread      | FFQ: breads, cereals, etc. (# different types/week)          |        |         |

**HEALTH PRACTICES**

| VARIABLE NAME | VARIABLE LABEL  | VALUES                 | FORMULA |
|---------------|---|------------------------|---------|
| vardairy      | FFQ: dairy products (# different types/week)              |                        |         |
| varmeat       | FFQ: meats, etc. (# different types/week)                 |                        |         |
| varfats       | FFQ: fats and sweets (# different types/week)             |                        |         |
| zincfood      | FFQ: total zinc (mg) from food - plant and animal         |                        |         |
| totvita_iu    | FFQ: total vitamin A (IU) - food and supplements          |                        |         |
| totvitc       | FFQ: total vitamin C (mg) - food and supplements          |                        |         |
| totvite       | FFQ: total vitamin E (IU) - food and supplements          |                        |         |
| totiron       | FFQ: total iron (mg) - food and supplements               |                        |         |
| totcalc       | FFQ: total calcium (mg) - food and supplements            |                        |         |
| totzinc       | FFQ: total zinc (mg) - food and supplements               |                        |         |
| totbetac      | FFQ: total beta-carotene (mcg RAE) - food and supplements |                        |         |
| totvitb6      | FFQ: total vitamin B6 (mg) - food and supplements         |                        |         |
| totfolate     | FFQ: total folate/folic acid (mcg) - food and supplements |                        |         |
| gooddiet      | Case had good diet data                                   | <a href="#">YES/NO</a> |         |
| dieterror     | Case had severe error in data                             | <a href="#">YES/NO</a> |         |

**HEALTH PRACTICES Value Labels for Categorical and Dichotomous Variables**

| CODE   | VALUE LABELS   | CODE   | VALUE LABELS   |
|--------|--|--------|--|
| YES/NO | 0=no<br>1=yes  | WNDAY  | 0=never drink on a weekend day<br>1=1 day<br>2=both days   |
| WKDAY  | 0=never drink on a weekday<br>1=1 day<br>2=2 days<br>3=3 days<br>4=4 days<br>5=5 days<br>6=occasionally drink on a weekday | PSQIQL | 0=very good<br>1=fairly good<br>2=fairly bad<br>3=very bad |

**PSYCHOLOGICAL AND SOCIAL**

| <b>VAR NAME</b> | <b>VARIABLE LABEL</b>                         | <b>VALUES</b>         | <b>FORMULA</b> |
|-----------------|---|-----------------------|----------------|
| PSYCHSOC        | *****BEGIN PSYCHOLOGICAL AND SOCIAL DATA***** |                       |                |
| taq             | *****TRAIT ADJECTIVE DATA*****                |                       |                |
| taq.untilk.1    | TAQ (7-8 wks pre-Quarantine): untalkative     | <a href="#">ACC04</a> |                |
| taq.genrs.1     | TAQ (7-8 wks pre-Quarantine): generous        |                       |                |
| taq.orgnz.1     | TAQ (7-8 wks pre-Quarantine): organized       |                       |                |
| taq.anx.1       | TAQ (7-8 wks pre-Quarantine): anxious         |                       |                |
| taq.innov.1     | TAQ (7-8 wks pre-Quarantine): innovative      |                       |                |
| taq.actv.1      | TAQ (7-8 wks pre-Quarantine): active          |                       |                |
| taq.happy.1     | TAQ (7-8 wks pre-Quarantine): happy           |                       |                |
| taq.tired.1     | TAQ (7-8 wks pre-Quarantine): tired           |                       |                |
| taq.fear.1      | TAQ (7-8 wks pre-Quarantine): fearful         |                       |                |
| taq.ineff.1     | TAQ (7-8 wks pre-Quarantine): inefficient     |                       |                |
| taq.rsntfl.1    | TAQ (7-8 wks pre-Quarantine): resentful       |                       |                |
| taq.unimg.1     | TAQ (7-8 wks pre-Quarantine): unimaginative   |                       |                |
| taq.pepy.1      | TAQ (7-8 wks pre-Quarantine): peppy           |                       |                |
| taq.sad.1       | TAQ (7-8 wks pre-Quarantine): sad             |                       |                |
| taq.extrv.1     | TAQ (7-8 wks pre-Quarantine): extraverted     |                       |                |
| taq.plsnt.1     | TAQ (7-8 wks pre-Quarantine): pleasant        |                       |                |
| taq.dsorg.1     | TAQ (7-8 wks pre-Quarantine): disorganized    |                       |                |
| taq.tense.1     | TAQ (7-8 wks pre-Quarantine): tense           |                       |                |
| taq.bshfl.1     | TAQ (7-8 wks pre-Quarantine): bashful         |                       |                |
| taq.kind.1      | TAQ (7-8 wks pre-Quarantine): kind            |                       |                |
| taq.slugg.1     | TAQ (7-8 wks pre-Quarantine): sluggish        |                       |                |
| taq.exctd.1     | TAQ (7-8 wks pre-Quarantine): excited         |                       |                |
| taq.tchy.1      | TAQ (7-8 wks pre-Quarantine): touchy          |                       |                |
| taq.intrsp.1    | TAQ (7-8 wks pre-Quarantine): introspective   |                       |                |
| taq.lvly.1      | TAQ (7-8 wks pre-Quarantine): lively          |                       |                |
| taq.unhpy.1     | TAQ (7-8 wks pre-Quarantine): unhappy         |                       |                |
| taq.shy.1       | TAQ (7-8 wks pre-Quarantine): shy             |                       |                |

## PSYCHOLOGICAL AND SOCIAL

| VAR NAME     | VARIABLE LABEL                              | VALUES                | FORMULA |
|--------------|---|-----------------------|---------|
| taq.rude.1   | TAQ (7-8 wks pre-Quarantine): rude          | <a href="#">ACC04</a> |         |
| taq.neat.1   | TAQ (7-8 wks pre-Quarantine): neat          |                       |         |
| taq.tlktv.1  | TAQ (7-8 wks pre-Quarantine): talkative     |                       |         |
| taq.crtv.1   | TAQ (7-8 wks pre-Quarantine): creative      |                       |         |
| taq.syst.1   | TAQ (7-8 wks pre-Quarantine): systematic    |                       |         |
| taq.inact.1  | TAQ (7-8 wks pre-Quarantine): inactive      |                       |         |
| taq.timid.1  | TAQ (7-8 wks pre-Quarantine): timid         |                       |         |
| taq.unsym.1  | TAQ (7-8 wks pre-Quarantine): unsympathetic |                       |         |
| taq.irrt.1   | TAQ (7-8 wks pre-Quarantine): irritable     |                       |         |
| taq.intll.1  | TAQ (7-8 wks pre-Quarantine): intelligent   |                       |         |
| taq.enths.1  | TAQ (7-8 wks pre-Quarantine): enthusiastic  |                       |         |
| taq.calm.1   | TAQ (7-8 wks pre-Quarantine): calm          |                       |         |
| taq.blue.1   | TAQ (7-8 wks pre-Quarantine): blue          |                       |         |
| taq.pssv.1   | TAQ (7-8 wks pre-Quarantine): passive       |                       |         |
| taq.hrsh.1   | TAQ (7-8 wks pre-Quarantine): harsh         |                       |         |
| taq.uncrtv.1 | TAQ (7-8 wks pre-Quarantine): uncreative    |                       |         |
| taq.rlxd.1   | TAQ (7-8 wks pre-Quarantine): relaxed       |                       |         |
| taq.intns.1  | TAQ (7-8 wks pre-Quarantine): intense       |                       |         |
| taq.intrv.1  | TAQ (7-8 wks pre-Quarantine): introverted   |                       |         |
| taq.coprtv.1 | TAQ (7-8 wks pre-Quarantine): cooperative   |                       |         |
| taq.imprct.1 | TAQ (7-8 wks pre-Quarantine): impractical   |                       |         |
| taq.phil.1   | TAQ (7-8 wks pre-Quarantine): philosophical |                       |         |
| taq.deprs.1  | TAQ (7-8 wks pre-Quarantine): depressed     |                       |         |
| taq.ease.1   | TAQ (7-8 wks pre-Quarantine): at ease       |                       |         |
| taq.unknd.1  | TAQ (7-8 wks pre-Quarantine): unkind        |                       |         |
| taq.thoro.1  | TAQ (7-8 wks pre-Quarantine): thorough      |                       |         |
| taq.chrfl.1  | TAQ (7-8 wks pre-Quarantine): cheerful      |                       |         |
| taq.imgn.1   | TAQ (7-8 wks pre-Quarantine): imaginative   |                       |         |
| taq.nervs.1  | TAQ (7-8 wks pre-Quarantine): nervous       |                       |         |
| taq.unsys.1  | TAQ (7-8 wks pre-Quarantine): unsystematic  |                       |         |

## PSYCHOLOGICAL AND SOCIAL

| VAR NAME     | VARIABLE LABEL                             | VALUES                | FORMULA |
|--------------|--|-----------------------|---------|
| taq.wrmhrt.1 | TAQ (7-8 wks pre-Quarantine): warm-hearted | <a href="#">ACC04</a> |         |
| taq.bored.1  | TAQ (7-8 wks pre-Quarantine): bored        |                       |         |
| taq.quiet.1  | TAQ (7-8 wks pre-Quarantine): quiet        |                       |         |
| taq.plsd.1   | TAQ (7-8 wks pre-Quarantine): pleased      |                       |         |
| taq.untilk.2 | TAQ (Quarantine Day 0): untalkative        |                       |         |
| taq.genrs.2  | TAQ (Quarantine Day 0): generous           |                       |         |
| taq.orgnz.2  | TAQ (Quarantine Day 0): organized          |                       |         |
| taq.anx.2    | TAQ (Quarantine Day 0): anxious            |                       |         |
| taq.innov.2  | TAQ (Quarantine Day 0): innovative         |                       |         |
| taq.actv.2   | TAQ (Quarantine Day 0): active             |                       |         |
| taq.happy.2  | TAQ (Quarantine Day 0): happy              |                       |         |
| taq.tired.2  | TAQ (Quarantine Day 0): tired              |                       |         |
| taq.fear.2   | TAQ (Quarantine Day 0): fearful            |                       |         |
| taq.ineff.2  | TAQ (Quarantine Day 0): inefficient        |                       |         |
| taq.rsntfl.2 | TAQ (Quarantine Day 0): resentful          |                       |         |
| taq.unimg.2  | TAQ (Quarantine Day 0): unimaginative      |                       |         |
| taq.pepy.2   | TAQ (Quarantine Day 0): peppy              |                       |         |
| taq.sad.2    | TAQ (Quarantine Day 0): sad                |                       |         |
| taq.extrv.2  | TAQ (Quarantine Day 0): extraverted        |                       |         |
| taq.plsnt.2  | TAQ (Quarantine Day 0): pleasant           |                       |         |
| taq.dsorg.2  | TAQ (Quarantine Day 0): disorganized       |                       |         |
| taq.tense.2  | TAQ (Quarantine Day 0): tense              |                       |         |
| taq.bshfl.2  | TAQ (Quarantine Day 0): bashful            |                       |         |
| taq.kind.2   | TAQ (Quarantine Day 0): kind               |                       |         |
| taq.slugg.2  | TAQ (Quarantine Day 0): sluggish           |                       |         |
| taq.exctd.2  | TAQ (Quarantine Day 0): excited            |                       |         |
| taq.tchy.2   | TAQ (Quarantine Day 0): touchy             |                       |         |
| taq.intrsp.2 | TAQ (Quarantine Day 0): introspective      |                       |         |
| taq.lvly.2   | TAQ (Quarantine Day 0): lively             |                       |         |
| taq.unhpy.2  | TAQ (Quarantine Day 0): unhappy            |                       |         |

## PSYCHOLOGICAL AND SOCIAL

| VAR NAME     | VARIABLE LABEL                        | VALUES                | FORMULA |
|--------------|---------------------------------------|-----------------------|---------|
| taq.shy.2    | TAQ (Quarantine Day 0): shy           | <a href="#">ACC04</a> |         |
| taq.rude.2   | TAQ (Quarantine Day 0): rude          |                       |         |
| taq.neat.2   | TAQ (Quarantine Day 0): neat          |                       |         |
| taq.tlktv.2  | TAQ (Quarantine Day 0): talkative     |                       |         |
| taq.crtv.2   | TAQ (Quarantine Day 0): creative      |                       |         |
| taq.syst.2   | TAQ (Quarantine Day 0): systematic    |                       |         |
| taq.inact.2  | TAQ (Quarantine Day 0): inactive      |                       |         |
| taq.timid.2  | TAQ (Quarantine Day 0): timid         |                       |         |
| taq.unsym.2  | TAQ (Quarantine Day 0): unsympathetic |                       |         |
| taq.irrt.2   | TAQ (Quarantine Day 0): irritable     |                       |         |
| taq.intll.2  | TAQ (Quarantine Day 0): intelligent   |                       |         |
| taq.enths.2  | TAQ (Quarantine Day 0): enthusiastic  |                       |         |
| taq.calm.2   | TAQ (Quarantine Day 0): calm          |                       |         |
| taq.blue.2   | TAQ (Quarantine Day 0): blue          |                       |         |
| taq.pssv.2   | TAQ (Quarantine Day 0): passive       |                       |         |
| taq.hrsh.2   | TAQ (Quarantine Day 0): harsh         |                       |         |
| taq.uncrtv.2 | TAQ (Quarantine Day 0): uncreative    |                       |         |
| taq.rlxd.2   | TAQ (Quarantine Day 0): relaxed       |                       |         |
| taq.intns.2  | TAQ (Quarantine Day 0): intense       |                       |         |
| taq.intrv.2  | TAQ (Quarantine Day 0): introverted   |                       |         |
| taq.coprtv.2 | TAQ (Quarantine Day 0): cooperative   |                       |         |
| taq.imprct.2 | TAQ (Quarantine Day 0): impractical   |                       |         |
| taq.phil.2   | TAQ (Quarantine Day 0): philosophical |                       |         |
| taq.deprs.2  | TAQ (Quarantine Day 0): depressed     |                       |         |
| taq.ease.2   | TAQ (Quarantine Day 0): at ease       |                       |         |
| taq.unknd.2  | TAQ (Quarantine Day 0): unkind        |                       |         |
| taq.thoro.2  | TAQ (Quarantine Day 0): thorough      |                       |         |
| taq.chrlf.2  | TAQ (Quarantine Day 0): cheerful      |                       |         |
| taq.imgn.2   | TAQ (Quarantine Day 0): imaginative   |                       |         |
| taq.nervs.2  | TAQ (Quarantine Day 0): nervous       |                       |         |

## PSYCHOLOGICAL AND SOCIAL

| VAR NAME     | VARIABLE LABEL                       | VALUES                | FORMULA |
|--------------|--------------------------------------|-----------------------|---------|
| taq.unsys.2  | TAQ (Quarantine Day 0): unsystematic | <a href="#">ACC04</a> |         |
| taq.wrmhrt.2 | TAQ (Quarantine Day 0): warm-hearted |                       |         |
| taq.bored.2  | TAQ (Quarantine Day 0): bored        |                       |         |
| taq.quiet.2  | TAQ (Quarantine Day 0): quiet        |                       |         |
| taq.plsd.2   | TAQ (Quarantine Day 0): pleased      |                       |         |
| taq.slugg.3  | TAQ (Quarantine Day 1): sluggish     |                       |         |
| taq.happy.3  | TAQ (Quarantine Day 1): happy        |                       |         |
| taq.hostl.3  | TAQ (Quarantine Day 1): hostile      |                       |         |
| taq.ease.3   | TAQ (Quarantine Day 1): at ease      |                       |         |
| taq.unhpy.3  | TAQ (Quarantine Day 1): unhappy      |                       |         |
| taq.fpep.3   | TAQ (Quarantine Day 1): full of pep  |                       |         |
| taq.fear.3   | TAQ (Quarantine Day 1): fearful      |                       |         |
| taq.tired.3  | TAQ (Quarantine Day 1): tired        |                       |         |
| taq.edge.3   | TAQ (Quarantine Day 1): on edge      |                       |         |
| taq.enrg.3   | TAQ (Quarantine Day 1): energetic    |                       |         |
| taq.deprs.3  | TAQ (Quarantine Day 1): depressed    |                       |         |
| taq.nervs.3  | TAQ (Quarantine Day 1): nervous      |                       |         |
| taq.plsd.3   | TAQ (Quarantine Day 1): pleased      |                       |         |
| taq.sad.3    | TAQ (Quarantine Day 1): sad          |                       |         |
| taq.frght.3  | TAQ (Quarantine Day 1): frightened   |                       |         |
| taq.slpy.3   | TAQ (Quarantine Day 1): sleepy       |                       |         |
| taq.calm.3   | TAQ (Quarantine Day 1): calm         |                       |         |
| taq.afrd.3   | TAQ (Quarantine Day 1): afraid       |                       |         |
| taq.angry.3  | TAQ (Quarantine Day 1): angry        |                       |         |
| taq.lvly.3   | TAQ (Quarantine Day 1): lively       |                       |         |
| taq.tense.3  | TAQ (Quarantine Day 1): tense        |                       |         |
| taq.chrf1.3  | TAQ (Quarantine Day 1): cheerful     |                       |         |
| taq.fatig.3  | TAQ (Quarantine Day 1): fatigued     |                       |         |
| taq.rlxtd.3  | TAQ (Quarantine Day 1): relaxed      |                       |         |
| taq.rsntfl.3 | TAQ (Quarantine Day 1): resentful    |                       |         |

## PSYCHOLOGICAL AND SOCIAL

| VAR NAME      | VARIABLE LABEL   | VALUES                 | FORMULA |
|---------------|--|------------------------|---------|
| ta.rude.1_r   | TAQ (7-8 wks pre-Quarantine): rude - reversed          | <a href="#">ACC04R</a> |         |
| ta.unsym.1_r  | TAQ (7-8 wks pre-Quarantine): unsympathetic - reversed |                        |         |
| ta.hrsh.1_r   | TAQ (7-8 wks pre-Quarantine): harsh - reversed         |                        |         |
| ta.unknd.1_r  | TAQ (7-8 wks pre-Quarantine): unkind - reversed        |                        |         |
| ta.ineff.1_r  | TAQ (7-8 wks pre-Quarantine): inefficient - reversed   |                        |         |
| ta.dsorg.1_r  | TAQ (7-8 wks pre-Quarantine): disorganized - reversed  |                        |         |
| ta.imprct.1_r | TAQ (7-8 wks pre-Quarantine): impractical - reversed   |                        |         |
| ta.unsys.1_r  | TAQ (7-8 wks pre-Quarantine): unsystematic - reversed  |                        |         |
| ta.anx.1_r    | TAQ (7-8 wks pre-Quarantine): anxious - reversed       |                        |         |
| ta.rsntfl.1_r | TAQ (7-8 wks pre-Quarantine): resentful - reversed     |                        |         |
| ta.sad.1_r    | TAQ (7-8 wks pre-Quarantine): sad - reversed           |                        |         |
| ta.tense.1_r  | TAQ (7-8 wks pre-Quarantine): tense - reversed         |                        |         |
| ta.tchy.1_r   | TAQ (7-8 wks pre-Quarantine): touchy - reversed        |                        |         |
| ta.irrt.1_r   | TAQ (7-8 wks pre-Quarantine): irritable - reversed     |                        |         |
| ta.deprs.1_r  | TAQ (7-8 wks pre-Quarantine): depressed - reversed     |                        |         |
| ta.nervs.1_r  | TAQ (7-8 wks pre-Quarantine): nervous - reversed       |                        |         |
| ta.untilk.1_r | TAQ (7-8 wks pre-Quarantine): untalkative - reversed   |                        |         |
| ta.bshfl.1_r  | TAQ (7-8 wks pre-Quarantine): bashful - reversed       |                        |         |
| ta.shy.1_r    | TAQ (7-8 wks pre-Quarantine): shy - reversed           |                        |         |
| ta.timid.1_r  | TAQ (7-8 wks pre-Quarantine): timid - reversed         |                        |         |
| ta.intrv.1_r  | TAQ (7-8 wks pre-Quarantine): introverted - reversed   |                        |         |
| ta.quiet.1_r  | TAQ (7-8 wks pre-Quarantine): quiet - reversed         |                        |         |
| ta.unimg.1_r  | TAQ (7-8 wks pre-Quarantine): unimaginative - reversed |                        |         |
| ta.uncrtv.1_r | TAQ (7-8 wks pre-Quarantine): uncreative - reversed    |                        |         |
| ta.rude.2_r   | TAQ (Quarantine Day 0): rude - reversed                |                        |         |
| ta.unsym.2_r  | TAQ (Quarantine Day 0): unsympathetic - reversed       |                        |         |
| ta.hrsh.2_r   | TAQ (Quarantine Day 0): harsh - reversed               |                        |         |
| ta.unknd.2_r  | TAQ (Quarantine Day 0): unkind - reversed              |                        |         |
| ta.ineff.2_r  | TAQ (Quarantine Day 0): inefficient - reversed         |                        |         |
| ta.dsorg.2_r  | TAQ (Quarantine Day 0): disorganized - reversed        |                        |         |

**PSYCHOLOGICAL AND SOCIAL**

| VAR NAME      | VARIABLE LABEL   | VALUES                 | FORMULA  |
|---------------|--|------------------------|--|
| ta.imprct.2_r | TAQ (Quarantine Day 0): impractical - reversed   | <a href="#">ACC04R</a> |  |
| ta.unsys.2_r  | TAQ (Quarantine Day 0): unsystematic - reversed  |                        |  |
| ta.anx.2_r    | TAQ (Quarantine Day 0): anxious - reversed   |                        |  |
| ta.rsntfl.2_r | TAQ (Quarantine Day 0): resentful - reversed   |                        |  |
| ta.sad.2_r    | TAQ (Quarantine Day 0): sad - reversed   |                        |  |
| ta.tense.2_r  | TAQ (Quarantine Day 0): tense - reversed   |                        |  |
| ta.tchy.2_r   | TAQ (Quarantine Day 0): touchy - reversed  |                        |  |
| ta.irrt.2_r   | TAQ (Quarantine Day 0): irritable - reversed   |                        |  |
| ta.deprs.2_r  | TAQ (Quarantine Day 0): depressed - reversed   |                        |  |
| ta.nervs.2_r  | TAQ (Quarantine Day 0): nervous - reversed   |                        |  |
| ta.untilk.2_r | TAQ (Quarantine Day 0): untalkative - reversed   |                        |  |
| ta.bshfl.2_r  | TAQ (Quarantine Day 0): bashful - reversed   |                        |  |
| ta.shy.2_r    | TAQ (Quarantine Day 0): shy - reversed   |                        |  |
| ta.timid.2_r  | TAQ (Quarantine Day 0): timid - reversed   |                        |  |
| ta.intrv.2_r  | TAQ (Quarantine Day 0): introverted - reversed   |                        |  |
| ta.quiet.2_r  | TAQ (Quarantine Day 0): quiet - reversed   |                        |  |
| ta.unimg.2_r  | TAQ (Quarantine Day 0): unimaginative - reversed   |                        |  |
| ta.uncrtv.2_r | TAQ (Quarantine Day 0): uncreative - reversed  |                        |  |
| tas           | *****TRAIT AFFECT SCALE VARIABLES*****   |                        |  |
| tas.calmscr.1 | TAS: Calm Subscale Score (7-8 wks pre-Quarantine)  |                        | tas.calmscr.1=mean.2(taq.calm.1, taq.rlxd.1, taq.ease.1)*3.              |
| tas.vigscr.1  | TAS: Vigor Subscale Score (7-8 wks pre-Quarantine)   |                        | tas.vigscr.1=mean.2(taq.pepy.1, taq.lvly.1, taq.enths.1)*3.              |
| tas.anxscr.1  | TAS: Anxiety Subscale Score (7-8 wks pre-Quarantine)   |                        | tas.anx.1=mean.2(taq.anx.1, taq.tense.1, taq.nervs.1)*3.                 |
| tas.dprsscr.1 | TAS: Depression Subscale Score (7-8 wks pre-Quarantine)  |                        | tas.dprsscr.1=mean.3(taq.sad.1, taq.deprs.1, taq.unhpy.1, taq.blue.1)*4. |
| tas.wlbgscr.1 | TAS: Well-Being Subscale Score (7-8 wks pre-Quarantine)  |                        | tas.wlbgscr.1=mean.2(taq.happy.1, taq.chrf.1, taq.plsd.1)*3.             |
| tas.posaf.1   | TAS: Trait Affect Scale - Positive Affect (7-8 wks pre-Q'rnline)                                 |                        | tas.posaf.1 = sum.3(tas.vigscr.1, tas.wlbgscr.1, tas.calmscr.1).         |
| tas.negaf.1   | TAS: Trait Affect Scale - Negative Affect - Anxiety & Depression only - (7-8 wks pre-Quarantine) |                        | tas.negaf.1 = sum.2(tas.anxscr.1, tas.dprsscr.1)                         |
| tas.calmscr.2 | TAS: Calm Subscale Score (Quarantine Day 0)  |                        | tas.calmscr.2=mean.2(taq.calm.2, taq.rlxd.2, taq.ease.2)*3.              |

