

## **Virtual Dalcroze Meet-Up**

**2023, 18 June**

**Kai Liu, Central Conservatory of Music, Beijing, China**

**Subject: Learning odd meter in contemporary jazz through Dalcroze eurhythmics**

**Repertoire: Brad Mehldau Trio <Resignation>**

### **Warming Up:**

- Deep breath and feel the center of the body.
- Use 2 shoulders, pelvis, chest, back and vertebrae to touch the space in 3 dimensions; Being receptive and emissive.
- Base on previous exercise, projecting whole body movement in the space.

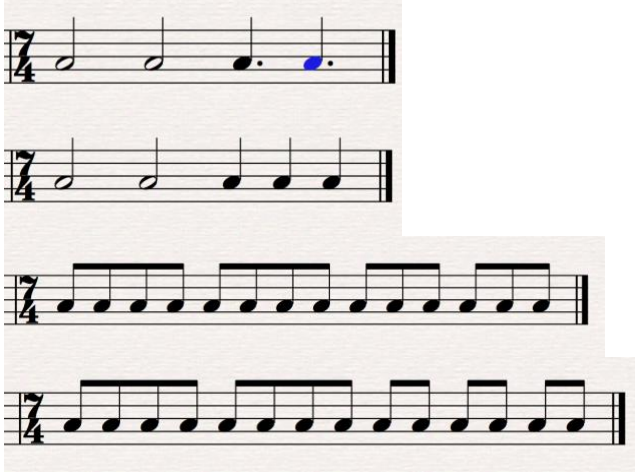
### **Preparation for Main Exercise:**

- Reaction Exercise with Verbal Signals:  
Students tap 3 8<sup>th</sup> notes in the space, teacher plays different note grouping in 2 4 and 5, then adds 6 and 7.
- Reaction Exercise with Verbal Signals (234567)  
Teacher plays subdivisions and students cover with beats through movements or clapping.

### **Main Exercise:**

- Reaction Exercise with Verbal Signals (234567):  
Walking the beat and clapping the subdivisions, vice versa.  
Drawing lines in the space with one arm(or tapping the thigh) and another hand clapping the subdivisions.
- Systematization Exercise:  
4+4+8 4+3+7 5+2+7 3+3+6 2+2+2+6 3+2+5 2+2+4
- Reaction Exercise with Visual Signals (234)  
Conducting 4 gestures corresponding 4 groupings, clapping out the subdivisions.  
Systematization: 4343 4433 44222

- Twice slow in 4/3 to 7/4 odd meter  
Walking 7/4 meter as a combination of 4/4 and 3/4.  
Stopped canon exercise:  
Walking the 7/4 meter, and hear 4 rhythmic patterns as below:



- Exercise in Complementary Rhythms  
Teacher plays 4433 and 44222  
Student walk out and clap CR, then vice versa.
- Movement improvisation exercise in varied music qualities of 4433

### **Conclusions:**

Teacher plays solo piano version of <Resignation>:

- Feel the groove and walk either 7/4 meter or 4433 unequal subdivisions(2/2+6/8).
- Free movement to feel each chord of this tune.
- Sing the melody of the piece.
- Students listen and move to Trio version.
- Discussion.