Optional Practical Training

READ THE OPT HANDOUT!

Today we will:

• Outline OPT Basics
• Review Application Process & Timing
• Discuss work options in US after OPT (H-1B, etc.)
• Questions?
Optional Practical Training

OPT = Temporary employment for practical training directly related to the student's major area of study.

- Types of OPT:
  - Pre-completion
  - Post-completion
  - STEM extension

- Part-time or Full-time
  Always full-time after completion of requirements for degree
Practical Considerations

During OPT period:

- You remain in F-1 status
- OPT is not a status, it is a benefit
- CMU holds your SEVIS record
- OIE still your advisors/visa sponsor!
- You still have reporting requirements!!
Reporting Requirements

Upon receiving EAD - report **ANY** changes in employer, address, etc… within **10 days of ANY Change**:

Be specific—this information is reported **DIRECTLY** to immigration (SEVIS)

Employment

What work can you do during 12-month Post Completion OPT?

- **Any** – As long as it:
  - Is related to **YOUR** field and level of study
  - Paid, unpaid, volunteer, contract
  - Job title *doesn’t* matter…
  - **BUT** the nature of the work *does*

No job offer is needed for you to apply for OPT!
Employment

Types of employment that are acceptable while in the initial period of Post-Completion OPT:

- Multiple employers.
- Short-term multiple employers (performing artists).
- Work for hire.
- Self-employed business owner.
- Employment through an agency or consulting firm.
- Paid employment.
- Unpaid employment.*

*A student may work as a volunteer or unpaid intern, where this practice does not violate any labor laws. The work must be at least 20 hours per week for a student on post-completion OPT. A student must be able to provide evidence acquired from the student’s employer to verify that the student worked at least 20 hours per week during the period of employment.
OPT Usage

• 12 months per **advanced** degree level
  – Can’t have another 12 months of OPT after 2\textsuperscript{nd} Master’s

• Once OPT has been granted, you have used the benefit
The Application is a Three Step Process

Step 1. Recommendation
- Signed by your advisor & submitted to OIE

Step 2. New I-20
- Goal: new I-20 with OPT recommendation
- I-20 TIME: 5 business days at OIE

Step 3. Application
- Mail to USCIS
- Goal: EAD card
- APPROVAL TIME: Up to 90 days

You can only legally work in the U.S. when:

• Have received the EAD Card
• Within valid dates on EAD

• EAD Card says “Not Valid For Reentry To U.S.” – This means not Valid for Reentry ALONE (you need all other valid documents: Passport, Visa, I-20, etc..)
If OPT is denied before end of 60 day grace period, it **MAY** be possible to apply again.

If OPT is denied after 60 day grace period, the benefit is **forfeited**.

**Program End Date!**

5/15/2018

The Application Process has **IMPORTANT Timelines!!**

Carnegie Mellon University
OPT I-20: The 30 Day Rule!!

- OPT application **must be received by USCIS within 30 days of the date your OPT I-20 is issued.**

- Be ready to file when you turn in your request!

- I-20 more than 30 days past issuance date = OPT DENIED!

**IMPORTANT!**

2/15/2018

SCHOOL ATTESTATION

I certify under penalty of perjury that all information provided above was entered before I signed this form and is true and correct. I executed this form in the United States after review and evaluation in the United States by me or other officials of the school of the student's application, transcripts, or other records of courses taken and proof of financial responsibility, which were received at the school prior to the execution of this form. The school has determined that the above named student's qualifications meet all standards for admission to the school and the student will be required to pursue a full program of study as defined by 8 CFR 214.2(i)(6). I am a designated school official of the above named school and am authorized to issue this form.

SIGNATURE OF: Carly Devenbrugh, Foreign Student & Scholar Advisor

DATE ISSUED: 2/15/2018

PLACE ISSUED: Pittsburgh, PA

Carnegie Mellon University
The Application Process: Advisor’s Form

Optional Practical Training (OPT) Recommendation Form

To: Student OPT Applicant
Complete the following information. The OIE advisor will use the information you provide to recommend your OPT. If you do not know the answer to the question, leave it blank and the advisor will assist you during the OPT session.

