





What is MentE?

History

Mission Statement

Program Goals

How Does it Work?

Structure

Events and Dates

What is *MentE?*

Part I







Founded in 2015 by Annette Ritchie, with assistance from Pattye Stragar Co-sponsored by CMWA and Panhellenic Council

2015-2016: 18 pairs 2016-2017: 18 pairs 2017-2018: 38 pairs

Current leadership: Colleen Libertz and Samantha Nielsen, co-chairs of mentor programs for CMWA Kate Busatto, VP for membership development for Panhellenic Council

History

Well at first the program meant to me a chance to ask myself what I value, who I want to become, and how do I get there. Now looking back, although I did do some soul searching, it was much more about developing a relationship that reminds me of what I had already accomplished and discovered about myself. In a quest for change or advancement I actually gained some much need reflection. It seems that receiving support and respect from a role model and non-peer, one who has witnessed some of my best efforts at CMU, shored up the foundation of my school experiences. I was therefore able to leave with a sense of security and confidence that will be much more useful in pursuing my future self than a guided values worksheet. I think the authentic nod of approval that Pattye has given me was what I needed all along, it just took some rather aimless meetings and a few months to figure it out. I hope that other mentees will find what they need as well.

- Annette Ritchie

History

"I signed up for the MentE program with aspirations of being a support system and contact person to a Panhellenic woman, but what I got instead is a relationship with a young woman who inspires me probably more than I am able to help her. Our coffee meetings have been everything from updates and reminders to sleep, to deep debates and conversations about finding balance. She helps me explore the student experience through her eyes, and I am looking forward to our continued relationship."

– Elizabeth Koch

History

"I had a great experience with the MentE program this past year. We met about once a month and we scheduled our meetings as requested by my mentee. We typically met after work at Starbucks for about an hour. It was rewarding helping her navigate through different situations and watch her arrive at positive solutions. I feel that I was helpful in providing a neutral party and a listening ear. Sometimes something that appears to be a big issue quickly resolves itself once you start talking about it and the solution becomes crystal clear. It was a delight being involved in the MentE program this past year and I look forward to continuing with the program for years to come." -Sandra Moses

Mission Statement

Mission Statement

Mentorship for Enrichment is a formalized mentorship program encouraging reflective exploration of values, supporting intentional goal setting, and developing advocacy resources through purposeful long-term relationships.



Program Goals

For Mentees:

Greater sense of self

Increased confidence

Stronger campus connections

For Mentors:

Share knowledge

Guide self-discovery

Gain meaningful student engagement

How Does it Work?

Part II



Structure

Structure





Events

This Semester:

10/15: Application Release

10/26: Applications Due

By 10/29: Pairings Announced

11/5: Kick-Off Reception

4:30pm in CUC Peter/Wright

Looking ahead:

Spring Reception

