

Carnegie Mellon University Children's School

November 2019 Family Newsletter

Week for Campus Children

The National Coalition for Campus Children's Centers (N4C) encouraged its member centers to organize events during the week of October 7th to 11th to raise awareness of early childhood programs on college campuses across the country. This year, we collaborated with the Mortar Board Senior Honor Society to launch the Kindness Rocks Project at CMU with #kindkidscmu. Our children worked with the seniors to paint kindness rocks in preparation for CMU's Tartan Community Day on October 25th, and our kindergartners hid their painted rocks on campus to encourage the people who find them. On Tartan Community Day, about 100 friends from across campus visited the Reflection Garden to create kindness rocks. Our Senior Honor Society Friends will then glaze them and hide them far and wide on campus. We hope that people who find them will use our hash tag to post pictures and share their stories of encouragement. Thanks to Mrs. Johnson for coordinating the project for the Children's School!



November Dates (Remember to Check the Interactive Web Calendar TOO)

CMU Food Drive – November 4th through November 18th

Sunday, November 3rd – Daylight Saving Time Ends – Turn Clocks **BACK** One Hour

Educator / Parent Discussion re: School Choice (child care provided)

- Wednesday, November 6th from 4:30-6:00pm in the CUC Danforth Conference Room
- Friday, November 15th from 9:30-11:00am in the CUC Danforth Lounge

No School on Friday, November 8th - Conference Preparation Day for Educators

Friday Afternoon, November 22nd – PM **Parent Teacher Conferences for All Ages**
Regular School Schedule in the Morning

No School for Children – November 27th through November 29th
Happy Thanksgiving!!

December Dates

NO SCHOOL – Friday, December 6th – **Parent Teacher Conferences for All Ages**
Saturday, December 7th – Waterfront Barnes & Noble Book Fair (10am-2pm)



Gift of a Pumpkin Patch

A HUGE thank-you to CMU's Facilities Management and Campus Services (FMCS) for donating 100 pumpkins to the Children's School and to FMS volunteers Tim, Greg and Rachel (in photo, left to right) for turning our playground into a Pumpkin Patch!! The children had a marvelous time searching through the playground patch to pick their perfect pumpkin!



CMU Community Food Drive – Nov 4-18, 2019



The Carnegie Mellon University's Staff Council Annual Food Drive is being held for the next two weeks, culminating in the annual "Cans Across the Cut" event on November 18th. On this date, Children School students will join others in the campus community to place donated non-perishable food items in a line across campus. If you would like to donate, please send requested items (*see insert*) with your child or bring them to our office after November 1st. Cash or check donations (made payable to the Greater Pittsburgh Food Bank) will also be accepted. Please join fellow members of the campus community in helping to fight hunger in Pittsburgh!

#giving Tuesday – December 3, 2019

Giving Tuesday, a global day of giving now in its fifth year, is observed on the Tuesday following Thanksgiving. Giving Tuesday kicks off the charitable season, when many people focus on their holiday and end-of-year giving. In 2016, Carnegie Mellon University turned #givingTuesday into #givingCMUday for a 24-hour day of giving.

This year, #givingTuesday will be December 3, 2019, and any gift made from 12:00am to 11:59pm will count toward the 24-hour total. Real-time social media engagement throughout the day, as well as on-campus events, will engage our global CMU community. By making a gift to CMU this #givingCMUday, you directly impact students and their educational experience. #givingCMUday will be a great opportunity to support the Children's School and the CMU community! To make a donation, please visit the Giving page on our website <https://www.cmu.edu/dietrich/psychology/cs/giving/index.html>. Watch your email for more information on this event.

Fall Open House Events

On October 16th and 23rd, our children shared favorite learning experiences with their families. Siblings, parents, cousins, aunts, uncles, grandparents, nannies, and friends from 74 of our 81 families shared the children's excitement as they confidently demonstrated their favorite routines and activities. Thanks for taking the time to engage in the experience with us! Remember that you can learn about the children's daily activities by reading the web blog that their teachers also send electronically each day via email. Talking about the highlights of each day helps the children reflect on their learning and affords families the chance to enhance and extend it.



Sincere thanks also to all the Children's School educators for their commitment to high quality early childhood education and consistent, creative and constructive interactions with our young children learners. You are an inspiration to us all!