Name: ____________________________ Date of birth (mm/dd/yyyy): ____________________________
(Family) (First)

Andrew ID: ____________________________ Non-Andrew e-mail: ____________________________

Address*: ____________________________ ____________________________
(Street) (City) (State & Zip Code)

*Address must also be updated in SIO! This does not have to be the address that you’ll use to receive the EAD.

☐ Check here if you have a secondary MAJOR or are in a dual degree program.

OPT Start Date: ____________________________ OPT End Date: ____________________________

Full-time or Part-time: ____________________________ Passport Expiration (mm/dd/yyyy): ____________________________

Check one: ☐ The work ☑ WILL ☐ WILL NOT directly relate to my field of study/degree program.

Have you applied for OPT before? ☐ No ☑ Yes If yes, Educational Level (circle) Bachelor’s Master’s PhD

I attended an OPT session on ____________________________ (date) conducted by ____________________________ (OIE advisor name).

Today’s Date: ____________________________ OIE Advisor’s Name: ____________________________
The Application Process: Advisor’s Form

This information must be completed and signed by the academic advisor or department coordinator, not by the student.

This is to certify that ____________________________ is expected to complete all requirements for the degree on ____________________________.

(Degree: mm/dd/yyyy) *actual completion—not end of month

(Level)

(Field of Study)

(Name of academic advisor or authorized department personnel—please print)

(Signature of academic advisor or authorized department personnel)

(Telephone number and/or email address)

(Date)

Your academic advisor completes this section. OPT cannot begin before this date.

Carnegie Mellon University
Completion Date on the I-20

<table>
<thead>
<tr>
<th>PROGRAM OF STUDY</th>
<th>MAJOR 1</th>
<th>MAJOR 2</th>
</tr>
</thead>
<tbody>
<tr>
<td>EDUCATION LEVEL</td>
<td>Information Technology 11.0103</td>
<td>None 00.0000</td>
</tr>
<tr>
<td>MASTER'S</td>
<td></td>
<td></td>
</tr>
<tr>
<td>PROGRAM ENGLISH PROFICIENCY</td>
<td>ENGLISH PROFICIENCY NOTES</td>
<td>EARLIEST ADMISSION DATE</td>
</tr>
<tr>
<td>Required</td>
<td>Student is proficient</td>
<td></td>
</tr>
<tr>
<td>START OF CLASSES</td>
<td>22 August 2016</td>
<td>22 August 2016</td>
</tr>
<tr>
<td>PROGRAM START/END DATE</td>
<td></td>
<td>15 May 2018</td>
</tr>
<tr>
<td></td>
<td>22 August 2016</td>
<td></td>
</tr>
</tbody>
</table>

Program end date = academic advisor’s end date

(I-20 page 1)
PhD Students: Potential End Dates

- Date of defense
- Date corrections will be completed
- Date you turn in dissertation and committee signs off
- **OR** Employment start date (if you have passed the qualifiers)
Program End Date On OPT I-20

= Last Day of Work at CMU!

Carnegie Mellon University
Your I-20 Program End Date Means...

ALL WORK MUST STOP ON THAT DATE!
If there is a **GAP** between your Program END DATE and your EAD CARD START DATE...

Program End Date
May 15, 2018

HOWEVER – NO WORK can be done during this Gap (for example – in red)

OPT Start Date on your EAD Card
July 2, 2018

*YOU are still in a Valid STATUS inside the U.S. While OPT Application is PENDING*
YOU CAN NOW ONLY WORK WITHIN THE TIME FRAME ON YOUR EAD
(For example - in green)

OPT Start Date
On Your EAD Card
July 1, 2018

OPT END Date
On Your EAD Card
June 30, 2019
Choosing Your OPT Start Date

BASED ON YOUR COMPLETION DATE

START DATE:

• Earliest start date: day after program completion
  – OR

• Up to 60 calendar days after program completion

**NO MORE THAN 60 DAYS!**
Choosing a Start Date

- **Early Start:**
  - Work permission right after completion
  - On-campus work continues

- **Late Start:**
  - Good if no job offer
  - Consider travel plans
  - Won’t cut into days of unemployment (90 days)
Choosing Your OPT End Date

• Eligible for 365 days of OPT:
  **Example: Start date = 5/16/2018  
  End date = 5/15/2019**

• Remember! If you applied for a period of pre-completion OPT, you must deduct that time from your 12-months.
  • Part-time pre-OPT deducted at ½ rate.
  • Full-time pre-OPT deducted at full rate.

