Frequently Asked Questions

Olitsky Family Foundation Career Readiness Program Carnegie Mellon University

Who is eligible to participate in this program?

The Olitsky Family Foundation Career Readiness Program at Carnegie Mellon University is tailored to support any student with an emotional and/or cognitive difference. Both undergraduate and graduate students are encouraged to participate in these support services. Students with autism, ADHD, and other neurodiverse identities have been known to benefit from Olitsky programming and resources in the past.

Do I need to have a diagnosis to participate in this program?

No, our program is available to any student that could use additional support in their career and professional development.

How do I sign up for the program?

Check our <u>website</u> for the latest events and resources, or email Joe Battelline at <u>jbattell@andrew.cmu.edu</u> for more information! We are in the process of planning Fall 2020 events and will soon share those details at the above website.

What events can students attend through this program?

As part of this program, you will have the opportunity to engage in the following opportunities:

- Work 1-on-1 with a career coach to develop an individualized career plan and to build the skills needed for resume writing, job/internship searching, interviewing, and any other career development topic you wish to discuss. Career coaching appointments are customized to your needs and goals.
- Participate in Olitsky career readiness workshops throughout the fall and spring semesters to enhance your professional knowledge and skills. Through these workshops, you will have the opportunity to learn about the job search process, network with employers, and improve other career readiness skills (i.e., self-advocacy in the workplace, pathway exploration, nurturing mental during a job search, interview skills, and more).
- Participate in Olitsky's student-employer connect events to network with local employers in a structured and risk-free
 environment. These events will allow you to apply your professional skills while seeking job/internship opportunities for
 further career growth.

Do I need to participate in every event?

No, feel free to participate in as many events as you would like, or just take part in one or two events.

Where do 1-on-1 appointments and workshops/events take place?

To optimize the health and safety of our students and colleagues, 1-on-1 appointments will be offered via Zoom and by phone through at least December 2020. Olitsky events and workshops will also be offered through virtual platforms. To schedule a 1-on-1 appointment, students can log on to <u>Handshake</u>, click the "Career Center" menu tab in the right-hand corner, and select "Schedule Appointment". From that screen, the "Olitsky Appointment Category" will be visible (beginning October 2020).

What will I gain by participating in the program?

Your involvement with the Olitsky Family Foundation Career Readiness Program will allow you the opportunity to develop an individualized career plan, improve your job/internship search process, write a resume, enhance your professional communication skills, network with employers, and engage with numerous support systems/departments across campus.

Is there any program fee associated with the Olitsky Family Foundation Career Readiness Program at CMU? No, there are no additional fees for CMU students.

How can I learn more about the program before signing up?

Email Joe Battelline at <u>ibattell@andrew.cmu.edu</u> for more information or to schedule an appointment.

Will this program support me in areas other than career readiness?

Although the skills you develop through the Olitsky Family Foundation Career Readiness Program may translate to or improve other areas of your development, the main goal of this program is to support students with career readiness. However, CMU offers additional accommodations through the Office of Disability Services and consultation services through Counseling and Psychological Services.