**PSYCHOLOGICAL AND SOCIAL**

| VAR NAME       | VARIABLE LABEL   | VALUES | FORMULA  |
|----------------|--|--------|--|
| tas.vigscr.2   | TAS: Vigor Subscale Score (Quarantine Day 0)   |        | tas.vigscr.2=mean.2(taq.pepy.2, taq.lvly.2, taq.enths.2)*3.                      |
| tas.anxscr.2   | TAS: Anxiety Subscale Score (Quarantine Day 0)   |        | tas.anx.2=mean.2(taq.anx.2, taq.tense.2, taq.nervs.2)*3.                         |
| tas.dprsscr.2  | TAS: Depression Subscale Score (Quarantine Day 0)  |        | tas.dprsscr.2=mean.3(taq.sad.2, taq.deprs.2,taq.unhpy.2, taq.blue.2)*4.          |
| tas.wlbgscr.2  | TAS: Well-Being Subscale Score (Quarantine Day 0)  |        | tas.wlbgscr.2=mean.2(taq.happy.2, taq.chrfl.2, taq.plsd.2)*3.                    |
| tas.posaf.2    | TAS: Trait Affect Scale - Positive Affect (Quarantine Day 0)                               |        | tas.posaf.2 = sum.3(tas.vigscr.2, tas.wlbgscr.2, tas.calmscr.2).                 |
| tas.negaf.2    | TAS: Trait Affect Scale - Negative Affect - Anxiety & Depression only - (Quarantine Day 0) |        | tas.negaf.2 = sum.2(tas.anxscr.2, tas.dprsscr.2)                                 |
| tas.calmscr.3  | TAS: Calm Subscale Score (Quarantine Day 1)  |        | tas.calmscr.3=mean.2(taq.calm.3, taq.rlxd.3, taq.ease.3).                        |
| tas.vigscr.3   | TAS: Vigor Subscale Score (Quarantine Day 1)   |        | tas.vigscr.3=mean.2(taq.pepy.3, taq.lvly.3, taq.enths.3).                        |
| tas.anxscr.3   | TAS: Anxiety Subscale Score (Quarantine Day 1)   |        | tas.anx.3=mean.2(taq.anx.3, taq.tense.3, taq.nervs.3).                           |
| tas.fatigscr.3 | TAS: Fatigue Subscale Score (Quarantine Day 1)   |        | tas.fatigscr.3=mean.3(taq.slugg.3, taq.tired.3, taq.slpv.3, taq.fatig.3).        |
| tas.dprsscr.3  | TAS: Depression Subscale Score (Quarantine Day 1)  |        | tas.dprsscr.3=mean.3(taq.sad.3, taq.deprs.3,taq.unhpy.3, taq.blue.3).            |
| tas.angscr.3   | TAS: Anger Subscale Score (Quarantine Day 1)   |        | tas.angscr.3=mean.2(taq.hostl.3, taq.angry.3, taq.rsntfl.3).                     |
| tas.wlbgscr.3  | TAS: Well-Being Subscale Score (Quarantine Day 1)  |        | tas.wlbgscr.3=mean.2(taq.happy.3, taq.chrfl.3, taq.plsd.3).                      |
| tas.fearscr.3  | TAS: Fearfulness Subscale Score (Quarantine Day 1)   |        | tas.fearscr.3=mean.2(taq.fear.3, taq.frght.3, taq.afrd.3).                       |
| tas.posaf.3    | TAS: Trait Affect Scale - Positive Affect (Quarantine Day 1)                               |        | tas.posaf.3 = sum.3(tas.calmscr.3, tas.vigscr.3, tas.wlbgscr.3).                 |
| tas.negaf.3    | TAS: Trait Affect Scale - Negative Affect (Quarantine Day 1)                               |        | tas.negaf.3 = sum.3(tas.anxscr.3, tas.angscr.3, tas.dprsscr.3).                  |
| tas.negftg.3   | TAS: Trait Affect Scale - Negative Affect + Fatigue (Q' Day 1)                             |        | tas.negftg.3 = sum.4(tas.anxscr.3, tas.angscr.3, tas.dprsscr.3, tas.fatigscr.3). |
| tas.anxscr     | TAS: Anxiety Subscale Score (avg of 3 Administrations)                                     |        | tas.anxscr = mean.2(tas.anxscr.1, tas.anxscr.2, tas.anxscr.3).                   |
| tas.dprsscr    | TAS: Depression Subscale Score (avg of 3 Administrations)                                  |        | tas.dprsscr = mean.2(tas.dprsscr.1, tas.dprsscr.2, tas.dprsscr.3).               |
| tas.vigscr     | TAS: Vigor Subscale Score (avg of 3 Administrations)                                       |        | tas.vigscr = mean.2(tas.vigscr.1, tas.vigscr.2, tas.vigscr.3).                   |
| tas.wlbgscr    | TAS: Well-Being Subscale Score (avg of 3 Administrations)                                  |        | tas.wlbgscr = mean.2(tas.wlbgscr.1, tas.wlbgscr.2, tas.wlbgscr.3).               |
| tas.calmscr    | TAS: Calm Subscale Score (avg of 3 Administrations)  |        | tas.calmscr = mean.2(tas.calmscr.1, tas.calmscr.2, tas.calmscr.3).               |

**PSYCHOLOGICAL AND SOCIAL**

| VAR NAME       | VARIABLE LABEL   | VALUES | FORMULA  |
|----------------|--|--------|--|
| affcrc         | *****AFFECT CIRCUMPLEX VARIABLES*****                        |        |  |
| ldc.hiact.1    | Larsen & Diener Crc: high activation (7-8 wks pre-Q')        |        | ldc.hiact.1 = mean.2(taq.actv.1, taq.intns.1, taq.exctd.1)*3.    |
| ldc.actpls.1   | Larsen & Diener Crc: activated pleasant (7-8 wks pre-Q')     |        | ldc.actpls.1 = mean.2(taq.lvly.1, taq.pepy.1, taq.enths.1)*3.    |
| ldc.plsnt.1    | Larsen & Diener Crc: pleasant (7-8 wks pre-Quarantine)       |        | ldc.plsnt.1 = mean.2(taq.happy.1, taq.wrmhrt.1, taq.plsd.1)*3.   |
| ldc.unactpls.1 | Larsen & Diener Crc: unactivated pleasant (7-8 wks pre-Q')   |        | ldc.unactpls.1 = mean.2(taq.rlxd.1, taq.calm.1, taq.ease.1)*3.   |
| ldc.loact.1    | Larsen & Diener Crc: low activation (7-8 wks pre-Quarantine) |        | ldc.loact.1 = mean.2(taq.quiet.1, taq.inact.1, taq.pssv.1)*3.    |
| ldc.unactun.1  | Larsen & Diener Crc: unactivated unpleasant (7-8 wks pre-Q') |        | ldc.unactun.1 = mean.2(taq.tired.1, taq.slugg.1, taq.bored.1)*3. |
| ldc.unplsnt.1  | Larsen & Diener Crc: unpleasant (7-8 wks pre-Quarantine)     |        | ldc.unplsnt.1 = mean.2(taq.unhpy.1, taq.sad.1, taq.blue.1)*3.    |
| ldc.actunpls.1 | Larsen & Diener Crc: activated unpleasant (7-8 wks pre-Q')   |        | ldc.actunpls.1 = mean.2(taq.fear.1, taq.nervs.1, taq.anx.1)*3.   |
| ldc.hiact.2    | Larsen & Diener Crc: high activation (Quarantine Day 0)      |        | ldc.hiact.2 = mean.2(taq.actv.2, taq.intns.2, taq.exctd.2)*3.    |
| ldc.actpls.2   | Larsen & Diener Crc: activated pleasant (Quarantine Day 0)   |        | ldc.actpls.2 = mean.2(taq.lvly.2, taq.pepy.2, taq.enths.2)*3.    |
| ldc.plsnt.2    | Larsen & Diener Crc: pleasant (Quarantine Day 0)             |        | ldc.plsnt.2 = mean.2(taq.happy.2, taq.wrmhrt.2, taq.plsd.2)*3.   |
| ldc.unactpls.2 | Larsen & Diener Crc: unactivated pleasant (Q'rntine Day 0)   |        | ldc.unactpls.2 = mean.2(taq.rlxd.2, taq.calm.2, taq.ease.2)*3.   |
| ldc.loact.2    | Larsen & Diener Crc: low activation (Quarantine Day 0)       |        | ldc.loact.2 = mean.2(taq.quiet.2, taq.inact.2, taq.pssv.2)*3.    |
| ldc.unactun.2  | Larsen & Diener Crc: unactivated unpleasant (Q'rntine Day 0) |        | ldc.unactun.2 = mean.2(taq.tired.2, taq.slugg.2, taq.bored.2)*3. |
| ldc.unplsnt.2  | Larsen & Diener Crc: unpleasant (Quarantine Day 0)           |        | ldc.unplsnt.2 = mean.2(taq.unhpy.2, taq.sad.2, taq.blue.2)*3.    |
| ldc.actunpls.2 | Larsen & Diener Crc: activated unpleasant (Q'rntine Day 0)   |        | ldc.actunpls.2 = mean.2(taq.fear.2, taq.nervs.2, taq.anx.2)*3.   |
| ldc.hiact      | Larsen & Diener Crc: high activation (avg 2 administrations) |        | ldc.hiact = mean(ldc.hiact.1, ldc.hiact.2).                      |
| ldc.actpls     | Larsen & Diener Crc: activated pleasant (avg 2 admins)       |        | ldc.actpls = mean(ldc.actpls.1, ldc.actpls.2).                   |
| ldc.plsnt      | Larsen & Diener Crc: pleasant (avg 2 administrations)        |        | ldc.plsnt = mean(ldc.plsnt.1, ldc.plsnt.2).                      |
| ldc.unactpls   | Larsen & Diener Crc: unactivated pleasant (avg 2 admins)     |        | ldc.unactpls = mean(ldc.unactpls.1, ldc.unactpls.2).             |
| ldc.loact      | Larsen & Diener Crc: low activation (avg 2 administrations)  |        | ldc.loact = mean(ldc.loact.1, ldc.loact.2).                      |
| ldc.unactun    | Larsen & Diener Crc: unactivated unpleasant (avg 2 admins)   |        | ldc.unactun = mean(ldc.unactun.1, ldc.unactun.2).                |
| ldc.unplsnt    | Larsen & Diener Crc: unpleasant (avg 2 admins)               |        | ldc.unplsnt = mean(ldc.unplsnt.1, ldc.unplsnt.2).                |
| ldc.actunpls   | Larsen & Diener Crc: activated unpleasant (avg 2 admins)     |        | ldc.actunpls = mean(ldc.actunpls.1, ldc.actunpls.2).             |

**PSYCHOLOGICAL AND SOCIAL**

| VAR NAME      | VARIABLE LABEL   | VALUES | FORMULA  |
|---------------|--|--------|--|
| gb5           | *****5 FACTOR PERSONALITY VARIABLES*****                     |        |  |
| gb5.extrscr.1 | GB5: Goldberg Big 5 - Extraversion (7-8 wks pre-Quarantine)  |        | gb5.extrscr.1 = mean.6(taq.untilk.1_r, taq.quiet.1_r, taq.shy.1_r, taq.bshfl.1_r, taq.intrv.1_r, taq.timid.1_r, taq.tlkvt.1, taq.extrv.1)*8. |
| gb5.agrbscr.1 | GB5: Goldberg Big 5 - Agreeableness (7-8 wks pre-Q'rntine)   |        | gb5.agrbscr.1 = mean.6(taq.kind.1, taq.hrsh.1_r, taq.genrs.1, taq.plsnt.1, taq.coprtv.1, taq.unknd.1_r, taq.unsym.1_r, taq.rude.1_r)*8.      |
| gb5.consscr.1 | GB5: Goldberg Big 5 - Conscientiousness (7-8 wks pre-Q')     |        | gb5.consscr.1 = mean.6(taq.dsorg.1_r, taq.syst.1, taq.ineff.1_r, taq.imprct.1_r, taq.neat.1, taq.unsys.1_r, taq.orgnz.1, taq.thoro.1)*8.     |
| gb5.emotscr.1 | GB5: Goldberg Big 5 - Emotional Stability (7-8 wks pre-Q')   |        | gb5.emotscr.1 = mean.6(taq.tense.1_r, taq.anx.1_r, taq.nervs.1_r, taq.irrt.1_r, taq.tchy.1_r, taq.deprs.1_r, taq.sad.1_r, taq.rsntfl.1_r)*8. |
| gb5.openscr.1 | GB5: Goldberg Big 5 - Open to Experience (7-8 wks pre-Q')    |        | gb5.openscr.1 = mean.6(taq.unimg.1_r, taq.uncrtv.1_r, taq.phil.1, taq.intll.1, taq.imgn.1, taq.crtv.1, taq.innov.1, taq.intrsp.1)*8.         |
| gb5.extrscr.2 | GB5: Goldberg Big 5 - Extraversion (Quarantine Day 0)        |        | gb5.extrscr.2 = mean.6(taq.untilk.2_r, taq.quiet.2_r, taq.shy.2_r, taq.bshfl.2_r, taq.intrv.2_r, taq.timid.2_r, taq.tlkvt.2, taq.extrv.2)*8. |
| gb5.agrbscr.2 | GB5: Goldberg Big 5 - Agreeableness (Quarantine Day 0)       |        | gb5.agrbscr.2 = mean.6(taq.kind.2, taq.hrsh.2_r, taq.genrs.2, taq.plsnt.2, taq.coprtv.2, taq.unknd.2_r, taq.unsym.2_r, taq.rude.2_r)*8.      |
| gb5.consscr.2 | GB5: Goldberg Big 5 - Conscientiousness (Quarantine Day 0)   |        | gb5.consscr.2 = mean.6(taq.dsorg.2_r, taq.syst.2, taq.ineff.2_r, taq.imprct.2_r, taq.neat.2, taq.unsys.2_r, taq.orgnz.2, taq.thoro.2)*8.     |
| gb5.emotscr.2 | GB5: Goldberg Big 5 - Emotional Stability (Quarantine Day 0) |        | gb5.emotscr.2 = mean.6(taq.tense.2_r, taq.anx.2_r, taq.nervs.2_r, taq.irrt.2_r, taq.tchy.2_r, taq.deprs.2_r, taq.sad.2_r, taq.rsntfl.2_r)*8. |
| gb5.openscr.2 | GB5: Goldberg Big 5 - Openness to Experience (Q' Day 0)      |        | gb5.openscr.2 = mean.6(taq.unimg.2_r, taq.uncrtv.2_r, taq.phil.2, taq.intll.2, taq.imgn.2, taq.crtv.2, taq.innov.2, taq.intrsp.2)*8.         |
| gb5.extravg   | GB5: Goldberg Big 5 - Extraversion (avg 2 administrations)   |        | gb5.extrscr = mean(gb5.extrscr.1, gb5.extrscr.2).  |
| gb5.agrbavg   | GB5: Goldberg Big 5 - Agreeableness (avg 2 administrations)  |        | gb5.agrbscr = mean(gb5.agrbscr.1, gb5.agrbscr.2).  |
| gb5.conscavg  | GB5: Goldberg Big 5 - Conscientiousness (avg 2 admins)       |        | gb5.consscr = mean(gb5.consscr.1, gb5.consscr.2).  |
| gb5.emotavg   | GB5: Goldberg Big 5 - Emotional Stability (avg 2 admins)     |        | gb5.emotscr = mean(gb5.emotscr.1, gb5.emotscr.2).  |
| gb5.openavg   | GB5: Goldberg Big 5 - Open to Experience (avg 2 admins)      |        | gb5.openscr = mean(gb5.openscr.1, gb5.openscr.2).  |

**PSYCHOLOGICAL AND SOCIAL**

| <b>VAR NAME</b> | <b>VARIABLE LABEL</b>                             | <b>VALUES</b>           | <b>FORMULA</b>  |
|-----------------|---|-------------------------|---|
| comm            | *****COMMUNAL ORIENTATION*****                    |                         |   |
| comm1           | COMM: item 1                                      | <a href="#">LIKE15</a>  |   |
| comm2           | COMM: item 2                                      |                         |   |
| comm3           | COMM: item 3                                      |                         |   |
| comm4           | COMM: item 4                                      |                         |   |
| comm5           | COMM: item 5                                      |                         |   |
| comm6           | COMM: item 6                                      |                         |   |
| comm7           | COMM: item 7                                      |                         |   |
| comm8           | COMM: item 8                                      |                         |   |
| comm9           | COMM: item 9                                      |                         |   |
| comm10          | COMM: item 10                                     |                         |   |
| comm11          | COMM: item 11                                     |                         |   |
| comm12          | COMM: item 12                                     |                         |   |
| comm13          | COMM: item 13                                     |                         |   |
| comm14          | COMM: item 14                                     |                         |   |
| comm3_r         | COMM: item 3 (reversed)                           | <a href="#">LIKE15R</a> |   |
| comm4_r         | COMM: item 4 (reversed)                           |                         |   |
| comm6_r         | COMM: item 6 (reversed)                           |                         |   |
| comm9_r         | COMM: item 9 (reversed)                           |                         |   |
| comm10_r        | COMM: item 10 (reversed)                          |                         |   |
| comm12_r        | COMM: item 12 (reversed)                          |                         |   |
| comm13_r        | COMM: item 13 (reversed)                          |                         |   |
| comm.total      | COMM: Communal Orientation - Total Score          |                         | comm.total = mean.12(comm1, comm2, comm3_r, comm4_r, comm5, comm6_r, comm7, comm8, comm9_r, comm10_r, comm11, comm12_r, comm13_r, comm14)*14. |
| comm.self       | COMM: Communal Orientation - Communal Toward Self |                         | comm.self = mean.3(comm1, comm7, comm11, comm14)*4.   |

**PSYCHOLOGICAL AND SOCIAL**

| <b>VAR NAME</b> | <b>VARIABLE LABEL</b>   | <b>VALUES</b>         | <b>FORMULA</b>   |
|-----------------|---|-----------------------|--|
| isel            | *****INTERPERSONAL SUPPORT EVALUATION LIST (ISEL)*****  |                       |  |
| isel.trip       | ISEL: if go on a trip...have a hard time finding someone to go with me                        | <a href="#">TF03</a>  |  |
| isel.fear       | ISEL: no one I can share my most private worries and fears with                               |                       |  |
| isel.sick       | ISEL: if sick...could easily find someone to help with daily chores                           |                       |  |
| isel.advc       | ISEL: someone I can turn to for advice about problems with family                             |                       |  |
| isel.mvie       | ISEL: if go to a movie...could easily find someone to go with me                              |                       |  |
| isel.pers       | ISEL: need suggestions on how to deal w/personal problem...someone I can turn to              |                       |  |
| isel.invt       | ISEL: don't often get invited to do things w/others   |                       |  |
| isel.lkaft      | ISEL: if I had to go out of town...difficult to find someone who would look after my place    |                       |  |
| isel.lnch       | ISEL: if wanted to have lunch w/someone...could easily find someone to join me                |                       |  |
| isel.strn       | ISEL: if stranded 10 miles from home...someone I could call to come get me                    |                       |  |
| isel.fam        | ISEL: if family crisis...difficult to find someone to give me good advice                     |                       |  |
| isel.help       | ISEL: if needed help moving...would have a hard time finding someone to help                  |                       |  |
| isel.trip_r     | ISEL: if go on a trip...have a hard time finding someone to go with me (reversed)             | <a href="#">TF03R</a> |  |
| isel.fear_r     | ISEL: no one I can share my most private worries and fears with (reversed)                    |                       |  |
| isel.invt_r     | ISEL: don't often get invited to do things w/others (reversed)                                |                       |  |
| isel.lkaft_r    | ISEL: if I had to go out of town...difficult to find someone who would look after...(reverse) |                       |  |
| isel.fam_r      | ISEL: if family crisis...difficult to find someone to give me good advice (reversed)          |                       |  |
| isel.help_r     | ISEL: if needed help moving...would have a hard time finding someone to help (reversed)       |                       |  |
| isel4appr       | ISEL: 4-item Appraisal Support subscore   |                       | isel4apprs = mean.3(isel.fear_r, isel.advc, isel.pers, isel.fam_r)*4.  |
| isel4belng      | ISEL: 4-item Belonging Support subscore   |                       | isel4belng = mean.3(isel.trip_r, isel.mvie, isel.invt_r, isel.lnch)*4. |
| isel4tang       | ISEL: 4-item Tangible Support subscore  |                       | isel4tang = mean.3(isel.sick, isel.lkaft_r, isel.strn, isel.help_r)*4. |
| isel12tot       | ISEL: 12-item Overall Total Interpersonal Support   |                       | isel12tot = sum.3(isel4apprs, isel4belng, isel4tang).                  |