Save the Date: Children's School Book Fair

The Children's School Barnes & Noble Book Fair is being held on Saturday, December 7th from 10 am until 2 pm at the Waterfront store. There will be music, activities, and fun for the whole family. Mrs. Bird & Friends will perform at noon. Please contact Beth Myers or Maggie Rosenblum if you are interested in joining the **Book Fair Committee** and be on the lookout for a volunteer sign-up sheet for the day of the Fair. Hope to see you all there!

Fall Parent / Teacher Conferences

The fall conferences are great opportunities for parents and teachers to discuss their views of each child's development. This year, parent conferences are being conducted primarily on the afternoon of Friday, November 22nd and all day on Friday, December 6th. Specific schedules will be emailed soon with a request that you call Miss Drash to reserve your particular conference time.

At the Children's School, our conferences are structured by the developmental objectives that are the focus of our program design.

- **Self-Esteem and Independence**
- **Interaction and Cooperation**
- **Communication**
- **Physical Capabilities / Health & Safety**
- **Discovery and Exploration**
- **Artistic Expression and Appreciation**



Teachers will highlight the progress they have seen in each area at school. We encourage parents to prepare for their child(ren)'s conference(s) by considering the progress they have noted at home, particularly in the context of family discussions of the daily classroom blog updates. One strategy is to identify one adjective to describe your child in each of the areas that will be discussed. Another is to recall one prototypical anecdote for each category. A third is to consider the school activities and events related to each area that your child has discussed with you. Finally, you might specify one goal related to each domain that you would like to see your child achieve during the next six months.

Earlier this year, we invited you to share your view of your child's development by completing two Ages & Stages Questionnaires, so this input may also guide your conference discussion. Sharing your views with your child(ren)'s teacher(s) facilitates productive dialogue about how your child is progressing in both home and school environments. It's always interesting to see the parallels that exist between the two contexts, as well as the distinct differences that are often evident. Parents and teachers will also dialogue about strategies they each can use to support children's growth.

The conference dialogue will help parents to choose the next school for their child so that its program will best match the child and family. For your convenience, we have posted Open House information for other schools on the family bulletin board across from the school library. In addition to the conference opportunity, Dr. Carver is available to discuss any questions or concerns you may have about your child's development or about our program. We are privileged that you have entrusted your children to us and look forward to our continued partnership in their education.

So Many School Choices

How do families make the best choice of an elementary school for each of their children and decide when to make the transition? Please join us for a review of school choice principles and a discussion of strategies for exploring school options.



Wednesday, November 6, 2019 from 4:30-6:00pm – Danforth Conference Room, Cohon University Center

- Child Care will be provided for children of all ages in the Red Room.

Friday, November 15, 2019 from 9:30-11:00am - Danforth Lounge, Cohon University Center

- Preschool 4's and Kindergarten children will be in school.
- Child Care will be provided for children 3 and under in the Red Room.

NOTE: The Pittsburgh Public School birthday cutoff is September 30, 2020. In other words, a child who turns 5 by September 30th is eligible for kindergarten (or 6 by September 30th for 1st grade).

Recommendations for Elementary Schools

Many families are working on school applications for next year. If any require a recommendation from the Children's School, please obtain a Request for Release of Student Records form from Miss Hancock (lh37@andrew.cmu.edu or 412-268-2198). Please send the completed form along with your request to Miss Hancock. In mid-December, your child's fall conference report will be sent to the school(s) of your choice.

Spring Invoice Information

In a few weeks we will be sending home spring invoices in your child's backpacks. Carnegie Mellon University allows 30 days from the date of the invoice for the tuition and fees to be paid. For your convenience, monthly payment plans can be arranged through Maggie Rosenblum with no penalties or interest charged.

Open Houses for Incoming Families

The Children's School will be holding Open House Events for prospective Children School parents on January 9th at 8:00am and 12:00pm. We are still accepting applications for our 2020/2021 Three's classes, Four's classes, and Kindergarten. A preschool application is enclosed with this newsletter. Help spread the news about our wonderful early childhood education program and share this application with a friend. You'll notice that next year our morning preschool options will include a 1:00 dismissal or a 2:30 dismissal, which will put many of our preschoolers on the same schedule as the kindergartners. The \$50 application fee will be waived for any applications received before December 1st, 2019. Contact Maggie Rosenblum with any admission questions, to schedule a tour, or to obtain a Kindergarten application.

