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# Carnegie Mellon University



# 2011 Women's Cross Country

# Carnegie Mellon University



## Education

- One of the nation's leading private research universities
- Inter-disciplinary approach provides graduates with professional and technical skills and a strong science and liberal arts background
- Transformed from a technical school designed to serve the needs of Pittsburgh's industrial workers, to its position today as one of the world's great universities
- The University includes seven colleges, many of which are nationally ranked

- College of Engineering
- School of Computer Science
- College of Fine Arts
- College of Humanities and Social Sciences
- Tepper School of Business
- H. John Heinz III School of Public
- Mellon College of Science
- Policy and Management

- Offers a wide range of research centers, scientists and researchers from varied fields, and an inter-disciplinary approach to solving complex problems
- Set between a quiet, residential neighborhood and Pittsburgh's Schenley Park, the Carnegie Mellon campus spans about 105 acres and includes 74 buildings
- Student activities on campus vary from more than 100 special interest clubs and organizations, intramural sports, and a newspaper and radio station, to fraternity and sorority events and varsity competition in 17 sports

## Pittsburgh

- Called the "City of Bridges"
- City of downtown skyscrapers, scenic rivers and steep hillsides
- Picturesque neighborhoods, a friendly, small-town atmosphere with parks, convenient shopping and active community centers.
- Scenic lakes, rural farms and mountain wilderness are a short drive away
- Entertainment for young professionals stretches Walnut Street in Shadyside, Station Square and Mt. Washington
- Home to NFL's Steelers, MLB's Pirates and NHL's Penguins for the sports enthusiast
- A world renowned symphony and ballet combined with theatre, museums, art galleries and concert halls complement the cultural attractions of the city.

## University Athletic Association

- An NCAA Division III athletic conference founded in 1986
- Believe that it is beneficial to compete with like academic institutions spread over geographically expansive areas
- Seeks excellence in athletics while maintaining a perspective that holds the student and the academic mission of the institution as the center of focus
- Other members include:

Brandeis University (Waltham, Mass.), Case Western Reserve University (Cleveland), University of Chicago, Emory University (Atlanta), New York University, University of Rochester and Washington University in St. Louis

- All members are private, research universities situated in major metropolitan areas
- Each has several undergraduate programs and divisions as well as graduate and professional programs. Academically, these institutions are rated among the best in the country and athletically have won numerous national titles in both individual and team sports.

## Carnegie Mellon Numbers/Web Sites:

Area Code: 412	
Intercollegiate Athletics .....	268-8551
.....	<a href="http://www.cmu.edu/athletics">www.cmu.edu/athletics</a>
Admission Counselors/Campus Tours .....	268-2082
.....	<a href="http://www.cmu.edu/enrollment/admission">www.cmu.edu/enrollment/admission</a>
Office of Financial Aid .....	268-2082
.....	<a href="http://www.cmu.edu/enrollment/admission/know/financial_aid.html">www.cmu.edu/enrollment/admission/know/financial_aid.html</a>
Academic Counseling and Advising .....	268-6878
Career Development Center .....	268-2064
.....	<a href="http://www.studentaffairs.cmu.edu/career">www.studentaffairs.cmu.edu/career</a>
Housing Office.....	268-2139
.....	<a href="http://www.housing.cmu.edu">www.housing.cmu.edu</a>

## How to Contact Us:

Area Code: 412	
Head Coach Dario Donatelli .....	268-2220
Coach Donatelli's e-mail .....	<a href="mailto:dd7s@andrew.cmu.edu">dd7s@andrew.cmu.edu</a>
Cross Country.....	268-3099
Sports Information Director: Mark Fisher .....	268-3087
Sports Information Fax.....	268-8649
Sports Information e-mail .....	<a href="mailto:mwfisher@andrew.cmu.edu">mwfisher@andrew.cmu.edu</a>
Associate Sports Information Director: Andrea James.....	268-7910
Associate Sports Information Director e-mail:.....	<a href="mailto:awesp@andrew.cmu.edu">awesp@andrew.cmu.edu</a>

[www.cmu.edu/athletics/sports/wxc/index.html](http://www.cmu.edu/athletics/sports/wxc/index.html)

## Carnegie Mellon Facts:

Location.....	Pittsburgh, Pa. 15213
Enrollment (Undergrad).....	6,020
Enrollment (Graduate).....	5,510
Founded .....	1900
Nickname.....	Tartans
Colors .....	Cardinal & Gray
Course .....	Schenley Park
Affiliation.....	NCAA Division III
Conference.....	University Athletic Association
President.....	Dr. Jared L. Cohon
Alma Mater, Yr.....	University of Pennsylvania, 1969
Director of Athletics .....	Susan Bassett
Alma Mater, Yr.....	Ithaca, 1979

## What U.S. News and World Report Says (2011 edition):

- Top 25 Best National University
- Ranks undergrad business 7th overall nationally
- Ranks undergrad engineering 8th overall nationally

## Employment Rates & Average Starting Salaries

Visit Carnegie Mellon's Career & Professional Development Center's web page for extensive information on employers, graduate schools, starting salaries, and more.