**PSYCHOLOGICAL AND SOCIAL**

| VARIABLE NAME      | VARIABLE LABEL   | VALUES                  | FORMULA   |
|--------------------|--|-------------------------|---|
| sni                | *****SOCIAL NETWORK INVENTORY (SNI)*****                       |                         |   |
| sni.marstat        | SNI: marital status  | <a href="#">SNIMAR</a>  |   |
| sni.hcc.spouse     | SNI - high contact: spouse/partner                             | <a href="#">YES/NO</a>  | if (sni.marstat = 1) sni.hcc.spouse = 1; if (sni.marstat gt 1) sni.hcc.spouse = 0.  |
| sni.chldrn         | SNI: # children  | <a href="#">SNINUM1</a> |   |
| sni.chldlvng       | SNI: # children living with you                                | <a href="#">SNINUM1</a> |   |
| sni.hcc.chldrn     | SNI - high contact: # children talk to $\geq$ every 2 wks      | <a href="#">SNINUM1</a> |   |
| sni.parnts_raw     | SNI: living parents (RAW)                                      | <a href="#">SNIPAR</a>  |   |
| sni.parnts         | SNI: # living parents  |                         | if (sni.parnts_raw = 0) sni.parnts = 0.<br>if (sni.parnts_raw = 1 or sni.parnts_raw = 2) sni.parnts = 1.<br>if (sni.parnts_raw = 3) sni.parnts = 2. |
| sni.hcc.parnts_raw | SNI: parents talk with $\geq$ every 2 wks (RAW)                | <a href="#">SNIPAR</a>  |   |
| sni.hcc.parnts     | SNI - high contact: # parents talk to $\geq$ every 2 wks       |                         | As above, substituting sni.hcc.parnts_raw for sni.parnts_raw  |
| sni.inlaws_raw     | SNI: living parents-in-law (RAW)                               | <a href="#">SNIINL</a>  |   |
| sni.inlaws         | SNI: # living parents-in-law                                   |                         | if (sni.inlaws_raw = 0) sni.inlaws = 0.<br>if (sni.inlaws_raw = 1 or sni.inlaws_raw = 2) sni.inlaws = 1.<br>if (sni.inlaws_raw = 3) sni.inlaws = 2. |
| sni.hcc.inlaws_raw | SNI: parents-in-law talk with $\geq$ every 2 wks (RAW)         | <a href="#">SNIINL</a>  |   |
| sni.hcc.inlaws     | SNI - high contact: #parents-in-law talk to $\geq$ every 2 wks |                         | As above, substituting sni.hcc.inlaws_raw for sni.inlaws_raw  |
| sni.reltvs         | SNI: # other close relatives                                   | <a href="#">SNINUM1</a> |   |
| sni.hcc.reltvs     | SNI - high contact: #close family talk to $\geq$ every 2 wks   | <a href="#">SNINUM1</a> |   |
| sni.frnds          | SNI: # close friends   | <a href="#">SNINUM1</a> |   |
| sni.hcc.frnds      | SNI - high contact: #close friends talk to $\geq$ every 2 wks  | <a href="#">SNINUM1</a> |   |
| sni.church         | SNI: belong to church, temple, or other religious group        | <a href="#">YES/NO</a>  |   |
| sni.chrchfrq       | SNI: # times go to church, temple, relig grp per month         | <a href="#">SNINUM1</a> |   |
| sni.hcc.chrch      | SNI - high contact: #church members talk to $\geq$ every 2 wks | <a href="#">SNINUM1</a> |   |
| sni.othgrp         | SNI: belong to other group                                     | <a href="#">YES/NO</a>  |   |
| sni.othgrpfrq      | SNI: # times go to other group meetings per month              | <a href="#">SNINUM1</a> |   |
| sni.hcc.othgrp_raw | SNI: # other group members talk w/ $\geq$ every 2 wks (raw)    |                         |   |
| sni.hcc.othgrp     | SNI: # other group members you talk with $\geq$ every 2 wks    | <a href="#">SNINUM1</a> | if sni.hcc.othgrp_raw le 7 sni.hcc.othgrp = sni.hcc.othgrp_raw<br>if sni.hcc.othgrp_raw gt 7 sni.hcc.othgrp = 7                                     |
| sni.employ_raw     | SNI: employed (RAW)  | <a href="#">SNIEMP1</a> |   |

**PSYCHOLOGICAL AND SOCIAL**

| VARIABLE NAME   | VARIABLE LABEL   | VALUES                  | FORMULA   |
|-----------------|--|-------------------------|---|
| sni.employed    | SNI: any employment (computed)                                     | <a href="#">SNIEMP2</a> | if sni.employ_raw = 0 sni.employed = 0.   |
|                 |  |                         | if sni.employ_raw = 1 or sni.employ_raw = 2 sni.employed = 1.   |
| sni.hcc.suprvs  | SNI - high contact: # people you supervise at work                 | <a href="#">SNINUM1</a> |   |
| sni.hcc.cowrks  | SNI - high contact: # coworkers talk with $\geq$ every 2 wks       | <a href="#">SNINUM1</a> |   |
| sni.volgrp      | SNI: belong to a volunteer group                                   | <a href="#">YES/NO</a>  |   |
| sni.hcc.volntrs | SNI - high contact: # fellow volunteers talk to $\geq$ every 2 wks | <a href="#">SNINUM1</a> |   |
| sni.class       | SNI: attend classes  | <a href="#">YES/NO</a>  |   |
| sni.hcc.stdnts  | SNI - high contact: # fellow students talk to $\geq$ every 2 wks   | <a href="#">SNINUM1</a> |   |
| sni.hcc.nghbrs  | SNI - high contact: # neighbors talk with $\geq$ every 2 wks       | <a href="#">SNINUM2</a> |   |
| sni.hcr.married | SNI - high contact role: married/marriage like relationship        | <a href="#">SNIROLE</a> | if (sni.hcc.spouse = 1) sni.hcr.married = 1; if (sni.hcc.spouse = 0) sni.hcr.married = 0.   |
| sni.hcr.parnt   | SNI - high contact role: parent                                    |                         | if (sni.hcc.chldrn gt 0) sni.hcr.parnt = 1; if (sni.hcc.chldrn=0) sni.hcr.parnt = 0.  |
| sni.hcr.child   | SNI - high contact role: child                                     |                         | if (sni.hcc.parnts gt 0) sni.hcr.child = 1; if (sni.hcc.parnts = 0) sni.hcr.child = 0.  |
| sni.hcr.inlaw   | SNI - high contact role: child-in-law                              |                         | if (sni.hcc.inlaws gt 0) sni.hcr.inlaw = 1; if (sni.hcc.inlaws = 0) sni.hcr.inlaw = 0.  |
| sni.hcr.relat   | SNI - high contact role: close relative                            |                         | if (sni.hcc.reltvs gt 0) sni.hcr.relat = 1; if (sni.hcc.reltvs = 0) sni.hcr.relat = 0.  |
| sni.hcr.frnd    | SNI - high contact role: close friend                              |                         | if (sni.hcc.frnds gt 0) sni.hcr.frnd = 1; if (sni.hcc.frnds = 0) sni.hcr.frnd = 0.  |
| sni.hcr.chrch   | SNI - high contact role: church/temple member                      |                         | if (sni.hcc.chrch gt 0) sni.hcr.chrch = 1; if (sni.hcc.chrch = 0) sni.hcr.chrch = 0.  |
| sni.hcr.othgrp  | SNI - high contact role: other group member                        |                         | if (sni.hcc.othgrp >0) sni.hcr.othgrp=1; if (sni.hcc.othgrp=0) sni.hcr.othgrp =0.   |
| sni.hcr.suprv   | SNI - high contact role: supervisor at work                        |                         | if (sni.hcc.suprvs >0) sni.hcr.suprv =1; if (sni.hcc.suprvs = 0) sni.hcr.suprv = 0.   |
| sni.hcr.cowrk   | SNI - high contact role: coworker                                  |                         | if (sni.hcc.cowrks >0) sni.hcr.cowrk=1; if (sni.hcc.cowrks =0) sni.hcr.cowrk = 0.   |
| sni.hcr.work    | SNI - high contact role: work                                      |                         | if (sni.hcr.cowrk = 1 or sni.hcr.suprv = 1) sni.hcr.work = 1; if (sni.hcr.cowrk = 0 and sni.hcr.suprv = 0) sni.hcr.work = 0   |
|                 |  |                         |   |
| sni.hcr.volntr  | SNI - high contact role: volunteer                                 |                         | if (sni.hcc.volntrs >0) sni.hcr.volntr=1; if (sni.hcc.volntrs = 0) sni.hcr.volntr = 0.  |
| sni.hcr.studnt  | SNI - high contact role: student                                   |                         | if (sni.hcc.stdnts >0) sni.hcr.studnt=1; if (sni.hcc.stdnts = 0) sni.hcr.studnt = 0.  |
| sni.hcr.nghbr   | SNI - high contact role: neighbor                                  |                         | if (sni.hcc.nghbrs >0) sni.hcr.nghbr=1; if (sni.hcc.nghbrs=0) sni.hcr.nghbr = 0.  |
| sni.integration | SNI: Social integration (total social roles)                       |                         | sni.integration = sum(sni.hcr.married, sni.hcr.parnt, sni.hcr.child, sni.hcr.inlaw, sni.hcr.relat, sni.hcr.frnd, sni.hcr.chrch, sni.hcr.othgrp, sni.hcr.work, sni.hcr.volntr, sni.hcr.studnt, sni.hcr.nghbr).                     |
| sni.network     | SNI: Total number of network members                               |                         | sni.network = sum(sni.hcc.spouse, sni.hcc.parnts, sni.hcc.chldrn, sni.hcc.inlaws, sni.hcc.reltvs, sni.hcc.frnds, sni.hcc.chrch, sni.hcc.othgrp, sni.hcc.suprvs, sni.hcc.cowrks, sni.hcc.volntrs, sni.hcc.stdnts, sni.hcc.nghbrs). |

**PSYCHOLOGICAL AND SOCIAL**

| VAR NAME | VARIABLE LABEL  | VALUES                | FORMULA |
|----------|---|-----------------------|---------|
| pwb      | *****RYFF SCALES OF PSYCHOLOGICAL WELL-BEING*****                     |                       |         |
| pwb.em1  | PWB: EM - feel I am in charge of the situation in which I live        | <a href="#">AGR16</a> |         |
| pwb.pl1  | PWB: PL - live life one day at a time...don't think about future      |                       |         |
| pwb.pr1  | PWB: PR - people see me as loving/affectionate                        |                       |         |
| pwb.sa1  | PWB: SA - when I look at my life...I am pleased                       |                       |         |
| pwb.em2  | PWB: EM - demands of life get me down                                 |                       |         |
| pwb.pl2  | PWB: PL - enjoy making plans for the future                           |                       |         |
| pwb.pr2  | PWB: PR - maintaining close relationships is difficult/frustrating    |                       |         |
| pwb.sa2  | PWB: SA - I feel confident and positive about myself                  |                       |         |
| pwb.em3  | PWB: EM - do not fit with people/community around me                  |                       |         |
| pwb.pl3  | PWB: PL - tend to focus on present...future brings me problems        |                       |         |
| pwb.pr3  | PWB: PR - often feel lonely...have few close friends                  |                       |         |
| pwb.sa3  | PWB: SA - many people I know have gotten more out of life than I have |                       |         |
| pwb.em4  | PWB: EM - good at managing responsibilities of my daily life          |                       |         |
| pwb.pl4  | PWB: PL - my daily activities seem trivial/unimportant                |                       |         |
| pwb.pr4  | PWB: PR - enjoy personal and mutual conversations                     |                       |         |
| pwb.sa4  | PWB: SA - I like most aspects of my personality                       |                       |         |
| pwb.em5  | PWB: EM - often overwhelmed by my responsibilities                    |                       |         |
| pwb.pl5  | PWB: PL - don't have a sense of what I'm trying to accomplish in life |                       |         |
| pwb.pr5  | PWB: PR - don't have people who want to listen when I need to talk    |                       |         |
| pwb.sa5  | PWB: SA - made mistakes in past...but everything has worked out       |                       |         |
| pwb.em6  | PWB: EM - do a good job taking care of my finances/affairs            |                       |         |
| pwb.pl6  | PWB: PL - I am active in carrying out plans                           |                       |         |
| pwb.pr6  | PWB: PR - most other people have more friends than I do               |                       |         |
| pwb.sa6  | PWB: SA - I feel disappointed about my achievements in life           |                       |         |
| pwb.em7  | PWB: EM - good at juggling my time                                    |                       |         |
| pwb.pl7  | PWB: PL - used to set goals...now seems a waste of time               |                       |         |
| pwb.pr7  | PWB: PR - people describe me as a giving person                       |                       |         |

**PSYCHOLOGICAL AND SOCIAL**

| VAR NAME  | VARIABLE LABEL   | VALUES                 | FORMULA |
|-----------|--|------------------------|---------|
| pwb.sa7   | PWB: SA - attitude about self not as positive as most people's...          | <a href="#">AGR16</a>  |         |
| pwb.em8   | PWB: EM - have difficulty arranging my life                                |                        |         |
| pwb.pl8   | PWB: PL - some people wander aimlessly...I am not one of them              |                        |         |
| pwb.pr8   | PWB: PR - have not experienced many warm/trusting relationships            |                        |         |
| pwb.sa8   | PWB: SA - past had its ups and downs...but wouldn't want to change it      |                        |         |
| pwb.em9   | PWB: EM - have been able to build a home/lifestyle to my liking            |                        |         |
| pwb.pl9   | PWB: PL - feel I've done all there is to do in life                        |                        |         |
| pwb.pr9   | PWB: PR - I can trust my friends...they can trust me                       |                        |         |
| pwb.sa9   | PWB: SA - compare self to friends/acquaintances...feel good about who I am |                        |         |
| pwb.pl1_r | PWB: PL - live life one day at a time...don't think about future (rev)     | <a href="#">AGR16R</a> |         |
| pwb.em2_r | PWB: EM - demands of life get me down (reversed)                           |                        |         |
| pwb.pr2_r | PWB: PR - maintaining close relationships difficult/frustrating (rev)      |                        |         |
| pwb.em3_r | PWB: EM - do not fit with people/community around me (reversed)            |                        |         |
| pwb.pl3_r | PWB: PL - focus on present...future brings problems (reversed)             |                        |         |
| pwb.pr3_r | PWB: PR - often feel lonely...have few close friends (reversed)            |                        |         |
| pwb.sa3_r | PWB: SA - many people I know have gotten more out of life (rev)            |                        |         |
| pwb.pl4_r | PWB: PL - my daily activities seem trivial/unimportant (reversed)          |                        |         |
| pwb.em5_r | PWB: EM - often overwhelmed by my responsibilities (reversed)              |                        |         |
| pwb.pl5_r | PWB: PL - don't have a sense of what I'm trying to accomplish (rev)        |                        |         |
| pwb.pr5_r | PWB: PR - don't have people who want to listen (reversed)                  |                        |         |
| pwb.pr6_r | PWB: PR - most people have more friends than I do (reversed)               |                        |         |
| pwb.sa6_r | PWB: SA - feel disappointed about my achievements (reversed)               |                        |         |
| pwb.pl7_r | PWB: PL - used to set goals...now seems a waste of time (reversed)         |                        |         |
| pwb.sa7_r | PWB: SA - attitude about self not as positive as most people's (rev)       |                        |         |
| pwb.em8_r | PWB: EM - have difficulty arranging my life (reversed)                     |                        |         |
| pwb.pr8_r | PWB: PR - not experienced many warm/trusting relationships (rev)           |                        |         |
| pwb.pl9_r | PWB: PL - feel I've done all there is to do in life (reversed)             |                        |         |

**PSYCHOLOGICAL AND SOCIAL**

| VAR NAME      | VARIABLE LABEL  | VALUES                 | FORMULA  |
|---------------|---|------------------------|--|
| pwb.accept    | PWB-SA: Psychological Well-Being - Self-Acceptance Scale        |                        | pwb.accept = mean.7(pwb.sa1, pwb.sa2, pwb.sa3_r, pwb.sa4, pwb.sa5, pwb.sa6_r, pwb.sa7_r, pwb.sa8, pwb.sa9)*9.        |
| pwb.mastery   | PWB-EM: Psychological Well-Being - Environmental Mastery Scale  |                        | pwb.mastery = mean.7(pwb.em1, pwb.em2_r, pwb.em3_r, pwb.em4, pwb.em5_r, pwb.em6, pwb.em7, pwb.em8_r, pwb.em9)*9.     |
| pwb.posrelat  | PWB-PR: Psychological Well-Being - Positive Relationships Scale |                        | pwb.posrelat = mean.7(pwb.pr1, pwb.pr2_r, pwb.pr3_r, pwb.pr4, pwb.pr5_r, pwb.pr6_r, pwb.pr7, pwb.pr8_r, pwb.pr9)*9.  |
| pwb.purpose   | PWB-PL: Psychological Well-Being - Purpose in Life Scale        |                        | pwb.purpose = mean.7(pwb.pl1_r, pwb.pl2, pwb.pl3_r, pwb.pl4_r, pwb.pl5_r, pwb.pl6, pwb.pl7_r, pwb.pl8, pwb.pl9_r)*9. |
| pwb.total     | PWB: Psychological Well-Being Total Score                       |                        | pwb.total = sum.4(pwb.accept, pwb.mastery, pwb.posrelat, pwb.purpose).   |
| rctrsp        | *****REACTIVE RESPONDING*****                                   |                        |  |
| rr.respnd     | RR: often respond quickly and emotionally                       | <a href="#">AGR15</a>  |  |
| rr.plan       | RR: important to plan out where I'm going in life               |                        |  |
| rr.onguard    | RR: on my guard in most situations                              |                        |  |
| rr.emcool     | RR: let my emotions cool before I act                           |                        |  |
| rr.goals      | RR: have many long-term goals                                   |                        |  |
| rr.feelsafe   | RR: feel safe most places                                       |                        |  |
| rr.coolhd     | RR: keep a cool head when angry                                 |                        |  |
| rr.dnthonk    | RR: don't think much about goals                                |                        |  |
| rr.nowrry     | RR: don't worry about who's coming up behind me                 |                        |  |
| rr.emcool_r   | RR: let emotions cool - reversed                                | <a href="#">AGR15R</a> |  |
| rr.coolhd_r   | RR: keep cool head when angry (reversed)                        |                        |  |
| rr.dnthonk_r  | RR: don't think about goals (reversed)                          |                        |  |
| rr.feelsafe_r | RR: feel safe most places (reversed)                            |                        |  |
| rr.nowrry_r   | RR: don't worry about who's coming (reversed)                   |                        |  |
| rr.emotactscr | RR: Reactive Responding - Emotional Action Subscale Score       |                        | rr.emotactscr=mean.2(rr.respnd, rr.emcool_r, rr.coolhd_r)*3.   |
| rr.goalorscr  | RR: Reactive Responding - Goal Orientation Subscale Score       |                        | rr.goalorscr=mean.2(rr.plan, rr.goals, rr.dnthonk_r)*3.  |
| rr.viglncescr | RR: Reactive Responding - Vigilance Subscale Score              |                        | rr.viglncescr=mean.2(rr.onguard, rr.feelsafe_r, rr.nowrry_r)*3.  |

**PSYCHOLOGICAL AND SOCIAL**

| VAR NAME         | VARIABLE LABEL  | VALUES                 | FORMULA |
|------------------|---|------------------------|---------|
| leds             | ****LIFE EVENTS AND DIFFICULTIES (LEDS) DATA****          |                        |         |
| leds.svrev_tot   | LEDS: total # severe life events                          |                        |         |
| leds.svrev_any   | LEDS: any severe life events                              | <a href="#">YES/NO</a> |         |
| leds.ltctev_tot  | LEDS: total # long-term contextual threat events          |                        |         |
| leds.ltctev_any  | LEDS: any long-term contextual threat events              | <a href="#">YES/NO</a> |         |
| leds.stctev_tot  | LEDS: total # short-term contextual threat events         |                        |         |
| leds.stctev_any  | LEDS: any short-term contextual threat events             | <a href="#">YES/NO</a> |         |
| leds.prvkev_tot  | LEDS: total # provoking agent events                      |                        |         |
| leds.prvkev_any  | LEDS: any provoking agent events                          | <a href="#">YES/NO</a> |         |
| leds.edev_tot    | LEDS: total # education events                            |                        |         |
| leds.wrkev_tot   | LEDS: total # work events                                 |                        |         |
| leds.repev_tot   | LEDS: total # reproduction events                         |                        |         |
| leds.hsev_tot    | LEDS: total # housing events                              |                        |         |
| leds.monev_tot   | LEDS: total # money/possessions events                    |                        |         |
| leds.crmev_tot   | LEDS: total # crime/legal events                          |                        |         |
| leds.hlthev_tot  | LEDS: total # health/treatment/accidents events           |                        |         |
| leds.marev_tot   | LEDS: total # marital/partner relationship events         |                        |         |
| leds.otrlev_tot  | LEDS: total # other relationship (including child) events |                        |         |
| leds.mscev_tot   | LEDS: total # miscellaneous (including pets) and death    |                        |         |
| leds.marloss_tot | LEDS: total # marital/relationship loss events            |                        |         |
| leds.edev_any    | LEDS: any education events                                |                        |         |
| leds.wrkev_any   | LEDS: any work events                                     |                        |         |
| leds.repev_any   | LEDS: any reproduction events                             |                        |         |
| leds.hsev_any    | LEDS: any housing events                                  |                        |         |
| leds.monev_any   | LEDS: any money/possessions events                        |                        |         |
| leds.crmev_any   | LEDS: any crime/legal events                              |                        |         |
| leds.hlthev_any  | LEDS: any health/treatment/accidents events               |                        |         |
| leds.marev_any   | LEDS: any marital/partner relationship events             |                        |         |
| leds.otrlev_any  | LEDS: any other relationship events                       |                        |         |
| leds.mscev_any   | LEDS: any miscellaneous events and death                  |                        |         |

**PSYCHOLOGICAL AND SOCIAL**

| <b>VAR NAME</b>  | <b>VARIABLE LABEL</b>                                       | <b>VALUES</b>         | <b>FORMULA</b>   |
|------------------|---|-----------------------|--|
| leds.marloss_any | LEDS: any marital/relationship loss events                  |                       |  |
| leds.unrslv_tot  | LEDS: # unresolved events                                   |                       |  |
| leds.dfev_tot    | LEDS: # events linked to a difficulty                       |                       |  |
| leds.slfev_tot   | LEDS: # self-focused events                                 |                       |  |
| leds.otrev_tot   | LEDS: # other-focused events                                |                       |  |
| leds.jntev_tot   | LEDS: # joint-focused events                                |                       |  |
| pss              | *****PERCEIVED STRESS SCALE (PSS)*****                      |                       |  |
| pss.upset        | PSS: upset b/c something happened unexpectedly              | <a href="#">FRQ04</a> |  |
| pss.cntrl        | PSS: unable to control important things                     |                       |  |
| pss.nervs        | PSS: nervous and stressed                                   |                       |  |
| pss.pers         | PSS: confident about ability to handle personal prob        |                       |  |
| pss.way          | PSS: things going your way                                  |                       |  |
| pss.cope         | PSS: could not cope   |                       |  |
| pss.irrit        | PSS: control irritations                                    |                       |  |
| pss.ontop        | PSS: on top of things                                       |                       |  |
| pss.angr         | PSS: angered b/c things outside of your control             |                       |  |
| pss.diffs        | PSS: difficulties piling up                                 |                       |  |
| pss.pers_r       | PSS: confident about ability to handle personal probs (rev) | <a href="#">FR04R</a> |  |
| pss.way_r        | PSS: things going your way (reversed)                       |                       |  |
| pss.irrit_r      | PSS: control irritations (reversed)                         |                       |  |
| pss.ontop_r      | PSS: on top of things (reversed)                            |                       |  |
| pss10tot         | PSS: Perceived Stress Scale 10-item Total Score             |                       | pss10tot=mean.8(pss.cntrl, pss.pers_r, pss.way_r, pss.diffs, pss.irrit_r, pss.ontop_r, pss.angr, pss.cope, pss.upset, pss.nervs)*10. |
| pss4tot          | PSS: Perceived Stress Scale 4-item Total Score              |                       | pss4tot = mean.3(pss.cntrl, pss.pers_r, pss.way_r, pss.diffs)*4.   |

