



**THE EXCHANGE**

**GINGERS  
EXPRESS**

*Stephanie's*

	<b>Week One</b>	<b>Week Two</b>	<b>Week Three</b>
<b>Monday</b>	Chicken Fingers Mac and Cheese Tomato Soup **	Swedish Meatballs & Mushrooms Parmesan Noodles Chicken Noodle Soup	Beef Stroganoff & Buttered Egg Noodles Mushroom Bisque *
<b>Tuesday</b>	Baked Chicken Perogies – filled with potato and cheese * Roasted Red Pepper Soup with Spinach & Pastina **	Chicken Stir-fry Vegetable Fried Rice Broccoli Cheddar Soup *	Rosemary Pork Loin Sauerkraut & Kielbasa Mashed Potato * Roast Beef Barley Soup
<b>Wednesday</b>	Stuffed Turkey Breast with Mashed Potato and Gravy Roasted Corn & Black Bean Soup **	Meatloaf & Mashed Potatoes Gravy Creamy Chicken & Rice Soup	Turkey ala King Rice Pilaf * Minestrone Soup
<b>Thursday</b>	Chicken Cacciatore Buttered Egg Noodles Wedding Soup	Seafood Jambalaya (shrimp andouille sausage and chicken) Cajun Rice Hearty Potato and Bacon Chowder	Chicken Gorgonzola Toasted Orzo Primavera * Beef Chili
<b>Friday</b>	English Garlic Cod with Tomato Sauce & Wild Rice New England Clam Chowder	Fish Sandwich and Sloppy Joes Soup Chefs Choice	Tomato Crusted Scrod Mild Garlic Cream Sauce Veggie of the Day * Roasted Red Bliss Potatoes Soup Chefs Choice



\* Free of all meat, poultry and, fish or shellfish - may contain dairy or egg product.



\*\* Free of all animal proteins and animal by-products.

**Hot entrées are available in The Exchange only. Soups are available in all three locations.**