Information is broken down by college and major with an annual report including post-graduation plans, aggregate starting salaries, top hiring organizations and top destinations for employment.

# 2011 Carnegie Mellon Women's Cross Country



## Head Dario Donatelli

Dario Donatelli is in his second stint as the head women's cross country coach and completed his 19th season in 2010 after starting with the program in 1987.

The 2010 cross country season was one of top accomplishment for the team and individuals as the team placed seventh at the Mideast Regional and two individuals made the NCAA Championships field.

Donatelli, a 1981 graduate of Carnegie Mellon, was named the University Athletic Association Men's Cross Country Coach of the Year for the first time in 2005 when the Tartans took the men's UAA title. His 2007 and 2008 men's track and field staff was named UAA Coaching Staff of the Year, marking his eighth such honor. He also received the award in 1999 for the fifth time as the women's coach after the Tartans captured their third UAA crown under his leadership.

During Donatelli's first 14 years with the women's team, the Tartans won three UAA titles in a span of four years, with four teams making the NCAA Championship. Maureen McGranaghan became the program's first cross country All-America athlete in 1996 and repeated her performance in 1997 and 1998. Joining her as an All-America finisher was Margaret Powers in 1997 and 1998, as the team had its highest finish (4th) on the national level during the 1998 season. Donatelli has also coached 27 All-Region female athletes.

Overall, he has coached nine All-America and 65 All-Region athletes in cross country and 27 All-America athletes in track.

In addition to their athletic honors, Donatelli's athletes are among the best students at Carnegie Mellon and the nation at large. The cross country team received USTFCCCA All-Academic Team honors for the 16th straight year with an impressive GPA of 3.31 while Courtney Baker met the individual athletic requirements and amassed a GPA of 3.30 for the second year.



# 2011 Carnegie Mellon Women's Cross Country

## 2011 Team Roster

<u>Name</u>	<u>Year</u>	<u>College</u>	<u>Hometown/High School</u>
Halley Bayer	Fr.	HSS	Pittsburgh, Pa./North Allegheny
Tamar Ben-Shachar	Jr.	SCS	Palo Alto, Calif./Palo Alto
Leila Bouabdellaoui	Jr.	CIT	Parchment, Mich./Parchment
Hailey Brown	Fr.	MCS	Wellsville, N.Y./Wellsville
Paige Davison	So.	MCS	Elk Grove, Calif./Elk Grove
Elise Hall	So.	CIT	Hillsboro, Mo./Hillsboro Senior
Susan Hannes	Jr.	MCS	Lovell, Maine/Fryeburg Academy
Chelsea Hoffman	Sr.	MCS	North Huntingdon, Pa./Norwin
Eva Humphrey	Jr.	CIT	Asheville, N.C./Asheville
Sara Kelly	Fr.	CIT	Madison, Wis./West
Erin Kiekhaefer	Fr.	CMU-SHS	Palo Alto, Calif./Palo Alto
Catherine Paquette	So.	CFA-ARC	Bethel, Ohio/Archbishop McNicholas
Lisa Rising	Jr.	CIT	Amherst, Mass./Amherst Regional
Lauren Sittler	Sr.	CIT	Economy, Pa./Ambridge
Angela Vertucci	Fr.	HSS	Elizabethtown, Pa./Elizabethton, Pa.
Cassie Wallace	Sr.	HSS	Uniontown, Pa./Laurel Highlands
Emily Wobb	So.	CFA	Gibsonia, Pa./Pine Richland



Carnegie Mellon University Colleges:  
CFA - College of Fine Arts; ARC- Architecture  
CIT - Carnegie Institute of Technology;  
HSS - College of Humanities and Social Sciences;  
MCS - Mellon College of Science;  
SCS - School of Computer Science; TSB - Tepper School of Business

# 2011 Carnegie Mellon Women's Cross Country

## 2011 Returners



**Chelsea Hoffman - SR**

2010: Ran in three races ... finished ninth on the team at the Duquesne Duals ... finished tenth on the team at the Carnegie Mellon Pre-Regional ... finished 11th on the team at the Carnegie Mellon Invitational.

2009: Ran in five races ... finished eighth on the team at the Dickinson

Invitational (4k) ... finished ninth on the team at the Waynesburg Invitational ... finished tenth on the team at the Duquesne Duals, Carnegie Mellon Invitational and UAA Championships.

2008: Ran in four races ... finished fourth on the team at the Waynesburg Invitational ... finished tenth on the team at the Duquesne Duals ... finished ninth on the team at the Cedarville University Open ... finished fifteenth on the team at the Carnegie Mellon Invitational.

Major: Psychology and Biological Sciences.



**Lauren Sittler - SR**

2010: Finished seventh on the team at the Duquesne Duals ... finished sixth on the team at the Waynesburg Invitational ... finished ninth on the team at the Carnegie Mellon Pre-Regional ... finished eighth on the team at the Carnegie Mellon Invitational ... finished ninth on the team at the

Oberlin Invitational.