**PSYCHOLOGICAL & SOCIAL Value Labels for Categorical and Dichotomous Variables (1/2)**

| CODE    | VALUE LABELS  | CODE    | VALUE LABELS   | CODE    | VALUE LABELS  |
|---------|---|---------|--|---------|---|
| ACC04   | 0=not at all accurate<br>1=a little accurate<br>2=moderately accurate<br>3=quite a bit accurate<br>4=extremely accurate         | TF03R   | 0=definitely true<br>1=probably true<br>2=probably false<br>3=definitely false   | SNIPAR  | 0=neither<br>1=mother only<br>2=father only<br>3=both mother and father   |
|         |   | SNIMAR  | 1=married/marital-like relationship<br>2=never married/marital-like relationship<br>3=separated<br>4=divorced/formally in marital-like relat.<br>5=widowed | SNIINL  | 0=neither<br>1=mother-in-law only<br>2=father-in-law only<br>3= mother-in-law & father-in-law<br>4=not applicable (not married) |
| ACC04R  | 0=extremely accurate<br>1=quite a bit accurate<br>2=moderately accurate<br>3=a little accurate<br>4=not at all accurate         | SNINUM1 | 0<br>1<br>2<br>3<br>4<br>5<br>6  | SNIEMP1 | 0=no<br>1=yes, self-employed<br>2=yes, employed by others   |
| LIKE15  | 1=definitely does not sound like me<br>2=does not sound like me<br>3=neutral<br>4=sounds like me<br>5=definitely sounds like me |         |  | SNIEMP2 | 0=not employed<br>1=employed  |
| LIKE15R | 1=definitely sounds like me<br>2=sounds like me<br>3=neutral<br>4=does not sound like me<br>5=definitely does not sound like me | SNINUM2 | 7 or more<br>0 (or have no neighbors)<br>1<br>2<br>3   | SNIROLE | 0=does not hold this role<br>1=holds this role  |
| TF03    | 0=definitely false<br>1=probably false<br>2=probably true<br>3=definitely true  |         | 4<br>5<br>6<br>7 or more   | YES/NO  | 0=no<br>1=yes   |

## PSYCHOLOGICAL &amp; SOCIAL Value Labels for Categorical and Dichotomous Variables (2/2)

| CODE   | VALUE LABELS  | CODE   | VALUE LABELS  | CODE   | VALUE LABELS   |
|--------|---|--------|---|--------|--|
| AGR16  | 1=strongly disagree<br>2=moderately disagree<br>3=slightly disagree<br>4=slightly agree<br>5=moderately agree<br>6=strongly agree | AGR15  | 1=strongly disagree<br>2=disagree<br>3=neutral<br>4=agree<br>5=strongly agree | FRQ04  | 0=never<br>1=almost never<br>2=sometimes<br>3=fairly often<br>4=very often |
| AGR16R | 1=strongly agree<br>2=moderately agree<br>3=slightly agree<br>4=slightly disagree<br>5=moderately disagree<br>6=strongly disagree | AGR15R | 1=strongly agree<br>2=agree<br>3=neutral<br>4=disagree<br>5=strongly disagree | FRQ04R | 0=very often<br>1=fairly often<br>2=sometimes<br>3=almost never<br>4=never |

**SELF-REPORTED HEALTH**

| VAR NAME      | VARIABLE LABEL   | VALUE LABELS | FORMULA   |
|---------------|--|--------------|---|
| SLFHLTH       | *****SELF-REPORTED HEALTH DATA*****                              |              |   |
| srh.lastcold1 | Self-reported Health: date of last cold (mmm-yy)                 |              |   |
| srh.colddur1  | Self-reported Health: duration of last cold (days)               |              |   |
| srh.lastcold2 | Self-reported Health: date of last cold (mmm-yy)                 |              |   |
| srh.colddur2  | Self-reported Health: duration of last cold (days)               |              |   |
| srh.allergy   | Self-reported Health: allergic status                            | ALLRG        |   |
| srh.regmens   | Self-reported Health: regular menstrual cycle                    | YES/NO       |   |
| srh.cyclngth  | Self-reported Health: avg length menstrual cycle (days)          |              |   |
| srh.mensdur   | Self-reported Health: avg duration of menstrual period (days)    |              |   |
| srh.mens_str  | comment regarding menstrual cycle                                |              |   |
| srh.nomens    | Self-reported Health: no longer has a period                     | YES/NO       |   |
| srh.lmp1      | Self-reported Health: LMP date reported 7-8 weeks pre-quarantine |              |   |
| srh.lmp2      | Self-reported Health: LMP date reported on Quarantine Day 0      |              |   |
| srh.lmp3      | Self-reported Health: LMP data reported 4 weeks post-challenge   |              |   |
| srh.lmp2conf  | Self-reported Health: how sure of 2nd reported LMP date          |              |   |
| diff2_1       | # days between lmp1 and lmp2                                     |              | diff2_1 = datediff(srh.lmp2, srh.lmp1, "days"). |
| diff3_2       | # days between lmp2 and lmp3                                     |              | diff3_2 = datediff(srh.lmp3, srh.lmp2, "days"). |

**SELF-REPORTED HEALTH Value Labels for Categorical and Dichotomous Variables**

| Code   | Value Labels | Code  | Value Labels   |
|--------|--------------|-------|----------------|
| YES/NO | 0=no         | ALLRG | 0=non-allergic |
|        | 1=yes        |       | 1=allergic     |

**TRIAL DATA**

| VARIABLE NAME | VARIABLE LABEL                        | VALUE LABELS | FORMULA  |
|---------------|---------------------------------------|--------------|--|
| TRIAL         | *****BEGIN TRIAL DATA*****            |              |  |
| trialnum      | Trial number                          |              |  |
| trialdate     | Quarantine Day 0                      |              |  |
| cohort        | Number of participants in trial       |              |  |
| season        | Season of trial                       | SEASON       |  |
| winter        | Season of trial: winter (Dec-Jan-Feb) |              | if (season = 1) winter = 1; if (season ne 1) winter = 0. |
| spring        | Season of trial: spring (Mar-Apr-May) |              | if (season = 2) spring = 1; if (season ne 2) spring = 0. |
| summer        | Season of trial: summer (Jun-Jul-Aug) |              | if (season = 3) summer = 1; if (season ne 3) summer = 0. |
| fall          | Season of trial: fall (Sep-Oct-Nov)   |              | if (season = 4) fall = 1; if (season ne 4) fall = 0.     |
| month         | Month of trial                        | MONTH        |  |
| march         | Month of trial: March                 |              | if (month = 3) march = 1; if (month ne 3) march = 0.     |
| may           | Month of trial: May                   |              | if (month = 5) may = 1; if (month ne 5) may = 0.         |
| july          | Month of trial: July                  |              | if (month = 7) july = 1; if (month ne 7) july = 0.       |
| sept          | Month of trial: September             |              | if (month = 9) sept = 1; if (month ne 9) september = 0.  |

**TRIAL DATA Value Labels for Categorical and Dichotomous Variables**

| Code   | Value Labels           | Code  | Value Labels |
|--------|------------------------|-------|--------------|
| SEASON | 1=winter (Dec-Jan-Feb) | MONTH | 3=March      |
|        | 2=spring (Mar-Apr-May) |       | 5=May        |
|        | 3=summer (Jun-Jul-Aug) |       | 7=July       |
|        | 4=fall (Sep-Oct-Nov)   |       | 9=September  |

## AFFECT &amp; HEALTH BEHAVIORS IN QUARANTINE

| VAR NAME   | VARIABLE LABEL                 | VALUE LABELS          | FORMULA |
|------------|--------------------------------|-----------------------|---------|
| qaffect    | *****AFFECT IN QUARANTINE***** |                       |         |
| q_1.afraid | Pre-challenge (Day -1) afraid  | <a href="#">AFF04</a> |         |
| q0.afraid  | Pre-challenge (Day 0) afraid   |                       |         |
| q1.afraid  | Post-Challenge Day 1 afraid    |                       |         |
| q2.afraid  | Post-Challenge Day 2 afraid    |                       |         |
| q3.afraid  | Post-Challenge Day 3 afraid    |                       |         |
| q4.afraid  | Post-Challenge Day 4 afraid    |                       |         |
| q5.afraid  | Post-Challenge Day 5 afraid    |                       |         |
| q_1.angry  | Pre-challenge (Day -1) angry   | <a href="#">AFF04</a> |         |
| q0.angry   | Pre-challenge (Day 0) angry    |                       |         |
| q1.angry   | Post-Challenge Day 1 angry     |                       |         |
| q2.angry   | Post-Challenge Day 2 angry     |                       |         |
| q3.angry   | Post-Challenge Day 3 angry     |                       |         |
| q4.angry   | Post-Challenge Day 4 angry     |                       |         |
| q5.angry   | Post-Challenge Day 5 angry     |                       |         |
| q_1.ease   | Pre-challenge (Day -1) at ease | <a href="#">AFF04</a> |         |
| q0.ease    | Pre-challenge (Day 0) at ease  |                       |         |
| q1.ease    | Post-Challenge Day 1 at ease   |                       |         |
| q2.ease    | Post-Challenge Day 2 at ease   |                       |         |
| q3.ease    | Post-Challenge Day 3 at ease   |                       |         |
| q4.ease    | Post-Challenge Day 4 at ease   |                       |         |
| q5.ease    | Post-Challenge Day 5 at ease   |                       |         |
| q_1.calm   | Pre-challenge (Day -1) calm    | <a href="#">AFF04</a> |         |
| q0.calm    | Pre-challenge (Day 0) calm     |                       |         |
| q1.calm    | Post-Challenge Day 1 calm      |                       |         |
| q2.calm    | Post-Challenge Day 2 calm      |                       |         |
| q3.calm    | Post-Challenge Day 3 calm      |                       |         |
| q4.calm    | Post-Challenge Day 4 calm      |                       |         |
| q5.calm    | Post-Challenge Day 5 calm      |                       |         |

## AFFECT &amp; HEALTH BEHAVIORS IN QUARANTINE

| VAR NAME  | VARIABLE LABEL                   | VALUE LABELS          | FORMULA |
|-----------|----------------------------------|-----------------------|---------|
| q_1.chrfl | Pre-challenge (Day -1) cheerful  | <a href="#">AFF04</a> |         |
| q0.chrfl  | Pre-challenge (Day 0) cheerful   |                       |         |
| q1.chrfl  | Post-Challenge Day 1 cheerful    |                       |         |
| q2.chrfl  | Post-Challenge Day 2 cheerful    |                       |         |
| q3.chrfl  | Post-Challenge Day 3 cheerful    |                       |         |
| q4.chrfl  | Post-Challenge Day 4 cheerful    |                       |         |
| q5.chrfl  | Post-Challenge Day 5 cheerful    |                       |         |
| q_1.deprs | Pre-challenge (Day -1) depressed | <a href="#">AFF04</a> |         |
| q0.deprs  | Pre-challenge (Day 0) depressed  |                       |         |
| q1.deprs  | Post-Challenge Day 1 depressed   |                       |         |
| q2.deprs  | Post-Challenge Day 2 depressed   |                       |         |
| q3.deprs  | Post-Challenge Day 3 depressed   |                       |         |
| q4.deprs  | Post-Challenge Day 4 depressed   |                       |         |
| q5.deprs  | Post-Challenge Day 5 depressed   |                       |         |
| q_1.enrg  | Pre-challenge (Day -1) energetic | <a href="#">AFF04</a> |         |
| q0.enrg   | Pre-challenge (Day 0) energetic  |                       |         |
| q1.enrg   | Post-Challenge Day 1 energetic   |                       |         |
| q2.enrg   | Post-Challenge Day 2 energetic   |                       |         |
| q3.enrg   | Post-Challenge Day 3 energetic   |                       |         |
| q4.enrg   | Post-Challenge Day 4 energetic   |                       |         |
| q5.enrg   | Post-Challenge Day 5 energetic   |                       |         |
| q_1.fatig | Pre-challenge (Day -1) fatigued  | <a href="#">AFF04</a> |         |
| q0.fatig  | Pre-challenge (Day 0) fatigued   |                       |         |
| q1.fatig  | Post-Challenge Day 1 fatigued    |                       |         |
| q2.fatig  | Post-Challenge Day 2 fatigued    |                       |         |
| q3.fatig  | Post-Challenge Day 3 fatigued    |                       |         |
| q4.fatig  | Post-Challenge Day 4 fatigued    |                       |         |
| q5.fatig  | Post-Challenge Day 5 fatigued    |                       |         |

## AFFECT &amp; HEALTH BEHAVIORS IN QUARANTINE

| VAR NAME  | VARIABLE LABEL                     | VALUE LABELS          | FORMULA |
|-----------|------------------------------------|-----------------------|---------|
| q_1.fear  | Pre-challenge (Day -1) fearful     | <a href="#">AFF04</a> |         |
| q0.fear   | Pre-challenge (Day 0) fearful      |                       |         |
| q1.fear   | Post-Challenge Day 1 fearful       |                       |         |
| q2.fear   | Post-Challenge Day 2 fearful       |                       |         |
| q3.fear   | Post-Challenge Day 3 fearful       |                       |         |
| q4.fear   | Post-Challenge Day 4 fearful       |                       |         |
| q5.fear   | Post-Challenge Day 5 fearful       |                       |         |
| q_1.frght | Pre-challenge (Day -1) frightened  | <a href="#">AFF04</a> |         |
| q0.frght  | Pre-challenge (Day 0) frightened   |                       |         |
| q1.frght  | Post-Challenge Day 1 frightened    |                       |         |
| q2.frght  | Post-Challenge Day 2 frightened    |                       |         |
| q3.frght  | Post-Challenge Day 3 frightened    |                       |         |
| q4.frght  | Post-Challenge Day 4 frightened    |                       |         |
| q5.frght  | Post-Challenge Day 5 frightened    |                       |         |
| q_1.fpep  | Pre-challenge (Day -1) full of pep | <a href="#">AFF04</a> |         |
| q0.fpep   | Pre-challenge (Day 0) full of pep  |                       |         |
| q1.fpep   | Post-Challenge Day 1 full of pep   |                       |         |
| q2.fpep   | Post-Challenge Day 2 full of pep   |                       |         |
| q3.fpep   | Post-Challenge Day 3 full of pep   |                       |         |
| q4.fpep   | Post-Challenge Day 4 full of pep   |                       |         |
| q5.fpep   | Post-Challenge Day 5 full of pep   |                       |         |
| q_1.happy | Pre-challenge (Day -1) happy       | <a href="#">AFF04</a> |         |
| q0.happy  | Pre-challenge (Day 0) happy        |                       |         |
| q1.happy  | Post-Challenge Day 1 happy         |                       |         |
| q2.happy  | Post-Challenge Day 2 happy         |                       |         |
| q3.happy  | Post-Challenge Day 3 happy         |                       |         |
| q4.happy  | Post-Challenge Day 4 happy         |                       |         |
| q5.happy  | Post-Challenge Day 5 happy         |                       |         |

## AFFECT &amp; HEALTH BEHAVIORS IN QUARANTINE

| VAR NAME   | VARIABLE LABEL                 | VALUE LABELS          | FORMULA |
|------------|--------------------------------|-----------------------|---------|
| q_1.hostl  | Pre-challenge (Day -1) hostile | <a href="#">AFF04</a> |         |
| q0.hostl   | Pre-challenge (Day 0) hostile  |                       |         |
| q1.hostl   | Post-Challenge Day 1 hostile   |                       |         |
| q2.hostl   | Post-Challenge Day 2 hostile   |                       |         |
| q3.hostl   | Post-Challenge Day 3 hostile   |                       |         |
| q4.hostl   | Post-Challenge Day 4 hostile   |                       |         |
| q5.hostl   | Post-Challenge Day 5 hostile   |                       |         |
| q_1.lively | Pre-challenge (Day -1) lively  | <a href="#">AFF04</a> |         |
| q0.lively  | Pre-challenge (Day 0) lively   |                       |         |
| q1.lively  | Post-Challenge Day 1 lively    |                       |         |
| q2.lively  | Post-Challenge Day 2 lively    |                       |         |
| q3.lively  | Post-Challenge Day 3 lively    |                       |         |
| q4.lively  | Post-Challenge Day 4 lively    |                       |         |
| q5.lively  | Post-Challenge Day 5 lively    |                       |         |
| q_1.nervs  | Pre-challenge (Day -1) nervous | <a href="#">AFF04</a> |         |
| q0.nervs   | Pre-challenge (Day 0) nervous  |                       |         |
| q1.nervs   | Post-Challenge Day 1 nervous   |                       |         |
| q2.nervs   | Post-Challenge Day 2 nervous   |                       |         |
| q3.nervs   | Post-Challenge Day 3 nervous   |                       |         |
| q4.nervs   | Post-Challenge Day 4 nervous   |                       |         |
| q5.nervs   | Post-Challenge Day 5 nervous   |                       |         |
| q_1.edge   | Pre-challenge (Day -1) on edge | <a href="#">AFF04</a> |         |
| q0.edge    | Pre-challenge (Day 0) on edge  |                       |         |
| q1.edge    | Post-Challenge Day 1 on edge   |                       |         |
| q2.edge    | Post-Challenge Day 2 on edge   |                       |         |
| q3.edge    | Post-Challenge Day 3 on edge   |                       |         |
| q4.edge    | Post-Challenge Day 4 on edge   |                       |         |
| q5.edge    | Post-Challenge Day 5 on edge   |                       |         |

## AFFECT &amp; HEALTH BEHAVIORS IN QUARANTINE

| VAR NAME   | VARIABLE LABEL                   | VALUE LABELS          | FORMULA |
|------------|----------------------------------|-----------------------|---------|
| q_1.plsd   | Pre-challenge (Day -1) pleased   | <a href="#">AFF04</a> |         |
| q0.plsd    | Pre-challenge (Day 0) pleased    |                       |         |
| q1.plsd    | Post-Challenge Day 1 pleased     |                       |         |
| q2.plsd    | Post-Challenge Day 2 pleased     |                       |         |
| q3.plsd    | Post-Challenge Day 3 pleased     |                       |         |
| q4.plsd    | Post-Challenge Day 4 pleased     |                       |         |
| q5.plsd    | Post-Challenge Day 5 pleased     |                       |         |
| q_1.rlxsd  | Pre-challenge (Day -1) relaxed   | <a href="#">AFF04</a> |         |
| q0.rlxsd   | Pre-challenge (Day 0) relaxed    |                       |         |
| q1.rlxsd   | Post-Challenge Day 1 relaxed     |                       |         |
| q2.rlxsd   | Post-Challenge Day 2 relaxed     |                       |         |
| q3.rlxsd   | Post-Challenge Day 3 relaxed     |                       |         |
| q4.rlxsd   | Post-Challenge Day 4 relaxed     |                       |         |
| q5.rlxsd   | Post-Challenge Day 5 relaxed     |                       |         |
| q_1.rsntfl | Pre-challenge (Day -1) resentful | <a href="#">AFF04</a> |         |
| q0.rsntfl  | Pre-challenge (Day 0) resentful  |                       |         |
| q1.rsntfl  | Post-Challenge Day 1 resentful   |                       |         |
| q2.rsntfl  | Post-Challenge Day 2 resentful   |                       |         |
| q3.rsntfl  | Post-Challenge Day 3 resentful   |                       |         |
| q4.rsntfl  | Post-Challenge Day 4 resentful   |                       |         |
| q5.rsntfl  | Post-Challenge Day 5 resentful   |                       |         |
| q_1.sad    | Pre-challenge (Day -1) sad       | <a href="#">AFF04</a> |         |
| q0.sad     | Pre-challenge (Day 0) sad        |                       |         |
| q1.sad     | Post-Challenge Day 1 sad         |                       |         |
| q2.sad     | Post-Challenge Day 2 sad         |                       |         |
| q3.sad     | Post-Challenge Day 3 sad         |                       |         |
| q4.sad     | Post-Challenge Day 4 sad         |                       |         |
| q5.sad     | Post-Challenge Day 5 sad         |                       |         |

## AFFECT &amp; HEALTH BEHAVIORS IN QUARANTINE

| VAR NAME  | VARIABLE LABEL                  | VALUE LABELS          | FORMULA |
|-----------|---------------------------------|-----------------------|---------|
| q_1.slp   | Pre-challenge (Day -1) sleepy   | <a href="#">AFF04</a> |         |
| q0.slp    | Pre-challenge (Day 0) sleepy    |                       |         |
| q1.slp    | Post-Challenge Day 1 sleepy     |                       |         |
| q2.slp    | Post-Challenge Day 2 sleepy     |                       |         |
| q3.slp    | Post-Challenge Day 3 sleepy     |                       |         |
| q4.slp    | Post-Challenge Day 4 sleepy     |                       |         |
| q5.slp    | Post-Challenge Day 5 sleepy     |                       |         |
| q_1.slugg | Pre-challenge (Day -1) sluggish | <a href="#">AFF04</a> |         |
| q0.slugg  | Pre-challenge (Day 0) sluggish  |                       |         |
| q1.slugg  | Post-Challenge Day 1 sluggish   |                       |         |
| q2.slugg  | Post-Challenge Day 2 sluggish   |                       |         |
| q3.slugg  | Post-Challenge Day 3 sluggish   |                       |         |
| q4.slugg  | Post-Challenge Day 4 sluggish   |                       |         |
| q5.slugg  | Post-Challenge Day 5 sluggish   |                       |         |
| q_1.tense | Pre-challenge (Day -1) tense    | <a href="#">AFF04</a> |         |
| q0.tense  | Pre-challenge (Day 0) tense     |                       |         |
| q1.tense  | Post-Challenge Day 1 tense      |                       |         |
| q2.tense  | Post-Challenge Day 2 tense      |                       |         |
| q3.tense  | Post-Challenge Day 3 tense      |                       |         |
| q4.tense  | Post-Challenge Day 4 tense      |                       |         |
| q5.tense  | Post-Challenge Day 5 tense      |                       |         |
| q_1.tired | Pre-challenge (Day -1) tired    | <a href="#">AFF04</a> |         |
| q0.tired  | Pre-challenge (Day 0) tired     |                       |         |
| q1.tired  | Post-Challenge Day 1 tired      |                       |         |
| q2.tired  | Post-Challenge Day 2 tired      |                       |         |
| q3.tired  | Post-Challenge Day 3 tired      |                       |         |
| q4.tired  | Post-Challenge Day 4 tired      |                       |         |
| q5.tired  | Post-Challenge Day 5 tired      |                       |         |