Family Committee News

The Library Acquisition Committee met on October 10th. Thank you to all who attended. Our parent volunteers are keeping a sharp eye out for quality children's books for our collection and, in particular, books for our Whole School Theme: PLANET EARTH. We are also looking forward to recording parents reading books in languages other than English!



The Book Fair Committee met on October 29th to discuss the upcoming Barnes and Noble Book Fair on December 7, 2019 at the Waterfront store. Families shared craft table ideas and plan to have a time of music with Mrs. Bird. We are really looking forward to this event!

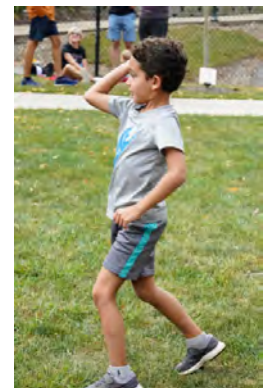
Many thanks to the Kindergarten Families for providing "Family Favorites" foods for the Teacher Appreciation Lunch on October 16th. We loved your notes about the special foods you shared. Thank you!

We have the new tops to the playground garden boxes, and we are looking for volunteers from the Repair & Construction committee to help us mount the new boards. If you are interested in helping with this task while the weather holds, please contact Beth Myers at ewmyers@andrew.cmu.edu.

Family Social Organization Fun



The Children's School friends and family gathered to play T-ball on Sunday, September 29th. The children played together and took turns hitting the ball and playing the outfield. Everyone had tons of fun playing, enjoying snacks, and spending time together! It was a fun and relaxing day, and a great way to kick off fall!



The FSO met at school on October 4th. We had a great first meeting to organize an exciting calendar of Family Events for the 2019-2020 year!

Sarah Hummel (shummel1010@gmail.com)

More FSO Fun

On Saturday October 26th, The Children's School families had a bootastic time dancing the evening away. The children and parents enjoyed snacks and dancing together. While the parents enjoyed dancing, the children decided running was a bit more desirable. Some friends dressed in costumes, while others stayed comfortable dressed as themselves. We all had a great time!



Upcoming FSO Events

Tinkergarten Fall Lantern Walk

All are welcome to join us for a **FREE Fall Lantern Walk** at Blue Slide Playground in Frick Park on Sunday Nov 3rd from 4:00-5:30pm. This will be one of hundreds of Tinkergarten Fall Lantern Walks taking place across the country celebrating the natural changes in light and weather as we transition from Fall to Winter (<https://www.tinkergarten.com/>). To fully enjoy this magical experience, please make and bring a simple lantern or two. See <https://tinkergarten.com/activities/let-there-be-light> for ideas. LED tea lights will be provided. Please wear appropriate clothing for colder weather outdoors at dusk.

When: Sun Nov 3rd from 4:00pm - 5:30pm

Where: Frick Park - Blue Slide Playground

How: Register online at <https://tinkergarten.com/classes/all/15207?type=special>

Admission: Free & Open to ALL

Contact: Natalie Greene, Tinkergarten Leader: 412-901-2120 (cell/text)

natalie.greene@mail.tinkergarten.com



Coming in December ...

Sky Zone Toddler Time Trampoline Fun on Friday, December 6th from 10-11am (No School) at the Sky Zone Trampoline Park, 160 Levin Way, Monroeville, PA 15146 <https://goo.gl/maps/sgghM7kL6J7pBA7w7>.

This is a public event open to all 5 years old and under. If your child is like mine and starts bouncing off the walls on their day off school, join us to burn off some energy at Sky Zone in Monroeville for Trampoline Toddler. Sign the waiver ahead of time online or upon arrival. Cost is \$10/child (or get a 5 punch card for \$40), and pay directly at the front desk upon arrival. A parent or guardian must be present to supervise the child(ren) at all times.