• NOTE: If you choose less than 12 months, only way to “redeem” remainder of 12 months is to go back to school, complete another program (at same level) and reapply for OPT
The Application Process: OPT Dates

• Choose CAREFULLY!

CAN’T CHANGE OPT DATES

• OPT Pending?

Status is fine to stay in the U.S. But NO WORK without EAD!
Submit OPT Recommendation Form

Completed Form…

- Turn in today
- Drop off at OIE front desk
- OPT I-20 will be ready in:
  - 5 Business Days from submission of the OPT Recommendation Form.
- No email reminders sent!
OPT I-20: The 30 Day Rule!!

- OPT application must be received by USCIS within 30 days of the date your OPT I-20 is issued.
- Be ready to file when you turn in your request!
- I-20 more than 30 days past issuance date = OPT DENIED!

SCHOOL ATTESTATION

DATE ISSUED: 2/15/2018

PLACE ISSUED: Pittsburgh, PA

SIGNATURE OF: Carly Devenbaugh, Foreign Student & Scholar Advisor

IMPORTANT!
**I-20 Page 2**

**EMPLOYMENT AUTHORIZATIONS**

<table>
<thead>
<tr>
<th>TYPE</th>
<th>FULL/PART-TIME</th>
<th>STATUS</th>
<th>START DATE</th>
<th>END DATE</th>
</tr>
</thead>
<tbody>
<tr>
<td>POST-COMPLETION OPT</td>
<td>FULL TIME</td>
<td>REQUESTED</td>
<td>16 May 2018</td>
<td>15 May 2019</td>
</tr>
</tbody>
</table>

**CHANGE OF STATUS/CAP-GAP EXTENSION**


**AUTHORIZED REDUCED COURSE LOAD**


**TRAVEL ENDORSEMENT**

This page when properly endorsed, may be used for reentry of the student to attend the same school after a temporary absence from the United States. Each certification signature is valid for one year.

<table>
<thead>
<tr>
<th>TITLE</th>
<th>SIGNATURE</th>
<th>DATE ISSUED</th>
<th>PLACE ISSUED</th>
</tr>
</thead>
<tbody>
<tr>
<td>MARIA DEVENBURGH</td>
<td>Signature</td>
<td>7-2-2015</td>
<td></td>
</tr>
<tr>
<td>FOREIGN STUDENT/SCHOLAR ADVISOR</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Carnegie Mellon University**
EAD’s Issued After Start Date Requested

Comments: Full-time OPT recommended in the field of Information Technology (eBusiness Technology) for the recommended dates above OR 12 months from adjudication, whichever is later. Seeking to gain practical experience in the field.

If you request dates 5/16/2018 to 5/15/2019 and USCIS does not process your card until 7/2/18, your EAD will have dates 7/2/18 to 7/1/19.

No work until card received and you are within start and end dates on card!
Timing of Your Application

• Be aware of processing times:
  • Up to 90 days to be approved…
    ..or longer if application is returned, something is missing, etc.
  • Cannot Expedite OPT!! Trying can slow the process!
What do I include with my application?

Include *ALL* Materials on PAGE 1 in OPT handout.
What Do I Include?

✓ **G-1145** form
✓ Check for $410 (payable to U.S. Department of Homeland Security)
✓ **Two U.S. passport-sized photos** *(No Glasses)*
✓ Completed, signed **I-765** form
✓ *Copies* of all I-20s issued to you
✓ Copy of passport
✓ Copy of F-1 visa stamp
✓ Copy of I-94 record ([www.cbp.gov/i94](http://www.cbp.gov/i94))
✓ Copy of previous EAD (if you’ve applied for OPT before)