**AFFECT & HEALTH BEHAVIORS IN QUARANTINE**

| VAR NAME    | VARIABLE LABEL                          | VALUE LABELS          | FORMULA  |
|-------------|---|-----------------------|--|
| q_1.unhpy   | Pre-challenge (Day -1) unhappy          | <a href="#">AFF04</a> |  |
| q0.unhpy    | Pre-challenge (Day 0) unhappy           |                       |  |
| q1.unhpy    | Post-Challenge Day 1 unhappy            |                       |  |
| q2.unhpy    | Post-Challenge Day 2 unhappy            |                       |  |
| q3.unhpy    | Post-Challenge Day 3 unhappy            |                       |  |
| q4.unhpy    | Post-Challenge Day 4 unhappy            |                       |  |
| q5.unhpy    | Post-Challenge Day 5 unhappy            |                       |  |
| q_1.vigscr  | Pre-challenge (Day -1) Vigor Score      |                       | q_1.vigscr = mean.2(q_1.fpep, q_1.lively, q_1.enrg)*3.<br><br>(repeated for all remaining quarantine days) |
| q0.vigscr   | Pre-challenge (Day 0) Vigor Score       |                       |  |
| q1.vigscr   | Post-Challenge Day 1 Vigor Score        |                       |  |
| q2.vigscr   | Post-Challenge Day 2 Vigor Score        |                       |  |
| q3.vigscr   | Post-Challenge Day 3 Vigor Score        |                       |  |
| q4.vigscr   | Post-Challenge Day 4 Vigor Score        |                       |  |
| q5.vigscr   | Post-Challenge Day 5 Vigor Score        |                       |  |
| q_1.wlbgscr | Pre-challenge (Day -1) Well-Being Score |                       | q_1.wlbgscr = mean.2(q_1.chrfl, q_1.happy, q_1.plsd)*3<br><br>(repeated for all remaining quarantine days) |
| q0.wlbgscr  | Pre-challenge (Day 0) Well-Being Score  |                       |  |
| q1.wlbgscr  | Post-Challenge Day 1 Well-Being Score   |                       |  |
| q2.wlbgscr  | Post-Challenge Day 2 Well-Being Score   |                       |  |
| q3.wlbgscr  | Post-Challenge Day 3 Well-Being Score   |                       |  |
| q4.wlbgscr  | Post-Challenge Day 4 Well-Being Score   |                       |  |
| q5.wlbgscr  | Post-Challenge Day 5 Well-Being Score   |                       |  |
| q_1.calmscr | Pre-challenge (Day -1) Calm Score       |                       | q_1.calmscr = mean.2(q_1.calm, q_1.rlxtd, q_1.ease)*3<br><br>(repeated for all remaining quarantine days)  |
| q0.calmscr  | Pre-challenge (Day 0) Calm Score        |                       |  |
| q1.calmscr  | Post-Challenge Day 1 Calm Score         |                       |  |
| q2.calmscr  | Post-Challenge Day 2 Calm Score         |                       |  |
| q3.calmscr  | Post-Challenge Day 3 Calm Score         |                       |  |
| q4.calmscr  | Post-Challenge Day 4 Calm Score         |                       |  |
| q5.calmscr  | Post-Challenge Day 5 Calm Score         |                       |  |

**AFFECT & HEALTH BEHAVIORS IN QUARANTINE**

| VAR NAME    | VARIABLE LABEL                         | VALUE LABELS | FORMULA   |
|-------------|--|--------------|---|
| q_1.posaf   | Pre-challenge (Day -1) Positive Affect |              | q_1.posaf = sum.3(q_1.vigscr, q_1.wlbgscr, q_1.calmscr)<br><br>(repeated for all remaining quarantine days) |
| q0.posaf    | Pre-challenge (Day 0) Positive Affect  |              |   |
| q1.posaf    | Post-Challenge Day 1 Positive Affect   |              |   |
| q2.posaf    | Post-Challenge Day 2 Positive Affect   |              |   |
| q3.posaf    | Post-Challenge Day 3 Positive Affect   |              |   |
| q4.posaf    | Post-Challenge Day 4 Positive Affect   |              |   |
| q5.posaf    | Post-Challenge Day 5 Positive Affect   |              |   |
| q_1.angscr  | Pre-challenge (Day -1) Anger Score     |              |   |
| q0.angscr   | Pre-challenge (Day 0) Anger Score      |              |   |
| q1.angscr   | Post-Challenge Day 1 Anger Score       |              |   |
| q2.angscr   | Post-Challenge Day 2 Anger Score       |              | q_1.angscr = mean.2(q_1.hostl, q_1.rsntfl, q_1.angry)*3<br><br>(repeated for all remaining quarantine days) |
| q3.angscr   | Post-Challenge Day 3 Anger Score       |              |   |
| q4.angscr   | Post-Challenge Day 4 Anger Score       |              |   |
| q5.angscr   | Post-Challenge Day 5 Anger Score       |              |   |
| q_1.anxscr  | Pre-challenge (Day -1) Anxious Score   |              |   |
| q0.anxscr   | Pre-challenge (Day 0) Anxious Score    |              |   |
| q1.anxscr   | Post-Challenge Day 1 Anxious Score     |              |   |
| q2.anxscr   | Post-Challenge Day 2 Anxious Score     |              |   |
| q3.anxscr   | Post-Challenge Day 3 Anxious Score     |              |   |
| q4.anxscr   | Post-Challenge Day 4 Anxious Score     |              |   |
| q5.anxscr   | Post-Challenge Day 5 Anxious Score     |              |   |
| q_1.dprsscr | Pre-challenge (Day -1) Depressed Score |              | q_1.dprsscr = mean.2(q_1.sad, q_1.deprs, q_1.unhpy)*3.<br><br>(repeated for all remaining quarantine days)  |
| q0.dprsscr  | Pre-challenge (Day 0) Depressed Score  |              |   |
| q1.dprsscr  | Post-Challenge Day 1 Depressed Score   |              |   |
| q2.dprsscr  | Post-Challenge Day 2 Depressed Score   |              |   |
| q3.dprsscr  | Post-Challenge Day 3 Depressed Score   |              |   |
| q4.dprsscr  | Post-Challenge Day 4 Depressed Score   |              |   |
| q5.dprsscr  | Post-Challenge Day 5 Depressed Score   |              |   |

**AFFECT & HEALTH BEHAVIORS IN QUARANTINE**

| VAR NAME     | VARIABLE LABEL  | VALUE LABELS | FORMULA   |
|--------------|---|--------------|---|
| q_1.fatgscr  | Pre-challenge (Day -1) Fatigue Score                      |              | q_1.fatgscr = mean.3(q_1.slugg, q_1.tired, q_1.sleepy, q_1.fatig)*4<br><br>(repeated for all remaining quarantine days)   |
| q0.fatgscr   | Pre-challenge (Day 0) Fatigue Score                       |              |   |
| q1.fatgscr   | Post-Challenge Day 1 Fatigue Score                        |              |   |
| q2.fatgscr   | Post-Challenge Day 2 Fatigue Score                        |              |   |
| q3.fatgscr   | Post-Challenge Day 3 Fatigue Score                        |              |   |
| q4.fatgscr   | Post-Challenge Day 4 Fatigue Score                        |              |   |
| q5.fatgscr   | Post-Challenge Day 5 Fatigue Score                        |              |   |
| q_1.fearsscr | Pre-challenge (Day -1) Fear Score                         |              |   |
| q0.fearsscr  | Pre-challenge (Day 0) Fear Score                          |              |   |
| q1.fearsscr  | Post-Challenge Day 1 Fear Score                           |              |   |
| q2.fearsscr  | Post-Challenge Day 2 Fear Score                           |              | q_1.fearsscr = mean.2(q_1.fear, q_1.afraid, q_1.frght)*3<br><br>(repeated for all remaining quarantine days)              |
| q3.fearsscr  | Post-Challenge Day 3 Fear Score                           |              |   |
| q4.fearsscr  | Post-Challenge Day 4 Fear Score                           |              |   |
| q5.fearsscr  | Post-Challenge Day 5 Fear Score                           |              |   |
| q_1.negaf    | Pre-challenge (Day -1) Negative Affect                    |              |   |
| q0.negaf     | Pre-challenge (Day 0) Negative Affect                     |              |   |
| q1.negaf     | Post-Challenge Day 1 Negative Affect                      |              |   |
| q2.negaf     | Post-Challenge Day 2 Negative Affect                      |              |   |
| q3.negaf     | Post-Challenge Day 3 Negative Affect                      |              |   |
| q4.negaf     | Post-Challenge Day 4 Negative Affect                      |              |   |
| q5.negaf     | Post-Challenge Day 5 Negative Affect                      |              |   |
| q_1.negftg   | Pre-challenge (Day -1) Negative Affect + Fatigue subscale |              | q_1.negaf = sum.4(q_1.angscr, q_1.anx_scr, q_1.dprsscr, q_1.fatgscr).<br><br>(repeated for all remaining quarantine days) |
| q0.negftg    | Pre-challenge (Day 0) Negative Affect + Fatigue subscale  |              |   |
| q1.negftg    | Post-Challenge Day 1 Negative Affect + Fatigue subscale   |              |   |
| q2.negftg    | Post-Challenge Day 2 Negative Affect + Fatigue subscale   |              |   |
| q3.negftg    | Post-Challenge Day 3 Negative Affect + Fatigue subscale   |              |   |
| q4.negftg    | Post-Challenge Day 4 Negative Affect + Fatigue subscale   |              |   |
| q5.negftg    | Post-Challenge Day 5 Negative Affect + Fatigue subscale   |              |   |

## AFFECT &amp; HEALTH BEHAVIORS IN QUARANTINE

| VAR NAME   | VARIABLE LABEL                           | VALUE LABELS           | FORMULA |
|------------|--|------------------------|---------|
| qlithbeh   | *****HEALTH BEHAVIORS IN QUARANTINE      |                        |         |
| q_1.smoke  | Pre-challenge (Day -1) - Smoke?          | <a href="#">YES/NO</a> |         |
| q0.smoke   | Pre-challenge (Day 0) - Smoke?           |                        |         |
| q1.smoke   | Post-challenge Day 1 - Smoke?            |                        |         |
| q2.smoke   | Post-challenge Day 2 - Smoke?            |                        |         |
| q3.smoke   | Post-challenge Day 3 - Smoke?            |                        |         |
| q4.smoke   | Post-challenge Day 4 - Smoke?            |                        |         |
| q5.smoke   | Post-challenge Day 5 - Smoke?            |                        |         |
| q_1.cgtnum | Pre-challenge (Day -1) - # cigarettes    |                        |         |
| q0.cgtnum  | Pre-challenge (Day 0) - # cigarettes     |                        |         |
| q1.cgtnum  | Post-challenge Day 1 - # cigarettes      |                        |         |
| q2.cgtnum  | Post-challenge Day 2 - # cigarettes      |                        |         |
| q3.cgtnum  | Post-challenge Day 3 - # cigarettes      |                        |         |
| q4.cgtnum  | Post-challenge Day 4 - # cigarettes      |                        |         |
| q5.cgtnum  | Post-challenge Day 5 - # cigarettes      |                        |         |
| q_1.cgrnum | Pre-challenge (Day -1) - # cigars        |                        |         |
| q0.cgrnum  | Pre-challenge (Day 0) - # cigars         |                        |         |
| q1.cgrnum  | Post-challenge Day 1 - # cigars          |                        |         |
| q2.cgrnum  | Post-challenge Day 2 - # cigars          |                        |         |
| q3.cgrnum  | Post-challenge Day 3 - # cigars          |                        |         |
| q4.cgrnum  | Post-challenge Day 4 - # cigars          |                        |         |
| q5.cgrnum  | Post-challenge Day 5 - # cigars          |                        |         |
| q_1.tobnum | Pre-challenge (Day -1) - # bowls tobacco |                        |         |
| q0.tobnum  | Pre-challenge (Day 0) - # bowls tobacco  |                        |         |
| q1.tobnum  | Post-challenge Day 1 - # bowls tobacco   |                        |         |
| q2.tobnum  | Post-challenge Day 2 - # bowls tobacco   |                        |         |
| q3.tobnum  | Post-challenge Day 3 - # bowls tobacco   |                        |         |
| q4.tobnum  | Post-challenge Day 4 - # bowls tobacco   |                        |         |
| q5.tobnum  | Post-challenge Day 5 - # bowls tobacco   |                        |         |

**AFFECT & HEALTH BEHAVIORS IN QUARANTINE**

| VAR NAME    | VARIABLE LABEL  | VALUE LABELS           | FORMULA  |
|-------------|---|------------------------|--|
| q_1.smknum  | Pre-challenge (Day -1) - total cigarettes, cigars, etc. |                        | q_1.smknum = sum(q_1.cgtnum, q_1.cgrnum, q_1.tobnum) |
| q0.smknum   | Pre-challenge (Day 0) - total cigarettes, cigars, etc.  |                        | (repeated for all remaining quarantine days)         |
| q1.smknum   | Post-challenge Day 1 - total cigarettes, cigars, etc.   |                        |  |
| q2.smknum   | Post-challenge Day 2 - total cigarettes, cigars, etc.   |                        |  |
| q3.smknum   | Post-challenge Day 3 - total cigarettes, cigars, etc.   |                        |  |
| q4.smknum   | Post-challenge Day 4 - total cigarettes, cigars, etc.   |                        |  |
| q5.smknum   | Post-challenge Day 5 - total cigarettes, cigars, etc.   |                        |  |
| q_1.drink   | Pre-challenge (Day -1) - Drink?                         | <a href="#">YES/NO</a> |  |
| q0.drink    | Pre-challenge (Day 0) - Drink?                          |                        |  |
| q1.drink    | Post-challenge Day 1 - Drink?                           |                        |  |
| q2.drink    | Post-challenge Day 2 - Drink?                           |                        |  |
| q3.drink    | Post-challenge Day 3 - Drink?                           |                        |  |
| q4.drink    | Post-challenge Day 4 - Drink?                           |                        |  |
| q5.drink    | Post-challenge Day 5 - Drink?                           |                        |  |
| q_1.drnknum | Pre-challenge (Day -1) - total # alcoholic beverages    |                        |  |
| q0.drnknum  | Pre-challenge (Day 0) - total # alcoholic beverages     |                        |  |
| q1.drnknum  | Post-challenge Day 1 - total # alcoholic beverages      |                        |  |
| q2.drnknum  | Post-challenge Day 2 - total # alcoholic beverages      |                        |  |
| q3.drnknum  | Post-challenge Day 3 - total # alcoholic beverages      |                        |  |
| q4.drnknum  | Post-challenge Day 4 - total # alcoholic beverages      |                        |  |
| q5.drnknum  | Post-challenge Day 5 - total # alcoholic beverages      |                        |  |
| q_1.rested  | Pre-challenge (Day -1) - Rested this morning?           | <a href="#">YES/NO</a> |  |
| q0.rested   | Pre-challenge (Day 0) - Rested this morning?            |                        |  |
| q1.rested   | Post-challenge Day 1 - Rested this morning?             |                        |  |
| q2.rested   | Post-challenge Day 2 - Rested this morning?             |                        |  |
| q3.rested   | Post-challenge Day 3 - Rested this morning?             |                        |  |
| q4.rested   | Post-challenge Day 4 - Rested this morning?             |                        |  |
| q5.rested   | Post-challenge Day 5 - Rested this morning?             |                        |  |

**AFFECT & HEALTH BEHAVIORS IN QUARANTINE**

| VAR NAME    | VARIABLE LABEL                                       | VALUE LABELS | FORMULA |
|-------------|--|--------------|---------|
| q_1.slplost | Pre-challenge (Day -1) - Sleep lost last night (min) |              |         |
| q0.slplost  | Pre-challenge (Day 0) - Sleep lost last night (min)  |              |         |
| q1.slplost  | Post-challenge Day 1 - Sleep lost last night (min)   |              |         |
| q2.slplost  | Post-challenge Day 2 - Sleep lost last night (min)   |              |         |
| q3.slplost  | Post-challenge Day 3 - Sleep lost last night (min)   |              |         |
| q4.slplost  | Post-challenge Day 4 - Sleep lost last night (min)   |              |         |
| q5.slplost  | Post-challenge Day 5 - Sleep lost last night (min)   |              |         |
| q_1.slpqual | Pre-challenge (Day -1) - Sleep quality last night    | SLPQUL       |         |
| q0.slpqual  | Pre-challenge (Day 0) - Sleep quality last night     |              |         |
| q1.slpqual  | Post-challenge Day 1 - Sleep quality last night      |              |         |
| q2.slpqual  | Post-challenge Day 2 - Sleep quality last night      |              |         |
| q3.slpqual  | Post-challenge Day 3 - Sleep quality last night      |              |         |
| q4.slpqual  | Post-challenge Day 4 - Sleep quality last night      |              |         |
| q5.slpqual  | Post-challenge Day 5 - Sleep quality last night      |              |         |

**AFFECT & HEALTH BEHAVIORS IN Q'RNTINE Value Labels for Categorical and Dichotomous Variables**

| Code  | Value Labels  | Code   | Value Labels | Code   | Value Labels  |
|-------|---------------|--------|--------------|--------|---------------|
| AFF04 | 0=not at all  | YES/NO | 0=no         | SLPQUL | 1=very bad    |
|       | 1=a little    |        | 1=yes        |        | 2=fairly bad  |
|       | 2=some        |        |              |        | 3=fairly good |
|       | 3=quite a bit |        |              |        | 4=very good   |
|       | 4=a lot       |        |              |        |               |

## AGGREGATED DAILY INTERVIEW DATA

| VAR NAME       | VARIABLE LABEL                                   | VALUES | FORMULA |
|----------------|--|--------|---------|
| DAILYINT       | *****BEGIN AGGREGATED DAILY INTERVIEW DATA*****  |        |         |
| di.totcomplete | DI: Total completed interviews                   |        |         |
| di.wkdays      | DI: Total weekdays                               |        |         |
| di.wndays      | DI: Total weekend days                           |        |         |
| afagg          | *****AVERAGE AFFECT ACROSS INTERVIEW PERIOD***** |        |         |
| di.happy_avg   | DI - Average Daily Affect: happy                 |        |         |
| di.hostl_avg   | DI - Average Daily Affect: hostile               |        |         |
| di.deprs_avg   | DI - Average Daily Affect: depressed             |        |         |
| di.enrg_avg    | DI - Average Daily Affect: energetic             |        |         |
| di.sad_avg     | DI - Average Daily Affect: sad                   |        |         |
| di.chrfl_avg   | DI - Average Daily Affect: cheerful              |        |         |
| di.edge_avg    | DI - Average Daily Affect: on edge               |        |         |
| di.calm_avg    | DI - Average Daily Affect: calm                  |        |         |
| di.rlxtd_avg   | DI - Average Daily Affect: relaxed               |        |         |
| di.unhpy_avg   | DI - Average Daily Affect: unhappy               |        |         |
| di.fpep_avg    | DI - Average Daily Affect: full of pep           |        |         |
| di.rsntfl_avg  | DI - Average Daily Affect: resentful             |        |         |
| di.lvly_avg    | DI - Average Daily Affect: lively                |        |         |
| di.ang_avg     | DI - Average Daily Affect: angry                 |        |         |
| di.plsd_avg    | DI - Average Daily Affect: pleased               |        |         |
| di.tense_avg   | DI - Average Daily Affect: tense                 |        |         |
| di.ease_avg    | DI - Average Daily Affect: at ease               |        |         |
| di.nervs_avg   | DI - Average Daily Affect: nervous               |        |         |
| di.fatg_avg    | DI - Average Daily Affect: fatigued              |        |         |
| di.tired_avg   | DI - Average Daily Affect: tired                 |        |         |
| di.slpv_avg    | DI - Average Daily Affect: sleepy                |        |         |
| di.slugg_avg   | DI - Average Daily Affect: sluggish              |        |         |
| di.frght_avg   | DI - Average Daily Affect: frightened            |        |         |
| di.fear_avg    | DI - Average Daily Affect: fearful               |        |         |
| di.afraid_avg  | DI - Average Daily Affect: afraid                |        |         |
| di.vigscr_avg  | DI - Average Daily Affect: vigor subscale score  |        |         |

**AGGREGATED DAILY INTERVIEW DATA**

| <b>VAR NAME</b>   | <b>VARIABLE LABEL</b>  | <b>VALUES</b> | <b>FORMULA</b> |
|-------------------|--|---------------|----------------|
| di.wlbgscr_avg    | DI - Average Daily Affect: well-being subscale score                       |               |                |
| di.calmscr_avg    | DI - Average Daily Affect: calm subscale score                             |               |                |
| di.posaf_avg      | DI - Average Daily Affect: positive affect score                           |               |                |
| di.anxscr_avg     | DI - Average Daily Affect: anxiety subscale score                          |               |                |
| di.angscr_avg     | DI - Average Daily Affect: anger subscale score                            |               |                |
| di.dprsscr_avg    | DI - Average Daily Affect: depressed subscale score                        |               |                |
| di.fatgscr_avg    | DI - Average Daily Affect: fatigue subscale score                          |               |                |
| di.fearscr_avg    | DI - Average Daily Affect: fearfulness subscale score                      |               |                |
| di.negaf_avg      | DI - Average Daily Affect: negative affect score                           |               |                |
| di.negftg_avg     | DI - Average Daily Affect: negative affect score + fatigue subscale        |               |                |
| socagg            | *****AGGREGATED SOCIAL INTERACTION DATA*****                               |               |                |
| di.socdays        | DI: Total interview days with social interaction                           |               |                |
| di.totsoc_avg     | DI: Avg # social interactions per day - all interview days                 |               |                |
| di.totsoc_avg2    | DI: Avg # social interactions per day - social interxn days only           |               |                |
| di.totpart_avg    | DI: Avg # social interxn partners per day - all interview days             |               |                |
| di.totpart_avg2   | DI: Avg # social interxn partners per day - social interxn days only       |               |                |
| di.socmin_avg     | DI: Avg # minutes interacting per day - all interview days                 |               |                |
| di.socmin_avg2    | DI: Avg # minutes interacting per day - social interxn days only           |               |                |
| di.doms_avg       | DI: Avg # domains interacted with per day - all interview days             |               |                |
| di.doms_avg2      | DI: Avg # domains interacted with per day - social interxn days only       |               |                |
| di.uniq_avg       | DI: Avg # unique interxn partners per day - all interview days             |               |                |
| di.uniq_avg2      | DI: Avg # unique interxn partners per day - social interxn days only       |               |                |
| di.pctinit_avg    | DI: Avg % interactions initiated by participant - social interxn days only |               |                |
| di.plsnt_avg      | DI: Avg social interaction pleasantness rating                             |               |                |
| di.totpos_avg     | DI: Avg number of positive social interactions per day                     |               |                |
| di.pctpos_avg     | DI: Avg % social interactions that were positive                           |               |                |
| di.totneg_avg     | DI: Avg number of negative social interactions per day                     |               |                |
| di.pctneg_avg     | DI: Avg % social interactions that were negative                           |               |                |
| di.pcts unint_avg | DI: Avg % social interactions with support given/received                  |               |                |
| di.pctgspprt_avg  | DI: Avg % supportive interactions participant gave                         |               |                |
| di.pctrspprt_avg  | DI: Avg % supportive interactions participant received                     |               |                |

## AGGREGATED DAILY INTERVIEW DATA

| VAR NAME        | VARIABLE LABEL  | VALUES | FORMULA |
|-----------------|---|--------|---------|
| di.pctbsprt_avg | DI: Avg % supportive interactions participant gave and received             |        |         |
| di.confl_avg    | DI: Avg social interaction conflict rating                                  |        |         |
| di.totcon_avg   | DI: Avg number of social interactions with moderate/severe conflict per day |        |         |
| di.pctcon_avg   | DI: Avg % social interactions with moderate/severe conflict                 |        |         |
| symagg          | *****SYMPTOM TOTALS ACROSS INTERVIEW PERIOD*****                            |        |         |
| di.nascondays   | DI: Total days with congestion  |        |         |
| di.sneezdays    | DI: Total days with sneezing  |        |         |
| di.runnoldays   | DI: Total days with runny nose  |        |         |
| di.srthrdays    | DI: Total days with cough   |        |         |
| di.coughdays    | DI: Total days with sore throat   |        |         |
| di.hdachdays    | DI: Total days with headache  |        |         |
| di.chilldays    | DI: Total days with chills  |        |         |
| di.malaisdays   | DI: Total days with malaise   |        |         |
| di.colddays     | DI: Total days reporting cold or flu  |        |         |
| di.allergydays  | DI: Total days reporting problem with allergies                             |        |         |

## **PRE-QUARANTINE (HOME) SALIVARY CORTISOL AUC CALCULATIONS**

The calculations appearing below relate to cortisol data obtained on pre-quarantine day 1. Calculations and exclusion criteria for pre-quarantine day 2 are identical.

