



my CONNECTIONS

COMPILE A DETAILED LIST OF YOUR CONTACTS

In this exercise, please list the names of people who would take a phone call from you. Please do not consider whether the person is in a position to help your career or not. Rather, list all the people in each category who would be willing to help if you asked.

Family Members

Family members are a tremendous resource. Be sure to include close family friends of your parents and relatives.

Friends

Include parents of friends that you know well.



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Professional Contacts

Even contacts such as managers and co-workers from jobs that seem unimportant can yield great results for your contact list. You never know who they know.

College Contacts

Include professors, academic advisors, and staff members you've made a connection with on this list. Like people in all the other categories, they're likely more than willing to help.
