
Carnegie Mellon University is deeply committed to the safety and well-being of all its community members. Along with this commitment comes the value of education and community engagement.

SHIFT: Empower. Prevent. Educate., opens the door to many pathways of involvement in sexual assault, relationship violence, stalking, and sexual harassment prevention, activism, and education.

The ultimate goal of SHIFT is to change a culture:

- SHIFT attitudes, beliefs, and values that are consistent with rape culture
- SHIFT victim-blaming attitudes towards believing and supporting survivors.
- SHIFT from response to prevention.
- SHIFT from staying silent to being an active bystander.

This bi-weekly newsletter will highlight ways for the CMU campus community to get involved and be a part of the #CMUCultureSHIFT

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**Sexual Violence 101**

Sexual assault has become a highly talked about subject on college campuses. You may find yourself debating with others about what sexual assault actually is, why it exists, and what constitutes consent? During this interactive presentation, Jess Klein will break down the following topics: rape culture, dispelling rape myths, the definition of consent, sexual empowerment, victim-blaming, and survivor empowerment.

**NEXT SESSION:**
**WHEN:** Monday, October 17
**TIME:** 12:00pm - 1:30pm
**WHERE:** CUC Dowd
Lunch provided - RSVP HERE

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**Get Involved**

SAFE (SARV Activism for Everyone)

SAFE is a student organization committed to reducing sexual assault and relationship violence on campus through activism. We will be holding several events throughout the year such as tabling for Domestic Violence Awareness Month and hosting Take Back the Night.

To get involved, contact
Celeste Neary, President:
cneary@andrew.cmu.edu

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**Steubenville Returns to CMU**

Started at CMU by Eleanor Bishop (MA ’16), *Steubenville* is a participatory theatrical event where one performer leads the audience through the material of the Steubenville case, allowing us to reflect on rape culture in our communities and our part in it. The main event is a public reading of the Steubenville trial transcript, with audience members standing in for the lawyers, the court, and the perpetrators. Also included are documentary interviews with members of the local community that reflect on sexual empowerment, safety, and feminism.

**WHEN:** October 8 AND 9
**TIME:** 8th - 6pm AND 9pm
9th - 2pm
**WHERE:** CUC Studio Theater
GET FREE TICKETS HERE