*Items are listed on page 1 of the OPT handout!!*
**G-1145 Form**

<table>
<thead>
<tr>
<th>Applicant/Petitioner Full Last Name</th>
<th>Applicant/Petitioner Full First Name</th>
<th>Applicant/Petitioner Full Middle Name</th>
</tr>
</thead>
<tbody>
<tr>
<td>Your LAST NAME</td>
<td>Your First Name</td>
<td>Your Middle Name</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>E-mail Address</th>
<th>Mobile Phone Number (Text Message)</th>
</tr>
</thead>
<tbody>
<tr>
<td><a href="mailto:xxxxxxx@gmail.com">xxxxxxx@gmail.com</a></td>
<td>412-123-4567</td>
</tr>
</tbody>
</table>

- **G-1145 - first page of application**
- **Free to file**
- **More like 2-4 weeks…**
- **Disregard form expiration date – be sure to download from uscis.gov**

**When Will I Be Notified?**
USCIS will notify you within 24 hours of accepting your immigration form(s).

**Form G-1145**
OMB No. 1615-0109
Expires 09/30/2014

*Carnegie Mellon University*
Preparing Your Check

US Department of Homeland Security

$410.00

Four hundred ten and-00/100

OPT Application

Sign Your Name Here
Preparing Your Check

Leave the back **BLANK**
Preparing Your Application: Photos

OIE Cannot Check Photos!

- Write your name AND I-94 # on back!
  - Write lightly, and in pencil – don’t damage the photo
- Make sure they are the correct size!
- DO NOT Wear Glasses!
- DO NOT USE OLD PHOTO’S!!!

Diagram: (Not visible in text)
Preparing Your Application: Tips

• You can include your check & photos in marked white envelope:

• Attach to application – don’t staple photos!
Form I-765

https://www.uscis.gov/i-765

• Complete Online – form fillable pdf

• USCIS uses machine readable scanner
Form I-765

START HERE - Type or print in black ink.

I am applying for:

☐ Permission to accept employment.
☐ Replacement (of lost employment authorization document).
☐ Renewal of my permission to accept employment (attach a copy of your previous employment authorization document).

Check the box:

“Permission to accept employment…”
#1: Last name, First name, Middle Name (If No Middle Name – Leave Blank)
• #3: Be careful of address!
• This must be a U.S. address!
• Where will you be in 90+ days?
• Do NOT use a P.O. Box address.
• Governmental Mail NOT forward by USPS!
• Keep name on mailbox

Remember:
• This address determines the USCIS location to which you send your OPT application.
• This address is the location to which USCIS will mail your receipt notice and EAD card.

If you believe you will change addresses within the next three months, you are advised to list the address of a trusted friend or family member.
• If you choose to enter your friend or family member’s address, you must also include a “care of” name. This is indicated by writing “C/O” and then the name of your friend or family member before the street address.
Form I-765

#9A: Do you have a Social Security Number?

#9B: Enter SSN Number

#10: - ONLY if you answered NO for #9A, and would like an SSN Number – and will be at address used on I-765 – Complete questions 10, 11, 12, and 13.
#14: Write in I-94 Number

https://i94.cbp.dhs.gov/I94/#/home

#15: Check “Yes” ONLY if you have had OPT before.

List the appropriate USCIS Service Center, Refer to EAD… code could be:

EAC = Vermont
SRC = Texas
WAC = California
LIN = Nebraska
YSC = Potomac

List OPT start date.
#16 and #17 Refer to your latest port of entry stamp in your passport

Please Note: ANY U.S. Point of Entry outside the U.S. – Where you enter through immigration

#18: “F-1 Student”
#19: “Student”
#20: Post Completion OPT code: (c)(3)(B)
Form I-765

Certification

I certify, under penalty of perjury, that the foregoing is true and correct. Furthermore, I authorize the release of any information that U.S. Citizenship and Immigration Services needs to determine eligibility for the benefit I am seeking. I have read the Who May File Form I-765 section of the Instructions and have identified the appropriate eligibility category in Item Number 20.

Applicant's Signature

Don't forget to sign!

Date of Signature (mm/dd/yyyy)

Signature of Person Preparing Form, If Other Than Applicant

I declare that this document was prepared by me at the request of the applicant and is based on all information of which I have any knowledge.

