



# BraceAlign: Low Cost Adjustable Brace for Adolescent Idiopathic Scoliosis Seth Cordts, Olivia Dippo, Lucas Friedman, Cherry Park, Juan Portela Department of Biomedical Engineering, Carnegie Mellon University, Pittsburgh, PA

## Abstract

Our team has designed a new scoliosis brace. Scoliosis is the abnormal lateral curvature of the spine that is typically found in children and adolescents. Our solution, BraceAlign, applies a three point bending force to correct the curvature of the spine. BraceAlign will be more affordable, concealable, and adjustable for users of various sizes. This design will therefore be more accessible for users in third-world countries.

# Clinical Need

Idiopathic scoliosis is a condition in which the patient has a curvature of the spine in the shape of an "S" or "C."<sup>1</sup> Scoliosis can cause respiratory problems and if left untreated can increase the progression of the curvature, exacerbating symptoms.<sup>2</sup> People in underdeveloped countries are



particularly burdened by scoliosis because treatment is inaccessible or too expensive. Third world countries are in need of a low-cost technology to treat scoliosis.

Current treatment methods include bracing or surgery, both of which are very expensive. The "gold standard" for braces is the Boston Brace,<sup>3</sup> which covers the entire torso below the chest and is very uncomfortable.

Therefore, there is a crucial need for an effective lowcost for scoliosis in underdeveloped countries that has the potential to increase compliance rate.

# Market

- Target market: adolescent patients with mild to moderate scoliosis in developing countries
- For mild scoliosis, curvature is generally less than 25 degrees
- For moderate scoliosis, the curvature is around 25-45 degrees
- Severe scoliosis (>45 degrees) requires surgical intervention<sup>4</sup>
- Currently, no competitive market for scoliosis braces in developing countries
- Difficult for current braces to thrive in developing countries because frequent fittings and adjustments are required





Fig 2: SolidWorks Image of BraceAlign

### **Final Prototype**

- A. Polyester webbing straps
- Secured with rivets
- Adjusted with metal pin buckles Four polypropylene plates:
- B. Shoulder plate
- C. Apex plate
- D. Waist plate
- E. Leg plate
- Silicon on leg strap

### **The BraceAlign Solution**

- One-size-fits-all scheme
- Low cost
- Eliminates the need for frequent doctor visits
- Reduces the severity of scoliosis with less restriction, leading to higher compliance

# Manufacturing and Product Costs

Table 1: Manufacturing Costs					
	<b>Tooling Cost</b>	Material Cost	Production Cost	Strap and Buckle Cost	<b>Total Cost</b>
Overall (10,000 Units)	\$15,000	\$60,000	\$15,000	\$43,200	\$133,200
Per Part	\$1.50	\$6.00	\$1.50	\$4.32	\$13.32

• Straps will be woven and secured with • Manufacturing costs to create 10,000 bulk units rivets • Plastic Injection Molding will be used to create

the supporting plates



Fig 3: 3rd Prototype

motion

### **Design Features of BraceAlign**

• Applies three-point lateral bending force to the torso • Mechanics are similar to that of the Boston Brace, but less restricting

• Symmetrical for use on either side

• Made for comfort and minimal restriction

• It does not enclose the whole torso of the patient and allows the user to have a large range of

• Concealable under clothing

• Made from low-cost materials: polypropylene and polyester webbing straps



Fig 4: Final Prototype

Buckles will be created using wire forming

### **Comfort Tests**

- comfortable) • 5 test subjects



### **Force Tests**

- To test if the brace can withstand and apply adequate force to reduce spinal curvature by 50%  $\circ$  31N - 113N is the required force<sup>5</sup>
- Process is modeled after Newton scale • Attached spring to the Apex plate of the brace
  - Measured the displacement of the spring as force was applied laterally
  - Calculated spring constant and determined maximum force • Maximum force apex plate can apply: 160N

The authors would like to thank the Undergraduate Research Office for funding, and Dr. Conrad Zapanta, Kenny Varner, Dr. Patrick Bosch, and Jonathan Heifetz for guidance with this project.

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# **Testing and Results**

### • To compare comfort level of our brace and the Boston Brace • Subjective scale of comfort level: 0 (uncomfortable) - 5 (most

• In all tasks, the users rated BraceAlign to be more comfortable than the Boston Brace.

# Acknowledgments

# References

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