Details at: <https://www.skyzone.com/monroeville/programs/toddler-time>

Contact: Natalie Greene, 412-901-2120 (cell/text), nrgreenex@gmail.com

Family Spotlight: Lifelong Pittsburghers

Hey! We are the O'Leary Family - Mike, Emilie, Jackson (Jack) (3), Liam (1) and our pitbull, Koda (7).

Mike and Emilie both grew up in Pittsburgh, went to college in Pittsburgh and are now raising their family in Pittsburgh. The best part about being lifelong Pittsburghers is seeing how the city has grown to become the gem it is today.

When not practicing law, Mike enjoys cheering on Manchester United (British Soccer) and the Pittsburgh Penguins, playing soccer, and spending time with Jack and Liam outside. Emilie currently works with undergraduates in the Psychology Department at CMU. She enjoys reading, traveling and baking. Jack enjoys eating ice cream, playing

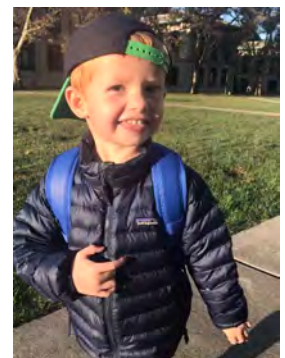


tennis, baking with mommy, and anything relating to construction vehicles. When Jack bakes with mommy, he likes to add the chocolate chips, but only about half actually make it into the cookies, the other half "mysteriously" disappear. Liam likes books, dancing like no one is watching, and impersonating lions, bears, dinosaurs, and even the Incredible Hulk - basically anything that roars. Koda enjoys being outside with his tennis ball and hoping he'll get lucky and food will get dropped from the dining room table.

This summer we completed a Summer Bucket List. We did a ton of things we wouldn't normally do, such as making smoothies and drinking them out of a pineapple, exploring a new city (Toronto, Canada), and even setting up our very own drive in movie theater at home in our back yard. Jack particularly loved checking off "making ice cream" from his list. He helped make really good strawberry mango sherbet that we were able to share with family and friends.



We are very excited to have Jack in the Blue Room at the Children's School. Emilie has always heard about the projects and ideas the Children's School have done over the years. Once Jack became old enough, we registered him, and we are looking forward to the new adventures we will have as a family with the Children's School. We know that each day Jack goes to school, he will be surrounded by wonderful staff, dedicated teachers, and fantastic friends.



Funding for Scholarships

Educational Improvement Tax Credit Scholarship Organization (EITC) and Opportunity Scholarship Tax Credit Program (OSTC)

The Children's School participates in the state's Educational Improvement Tax Credit (EITC) program as well as the Opportunity Scholarship Tax Credit (OSTC) program. Through EITC, eligible Pennsylvania businesses can earn tax credits while providing financial assistance for children to attend preschool as well as grades K-12. Through OSTC, eligible Pennsylvania businesses can earn tax credits for contributing funds to provide tuition assistance in the form of scholarships to eligible students K-12th grade residing within the boundaries of a low-achieving school to attend another public school outside of their district or nonpublic school.

For each of these programs, The Children's School provides funding for our own students, as well as for students who attend other state-approved schools. About 1/3 of our children receive scholarship funding that covers between 20% and 90% of their tuition.

For last academic year, The Children's School provided the following funding:

2018-2019 Pre-K Educational Improvement Tax Credit Program (PKEITC)

- 27 children received funding to attend Pre-K programs at The Children's School or one other preschool in Allegheny County.
- The total amount of scholarship provided was \$93,280. However, the requested need for scholarship exceeded \$120,000.

2018-2019 Educational Improvement Tax Credit Scholarship Organization (EITCSO)

- 4 children received funding to attend The Children's School or 1 other school.
- The total amount of scholarship provided was \$24,200. This amount was sufficient to meet the needs for this year, but we anticipate a greater need for next year.

2018-2019 Opportunity Scholarship Tax Credit Program (OSTC)

- 34 children received funding to attend The Children's School or one of 11 other schools:
 - 33 children in Allegheny County
 - 1 child in Fayette County
- The total amount of scholarship provided was \$112,640. This amount was sufficient to meet the needs for this year, but we anticipate a greater need for next year.

So far in the 2019-20 school year, we have received contributions from The Buncher Company, GMAC JML, LLC., NexTier Bank, Trumbull Corporation, UHS of Pennsylvania, Inc., and UPMC. We appreciate their generous support!

