

CARNEGIE MELLON UNIVERSITY  
UNIVERSITY HEALTH SERVICES  
Phone 412-268-2157/ Fax 412-268-6357

## ANTI-MALARIAL PRESCRIPTION REQUEST

You are requesting a prescription for malarial prevention. After filling out the information, please leave this form with University Health Services to be processed. If we have any questions regarding your request, you will be contacted by phone or e-mail. If you are not contacted, you will be able to pick up your prescription or medication within 1 business day.

**Before completing this form please review the Centers for Disease Control and Prevention's Traveler's Health website at <http://wwwnc.cdc.gov/travel/> regarding malaria prevention for up to date information and medication options to assist us in processing your request.**

Below is listed drug information for the most common anti-malarial medications.

- 1. Atovaquone/proquanil (Malarone)**  
Directions to use: Take one tablet a day, start 1 to 2 days before travel to endemic area, during your visit, and for 7 days after you leave the area. Take with food or milk.  
Potential Side Effects: Gastrointestinal upset, headache.  
Contraindications: pregnancy and breast feeding, kidney impairment, allergic to medication.  
\*Not available at University Health Services, we will write a prescription to fill at an outside pharmacy.
- 2. Doxycycline**  
Directions to use: Take one tablet a day, start 1 to 2 days before travel to endemic area, during your visit, and for 4 weeks after you leave the area. Take with a full glass of liquid and do not lie down for 1 hour.  
Potential Side Effects: Gastrointestinal upset, sun sensitivity  
Contraindication: Pregnancy, and allergic to medication.  
\*Available to fill at University Health Services- cost dependant on health insurance coverage.
- 3. Mefloquine (Larium)**  
Directions for use: Take one tablet a week, start 1 week before travel to endemic area, during trip, and for 4 weeks after leaving area. Take on a full stomach.  
Potential Side Effects: Gastrointestinal upset, headache, dizziness, anxiety, wild dreams, insomnia, visual disturbances; and rarely seizures, depression, psychosis.

Contraindications: Allergy to Quinine or Quinidine, recent or active history of depression, generalized anxiety disorder, schizophrenia, or other major psychiatric disorders, or a cardiac conduction abnormality.

\*Not available at University Health Services, we will write a prescription to fill at an outside pharmacy.

4. **Chloroquine (Arlen)**

Directions for use: Take one tablet a week, start 1 week before travel to endemic area, during trip, and for 4 weeks after leave area. Take on a full stomach.

Potential Side Effects: Gastrointestinal upset, dizziness, and itching.

Contraindications: Allergy to the medication.

Note: Some geographic areas have chloroquine resistant malaria and require Malarone, Doxycycline, or Larium for prophylaxis.

\*Not available at University Health Services, we will write a prescription to fill at an outside pharmacy.

Name: \_\_\_\_\_

S.S. or ID #: \_\_\_\_\_ Date: \_\_\_\_\_

Phone #: \_\_\_\_\_ E-Mail: \_\_\_\_\_

Area of Travel: \_\_\_\_\_

How long will you be in this area? \_\_\_\_\_

When are you leaving to go to this area? \_\_\_\_\_

Do you have a history of any medical problems or allergies? \_\_\_\_\_

If yes, please explain: \_\_\_\_\_

Are you on any medications; if yes, list name and dosage? \_\_\_\_\_

Do you prefer a written prescription or to pick up Doxycycline at University Health Services (this is the only medication available at University Health Services)?

\_\_\_\_\_

(Women) Is there a chance you are pregnant or breast feeding? \_\_\_\_\_

Please write your medication choice that best fits your needs. \_\_\_\_\_