

Carnegie Mellon

Equal Opportunity Services • Whitfield Hall, 143 N. Craig Street, Pittsburgh PA 15213

Everett Tademy, Director (412) 268-2012 et19@andrew.cmu.edu Larry Powell, EOS Manager (412) 268-2013– lpowell@andrew.cmu.edu

Courtney Bryant, EOS Administrative Coordinator (412) 268-2012 – cbryant@andrew.cmu.edu
<http://hr.web.cmu.edu/dsrg/index.htm>

Crohn's Disease Fact Sheet

This sheet is intended to assist you in helping the students. The information is generic in nature and not specific to this student. For information about individualized accommodations for a specific student, please see the instructor letter or request the student share their individualized accommodation plan with you. If at any time you have questions or would like more information please contact Larry Powell in the Equal Opportunity Services office.

Definition:

Crohn's disease is a chronic inflammatory disease of the intestines. It primarily causes ulcerations in the small and large intestines, but can affect the digestive system anywhere between the mouth and the anus. The disease is found in equal frequency in men and women, and usually affects young patients in their teens or early twenties. Once the disease begins, it tends to be a chronic, recurrent condition with periods of remission and disease exacerbation.

Associated Difficulties:

- Gastrointestinal disorders
- Autoimmune issues
- Fatigue
- Seasonal illness
- Pain
- Mobility
- Stamina

Tips for Instructors:

- ✓ Students with Crohn's disease may need to leave the classroom more often
- ✓ Flexibility on assignment completion where possible and appropriate

Larry Powell Carnegie Mellon University Whitfield Hall 143 North Craig Street Pittsburgh, PA 15213 Whitfield Hall Room 102

lpowell@andrew.cmu.edu

<http://hr.web.cmu.edu/eos.html>

Phone/TTY (412) 268-2013

Fax (412) 268-7472

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