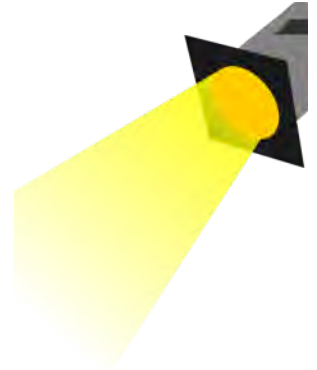
Our increased morning preschool hours next year, will, of course, raise the tuition and, therefore, the scholarship need. For that reason, we are looking for additional scholarship funding, either through these business opportunities or regular year-end giving, named scholarships, etc. If you would like more information or can help us to build a list of prospective donors, please contact Miss Hancock (lh37@andrew.cmu.edu).

Undergraduate Spotlight

Kirman Hanson: I'm one of the undergraduate support staff at the Children's School, working mainly with the Kindergarten. I am currently in my fourth year of architecture school here at CMU, hoping to use my degree to work with media architecture and art installations. Of my experiences on campus, working at the Children's School is one of my favorites. I like talking to the children, hearing their opinions on things, and learning about how they view the world. They see things so differently than I and the people I usually



interact with do, and that new perspective really helps to expand my view on the world and think about things differently. I forget that when I was a child the only things I knew were what was taught to me, and that everything I know now I had to learn. Working at the Children's School reminds of this, and that's an experience I really value. It also greatly impacts how I view teachers and teaching. I'd always thought about my teachers in a positive way, but working here has helped me to understand how much work actually goes into teaching well, and how patient you have to be in order to do that. I am really grateful for the opportunity to work in such an enriching environment, and I hope to continue working with children in the future.



Seeking Host Families

Since 2011, The Children's School has partnered with a similar early childhood laboratory school at Duksung Women's University in Seoul, South Korea. Our International Practicum Program will continue in early 2020 when we host four undergraduate students. A total of 12 Early Childhood Education students will be in Pittsburgh for practicum experiences at our school, Falk, Carlow's Campus Laboratory School, or Pitt's University Child Development Center. To help the students experience family life in Pittsburgh, we are recruiting two host families living close to the university to provide **housing and some meals**. Each family would host two female practicum students from Sunday, January 26th through Monday, February 10th. Proximity to CMU is helpful so that the students can use public transportation or rides from teachers to travel to and from school. Please contact Dr. Carver at sc0e@andrew.cmu.edu if you are interested in this hosting opportunity or if you would like to help with other aspects of our hospitality. Former host families will be happy to share their experiences with you, and student bios will be available soon.



Robotics Designers

The undergraduates taking "Creative Kinetic Systems" from professor Garth Zeglin (Rowan, AM 3's) observed our children early in the semester and then pilot tested their designs on Friday, October 11th in preparation for refining and then testing them at the Pittsburgh Children's Museum. The students learned lots about what interests young children!



Research Spotlight

Teach Poko Some Words

Dr. Anna Fisher and new faculty member Dr. Bonnie Nozari (<https://www.cmu.edu/dietrich/psychology/people/core-training-faculty/n-bonnie-nozari.html>) are working with their research team to study children's semantic interference. When we produce words, our ability to select the correct word is affected by the words we produced previously. Under speeded conditions, it is more difficult to name items that are related (e.g., dog and cat) compared to items that are unrelated (e.g., dog and fork). This effect is known as semantic interference, and it occurs when items share features (e.g., dog and cat are both animals, have four legs, etc.). However, it is unknown if interference also occurs when items share a similar context (e.g., dog and bone have no shared features but are likely to occur together in the world). The researchers are interested to see how these organizational relationships affect word production in children.



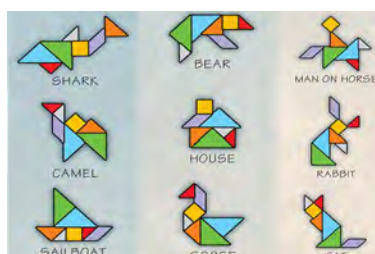
In this study, children are introduced to a picture of an alien named Poko. They are told that Poko is visiting Earth to learn some new words. They are also told that Poko has a bad memory and needs their help to name the pictures as fast as they can. Children are introduced to multiple pairs of images and asked to name them as fast as possible. Based on prior research, the researchers expect that the children will have more difficulty naming pairs of items that are strongly related, compared to items that are more weakly related. The results of this experiment will help the researchers better understand the development of knowledge organization in the brain and how it is linked to language.