Preparer's Signature

Date of Signature (mm/dd/yyyy)

Printed Name

Address

Sign within lines in dark blue ink
Required **Photocopies** of Documents

- I-94 printout
  ([https://i94.cbp.dhs.gov/I94/#/home](https://i94.cbp.dhs.gov/I94/#/home))
  **OR** White I-94 card (front & back)

- Photo page of passport

- Most recent F-1 visa stamp

- **ALL I-20s ever issued (including OPT)**
  - Sign all I-20s before copying
Optional Cover Letter

- Cover letter *not required*, unless something is missing or further explanation is required:
  - Missing I-20
    -(check your records then contact your school)
  - Missing EAD
    - No template: Just “To whom it may concern: I am missing X”
Dependents in F-2 Status

• F-2 dependents will receive a new I-20

**F-2 documents NOT submitted in OPT application**

• F-2(s) Must ALWAYS Travel with:
  • New F-2 I-20
  • Copies of F-1’s Documents (OPT I-20, EAD card(s), Job Offer Letter)
Make A Copy of **ENTIRE Application!!**

You will need this information in the future!

Scan, copy, etc…

But make sure it is a copy of the *entire application*
Mailing your Application: FedEx/UPS

On I-765 (#3), if you use an address in:
Alabama, Arkansas, Connecticut, Delaware, DC, Florida, Georgia, Kentucky, Louisiana, Maine, Maryland, Massachusetts, Mississippi, New Hampshire, New Jersey, New Mexico, New York, North Carolina, Pennsylvania, Rhode Island, South Carolina, Oklahoma, Tennessee, Texas, Vermont, Virginia, West Virginia

USCIS
Attn: AOS
2501 S. State Hwy. 121 Business Suite 400
Lewisville, TX 75067
Mailing your Application: FedEx/UPS

On I-765 (#3), if you use an address in:

Alaska, Arizona, California,
Colorado, Hawaii, Idaho,
Illinois,
Indiana, Iowa, Kansas,
Michigan, Minnesota,
Missouri, Montana,
Nebraska, Nevada, North
Dakota, Ohio, Oregon,
South Dakota, Utah,
Washington, Wisconsin,
Wyoming

USCIS
Attn: AOS
1820 E. Skyharbor Circle S
Suite 100
Phoenix, AZ 85034
Mailing your Application

If you mail your application with ANY SERVICE other than FedEx or UPS...

Please find that specific lockbox here

DO NOT MAIL Regular Mail!
What Happens After You Send In Your Application to USCIS

You should receive from USCIS:

• Text message or email with case number
  o (within 2 to 4 weeks)
• Paper Receipt Notice
  o (within 4 weeks)
• Approval Notice
  o (up to 90 days)
• EAD card
  o (up to 90 days)

Remain Patient!
If You Make a Mistake on Your Application…

DON’T PANIC!

Contact OIE!
And
NEVER Send in Duplicate Applications!
Case Status Online:  www.uscis.gov

Case will stay in “received” status until approved

On November 3, 2014, we received your Form I-765, Application for Employment Authorization, Receipt Number EAC: and sent you the receipt notice that describes how we will process your case. Please follow the instructions in the notice. If you do not receive your receipt notice by December 3, 2014, please call Customer Service at 1-800-375-5283. If you move, go to www.uscis.gov/addresschange to give us your new mailing address.
Keeping Records & Maintaining Status

Job **MUST** be related to level & field of study at CMU

Keep documentation of employment for *your* records:

- Employer/company
- Employer address
- # hours per week
- Job description
- Supervisor contact info

- Paid work: Paystubs, W-2 forms, etc.
- Unpaid work: Employer letters

**NOTE:** Employer **MAY NOT** be able to write letter for unpaid work – check before starting job!
Reporting Requirements

Report **ANY** changes in employer, address, etc… to the OIE portal within **10 days of ANY Change**:

Be as specific as possible – this information is reported **DIRECTLY** to immigration (SEVIS)

90 Day Unemployment Rule

You may not accrue more than 90 days of unemployment during the 12 months of OPT...if more than 90 days...

Your SEVIS record will be terminated

OPT and F-1 status ends!