2009: Ran in six races ... finished seventh on the team at the Duquesne Duals, Waynesburg Invitational, Dickinson Invitational (4k), Carnegie Mellon Invitational and Oberlin Invitational ... finished eighth on the team at the UAA Championships.

2008: Ran in three races ... finished ninth on the team at the Waynesburg Invitational ... finished ninth on the team at the Cedarville University Open ... finished tenth on the team at the Carnegie Mellon Invitational.

Major: Chemical Engineering.



**Cassie Wallace - SR**

2010: Finished fifth on the team at the Duquesne Duals ... finished third on the team at the Waynesburg Invitational ... finished seventh on the team at the Carnegie Mellon Pre-Regional ... finished fifth on the team at the Carnegie Mellon Invitational ... finished eighth on

the team at the Oberlin Invitational ... finished fifth on the team at the UAA Championships ... finished eighth on the team at the Mideast Regional.

2009: Ran in six races ... finished third on the team at Dickinson, fourth at the Carnegie Mellon Invitational and Waynesburg Invite, fifth at the Mideast Regional and Oberlin, seventh at the UAA Championships.

2008: Ran in five races ... finished second on the team at Waynesburg, fourth at Cedarville and Carnegie Mellon, fifth at the UAA Championships and seventh at the Mideast Regional.

Major: Professional Writing.



**Leila Bouabdellaoui - JR**

2010: Did not compete in cross country ... competed on the women's soccer team and track and field team.

2009: Did not compete in cross country ... competed on the women's soccer team and track and field team.

Major: Civil Engineering and Engineering and Public Policy.



**Eva Humphrey - JR**

2010: Ran in all seven races ... finished sixth on the team at the Duquesne Duals ... finished fifth on the team at the Waynesburg Invitational ... finished fifth on the team at the Carnegie Mellon Pre-Regional ... finished seventh on the team at the Carnegie Mellon Invitational ... finished sixth on the

team at the Oberlin Invitational ... finished sixth on the team at the UAA Championships ... finished fifth on the team at the Mideast Regional.

2009: Ran in all seven races ... finished third on the team at the Mideast Regional ... finished fifth on the team at the Dickinson Invitational (4k) ... finished sixth on the team at the Oberlin Invitational and UAA Championships ... finished eighth on the team at the Duquesne Duals, Waynesburg Invitational and Carnegie Mellon Invitational.

Major: Mechanical Engineering.



**Lisa Rising - JR**

2010: Finished eighth on the team at the Duquesne Duals ... finished seventh on the team at the Waynesburg Invitational ... finished sixth on the team at the Carnegie Mellon Pre-Regional ... finished fourth on the team at the Carnegie Mellon Invitational ... finished seventh on the team at

the Oberlin Invitational ... finished fourth on the team at the UAA Championships ... finished sixth on the team at the Mideast Regional.

2009: Did not compete due to injury

Major: Chemical and Biomedical Engineering.



**Emily Wobb - JR**

2010: All-UAA and All-Region ... competed at NCAA Championships and finished 62nd ... finished first on the team in each race ... finished sixth overall at the Duquesne Duals ... Won the Waynesburg Invitational ... finished second overall at the Carnegie Mellon Invitational ... finished third overall

at the Carnegie Mellon Pre-Regional, Oberlin Invitational and Mideast Regional ... finished 10th overall at the UAA Championships.

2009: All-UAA and All-Region ... finished 120th overall at the NCAA Championships ... finished first on the team in every race ... won the Waynesburg Invitational and Dickinson 4k run ... placed fourth at the Carnegie Mellon Invitational ... finished fifth overall at the Duquesne Duals ... placed sixth overall at the Mideast Regional ... finished seventh overall at the Oberlin Invitational ... placed 10th at the UAA Championships.

Major: Fine Arts.



**Elise Hall - SO**

2010: Did not compete.

Major: Materials Science Engineering.



**Catherine Paquette - SO**

2010: Ran in two races ... finished eighth on the team at the Carnegie Mellon Pre-Regional ... finished tenth on the team at the Carnegie Mellon Invitational.

Major: Architecture.

# 2011 Carnegie Mellon Women's Cross Country

## 2011 Schedule

Day	Date	Opponent.....	Time
Sat.	Sept. 3	@ Duquesne Duals.....	9:00 a.m.
Fri.	Sept. 16	@ Slippery Rock University.....	5:00 p.m.
Sat.	Sept. 24	@ Dickinson College Invite .....	11:15 a.m.
<b>Sat.</b>	<b>Oct. 8</b>	<b>Carnegie Mellon Invitational .....</b>	<b>10:00 a.m.</b>
Sat.	Oct. 15	@ Penn State Invitational .....	11:00 a.m.
Sat.	Oct. 29	@ UAA Championships..... (@ University of Chicago)	11:00 a.m.
Sat.	Nov. 12	@ NCAA Mideast Regional .....	11:00 a.m. (@ DeSales College)
Sat.	Nov. 19	@ NCAA Championships.....	11:00 a.m. (@ University of Wisconsin-Oshkosh)

Home contests in red \*UAA contest



# CROSS COUNTRY