Undergraduate Research Methods Course

Dr. Anna Fisher's **Developmental Research Methods** students are preparing their final projects for the semester. They are beginning to pilot test their projects on the topics listed below. Families whose children participate will receive fuller parent descriptions via the child's backpack. Everyone can read the study descriptions on the Research Bulletin Board near the office door. Notice the interesting and important topics in early childhood development!

- **Does music with lyrics relevant to a task facilitate performance rather than causing distraction, compared to music with the same tune but irrelevant lyrics or no lyrics?**

(The Puzzle Game, AM 4's and K)



- **Does inducing pride in children increase their motivation to continue with a challenging task, compared to simple reinforcement for effort?**

(The Tangrams Game, AM 4's and K)

Director's Corner: Outdoor Play

"It is a happy talent to know how to play." – Ralph Waldo Emerson

"Play is the highest form of research." – Albert Einstein

Free play outdoors is one of the most developmentally rich opportunities we can offer our children. Pittsburgh's diverse parks and playgrounds afford families a myriad of venues for exploring together and enjoying each other. At the same time, outdoor free play provides children with varied challenges to foster growth in all developmental domains. For example, outdoor play helps children gain confidence in their skills and fosters initiative (Self-esteem & Independence), encourages peers to support each other's ideas and negotiate plans (Interaction & Cooperation), provides rich topics of conversation and contexts for recording nature observations (Communication), provokes inquiry with diverse opportunities to compare, sort, and quantify (Discovery & Exploration), builds skills for controlled movement and use of tools while managing risks (Physical Capabilities / Health & Safety), and inspires children to both perceive and create beauty (Artistic Expression & Appreciation).

During November, the preschoolers will be learning about "Trees", so they'll be exploring the varieties across campus and thinking about the changes trees experience as the seasons change. Both indoors and outdoors, we have real tree trunks and branches for them to use for building. The kindergartners will be studying "Pittsburgh", with an emphasis on our city's unique natural features. According to the U.S. Forest Service, "Using an 'urban tree canopy' (UTC) measure from 2011, Pittsburgh found that 42% of the city had canopy cover and an additional 33% of land could support tree canopy. Using this information, the city boldly set a goal for 60 percent UTC cover in 20 years." Pittsburgh's canopy cover was higher than any of the other cities included in the assessment.

For all of us, the outdoors nourishes our minds, stimulates our senses, gives our observation skills a workout, calms our nerves, and focuses our thinking, all in ways that relax both our minds and bodies. The National Center for Physical Development and Outdoor Play cites research by Fjortoft (2004) and Burdette & Whitaker (2005) indicating that children who play outdoors regularly "become fitter and leaner, develop stronger immune systems, have lower stress levels, have more active imaginations, play more creatively, and have greater respect for themselves and others". At the Children's School, our outdoor classroom includes a wide range of interesting options for children's play, and we are encouraging our classes to spend more time outside. We are observing increasing creativity in children's play in our "mud kitchen", as well as in the complexity of the imaginative games that involve running and climbing, both when we provide props, such as fabric or costume wings, and when children use what nature provides, such as rocks, acorns, leaves, etc.

Now that the weather is turning colder, families may hesitate to venture outside. But the cold is not a good reason for healthy individuals to stay indoors. At the Children's School, we go outside every day – except in heavy rain and unusually cold temperatures. Children simply need to have the appropriate outer garments – hats, scarves, mittens, boots, etc. In "Last Child in the Woods", Richard Louv suggests that families 'adopt' a tree in your yard or nearby and then visit it regularly. Take pictures of it as it is losing leaves, when it has no leaves, when it has snow on it, and then as it buds in the spring. Rake the leaves and jump in them. Collect the leaves and do an art activity. Do a tree rubbing with crayons and paper. Compare and contrast the tree with others nearby to see which is taller, thinner, darker, smoother, etc. Encourage your child to creatively consider how else you can explore your adopted tree. We'd love to hear about and see photos of your experiences!