The start date listed on your EAD is when either:

- Employment starts
- Unemployment clock starts

Employment (FT/PT) from an Immigration Stand-Point =

- Paid/Unpaid FT – Anything GREATER than 20 hours a week
  - (For Example – Working 20 hours and 15 minutes is considered Full-Time)
- Paid/Unpaid PT – Anything 20 hours a week and BELOW
  - NOT ALLOWED (unless you have multiple employment/employers).
Travel

“I’m traveling before…”
– If you have applied for OPT and travel outside the U.S. before your program end-date:
  • You will travel with the usual:
    ✓ Passport
    ✓ I-20 (New OPT I-20)
    ✓ Unexpired Visa
    ✓ Enrollment Verification Letter from The HUB (Optional)

“But when I travel after I have applied for OPT – my I-94 record will change…”
– This is expected – And does not affect your OPT Application
Travel While on OPT
*After End Date Listed on OPT I-20

ALWAYS TRAVEL WITH:

- ✔ Passport
- ✔ OPT I-20 travel signature (< 12 months)
- ✔ F-1 visa sticker
  - Valid AND unexpired for re-entry…except for Canadians
- ✔ EAD
- ✔ Job Offer Letter
- ✔ Employer information Reported to OIE
OPT Travel Continued

EAD says not valid for re-entry!
  – Don’t worry!
  – This means not Valid for re-entry alone!

Canada and Mexico + adjacent islands?
  – 30-day exception for expired US visa
    – *unless you apply for and are denied a US visa*
    – Called Automatic Visa Revalidation

Do NOT Enter as a tourist!! Will end your OPT!
OPT Travel Continued

• **H-1B application pending?**
  – *CONSULT* your H employer!

• **Travel questions** (need a new visa, etc.)?
  – Consult an OIE advisor
Options After Your Initial 12 months of OPT Expire

• 24-month STEM Extension

• H-1B Temporary Work Visa
24-Month STEM Extension

Am I eligible?

To be eligible you MUST:

1. Have your most recent degree in a STEM designated field
   - CHECK the Major Code(s)/(cip code) on your I-20 NOW!

2. Be in the initial 12-month OPT period

3. Have a job or job offer with an e-verify employer, that is paid employment
24-Month STEM Extension

How do you apply?
Submit a 24-month STEM I-20 request to OIE
Can be done remotely!
-Directions on our website

Mail STEM application to USCIS

Must reach USCIS:
• Within 90 days of 12-month OPT end date
• Before end of 12-month OPT period
H-1B Temporary Work Visa

Private Sector:

– H-1B effective start date is Oct 1\textsuperscript{st}

– The H-1B “CAP” or quota

65,000 annually available to employers April 1\textsuperscript{st}
(6 months in advance)

20,000 additional H-1B spaces set aside for advanced degree holders

Universities and Non-Profits not subject to Cap

– University/Non-Profits employers can apply at any time for any start date
H-1B vs. OPT

OPT is *based on your degree*

- If you don’t like your job, you can start working somewhere else using your OPT.

H-1B is directly linked to your employer

- If you don’t like your job and decide to quit, you will have no status.
- Once H is approved, OPT is ended and F-1 is complete.
Cap-Gap Extension

If H is timely filed (between April 1 and before the end of your OPT)…

- OPT AUTOMATICALLY extends from end of your OPT to September 30 of the year filed.

If your employer wants new I-20…email OIE

– We need a copy of your H approval notice and your current EAD card

**Directions of how to request a “Cap-Gap I-20” is on our website**
H-1B / OPT Timeline

OPT Start Date on your EAD Card May 16, 2018 or Later

2019
Cap-Gap Highlighted in Yellow

OPT End Date on your EAD Card May 15, 2019

H-1B Filing Year Opens April 1, 2019

Start Date of H-1B October 1, 2019

Carnegie Mellon University
Reporting Requirements

Report **ANY** changes in employer, address, etc... to the OIE portal within **10 days of ANY Change**:

Be as specific as possible – this information is reported **DIRECTLY** to immigration (SEVIS)

Warner Hall, 3rd Floor
Office hours: Monday-Friday, 8:30-5:00
412-268-5231
www.cmu.edu/oie
oie@andrew.cmu.edu
Carnegie Mellon University

Drop Forms HERE

Questions HERE

www.cmu.edu/oie