Note that slva.pre1cort2 is not included in the calculation of AUC. The second sample of the day is taken approximately 30 minutes post-waking and likely represents the cortisol morning peak or awakening response.

### **\*\*\*\*\*TRIAL 1 ONLY\*\*\*\*\*.**

Trial 1 participants collected a total of 7 saliva samples throughout pre-quarantine days 1 and 2 compared to the 10 samples collected by participants in all subsequent trials. Exclusion criteria and AUC calculations were adjusted accordingly.

\* CALCULATE DAY 1 AUC WITHOUT ADJUSTMENT FOR WAKE-UP TIME --- ALL SAMPLES USED.

\* AUC **NOT** COMPUTED FOR SUBJECTS MISSING EITHER...

\*...SAMPLES 3, 4, OR 5

\*...MORE THAN 2 OF THE LAST 4 SAMPLES.

**do if** subj\_id lt 202000.

**compute** slva.pre1cort\_auc = ((slva.pre1cort1+slva.pre1cort3)\*(60)/2) + ((slva.pre1cort3+slva.pre1cort4)\*(60)/2) +

    ((slva.pre1cort4+slva.pre1cort5)\*(120)/2) +

    ((slva.pre1cort5+slva.pre1cort6)\*(120)/2) +

    ((slva.pre1cort6+slva.pre1cort7)\*(120)/2).

**if** (missing(slva.pre1cort7) = 1) slva.pre1cort\_auc = ((slva.pre1cort1+slva.pre1cort3)\*(60)/2) +

    ((slva.pre1cort3+slva.pre1cort4)\*(60)/2) +

    ((slva.pre1cort4+slva.pre1cort5)\*(120)/2) +

    ((slva.pre1cort5+slva.pre1cort6)\*(120)/2).

**if** (missing(slva.pre1cort6) = 1) slva.pre1cort\_auc = ((slva.pre1cort1+slva.pre1cort3)\*(60)/2) +

    ((slva.pre1cort3+slva.pre1cort4)\*(60)/2) +

    ((slva.pre1cort4+slva.pre1cort5)\*(120)/2) +

    ((slva.pre1cort5+slva.pre1cort7)\*(240)/2).

**if** (missing(slva.pre1cort5) = 1) slva.pre1cort\_auc = ((slva.pre1cort1+slva.pre1cort3)\*(60)/2) +

    ((slva.pre1cort3+slva.pre1cort4)\*(60)/2) +

    ((slva.pre1cort4+slva.pre1cort6)\*(240)/2) +

    ((slva.pre1cort6+slva.pre1cort7)\*(120)/2).

**end if.**

**execute.**

**variable labels** slva.pre1cort\_auc "Pre-Quarantine (Home) Day 1 Cortisol AUC".

**execute.**

**\*\*\*\*\*TRIAL 2 AND LATER\*\*\*\*\*.**

\* CALCULATE DAY 1 AUC WITHOUT ADJUSTMENT FOR WAKE-UP TIME --- ALL SAMPLES USED.

\* AUC **NOT** COMPUTED FOR SUBJECTS MISSING EITHER...

\*...SAMPLES 3, 4, OR 5

\*...MORE THAN 2 OF THE LAST 4 SAMPLES.

**do if** subj\_id ge 202000.

```
compute slva.pre1cort_auc = ((slva.pre1cort1+slva.pre1cort3)*(60)/2) + ((slva.pre1cort3+slva.pre1cort4)*(60)/2) +
((slva.pre1cort4+slva.pre1cort5)*(120)/2) +
((slva.pre1cort5+slva.pre1cort6)*(120)/2) +
((slva.pre1cort6+slva.pre1cort7)*(120)/2) +
((slva.pre1cort7+slva.pre1cort8)*(120)/2) +
((slva.pre1cort8+slva.pre1cort9)*(120)/2) +
((slva.pre1cort9+slva.pre1cort10)*(120)/2) +
((slva.pre1cort10+slva.pre1cort11)*(120)/2).
```

```
if (missing(slva.pre1cort11) = 1) slva.pre1cort_auc = ((slva.pre1cort1+slva.pre1cort3)*(60)/2) +
((slva.pre1cort3+slva.pre1cort4)*(60)/2) +
((slva.pre1cort4+slva.pre1cort5)*(120)/2) +
((slva.pre1cort5+slva.pre1cort6)*(120)/2) +
((slva.pre1cort6+slva.pre1cort7)*(120)/2) +
((slva.pre1cort7+slva.pre1cort8)*(120)/2) +
((slva.pre1cort8+slva.pre1cort9)*(120)/2) +
((slva.pre1cort9+slva.pre1cort10)*(120)/2).
```

```
if (missing(slva.pre1cort10) = 1) slva.pre1cort_auc = ((slva.pre1cort1+slva.pre1cort3)*(60)/2) +
((slva.pre1cort3+slva.pre1cort4)*(60)/2) +
((slva.pre1cort4+slva.pre1cort5)*(120)/2) +
((slva.pre1cort5+slva.pre1cort6)*(120)/2) +
((slva.pre1cort6+slva.pre1cort7)*(120)/2) +
((slva.pre1cort7+slva.pre1cort8)*(120)/2) +
((slva.pre1cort8+slva.pre1cort9)*(120)/2) +
((slva.pre1cort9+slva.pre1cort11)*(240)/2).
```

```
if (missing(slva.pre1cort9) = 1) slva.pre1cort_auc = ((slva.pre1cort1+slva.pre1cort3)*(60)/2) +
((slva.pre1cort3+slva.pre1cort4)*(60)/2) +
((slva.pre1cort4+slva.pre1cort5)*(120)/2) +
((slva.pre1cort5+slva.pre1cort6)*(120)/2) +
((slva.pre1cort6+slva.pre1cort7)*(120)/2) +
((slva.pre1cort7+slva.pre1cort8)*(120)/2) +
((slva.pre1cort8+slva.pre1cort10)*(240)/2) +
((slva.pre1cort10+slva.pre1cort11)*(120)/2).
```

```
if (missing(slva.pre1cort8) = 1) slva.pre1cort_auc = ((slva.pre1cort1+slva.pre1cort3)*(60)/2) +
    ((slva.pre1cort3+slva.pre1cort4)*(60)/2) +
    ((slva.pre1cort4+slva.pre1cort5)*(120)/2) +
    ((slva.pre1cort5+slva.pre1cort6)*(120)/2) +
    ((slva.pre1cort6+slva.pre1cort7)*(120)/2) +
    ((slva.pre1cort7+slva.pre1cort9)*(240)/2) +
    ((slva.pre1cort9+slva.pre1cort10)*(120)/2) +
    ((slva.pre1cort10+slva.pre1cort11)*(120)/2).
```

```
if (missing(slva.pre1cort7) = 1) slva.pre1cort_auc = ((slva.pre1cort1+slva.pre1cort3)*(60)/2) +
    ((slva.pre1cort3+slva.pre1cort4)*(60)/2) +
    ((slva.pre1cort4+slva.pre1cort5)*(120)/2) +
    ((slva.pre1cort5+slva.pre1cort6)*(120)/2) +
    ((slva.pre1cort6+slva.pre1cort8)*(240)/2) +
    ((slva.pre1cort8+slva.pre1cort9)*(120)/2) +
    ((slva.pre1cort9+slva.pre1cort10)*(120)/2) +
    ((slva.pre1cort10+slva.pre1cort11)*(120)/2).
```

```
if (missing(slva.pre1cort6) = 1) slva.pre1cort_auc = ((slva.pre1cort1+slva.pre1cort3)*(60)/2) +
    ((slva.pre1cort3+slva.pre1cort4)*(60)/2) +
    ((slva.pre1cort4+slva.pre1cort5)*(120)/2) +
    ((slva.pre1cort5+slva.pre1cort7)*(240)/2) +
    ((slva.pre1cort7+slva.pre1cort8)*(120)/2) +
    ((slva.pre1cort8+slva.pre1cort9)*(120)/2) +
    ((slva.pre1cort9+slva.pre1cort10)*(120)/2) +
    ((slva.pre1cort10+slva.pre1cort11)*(120)/2).
```

```
if (missing(slva.pre1cort5) = 1) slva.pre1cort_auc = ((slva.pre1cort1+slva.pre1cort3)*(60)/2) +
    ((slva.pre1cort3+slva.pre1cort4)*(60)/2) +
    ((slva.pre1cort4+slva.pre1cort6)*(120)/2) +
    ((slva.pre1cort6+slva.pre1cort7)*(120)/2) +
    ((slva.pre1cort7+slva.pre1cort8)*(120)/2) +
    ((slva.pre1cort8+slva.pre1cort9)*(120)/2) +
    ((slva.pre1cort9+slva.pre1cort10)*(120)/2) +
    ((slva.pre1cort10+slva.pre1cort11)*(120)/2).
```

```
if (missing(slva.pre1cort10) = 1) and (missing(slva.pre1cort11) = 1) slva.pre1cort_auc = ((slva.pre1cort1+slva.pre1cort3)*(60)/2) +
    ((slva.pre1cort3+slva.pre1cort4)*(60)/2) +
    ((slva.pre1cort4+slva.pre1cort5)*(120)/2) +
    ((slva.pre1cort5+slva.pre1cort6)*(120)/2) +
    ((slva.pre1cort6+slva.pre1cort7)*(120)/2) +
    ((slva.pre1cort7+slva.pre1cort8)*(120)/2) +
    ((slva.pre1cort8+slva.pre1cort9)*(120)/2).
```

**if** (missing(slva.pre1cort9) = 1) **and** (missing(slva.pre1cort10) = 1) slva.pre1cort\_auc = ((slva.pre1cort1+slva.pre1cort3)\*(60)/2) +  
((slva.pre1cort3+slva.pre1cort4)\*(60)/2) +  
((slva.pre1cort4+slva.pre1cort5)\*(120)/2) +  
((slva.pre1cort5+slva.pre1cort6)\*(120)/2) +  
((slva.pre1cort6+slva.pre1cort7)\*(120)/2) +  
((slva.pre1cort7+slva.pre1cort8)\*(120)/2) +  
((slva.pre1cort8+slva.pre1cort11)\*(360)/2).

**if** (missing(slva.pre1cort8) = 1) **and** (missing(slva.pre1cort9) = 1) slva.pre1cort\_auc = ((slva.pre1cort1+slva.pre1cort3)\*(60)/2) +  
((slva.pre1cort3+slva.pre1cort4)\*(60)/2) +  
((slva.pre1cort4+slva.pre1cort5)\*(120)/2) +  
((slva.pre1cort5+slva.pre1cort6)\*(120)/2) +  
((slva.pre1cort6+slva.pre1cort7)\*(120)/2) +  
((slva.pre1cort7+slva.pre1cort10)\*(360)/2) +  
((slva.pre1cort10+slva.pre1cort11)\*(120)/2).

**if** (missing(slva.pre1cort7) = 1) **and** (missing(slva.pre1cort8) = 1) slva.pre1cort\_auc = ((slva.pre1cort1+slva.pre1cort3)\*(60)/2) +  
((slva.pre1cort3+slva.pre1cort4)\*(60)/2) +  
((slva.pre1cort4+slva.pre1cort5)\*(120)/2) +  
((slva.pre1cort5+slva.pre1cort6)\*(120)/2) +  
((slva.pre1cort6+slva.pre1cort9)\*(360)/2) +  
((slva.pre1cort9+slva.pre1cort10)\*(120)/2) +  
((slva.pre1cort10+slva.pre1cort11)\*(120)/2).

**if** (missing(slva.pre1cort6) = 1) **and** (missing(slva.pre1cort7) = 1) slva.pre1cort\_auc = ((slva.pre1cort1+slva.pre1cort3)\*(60)/2) +  
((slva.pre1cort3+slva.pre1cort4)\*(60)/2) +  
((slva.pre1cort4+slva.pre1cort5)\*(120)/2) +  
((slva.pre1cort5+slva.pre1cort8)\*(120)/2) +  
((slva.pre1cort8+slva.pre1cort9)\*(120)/2) +  
((slva.pre1cort9+slva.pre1cort10)\*(120)/2) +  
((slva.pre1cort10+slva.pre1cort11)\*(120)/2).

**if** (missing(slva.pre1cort9) = 1) **and** (missing(slva.pre1cort11) = 1) slva.pre1cort\_auc = ((slva.pre1cort1+slva.pre1cort3)\*(60)/2) +  
((slva.pre1cort3+slva.pre1cort4)\*(60)/2) +  
((slva.pre1cort4+slva.pre1cort5)\*(120)/2) +  
((slva.pre1cort5+slva.pre1cort6)\*(120)/2) +  
((slva.pre1cort6+slva.pre1cort7)\*(120)/2) +  
((slva.pre1cort7+slva.pre1cort8)\*(120)/2) +  
((slva.pre1cort8+slva.pre1cort10)\*(240)/2).

**if** (missing(slva.pre1cort8) = 1) **and** (missing(slva.pre1cort11) = 1) slva.pre1cort\_auc = ((slva.pre1cort1+slva.pre1cort3)\*(60)/2) +  
((slva.pre1cort3+slva.pre1cort4)\*(60)/2) +  
((slva.pre1cort4+slva.pre1cort5)\*(120)/2) +  
((slva.pre1cort5+slva.pre1cort6)\*(120)/2) +  
((slva.pre1cort6+slva.pre1cort7)\*(120)/2) +  
((slva.pre1cort7+slva.pre1cort9)\*(240)/2) +  
((slva.pre1cort9+slva.pre1cort10)\*(120)/2).

**if** (missing(slva.pre1cort7) = 1) **and** (missing(slva.pre1cort11) = 1) slva.pre1cort\_auc = ((slva.pre1cort1+slva.pre1cort3)\*(60)/2) +  
((slva.pre1cort3+slva.pre1cort4)\*(60)/2) +  
((slva.pre1cort4+slva.pre1cort5)\*(120)/2) +  
((slva.pre1cort5+slva.pre1cort6)\*(120)/2) +  
((slva.pre1cort6+slva.pre1cort8)\*(240)/2) +  
((slva.pre1cort8+slva.pre1cort9)\*(120)/2) +  
((slva.pre1cort9+slva.pre1cort10)\*(120)/2).

**if** (missing(slva.pre1cort6) = 1) **and** (missing(slva.pre1cort11) = 1) slva.pre1cort\_auc = ((slva.pre1cort1+slva.pre1cort3)\*(60)/2) +  
((slva.pre1cort3+slva.pre1cort4)\*(60)/2) +  
((slva.pre1cort4+slva.pre1cort5)\*(120)/2) +  
((slva.pre1cort5+slva.pre1cort7)\*(240)/2) +  
((slva.pre1cort7+slva.pre1cort8)\*(120)/2) +  
((slva.pre1cort8+slva.pre1cort9)\*(120)/2) +  
((slva.pre1cort9+slva.pre1cort10)\*(120)/2).

**if** (missing(slva.pre1cort5) = 1) **and** (missing(slva.pre1cort11) = 1) slva.pre1cort\_auc = ((slva.pre1cort1+slva.pre1cort3)\*(60)/2) +  
((slva.pre1cort3+slva.pre1cort4)\*(60)/2) +  
((slva.pre1cort4+slva.pre1cort6)\*(240)/2) +  
((slva.pre1cort6+slva.pre1cort7)\*(120)/2) +  
((slva.pre1cort7+slva.pre1cort8)\*(120)/2) +  
((slva.pre1cort8+slva.pre1cort9)\*(120)/2) +  
((slva.pre1cort9+slva.pre1cort10)\*(120)/2).

**if** (missing(slva.pre1cort8) = 1) **and** (missing(slva.pre1cort10) = 1) slva.pre1cort\_auc = ((slva.pre1cort1+slva.pre1cort3)\*(60)/2) +  
((slva.pre1cort3+slva.pre1cort4)\*(60)/2) +  
((slva.pre1cort4+slva.pre1cort5)\*(120)/2) +  
((slva.pre1cort5+slva.pre1cort6)\*(120)/2) +  
((slva.pre1cort6+slva.pre1cort7)\*(120)/2) +  
((slva.pre1cort7+slva.pre1cort9)\*(240)/2) +  
((slva.pre1cort9+slva.pre1cort11)\*(240)/2).

**if** (missing(slva.pre1cort7) = 1) **and** (missing(slva.pre1cort10) = 1) slva.pre1cort\_auc = ((slva.pre1cort1+slva.pre1cort3)\*(60)/2) +  
((slva.pre1cort3+slva.pre1cort4)\*(60)/2) +  
((slva.pre1cort4+slva.pre1cort5)\*(120)/2) +  
((slva.pre1cort5+slva.pre1cort6)\*(120)/2) +  
((slva.pre1cort6+slva.pre1cort8)\*(240)/2) +  
((slva.pre1cort8+slva.pre1cort9)\*(120)/2) +  
((slva.pre1cort9+slva.pre1cort11)\*(240)/2).

**if** (missing(slva.pre1cort6) = 1) **and** (missing(slva.pre1cort10) = 1) slva.pre1cort\_auc = ((slva.pre1cort1+slva.pre1cort3)\*(60)/2) +  
((slva.pre1cort3+slva.pre1cort4)\*(60)/2) +  
((slva.pre1cort4+slva.pre1cort5)\*(120)/2) +  
((slva.pre1cort5+slva.pre1cort7)\*(240)/2) +  
((slva.pre1cort7+slva.pre1cort8)\*(120)/2) +  
((slva.pre1cort8+slva.pre1cort9)\*(120)/2) +  
((slva.pre1cort9+slva.pre1cort11)\*(240)/2).

**if** (missing(slva.pre1cort5) = 1) **and** (missing(slva.pre1cort10) = 1) slva.pre1cort\_auc = ((slva.pre1cort1+slva.pre1cort3)\*(60)/2) +  
((slva.pre1cort3+slva.pre1cort4)\*(60)/2) +  
((slva.pre1cort4+slva.pre1cort6)\*(240)/2) +  
((slva.pre1cort6+slva.pre1cort7)\*(120)/2) +  
((slva.pre1cort7+slva.pre1cort8)\*(120)/2) +  
((slva.pre1cort8+slva.pre1cort9)\*(120)/2) +  
((slva.pre1cort9+slva.pre1cort11)\*(240)/2).

**if** (missing(slva.pre1cort7) = 1) **and** (missing(slva.pre1cort9) = 1) slva.pre1cort\_auc = ((slva.pre1cort1+slva.pre1cort3)\*(60)/2) +  
((slva.pre1cort3+slva.pre1cort4)\*(60)/2) +  
((slva.pre1cort4+slva.pre1cort5)\*(120)/2) +  
((slva.pre1cort5+slva.pre1cort6)\*(120)/2) +  
((slva.pre1cort6+slva.pre1cort8)\*(240)/2) +  
((slva.pre1cort8+slva.pre1cort10)\*(240)/2) +  
((slva.pre1cort10+slva.pre1cort11)\*(120)/2).

**if** (missing(slva.pre1cort6) = 1) **and** (missing(slva.pre1cort9) = 1) slva.pre1cort\_auc = ((slva.pre1cort1+slva.pre1cort3)\*(60)/2) +  
((slva.pre1cort3+slva.pre1cort4)\*(60)/2) +  
((slva.pre1cort4+slva.pre1cort5)\*(120)/2) +  
((slva.pre1cort5+slva.pre1cort7)\*(240)/2) +  
((slva.pre1cort7+slva.pre1cort8)\*(120)/2) +  
((slva.pre1cort8+slva.pre1cort10)\*(240)/2) +  
((slva.pre1cort10+slva.pre1cort11)\*(120)/2).

**if** (missing(slva.pre1cort5) = 1) **and** (missing(slva.pre1cort9) = 1) slva.pre1cort\_auc = ((slva.pre1cort1+slva.pre1cort3)\*(60)/2) +  
((slva.pre1cort3+slva.pre1cort4)\*(60)/2) +  
((slva.pre1cort4+slva.pre1cort6)\*(240)/2) +  
((slva.pre1cort6+slva.pre1cort7)\*(120)/2) +  
((slva.pre1cort7+slva.pre1cort8)\*(120)/2) +  
((slva.pre1cort8+slva.pre1cort10)\*(240)/2) +  
((slva.pre1cort10+slva.pre1cort11)\*(120)/2).

**if** (missing(slva.pre1cort6) = 1) **and** (missing(slva.pre1cort8) = 1) slva.pre1cort\_auc = ((slva.pre1cort1+slva.pre1cort3)\*(60)/2) +  
((slva.pre1cort3+slva.pre1cort4)\*(60)/2) +  
((slva.pre1cort4+slva.pre1cort5)\*(120)/2) +  
((slva.pre1cort5+slva.pre1cort7)\*(240)/2) +  
((slva.pre1cort7+slva.pre1cort9)\*(240)/2) +  
((slva.pre1cort9+slva.pre1cort10)\*(120)/2) +  
((slva.pre1cort10+slva.pre1cort11)\*(120)/2).

**if** (missing(slva.pre1cort5) = 1) **and** (missing(slva.pre1cort8) = 1) slva.pre1cort\_auc = ((slva.pre1cort1+slva.pre1cort3)\*(60)/2) +  
((slva.pre1cort3+slva.pre1cort4)\*(60)/2) +  
((slva.pre1cort4+slva.pre1cort6)\*(240)/2) +  
((slva.pre1cort6+slva.pre1cort7)\*(120)/2) +  
((slva.pre1cort7+slva.pre1cort9)\*(240)/2) +  
((slva.pre1cort9+slva.pre1cort10)\*(120)/2) +  
((slva.pre1cort10+slva.pre1cort11)\*(120)/2).

**if** (missing(slva.pre1cort5) = 1) **and** (missing(slva.pre1cort7) = 1) slva.pre1cort\_auc = ((slva.pre1cort1+slva.pre1cort3)\*(60)/2) +  
((slva.pre1cort3+slva.pre1cort4)\*(60)/2) +  
((slva.pre1cort4+slva.pre1cort6)\*(240)/2) +  
((slva.pre1cort6+slva.pre1cort8)\*(240)/2) +  
((slva.pre1cort8+slva.pre1cort9)\*(120)/2) +  
((slva.pre1cort9+slva.pre1cort10)\*(120)/2) +  
((slva.pre1cort10+slva.pre1cort11)\*(120)/2).