November

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
<p>Preschool Theme: Trees</p> <p>Kindergarten Theme: Pittsburgh</p>					1	2
<p>3 Daylight Saving Time Ends - Turn Clocks Back 1 Hour</p> <p>4:00PM FSO Tinkergarten Lantern Walk</p>	<p>4 CMU Food Drive Nov. 4-18</p> <p>Nov. Safety Week →</p>	<p>5 Election Day</p>	<p>6 4:30PM Educator/ Parent Discussion re: School Choice</p>	<p>7 Music w/ Mrs. Hraber</p>	<p>8 NO SCHOOL Conference Preparation Day</p>	9
<p>10</p>	<p>11 Veterans Day</p>	12	13	14	<p>15 9:30AM Educator/ Parent Discussion re: School Choice</p>	16
17	18	19	20	<p>21 Music w/ Mrs. Hraber</p>	<p>22 1:00PM Parent Teacher Conferences</p>	23
24	25	26	27	<p>28 Thanksgiving Holiday NO SCHOOL</p> ← →	29	30



Children's School

CMUChSch@andrew.cmu.edu www.cmu.edu/dietrich/psychology/cs

412-268-2199

2019



The Children's School Snack Menu

*Subject to change based on birthdays & special events
Gluten and dairy free options available*

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Applesauce & Pretzels Milk/Water
4 Tortilla Chips & Salsa Milk/Water	5 Oranges & Club Crackers Milk/Water	6 Yogurt & Granola Milk/Water	7 Peppers & Sun Chips Milk/Water	8 NO SCHOOL Conference Preparation Day
11 Raisin Bread & Butter Milk/Water	12 Bananas & Graham Crackers Milk/Water	13 Goldfish Milk/Water	14 Apples & Babybel Cheese Milk/Water	15 Carrots & Pita Bread Milk/Water
18 Rice Chex Milk/Water	19 String Cheese & Saltines Milk/Water	20 Animal Crackers Milk/Water	21 Broccoli w/ Ranch Dip & Club Crackers Milk/Water	22 Pears & Graham Crackers Milk/Water
25 Mini Bagels & Sun Butter Milk/Water	26 Clementines & Ritz Crackers Milk/Water	27 No School Thanksgiving Vacation	28 No School Thanksgiving Vacation	29 No School Thanksgiving Vacation

November 2019

Soup Mixes

Canned Fruits

Toilet Paper

Pasta

Rice

Carnegie Mellon University

Annual Food Drive

sponsored by Staff Council

Look for a Food Drive drop box conveniently located in a building near you!



All proceeds benefit the Greater Pittsburgh Community Food Bank.

Mark your calendar for these important Food Drive dates!

November 4 - 18

Campus Collection Dates

November 6

One Day, One Can

10am - 2pm Benefits & Fitness Fair

Bring a non-perishable food item or cash donation to the Food Drive table and you will be entered into a raffle for GREAT prizes!

November 14

Snack Bags for Kids

11:30am - 1:30pm Packing Party

Cohon University Center
Room 151 Athletics Conference Room

Stop by to participate in this fun and rewarding event!

November 18

Cans Across the Cut

9am - 4pm

Sign up a team (can be comprised of students, faculty, and/or staff) to compete to see which group can gather the most canned goods and/or cash. Goal is to form a line that reaches across *The Cut*, starting at the clock.

November 4 - 18

Parking for Peanut Butter!

Parking & Transportation Services will be accepting peanut butter for "payment" for parking citations during the Food Drive. In addition, they will be sponsoring a raffle to win a free month of parking or a "VIP" parking space with the donation of peanut butter.

For details, please visit: www.cmu.edu/parking

Cash donations are greatly appreciated.

Visit www.cmu.edu/staff-council for all Food Drive details, including how to make a gift online.

Carnegie Mellon University



Diapers

Infant Formula

Shampoo

Launc

Condiments
Toothpaste
Napkins
Cake Mixes
Canned Soups
Paper Towels
Non-Perishables
kickers

Noodles
Oatmeal
Dry Beans
Cleaning Supplies
Cash
Spaghetti Sauce
Gift Certificates
Cereals