



DEPARTMENT OF THE NAVY

CARNEGIE MELLON UNIVERSITY
NAVAL RESERVE OFFICERS TRAINING CORPS
PITTSBURGH PENNSYLVANIA 15213-3796

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NROTC UNIT CARNEGIE MELLON UNIVERSITY INSTRUCTION 5350.1F

From: Commanding Officer
To: NROTC Unit Carnegie Mellon University
Subj: COMMANDING OFFICER'S POLICY STATEMENT ON ALCOHOL AND DRUG ABUSE
Encl: (1) Commanding Officer's Policy Statement on Alcohol and Drug Abuse

1. Purpose. Enclosure (1) is the Commanding Officer's policy on alcohol and drug abuse.
2. Cancellation. NROTCUCMUIINST 5350.1E
3. Applicability. This instruction applies to all NROTC military personnel, civilian employees, and midshipmen under the cognizance of this command.


W. C. MCKINNEY

COMMANDING OFFICER'S POLICY
STATEMENT ON ALCOHOL AND DRUG ABUSE

Alcohol and drug abuse by Navy members can seriously damage their physical and mental health, jeopardize their safety, the safety of others, and can lead to criminal prosecution and separation from naval service. Alcohol and drug abuse is detrimental to operational readiness and is inconsistent with Navy core values and initiatives to promote military discipline, personal excellence and healthy lifestyles among Navy members.

We must create an all-hands command environment that is intolerant of alcohol abuse and underage drinking, deglamorizes alcohol use and emphasizes responsibility and moderation at all times. Responsible use is the application of self-imposed limitations of time, place, and quantity when consuming alcoholic beverages. Any misconduct or irrational behavior where alcohol use is involved will be addressed immediately and effectively.

Major elements underlying the Navy's approach to eliminating alcohol and drug abuse are enhanced detection, deterrence, prevention, education, discipline, intervention, and medical treatment for members who are responsive to treatment and who reject further alcohol abuse, and the separation of any individual guilty of a single incident of drug and/or alcohol abuse. The most important element to managing an effective alcohol and drug abuse prevention program is maintaining a command climate intolerant of any alcohol or drug abuse.

The Department of the Navy's (DON) policy on drug abuse is "Zero Tolerance." Navy members determined to be using, possessing, promoting, manufacturing, or distributing drugs and/or drug abuse paraphernalia shall be disciplined as appropriate and processed for administrative separation as required. Additionally Navy members shall never be under the unauthorized influence of prescribed drugs.

Drug abuse is also the wrongful use of controlled substances, such as designer drugs, illicit use of anabolic steroids, and use of prescription and/or over-the-counter drugs and medications such as amphetamines and performance enhancing drugs. "Wrongful" use means without legal justification or excuse, and includes use contrary to the directions of the manufacturer or prescribing health care provider. This also includes use of any intoxicating substance not intended for human ingestion, such as spice or huffing substances.

The DON's campaign, "Prescription for Discharge" recognizes the need to educate sailors on reducing prescription drug abuse in the fleet. Members of this command shall report all prescription medications received by a health care provider through their chain of command and document prescription medications in their medical records prior to urinalysis testing. Inappropriate use of pharmaceuticals and prescription drugs include, but are not limited to:

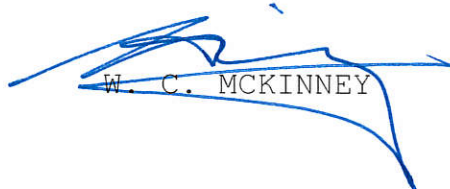
a. Use of prescription medication outside of its intended purpose.

b. Taking prescription medication in excess of the prescribed dosing regimen.

c. Use of prescription medication that was prescribed to someone else, whether they are a shipmate, friend, or spouse.

Members who test positive for controlled substances without a valid prescription will be disciplined as appropriate and administratively separated as required.

Commands that enforce DON policies for preventing alcohol and drug abuse foster an environment that is intolerant of alcohol and drug abuse and the dysfunctional behaviors associated with substance abuse. Together we can accomplish the DON's goal of being free of the effects of alcohol and drug abuse.



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Enclosure (1)