**end if.**

**execute.**

**variable labels** slva.pre1cort\_auc "Pre-Quarantine (Home) Day 1 Cortisol AUC".

**execute.**

## QUARANTINE DAY 0 SALIVARY CORTISOL AUC CALCULATIONS

The calculations appearing below relate to cortisol data obtained on quarantine day 0.

Two AUC variables were computed, with the first using all post-waking samples **and** the second excluding the 2:00 pm sample (slva.q0cort10). Exclusion of this sample controls for the postprandial lunch rise in salivary cortisol levels.

Note that slva.q0cort2 is not included in the calculation of AUC. The second sample of the day is taken approximately 30 minutes post-waking and likely represents the cortisol morning peak or awakening response.

- \* CALCULATE QUARANTINE DAY 0 AUC WITHOUT ADJUSTMENT FOR WAKE-UP TIME --- ALL POST-WAKE UP SAMPLES.
- \* WAKE-UP SAMPLE EXCLUDED FROM COMPUTATION.
- \* AUC NOT COMPUTED FOR SUBJECTS MISSING EITHER...
- \*..SAMPLES 1, 3, OR 4
- \*...MORE THAN 2 OF THE REMAINING SAMPLES.

```
compute slva.q0cort_auc = ((slva.q0cort1+slva.q0cort3)*(60)/2) + ((slva.q0cort3+slva.q0cort4)*(75)/2) +
    ((slva.q0cort4+slva.q0cort5)*(60)/2) +
    ((slva.q0cort5+slva.q0cort6)*(60)/2) +
    ((slva.q0cort6+slva.q0cort7)*(60)/2) +
    ((slva.q0cort7+slva.q0cort8)*(60)/2) +
    ((slva.q0cort8+slva.q0cort9)*(60)/2) +
    ((slva.q0cort9+slva.q0cort10)*(60)/2) +
    ((slva.q0cort10+slva.q0cort11)*(60)/2) +
    ((slva.q0cort11+slva.q0cort12)*(60)/2) +
    ((slva.q0cort12+slva.q0cort13)*(150)/2) +
    ((slva.q0cort13+slva.q0cort14)*(240)/2).

if (missing(slva.q0cort5)=1) slva.q0cort_auc = ((slva.q0cort1+slva.q0cort3)*(60)/2) + ((slva.q0cort3+slva.q0cort4)*(75)/2) +
    ((slva.q0cort4+slva.q0cort6)*(120)/2) +
    ((slva.q0cort6+slva.q0cort7)*(60)/2) +
    ((slva.q0cort7+slva.q0cort8)*(60)/2) +
    ((slva.q0cort8+slva.q0cort9)*(60)/2) +
    ((slva.q0cort9+slva.q0cort10)*(60)/2) +
    ((slva.q0cort10+slva.q0cort11)*(60)/2) +
    ((slva.q0cort11+slva.q0cort12)*(60)/2) +
    ((slva.q0cort12+slva.q0cort13)*(150)/2) +
    ((slva.q0cort13+slva.q0cort14)*(240)/2).
```

**if** (missing(slva.q0cort6)=1) slva.q0cort\_auc = ((slva.q0cort1+slva.q0cort3)\*(60)/2) + ((slva.q0cort3+slva.q0cort4)\*(75)/2) +  
((slva.q0cort4+slva.q0cort5)\*(60)/2) +  
((slva.q0cort5+slva.q0cort7)\*(120)/2) +  
((slva.q0cort7+slva.q0cort8)\*(60)/2) +  
((slva.q0cort8+slva.q0cort9)\*(60)/2) +  
((slva.q0cort9+slva.q0cort10)\*(60)/2) +  
((slva.q0cort10+slva.q0cort11)\*(60)/2) +  
((slva.q0cort11+slva.q0cort12)\*(60)/2) +  
((slva.q0cort12+slva.q0cort13)\*(150)/2) +  
((slva.q0cort13+slva.q0cort14)\*(240)/2).

**if** (missing(slva.q0cort7)=1) slva.q0cort\_auc = ((slva.q0cort1+slva.q0cort3)\*(60)/2) + ((slva.q0cort3+slva.q0cort4)\*(75)/2) +  
((slva.q0cort4+slva.q0cort5)\*(60)/2) +  
((slva.q0cort5+slva.q0cort6)\*(60)/2) +  
((slva.q0cort6+slva.q0cort8)\*(120)/2) +  
((slva.q0cort8+slva.q0cort9)\*(60)/2) +  
((slva.q0cort9+slva.q0cort10)\*(60)/2) +  
((slva.q0cort10+slva.q0cort11)\*(60)/2) +  
((slva.q0cort11+slva.q0cort12)\*(60)/2) +  
((slva.q0cort12+slva.q0cort13)\*(150)/2) +  
((slva.q0cort13+slva.q0cort14)\*(240)/2).

**if** (missing(slva.q0cort8)=1) slva.q0cort\_auc = ((slva.q0cort1+slva.q0cort3)\*(60)/2) + ((slva.q0cort3+slva.q0cort4)\*(75)/2) +  
((slva.q0cort4+slva.q0cort5)\*(60)/2) +  
((slva.q0cort5+slva.q0cort6)\*(60)/2) +  
((slva.q0cort6+slva.q0cort7)\*(60)/2) +  
((slva.q0cort7+slva.q0cort9)\*(120)/2) +  
((slva.q0cort9+slva.q0cort10)\*(60)/2) +  
((slva.q0cort10+slva.q0cort11)\*(60)/2) +  
((slva.q0cort11+slva.q0cort12)\*(60)/2) +  
((slva.q0cort12+slva.q0cort13)\*(150)/2) +  
((slva.q0cort13+slva.q0cort14)\*(240)/2).

**if** (missing(slva.q0cort9)=1) slva.q0cort\_auc = ((slva.q0cort1+slva.q0cort3)\*(60)/2) + ((slva.q0cort3+slva.q0cort4)\*(75)/2) +  
((slva.q0cort4+slva.q0cort5)\*(60)/2) +  
((slva.q0cort5+slva.q0cort6)\*(60)/2) +  
((slva.q0cort6+slva.q0cort7)\*(60)/2) +  
((slva.q0cort7+slva.q0cort8)\*(60)/2) +  
((slva.q0cort8+slva.q0cort10)\*(120)/2) +  
((slva.q0cort10+slva.q0cort11)\*(60)/2) +  
((slva.q0cort11+slva.q0cort12)\*(60)/2) +  
((slva.q0cort12+slva.q0cort13)\*(150)/2) +  
((slva.q0cort13+slva.q0cort14)\*(240)/2).

**execute.**

**if** (missing(slva.q0cort10)=1) slva.q0cort\_auc = ((slva.q0cort1+slva.q0cort3)\*(60)/2) + ((slva.q0cort3+slva.q0cort4)\*(75)/2) +  
((slva.q0cort4+slva.q0cort5)\*(60)/2) +  
((slva.q0cort5+slva.q0cort6)\*(60)/2) +  
((slva.q0cort6+slva.q0cort7)\*(60)/2) +  
((slva.q0cort7+slva.q0cort8)\*(60)/2) +  
((slva.q0cort8+slva.q0cort9)\*(60)/2) +  
((slva.q0cort9+slva.q0cort11)\*(120)/2) +  
((slva.q0cort11+slva.q0cort12)\*(60)/2) +  
((slva.q0cort12+slva.q0cort13)\*(150)/2) +  
((slva.q0cort13+slva.q0cort14)\*(240)/2).

**if** (missing(slva.q0cort11)=1) slva.q0cort\_auc = ((slva.q0cort1+slva.q0cort3)\*(60)/2) + ((slva.q0cort3+slva.q0cort4)\*(75)/2) +  
((slva.q0cort4+slva.q0cort5)\*(60)/2) +  
((slva.q0cort5+slva.q0cort6)\*(60)/2) +  
((slva.q0cort6+slva.q0cort7)\*(60)/2) +  
((slva.q0cort7+slva.q0cort8)\*(60)/2) +  
((slva.q0cort8+slva.q0cort9)\*(60)/2) +  
((slva.q0cort9+slva.q0cort10)\*(60)/2) +  
((slva.q0cort10+slva.q0cort12)\*(120)/2) +  
((slva.q0cort12+slva.q0cort13)\*(150)/2) +  
((slva.q0cort13+slva.q0cort14)\*(240)/2).

**if** (missing(slva.q0cort12)=1) slva.q0cort\_auc = ((slva.q0cort1+slva.q0cort3)\*(60)/2) + ((slva.q0cort3+slva.q0cort4)\*(75)/2) +  
((slva.q0cort4+slva.q0cort5)\*(60)/2) +  
((slva.q0cort5+slva.q0cort6)\*(60)/2) +  
((slva.q0cort6+slva.q0cort7)\*(60)/2) +  
((slva.q0cort7+slva.q0cort8)\*(60)/2) +  
((slva.q0cort8+slva.q0cort9)\*(60)/2) +  
((slva.q0cort9+slva.q0cort10)\*(60)/2) +  
((slva.q0cort10+slva.q0cort11)\*(60)/2) +  
((slva.q0cort11+slva.q0cort13)\*(150)/2) +  
((slva.q0cort13+slva.q0cort14)\*(240)/2).

**if** (missing(slva.q0cort13)=1) slva.q0cort\_auc = ((slva.q0cort1+slva.q0cort3)\*(60)/2) + ((slva.q0cort3+slva.q0cort4)\*(75)/2) +  
((slva.q0cort4+slva.q0cort5)\*(60)/2) +  
((slva.q0cort5+slva.q0cort6)\*(60)/2) +  
((slva.q0cort6+slva.q0cort7)\*(60)/2) +  
((slva.q0cort7+slva.q0cort8)\*(60)/2) +  
((slva.q0cort8+slva.q0cort9)\*(60)/2) +  
((slva.q0cort9+slva.q0cort10)\*(60)/2) +  
((slva.q0cort10+slva.q0cort11)\*(60)/2) +  
((slva.q0cort11+slva.q0cort12)\*(60)/2) +  
((slva.q0cort12+slva.q0cort14)\*(390)/2).

**if** (missing(slva.q0cort14)=1) slva.q0cort\_auc = ((slva.q0cort1+slva.q0cort3)\*(60)/2) +  
((slva.q0cort4+slva.q0cort5)\*(60)/2) +  
((slva.q0cort5+slva.q0cort6)\*(60)/2) +  
((slva.q0cort6+slva.q0cort7)\*(60)/2) +  
((slva.q0cort7+slva.q0cort8)\*(60)/2) +  
((slva.q0cort8+slva.q0cort9)\*(60)/2) +  
((slva.q0cort9+slva.q0cort10)\*(60)/2) +  
((slva.q0cort10+slva.q0cort11)\*(60)/2) +  
((slva.q0cort11+slva.q0cort12)\*(60)/2) +  
((slva.q0cort12+slva.q0cort13)\*(150)/2).

**if** (missing(slva.q0cort5)=1) **and** (missing(slva.q0cort6)=1) slva.q0cort\_auc = ((slva.q0cort1+slva.q0cort3)\*(60)/2) +  
((slva.q0cort3+slva.q0cort4)\*(75)/2) +  
((slva.q0cort4+slva.q0cort7)\*(180)/2) +  
((slva.q0cort7+slva.q0cort8)\*(60)/2) +  
((slva.q0cort8+slva.q0cort9)\*(60)/2) +  
((slva.q0cort9+slva.q0cort10)\*(60)/2) +  
((slva.q0cort10+slva.q0cort11)\*(60)/2) +  
((slva.q0cort11+slva.q0cort12)\*(60)/2) +  
((slva.q0cort12+slva.q0cort13)\*(150)/2) +  
((slva.q0cort13+slva.q0cort14)\*(240)/2).

**if** (missing(slva.q0cort6)=1) **and** (missing(slva.q0cort7)=1) slva.q0cort\_auc = ((slva.q0cort1+slva.q0cort3)\*(60)/2) +  
((slva.q0cort3+slva.q0cort4)\*(75)/2) +  
((slva.q0cort4+slva.q0cort5)\*(60)/2) +  
((slva.q0cort5+slva.q0cort8)\*(180)/2) +  
((slva.q0cort8+slva.q0cort9)\*(60)/2) +  
((slva.q0cort9+slva.q0cort10)\*(60)/2) +  
((slva.q0cort10+slva.q0cort11)\*(60)/2) +  
((slva.q0cort11+slva.q0cort12)\*(60)/2) +  
((slva.q0cort12+slva.q0cort13)\*(150)/2) +  
((slva.q0cort13+slva.q0cort14)\*(240)/2).

**if** (missing(slva.q0cort7)=1) **and** (missing(slva.q0cort8)=1) slva.q0cort\_auc = ((slva.q0cort1+slva.q0cort3)\*(60)/2) +  
((slva.q0cort3+slva.q0cort4)\*(75)/2) +  
((slva.q0cort4+slva.q0cort5)\*(60)/2) +  
((slva.q0cort5+slva.q0cort6)\*(60)/2) +  
((slva.q0cort6+slva.q0cort9)\*(180)/2) +  
((slva.q0cort9+slva.q0cort10)\*(60)/2) +  
((slva.q0cort10+slva.q0cort11)\*(60)/2) +  
((slva.q0cort11+slva.q0cort12)\*(60)/2) +  
((slva.q0cort12+slva.q0cort13)\*(150)/2) +  
((slva.q0cort13+slva.q0cort14)\*(240)/2).

**if** (missing(slva.q0cort8)=1) **and** (missing(slva.q0cort9)=1) slva.q0cort\_auc = ((slva.q0cort1+slva.q0cort3)\*(60)/2) +  
 ((slva.q0cort3+slva.q0cort4)\*(75)/2) +  
 ((slva.q0cort4+slva.q0cort5)\*(60)/2) +  
 ((slva.q0cort5+slva.q0cort6)\*(60)/2) +  
 ((slva.q0cort6+slva.q0cort7)\*(60)/2) +  
 ((slva.q0cort7+slva.q0cort10)\*(180)/2) +  
 ((slva.q0cort10+slva.q0cort11)\*(60)/2) +  
 ((slva.q0cort11+slva.q0cort12)\*(60)/2) +  
 ((slva.q0cort12+slva.q0cort13)\*(150)/2) +  
 ((slva.q0cort13+slva.q0cort14)\*(240)/2).

**execute.**

**if** (missing(slva.q0cort9)=1) **and** (missing(slva.q0cort10)=1) slva.q0cort\_auc = ((slva.q0cort1+slva.q0cort3)\*(60)/2) +  
 ((slva.q0cort3+slva.q0cort4)\*(75)/2) +  
 ((slva.q0cort4+slva.q0cort5)\*(60)/2) +  
 ((slva.q0cort5+slva.q0cort6)\*(60)/2) +  
 ((slva.q0cort6+slva.q0cort7)\*(60)/2) +  
 ((slva.q0cort7+slva.q0cort8)\*(60)/2) +  
 ((slva.q0cort8+slva.q0cort11)\*(180)/2) +  
 ((slva.q0cort11+slva.q0cort12)\*(60)/2) +  
 ((slva.q0cort12+slva.q0cort13)\*(150)/2) +  
 ((slva.q0cort13+slva.q0cort14)\*(240)/2).

**if** (missing(slva.q0cort10)=1) **and** (missing(slva.q0cort11)=1) slva.q0cort\_auc = ((slva.q0cort1+slva.q0cort3)\*(60)/2) +  
 ((slva.q0cort3+slva.q0cort4)\*(75)/2) +  
 ((slva.q0cort4+slva.q0cort5)\*(60)/2) +  
 ((slva.q0cort5+slva.q0cort6)\*(60)/2) +  
 ((slva.q0cort6+slva.q0cort7)\*(60)/2) +  
 ((slva.q0cort7+slva.q0cort8)\*(60)/2) +  
 ((slva.q0cort8+slva.q0cort9)\*(60)/2) +  
 ((slva.q0cort9+slva.q0cort12)\*(180)/2) +  
 ((slva.q0cort12+slva.q0cort13)\*(150)/2) +  
 ((slva.q0cort13+slva.q0cort14)\*(240)/2).

**if** (missing(slva.q0cort11)=1) **and** (missing(slva.q0cort12)=1)  
 slva.q0cort\_auc = ((slva.q0cort1+slva.q0cort3)\*(60)/2) + ((slva.q0cort3+slva.q0cort4)\*(75)/2) +  
 ((slva.q0cort4+slva.q0cort5)\*(60)/2) +  
 ((slva.q0cort5+slva.q0cort6)\*(60)/2) +  
 ((slva.q0cort6+slva.q0cort7)\*(60)/2) +  
 ((slva.q0cort7+slva.q0cort8)\*(60)/2) +  
 ((slva.q0cort8+slva.q0cort9)\*(60)/2) +  
 ((slva.q0cort9+slva.q0cort10)\*(60)/2) +  
 ((slva.q0cort10+slva.q0cort13)\*(270)/2) +  
 ((slva.q0cort13+slva.q0cort14)\*(240)/2).

**if** (missing(slva.q0cort12)=1) **and** (missing(slva.q0cort13)=1) slva.q0cort\_auc = ((slva.q0cort1+slva.q0cort3)\*(60)/2) +  
((slva.q0cort3+slva.q0cort4)\*(75)/2) +  
((slva.q0cort4+slva.q0cort5)\*(60)/2) +  
((slva.q0cort5+slva.q0cort6)\*(60)/2) +  
((slva.q0cort6+slva.q0cort7)\*(60)/2) +  
((slva.q0cort7+slva.q0cort8)\*(60)/2) +  
((slva.q0cort8+slva.q0cort9)\*(60)/2) +  
((slva.q0cort9+slva.q0cort10)\*(60)/2) +  
((slva.q0cort10+slva.q0cort11)\*(60)/2) +  
((slva.q0cort11+slva.q0cort14)\*(450)/2).

**if** (missing(slva.q0cort13)=1) **and** (missing(slva.q0cort14)=1) slva.q0cort\_auc = ((slva.q0cort1+slva.q0cort3)\*(60)/2) +  
((slva.q0cort3+slva.q0cort4)\*(75)/2) +  
((slva.q0cort4+slva.q0cort5)\*(60)/2) +  
((slva.q0cort5+slva.q0cort6)\*(60)/2) +  
((slva.q0cort6+slva.q0cort7)\*(60)/2) +  
((slva.q0cort7+slva.q0cort8)\*(60)/2) +  
((slva.q0cort8+slva.q0cort9)\*(60)/2) +  
((slva.q0cort9+slva.q0cort10)\*(60)/2) +  
((slva.q0cort10+slva.q0cort11)\*(60)/2) +  
((slva.q0cort11+slva.q0cort12)\*(60)/2).

**if** (missing(slva.q0cort6)=1) **and** (missing(slva.q0cort8)=1) slva.q0cort\_auc = ((slva.q0cort1+slva.q0cort3)\*(60)/2) +  
((slva.q0cort3+slva.q0cort4)\*(75)/2) +  
((slva.q0cort4+slva.q0cort5)\*(60)/2) +  
((slva.q0cort5+slva.q0cort7)\*(120)/2) +  
((slva.q0cort7+slva.q0cort9)\*(120)/2) +  
((slva.q0cort9+slva.q0cort10)\*(60)/2) +  
((slva.q0cort10+slva.q0cort11)\*(60)/2) +  
((slva.q0cort11+slva.q0cort12)\*(60)/2) +  
((slva.q0cort12+slva.q0cort13)\*(150)/2) +  
((slva.q0cort13+slva.q0cort14)\*(240)/2).

**if** (missing(slva.q0cort6)=1) **and** (missing(slva.q0cort9)=1) slva.q0cort\_auc = ((slva.q0cort1+slva.q0cort3)\*(60)/2) +  
((slva.q0cort3+slva.q0cort4)\*(75)/2) +  
((slva.q0cort4+slva.q0cort5)\*(60)/2) +  
((slva.q0cort5+slva.q0cort7)\*(120)/2) +  
((slva.q0cort7+slva.q0cort8)\*(60)/2) +  
((slva.q0cort8+slva.q0cort10)\*(120)/2) +  
((slva.q0cort10+slva.q0cort11)\*(60)/2) +  
((slva.q0cort11+slva.q0cort12)\*(60)/2) +  
((slva.q0cort12+slva.q0cort13)\*(150)/2) +  
((slva.q0cort13+slva.q0cort14)\*(240)/2).

**if** (missing(slva.q0cort6)=1) **and** (missing(slva.q0cort10)=1) slva.q0cort\_auc = ((slva.q0cort1+slva.q0cort3)\*(60)/2) +  
((slva.q0cort3+slva.q0cort4)\*(75)/2) +  
((slva.q0cort4+slva.q0cort5)\*(60)/2) +  
((slva.q0cort5+slva.q0cort7)\*(120)/2) +  
((slva.q0cort7+slva.q0cort8)\*(60)/2) +  
((slva.q0cort8+slva.q0cort9)\*(60)/2) +  
((slva.q0cort9+slva.q0cort11)\*(120)/2) +  
((slva.q0cort11+slva.q0cort12)\*(60)/2) +  
((slva.q0cort12+slva.q0cort13)\*(150)/2) +  
((slva.q0cort13+slva.q0cort14)\*(240)/2).

**if** (missing(slva.q0cort6)=1) **and** (missing(slva.q0cort11)=1) slva.q0cort\_auc = ((slva.q0cort1+slva.q0cort3)\*(60)/2) +  
((slva.q0cort3+slva.q0cort4)\*(75)/2) +  
((slva.q0cort4+slva.q0cort5)\*(60)/2) +  
((slva.q0cort5+slva.q0cort7)\*(120)/2) +  
((slva.q0cort7+slva.q0cort8)\*(60)/2) +  
((slva.q0cort8+slva.q0cort9)\*(60)/2) +  
((slva.q0cort9+slva.q0cort10)\*(60)/2) +  
((slva.q0cort10+slva.q0cort12)\*(120)/2) +  
((slva.q0cort12+slva.q0cort13)\*(150)/2) +  
((slva.q0cort13+slva.q0cort14)\*(240)/2).

**if** (missing(slva.q0cort6)=1) **and** (missing(slva.q0cort12)=1) slva.q0cort\_auc = ((slva.q0cort1+slva.q0cort3)\*(60)/2) +  
((slva.q0cort3+slva.q0cort4)\*(75)/2) +  
((slva.q0cort4+slva.q0cort5)\*(60)/2) +  
((slva.q0cort5+slva.q0cort7)\*(120)/2) +  
((slva.q0cort7+slva.q0cort8)\*(60)/2) +  
((slva.q0cort8+slva.q0cort9)\*(60)/2) +  
((slva.q0cort9+slva.q0cort10)\*(60)/2) +  
((slva.q0cort10+slva.q0cort11)\*(60)/2) +  
((slva.q0cort11+slva.q0cort13)\*(210)/2) +  
((slva.q0cort13+slva.q0cort14)\*(240)/2).

**if** (missing(slva.q0cort7)=1) **and** (missing(slva.q0cort12)=1) slva.q0cort\_auc = ((slva.q0cort1+slva.q0cort3)\*(60)/2) +  
((slva.q0cort3+slva.q0cort4)\*(75)/2) +  
((slva.q0cort4+slva.q0cort5)\*(60)/2) +  
((slva.q0cort5+slva.q0cort6)\*(60)/2) +  
((slva.q0cort6+slva.q0cort8)\*(120)/2) +  
((slva.q0cort8+slva.q0cort9)\*(60)/2) +  
((slva.q0cort9+slva.q0cort10)\*(60)/2) +  
((slva.q0cort10+slva.q0cort11)\*(60)/2) +  
((slva.q0cort11+slva.q0cort13)\*(210)/2) +  
((slva.q0cort13+slva.q0cort14)\*(240)/2).

```
if (missing(slva.q0cort7)=1) and (missing(slva.q0cort14)=1) slva.q0cort_auc = ((slva.q0cort1+slva.q0cort3)*(60)/2) +  
    ((slva.q0cort3+slva.q0cort4)*(75)/2) +  
    ((slva.q0cort4+slva.q0cort5)*(60)/2) +  
    ((slva.q0cort5+slva.q0cort6)*(60)/2) +  
    ((slva.q0cort6+slva.q0cort8)*(120)/2) +  
    ((slva.q0cort8+slva.q0cort9)*(60)/2) +  
    ((slva.q0cort9+slva.q0cort10)*(60)/2) +  
    ((slva.q0cort10+slva.q0cort11)*(60)/2) +  
    ((slva.q0cort11+slva.q0cort12)*(60)/2) +  
    ((slva.q0cort12+slva.q0cort13)*(150)/2).
```

```
if (missing(slva.q0cort9)=1) and (missing(slva.q0cort13)=1) slva.q0cort_auc = ((slva.q0cort1+slva.q0cort3)*(60)/2) +  
    ((slva.q0cort3+slva.q0cort4)*(75)/2) +  
    ((slva.q0cort4+slva.q0cort5)*(60)/2) +  
    ((slva.q0cort5+slva.q0cort6)*(60)/2) +  
    ((slva.q0cort6+slva.q0cort7)*(60)/2) +  
    ((slva.q0cort7+slva.q0cort8)*(60)/2) +  
    ((slva.q0cort8+slva.q0cort10)*(120)/2) +  
    ((slva.q0cort10+slva.q0cort11)*(60)/2) +  
    ((slva.q0cort11+slva.q0cort12)*(60)/2) +  
    ((slva.q0cort12+slva.q0cort14)*(390)/2).
```

**execute.**

**variable labels** slva.q0cort\_auc "Q'rantine Day 0 Cortisol AUC".

**execute.**

\* CALCULATE DAY 0 AUC WITHOUT ADJUSTMENT FOR WAKE-UP TIME -- EXCLUDING 2 PM (LUNCH RISE) SAMPLE (SAMPLE 10).  
\* WAKE-UP SAMPLE EXCLUDED FROM COMPUTATION.  
\* AUC NOT COMPUTED FOR SUBJECTS MISSING EITHER...  
\*...SAMPLES 1, 3, OR 4  
\*...MORE THAN 1 OF THE LAST 3 SAMPLES.

```
compute slva.q0cort_auc_no2pm = ((slva.q0cort1+slva.q0cort3)*(60)/2) + ((slva.q0cort3+slva.q0cort4)*(75)/2) +
    ((slva.q0cort4+slva.q0cort5)*(60)/2) +
    ((slva.q0cort5+slva.q0cort6)*(60)/2) +
    ((slva.q0cort6+slva.q0cort7)*(60)/2) +
    ((slva.q0cort7+slva.q0cort8)*(60)/2) +
    ((slva.q0cort8+slva.q0cort9)*(60)/2) +
    ((slva.q0cort9+slva.q0cort11)*(120)/2) +
    ((slva.q0cort11+slva.q0cort12)*(60)/2) +
    ((slva.q0cort12+slva.q0cort13)*(150)/2) +
    ((slva.q0cort13+slva.q0cort14)*(240)/2).
```

**execute.**

```
if (missing(slva.q0cort5)=1)
slva.q0cort_auc_no2pm = ((slva.q0cort1+slva.q0cort3)*(60)/2) + ((slva.q0cort3+slva.q0cort4)*(75)/2) +
    ((slva.q0cort4+slva.q0cort6)*(120)/2) +
    ((slva.q0cort6+slva.q0cort7)*(60)/2) +
    ((slva.q0cort7+slva.q0cort8)*(60)/2) +
    ((slva.q0cort8+slva.q0cort9)*(60)/2) +
    ((slva.q0cort9+slva.q0cort11)*(120)/2) +
    ((slva.q0cort11+slva.q0cort12)*(60)/2) +
    ((slva.q0cort12+slva.q0cort13)*(150)/2) +
    ((slva.q0cort13+slva.q0cort14)*(240)/2).
```

**execute.**

```
if (missing(slva.q0cort6)=1)
slva.q0cort_auc_no2pm = ((slva.q0cort1+slva.q0cort3)*(60)/2) + ((slva.q0cort3+slva.q0cort4)*(75)/2) +
    ((slva.q0cort4+slva.q0cort5)*(60)/2) +
    ((slva.q0cort5+slva.q0cort7)*(120)/2) +
    ((slva.q0cort7+slva.q0cort8)*(60)/2) +
    ((slva.q0cort8+slva.q0cort9)*(60)/2) +
    ((slva.q0cort9+slva.q0cort11)*(120)/2) +
    ((slva.q0cort11+slva.q0cort12)*(60)/2) +
    ((slva.q0cort12+slva.q0cort13)*(150)/2) +
    ((slva.q0cort13+slva.q0cort14)*(240)/2).
```

**execute.**

**if** (missing(slva.q0cort7)=1) slva.q0cort\_auc\_no2pm = ((slva.q0cort1+slva.q0cort3)\*(60)/2) + ((slva.q0cort3+slva.q0cort4)\*(75)/2) +  
((slva.q0cort4+slva.q0cort5)\*(60)/2) +  
((slva.q0cort5+slva.q0cort6)\*(60)/2) +  
((slva.q0cort6+slva.q0cort8)\*(120)/2) +  
((slva.q0cort8+slva.q0cort9)\*(60)/2) +  
((slva.q0cort9+slva.q0cort11)\*(120)/2) +  
((slva.q0cort11+slva.q0cort12)\*(60)/2) +  
((slva.q0cort12+slva.q0cort13)\*(150)/2) +  
((slva.q0cort13+slva.q0cort14)\*(240)/2).

**execute.**

**if** (missing(slva.q0cort8)=1) slva.q0cort\_auc\_no2pm = ((slva.q0cort1+slva.q0cort3)\*(60)/2) + ((slva.q0cort3+slva.q0cort4)\*(75)/2) +  
((slva.q0cort4+slva.q0cort5)\*(60)/2) +  
((slva.q0cort5+slva.q0cort6)\*(60)/2) +  
((slva.q0cort6+slva.q0cort7)\*(60)/2) +  
((slva.q0cort7+slva.q0cort9)\*(120)/2) +  
((slva.q0cort9+slva.q0cort11)\*(120)/2) +  
((slva.q0cort11+slva.q0cort12)\*(60)/2) +  
((slva.q0cort12+slva.q0cort13)\*(150)/2) +  
((slva.q0cort13+slva.q0cort14)\*(240)/2).

**execute.**

**if** (missing(slva.q0cort9)=1) slva.q0cort\_auc\_no2pm = ((slva.q0cort1+slva.q0cort3)\*(60)/2) + ((slva.q0cort3+slva.q0cort4)\*(75)/2) +  
((slva.q0cort4+slva.q0cort5)\*(60)/2) +  
((slva.q0cort5+slva.q0cort6)\*(60)/2) +  
((slva.q0cort6+slva.q0cort7)\*(60)/2) +  
((slva.q0cort7+slva.q0cort8)\*(60)/2) +  
((slva.q0cort8+slva.q0cort11)\*(180)/2) +  
((slva.q0cort11+slva.q0cort12)\*(60)/2) +  
((slva.q0cort12+slva.q0cort13)\*(150)/2) +  
((slva.q0cort13+slva.q0cort14)\*(240)/2).

**execute.**

**if** (missing(slva.q0cort11)=1) slva.q0cort\_auc\_no2pm = ((slva.q0cort1+slva.q0cort3)\*(60)/2) +  
((slva.q0cort3+slva.q0cort4)\*(75)/2) +  
((slva.q0cort4+slva.q0cort5)\*(60)/2) +  
((slva.q0cort5+slva.q0cort6)\*(60)/2) +  
((slva.q0cort6+slva.q0cort7)\*(60)/2) +  
((slva.q0cort7+slva.q0cort8)\*(60)/2) +  
((slva.q0cort8+slva.q0cort9)\*(60)/2) +  
((slva.q0cort9+slva.q0cort12)\*(180)/2) +  
((slva.q0cort12+slva.q0cort13)\*(150)/2) +  
((slva.q0cort13+slva.q0cort14)\*(240)/2).

**execute.**

**if** (missing(slva.q0cort12)=1) slva.q0cort\_auc\_no2pm = ((slva.q0cort1+slva.q0cort3)\*(60)/2) +  
((slva.q0cort3+slva.q0cort4)\*(75)/2) +  
((slva.q0cort4+slva.q0cort5)\*(60)/2) +  
((slva.q0cort5+slva.q0cort6)\*(60)/2) +  
((slva.q0cort6+slva.q0cort7)\*(60)/2) +  
((slva.q0cort7+slva.q0cort8)\*(60)/2) +  
((slva.q0cort8+slva.q0cort9)\*(60)/2) +  
((slva.q0cort9+slva.q0cort11)\*(120)/2) +  
((slva.q0cort11+slva.q0cort13)\*(210)/2) +  
((slva.q0cort13+slva.q0cort14)\*(240)/2).

**execute.**

**if** (missing(slva.q0cort13)=1) slva.q0cort\_auc\_no2pm = ((slva.q0cort1+slva.q0cort3)\*(60)/2) +  
((slva.q0cort3+slva.q0cort4)\*(75)/2) +  
((slva.q0cort4+slva.q0cort5)\*(60)/2) +  
((slva.q0cort5+slva.q0cort6)\*(60)/2) +  
((slva.q0cort6+slva.q0cort7)\*(60)/2) +  
((slva.q0cort7+slva.q0cort8)\*(60)/2) +  
((slva.q0cort8+slva.q0cort9)\*(60)/2) +  
((slva.q0cort9+slva.q0cort11)\*(120)/2) +  
((slva.q0cort11+slva.q0cort12)\*(60)/2) +  
((slva.q0cort12+slva.q0cort14)\*(390)/2).

**execute.**

**if** (missing(slva.q0cort14)=1) slva.q0cort\_auc\_no2pm = ((slva.q0cort1+slva.q0cort3)\*(60)/2) +  
((slva.q0cort3+slva.q0cort4)\*(75)/2) +  
((slva.q0cort4+slva.q0cort5)\*(60)/2) +  
((slva.q0cort5+slva.q0cort6)\*(60)/2) +  
((slva.q0cort6+slva.q0cort7)\*(60)/2) +  
((slva.q0cort7+slva.q0cort8)\*(60)/2) +  
((slva.q0cort8+slva.q0cort9)\*(60)/2) +  
((slva.q0cort9+slva.q0cort11)\*(120)/2) +  
((slva.q0cort11+slva.q0cort12)\*(60)/2) +  
((slva.q0cort12+slva.q0cort13)\*(150)/2).

**execute.**

**if** (missing(slva.q0cort5)=1) **and** (missing(slva.q0cort6)=1) slva.q0cort\_auc\_no2pm = ((slva.q0cort1+slva.q0cort3)\*(60)/2) +  
((slva.q0cort3+slva.q0cort4)\*(75)/2) +  
((slva.q0cort4+slva.q0cort7)\*(180)/2) +  
((slva.q0cort7+slva.q0cort8)\*(60)/2) +  
((slva.q0cort8+slva.q0cort9)\*(60)/2) +  
((slva.q0cort9+slva.q0cort11)\*(120)/2) +  
((slva.q0cort11+slva.q0cort12)\*(60)/2) +  
((slva.q0cort12+slva.q0cort13)\*(150)/2) +  
((slva.q0cort13+slva.q0cort14)\*(240)/2).

**execute.**

**if** (missing(slva.q0cort6)=1) **and** (missing(slva.q0cort7)=1) slva.q0cort\_auc\_no2pm = ((slva.q0cort1+slva.q0cort3)\*(60)/2) +  
((slva.q0cort3+slva.q0cort4)\*(75)/2) +  
((slva.q0cort4+slva.q0cort5)\*(60)/2) +  
((slva.q0cort5+slva.q0cort8)\*(180)/2) +  
((slva.q0cort8+slva.q0cort9)\*(60)/2) +  
((slva.q0cort9+slva.q0cort11)\*(120)/2) +  
((slva.q0cort11+slva.q0cort12)\*(60)/2) +  
((slva.q0cort12+slva.q0cort13)\*(150)/2) +  
((slva.q0cort13+slva.q0cort14)\*(240)/2).

**execute.**

**if** (missing(slva.q0cort7)=1) **and** (missing(slva.q0cort8)=1) slva.q0cort\_auc\_no2pm = ((slva.q0cort1+slva.q0cort3)\*(60)/2) +  
((slva.q0cort3+slva.q0cort4)\*(75)/2) +  
((slva.q0cort4+slva.q0cort5)\*(60)/2) +  
((slva.q0cort5+slva.q0cort6)\*(60)/2) +  
((slva.q0cort6+slva.q0cort9)\*(180)/2) +  
((slva.q0cort9+slva.q0cort11)\*(120)/2) +  
((slva.q0cort11+slva.q0cort12)\*(60)/2) +  
((slva.q0cort12+slva.q0cort13)\*(150)/2) +  
((slva.q0cort13+slva.q0cort14)\*(240)/2).

**execute.**

**if** (missing(slva.q0cort8)=1) **and** (missing(slva.q0cort9)=1) slva.q0cort\_auc\_no2pm = ((slva.q0cort1+slva.q0cort3)\*(60)/2) +  
((slva.q0cort3+slva.q0cort4)\*(75)/2) +  
((slva.q0cort4+slva.q0cort5)\*(60)/2) +  
((slva.q0cort5+slva.q0cort6)\*(60)/2) +  
((slva.q0cort6+slva.q0cort7)\*(60)/2) +  
((slva.q0cort7+slva.q0cort11)\*(240)/2) +  
((slva.q0cort11+slva.q0cort12)\*(60)/2) +  
((slva.q0cort12+slva.q0cort13)\*(150)/2) +  
((slva.q0cort13+slva.q0cort14)\*(240)/2).

**execute.**

**if** (missing(slva.q0cort11)=1) **and** (missing(slva.q0cort12)=1) slva.q0cort\_auc\_no2pm = ((slva.q0cort1+slva.q0cort3)\*(60)/2) +  
((slva.q0cort3+slva.q0cort4)\*(75)/2) +  
((slva.q0cort4+slva.q0cort5)\*(60)/2) +  
((slva.q0cort5+slva.q0cort6)\*(60)/2) +  
((slva.q0cort6+slva.q0cort7)\*(60)/2) +  
((slva.q0cort7+slva.q0cort8)\*(60)/2) +  
((slva.q0cort8+slva.q0cort9)\*(60)/2) +  
((slva.q0cort9+slva.q0cort13)\*(330)/2) +  
((slva.q0cort13+slva.q0cort14)\*(240)/2).

**execute.**

**if** (missing(slva.q0cort12)=1) **and** (missing(slva.q0cort13)=1) slva.q0cort\_auc\_no2pm = ((slva.q0cort1+slva.q0cort3)\*(60)/2) +  
((slva.q0cort3+slva.q0cort4)\*(75)/2) +  
((slva.q0cort4+slva.q0cort5)\*(60)/2) +  
((slva.q0cort5+slva.q0cort6)\*(60)/2) +  
((slva.q0cort6+slva.q0cort7)\*(60)/2) +  
((slva.q0cort7+slva.q0cort8)\*(60)/2) +  
((slva.q0cort8+slva.q0cort9)\*(60)/2) +  
((slva.q0cort9+slva.q0cort11)\*(120)/2) +  
((slva.q0cort11+slva.q0cort14)\*(450)/2).

**execute.**

**if** (missing(slva.q0cort13)=1) **and** (missing(slva.q0cort14)=1) slva.q0cort\_auc\_no2pm = ((slva.q0cort1+slva.q0cort3)\*(60)/2) +  
((slva.q0cort3+slva.q0cort4)\*(75)/2) +  
((slva.q0cort4+slva.q0cort5)\*(60)/2) +  
((slva.q0cort5+slva.q0cort6)\*(60)/2) +  
((slva.q0cort6+slva.q0cort7)\*(60)/2) +  
((slva.q0cort7+slva.q0cort8)\*(60)/2) +  
((slva.q0cort8+slva.q0cort9)\*(60)/2) +  
((slva.q0cort9+slva.q0cort11)\*(120)/2) +  
((slva.q0cort11+slva.q0cort12)\*(60)/2).

**execute.**

**if** (missing(slva.q0cort6)=1) **and** (missing(slva.q0cort8)=1) slva.q0cort\_auc\_no2pm = ((slva.q0cort1+slva.q0cort3)\*(60)/2) +  
((slva.q0cort3+slva.q0cort4)\*(75)/2) +  
((slva.q0cort4+slva.q0cort5)\*(60)/2) +  
((slva.q0cort5+slva.q0cort7)\*(120)/2) +  
((slva.q0cort7+slva.q0cort9)\*(120)/2) +  
((slva.q0cort9+slva.q0cort11)\*(120)/2) +  
((slva.q0cort11+slva.q0cort12)\*(60)/2) +  
((slva.q0cort12+slva.q0cort13)\*(150)/2) +  
((slva.q0cort13+slva.q0cort14)\*(240)/2).

**execute.**

**if** (missing(slva.q0cort6)=1) **and** (missing(slva.q0cort9)=1) slva.q0cort\_auc\_no2pm = ((slva.q0cort1+slva.q0cort3)\*(60)/2) +  
((slva.q0cort3+slva.q0cort4)\*(75)/2) +  
((slva.q0cort4+slva.q0cort5)\*(60)/2) +  
((slva.q0cort5+slva.q0cort7)\*(120)/2) +  
((slva.q0cort7+slva.q0cort8)\*(60)/2) +  
((slva.q0cort8+slva.q0cort11)\*(180)/2) +  
((slva.q0cort11+slva.q0cort12)\*(60)/2) +  
((slva.q0cort12+slva.q0cort13)\*(150)/2) +  
((slva.q0cort13+slva.q0cort14)\*(240)/2).

**execute.**

**if** (missing(slva.q0cort6)=1) **and** (missing(slva.q0cort11)=1) slva.q0cort\_auc\_no2pm = ((slva.q0cort1+slva.q0cort3)\*(60)/2) +  
((slva.q0cort3+slva.q0cort4)\*(75)/2) +  
((slva.q0cort4+slva.q0cort5)\*(60)/2) +  
((slva.q0cort5+slva.q0cort7)\*(120)/2) +  
((slva.q0cort7+slva.q0cort8)\*(60)/2) +  
((slva.q0cort8+slva.q0cort9)\*(60)/2) +  
((slva.q0cort9+slva.q0cort12)\*(180)/2) +  
((slva.q0cort12+slva.q0cort13)\*(150)/2) +  
((slva.q0cort13+slva.q0cort14)\*(240)/2).

**execute.**

**if** (missing(slva.q0cort6)=1) **and** (missing(slva.q0cort12)=1) slva.q0cort\_auc\_no2pm = ((slva.q0cort1+slva.q0cort3)\*(60)/2) +  
((slva.q0cort3+slva.q0cort4)\*(75)/2) +  
((slva.q0cort4+slva.q0cort5)\*(60)/2) +  
((slva.q0cort5+slva.q0cort7)\*(120)/2) +  
((slva.q0cort7+slva.q0cort8)\*(60)/2) +  
((slva.q0cort8+slva.q0cort9)\*(60)/2) +  
((slva.q0cort9+slva.q0cort11)\*(120)/2) +  
((slva.q0cort11+slva.q0cort13)\*(210)/2) +  
((slva.q0cort13+slva.q0cort14)\*(240)/2).

**execute.**

**if** (missing(slva.q0cort7)=1) **and** (missing(slva.q0cort12)=1) slva.q0cort\_auc\_no2pm = ((slva.q0cort1+slva.q0cort3)\*(60)/2) +  
((slva.q0cort3+slva.q0cort4)\*(75)/2) +  
((slva.q0cort4+slva.q0cort5)\*(60)/2) +  
((slva.q0cort5+slva.q0cort6)\*(60)/2) +  
((slva.q0cort6+slva.q0cort8)\*(120)/2) +  
((slva.q0cort8+slva.q0cort9)\*(60)/2) +  
((slva.q0cort9+slva.q0cort11)\*(120)/2) +  
((slva.q0cort11+slva.q0cort13)\*(210)/2) +  
((slva.q0cort13+slva.q0cort14)\*(240)/2).

**execute.**

```
if (missing(slva.q0cort7)=1) and (missing(slva.q0cort14)=1) slva.q0cort_auc_no2pm = ((slva.q0cort1+slva.q0cort3)*(60)/2) +  
    ((slva.q0cort3+slva.q0cort4)*(75)/2) +  
    ((slva.q0cort4+slva.q0cort5)*(60)/2) +  
    ((slva.q0cort5+slva.q0cort6)*(60)/2) +  
    ((slva.q0cort6+slva.q0cort8)*(120)/2) +  
    ((slva.q0cort8+slva.q0cort9)*(60)/2) +  
    ((slva.q0cort9+slva.q0cort11)*(120)/2) +  
    ((slva.q0cort11+slva.q0cort12)*(60)/2) +  
    ((slva.q0cort12+slva.q0cort13)*(150)/2).
```

**execute.**

```
if (missing(slva.q0cort9)=1) and (missing(slva.q0cort13)=1) slva.q0cort_auc_no2pm = ((slva.q0cort1+slva.q0cort3)*(60)/2) +  
    ((slva.q0cort3+slva.q0cort4)*(75)/2) +  
    ((slva.q0cort4+slva.q0cort5)*(60)/2) +  
    ((slva.q0cort5+slva.q0cort6)*(60)/2) +  
    ((slva.q0cort6+slva.q0cort7)*(60)/2) +  
    ((slva.q0cort7+slva.q0cort8)*(60)/2) +  
    ((slva.q0cort8+slva.q0cort11)*(180)/2) +  
    ((slva.q0cort11+slva.q0cort12)*(60)/2) +  
    ((slva.q0cort12+slva.q0cort14)*(390)/2).
```

**execute.**

```
if (missing(slva.q0cort5)=1) and (missing(slva.q0cort8)=1) and (missing(slva.q0cort11)=1)  
slva.q0cort_auc_no2pm = ((slva.q0cort1+slva.q0cort3)*(60)/2) + ((slva.q0cort3+slva.q0cort4)*(75)/2) +  
    ((slva.q0cort4+slva.q0cort6)*(120)/2) +  
    ((slva.q0cort6+slva.q0cort7)*(60)/2) +  
    ((slva.q0cort7+slva.q0cort9)*(120)/2) +  
    ((slva.q0cort9+slva.q0cort12)*(180)/2) +  
    ((slva.q0cort12+slva.q0cort13)*(150)/2) +  
    ((slva.q0cort13+slva.q0cort14)*(240)/2).
```

**execute.**

**variable labels** slva.q0cort\_auc\_no2pm "Q'rnline Day 0 Cortisol AUC - 2PM sample excluded".

**execute.**